



# **Fina**

Water is Our World

## **CONSTITUTION AND RULES**

**SWIMMING  
OPEN WATER SWIMMING  
DIVING  
WATER POLO  
SYNCHRONISED SWIMMING  
MASTERS  
FACILITIES  
MEDICAL  
and  
DOPING CONTROL**

**2009 – 2013**

Edited by:  
FINA Office

**POWERING THE SWIMMERS' DREAMS:  
THE ESSENCE OF OUR LIFE**



**PAUL BIEDERMANN WORLD CHAMPION 200M / 400M FREESTYLE**

Water is Our W

**arena**  
  
**WATER  
INSTINCT**

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**2009 - 2013**

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*10<sup>th</sup> FINA World Swimming Championships (25m) 2010*  
*15<sup>th</sup> FINA World Championships 2013*  
**Dubai (UAE)**

## FINA BUREAU

### **PRESIDENT:**

**Dr. Julio C. Maglione**

Canelones 1044

Montevideo

URUGUAY

Country & City Code : (598-2)

Phone : 902 4063

Fax : 902 4071, 902 6155

Email : [jmaglione.fina@adinet.com.uy](mailto:jmaglione.fina@adinet.com.uy)



### **HONORARY SECRETARY:**

**Paolo Barelli**

c/o Italian Swimming Federation

Stadio Olimpico - Curva Nord

00135 Roma

ITALY

Country & City Code : (39-06)

Phone : 3620 0406, 3620 0402

Fax : 3620 0400, 3620 0003

Email : [presidenza@federnuoto.it](mailto:presidenza@federnuoto.it)



### **HONORARY TREASURER:**

**Pipat Paniangvait**

304 Srinakarin Road Huamark Bangapi

10240 Bangkok

THAILAND

Country & City Code : (66-02)

Phone : 374 7603

Fax : 374 2174

Email : [pipat.p@mama.co.th](mailto:pipat.p@mama.co.th)



## VICE PRESIDENTS:



### **Nory Kruchten**

2, rue Michel Horman  
L-6449 Echternach  
LUXEMBOURG  
Country Code : (352)  
Phone : 72 91 96, 621 196 005  
Fax : 72 74 88  
Email : nory.kruchten@education.lu



### **Bill Matson**

3 Maple Lane  
5036 Waikanae  
NEW ZEALAND  
Country Code : (64)  
Phone : 4 293 3817, 2 733 25670  
Email : matsons@xtra.co.nz



### **Dale Neuburger**

692 Ellsworth Street  
46202 Indianapolis, IN  
USA  
Country & City Code : (1-317)  
Phone : 829 5771  
Mobile : 714 3667  
Fax : 829 5775  
Email : dneuburger@tseconsulting.com



### **Sam Ramsamy**

32 Rosebank Village, Private Bag X05  
Saxonwold 2132  
Johannesburg  
SOUTH AFRICA  
Country Code : (27)  
Phone : 11 483 9005, 442 8006  
Fax : 11 483 2726  
Email : helsam@mweb.co.za

## MEMBERS:



### **Gennady Aleshin**

All-Russian Swimming Federation  
8, Zuzhnetskaya nab, office 434  
119991 Moscow  
RUSSIA  
Country Code : (7)  
Phone : 495 601 90 22, 916 999 88 23  
Fax : 495 601 90 22, 9960529  
Email : aleshin@minstm.gov.ru  
swimming@roc.ru



### **Farid El Allam**

28, Rue Argana (Bd. De Bordeaux)  
Casablanca  
MOROCCO  
Country Code : (212)  
Phone : 6 6142 0604, 522 39 56 01  
Fax : 522 39 54 87  
Email : frmn@menara.ma



### **Abd El Rahman Amin**

6 Canal Elsuez St. Heliopolis  
Cairo  
EGYPT  
Country & City Code : (20- 2)  
Phone : 2241 6074, 2241 7985  
Fax : 2241 6054  
Email : amin\_swimming@yahoo.com



### **Dimitris Diathesopoulos**

8 Iakovou Dragatsi Str.  
185 35 Piraeus  
GREECE  
Country Code : (30)  
Phone : 210 4118155, 697 2004012  
Fax : 2104132714  
Email : president@koe.org.gr

## MEMBERS:



### **Coaracy Nunes Filho**

Rua Professor Eurico Rabelo s/n - Portão 18  
Parque Aquático Julio de Lamare  
Complexo Esportivo do Maracana  
20271-150 Rio de Janeiro  
BRAZIL  
Country & City Code : (55-21)  
Phone : 2142 7676  
Fax : 2142 7654  
Email : presidente@cbda.org.br



### **Paulo Frischknecht**

Morada do Complexo do Jamor  
Estrada da Costa  
1495-688 Cruz Quebrada  
PORTUGAL  
Country Code : (351)  
Phone : 21 415 8190, 91 259 4863  
Fax : 21 419 1739  
Email : presidente@fpnatacao.pt  
pfrischk1961@gmail.com



### **Tamas Gyarfás**

Angol u. 65  
1149 Budapest  
HUNGARY  
Country Code : (36)  
Phone : 1 2510690, 20 9560760  
Fax : 1 3831388  
Email : gyarfás@naptv.hu



### **Eugenio Martinez**

Calle 8, No 511, Apartamento 6 Cuarto Piso  
Playa Miramar  
11300 Habana 13  
CUBA  
Country Code : (53)  
Phone : 7 2023683, 5 2491429  
Email : eugepolo@inder.cu



## MEMBERS:



### **Orban Mendoza**

1709 Jazmin St.  
Urb. San Francisco  
00927-6334 San Juan  
PUERTO RICO  
Country & City Code : (1-787)  
Phone : 765 5233, 450 6316  
Fax : 754 5939  
Email : omendoza@coqui.net



### **Dennis Miller**

P.O. Box 798  
Suva  
FIJI  
Country Code : (679)  
Phone : 330 2140, 9997737  
Fax : 3302082  
Email : dennis@onoc.org.fij



### **Margo Mountjoy**

Health & Performance Centre University of Guelph  
570 Kortright Road West  
N1G 3W8 Guelph, Ontario  
CANADA  
Country & City Code : (1-519)  
Phone : 763 9586  
Fax : 763 7613  
Email : mmsportdoc@aol.com



### **Husain Al Musallam**

Olympic Council of Asia, P.O. Box 6706  
32046 Hawalli  
KUWAIT  
Country & City Code : (965)  
Phone : 2571 7196  
Fax : 2573 4973  
Email : husain@ocasia.org

## MEMBERS:



### **Chief Olatokunbo Thomas**

11th Floor, Western House  
8/10 Broad Street  
PO. Box 9625  
Lagos  
NIGERIA  
Country Code : (234)  
Phone : 8033028486, 8075181831  
Fax : 1 264 7906  
Email : olatokunbothomas@hotmail.com



### **Qiuping Zhang**

2, Tiyuguan Road  
Chongwen District  
100763 Beijing  
CHINA  
Country Code : (86)  
Phone : 10 6717 0592, 139 1199 0502  
Fax : 10 6717 0595  
Email : qiuping.zhang@yahoo.com  
zhangqiuping@139.com



## HONORARY LIFE PRESIDENT :

### **Mustapha Larfaoui**

26 rue Larbi Ben M'Hidi  
16000 Algiers  
ALGERIA  
Country & City Code : (213-21)  
Phone : 718 482  
Fax : 740 096  
Email : larfaouimustapha@yahoo.fr



## IMMEDIATE PAST HONORARY SECRETARY:

### **Bartolo Consolo**

32 Grand Rue  
1204 Genève  
SWITZERLAND  
Country Code : (41)  
Phone : 22 3115908  
Fax : 22 3113374  
Email : b.consolo@bluewin.ch

## HONORARY MEMBERS:



### **Rafael Blanco**

c/ Isla Hierro, 1-2° D  
Edificio Europa  
14011 Cordoba  
SPAIN  
Country Code : (34)  
Phone : 957 499967, 610 502 146  
Fax : 957 483346  
Email : primertenientecalde@ayuncordoba.es  
rblanco@coe.es



### **Eldon C. Godfrey, FCA**

2 Varbow Place NW  
T3A 0B6 Calgary, Alberta  
CANADA  
Country & City Code : (1-403)  
Phone : 288 5693, 681 5693  
Fax : 202 1659  
Email : ecg@godfrey-godfrey.ca



### **Francis Luyce**

6, rue Benjamin Morel  
59140 Dunkerque  
FRANCE  
Country Code : (33)  
Phone : 3 2826 2700, 3 2866 5421, 6 1481 8477  
Fax : 3 2826 2679, 3 2866 5421  
Email : Francis.luyce@ffnatation.fr



### **Guillermo Martinez**

Calle 14 #208, Bajos o/15417  
Vedado Plaza  
12300 Ciudad Habana  
CUBA  
Country & City Code : (53-7)  
Phone : 833 4541  
Fax : 833 4541  
Email : cubapolo@inder.cu

## HONORARY MEMBERS:



**Klaas van de Pol**

Breelaan 30  
1861 GE Bergen NH  
NETHERLANDS  
Country & City Code : (31-72)  
Phone : 589 7473  
Fax : 589 5722



**Gunnar Werner**

Tunbyvägen 49  
26093 Torekov  
SWEDEN  
Country & City Code : (46)  
Phone : 431 364381, 431 363482,  
708 317126  
Fax : 431 364491  
Email : [werner.torekov@telia.com](mailto:werner.torekov@telia.com)



**EXECUTIVE DIRECTOR:**  
**Cornel Marculescu**

Address at FINA Headquarters

**FINA HEADQUARTERS ADDRESS:**

Avenue de l'Avant-Poste 4  
1005 Lausanne  
SWITZERLAND  
Country & City Code: (41-21)  
Phone: 310 4710  
Fax: 312 6610  
Website: [www.fina.org](http://www.fina.org)

**FINA BANK:**

ACCOUNT HOLDER: FINA

BANK: UBS SA, Place St. François 16, CH-1002 Lausanne,  
Switzerland

ACCOUNT N°: 243-295112.60R (USD), 243-295112.62G (Euro)  
or 243-295112.01 (CHF)

IBAN: CH63 0024 3243 2951 1260 R (USD),  
CH04 0024 3243 2951 1262 G (Euro)  
or CH09 0024 3243 2951 1201 (CHF)

SWIFT: UBSWCHZH80A

# HISTORY OF THE OFFICERS OF THE FEDERATION INTERNATIONALE DE NATATION

Founded on 19 July 1908, London

## PRESIDENT

1908-1924  
1924-1928 Erik Bergvall (SWE)\*  
1928-1932 E. G. Drigny (FRA)\*  
1932-1936 W. Binner (GER)\*  
1936-1940 H. E. Fern (GBR)\*  
1940 & 1944 (NO FINA CONGRESSES HELD)  
1940-1946 H. E. Fern (GBR)\*\*  
1946-1948 H. E. Fern (GBR)\*\*  
1948-1952 Rene de Raeye (BEL)\*  
1952-1956 M. L. Negri (ARG)\*  
1956-1960 Jan de Vries (HOL)\*  
1960-1964 R. M. Ritter (USA)\*  
1964-1968 W. Berge Phillips (AUS)\*  
1968-1972 Javier Ostos M. (MEX)\*  
1972-1976 Dr. Harold Henning (USA)\*  
1976-1980 Javier Ostos M. (MEX)\*  
1980-1984 Ante Lambasa (YUG)\*  
1984-1988 Robert H. Helmick (USA)\*  
1988-1992 Mustapha Larfaoui (ALG)  
1992-1996 Mustapha Larfaoui (ALG)  
1996-2000 Mustapha Larfaoui (ALG)  
2000-2005 Mustapha Larfaoui (ALG)  
2005-2009 Mustapha Larfaoui (ALG)  
2009-2013 Dr. Julio Maglione (URU)

## HONORARY SECRETARY

G. W. Hearn (GBR)\*  
G. W. Hearn (GBR)\*  
Dr. Leo Donath (HUN)\*  
Dr. Leo Donath (HUN)\*  
Dr. Leo Donath (HUN)\*  
H. E. Fern (GBR)\*\*  
R. M. Ritter (USA)\*\*  
R. M. Ritter (USA)\*  
Bertil Salfors (SWE)\*  
Bertil Salfors (SWE)\*  
K. Abe (JPN)\*  
Masaji Kiyokawa (JPN)\*  
Dr. Harold W. Henning (USA)\*  
Dr. Paul P. Hauch (CAN)\*  
Robert H. Helmick (USA)\*  
Robert H. Helmick (USA)\*  
E. Allan Harvey (CAN)\*  
Ross E. Wales (USA)  
Gunnar Werner (SWE)  
Gunnar Werner (SWE)  
Bartolo Consolo (ITA)  
Bartolo Consolo (ITA)  
Paolo Barelli (ITA)

## HONORARY TREASURER

G. W. Hearn (GBR)\*  
G. W. Hearn (GBR)\*  
Dr. Leo Donath (HUN)\*  
Dr. Leo Donath (HUN)\*  
Dr. Leo Donath (HUN)\*  
H. E. Fern (GBR)\*\*  
R. M. Ritter (USA)\*\*  
H. E. Fern (GBR)\*  
H. E. Fern (GBR)\*  
H. E. Fern (GBR)\*  
E. J. Scott (GBR)\*  
E. J. Scott (GBR)\*  
Ante Lambasa (YUG)\*  
Ante Lambasa (YUG)\*  
Ante Lambasa (YUG)\*  
Klaas van de Pol (NED)  
Klaas van de Pol (NED)  
Klaas van de Pol (NED)  
Dr. Julio Maglione (URU)  
Dr. Julio Maglione (URU)  
Dr. Julio Maglione (URU)  
Dr. Julio Maglione (URU)  
Pipat Paniangvait (THA)

\* Deceased

\*\* Deceased Acting

# TECHNICAL SWIMMING COMMITTEE

## CHAIRMAN:

### **Carol Zaleski**

23 Old Timber Trail  
Pittsburgh, PA 15238  
USA

Country Code: (1)  
Phone: 4129630687  
Fax : 719 8664761  
Email : czaleski@att.net

## VICE CHAIRMAN:

### **Don Blew**

15 Riverside Drive, P.O. Box 735  
7250 Riverside, Tasmania  
AUSTRALIA

Country Code: (61)  
Phone: 3 63273350, 428 632733  
Fax : 3 63273615  
Email : blewdj@bigpond.com

## HONORARY SECRETARY:

### **Søren Korbo**

Brydeholm 5  
2670 Greve  
DENMARK

Country Code: (45)  
Phone: 43 692225  
Mobile : 40 336535  
Fax : 43 695001  
Email : soeren@fmnet.dk

## MEMBERS:

### **Eroll Clarke**

P.O. Box 6W, Worthing  
BB15112 Christ Church  
BARBADOS

Country Code: (246)  
Phone: 4296477  
Fax : 4295292  
Email : eclarke@caribnet.net

### **Ben Ekumbo**

P.O. Box 14315 - 00800, Westlands  
Nairobi  
KENYA

Country Code: (254)  
Phone: 20 609612, 07 22519499  
Mobile : 07 16555339  
Fax : 20 609612  
Email : ekumbub@yahoo.com

### **Bill Hogan**

4 Calgary Street  
A1A-3W2 Saint John's, NL  
CANADA

Country & City Code: (1-709)  
Phone: 7532398  
Fax : 7532398  
Email : billhogan@nf.sympatico.ca

### **Erich Meyer**

Im Fasnachtbuck 19  
8602 Wangen ZH  
SWITZERLAND

Country Code: (41)  
Phone: 43 2334353  
Mobile : 79 3235711  
Fax : 43 2334344  
Email : erich.meyer@gmx.ch

**Ricardo de Moura**

Rua Tonelero, 370 / 202 - Copacabana  
22030-000 Rio de Janeiro  
BRAZIL

Country Code: (55)  
Phone: 21 25490854, 21 99774119  
Fax : 21 21427654  
Email : natacao@cbda.org.br

**Shigeo Ogata**

c/o Japan Swimming Federation,  
Kishi Memorial Hall 1-1-1 Jinnan, Shibuya-Ku  
150-8050 Tokyo  
JAPAN

Country Code: (81)  
Phone: 3 34812306  
Fax : 3 34810942  
Email : jpn-swimming@japan-sports.or.jp

**Vladimir Salnikov**

8, Zouzhnetskaya nab. Office 434  
119991 Moscow  
RUSSIA

Country & City Code: (7-495)  
Phone: 6370167  
Fax : 6370167, 7254707  
Email : swimming@roc.ru

**Andriy Vlaskov**

C/o Ukrainian Swimming Federation  
Esplanadna Str. 42, off.510  
01601 Kyiv  
UKRAINE

Country Code: (380)  
Phone: 44 289 4211, 50 3322681  
Fax : 44 2894211  
Email : vlaskov@swimukr.relc.com

**Jiawei Yuan**

No. 2, Tiyuquan Road, Chongwen District  
100763 Beijing  
CHINA

Country Code: (86)  
Phone: 10 67170589  
Fax : 10 67170595  
Email : yuanjiawei@vip.sina.com

**EVENTS SUB-COMMITTEE:****Jose Ismael Gonzales**

c/o Federacion Nacional de Natacion, Clavado,  
Polo Acuatico y Nado Sincronizado  
10 Avenida Zona 4, Piscinas Olímpicas  
01004 Guatemala Ciudad  
GUATEMALA

Country Code: (502)  
Phone: 23617852, 23341075  
Fax : 2334 1075  
Email : fenadegua@hotmail.com  
scomiteejecutivo@itelgua.com

**Virendra Nanavati**

"Krishnavilla", 128 Paraskunj Society-I  
Satellite Road  
380 015 Ahmedabad  
INDIA

Country Code: (91)  
Phone: 79 26765440, 79 26761842  
Fax : 79 26761842  
Email : nanavativirendra@yahoo.com

**Andrea Thielenhaus**

353, route de Longwy  
1941 Luxembourg  
LUXEMBOURG

Country Code: (352)  
Phone: 26976994  
Mobile : 621 504 523  
Fax : 440 12339  
Email : Athielenhaus@t-online.de

**BUREAU LIAISON:****Dale Neuberger**



# TECHNICAL OPEN WATER SWIMMING COMMITTEE

## CHAIRMAN:

### **Ronnie Wong Man Chiu**

Room 1003, Queen Elizabeth Stadium  
18 Oi Kwan Road  
Wan Chai  
HONG KONG

Country Code: (852)  
Phone: 25728594, 27368638  
Fax : 25910792  
Email : hkasa@hkasa.org.hk  
rmcwong1@netvigator.com

## VICE CHAIRMAN:

### **Jorge Aurelio Delgado Panchana**

Av. de las Americas, Plazoleta Olimpica  
Explanada del Estadio Modelo  
Edif. Federaciones Ecuatorianas por Deporte  
Oficina 24  
Guayaquil  
ECUADOR

Country & City Code: (593-4)  
Phone: 229 5804, 2395958  
Fax : 2295804  
Email : fena@coe.org.ec  
fenaecuador@yahoo.com

## HONORARY SECRETARY:

### **Flavio A. Bomio**

Via Zorzi 12  
6500 Bellinzona  
SWITZERLAND

Country Code: (41)  
Phone: 91 8255324  
Mobile : 79 3011678  
Fax : 91 8261940  
Email : flaviobomio@easyclub.ch

## MEMBERS:

### **Khwaja Aziz**

House No. 109, Block-C  
Road nO. 13A, Banani  
1213 Dhaka  
BANGLADESH

Country Code: (88)  
Phone: 02 8822827, 01819410315  
Fax : 02 8911500  
Email : azizkms@gmail.com  
dailyaziz@yahoo.com

### **Valerijus Belovas**

Ezero Str. 11 A  
77147 Siauliai  
LITHUANIA

Country Code: (370)  
Phone: 41 520508  
Mobile : 686 02722  
Fax : 41 520508  
Email : valerijusb@splius.lt

### **Tomas Haces German**

Calle 5ta n° 33 entre 2da y 4ta  
Reperto Parcelacion Moderna  
Municipio Arroyo Nazonjo  
13900 Ciudad Habana  
CUBA

Country & City Code: (53)  
Phone: 7 6444004, 7 206 4536  
Mobile : 5 2766612  
Email : hacesnat@inder.cu  
hacesgerman@yahoo.es

**Samuel Greetham**

31 High Mill Drive, North Yorkshire  
Y012 GRN Scarborough  
GREAT BRITAIN

Country Code: (44)  
Phone: 1723 367714, 7721 341075  
Fax : 1723 350876  
Email : sam.greetham@lineone.net

**Zouheir El Moufti**

Rue Ain Chifaa, Immeuble 7, Appartement 8  
Bourgogne  
Casablanca  
MOROCCO

Country Code: (212)  
Phone: 6 61147339, 522 395601  
Fax : 522395487  
Email : frmn@menara.ma  
v.a.n@menara.ma

**Steve Munatones**

C/O of USA Swimming  
One Olympic Plaza  
80909 Colorado Springs, CO  
USA

Country Code: (1)  
Phone: 719 8664578  
Fax : 719 8664761  
Email : steve@pan-pacific-partners.com  
kparker@usaswimming.org

**Andrea Prayer**

Via B. Latini 47  
50133 Firenze  
ITALY

Country Code: (39)  
Phone: 347 5087019, 055 216508  
Fax : 055 215256  
Email : andreaprayer@tiscalinet.it

**John West**

P.O. Box 6999, Wellesley Str.  
1141 Auckland  
NEW ZEALAND

Country Code: (64)  
Phone: 9 5200049, 9 9167645  
Mobile : 21 968247  
Fax : 9 5200084, 9 9167730  
Email : john\_west@attglobal.net  
jwest@tvnz.co.nz

**Noam Zwi**

Carmel 14, Mevaseret Zion  
94309 Jerusalem  
ISRAEL

Country Code: (972)  
Phone: 09 8851970  
Mobile : 054 4240230  
Fax : 057 7977833  
Email : noamzwi@zahav.net.il

**EVENTS SUB-COMMITTEE:****Washington Beltran**

Zelmar Michelini 1287 Piso 3  
11 100 Montevideo  
URUGUAY

Country Code: (598)  
Phone: 94 403378, 2 7076240  
Fax : 2 9031502, 2 9023175  
Email : wbeltran@elpais

**Hatem Seifallah Mohamed Ibrahim**

1355 Al-Khazan St., 4th District 6th October  
6th October City  
EGYPT

Country Code: (20)  
Phone: 02 383349068, 010 1407980  
Fax : 02 22607353  
Email : hatemswim@hotmail.com

**Shelley Taylor-Smith**

P.O. Box 2178  
6010 Claremont WA  
AUSTRALIA

Country Code: (61)

Phone: 414 594245

Fax : 8 62101414

Email :

champion@championmindset.com.au

**BUREAU LIAISON:****Dennis Miller****TECHNICAL DIVING COMMITTEE****CHAIRMAN:****Jesus Mena**

Andador Alemania # 11 Piso 2  
Colonia Centro Urbano,Cuautitlan Izcali  
54700 Estado de Mexico  
MEXICO

Country Code: (52)

Phone: 55 58710444, 55 54378868

Fax : 55 58710555, 55 58713937

Email : menatdc@yahoo.com.mx

**VICE CHAIRMAN:****Jihong Zhou**

2, Tiyyuguan Road, Chongwen District  
100763 Beijing  
CHINA

Country Code: (86)

Phone : 10 67170592

Fax : 10 67170595

Email : zjh6501@yahoo.com.cn

**HONORARY SECRETARY:****Georgia Fyrigou Consolo**

Via Teheran 15  
00132 Rome  
ITALY

Country Code: (30)

Phone: 210 9851020, 697 2004513

Mobile : 349 7197709

Fax : +39 066784310, 210 9850964

Email : gfyrigou.consolo@gmail.com

**MEMBERS:****Bashar A. Al-Saffar**

P.O. Box 2707  
Code Number 40178  
40178 Mishref  
KUWAIT

Country Code: (965)

Phone : 253 79744

Mobile : 996 78553

Fax : 226 62139

Email : eng\_bashar@hotmail.com

**Ronald John Andrews**

285 Umhlanga Rocks Drive, Glenashley  
4051 Durban  
SOUTH AFRICA

Country Code: (27)

Phone: 31 5722041

Mobile : 83 4568554

Fax : 31 5725962

Email : randcons@mweb.co.za

**Melanie J. Beck**

9 The Old Drive  
Hertfordshire  
AL8 6TB Welwyn Garden City  
GREAT BRITAIN

Country Code: (44)

Phone : 1707 393435, 7747 762848

Email : melanie@mjbmarketing.co.uk

**Michael Geissbühler**

Halen 18  
3037 Herrenschwanden  
SWITZERLAND

Country Code: (41)  
Phone: 31 6318319, 31 3023292  
Mobile : 79 5810321  
Fax : 31 6314631, 31 3023292  
Email : michael.geissbuehler@ispw.unibe.ch  
m.b.geissbuehler@bluewin.ch

**Julian Llinas**

c/Pablo Iglesias 16 - 7°B  
07004 Palma de Mallorca  
SPAIN

Country Code: (34)  
Phone: 971 911 165  
Mobile : 616 906 551  
Fax : 971 764 630  
Email : aitoll@hotmail.com

**Steve McFarland**

1833 Winter Run Ct.  
663017 Chesterfield, MO  
USA

Country Code: (1)  
Phone: 719 8664578, 636 3940586  
Mobile : 636 6751230  
Fax : 719 8664761, 636 2208808  
Email : SBMCF@earthlink.net  
kparker@usaswimming.org

**Anke Piper**

Ostseestrasse 81  
10409 Berlin  
GERMANY

Country Code: (49)  
Phone: 30 43725111  
Mobile : 163 7055031  
Fax : 30 53675506  
Email : Anke.Piper@gmx.de

**Kathy Seaman**

2318 Erlton Place S.W.  
T2S 2Z4 Calgary, Alberta  
CANADA

Country Code: (1-403)  
Phone: 2415624  
Fax : 6700325  
Email : kmseaman@shaw.ca

**Ann Sissons**

P.O. Box 200  
3205 South Melbourne, VIC  
AUSTRALIA

Country & City Code: (61)  
Phone: 411 863483,  
+64 274 777601  
Fax : 3 96826485  
Email : ann.sissons@gmail.com

**EVENTS SUB-COMMITTEE:****Edwin Chong Ah Kew**

24 Jalan BK 3/8a, Bandar  
Kinrara, Puchong  
47180 Selangor  
MALAYSIA

Country Code: (6)  
Phone: 03 89961755, 012 3128980  
Fax : 03 89961758  
Email : edwin@malaysiaswimming.org  
edwchong@tm.net.my

**Frans Van De Konijnenburg**

Beulakerwiede 24  
8244 EG Lelystad  
NETHERLANDS

Country Code: (31)  
Phone: 320 284390, 6 53368273  
Fax : 30 7513201  
Email : frans@optisport.nl

**Mathz Lindberg**

Drostvägen 3  
691 33 Karlskoga  
SWEDEN

Country Code: (46)

Phone: 70 5105128, 586 35580

Fax : 586 51553

Email : mathz@mollis.se

**BUREAU LIAISON:**

**Orban Mendoza**

**TECHNICAL WATER POLO COMMITTEE**

**CHAIRMAN:**

**Gianni Lonzi**

Via Benedetto Accolti N° 18  
50126 Firenze  
ITALY

Country & City Code: (39)

Phone: 055 687 590

Mobile : 335 6688866

Fax : 055 687590, 06 36200003

Email : gilonzi@tin.it

**VICE CHAIRMAN:**

**Richard Foster**

500 Pacific Coast Highway, Suite 210-A  
90740 Seal Beach, CA  
USA

Country Code: (1)

Phone: 7198664578, 562 5989200

Mobile : 562 7565700

Fax : 719 8664761, 562 5989212

Email : kparker@usaswimming.org  
foster@fosterlawandsports.com

**HONORARY SECRETARY:**

**John Whitehouse**

4 Paroa Court  
Sandford  
Tasmania 7020  
AUSTRALIA

Country Code: (61)

Phone: 3 62489334, 3 62168999

Fax : 3 62489263; 3 62168990

Email : awpi@australianwaterpolo.com.au

**MEMBERS:**

**Khosrow Amini**

Apt. 47-No 18, Hormozan Bldg.  
Hormozan St. Shahrak Gharb  
14666-64648 Tehran  
IRAN

Country & City Code: (98-21)

Phone: 88071287, 88840427

Fax : 88363258, 88826754

Email : khosrowamini@gmail.com

**Boukezouha Badreddine**

120, rue Mohamed Zekkal  
Sidi M'Hamed  
Alger  
ALGERIA

Country Code: (213)

Phone: 550834017, 21 922383

Fax : 21 922383

Email : badrfan@hotmail.fr

**Niculae Firoiu**

Inselstr.9  
D-40479 Dusseldorf  
GERMANY

Country Code: (49)  
Phone: 211 498 2663  
Mobile : 171 475 6926  
Fax : 211 4982663  
Email : firoiu@t-online.de

**Manuel Ibern**

C/ Conreria, 10 - at. 1  
08003 Barcelona  
SPAIN

Country Code: (34)  
Phone: 934804910, 627482753  
Fax : 934804910  
Email : lolo.ibern@gencat.cat

**Andrey Kryukov**

C/O Swimming Federation of the  
Republic of Kazakhstan  
48, Abay Avenue  
Central Swimming Pool  
050022 Almaty  
KAZAKHSTAN

Country Code: (7-727)  
Phone: 2924053, 2920476  
Fax : 2926885, 2920476  
Email : aquasport@lorton.kz  
aquasport-gs@lorton.kz

**Jorge Roberto Pagura**

Rua Salvador Cardoso 68 Apto 141  
04533-050 Sao Paulo  
BRAZIL

Country & City Code: (55-11)  
Phone: 30923339, 81310001  
Fax : 30923330, 37473505  
Email : jpagura@uol.com.br  
jrpagura@einstein.br

**Evgeny Sharonov**

Malaja Gruzinskaja 38-82  
123557 Moscow  
RUSSIA

Country & City Code: (7-495)  
Phone: 7275573, 6370023  
Fax : 7254700  
Email : sharonover@rambler.ru

**William J. (Bill) Shaw**

222 Zeman Court  
S7K 7W5 Saskatoon, SK  
CANADA

Country Code: (1)  
Phone: 306 6655426  
Fax : 306 6521323  
Email : bshaw@mcdougallgauley.com

**Haluk Toygarli**

Alman Hastanesi, Siraselviler Cad. No 119  
34433 Taksim, Istanbul  
TURKEY

Country Code: (90)  
Phone: 212 2435502, 212 2128354  
Fax : 212 2435502, 312 3114783  
Email : haluktoy@yahoo.com

**EVENTS SUB-COMMITTEE:**

**Mohie Wahied Faried**

16 Sphimx Square, Imbaba  
Giza  
EGYPT

Country Code: (20)  
Phone: 11 1399933, 10 1619246  
Email : Farid@fcis-eg.com

**G. O. Martin**

C/O Hungarian Water Polo Federation  
Margitsziget, Hajos Alfred Sportuszoda  
1138 Budapest  
HUNGARY

Country Code: (36)  
Phone: 1 3492357, 1 4120041  
Fax : 1 3492108  
Email : dr.martin.gyorgy@gmail.com  
waterpolo@mvlisz.hu

**Aleksandar Sostar**

Vasilija Djurovica Vaka 45  
11070 Novi Beograd  
SERBIA

Country Code: (381)

Phone: 11 3186142

Fax : 11 3186242

Email : aleksandarsostar@gmail.com

**BUREAU LIAISON:**

**Dimitris Diathesopoulos**

**TECHNICAL SYNCHRONISED SWIMMING COMMITTEE**

**CHAIRMAN:**

**Stefania Tudini**

Via Antonio d'Achiardi 23  
00158 Rome  
ITALY

Country Code: (39)

Phone: 335 8428066, 06 4501736

Fax : 06 36200030

Email : ciccit@tiscali.it

**VICE CHAIRMAN:**

**Igor Kartashov**

P.O. Box 128  
117526 Moscow  
RUSSIA

Country Code: (7)

Phone: 495 5061480, 777 2999734

Fax : 495 7254720, 727 2785139

Email : igor\_kartashov@hotmail.com

igor\_kartashov@hotmail.com

**HONORARY SECRETARY:**

**Virginia Jasontek**

1201 Retswood Drive  
45140 Loveland, OH  
USA

Country Code: (1-513)

Phone: 677 0040, 403 5886

Fax : 677 0490

Email : ginsynch@gmail.com

**MEMBERS:**

**Heather Archer**

77Z Chapparac Place  
V2E 5W4 Kamloops, British Columbia  
CANADA

Country & City Code: (1- 250)

Phone: 377 8181

Email : acts1@telus.net

**Maria José Bilbao**

C/ Sardenya, 555  
08024 Barcelona  
SPAIN

Country Code: (34)

Phone: 932 100 670, 934 804 900

ext. 4285

Email : mjbilbao@gencat.cat

**Sue Edwards**

Te Pangu Bay, Private Bag 424  
7250 Picton  
NEW ZEALAND

Country & City Code: (64-3)

Phone: 579 9755

Fax : 579 9756

Email : sueedwards@clear.net.nz

**Jennifer Gray**

48 New Road  
SL7 3NW Marlow, Buckinghamshire  
GREAT BRITAIN

Country Code: (44)  
Phone: 1628 473241, 1865 488338  
Mobile : 7775 616340  
Fax : 1865 488 484  
Email : J.a.gray@lineone.net

**Sonia Hercowitz**

Rua Professor Eurico Rabelo s/n - Portão 18  
Parque Aquático Julio de Lamare  
20271-150 Rio de Janeiro  
BRAZIL

Country Code: (55)  
Phone: 21 21427676, 21 91998379  
Fax : 21 21427654  
Email : nadosincronizado@cbda.org.br  
soniahercowitz@hotmail.com

**Miwako Homma**

2-9-20 Matsushiro, Tsukuba  
305-0035 Ibaraki  
JAPAN

Country & City Code: (81-29)  
Phone: 855 5335  
Fax : 855 5335  
Email : miwako@taiiku.tsukuba.ac.jp

**Jenny Naidoo**

98 Chardale Crescent  
Briardale Drive, Newlands West  
4037 Durban  
SOUTH AFRICA

Country Code: (27)  
Phone: 31 57821128, 82 4722330  
Fax : 31 5629127  
Email : ajnaidoo@lakesmit.co.za

**Kiril Todorov**

Av. Del Conscripto Y Anillo, Periferico  
S/N Colonia Lomas De Sotelo  
11200 Mexico City  
MEXICO

Country & City Code: (52-55)  
Phone: 2122 0200 ext 321  
Fax : 5397 7459, 5557 2459  
Email : atencion@fmn.org.mx

**Li Yu**

2, Tiyuguan Road, Chongwen District  
100763 Beijing  
CHINA

Country & City Code: (86-10)  
Phone: 67170 592  
Fax : 67170 595  
Email : yuli55@yahoo.com.cn

**EVENTS SUB-COMMITTEE:****Danae Christou**

41 Road 218, Maadi  
Cairo  
EGYPT

Country Code: (20)  
Phone: 02 25210154, 2 0105750020  
Fax : 02 22607353  
Email : danae\_christou@hotmail.com

**Livia Gut La Ragione**

C.P. 140  
6983 Magliaso  
SWITZERLAND

Country & Code: (41)  
Phone: 91 606 1119  
Mobile : 79 300 4679  
Fax : 91 950 09 25  
Email : liviaut@bluewin.ch



**Svetlana Saidova**

c/o Ukrainian Swimming Federation  
 Esplanadna Str., 42, off. 509  
 01601 Kiev  
 UKRAINE

Country Code: (380)

Phone: 50 403 20 49

Mobile : 50 403 20 49

Fax : 57 373 57 54,

Email : svetlsaidova@mail.ru

**BUREAU LIAISON:****Qiuping Zhang****MASTERS COMMITTEE****CHAIRMAN:****Edward Evelly**

140 Nearys Pond Road  
 Portugal Cove-St. Philips,NL  
 A1M 2Y5  
 CANADA

Country &amp; City Code: (1-709)

Phone: 895 2284, 777 8369

Fax : 777 6746

Email : eevelly@mun.ca

**VICE CHAIRMAN:****Rose Cody**

J-74 Sevilla Biltmore, P.O. Box 3781  
 P.R. 00970 Guaynabo  
 PUERTO RICO

Country &amp; City Code: (1-787)

Phone: 781 1064

Mobile : 226 1063

Fax : 781 1064

Email : birocody@gmail.com

**HONORARY SECRETARY:****Kurt Mikkola**

Forselleksentie 18 C 16  
 02700 Kauniainen  
 FINLAND

Country &amp; City Code: (358-40)

Phone: 504 7977

Email : kurt.mikkola@kolumbus.fi

**MEMBERS:****Dusan Dimitrijevic**

Mije Kovacevica 9 / XI-73  
 11060 Belgrade  
 SERBIA

Country &amp; City Code: (381-11)

Phone: 2764 670

Fax : 2764 670

Email : sdis@yubc.net

**Roger Eagles**

159 Macmaster Street, Richmond  
 9810 Invercargill  
 NEW ZEALAND

Country Code: (64)

Phone: 03 2182182, 03 2178244

Mobile : 02 72978554

Fax : 03 2182185

Email : roger.eagles@eagles-eagles.co.nz

## Masters Committee Continued

### **Lourdes de Goncalves**

Avenida Teheran, Torre Central 2° Piso  
Instituto Nacional de Deportes  
Montalban, La Vega  
Caracas  
VENEZUELA

Country Code: (58)  
Phone: 212 471 6531, 212 461 1902  
Mobile : 424 199 8107  
Fax : 212 471 6916  
Email : lgoncalves31@gmail.com  
lgoncalves31@hotmail.com

### **Mohamed Salah Redouane**

Electro Habitat Bt A2, Rue Parmentier,  
Hydra  
16035 Alger  
ALGERIA

Country Code: (213)  
Phone: 21 945093, 608 873  
Mobile : 07 97981115  
Fax : 21 922383  
Email : red\_salah@hotmail.com

### **Nancy Ridout**

580 Sunset Parkway  
94947-4810 Novato, CA  
USA

Country Code: (1)  
Phone: 719 866 4578, 415 897 9221  
415 898 3467, 415 892 0771  
Fax : 719 866 4761, 415 898 3467,  
415 892 0771  
Email : nancyridout@mindspring.com  
kparker@usaswimming.org

### **Hans-Peter Sick**

Gaussweg 6  
D-73035 Göppingen  
GERMANY

Country Code: (49)  
Phone: 7161 77 867, 171 546 5891  
Fax : 7161 69 162,  
Email : hpsrk@aol.com

### **Grunde Vegard**

Olsrodsvingen 23 B  
3150 Tolvsrod / Tonsberg  
NORWAY

Country Code: (47)  
Phone: 3301 5544  
Mobile : 9719 6704  
Email : gvegard@online.no

### **Majid Waseem**

Pakistan Swimming Federation  
Army Sports Gymnasium  
opposite ISPR Directorate, Hilal Road  
46000 Rawalpindi  
PAKISTAN

Country Code: (92)  
Phone: 51 5583387  
Mobile : 3 0042 65255  
Fax : 51 558 1668  
Email : mwk\_71@yahoo.com

### **Ivan Wingate**

20 Silvertop Avenue  
6210 Halls Head  
AUSTRALIA

Country Code: (61)  
Phone: 8 9586 1485, 0417 819 458  
Email : iwingate@myplace.net.au

## **EVENTS SUB-COMMITTEE**

### **Iman Mohamed Arram**

5, Dr. Aly Ibrahim Str., Sahafeiin  
Giza  
EGYPT

Country & City Code: (20-2)  
Phone: 33029222, 0100480602  
Fax : 22607353  
Email : iman.aram@maharatsuperglobal.com

**Sven Von Holst**

Humlebacksvägen 46  
SE-791 44 Falun  
SWEDEN

Country Code: (46)

Phone: 10 4671746, 23 34520

Email : sven.von.holst@storaenso.com

**Simon Rothwell**

76 St. George Park, New Brighton  
CH45 9LW Wallasey, Merseyside  
GREAT BRITAIN

Country Code: (44)

Phone: 151 630 6352

Mobile : 7971 164302

Email : rothwell635@btinternet.com

**BUREAU LIAISON:**

**Bill Matson**

**SPORTS MEDICINE COMMITTEE**

**CHAIRMAN:**

**Cees-Rein Van Den Hoogenband**

Eindhoveneweg 123  
5663 NC Geldrop  
THE NETHERLANDS

Country Code: (31)

Phone: 40 2854184, 6 53757107

Fax : 30 7513201

Email : sportslinebv@hotmail.com

**VICE CHAIRMAN:**

**David Gerrard**

University of Otago, Office  
of the Vice-Chancellor  
P.O. Box 56  
9054 Dunedin  
NEW ZEALAND

Country Code: (64)

Phone: 3 4798381

Mobile : 21476890

Email : david.gerrard@otago.ac.nz

**HONORARY SECRETARY:**

**Saul Marks**

2908-210 Victoria Street  
M5B2R3 Toronto (Ontario)  
CANADA

Country Code: (1)

Phone: 416 3682833, 647 2803286

Fax : 416 7566671

Email : Saul.Marks@nygh.on.ca

**MEMBERS:**

**Mohamed Diop**

Sicap Liberté 1, N°1057  
5841 Dakar-Fann  
SENEGAL

Country Code: (221)

Phone: 33 8645645

Mobile : 76 6696539

Fax : 33 8645645

Email : drmohameddiop@yahoo.fr

**Ioan Dragan**

Str. Maior, Coravu 34-36, Sector 2  
Bucharest  
ROMANIA

Country Code: (40-21)

Phone: 3249235

Fax : 3249235

Email : frnpm@swimming.ro

**Farhad Moradi Shahpar**

I.R. Iran Swimming Federation  
Varzandeh Street,  
Mofateh Ave.  
1431983879 Tehran  
IRAN

Country & City Code: (98-21)  
Phone: 8884 8285, 8832 0733  
Fax : 8882 0714  
Email : drfmoradi@yahoo.com

**EVENTS SUB-COMMITTEE:****Jim Miller**

C/O of USA Swimming, One Olympic Plaza  
80909 Colorado Springs, CO  
USA

Country & City Code: (1-719)  
Phone: 866-4578  
Fax : 866-4761  
Email : jwmswimmd@aol.com  
kparker@usaswimming.org

**Kyriakos Namousis**

Midias 47  
142 33 - N. IOONIA Athens  
GREECE

Country & City Code: (30)  
Phone: 210 2723518, 6932 622 323  
Mobile : 0037 259290120  
Fax : 2757 356  
Email : nanousis@hol.gr

**BUREAU LIAISON:****Margo Mountjoy****DOPING PANEL****CHAIRMAN:****Erik Van Heijningen**

Provincie Zuid-Holland, Zuid-Hollandplein 1  
2596 AW Den Haag  
THE NETHERLANDS

Country Code: (31)  
Phone: 70 4417013, 6 53330080  
Fax : 70 4417992  
Email : erikvanheijningen@knzb.nl

**MEMBERS:****Farid Ben Belkacem**

20 rue Dr. Isaad Hassani  
16000 Alger  
ALGERIA

Country Code: (213)  
Phone: 21 718589  
Mobile : 550 044444  
Fax : 21 718303  
Email : faridbenbelkacem@yahoo.fr

**William Bock**

Kroger, Gardls & Regas, LLP, suite 900  
Monument Circle  
46204 Indianapolis, IN  
USA

Country Code: (1)  
Phone: 317 7777412  
Mobile : 317 6987332  
Fax : 317 7777412  
Email : wb@kgrlaw.com  
kparker@usaswimming.org

**Robert Fox**

PC 6983  
Rue Cheneau-de-Bourg 3  
1003 Lausanne  
SWITZERLAND

Country & City Code: (41-21)  
Phone: 312 4511  
Fax : 312 4538  
Email : rofox@edeb.ch

**Peter Kerr**

7 Rose Street  
Cronulla  
2230 New South Wales  
AUSTRALIA

Country Code: (61)  
Phone: 2 9225 2510  
Mobile : 404 821 456  
Fax : 2 9225 2560  
Email : kerrp@kempstrang.com.au

**Toshiro Ueyanagi**

Tokyo Surugadai Law Offices  
Iwanami-shoten Annex 7  
2-3-1 Kanda-jimbocho Chiyoda-ku  
101-0051 Tokyo  
JAPAN

Country & City Code: (81-3)  
Phone: 3234 9133  
Fax : 3234 9134  
Email : ueyanagi@surugadai.org

**DOPING CONTROL REVIEW BOARD**

**CHAIRMAN:**

**Andrew Pipe**

University of Ottawa Heart Institute,  
40 Ruskin Street  
K1Y 4W7 Ottawa, Ontario  
CANADA

Country & City Code: (1-613)  
Phone: 761 4756  
Fax : 729 8290  
Email : apipe@ottawaheart.ca

**MEMBERS:**

**Larry Bowers**

C/O of USA Swimming  
One Olympic Plaza  
80909 Colorado Springs, CO  
USA

Country & City Code: (1-719)  
Phone: 866 4578  
Fax : 866-4761  
Email : kparker@usaswimming.org  
ldb@usantidoping.org

**Winton Arthur Hawksworth**

P.O. Box 36  
4183 Kelso  
SOUTH AFRICA

Country Code: (27)  
Phone: 039 9751758  
Fax : 039 0751758  
Email : wintonh@mweb.co.za

**Willem L. Mosterd**

Daam Fockemalaan 92  
3818 KH Amersfoort  
THE NETHERLANDS

Country & City Code: (31-33)  
Phone: 461 7328  
Fax : 462 5388  
Email : willemmosterd@planet.nl

**Brian Sando**

PO Box 419  
SA 5006 North Adelaide  
AUSTRALIA

Country & City Code: (61-8)  
Phone: 8269 1903, 8232 5833  
Fax : 8232 7566, 8269 1354  
Email : bsando@senet.com.au

**Jordi Segura**

IMIM (Municipal Institute for Medical Research)  
Doctor Aiguarder 88  
08003 Barcelona  
SPAIN

Country Code: (34)  
Phone: 93 3160470  
Fax : 93 3160479  
Email : jsegura@imim.es

**Moutian Wu**

China Doping Control Center  
1st Anding Road  
100029 Beijing  
CHINA

Country & City Code: (86-10)  
Phone: 6498 0525  
Fax : 6498 0525, 6491 2136  
Email : moutianw@public.bta.net.cn

**BUREAU LIAISON:****Gennady Aleshin****DISCIPLINARY PANEL****CHAIRMAN:****Dr. Christa Thiel**

Sonnenberger Str. 3  
65193 Wiesbaden  
GERMANY

Country Code: (49)  
Phone: 611 525929, 611 528454  
Mobile : 171 9911990  
Fax : 611 590759  
Email : christa.thiel@t-online.de

**MEMBERS:****Chris Fydler**

33 Woodbury Road, St Ives  
2075 New South Wales  
AUSTRALIA

Country Code: (61)  
Phone: 2 9440 3102  
Mobile : 412 341 242  
Fax : 2 9431 6702  
Email : chris@minkaramedia.com.au

**Li Hua**

2, Tiyuquan Road, Chongwen District  
100763 Beijing  
CHINA

Country & City Code: (86-10)  
Phone: 6717 0592  
Fax : 6717 0595  
Email : csa@sport.gov.cn

**Jane Njeri Onyango**

P.O. Box 173  
Uhuru Gardens  
00517 Nairobi  
KENYA

Country & City Code: (254)  
Phone: 020 3596167, 722 784469  
Email : info@njerionyangoadvocates.com

**Gordon E. Peterson**

Suite 216 - 700 Richmond Street  
N6A 5C7 London (Ontario)  
CANADA

Country & City Code: (1-519)  
Phone: 432 0632 (x224), 439 8830  
Mobile : 432-0634  
Email : gpeterson@cplaw.com

**David Sparkes**

British Swimming Ltd, Harold Fern House  
Derby Square  
LE11 5AL Loughbrough, Leicestershire  
GREAT BRITAIN

Country Code: (44)  
Phone: 509 618 707  
Mobile : 78 36292785  
Fax : 1509 618701, 7031 152441  
Email : david.sparkes@swimming.org

## ATHLETES COMMISSION

### CHAIRMAN:

#### **Alexander Popov**

c/o All Russian Swimming Federation  
Luzhnetskaya Nab.8  
Office 434  
119991 Moscow  
RUSSIA

Country Code: (7)  
Phone: 495 7254707  
495 7254588  
Fax : 495 6370167  
495 7254707  
Email : swimming@roc.ru

### VICE CHAIRMAN:

#### **Gustavo Borges**

Rua Araguari 373 /71  
04514-040 Sao Paulo - SP  
BRAZIL

Country & City Code: (55-11)  
Phone: 5092 6397, 99422930  
Email : gusborges@uol.com.br

### HONORARY SECRETARY:

#### **Penny Heyns**

P.O. Box 1907, Wapadrand  
0050 Pretoria  
SOUTH AFRICA

Country Code: (27)  
Phone: 083 2558504, 012 8075437  
Fax : 88 012 8075437  
Email : Zelda@omnishare.com

### MEMBERS:

#### **Francesco Attolico**

Via Vassallo 4/A  
70125 Bari  
ITALY

Country Code: (39)  
Phone: 335-831 1733  
Fax : 06-36200003  
Email : ATF1@libero.it

#### **Cora Campbell**

Via Empodocle N53  
95029 Aci Castello CT  
ITALY

Country & City Code: (39-34)  
Phone: 0508 6422  
Email : coracampbell@shaw.ca

#### **Matthew Dunn**

86 Mill Hill Rd, Bondi Junction  
2022 New South Wales  
AUSTRALIA

Country Code: (61)  
Phone: 2 9389 5026  
Mobile : 417 257 600  
Fax : 2 8968 1999  
Email : mattdunn@ozemail.com.au

#### **Jingjing Guo**

No. 2, Tiyuguan Road, Chongwen District  
100763 Beijing  
CHINA

Country Code: (86)  
Phone: 10 67170592  
Fax : 10 67170595  
Email : csa@sport.gov.cn

**Martina Moravcova**

Winterova 2A  
92101 Piestany  
SLOVAKIA

Country Code: (421)  
Phone: 903-266 066,  
+1 214-821 9238  
Fax : 2-492 49 555  
Email : mmoravco@yahoo.com

**Aaron Peirsol**

C/O of USA Swimming, One Olympic Plaza  
80909 Colorado Springs, CO  
USA

Country & City Code: (1-719)  
Phone: 8664578  
Fax : 8664761  
Email : kparker@usaswimming.org

**Fernando Platas**

Berlin 107, Valle Dorado  
54020 Tlalnepantla, Estado de Mexico  
MEXICO

Country Code: (52)  
Phone: 55 50962764, 155 29226839  
Email : platasacorde@aol.com  
platas23@yahoo.com.mx

**Miyako Tanaka-Oulevey**

4-5-7-205 Minatoku Shirokanedai  
108-0071 Tokyo  
JAPAN

Country Code: (81)  
Phone: 3 3447 2890  
Fax : 3 3447 2893  
Email : miyako@mjcomtesse.com

**Petar Stoychev**

#60, Bulgaria Blvd., apr. 18  
1680 Sofia  
BULGARIA

Country Code: (359)  
Phone: 888 664956  
Email : petarstoychev@gmail.com

**BUREAU LIAISON:**

**Nory Kruchten**

**COACHES COMMISSION**

**CHAIRMAN:**

**Osvaldo Arsenio**

Anchorena 1780 2° "9"  
1425 Buenos Aires  
ARGENTINA

Country & City Code: (54-11)  
Phone: 4826 3199  
Mobile : 15 5640 2479  
Fax : 4826 3199  
Email : arsenioswim@ciudad.com.ar

**VICE CHAIRMAN:**

**Johan Wallberg**

c/o Alshammar, Kocksgatan 41, 1 tr ög  
SE-116 29 Stockholm  
SWEDEN

Country Code: (46)  
Phone: 70 7682055  
Email : johan.wallberg@gmail.com

**HONORARY SECRETARY:**

**Mark Schubert**

C/O of USA Swimming  
One Olympic Plaza  
80909 Colorado Springs, CO  
USA

Country & City Code: (1-719)  
Phone: 866 4578  
Fax : 866 4761  
Email : kparker@usaswimming.org  
usaswimming@aol.com



**MEMBERS:****Luis Liberato Baptista**

Portuguese Swimming Federation  
 Moradia Do Complexo de Jamor  
 Estrada Da Costa  
 1495-688 Cruz Quebrada  
 PORTUGAL

Country & City Code: (351-21)  
 Phone: 4158190, 4158191  
 Fax : 4191739  
 Email : lliberato@netcabo.pt

**Franco Giorgio Cagnotto**

Via Rio Molino 12  
 39100 Bolzano  
 ITALY

Country Code: (39)  
 Phone: 335 5720347, 041 284744  
 Fax : 041 284744

**Abou El Ella Abdel Fatah**

9 Block 5, Appart. #5  
 El Sefarete District,  
 Madinat Nasr., Nasr City  
 Cairo  
 EGYPT

Country Code: (20)  
 Phone: (02) 267815278  
 Mobile : (010) 1774555  
 Fax : (02) 22607353  
 Email : bFtth@yahoo.com  
 BFTTH@yahoo.com

**Juan Jané Giralt**

Calle Juan Carlos I  
 Trebol n. 8 - 1-1  
 08320 Masnou, Barcelona  
 SPAIN

Country Code: (34)  
 Phone: 93 224 7360  
 Mobile : 609 431 191  
 Fax : 93 224 7364  
 Email : mblanquer@cnb.es

**Pierre Lafontaine**

Swimming/Natation Canada  
 2197 Riverside Drive, Suite 700  
 K1H-7X3 Ottawa (Ontario)  
 CANADA

Country Code: (1-613)  
 Phone: 260 134  
 Mobile : 324 0849  
 Fax : 260 0804  
 Email : plafontaine@swimming.ca

**Elisabeth Price**

54 Green Lane  
 Surrey  
 GU9 8QD Farnham  
 GREAT BRITAIN

Country Code: (44)  
 Phone: 0 7795965755  
 Email : biz.price@swimming.org

**David Urquhart**

35 Holland Court, Broadbeach  
 4218 Queensland  
 AUSTRALIA

Country Code: (61)  
 Phone: 7 3286 2723  
 Mobile : 418 787 278  
 Email : dav48@bigpond.com

**Jacco Verhaeren**

Sint Odulphusstraat 24  
 5614 AP Eindhoven  
 NETHERLANDS

Country Code: (31)  
 Phone: 40 2456065, 6 3868096  
 Fax : 30 7513291  
 Email : jaccoverhaeren@knzb.nl

**Shaozhen Zhong**  
2, Tiyuguan Road, Chongwen District  
100763 Beijing  
CHINA

Country & City Code: (86-10)  
Phone: 6717 0592  
Fax : 6717 0595  
Email : csa@sport.gov.cn

**BUREAU LIAISON:**

**Paulo Frischknecht**

**PRESS COMMISSION**

**CHAIRMAN:**

**Camillo Cametti**  
Via Leopardi 2  
37138 Verona  
ITALY

Country Code: (39)  
Phone: 045 577399  
Mobile: 3484430369  
Fax : 045 2072060

**VICE CHAIRMAN:**

**Francisco Javier Lopez Chavez**  
Calle 56 No. 4A - 26 Oficina 202  
Bogota D.C.  
COLOMBIA

Country & City Code: (57-1)  
Phone: 248 3547  
Fax : 249 3966  
Email : lpabogados@tutopia.com

**HONORARY SECRETARY:**

**Pedro Adrega**  
Av. Avant Poste 4  
1005 Lausanne  
SWITZERLAND

Country & City Code: (41)  
Phone: 21 310 4710  
Mobile: 76 324 8954  
Fax : 21 312 6610  
Email : press@fina.org

**MEMBERS:**

**Eliana Alves**  
Rua Professor Eurico Rabelo s/n Portao 18  
Parque Aquatico Julio de Lamare  
20271-150 Rio de Janeiro  
BRAZIL

Country & City Code: (55-21)  
Phone: 2142 7670, 2142 7660  
Fax : 2142 7654  
Email : eliana@cbda.org.br

**Qais Saud Al-Zakwani**  
P.O. Box 678, PC 112  
112 Ruwi  
OMAN

Country & City Code: (968-24)  
Phone: 706615, 708788  
Fax : 708788  
Email : omanswimming@gmail.com

**Chaker Belhadj**  
21 Rue Claude Bernard  
Le Belvedere  
1002 Tunis  
TUNISIA

Country Code: (216)  
Phone: 71 841 283, 20 190 208  
Fax : 71 940 530  
Email : belhadjchaker@gmail.com

**Gregory Eggert**

C/O of USA Swimming, One Olympic Plaza  
80909 Colorado Springs, CO  
USA

Country & City Code: (1-719)

Phone: 866 4578

Fax : 866 4761

Email : kparker@usaswimming.org  
greggert@aol.com

**Craig Lord**

Email : craig.lord@thetimes.co.uk

**Russell McKinnon**

P.O. Box 89  
6149 Bull Creek  
AUSTRALIA

Country Code: (61)

Phone: 8 9313 6322

Mobile : 410 686 849

Fax : 8 9313 6344

Email : mckmedia@iinet.net.au

**Jace Naidoo**

111 Roslin Street, Sydenham  
2192 Johannesburg  
SOUTH AFRICA

Country Code: (27)

Phone: 11 8002629, 82 9022588

Fax : 86 5391026

Email : jace.naidoo@eskom.co.za

**Elena Vaitsekhovskaia**

71-39 Prospekt Mira  
129110 Moscow  
RUSSIA

Country & City Code: (7-495)

Phone: 767 2510

Fax : 254 6916

Email : elena@sport-express.ru

**BUREAU LIAISON:****Sam Ramsamy**



14<sup>th</sup> FINA World Championships 2011  
Shanghai (CHN)

# FEDERATIONS

## HISTORICALLY AFFILIATED TO FINA

This listing (alphabetical by three-letter country code) includes the name, address and other related information helpful in contacting each sport country in which FINA has traditionally had an affiliated federation. Please consult the FINA website [www.fina.org](http://www.fina.org) or contact the FINA Office in Lausanne (SUI) for updated information.

## AFRICA

### **ALG - Algeria**

#### ***Fédération Algérienne de Natation***

BP 88  
16030 El Biar, Alger  
ALGERIA

Country & City Code: (213-21)

Phone: 922 383

Fax: 922 383

E-Mail: [badrfan@hotmail.fr](mailto:badrfan@hotmail.fr)

### **ANG - Angola**

#### ***Federação Angolana de Natação***

Piscina do Alvalade  
Rua Dr. Leite Vasconcelos  
C. P. 6910 Luanda  
REPUBLICA POPULAR DE ANGOLA

Country & City Code: (244-222)

Phone: 322 711

Fax: 322 711

E-Mail: [apedromonteiro@hotmail.com](mailto:apedromonteiro@hotmail.com)

[linohamilton@hotmail.com](mailto:linohamilton@hotmail.com)

Website: [www.ebonet.net](http://www.ebonet.net)

### **BDI - Burundi**

#### ***Fédération Burundaise de Natation***

Boulevard de l'Uprona, B.P. 6340  
Bujumbura  
BURUNDI

Country Code: (257)

Phone: 22 250689

Fax: 22 226231

E-Mail: [jjnyenimi@yahoo.fr](mailto:jjnyenimi@yahoo.fr)

### **BEN - Benin**

#### ***Fédération Béninoise de Natation***

BP 6459  
Cotonou  
BENIN

Country Code: (229)

Phone: 21 380 465, 97680342

Fax: 21 382 873, 21 315291

E-Mail: [febenat@yahoo.fr](mailto:febenat@yahoo.fr)

### **BOT - Botswana**

#### ***Botswana Swimming Sport Association***

Thornhill Primary School  
Pilane Road, Main Mall, Att. Matthew Gibson  
BSSA Secreatry  
Box 163  
Gaborone  
BOTSWANA

Country Code: (267)

Phone: 39552490, 3181777

Fax: 3905871

E-Mail: [mattgibson@webmail.co.za](mailto:mattgibson@webmail.co.za)

[mgibson@thornhillprimary.ac.bw](mailto:mgibson@thornhillprimary.ac.bw)

## FEDERATIONS

**BUR - Burkina Faso**  
**Fédération Burkinabé de Natation**  
**et de Sauvetage**  
02 B.P. 5893  
Ouagadougou 02  
BURKINA FASO

Country Code: (226)  
Phone: 70254610, 78128181  
Fax: 50343 378  
E-Mail: burkinanatation@yahoo.fr

**CAF - Central Africa**  
**Fédération Centrafricaine de Natation**  
1 Rue de Navarre  
B.P. 1564  
Bangui  
CENTRAL AFRICA

Country Code: (236)  
Phone: 75 501937, 75 046663  
Fax: 21 616050  
E-Mail: fcn.rca@gmail.com  
Website: www.fcn-rca.cabanova.fr

**CGO - Republic of Congo**  
**Fédération Congolaise**  
**de Natation Amateur**  
4 rue de Reims  
Centre ville, P.B. 14123  
Brazzaville  
REPUBLIC OF CONGO

Country Code: (242)  
Phone: 7768308, 6793440  
E-Mail: presidente@feconat.org  
contact@feconat.org  
Website: www.feconat.org

**CHA - Tchad**  
**Fédération Tchadienne**  
**de Natation Amateur**  
B.P. 1020  
235 N'Djamena  
TCHAD

Country Code: (235)  
Phone: 6280822, 9350305  
E-Mail: doudetossoga@yahoo.fr

**CIV - Republique de Côte d'Ivoire**  
**Fédération Ivoirienne de Natation**  
**et de Sauvetage**  
01 BP 2080,  
Abidjan 01  
COTE D'IVOIRE

Country Code: (225)  
Phone: 21 355274, 21 355277  
Fax: 21355279  
E-Mail: fed\_ivoire\_nat@yahoo.fr

**CMR - Cameroun**  
**Fédération Camerounaise de Natation**  
**et de Sauvetage**  
Boîte Postale 34405,  
Yaoundé  
CAMEROUN

Country Code: (237)  
Phone: 22194417, 96680148  
Fax: 22317848  
E-Mail: fecanascameroun@yahoo.fr  
Fecanat2005@hotmail.com

**COD - Democratic Republic of the Congo**  
**Fédération de Natation en République**  
**Démocratique du Congo**  
Entrée 3, Stade de Martyre  
Commune de Kinshasa  
Kinshasa  
R.D. CONGO

Country Code: (243)  
Phone: 999640666, 15161309  
E-Mail: fecona\_rdc2006@yahoo.com

## FEDERATIONS

### **COM - Comoros**

#### ***Comoros Swimming Federation***

c/o Comité Olympique et Sportif

des Iles Comores

B. P. 224,

1025 Moroni

COMOROS

Country Code: (269)

Phone: 331 401

Fax: 731 800

E-Mail: farahanein@yahoo.fr

### **DJI - Djibouti**

#### ***Fédération Djiboutienne de Natation***

B.P. 988

Einguella

DJIBOUTI

Country Code: (253)

Phone: 862675

E-Mail: fdn.djib@gmail.com

presidentfdn@gmail.com

### **EGY - Egypt**

#### ***Egyptian Swimming Federation***

Al-Astad Al-Bahari St. Sport Union Complex

Nasr City,

11765 Cairo

EGYPT

Country Code: (20)

Phone: 2 224039175, 2 224035768

Fax: 2 22607353

E-Mail: esf@esf-eg.org

Website: www.esf-eg.org

### **ERI - Eritrea**

#### ***Eritrean Swimming Federation***

Ave. 117-16 #2,

P.O. Box 1500

Asmara

ERITREA

Country Code: (291)

Phone: 1 161704, 7 167326

Fax: 1 161368

E-Mail: tadsena81@yahoo.com

enoc@tse.com.er

### **ETH - Ethiopia**

#### ***Ethiopian Swimming Federation***

P.O. Box 100762

Addis Abeba

ETHIOPIA

Country & City Code: (251-1)

Phone: 116183668

Fax: 116623435

E-Mail: swimfed@yahoo.com

### **GBS - Guinea Bissau**

#### ***Federação de Natação da Guiné-Bissau***

Av. Domingos Ramos

Anexo ao Ministerio E. Finanças

CP 338,

205373 Bissau

GUINÉ-BISSAU

Country Code: (245)

Phone: 205372

Fax: 205373

### **GEO - Equatorial Guinea**

#### ***Federación Ecuatoguineana de Natación***

c/Bata, 3-bis

138-535 Malabo, Bloko-Norte

ECUATORIAL GUINEA

Country & City Code: (240-09)

Phone: 0559 278 326

Fax: 3313

## FEDERATIONS

### **GHA - Ghana**

#### ***Ghana Swimming and Life Saving Association***

National Sports council  
Ohene Djan sports Stadium, P.O. Box 1272  
Accra  
GHANA

Country Code: (233)  
Phone: 21 661510, 20 8763071  
Fax: 21 662281  
E-Mail: ghasla@yahoo.com

### **GUI - Guinea**

#### ***Fédération Guinéenne de Natation et Sauvetage***

B.P. 4915  
Conakry  
GUINEE

Country & City Code: (224-30)  
Phone: 332 161, 332 765  
Fax: 456 050  
E-Mail: amadougeneral225@yahoo.fr

### **KEN - Kenya**

#### ***Kenya Swimming Federation***

P.O. Box 14315 - 00800  
Westland, Nyayo Aquatic complex Pool  
Swimming Office, Nyayo National Stadium  
Nairobi West  
00800 Nairobi  
KENYA

Country & City Code: (254-20)  
Phone: 609612  
Fax: 609612  
E-Mail: ekumbub@yahoo.com  
ksf@wananchi.com  
Website: www.kenswim.org

### **LBA - Libyan Jamahiriya**

#### ***Libyan Arab Swimming Federation***

Sport City Tripoli  
Tripoli  
LIBYAN JAMAHIRIYA

Country Code: (218)  
Phone: 21 3339150, 092 5062509  
Fax: 21 3339150, 21 4780530  
E-Mail: ALJ\_swimmly@yahoo.com  
sirag12001@yahoo.com

### **LBR - Liberia**

#### ***Liberia National Swimming Federation***

P. O. Box 6932  
Monrovia  
LIBERIA

Country Code: (231)  
Phone: 655 6122, 777 511506  
Fax: 227 614, 227 838 (NOC)  
E-Mail: linswimfed2002@yahoo.com

### **LES - Lesotho**

#### ***Lesotho Swimmers Association***

Kingsway Road, Ha Mafafa, PO Box 138  
0100 Maseru  
LESOTHO

Country Code: (266)  
Phone: 22321292, 62775020  
Fax: 22310494  
E-Mail: bhhekki@gmail.com

### **MAD - Madagascar**

#### ***Fédération Malgache de Natation***

c/o Piscine de l'Académie Nationale des  
Sports Ampefiloha, P.O. Box 4279  
101 Antananarivo  
MADAGASCAR

Country Code: (261)  
Phone: 32 0701408  
Fax: 20 2228735  
E-Mail: praelina@moov.mg



## FEDERATIONS

### **MAR - Morocco**

#### ***Fédération Royale Marocaine de Natation***

F.R.M.N

B.P. 13043

20000 Casablanca

MOROCCO

Country Code: (212)

Phone: (522) 39 56 01

Fax: (522) 395487

E-Mail: frmn@menara.ma

Website: www.frmnnotation.com

### **MAW - Malawi**

#### ***Malawi Aquatic Union***

Private Bag 211

Blantyre

MALAWI

Country & City Code: (265-01)

Phone: 82 04 15

Fax: 624 689

E-Mail: drinks-asap@iwayafrica.com

### **MLI - Mali**

#### ***Fédération Malienne de Natation***

B.P. 314

Bamako

MALI

Country Code: (223)

Phone: 66746479, 76115732

E-Mail: bouaremamourou@yahoo.fr

### **MOZ - Mozambique**

#### ***Federação Moçambicana de Natação***

Av. Ahmed Sekou Touré No 974

Maputo

MOZAMBIQUE

Country Code: (258)

Phone: 082 418841

Fax: 492196

E-Mail: cruben@mec.uem.mz

### **MRI - Mauritius**

#### ***Fédération Mauricienne de Natation***

Piscine Serge Alfred

Beau-Bassin

MAURITIUS

Country Code: (230)

Phone: 4671 095

Fax: 4660 621

E-Mail: mauriswim@intnet.mu

### **MTN - Mauritania**

#### ***Fédération Mauritanienne de Natation***

B.P. 224,

Nouakchott

MAURITANIA

Country Code: (222)

Phone: 6320780

Fax: 2320780

E-Mail: nagiabdati@hotmail.fr

### **NAM - Namibia**

#### ***Namibia Swimming Union (NASU)***

6 Ziegenfuss Street, P.O. Box 2917

9000 Windhoek

NAMIBIA

Country & City Code: (264 - 61)

Phone: 231532

Fax: 259720

E-Mail: dietlind@mweb.com.na

### **NGR - Nigeria**

#### ***Nigeria Swimming Federation***

National Stadium, Swimming Pool Complex

Package B

Abuja

National Sports Commission, P.O. Box 145

Lagos

NIGERIA

Country Code: (234)

Phone: 1 585 0529

Mobile : 08023084294

E-Mail: swimnigfed@yahoo.com

## FEDERATIONS

### **NIG - Niger**

**Fédération Nigérienne des Sports Nautiques**

B.P. 215

Niamey

NIGER

Country Code: (227)

Phone: 96966296

Fax: 21790143

E-Mail: ya\_tidjani@yahoo.com  
fnsnautiques@yahoo.fr

### **RSA - South Africa**

**Swimming South Africa**

124 Van Beek Street

New Doornfontein, Johannesburg Athletic Stadium

North Wing Ground Floor

2094 Johannesburg

SOUTH AFRICA

Country & City Code: (27-11)

Phone: 404 2480

Fax: 402 2486

E-Mail: ceo@swimsa.co.za  
nicol@swisa.co.za

Website: www.swimsa.co.za

### **RWA - Rwanda**

**Fédération Rwandaise de Natation Amateur**

BP 6840

Kacyiru

Kigali

RWANDA

Country Code: (250)

Phone: 8503052, 5914 2294

Fax: 572 551

E-Mail: frna2@yahoo.fr

### **SEN - Senegal**

**Fédération Sénégalaise de Natation  
et de Sauvetage**

Tour de l'Œuf-Point E,

417 Dakar

SENEGAL

Country Code: (221)

Phone: 33 8645320, 33 864 5645

Fax: 33 8645320, 33 8645645

E-Mail: fsnat@yahoo.fr  
ndoyelamine1@yahoo.fr  
drmoameddiop@yahoo.fr

### **SEY - Seychelles**

**Seychelles Swimming Association**

P.O. Box 793

Victoria, Mahe

SEYCHELLES

Country Code: (248)

Phone: 323 908, 321402

Fax: 324 728

E-Mail: ssa@seychelles.net

### **SLE - Sierra Leone**

**Sierra Leone Amateur Swimming, Diving  
and Water Polo Association**

P. O. Box 666

Freetown

SIERRA LEONE

Country & City Code: (232-22)

Phone: 226 092, 076 609 703

Fax: 227 325

E-Mail: victorhastingspaine@yahoo.com

### **SOM - Somalia**

**Somali Swimming Federation**

Behani Street, Shibis District

PO Box 1120

3040 Mogadishu

SOMALIA

Country Code: (2525)

Phone: 220058

Mobile 9 66760

Fax: 219 999

E-Mail: nocsom@hotmail.com

## FEDERATIONS

### **SUD - Sudan**

#### ***Sudan Amateur Swimming Association***

St. No 57 Khartoum 2 House  
No. 1 Block 6xE  
P.O.Box 12912  
11111 Khartoum  
SUDAN

Country & City Code: (249-11)

Phone: 464 856, 468 973

Fax: 468 973, 771 948

### **SWZ - Swaziland**

#### ***Swaziland National Swimming Association***

Lower Panorama Drive 649  
Dalriach,  
P.O. Box 218  
Eveni  
H 100 Mbabane  
SWAZILAND

Country Code: (268)

Phone: 404 3341

Fax: 404 3341

E-Mail: swimswazi@realnet.co.sz  
nlowww@realnet.co.sz

Website: www.smsa.org

### **TAN - United Republic of Tanzania**

#### ***Tanzania Swimming Association***

University of Dar Es Salaam, Hall 5  
P.O. Box 3163  
Dar Es Salaam  
UNITED REPUBLIC OF TANZANIA

Country Code: (255)

Phone: 713 263556

E-Mail: tchakuta@yahoo.co.uk

### **TOG - Togo**

#### ***Fédération Togolaise de Natation***

BP 995  
Lome  
TOGO

Country Code: (228)

Phone: 2340032, 9496903

Fax: 2266745

E-Mail: togofetonas@yahoo.fr

### **TUN - Tunisia**

#### ***Fédération Tunisienne de Natation***

Maison des Fédérations  
Avenue de la Terre  
Cité Olympique  
1003 Tunis  
TUNISIA

Country & City Code: (216-71)

Phone: 753 783, 754 897

Fax: 754005, 753083

E-Mail: ftn.natation@hexabyte.tn  
ftn@planet.tn

Website: www.ftnatation.org.tn

### **UGA - Uganda**

#### ***Uganda Swimming Federation***

P.O. Box 29151  
Kampala  
UGANDA

Country Code: (256)

Phone: 77 - 2744 500, 772603 375

E-Mail: ugandaswimmingfed@hotmail.com  
Website: www.ugandaswimming.org

### **ZAM - Zambia**

#### ***Zambia Amateur Swimming Union***

2<sup>nd</sup> Floor, Angoni House, Obote Avenue  
P.O. Box 22181  
Kitwe  
ZAMBIA

Country & City Code: (260-2)

Phone: 224 641, 225008

Fax: 220 032, 227033

E-Mail: sothy@zamnet.zm  
cacss@zamnet.zm

Website: www.zambiaswimming.org

## FEDERATIONS

### **ZIM - Zimbabwe**

#### ***Zimbabwe Aquatic Union***

PO Box HG 393

Highlands

Harare

ZIMBABWE

Country Code: (263)

Phone: 4 498702, 912 238996

Fax: 4 498702, 0027 865 4252323  
0033 826 764679

E-Mail: ZAUpresident@bigfoot.com

ZAUsecretary@bigfoot.com

ZAU@bigfoot.com

Website: www.zimaquatics.co.zw

## AMERICAS

### **AHO - Netherlands Antilles**

#### ***Nederlands Antilliaanse Zwembond***

NAOC, Laufferstraat z/n, P. O. Box 2026

Curaçao

NETHERLANDS ANTILLES

Country & City Code: (599-9)

Phone: 5668343, 6744366

Fax: 7373173

E-Mail: nazb@sports.an

nazb\_curaçao@yahoo.com

### **ANT - Antigua & Barbuda**

#### ***Antigua & Barbuda Amateur Swimming Association***

P. O. Box 2016,

St-John's

ANTIGUA, W.I.

Country & City Code: (1-268)

Phone: 461 2489, 462 6513

Fax: 461 2489

E-Mail: abasa\_swimming@hotmail.com

### **ARG - Argentina**

#### ***Confederación Argentina de Deportes Acuáticos***

Florida 336 – 4o piso, Of. 403,

1005 Buenos Aires

ARGENTINA

Country & City Code: (54-11)

Phone: 4325 2938, 4328 1243

Fax: 4325 2938

E-Mail: cadda@speedy.com.ar

canatac@speedy.com.ar

Website: www.cadda.org.ar

### **ARU - Aruba**

#### ***Arubaanse Zwembond***

Complejo Deportivo Guillermo P. Trinidad

PO Box 1226

Oranjestad

ARUBA

Country & City Code: (297-587)

Phone: 3032, Mobile (297-993) 9371

Fax: 3023

info@arubaswimming.com

E-Mail: n\_hoevertsz@hotmail.com

Website: www.arubaswimming.com

### **BAH - Bahamas**

#### ***Bahamas Swimming Federation***

Betty Kelly-kenning Aquatic Center

Queen Elisabeth Sports Center Complex

P.O. Box SS-6166

Nassau

BAHAMAS

Country & City Code: (1-242)

Phone: 3246556, (786) 38104892

Fax: 3641672

E-Mail: bsf\_news@yahoo.com

info@bahamaswimmingfederation.com

Algernonc@hotmail.com

Website:

www.bahamasswimmingfederation.com

## FEDERATIONS

### **BAR - Barbados**

#### ***Barbados Amateur Swimming Association***

Aquatic Centre  
Wildey  
BB 15094 St. Michael  
BARBADOS

Country & City Code: (1-246)  
Phone: 429 7946  
Fax: 436 2272  
E-Mail: [basa@caribsurf.com](mailto:basa@caribsurf.com)  
Website: [www.swimbarbados](http://www.swimbarbados)

### **BER - Bermuda**

#### ***Bermuda Amateur Swimming Association***

Suite 1407  
# 48 Par-La-Ville Road  
HM11 Hamilton  
BERMUDA

Country & City Code: (1-441)  
Phone: 292 1713, 292 6563  
Fax: 292 9252, 292 6587  
E-Mail: [aquatics.basa@logic.bm](mailto:aquatics.basa@logic.bm)  
[tfroud@jvw.bm](mailto:tfroud@jvw.bm)  
[admin@basa.bm](mailto:admin@basa.bm)  
Website: [www.basa.bm](http://www.basa.bm)

### **BOL - Bolivia**

#### ***Swimming Federation of Bolivia***

Calle Pedro Blanco 1344  
Edificio Continental Oficina 2E,  
Cochabamba  
BOLIVIA

Country & City Code: (591-4)  
Phone: 4486697  
USA : +1 7707519523  
Fax: 4486697  
USA : +1 6783487657  
E-Mail: [info@febona.org](mailto:info@febona.org)  
Website: [www.febona.org](http://www.febona.org)

### **BRA - Brazil**

#### ***Brazilian Swimming Federation***

Complexo Esportivo do Maracanã  
Rua Prof.Eurico Rabelo s/n, Portão 18  
Parque Aquático Júlio de Lamare  
20 271-150 Rio de Janeiro  
BRAZIL

Country & City Code: (55-21)  
Phone: 2142 7676  
Fax: 2142 7654  
E-Mail: [cbda@cbda.org.br](mailto:cbda@cbda.org.br)  
Website: [www.cbda.org.br](http://www.cbda.org.br)

### **CAN - Canada**

#### ***Aquatics Federation of Canada***

(Affiliated to FINA)  
c/o Bill Hogan, President  
4 Calgary Street  
A1A 3W2 St. John's, Newfoundland  
CANADA

Country & City Code: (1-709)  
Phone: 753 2398  
Fax: 753 2398  
E-Mail: [billhogan@nf.sympatico.ca](mailto:billhogan@nf.sympatico.ca)

### **CAN - Canada**

#### ***Diving / Plongeon Canada***

403-2197 Riverside Drive,  
K1H 7X3 Ottawa (Ontario)  
CANADA

Country & City Code: (1-613)  
Phone: 736 5238  
Fax: 736 0409  
E-Mail: [cada@diving.ca](mailto:cada@diving.ca)  
[anne@diving.ca](mailto:anne@diving.ca)  
Website: [www.diving.ca](http://www.diving.ca)

## FEDERATIONS

### **CAN - Canada**

#### ***Canadian Amateur Synchronized Swimming Association***

1010 Polytek Street  
Unit 14, Suite 200  
K1J 9H9 Gloucester (Ontario)  
CANADA

Country & City Code: (1-613)  
Phone: 748 5674  
Fax: 748 5724  
E-Mail: [synchroinfo@synchro.ca](mailto:synchroinfo@synchro.ca)  
[lschott@shaw.ca](mailto:lschott@shaw.ca)  
[vivianne@synchro.ca](mailto:vivianne@synchro.ca)  
[kristen@synchro.ca](mailto:kristen@synchro.ca)  
Website: [www.synchro.ca](http://www.synchro.ca)

### **CAN - Canada**

#### ***Swimming/Natation Canada***

Suite 700  
2197 Promenade Riverside Drive  
K1H 7X3 Ottawa (Ontario)  
CANADA

Country & City Code: (1-613)  
Phone: 260 1348  
Fax: 260 0804  
E-Mail: [natloffice@swimming.ca](mailto:natloffice@swimming.ca)  
Website: [www.swimming.ca](http://www.swimming.ca)

### **CAN - Canada**

#### ***Water Polo Canada***

12-1010 Polytek St.  
K1J 9H9 Gloucester (Ontario)  
CANADA

Country & City Code: (1-613)  
Phone: 748 5682  
Fax: 7485777  
E-Mail: [aelawadi@waterpolo.ca](mailto:aelawadi@waterpolo.ca)  
[office@waterpolo.ca](mailto:office@waterpolo.ca)  
Website: [www.waterpolo.ca](http://www.waterpolo.ca)

### **CAY - Cayman Islands**

#### ***Cayman Islands Amateur Swimming Association***

P. O. Box  
10376 APO  
KYI - 1004 George Town, Grand Cayman  
CAYMAN ISLANDS, B.W.I.

Country & City Code: (1-345)  
Phone: 3255552  
Fax: 949 8068  
E-Mail: [ciasaboard@gmail.com](mailto:ciasaboard@gmail.com)  
[cayman.swimming@gmail.com](mailto:cayman.swimming@gmail.com)  
Website: [www.ciasa.ky](http://www.ciasa.ky)

### **CHI - Chile**

#### ***Chilean Federation of Aquatics Sport***

Almirante Simpson N° 5  
Providencia  
Santiago de Chile  
CHILE

Country & City Code: (56-2)  
Phone: 635 9686, 2229284  
Fax: 222 9284  
E-Mail: [vesalagos@gmail.com](mailto:vesalagos@gmail.com)  
[fechida@123.cl](mailto:fechida@123.cl)  
Website: [www.fechida.cl](http://www.fechida.cl)

### **COL - Colombia**

#### ***Federación Colombiana de Natación***

Calle 8, No. 5-70 Ofi 406  
Edificio Loteria del Valle  
Cali  
COLOMBIA

Country & City Code: (57-2)  
Phone: 889 0366  
Fax: 889 0372  
E-Mail: [fecolnat@emcali.net.co](mailto:fecolnat@emcali.net.co)  
Website: [www.fecna.com](http://www.fecna.com)

### **CRC - Costa Rica**

#### ***Federación Costarricense de Natación y Afines***

Frente a las canchas de Tennis  
Parque Metropolitano, La Sabana  
1870-1000 San José  
COSTA RICA

Country Code: (506)  
Phone: 2233 0944  
Fax: 2248 2413,  
E-Mail: [fecona@ice.co.cr](mailto:fecona@ice.co.cr)  
[wualters@hotmail.com](mailto:wualters@hotmail.com)  
[info@fecona.co.cr](mailto:info@fecona.co.cr)  
Website: [www.fecona.co.cr](http://www.fecona.co.cr)

## FEDERATIONS

### **CUB - Cuba**

#### ***Federación Cubana de Natación***

Calle 13 y C Vedado,  
10600 La Habana  
CUBA

Country & City Code: (53-7)  
Phone: 833 4541, 206 4536  
Fax: 833 4541  
E-Mail: cubapolo@inder.cu  
natacion@inder.cu

### **DMA - Dominica**

#### ***Dominica Amateur Swimming Association***

P.O.Box 1985,  
Ensanche Roseau  
DOMINICA

Country & City Code: (1-767)  
Phone: 448 2508, 448 3490  
Fax: 448 2508

### **DOM - Dominican Republic**

#### ***Federación Dominicana de Natación***

Centro Olímpico Juan Pablo Duarte  
Oficina : Piscina Olímpica, P.O. Box 30066  
Santo Domingo  
DOMINICAN REPUBLIC

Country & City Code: (1-809)  
Phone: 563 5582, 566 5872  
Fax: 563 7399  
E-Mail: fedona@fedona.org  
rtavarez@fedona.org  
Website: www.fedona.org

### **ECU - Ecuador**

#### ***Federación Ecuatoriana de Natación***

Av. de las Américas, Plazoleta Olímpica  
Explanada del Estadio Modelo, Of. 24,  
Guayaquil  
ECUADOR

Country & City Code: (593-4)  
Phone: 229 5804, 23895958  
Fax: 229 5804  
E-Mail: fena@coe.org.ec  
fenaecuador@yahoo.com  
Website: www.fena-ecuador.org

### **ESA - El Salvador**

#### ***Federación Salvadoreña de Deportes Acuáticos***

Complejo de Piscinas V Juegos  
Deportivos Centroamericanos  
Final Colonia la Sabana N° 2  
Polideportivo Ciudad Merlinot  
Ciudad Merliot  
EL SALVADOR

Country & City Code: (503-2)  
Phone: 289 0378, 2788316  
Fax: 278 8316  
E-Mail: fedenat@hotmail.com  
salvador.salguero@olympian.org

### **GRN - Grenada**

#### ***Grenada Amateur Swimming Association***

Gooo Hope Pool, P.O. Box 748  
St. Georges  
St. Pauls  
GRENADA

Country & City Code: (1-473)  
Phone: 4440521, 4055736  
Fax: 439 0557  
E-Mail: ptb@caribsurf.com  
dougjane@caribsurf.com

### **GUA - Guatemala**

#### ***Federacion Nacional de Natacion, Clavados Polo Acuatico y Nado Sincronizado***

10 Avenida Zona 4, Piscinas Olimpicas  
01004 Guatemala Ciudad  
GUATEMALA

Country Code: (502)  
Phone: 2361 7852, 2334 1075  
Fax: 2334 1075  
E-Mail: fenadegua@hotmail.com  
scomiteejecutivo@itelgua.com

## FEDERATIONS

### **GUY - Guyana**

**Guyana Amateur Swimming Association**  
c/o "Olympic House"  
76 High Street, Kingston  
Georgetown  
GUYANA

Country Code: (592)  
Phone: 225 1553  
Fax: 223 5322  
E-Mail: karen\_pilgrim@hotmail.com

### **HON - Honduras**

**Federación Hondureña de Natación**  
Complejo de la Villa Olímpica,  
20475 Tegucigalpa MDC  
HONDURAS

Country Code: (504)  
Phone: 231 0566, 2327 745  
Fax: 2310566  
E-Mail: hjuarez@bch.hn  
fehnahonduras@yahoo.com

### **ISV - Virgin Islands**

**Virgin Islands Swimming Federation**  
51A Concordia,  
00850 Kingshill  
P.O. Box 1605  
00851 Kingshill  
VIRGIN ISLANDS

Country & City Code: (1-340)  
Phone: 7737374  
Fax: 7737312  
E-Mail: brentmays.visf@gmail.com

### **IVB - British Virgin Islands**

**British Virgin Islands Swimming Association**  
P.O. Box 1095,  
VG1150 Virgin Gorda  
BRITISH VIRGIN ISLANDS

Country & City Code: (1-284)  
Phone: 495 5335  
Fax: 495 5468  
E-Mail: vernevg@hotmail.com

### **JAM - Jamaica**

**Amateur Swimming Association of Jamaica**  
c/o The National Stadium Swimming Pool,  
Independence Part Limited  
Arthur Wint Drive,  
Kingston 6  
P.O. Box 15  
Kingston 10  
JAMAICA

Country & City Code: (1-876)  
Phone: 920 6229, 920 6230  
Fax: 920 6129  
E-Mail: asaj@cwjamaica.com  
Website: www.swimjamaica.com

### **LCA - Saint Lucia**

**St Lucia Amateur Swimming Association**  
P.O. Box 503,  
Castries  
SAINT LUCIA

Country & City Code: (1-758)  
Phone: 4582795, 4529916  
Fax: 4529768  
E-Mail: secretary@slasa  
Website: www.slasa.info

### **MEX - Mexico**

**Mexican Swimming Federation**  
Av. Del Conscripto y Anillo Perifirico  
S/N Colonia Lomas de Sotelo,  
11200 México City  
MEXICO

Country & City Code: (52-55)  
Phone: 2122 0200 ext 321, 5557 2459  
Fax: 5395 7459, 55572459  
E-Mail: atencion@fmn.org.mx  
presidencia@fmn.org.mx  
Website: www.fmn.org.mx



## FEDERATIONS

### **NCA - Nicaragua**

#### ***Federación de Natación de Nicaragua***

Contiguo al Ministerio de Gobernación  
Piscina del Ejercito de Nicaragua  
club Barracuda  
Managua  
NICARAGUA

Country Code: (505)

Phone: 22784561, 22784560

Fax: 22784563

E-Mail: fenanic@yahoo.com

fenanic2005@yahoo.com

### **PAN - Republic of Panama**

#### ***Panama Swimming Federation***

Calle 16 Final Monte Oscuro  
Edificio Prodina Sansae  
0816-02925 Panama  
REPUBLIC OF PANAMA

Country Code: (507)

Phone: 301 3855, 301 3850

Fax: 301 3857

E-Mail: gerencia@prodima.com.pa

rmoscote@prodima.com.pa

### **PAR - Paraguay**

#### ***Federación Paraguaya de Natación***

Boqueron N° 3237  
C/ Herminio Jiménez  
Ciudad de Fernando de la Mora – Zona Norte  
PARAGUAY

Country Code: (595)

Mobile: 981 298 876

Fax: 21 506 676

E-Mail: fepana@yahoo.es

### **PER - Peru**

#### ***Federación Deportiva Peruana de Natación***

Jr. Nazca Cdra. 6 s/n  
Jésus María  
P. O. Box 0558,  
Lima 11  
PERU

Country & City Code: (51-1)

Phone: 4243538, 433 5321

Fax: 433 6676, 424 3538

E-Mail: fdpn@fdpn.org (general)

ebert@fdpn.org

lady@fdpn.org

nieves@fdpn.org

Website: www.fdpn.org

### **PUR - Puerto Rico**

#### ***Federación Puertorriqueña de Natación***

Avenida Fernandez Juncos1611  
Pda. 23½, P.O Box N° 361249  
San Juan, PR 00936-1249  
00926 San Juan  
PUERTO RICO

Country & City Code: (1-787)

Phone: 268 7811,

Fax: 268 7058

E-Mail: natacion@yunque.net

Website: www.natacionpr.org

### **SKN - St. Kitts & Nevis**

#### ***St. Kitts & Nevis Swimming Federation***

Main Street  
Oualie Beach Bay,  
00162 Oualie Beach  
NEVIS

Country Code: (869)

Phone: 469 9682,

Fax: 469 9176

E-Mail: windsurf@sisterisles.kn

Website: www.neviscycleclub.com

## FEDERATIONS

### **SUR - Suriname**

#### ***Surinaamse Zwem Bond***

Peter Bruneslaan 5, P.O. Box 1187  
Paramaribo  
SURINAME

Country Code: (597)

Phone: 492 542, 853 8485

Fax: 433 558

E-Mail: vanderjagt@sr.net

### **TCN - Turks and Caicos Islands**

#### ***Turks & Caicos Islands National Swimming Association***

P.O. Box 395, Providenciales  
TURKS & CAICOS ISLANDS

Country & City Code: (1-649)

Phone: 941 5303

Fax: 941 3527, 941 5303

E-Mail: islandflextec@toivaway.tc

### **TRI - Trinidad and Tobago**

#### ***Amateur Swimming Association of Trinidad and Tobago***

#3 Henry Pierre Street  
St. James  
TRINIDAD AND TOBAGO, W.I.

Country & City Code: (1-868)

Phone: 645 5043

Fax: 623 1006

E-Mail: info@ttaquatics.com  
roberts@rave-tt.net

Website: www.asatt.8m.com

### **URU - Uruguay**

#### ***Federación Uruguaya de Natación***

Canelones 982  
11000 Montevideo  
URUGUAY

Country & City Code: (598-2)

Phone: 902 3175, 9020974

Fax: 902 3175

E-Mail: funatacion@gmail.com

Website: www.fun.org.uy

### **USA - United States of America**

#### ***US Aquatic Sports***

(Affiliated to FINA)  
c/o USA Swimming  
One Olympic Plaza  
80909 Colorado Springs, CO  
USA

Country & City Code: (1-719)

Phone: 866 4578

Fax: 866 4669

E-Mail: usainfo@usaquaticsports.org

Website: www.usaquaticsports.org

### **USA - United States of America**

#### ***US Diving***

132 E Washington Street, Suite 850,  
46204 Indianapolis, Indiana  
USA

Country & City Code: (1-317)

Phone: 2375 252

Fax: 2375 257

E-Mail: usadiving@usadiving.org

Website: www.usadiving.org

### **USA - United States of America**

#### ***United States Synchronized Swimming, Inc.***

132 E. Washington Street, Suite 820  
46204 Indianapolis, Indiana  
USA

Country & City Code: (1-317)

Phone: 237 5700

Fax: 237 5705

E-Mail: webmaster@usasynchro.org

Website: www.usasynchro.org

## FEDERATIONS

### **USA - United States of America**

#### ***USA Swimming***

One Olympic Plaza,  
80909 Colorado Springs, CO  
USA

Country & City Code: (1-719)

Phone: 866 4578

Fax: 866 4761

E-Mail: [kparker@usaswimming.org](mailto:kparker@usaswimming.org)

[badams@usaswimming.org](mailto:badams@usaswimming.org)

[webmaster@usaswimming.org](mailto:webmaster@usaswimming.org)

Website: [www.usaswimming.org](http://www.usaswimming.org)

### **USA - United States of America**

#### ***US Water Polo, Inc.***

2124 Main Street, Suite 240,  
92648 Huntington Beach, CA  
USA

Country & City Code: (1-714)

Phone: 500 5445

Fax: 960 2431

E-Mail: [ntprograms@usawaterpolo.org](mailto:ntprograms@usawaterpolo.org)

Website: [www.usawaterpolo.org](http://www.usawaterpolo.org)

### **USA - United States of America**

#### ***United States Masters Swimming***

P.O. Box 185,  
03053-0185 Londonderry, NH  
USA

Country & City Code: (1-603)

Phone: 537 0203,

Fax: 537 0204,

E-Mail: [usms@usms.org](mailto:usms@usms.org)

Website: [www.usms.org](http://www.usms.org)

### **VEN - Venezuela**

#### ***Federación Venezolana de Deportes Acuáticos***

SEDE Central I.N.D., Torre Central Piso 2  
Avenida Teheran, Montalban, La Vega,  
1020 Caracas  
VENEZUELA

Country & City Code: (58-212)

Phone: 471 6916, 4716531

Fax: 471 6531

E-Mail: [info\\_feveda@gmail.com](mailto:info_feveda@gmail.com)

Website: [www.feveda.com.ve](http://www.feveda.com.ve)

### **VIN - Saint Vincent and the Grenadines**

#### ***St. Vincent and the Grenadines Swimming Federation***

Suite K-056  
Granby & Sharpe Sts.  
P. O. Box 1644  
Kingstown  
SAINT VINCENT W.I.

Country & City Code: (1-784)

Phone: 455 1312, 457 2970

Fax: 485 6488

E-Mail: [svgswim@yahoo.com](mailto:svgswim@yahoo.com)

[ricky2fast@hotmail.com](mailto:ricky2fast@hotmail.com)

## **ASIA**

### **AFG - Afghanistan**

#### ***Afghanistan National Swimming Federation***

Chamane Hozuri  
P.O. Box 258  
Kabul  
AFGHANISTAN

Country Code: (93)

Phone: 799 33 7062

E-Mail: [afg\\_swimfed@yahoo.com](mailto:afg_swimfed@yahoo.com)

[rmarouf96@hotmail.com](mailto:rmarouf96@hotmail.com)

[Rmarouf96@yahoo.com](mailto:Rmarouf96@yahoo.com)

[rmarouf96@hotmail.com](mailto:rmarouf96@hotmail.com)

### **BAN - Bangladesh**

#### ***Bangladesh Swimming Federation***

National Swimming Complex  
1216 Mirpur Dhaka  
BANGLADESH

Country & City Code: (880-2)

Phone: 900 1272,

Fax: 956 7714, 933 8569

E-Mail: [swim\\_bangla@yahoo.com](mailto:swim_bangla@yahoo.com)

Website:

[www.bangladeshswimmingfederation.com](http://www.bangladeshswimmingfederation.com)

## FEDERATIONS

### **BRN - Bahrain**

#### ***Bahrain Swimming Association***

House 857, Road 1418, Block 814

P.O. Box 32102

Isa Town

BAHRAIN

Country Code: (973)

Phone: 1768 0867

Fax: 1778 0939

E-Mail: sabbah@batelco.com.bh

### **BRU - Brunei Darussalam**

#### ***Brunei Amateur Swimming Association***

P. O. Box 1388

Jalan Gadong, Negara,

Sultan Hassana Bolkiah National

Swimming Complex, Jalan Berakas

KG Pulaie, Berakas BB 4313

BE3978 Bandar Seri Begawan

BRUNEI DARUSSALAM

Country Code: (673)

Phone: 8789126

Fax: 2 390745

E-Mail: basabrunei@gmail.com

geowch@yahoo.com

Website: www.basa.com.bn

### **CAM - Cambodia**

#### ***Khmer Amateur Swimming Federation***

No. 415, 2nd Floor, Street 1 (Sisovath Quay)

P.O. Box. 101

Phnom Penh

CAMBODIA

Country Code: (855)

Phone: 12 825719, 99 238866

Fax: 23 221094

E-Mail: swimming@online.com.kh

### **CHN - People Rep. of China**

#### ***China Swimming Association***

No. 2 Tiyuguan Road, Chongwen District

100763 Beijing

PEOPLE'S REPUBLIC OF CHINA

Country & City Code: (86-10)

Phone: 6717 0592, 6717 0596

Fax: 6717 0595,

E-Mail: csa@sport.gov.cn

Website: www.chinaswim.org.cn

### **HKG - Hong Kong**

#### ***Hong Kong Amateur Swimming Association***

Room 1003, Queen Elizabeth Stadium

18 Oi Kwan Road

Wanchai

HONG KONG, China

Country & City Code: (852)

Phone: 2572 8594, 25728524

Fax: 2591 0792

E-Mail: hkasa@hkasa.org.hk

Website: www.hkasa.org.hk

### **INA - Indonesia**

#### ***Indonesian Swimming Federation***

Stadion Renang Gelora Bung Karno

Senayan

10270 Jakarta

INDONESIA

Country & City Code: (62-21)

Phone: 2510 514

Fax: 5731651

E-Mail: indoswimfed@gmail.com

info@indoswim.org

Website: www.indoswim.org

### **IND - India**

#### ***Swimming Federation of India***

"Krishna Villa"

128, Paraskunj Society - I

Satellite Road

380 015 Ahmedabad

INDIA

Country & City Code: (91-79)

Phone: 2676 1842, 2676 5440

Fax: 2676 1842

E-Mail: nanavativirendra@yahoo.com

Website: www.swimmingfederation.in

## FEDERATIONS

### **IRI - Islamic Republic of Iran**

#### ***I.R. Iran Amateur Swimming Federation***

NO. 15 - Varzandeh St,  
Mofateh Ave, Hafte Tir SQ  
15815-1881 Tehran  
I.R. IRAN

Country & City Code: (98-21)  
Phone: 88848285, 88320733  
Fax: 88820714  
E-Mail: aasfmoradi@yahoo.com  
Website: www.swimming.ir

### **IRQ - Iraq**

#### ***Iraqi Swimming Federation***

Palestine Street, P.O Box N°441  
Baghdad  
IRAQ

Country Code: (964)  
Phone: 7901327801, 7708403725  
Fax: 772 8424, 885 4321  
E-Mail: Sarmadswim@yahoo.com

### **JOR - Jordan**

#### ***Jordan Swimming Federation***

P.O. Box 183156  
11118 Amman  
JORDAN

Country & City Code: (962-6)  
Phone: 568 6157  
Fax: 568 6157  
E-Mail: jsf@wanadoo.jo

### **JPN - Japan**

#### ***Japan Swimming Federation***

Kishi Memorial Hall, 1-1-1  
Jinnan, Shibuya-Ku  
150-8050 Tokyo  
JAPAN

Country & City Code: (81-3)  
Phone: 3481 2306  
Fax: 3481 0942  
E-Mail: jpn-swimming@japan-sports.or.jp  
Website: www.swim.or.jp

### **KAZ - Kazakhstan**

#### ***Swimming Federation of the Republic of Kazakhstan***

48 Abay Avenue, Central Swimming Pool,  
050022 Almaty  
KAZAKHSTAN

Country & City Code: (7-727)  
Phone: 292 4053, 2926885  
Fax: 292 6885  
E-Mail: aquasport-gs@lorton.kz  
aquasport@lorton.kz

### **KGZ - Kyrgyzstan**

#### ***Kyrgyz Republic Swimming Federation***

77, Gogol Street,  
720011 Bishkek  
KYRGYZTAN

Country & City Code: (996-312)  
Phone: 681 151, 681 151  
Fax: 681 151  
E-Mail: andreyyavilov@mail.ru  
ruzavinam@yahoo.com

### **KOR - Republic of Korea**

#### ***Korea Swimming Federation***

RM 510 Olympic Center  
# 88 Ohryun-Dong Songpa-Ku  
138 - 749 Seoul  
REPUBLIC OF KOREA

Country & City Code: (82-2)  
Phone: 4204 236  
Fax: 4206 934  
E-Mail: korswim@chol.com

**KSA - Saudi Arabia**

***Saudi Arabian Swimming Federation***

Prince Faisal Bin Fahd Olympic Complex  
Almather Street, P.O. Box 4069  
11491 Riyadh  
SAUDI ARABIA

Country & City Code: (966-1)  
Phone: 482 1260, ext. 32  
Fax: 482 0939  
E-Mail: ali\_s\_qahtani@hotmail.com

**KUW - Kuwait**

***Kuwait Swimming Association***

Hawally - Olympic Committee  
4th Floor, P.O. Box 5467 Safat  
13055 Kuwait City  
KUWAIT

Country Code: (965)  
Phone: 22611848, 261 1858  
Fax: 22662139, 22634615  
E-Mail: kuwaitswimming@hotmail.com  
boushehri12@hotmail.com  
Website: www.kuwaitswimming.com

**LAO - Lao Peoples' Dem. Rep.**

***Lao Swimming Federation***

006 Painan Street  
Ban Sysaket, Chanthabouly District  
Mailing Address :  
P.O. Box 2633  
Vientiane Capital  
LAO PEOPLE'S DEMOCRATIC REP.

Country & City Code: (856-21)  
Phone: 214894, 261 755  
Fax: 252099, 214894  
E-Mail: sphoenix@laotel.com  
seuthanom@laosoc.com  
Website: www.laosoc.com

**LIB - Lebanon**

***Fédération Libanaise de Natation***

Rimal, Zouk Mosbeh  
P.O. Box 311  
Jounieh  
LEBANON

Country & City Code: (961-9)  
Phone: 222 101  
Fax: 222 128  
E-Mail: lebswim@hotmail.com  
Website: www.flbna.org

**MAC - Macau, China**

***Associação de Natacao de Macau, China***

Avenida do General Castelo Branco  
Complexo Desportivo de Macau  
Macau  
MACAU, CHINA

Country Code: (853)  
Phone: 2826 0755  
Fax: 2826 0756  
E-Mail: anmacau@hotmail.com  
Website: www.macaunatacao.org.mo

**MAS - Malaysia**

***Amateur Swimming Union of Malaysia***

Pusat Akuatik Nasional  
Kompleks Sukan Negara, Bukit Jalil  
57700 Kuala Lumpur  
MALAYSIA

Country Code: (603)  
Phone: 8996 1755  
Fax: 8996 1758  
E-Mail: edwin@malaysiaswimming.org  
kelvin@stveamyx.com  
Website: www.malaysiaswimming.org

**MDV - Maldives**

***Swimming Association of Maldives***

National Stadium  
Shabnam Magu  
20102 Male  
MALDIVES

Country Code: (960)  
Phone: 332 3429  
Fax: 331 4206  
E-Mail: maldivesswim@gmail.com

## FEDERATIONS

### **MGL - Mongolia**

#### ***Mongolian Amateur Swimming Federation***

Youth Swimming Pool  
1st Horoo, Bayanzurkh Distict  
Mailing Address :  
P.O. Box 171  
46 Ulaanbaatar City  
MONGOLIA

Country Code: (976)  
Phone: 99080061, 70117093  
Fax: 11 325569  
E-Mail: msf@swim.mn  
Website: www.swim.mn

### **MYA - Myanmar**

#### ***Myanmar Swimming Federation***

National Swimming Pool  
U Wisara Road, Dagon, Township,  
11191 Yangon  
MYANMAR

Country Code: (951)  
Phone: 400209  
Fax: 639395, 548318  
E-Mail: myanmar.swimming@gmail.com  
zaykabar.coltd@gmail.com

### **NEP - Nepal**

#### ***Nepal Swimming Association***

G.P.O. Box 26401  
Mailing Address :  
International Sports Complex  
Swimming Pool, Satdobato, Lalitpur  
Kathmandu  
NEPAL

Country & City Code: (977-1)  
Phone: 4439111, 9851047333  
Fax: 4439111  
E-Mail: swim\_nepal@hotmail.com  
gm@falcon.com.np

### **OMA - Oman**

#### ***Oman Swimming Association***

P.O. Box 678,  
P.C. 112 Ruwi  
OMAN

Country Code: (968)  
Phone: 24706615, 247066171  
Fax: 24708788  
E-Mail: swimming@omantel.net.om  
oman.swimming@gmail.com

### **PAK - Pakistan**

#### ***Pakistan Swimming Federation***

Army Sports Gymnasium,  
Opposite ISPR Directorate  
Opposite ISPR Directorate  
Hilal Road  
46000 Rawalpindi  
PAKISTAN

Country Code: (92)  
Phone: 51 5583387  
Mobile: 3004265255  
Fax: 51 5581668  
E-Mail: majidwasim73@hotmail.com  
mwk\_71@yahoo.com  
pakblue@hotmail.com  
Website: www.pakswim.org

### **PHI - Philippines**

#### ***Philippine Aquatics Sports Associations Inc.***

RM. 201-B Philsports complex, Meralco Avenue,  
1600 Pasig City  
PHILIPPINES

Country Code: (32)  
Phone: 02 6877403  
Fax: 02 6873115  
E-Mail: mark@swimquest.com.ph  
pasainc@gmail.com  
Website: www.aquatics.ph

## FEDERATIONS

### **PLE - Palestine**

#### ***Palestinian Swimming Federation and Aquatic Sports***

Khaled Iben Waled St. 39  
Wadi ELJ02, P.O. Box 54598  
Jerusalem  
PALESTINE

Country & City Code: (972-2)  
Phone: 626 2539, 505 258 144  
Fax: 627 187  
E-Mail: info@palswim.org  
Website: www.palswim.org

### **PRK - D.P.R. Korea**

#### ***Amateur Swimming Association of D.P.R. Korea***

Kumsong-Dong 2  
Mangyongdae District, P.O. Box 56  
Pyongyang  
D.P.R KOREA

Country & City Code: (850-2)  
Phone: 18 111, ext. 8164  
Fax: 381 4403, 381 4410  
E-Mail: noc-kp@co.chesin.com

### **QAT - Qatar**

#### ***Qatar Swimming Association***

P.O. Box 19194,  
Doha  
QATAR

Country Code: (974)  
Phone: 4944218, 4943260  
Fax: 494 4221  
E-Mail: q\_swimming\_a@yahoo.com  
msheeb@olympic.qa  
Website: www.qatarswimming.org

### **SIN - Singapore**

#### ***Singapore Swimming Association***

Toa Payoh Swimming Complex  
301, Lorong 6 Toa Payoh  
319392 Singapore  
SINGAPORE

Country Code: (65)  
Phone: 6258 1011, 62584791  
Fax: 6258 4793  
E-Mail: contact@swimming.org.sg  
Website: www.swimming.org.sg

### **SRI - Sri Lanka**

#### ***Sri Lanka Aquatic Sports Union***

7A, Reid Avenue,  
CO 00700 Colombo 07  
SRI LANKA

Country & City Code: (94-11)  
Phone: 2682 078  
Fax: 2682 078  
E-Mail: secretary@aquatics.lk  
info@aquatics.lk  
Website: www.aquatics.lk

### **SYR - Syrian Arab Republic**

#### ***Syrian Arab Swimming and Aquatic***

Sports Federation  
Damascus - Baramkhee  
P.O. Box 421,  
Damascus  
SYRIAN ARAB REPUBLIKC

Country & City Code: (963-11)  
Phone: 213 1016, 2140045 - 6 - 7  
Fax: 213 1016, 2123346  
E-Mail: syroc@mail.sy  
syр.swimming@gsf-sport.com  
arsalilib@yahoo.com



## FEDERATIONS

### **THA - Thailand**

#### ***Thailand Swimming Association***

Ramkamhang Road  
286 Ratchamangala Room 223-4,  
10240 Bangkok  
THAILAND

Country & City Code: (66-2)

Phone: 3693680

Fax: 3693681

E-Mail: [tasa\\_org@yahoo.com](mailto:tasa_org@yahoo.com)  
[sara\\_sa1517@hotmail.com](mailto:sara_sa1517@hotmail.com)

Website: [www.tasa.or.th](http://www.tasa.or.th)

### **TJK - Tajikistan**

#### ***Swimming Federation of Tajikistan***

24 Aini Street, P.O. Box 2  
734025 Dushanbe  
TAJIKISTAN

Country Code: (992)

Phone: 372 216467, 372 217551

Fax: 372 510073

E-Mail: [nsf-rt@tojikiston.com](mailto:nsf-rt@tojikiston.com)  
[murhamadsho68@yahoo.com](mailto:murhamadsho68@yahoo.com)

### **TKM - Turkmenistan**

#### ***Water Sports Federation of Turkmenistan***

PO Box 798,  
744027 Ashgabat  
TURKMENISTAN

Country & City Code: (993-12)

Phone: 211169

Fax: 211169

E-Mail: [Krovvyakova\\_tkm@mail.ru](mailto:Krovvyakova_tkm@mail.ru)

### **TPE - Chinese Taipei**

#### ***Chinese Taipei Swimming Association***

No. 1, Lane 94, Chung-cheng 1st Road  
Lingya District,  
802 Kaohsiung  
CHINESE TAIPEI

Country & City Code: (886-7)

Phone: 716 2787, 716 2417

Fax: 716 2370

E-Mail: [ctsa.swimm@msa.hinet.net](mailto:ctsa.swimm@msa.hinet.net)  
Website: [www.swimming.org.tw](http://www.swimming.org.tw)

### **UAE - United Arab Emirates**

#### ***UAE Swimming Association***

Office 01&02, Mezzanine Floor, Silver Building  
Near Abu Hail Center, P.O. Box 8899  
Dubai  
UNITED ARAB EMIRATES

Country & City Code: (971-4)

Phone: 266 0016

Fax: 266 0946

E-Mail: [uaeswima@hotmail.com](mailto:uaeswima@hotmail.com)  
Website: [www.uaeswimming.org](http://www.uaeswimming.org)

### **UZB - Uzbekistan**

#### ***Uzbekistan Swimming Federation***

(Affiliated to FINA)  
Yunusobod, block 6, House 18, apt. 30  
P.O. Box 845  
Tashkent City 100123  
100188 Tashkent  
REPUBLIC OF UZBEKISTAN

Country Code: (998)

Phone: 93 3780211, 97 3339525

Fax: 71 2757369

E-Mail: [UZBswim@mail.ru](mailto:UZBswim@mail.ru)  
[gbugakov@mail.ru](mailto:gbugakov@mail.ru)

### **UZB - Uzbekistan**

#### ***Uzbekistan Synchronized Swimming Federation***

Chilanzar, block 9, house 1, apt. 94,  
100097 Tashkent  
REPUBLIC OF UZBEKISTAN

Country & City Code: (998-71)

Phone: 2457242

Fax: 2457242

E-Mail: [UZBsynchro@inbox.ru](mailto:UZBsynchro@inbox.ru)  
[galinasynchro@mail.ru](mailto:galinasynchro@mail.ru)

## FEDERATIONS

### **UZB - Uzbekistan**

#### ***Uzbekistan Water Polo Federation***

17 Murtazaeva str.  
100107 Tashkent  
REPUBLIC OF UZBEKISTAN

Country Code: (998)

Phone: 71 2346921, 97 1576249

E-Mail: brustamov@mail.ru

### **VIE - Vietnam**

#### ***Vietnam Aquatic Sports Association***

R. 408  
36 Tran Phu,  
Hanoi  
VIETNAM

Country & City Code: (84-4)

Phone: 38234553, 37472073

Fax: 37339314

E-Mail: vasa@fpt.vn

Website: www.vasa.vn

### **YEM - Yemen**

#### ***Yemen Swimming & Aquatics Federation***

P.O. Box 2672, Al. Shawkani Street,  
Near Yemen & Gulf Bank (AL Dufai Building)  
Sanaa  
YEMEN

Country Code: (967)

Phone: 1 513801, 777781775

Fax: 1 513801, 2 820856

E-Mail: yemeni.swimming@yahoo.com

Gamal.alaw@yahoo.com

## EUROPE

### **ALB - Albania**

#### ***Albanian Swimming Federation***

Str. Dervish Hima, Nr. 31,  
Tirana  
ALBANIA

Country & City Code: (355-4)

Phone: 2224643

Fax: 2224643

E-Mail: albswimfed@yahoo.com

### **AND - Andorra**

#### ***Federació Andorrana de Natació***

Casal de L'Esport  
Baixada del Moli 31-35,  
AD 500 Andorra La Vella  
ANDORRA

Country Code: (376)

Phone: 890371

Fax: 890356, 890359

E-Mail: fan@fan.ad

Website: www.fan.com

### **ARM - Armenia**

#### ***Water Kind Sports Association & Swimming Federation of Armenia***

(Affiliated to FINA)  
9 Abovyan Street,  
0001 Yerevan  
ARMENIA

Country Code: (374)

Phone: 10 254394, 94 387388

Fax: 10 457094

E-Mail: asf@armenia.com

### **ARM - Armenia**

#### ***Diving Federation of Armenia***

Movses Khorenatsi by st. 1, N°1  
010 Yerevan  
ARMENIA

Country & City Code: (374-10)

Phone: 541 155

Fax: 541 155

E-Mail: divingrobert@netsys.am

**ARM - Armenia*****Synchronised Swimming  
Federation of Armenia***

Gughai Str. 25-27, 1st Nozk Massiv,  
3750056 Yerevan  
ARMENIA

Country & City Code: (374-10)  
Phone: 633591, 489984  
Fax: 526291, 226924  
E-Mail: atavrizyan@yahoo.com

**ARM - Armenia*****Water Polo Federation of Armenia***

9, A Boyyan Str.  
Room 216,  
0001 Yerevan  
ARMENIA

Country & City Code: (374-10)  
Phone: 522853  
Fax: 526529  
E-Mail: eduard\_mantashyan@yahoo.com

**AUT - Austria*****Österreichischer Schwimmverband***

Braunhubergasse 21/G6/2  
1110 Vienna  
AUSTRIA

Country & City Code: (43-1)  
Phone: 7498194  
Fax: 7498195  
E-Mail: office@schwimmverband.at  
Website: www.osv.or.at

**AZE - Azerbaijan*****Azerbaijan Swimming Federation***

32, R. Beybutova Str.  
AZ 1014 Baku City  
AZERBAIJAN

Country & City Code: (994-12)  
Phone: 493 1771  
Fax: 493 1771  
E-Mail: isaliyev@nba.az

**BEL - Belgium*****Fédération Royale Belge de Natation***

28, Rue du Chevreuil  
1000 Bruxelles  
BELGIUM

Country & City Code: (32-2)  
Phone: 513 8708  
Fax: 513 3468  
E-Mail: info@belswim.be  
Website: www.belswim.be

**BIH - Bosnia and Herzegovina*****Swimming Association of Bosnia  
and Herzegovina***

Kaldrma 17,  
75000 Tuzla  
BOSNIA AND HERZEGOVINA

Country Code: (387)  
Phone: 35 305 036, 61 729 000  
Fax: 35 250 018  
E-Mail: senad.salkic@bih.net.ba  
senad.salkic@tet.ba

**BLR - Belarus*****Swimming Federation of Belarus***

Surganova Str. 2,  
220112 Minsk  
BELARUS

Country & City Code: (375-172)  
Phone: 922441, 927279  
Fax: 9224414, 926528  
E-Mail: info@belarusaquatics.com  
Website: www.belarusaquatics.com

**BUL - Bulgaria*****Bulgarian Swimming Federation***

(Affiliated to FINA)  
75 Vassil Levski Blvd,  
1040 Sofia  
BULGARIA

Country & City Code: (359-2)  
Phone: 9300 617, 9300 618  
Fax: 986 2094  
E-Mail: bgr\_swimm17@hotmail.com  
bgr\_swimm17@yahoo.com  
Website: www.bul-swimming.org

**BUL - Bulgaria*****Bulgarian Water Polo Federation***

75 Vassil Levski Blvd,  
1040 Sofia  
BULGARIA

Country & City Code: (359-2)  
Phone: 9819 184, 9300 639  
Fax: 9819 184, 9815 728  
E-Mail: bulwpfed@mail.bg  
Website: www.waterpolo-bg.com

**CRO - Croatia*****Croatia Swimming Association***

(Affiliated to FINA)  
TRG Kresimiria Cosica 11  
10000 Zagreb  
CROATIA

Country & City Code: (385-1)  
Phone: 301 2338, 301 2339  
Fax: 301 2337  
E-Mail: hps01@globalnet.hr  
info@croswim.org  
Website: www.croswim.org

**CRO - Croatia*****Croatia Water Polo***

Savska 41 (zagrepcanka),  
10000 Zagreb  
CROATIA

Country & City Code: (385-1)  
Phone: 301 2308, 301 2306  
Fax: 301 2311  
E-Mail: vaterpolo@hvs.hr  
Website: www.hvs.hr

**CYP - Cyprus*****Cyprus Swimming Federation***

21 Amhipoleos street, Strovolos,  
2025 Nicosia  
P.O. Box 23931  
1687 Nicosia  
CYPRUS

Country & City Code: (357-22)  
Phone: 449840,  
Fax: 449842  
E-Mail: koek@logos.cy.net  
Website: www.koek.org.cy

**CZE - Czech Republic*****Czech Swimming Federation***

(Affiliated to FINA)  
Zátokova 100/2  
16017 Praha 6  
CZECH REPUBLIC

Country Code: (420)  
Phone: 220512639  
Fax: 220513278  
E-Mail: swimming@cstv.cz  
Website: http://plavani.cstv.cz/

**CZE - Czech Republic*****Czech Water Polo Federation***

Zátokova 100/2 PS 40,  
16017 Praha  
CZECH REPUBLIC

Country Code: (420)  
Phone: 257222577, 777572225  
Fax: 257222577  
E-Mail: vodni.polo@cstv.cz  
Website: www.waterpolo.cz

**DEN - Denmark*****Danish Swimming Federation***

Ryttergaardsvej 118, 2,  
3520 Farum  
DENMARK

Country Code: (45)  
Phone: 44394450  
Fax: 44394460  
E-Mail: svoem@svoem.dk  
Website: www.svoem.dk

**ESP - Spain*****Royal Spanish Swimming Federation***

Centro de Natación M'86  
C/ Juan Esplandiú 1  
28007 Madrid  
SPAIN

Country & City Code: (34-91)  
Phone: 5572006, 5572009  
Fax: 4097062, 5045479  
E-Mail: rfen@rfen.es  
Website: www.rfen.es

## FEDERATIONS

### **EST - Estonia**

#### ***Estonian Swimming Federation***

Pirita Tee 12  
10127 Tallinn  
ESTONIA

Country Code: (372)

Phone: 603 1530, 5218092

E-Mail: [estswim@swimming.ee](mailto:estswim@swimming.ee)

Website: [www.swimming.ee](http://www.swimming.ee)

### **FAR - Faroe Islands**

#### ***Faroese Swimming Association***

P.O. Box 1329  
110 Torshavn  
FAROE ISLANDS

Country & City Code: (298-3)

Phone: 17559

Fax: 17 559

E-Mail: [svimfor@olivant.fo](mailto:svimfor@olivant.fo)

Website: [www.ssf.fo](http://www.ssf.fo)

### **FIN - Finland**

#### ***Finnish Swimming Association***

Hämeentie 105 A  
FIN 00550 Helsinki  
FINLAND

Country Code: (358)

Phone: 44 5490 300

Fax: 9 58400496

E-Mail: [finnish.swimming@uimaliitto.fi](mailto:finnish.swimming@uimaliitto.fi)  
[krista.tenhunen@uimaliitto.fi](mailto:krista.tenhunen@uimaliitto.fi)

Website: [www.uimaliitto.fi](http://www.uimaliitto.fi)

### **FRA - France**

#### ***Fédération Française de Natation***

148, Avenue Gambetta  
75980 Paris Cedex 20  
France

Country & City Code: (33-1)

Phone: 40311770

Fax: 40311990

E-Mail: [ffn@ffnatation.fr](mailto:ffn@ffnatation.fr)

Website: [www.ffnatation.fr](http://www.ffnatation.fr)

### **GBR - Great Britain**

#### ***British Swimming Ltd***

Harold Fern House  
Derby Square,  
LE11 5AL Loughborough, Leicestershire  
GREAT BRITAIN

Country & City Code: (44-1509)

Phone: 618 700

Fax: 618 701

E-Mail: [jane.nickerson@swimming.org](mailto:jane.nickerson@swimming.org)  
[Jane.Sheard@swimming.org](mailto:Jane.Sheard@swimming.org)

Website: [www.britishswimming.org](http://www.britishswimming.org)

### **GEO - Georgia**

#### ***Georgian Aquatic Sports National Federation***

49a, Chavchavadze Avenue  
0177 Tbilisi  
1 Melikismvili Str.  
0170 Tbilisi  
GEORGIA

Country Code: (995)

Phone: 99 234001

Fax: 32 553319, 32 553418

E-Mail: [geo.swim.fed@mail.ru](mailto:geo.swim.fed@mail.ru)  
[mssl@caucasus.net](mailto:mssl@caucasus.net)  
[sb@mediahouse.ge](mailto:sb@mediahouse.ge)  
[sbitadze@hotmail.com](mailto:sbitadze@hotmail.com)

### **GER - Germany**

#### ***Deutscher Schwimm-Verband e.V.***

Korbacher Str. 93  
34132 Kassel  
GERMANY

Country & City Code: (49-561)

Phone: 94083 0

Fax: 94083 55

E-Mail: [info@dsv.de](mailto:info@dsv.de)

Website: [www.dsv.de](http://www.dsv.de)

## FEDERATIONS

### **GIB - Gibraltar**

#### ***Gibraltar Amateur Swimming Association***

10 Europort Avenue

P.O. Box 284,

Gibraltar

GIBRALTAR

Country Code: (350)

Phone: 72869

Fax: 79324

E-Mail: gasa@gibtelecom.net

### **GRE - Greece**

#### ***Hellenic Swimming Federation***

1st Entrance Former West Airport,

167 77 Hellinikon

GREECE

Country & City Code: (30-210)

Phone: 9851020

Fax: 985 0964

E-Mail: president@koe.org.gr

Website: www.koe.org.gr

### **HUN - Hungary**

#### ***Hungarian Swimming Association***

(Affiliated to FINA)

Árpád Fejedelem Útja 8,

1023 Budapest

HUNGARY

Country & City Code: (36-1)

Phone: 3261584

Fax: 3155195

E-Mail: musz@musz.hu

Website: www.musz.hu

### **HUN - Hungary**

#### ***Hungarian Diving Federation***

Margitsziget, Hajós Alfréd Sportuszoda,

1138 Budapest

HUNGARY

Country & City Code: (36-1)

Phone: 340 4504

Fax: 340 4504

E-Mail: hda@chello.hu

Website: www.muugras.hu

### **HUN - Hungary**

#### ***Hungarian Synchronized Swimming Federation***

Árpád Fejedelem Útja 8,

1023 Budapest

HUNGARY

Country & City Code: (36-1)

Phone: 326 3581

Fax: 3155195

E-Mail: hngarian.synchro@axelero.hu

### **HUN - Hungary**

#### ***Hungarian Water Polo Federation***

Margitsziget, Hajós Alfréd Sportuszoda,

1112 Budapest

HUNGARY

Country Code: (36)

Phone: 70 9433933, 70 9433932

Fax: 1 3155195

E-Mail: www.msusz.hu

Website: www.msusz.hu

### **IRL - Ireland**

#### ***Swim Ireland***

Sport HQ, 13 Joyce Way, Parkwest,

Dublin 12

IRELAND

Country & City Code: (353-1)

Phone: 6251120

Fax: 6251121

E-Mail: admin@swimireland.ie

Website: www.swimireland.ie

### **ISL - Iceland**

#### ***Icelandic Swimming Association***

Engjavegur 6,

104 Reykjavik

ICELAND

Country Code: (354)

Phone: 514 4070, 7706066

Fax: 514 4071

E-Mail: sundsamband@sundsamband.is

Website: www.sundsamband.is

## FEDERATIONS

### **ISR - Israel**

#### ***Israel Swimming Association***

(Affiliated to FINA)

Wingate Institute,  
42902 Netanya  
ISRAEL

Country & City Code: (972-9)

Phone: 8851970, 8639464

Fax: 8851969

E-Mail: [iswima@bezeqint.net](mailto:iswima@bezeqint.net)

Website: [www.isa.one.co.il](http://www.isa.one.co.il)

### **ISR - Israel**

#### ***Israel Synchronised Swimming Association***

Wingate Institute,  
42902 Netanya  
ISRAEL

Country & City Code: (972-9)

Phone: 8851970, 8639464

Fax: 8851969

E-Mail: [iswima@bezeqint.net](mailto:iswima@bezeqint.net)

Website: [www.isa.one.co.il](http://www.isa.one.co.il)

### **ISR - Israel**

#### ***Israel Water Polo Association***

Wingate Institute  
42902 Netanya  
ISRAEL

Country Code: (972)

Phone: 9 8854325

E-Mail: [wpassil@netvision.net.il](mailto:wpassil@netvision.net.il)

### **ITA - Italy**

#### ***Italian Swimming Federation***

Stadio Olimpico - Curva Nord,  
00135 Rome  
ITALY

Country & City Code: (39-06)

Phone: 36200406, 36200401

Fax: 3620 0003, 36200400

E-Mail: [international@federnuoto.it](mailto:international@federnuoto.it)  
[presidenza@federnuoto.it](mailto:presidenza@federnuoto.it)

Website: [www.federnuoto.it](http://www.federnuoto.it)

### **LAT - Latvia**

#### ***Swimming Federation of Latvia***

Kipsalas 5,  
1048 Riga  
LATVIA

Country & City Code: (371)

Phone: 26030757, 29206129

Fax: 67089177

E-Mail: [info@swimming.lv](mailto:info@swimming.lv)  
[latswim@one.lv](mailto:latswim@one.lv)

Website: [www.swimming.lv](http://www.swimming.lv)

### **LIE - Liechtenstein**

#### ***Liechtensteiner Schwimmverband***

Postfach 746  
9490 Vaduz  
LIECHTENSTEIN

Country Code: (423)

Phone: 232 9497

E-Mail: [praesident@lschv.li](mailto:praesident@lschv.li)

Website: [www.lschv.li](http://www.lschv.li)

### **LTU - Lithuania**

#### ***Lithuanian Swimming Federation***

(Affiliated to FINA)  
Žemaitės Str. 6  
3117 Vilnius  
LITHUANIA

Country & City Code: (370-5)

Phone: 233 9288

Fax: 233 9288

E-Mail: [info@ltuswimming.com](mailto:info@ltuswimming.com)

Website: [www.ltuswimming.com](http://www.ltuswimming.com)

### **LTU - Lithuania**

#### ***Lithuanian Water Polo Federation***

Žemaitės Str. 6  
3117 Vilnius  
LITHUANIA

Country & City Code: (370-5)

Phone: 231 0935

Fax: 231 0935

E-Mail: [vandensvydis@gmail.com](mailto:vandensvydis@gmail.com)

Website: [www.lvfed.lt](http://www.lvfed.lt)

## FEDERATIONS

### **LUX - Luxembourg**

#### ***Fédération Luxembourgeoise de Natation et de Sauvetage***

Maison des Sports  
Route d'Arlon No 3,  
8009 Strassen  
LUXEMBOURG

Country Code: (352)  
Phone: 43 50 89  
Fax: 42 91 14  
E-Mail: flns@flns.lu  
Website: www.flns.lu

### **MDA - Republic of Moldova**

#### ***Water Kind of Sports Federation of the Republic of Moldova***

(Affiliated to FINA)  
Str. A. Doga 26,  
2024 Chisinau  
REPUBLIC OF MOLDOVA

Country Code: (373)  
Phone: 22 438708  
Fax: 22 438708  
E-Mail: swimming.md@gmail.com  
a\_tudose@mail.ru  
Website: www.swimmingmoldova.org

### **MDA - Republic of Moldova**

#### ***Water Polo Federation of Moldova***

Str. Sciușev 96  
2012 Chisinau  
REPUBLIC OF MOLDOVA

Country Code: (373)  
Phone: 22 234763, 79 403181  
Fax: 22 234266  
E-Mail: waterpolo@waterpolomd.com  
Vit427@mail.ru  
Website: www.waterpolomd.com

### **MKD - Former Yugoslav Rep. of Macedonia *Swimming & Water Polo Federation of the Republic of Macedonia***

Ul. Kapistec Br. 1A,  
1000 Skopje  
FORMER YUGOSLAV REP. OF MACEDONIA

Country Code: (389)  
Phone: 2 3109775  
Fax: 2 3120402  
E-Mail: office@pvsm.com.mk  
ana@vista.com.mk  
stefan@pvsm.com.mk  
Website: www.pvsm.com.mk

### **MLT - Malta**

#### ***Aquatic Sports Association of Malta***

National Swimming Pool Complex  
Maria Teresa Spinelli Street,  
1711 Gzira  
MALTA

Country & City Code: (356-21)  
Phone: 322884, 99428170  
Fax: 347625  
E-Mail: asaofmalta@vol.net.mt  
rdamato@nvol.net  
Website: www.asaofmalta.org

### **MNE - Republic of Montenegro *Montenegro Swimming Federation***

Njegoseva 166,  
85340 Herceg Novi  
REPUBLIC OF MONTENEGRO

Country Code: 382  
Phone: 31 324 200  
Fax: 31 324 200  
E-Mail: federation@wpolomne.org  
Website: www.wpolomne.org

### **MON - Monaco**

#### ***Fédération Monégasque de Natation***

Stade Louis II - 7 Avenue des Castelans,  
98000 Monaco  
PRINCIPAUTE DE MONACO

Country & City Code: (377)  
Phone: 9205 4059  
Fax: 9205 4069  
E-Mail: fedmonat@monaco.com



## FEDERATIONS

### **NED - Netherlands**

#### ***Koninklijke Nederlandse Zwembond***

Wattbaan 31-49  
3439 Nieuwegein  
NETHERLANDS

Country & City Code: (31-30)

Phone: 751 3200

Fax: 7513201

E-Mail: info@KNZB.nl

Website: www.KNZB.nl

### **NOR - Norway**

#### ***Norwegian Swimming Federation***

Sognsveien 75L  
Ullevål Stadion  
0855 Oslo  
NORWAY

Country Code: (47)

Phone: 21029000

Fax: 2102 9671

E-Mail: post@svomming.no

Website: www.svomming.no  
www.medley.no

### **POL - Poland**

#### ***Polish Swimming Federation***

ul. Marymoncka 34, Skr. Pocztowa 37,  
01-813 Warszawa  
POLAND

Country & City Code: (48-22)

Phone: 835 3589, 8353983

Fax: 8353983

E-Mail: polswim@wp.pl

polswimlcris@wp.pl  
Website: www.polswim.pl

### **POR - Portugal**

#### ***Portuguese Swimming Federation***

Morada do Complexo do Jamor, Estrada da Costa,  
1495-688 Cruz Quebrada  
PORTUGAL

Country & City Code: (351-21)

Phone: 4158190, 4158191

Fax: 4191739

E-Mail: secretaria@fpnatacao.pt

Website: www.fpnatacao.pt

### **ROU - Romania**

#### ***Romanian Swimming & Modern Pentathlon Federation***

(Affiliated to FINA)  
Sector 2, Str. Maior Ion Coravu nr. 34-36,  
021972 Bucarest  
ROMANIA

Country & City Code: (40-21)

Phone: 324 9812, 3249235

Fax: 324 9235, 3249812

E-Mail: frnpm@swimming.ro

Website: www.swimming.ro

### **ROU - Romania**

#### ***Romanian Water Polo Federation***

Vasile Conta 16 / floor 5 / sector 2,  
020954 Bucarest  
ROMANIA

Country & City Code: (40-21)

Phone: 317 0917, 3170918

Fax: 317 0918

E-Mail: office@frpolo.ro

Website: www.frpolo.ro

### **RUS - Russia**

#### ***All-Russian Swimming Federation***

(Affiliated to FINA)  
Luzhnetskaya Nab. 8  
Office 434,  
119991 Moscow  
RUSSIA

Country & City Code: (7-495)

Phone: 725 4707, 725 4588

Fax: 6370167, 7254707

E-Mail: swimming@roc.ru

Website: www.russwimming.ru

## FEDERATIONS

### **RUS - Russia**

#### ***Russian Synchronized Swimming Federation***

Luzhnetskaya Nab. 8,  
119992 Moscow  
RUSSIA

Country & City Code: (7-495)  
Phone: 725 4720, 637 0216  
Fax: 725 4720, 6370216  
E-Mail: russiansynchro@roc.ru  
Website: www.synchrorussia.ru

### **RUS - Russia**

#### ***Russia's Diving Federation***

Luzhnetskaya Nab. 8,  
119991 Moscow  
RUSSIA

Country & City Code: (7-495)  
Phone: 725 4718  
Fax: 725 4718  
E-Mail: diving@roc.ru

### **RUS - Russia**

#### ***Water Polo Federation of Russia***

Luzhnetskaya Nab. 8,  
119992 Moscow  
RUSSIA

Country & City Code: (7-495)  
Phone: 637 0633, 637 0023  
Fax: 637 0152, 725 4700  
E-Mail: waterpolo@roc.ru  
Website: www.waterpolo.ru

### **SLO - Slovenia**

#### ***Plavalna Zveza Slovenije***

(Affiliated to FINA)  
Celovska 25  
1000 Ljubljana  
SLOVENIA

Country & City Code: (386-1)  
Phone: 239 66 20, 239 66 21  
Fax: 239 6622  
E-Mail: info@plavalna-zveza.si  
Website: www.plavalna-zveza.si

### **SLO - Slovenia**

#### ***Slovenia Water Polo***

Partizanska 37  
4000 Kranj  
SLOVENIA

Country & City Code: (386-4)  
Phone: 201 4437  
Fax: 201 4439  
E-Mail: info@vaterpolska-zveza.si  
Website: www.vaterpolska-zveza.si

### **SMR - San Marino**

#### ***Federazione Sammarinese Nuoto***

Via 28° Luglio, 170  
47893 Borgo Maggiore  
REPUBBLICA DI SAN MARINO

Country & City Code: (378-0549)  
Phone: 885635, 907758  
Fax: 906262, 885636  
E-Mail: fsn@omniway.sm  
Website: www.fsn.sm

### **SRB - Republic of Serbia**

#### ***Swimming Federation of Serbia***

(Affiliated to FINA)  
Deligadska 27,  
11000 Belgrade  
REPUBLIC OF SERBIA

Country & City Code: (381-11)  
Phone: 365 10 51, 268 29 52  
Fax: 268 29 52  
E-Mail: office@serbia-swim.org.rs  
sasa.mircetic@serbia-swim.org.rs  
vlada.djordjevic@serbia-swim.org.rs  
Website: www.serbia-swim.org.rs

### **SRB - Republic of Serbia**

#### ***Water Polo Federation of Serbia***

Smetanina 2 Str.,  
11000 Belgrade  
REPUBLIC OF SERBIA

Country & City Code: (381-11)  
Phone: 2668657, 266634  
Fax: 2668 634, 2668 657  
E-Mail: office@swpf.net  
Website: www.waterpoloserbia.org

## FEDERATIONS

**SRB - Republic of Serbia**  
***Serbian Diving Association***

Beogradskog Bataljona 25  
11030 Belgrade  
REPUBLIC OF SERBIA

Country Code: (381)  
Phone: 11 2547275, 16 3605814  
Fax: 11 25472785  
E-Mail: advristic@yubc.net  
tatjana.nikolic@sbb.co.yu  
tatjana.nikolic@effectasolution.com  
vukan73@infosky.net  
diving@ub2009.org

**SUI - Switzerland**  
***Fédération Suisse de Natation***

Haus des Sports  
Postfach 606,  
3000 Bern 22  
SWITZERLAND

Country & City Code: (41-31)  
Phone: 359 7272  
Fax: 359 7279  
E-Mail: admin@fsn.ch  
Website: www.fsn.ch

**SVK - Slovakia**  
***Slovak Swimming Federation***

(Affiliated to FINA)  
Junacka 6,  
83280 Bratislava  
SLOVAKIA

Country & City Code: (421-2)  
Phone: 492 49 140, 49249236  
Fax: 492 49 555, 492 49 536  
E-Mail: spf@slovanet.sk  
sekretariat-spf@slovanet.sk  
Website: www.swimmsvk.sk

**SVK - Slovakia**  
***Slovak Water Polo Federation***

Junacka 6,  
83280 Bratislava  
SLOVAKIA

Country & City Code: (421)  
Phone: 2 442 50 661, 24924 9268  
Fax: 24445 3112  
E-Mail: szvp@netax.sk  
Website: www.szvp.sk

**SWE - Sweden**  
***Swedish Swimming Federation***

Smidesvägen 5,  
17141 Solna  
SWEDEN

Country & City Code: (46-8)  
Phone: 6274 000  
Fax: 7246 861  
E-Mail: info@simforbundet.se  
Website: www.simforbundet.se

**TUR - Turkey**  
***Turkish Swimming Federation***

(Affiliated to FINA)  
GSGM Yuzme Fed. BSK 7. Kat Ulus  
06060 Ankara  
TURKEY

Country & City Code: (90-312)  
Phone: 310 7621, 3100905  
Fax: 309 3624  
E-Mail: turkswimming@yahoo.com  
Website: www.tryuzme.com

**TUR - Turkey**  
***Turkish Water Polo Federation***

Ulus Ishani A Blok Kat 2 Ulus  
06430 Ankara  
TURKEY

Country & City Code: (90-312)  
Phone: 311 4792  
Fax: 311 47 83  
E-Mail: sutopu@gsgm.gov.tr  
Website: www.sutopu.gov.tr

## FEDERATIONS

### **UKR - Ukraine**

#### ***Ukrainian Swimming Federation***

42, Esplanadna Str., Off 510

01601 Kiev

UKRAINE

Country & City Code: (380-44)

Phone: 289 4211, 2843843

Fax: 289 4211, 2843843

E-Mail: fed@swimukr.relc.com

Website: www.swimukraine.org.ua

## OCEANIA

### **ASA - American Samoa**

#### ***American Samoa Swimming Association***

P.O. Box 3298,

AS 96799 Pago Pago

AMERICAN SAMOA

Country & City Code: (1 - 684)

Phone: 258 1772, 699 8855

Fax: 699 3620, 6998866

E-Mail: swimming.asa@gmail.com

erika@archaeologist.com

Website: www.oceaniasport.com/asswimming

### **AUS - Australia**

#### ***Swimming Australia Ltd***

(Affiliated to FINA)

Unit. 12, 7 Beissel St.

Belconnen Act, P.O. Box 3286

2617 Belconnen Act

AUSTRALIA

Country & City Code: (61-2)

Phone: 6219 5600

Fax: 6219 5606

E-Mail: swim@swimming.org.au

Website: www.swimming.org.au

### **AUS - Australia**

#### ***Masters Swimming Australia***

Sport House, Level 2

375 Albert Street,

3206 Albert Park, VIC

AUSTRALIA

Country & City Code: (61-3)

Phone: 96825666,

Fax: 96825444

E-Mail: ceo@mastersswimming.org.au

info@mastersswimming.org.au

Website: www.mastersswimming.org.au

### **AUS - Australia**

#### ***Diving Australia Inc.***

Brisbane Aquatic Centre

Corner Old Cleveland & Tilly Road

Chandler

4155 Brisbane

P.O. Box 23

Carina 4152, QLD

AUSTRALIA

Country & City Code: (61-7)

Phone: 3823 1444

Fax: 3823 1363

E-Mail: mgodden@ausport.gov.au

Website: www.diving.asn.au

### **AUS - Australia**

#### ***Synchronized Swimming Australia Inc.***

6 Efron Street,

3131 Nunawading, Victoria

AUSTRALIA

Country & City Code: (61-3)

Phone: 9877 4623

Fax: 9877 4623

E-Mail: synchro@ihug.com.au

Website: www.synchro.org.au

## FEDERATIONS

### **AUS - Australia**

#### ***Australian Water Polo Inc.***

7/29 Lincoln Street, P.O. Box 60  
7015 Lindisfarne, Tasmania  
AUSTRALIA

Country & City Code: (61-3)

Phone: 6216 8999

Fax: 6216 8990

E-Mail: awpi@australianwaterpolo.com.au

Website: www.australianwaterpolo.com.au

### **COK - Cook Islands**

#### ***Cook Islands Aquatics Federation***

P.O. Box 642,  
Avaruga, Rarotonga  
COOK ISLANDS

Country Code: (682)

Phone: 55547

Fax: 23385

E-Mail: romani@oyster.net.ck

### **FIJ - Fiji**

#### ***Amateur Swimming Association of Fiji***

P.O. Box 2285  
Government Buildings  
Suva  
FIJI

Country Code: (679)

Phone: 3302140

Mobile: 9997737

Fax: 3302082, 3302082

E-Mail: peterhowardfiji@yahoo.com

Website: www.fijiswimming.com

### **FSM - Federated States of Micronesia**

#### ***Federated States of Micronesia***

#### ***Swimming Association***

3<sup>rd</sup> Fl. Pohnpei Congress Bld. Namiki Street  
96941 Kolonia, Pohnpei  
P.O. Box PS 319  
96941 Palikir  
FEDERATED STATES OF MICRONESIA

Country & City Code: (691-320)

Phone: 8914

Fax: 8915

E-Mail: fsmnocsd@mail.fm

Website:

www.oceaniaisport.com/fsm/swimming

### **GUM - Guam**

#### ***Guam Swimming Federation***

P.O. Box 1073  
GU 96932 Hagatna  
GUAM

Country & City Code: (1-671)

Phone: 6897946

Fax: 472 8150

E-Mail: gretad\_1961@yahoo.com

dok54@yahoo.com

### **MHL - Marshall Islands**

#### ***Marshall Islands Swimming Federation***

420 Taro Street  
96555 Apo AP  
P.O. Box 194  
Apo AP 96555  
USA

Country & City Code: (1-805)

Phone: 355 3500

Fax: 355 8186

E-Mail: sarah.stepchew@gmail.com

## FEDERATIONS

### **NMA - Northern Mariana Islands**

#### ***Northern Mariana Islands Swimming Federation***

P.O. Box 503492,  
96950 Saipan, MP  
NORTHERN MARIANA ISLANDS

Country & City Code: (1-670)

Phone: 2343459

Fax: 2343457

E-Mail: arcnmi@pticom.com  
nmiswimmingfed@gmail.com

### **NZL - New Zealand**

#### ***Aquatics New Zealand***

(Affiliated to FINA)  
17 Antares Place, P.O. Box 302 145  
North Harbour  
0751 North Shore City  
NEW ZEALAND

Country & City Code: (64-9)

Phone: 477 2034

Fax: 477 2061

E-Mail: office@waterpolo.org.nz

### **NZL - New Zealand**

#### ***Synchronized Swimming New Zealand***

Sue Edwards  
Private Bag 424  
7250 Picton  
NEW ZEALAND

Country & City Code: (64-3)

Phone: 62372533, 579 9755

Fax: 5799756

E-Mail: suedwards@clear.net.nz  
bron.sync@vodafone.co.nz

Website: www.nzsynchro.co.nz

### **NZL - New Zealand**

#### ***New Zealand Water Polo***

17 Antares Place, P.O. Box 302 145  
North Harbour  
0751 North Shore City  
NEW ZEALAND

Country & City Code: (64-9)

Phone: 477 2034

Fax: 477 2061

E-Mail: office@waterpolo.org.nz  
Website: www.waterpolo.org.nz

### **NZL - New Zealand**

#### ***Diving New Zealand***

P.O. Box 9976  
Newmarket, c/o APT AF  
1 George Street  
Newmarket  
1149 Auckland  
NEW ZEALAND

Country Code: (64)

Phone: 9 5294595, 21 880691

E-Mail: rewert@orcon.net.nz  
lindsaystone@xtra.co.nz

Website: www.divingnewzealand.co.nz

### **NZL - New Zealand**

#### ***New Zealand Masters Swimming Inc.***

18 Toroa Street,  
3120 Whakatane  
NEW ZEALAND

Country & City Code: (64-7)

Phone: 3087185, 212500556

Fax: 3086453

E-Mail: roger.eagles@eagles-eagles.co.nz  
secretary@nzmastersswimming.org.nz  
m.bodger@extra.co.nz

Website: www.nzmastersswimming.org.nz

## FEDERATIONS

### **NZL - New Zealand**

#### ***Swimming New Zealand***

P.O. Box 38346, Physical address :  
Pelorus Trust Sport House  
93 Hutt Park Road  
Seaview, Lower Hutt  
6140 Wellington Mail Centre 5012  
NEW ZEALAND

Country & City Code: (64-4)

Phone: 560 0345, 5600348

Fax: 560 0400

E-Mail: sport@swimmingnz.org.nz

mike@swimmingnz.org.nz

ceo@swimmingnz.org.nz

sandra@swimmingnz.org.nz

info@swimmingnz.org.nz

Website: www.swimmingnz.org.nz

### **PLW - Palau**

#### ***Palau Swimming Association***

P.O. Box 155  
96940 Koror  
REPUBLIC OF PALAU

Country Code: (680)

Phone: 488 6562, 4884491

Fax: 488 6563

E-Mail: pnoc@palaunet.com

Website: www.oceaniasports.com/palau

### **PNG - Papua New Guinea**

#### ***Papua New Guinea Swimming, Inc.***

Theodist Limited  
Hohola, National Capital District  
Waigani Drive,  
P.O. Box 5549  
Boroko, National Capital District  
PAPUA NEW GUINEA

Country Code: (675)

Phone: 325 8573, 325 6500

Fax: 325 8573, 325 8829

E-Mail: wells@daltron.com.pg

Website: www.oceaniasport.com

### **SAM - Samoa**

#### ***Samoa Swimming Association***

P.O. Box 3660,  
Apia  
SAMOA

Country Code: (685)

Phone: 20842, 7771930

Fax: 20843

E-Mail: akeripa@lesamoa.net

paloloseiuli@yahoo.com

kerrie@ipa.com.ws

### **TAH - Tahiti**

#### ***Fédération Tahitienne de Natation***

Piscine Municipale de Tipaerui, P.O. Box 1794  
98713 Papeete  
TAHITI

Country Code: (689)

Phone: 438 990

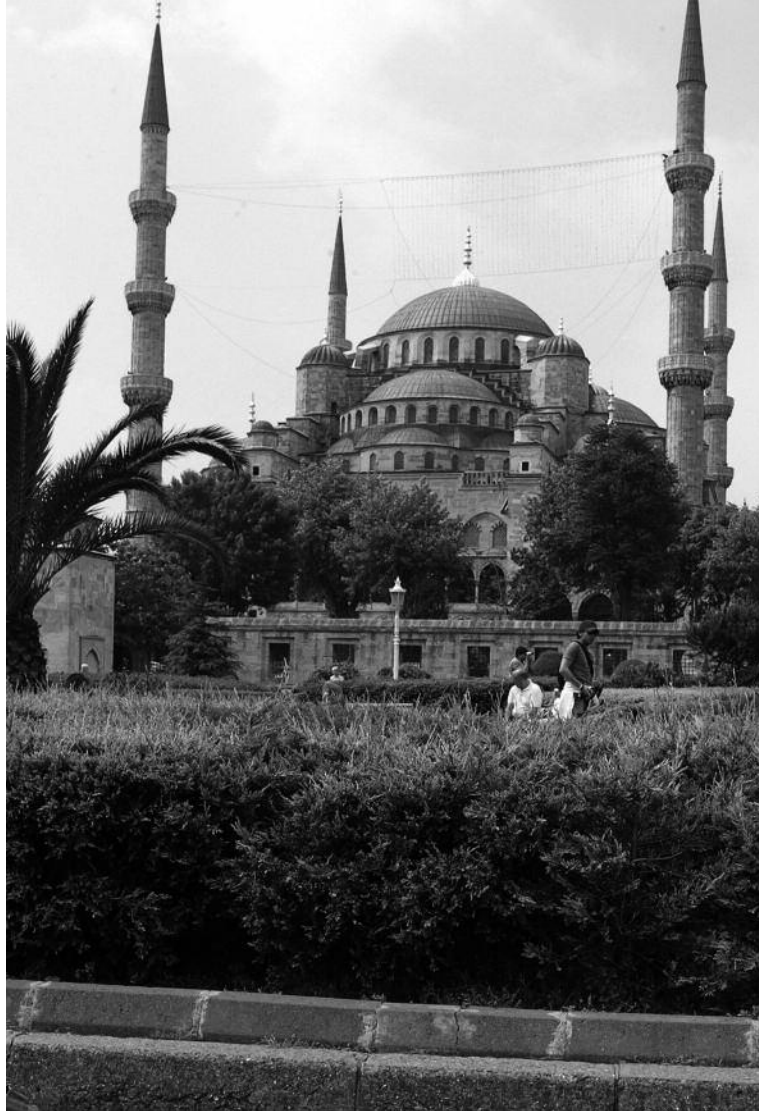
Fax: 438 990

E-Mail:

federationtahitiennedenatation@gmail.com

Website:

www.federationtahitiennedenatation.pf



*11<sup>th</sup> FINA World Swimming Championships (25m) 2012*  
**Istanbul (TUR)**



# PART II

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# CONSTITUTION

FINA is the world-wide Swimming sports organisation.

## **C 1 NAME**

The name of the federation shall be FEDERATION INTERNATIONALE DE NATATION, hereinafter known as FINA.

## **C 2 SITE**

The site of FINA shall be located in the City of Lausanne, Switzerland.

## **C 3 DEFINITIONS**

**C 3.1** FINA Bureau – means all Bureau Members elected by the FINA General Congress in accordance with FINA Rules C 17.4 and C 15.6 or pursuant to FINA Rules C 17.1.6, C 17.8, C 17.10, C 17.11 and C 17.12.14.

**C 3.2** FINA Executive – means the Executive Committee consisting of the FINA President, the FINA Honorary Secretary and the FINA Honorary Treasurer in accordance with FINA Rule C 17.6.

**C 3.3** FINA Committees – means the FINA Standing Committees including all members therein appointed by the Bureau in accordance with FINA Rules C 18.1 and C 18.2.

**C 3.4** FINA Commissions – means any commission including all members appointed by the Bureau for special tasks.

**C 3.5** Competitions shall include championships, events and tournaments.

**C 3.6** Management Committee – means the committee responsible for the entire management of the competition.

**C 3.7** Competitor – means a person who is taking part in competitions.

**C 3.8** Official – Any person elected or appointed to any position within the Organisation of FINA, the Continental Organisations, the Member Federations and any person appointed into any position pursuant to FINA Rule C 5 shall be regarded as an official.

**C 3.9** Costumes – whenever used in these rules means “swimsuits”

**C 3.10** Swimwear – means swimsuit, cap and goggles

**C 3.11** Whenever the fact or context so requires in order to give effect to

the FINA Constitution and Rules, words in the singular shall include the plural, words in the plural shall include the singular; words of the masculine, feminine or neuter gender shall include any gender, except in the specification of a competition being for male or female competitors; and correction of any manifestly evident clerical errors shall be made.

## **C 4 DISCRIMINATION**

FINA shall not allow any discrimination against national Federations or individuals (competitors, officials, judges, delegates, etc.) on the grounds of race, sex, religion, or political affiliations.

## **C 5 OBJECTIVES**

The objectives of FINA are:

**C 5.1** to promote and encourage the development of Swimming in all possible manifestations throughout the world,

**C 5.2** to provide drug free sport,

**C 5.3** to promote and encourage the development of international relations,

**C 5.4** to adopt necessary uniform rules and regulations to hold competitions in Swimming, Open Water Swimming, Diving, Water Polo, Synchronised Swimming, and Masters,

**C 5.5** to organise World Championships and other FINA competitions,

**C 5.6** to increase the number of facilities for Swimming throughout the world, and

**C 5.7** to carry out such other activities as may be desirable to promote the sport.

## **C 6 LANGUAGE**

**C 6.1** The official languages of FINA shall be English and French. The working language shall be English. Any other language may be used in correspondence or debate providing that adequate translation is provided. In cases of doubt, the English language shall prevail.

## **C 7 MEMBERSHIP**

**C 7.1** The national body governing Swimming, Open Water Swimming, Diving, Water Polo, Synchronised Swimming, and Masters in any country or Sport Country shall be eligible for membership in FINA.

"Sport Country" means a geographical territory or region which, though not

recognised as a country, has certain aspects of self government at least to the extent in being autonomous in the control of its sports, and is recognised as such by FINA.

**C 7.2** The constitution and rules of a Member must not be in conflict with those of FINA. Where there is a conflict, FINA Rules shall prevail

**C 7.3** Each Member shall acknowledge in its national rules that FINA is the only recognised body in the world which governs Swimming, Open Water Swimming, Diving, Water Polo, Synchronised Swimming, and Masters internationally.

**C 7.4** A Member Federation may choose to organise itself by delegations to one or more separate organisations the responsibility for particular disciplines, so long as the Member Federation gives notice to FINA of the identity of each such organisation and assumes all ultimate responsibility for the actions of such organisations.

## **C 8 RIGHTS AND DUTIES OF MEMBERS**

**C 8.1** All Members are entitled

**C 8.1.1** to use the services of FINA,

**C 8.1.2** to take part in FINA World Championships and FINA competitions when they are eligible, and

**C 8.1.3** to be recognised as the only Swimming governing body of its Country or Sport Country, by everybody, including its National Olympic Committee.

**C 8.2** All Members are obliged

**C 8.2.1** to support FINA in its efforts to achieve its objectives,

**C 8.2.2** to act in accordance with the decisions of the FINA Congress and the FINA Bureau,

**C 8.2.3** to pay the annual fee and all other financial obligations, and

**C 8.2.4** to include within its constitution a provision, which allows out-of-competition doping, control by FINA.

## **C 9 APPLICATION FOR MEMBERSHIP**

**C 9.1** Application for membership shall be submitted to the Bureau with

**C 9.1.1** a statement of the name of the national body which must reflect the territorial extent, jurisdiction, and tradition of that country or Sport Country,

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**C 9.1.2** a copy of the constitution and rules of the body applying for membership, and

**C 9.1.3** the appropriate affiliation fee.

**C 9.2** The Bureau shall have the power to approve the applicant for membership. If such membership is not accepted, the applicant is allowed to appeal this decision. In this case, the next General Congress shall decide. That decision shall be final.

**C 9.3** Members must seek approval of the FINA Bureau for any change of name and/or constitution before such changes are valid.

### **C 10 TERMINATION OF MEMBERSHIP**

**C 10.1** Any affiliation to FINA ends

**C 10.1.1** if the Member no longer exists,

**C 10.1.2** if the Member withdraws its affiliation, or

**C 10.1.3** if the Member is expelled.

**C 10.2** Any Member who wants to withdraw its affiliation to FINA shall give written notice thereof to the Honorary Secretary. The affiliation ends immediately, but no refunds of fees will be made.

**C 10.3** The Bureau shall have the power to expel a Member for significant violation of the Constitution and/or Rules of FINA. The respective Member is allowed to appeal this decision. In this case, the next General Congress shall make the final decision.

### **C 11 FEES**

Each Member of FINA must pay an annual affiliation fee. The General Congress shall fix the amount of payment. If payment is not received when it is due, the Member may be suspended or unaffiliated in accordance with the By-Laws.

### **C 12 SANCTIONS**

**C 12.1** Any Member, Member of a Member or individual member of a Member may be sanctioned.

**C 12.1.1** if duties and financial obligations to FINA are not fulfilled, or

**C 12.1.2** in case of violation of the Constitution, Rules, and/or decisions of the Congresses, or

**C 12.1.3** for bringing the sport into disrepute

**C 12.2** Sanctions are:

**C 12.2.1** warning

**C 12.2.2** fine

**C 12.2.3** suspension

**C 12.2.4** expulsion

**C 12.3** Sanctions shall be imposed by the FINA Executive.

**C 12.4** Any sanction imposed on a competitor or a person by FINA, a Member or by a FINA recognised body shall be recognised and enforced by all Members.

**C 12.5** In cases in consequence of doping control, sanctions shall be applied by the FINA Doping Panel, Rule C 21.1 - 8.

**C 12.6** In cases of disciplinary nature (FINA Rule C 22) sanctions shall be applied by the FINA Disciplinary Panel.

**C 12.7** Before any Member or individual is sanctioned, except in the case of C 11 or in cases in consequence of doping control (C 21.5) or in cases of disciplinary nature (C 22.4), the individual or a representative of the Member must be given the right to appear before the Executive either in person or in writing. The Honorary Secretary of FINA shall inform the respective Member or individual about this right, in writing, in sufficient time to allow the Member or individual to exercise this right.

**C 12.8** Sanctions shall be in force immediately upon the decision being made unless the deciding body rules otherwise.

### **C 12.9 Appeals**

**C 12.9.1** A Member, Member of a Member or individual sanctioned by the Executive may appeal to the Bureau.

**C 12.9.2** An appeal shall be submitted by the appealing party to the FINA Office within twenty-one (21) days from the date of receipt of the decision.

**C 12.9.3** An appeal against a decision by the Bureau or the FINA Doping Panel or the Disciplinary Panel shall be referred to the Court of Arbitration for Sport (CAS), Lausanne, Switzerland, within the same term as in C 12.9.2 The only appeal from a decision of the Doping Panel or the Disciplinary Panel shall be to the CAS. The CAS shall also have exclusive jurisdiction over interlocutory orders and no other court or tribunal shall

have authority to issue interlocutory orders relating to matters before the CAS. Decisions by the CAS shall be final and binding, subject only to the provisions of the Swiss Private International Law Act, section 190.

### **C 13 THE ORGANISATION OF FINA**

**C 13.1** The following entities are established to govern and administer FINA:

- the General Congress,
- the Technical Congress,
- the Bureau,
- the Executive,
- the Standing Committees,
- the Commissions

### **C 14 CONTINENTAL ORGANISATIONS**

**C 14.1** The following continental organisations are recognised by FINA:

- Confédération Africaine de Natation (CANA)
- Amateur Swimming Union of the Americas (ASUA)
- Asian Swimming Federation (AASF)
- Ligue Européenne de Natation (LEN)
- Oceania Swimming Association (OSA)

provided their statutes comply with the conditions in C 14.2

**C 14.2** The Constitution of Continental Associations must be approved by the Bureau to ensure that it is not in conflict with that of FINA. Any change must be submitted to FINA for approval.

**C 14.3** Championships/Games FINA Sanction

Continental and Regional Organisations must before announcing dates and place for Championships/Games seek sanction by FINA. The FINA sanction shall include the following approvals:

- Dates for the Championships/Games
- Competition programmes.
- Doping control organization.
- Any modifications of the FINA rules and requirements.

The approval shall include the conditions and requirements in accordance with the FINA Rules and Regulation, whilst the appointment of FINA Delegate(s) shall be granted by the FINA Executive. All competitors must comply with FINA eligibility rules.

### **C 15 GENERAL CONGRESS**

**C 15.1** The General Congress is the highest authority of FINA and shall have the power to decide upon any matters arising in FINA. Decisions by the Technical Congress may be overruled by the General Congress. The Bureau

may decide to consider proposals relating to Technical Rules as well as other proposals.

**C 15.2** The General Congress of FINA shall consist of:

**C 15.2.1** two (2) duly appointed delegates of each affiliated Member. Each delegate shall have one vote, provided, however, where a Member is represented by only one delegate, such delegate shall be entitled to two votes. Notice of the appointment of delegates, certified in writing by the Member they represent, must be lodged with the FINA Honorary Secretary prior to the commencement of the Congress.

**C 15.2.2** all members of the Bureau without vote,

**C 15.2.3** the Honorary Life President without vote, and

**C 15.2.4** all Honorary Members without vote.

**C 15.3** The President of FINA shall preside at all Congress meetings or in his absence one of the Vice Presidents appointed by the Bureau.

**C 15.4** The Congress shall be convened every four (4) years. The Honorary Secretary shall inform the Members not later than twelve (12) months ahead of the exact date fixed for the Congress concerned. The Honorary Secretary shall send an invitation to all Members, together with the agenda for the Congress and the reports as in C 15.8.2 and C 15.8.3 below and together with all duly submitted motions and applications at least three (3) months prior to the date fixed for the meeting.

**C 15.5** A special or extraordinary meeting of the Congress shall be convened by a decision of the Bureau or upon receipt of a written request of one third of the Members. The Honorary Secretary shall call such a meeting, not to be held earlier than five (5) months from the date of the notice, which shall state the reason for the meeting. No subject shall be discussed at the special meeting other than the matters stated in the requisition. The quorum shall be twenty (20) Members. Should there be no quorum present, the motion shall be deemed to have been lost and shall not be raised again until the next ordinary meeting of the Congress.

**C 15.6** The General Congress may, in order to reward exceptional merit in or service for the advancement of international Swimming, elect an Honorary Life President, who shall be a member of the Bureau without vote. The General Congress may also elect Honorary Members.

**C 15.7** The General Congress has a quorum if more than half of the Members are represented. If a quorum is not present at the previously announced opening time of the Congress, the meeting shall not open until one hour later, at which time the quorum shall not be fewer than forty (40) Members. Decisions by the Congress are made on vote of a majority of those Members present and voting.



**C 15.8** At each regular General Congress the following items shall be included on the agenda:

**C 15.8.1** declaration of a quorum,

**C 15.8.2** report of the Bureau on its activities during the time since the previous Congress,

**C 15.8.3** financial report of the Honorary Treasurer,

**C 15.8.4** Confirmation of the new FINA Doping Panel members (C 21.2)

**C 15.8.5** Confirmation of the new FINA Disciplinary Panel (C 22.2)

**C 15.8.6** releasing the previous Bureau from responsibility,

**C 15.8.7** proposals for changes and amendments of the FINA Constitution and General Rules,

**C 15.8.8** election of Bureau members in accordance with C 17.4 and Officers in accordance with C 17.5 and Honorary positions in accordance with C15.6, and

**C 15.8.9** other business for which notice has been given.

**C 15.9** Motions, applications and proposals for alteration of or addition to the Constitution or General Rules of FINA shall be considered only if submitted by a Member or by the Bureau. All motions, applications, and proposals to be considered by the General Congress must reach the Honorary Secretary at least eight (8) calendar months prior to the Congress and must appear on the agenda given to the Members in accordance with C 15.4. On a motion of urgency approved by a two thirds majority of those delegates present and voting, the Congress may deal with new proposals not appearing on the agenda.

**C 15.10** Any alteration of or addition to the Constitution agreed upon by the Congress shall become effective immediately unless otherwise determined at the time of such approval. Any alteration of or addition to the General Rules agreed upon by the Congress shall not become effective earlier than two (2) months after the decision has been made.

## **C 16 TECHNICAL CONGRESS**

**C 16.1** The Technical Congress is authorised to decide upon all technical matters concerning the competitive sport in Swimming, Open Water Swimming, Diving, Water Polo, Synchronised Swimming, and Masters and shall have the power to determine the Technical Rules of FINA.

**C 16.2** The Congress shall be convened every four years, preferably on the occasion of the World Championships. The Honorary Secretary shall inform

the Members not later than twelve (12) months ahead of the exact date fixed for the Congress concerned. The Honorary Secretary shall send an invitation to all Members, together with all duly submitted motions and applications at least three (3) months prior to the date fixed for the meeting.

**C 16.3** The Technical Congress shall consist of:

**C 16.3.1** two duly appointed delegates of each affiliated Member, if the Congress is divided into separate meetings for individual disciplines. If the Congress is for the four disciplines jointly, each affiliated Member may appoint up to four delegates. Notice of the appointment of delegates, certified in writing by the Member they represent, must be lodged with the FINA Honorary Secretary prior to the commencement of the Congress. In each Technical Congress, each Member has two votes, no matter how many delegates.

**C 16.3.2** all members of the Bureau without vote,

**C 16.3.3** the Honorary Life President without vote,

**C 16.3.4** all Honorary Members without vote, and

**C 16.3.5** all members of the respective Technical Committee without vote.

**C 16.4** The President of FINA shall preside at all Congress meetings, or in his absence one of the Vice Presidents appointed by the Bureau.

**C 16.5** The Technical Congress has a quorum if at least twenty (20) Members are represented.

**C 16.6** At each Technical Congress the following items shall be included on the agenda:

**C 16.6.1** declaration of a quorum,

**C 16.6.2** proposals of changes and amendments of the Technical Rules, and

**C 16.6.3** other technical business for which notice has been given.

**C 16.7** Motions, applications, and proposals for alteration of or addition to the Technical Rules shall be considered only if submitted by a Member or by the Bureau. All motions, applications and proposals to be considered by the Technical Congress must reach the Honorary Secretary at least eight (8) calendar months prior to the Congress and must appear on the agenda given to the Members in accordance with C 16.2. On a motion of urgency approved by a two thirds majority of those delegates present and voting, the Congress may deal with new proposals not appearing on the agenda.

**C 16.8** Any alteration of or addition to the Technical Rules agreed upon by

the Congress shall not become effective earlier than two (2) months after the decision has been made.

## **C 17 BUREAU**

**C 17.1** The Bureau shall consist of:

**C 17.1.1** the President,

**C 17.1.2** five Vice Presidents,

**C 17.1.3** the Honorary Secretary,

**C 17.1.4** the Honorary Treasurer, and

**C 17.1.5** fourteen (14) additional members.

**C 17.1.6** The Honorary Life President, the Immediate Past President, the Immediate Past Honorary Secretary, and the Immediate Past Honorary Treasurer are also members of the Bureau, but without vote. The Immediate Past President, the Immediate Past Honorary Secretary and the Immediate Past Honorary Treasurer shall stay as such only for one term of four (4) years.

**C 17.2** Members of the FINA Bureau are not personally liable for the debts and obligations of FINA

**C 17.3** The Bureau shall be elected by the General Congress. All the Bureau members, except the Honorary Life President, the Immediate Past President, the Immediate Past Honorary Secretary, and the Immediate Past Honorary Treasurer, shall be of different countries or Sport Countries. Candidates for Bureau membership shall be proposed by the Member from which they come. Persons not actually in attendance may be elected if a written declaration of consent is presented.

Candidates for President shall be nominated in writing to the Executive Director of FINA at the latest three (3) months before the Congress. The Executive Director shall notify to all FINA Members the candidates for President at least two (2) months prior to the Congress.

**C 17.4** The Congress shall elect on the basis of geographical representation fifteen (15) members as follows:

**C 17.4.1** three (3) from Africa,

**C 17.4.2** four (4) from America,

**C 17.4.3** three (3) from Asia,

## CONSTITUTION

**C 17.4.4** four (4) from Europe,

**C 17.4.5** one (1) from Oceania.

For this election, only the Members of the respective continent may nominate and vote on their candidates. Another seven (7) members shall be elected from the world at large, not exceeding one (1) from Africa, one (1) from Asia, one (1) from Oceania, two (2) from the Americas and two (2) from Europe.

**C 17.5** The Congress shall elect from among those twenty two (22) Bureau Members

**C 17.5.1** the President,

**C 17.5.2** five (5) Vice Presidents who shall be elected on the basis of continental representation, one for each of the continents of Africa, America, Asia, Europe, and Oceania. At the election of the Vice Presidents only the members of respective continents may nominate and vote on their candidates.

**C 17.5.3** the Honorary Secretary, and

**C 17.5.4** the Honorary Treasurer.

**C 17.6** The Executive Committee shall consist of the President, the Honorary Secretary and the Honorary Treasurer and will be responsible for making decisions on matters referred to it in the FINA Rules and Regulations or matters referred to it by the Bureau or for other cases, which need decisions between the meetings of the Bureau.

The President may, from time to time, call persons with knowledge in special areas to attend meetings with the Executive Committee.

The Executive Committee shall meet on call by the President, when there are items of such importance that cannot be solved by the President alone.

The Executive Director shall attend all the meetings without vote.

**C 17.7** Twelve (12) members with vote shall form a quorum at any meeting of the Bureau. The members of the Bureau shall serve until their successors are elected and take office.

**C 17.8** The members of the outgoing Bureau, will be eligible as candidates for any position within the incoming Bureau except for the President, the Honorary Secretary, and the Honorary Treasurer who can be elected only for a maximum of two terms in the same post. If the President, the Honorary Secretary and the Honorary Treasurer are not elected for a second period in their previous post or not elected for other posts, they shall remain as members of the incoming Bureau, only without vote, as immediate Past President, immediate Past Honorary Secretary and immediate Past Honorary Treasurer.

**C 17.9** The travel and hotel expenses of the Bureau shall be paid by FINA.

**C 17.10** The Bureau shall have the authority to fill any vacancy which occurs through death or resignation of any member of the Bureau elected in accordance with C 17.3 or of any Committee member, subject to compliance with the appropriate geographical representation set out in C 17.4

**C 17.11** Where a Bureau member has been absent from two consecutive meetings without reasons acceptable to the Bureau, the Bureau shall have the right to declare that such a member has forfeited his membership. The Bureau according to C 17.10 may then fill the vacancy.

**C 17.12** Rights and duties of the Bureau shall include the following:

**C 17.12.1** to discuss and make decisions on all matters assigned to them by the Congresses,

**C 17.12.2** to interpret and enforce the Rules of FINA.

**C 17.12.3** to decide and take action on any matter pertaining to the affairs of FINA.

**C 17.12.4** to submit proposals to the Congress,

**C 17.12.5** to decide on and publish administrative by-laws, including time and manner of payment of any financial obligations,

**C 17.12.6** to decide on and publish regulations for FINA competitions,

**C 17.12.7** to decide on FINA awards,

**C 17.12.8** to make decisions in case of emergency.

**C 17.12.9** to approve the title of International Referee, Starter, or Judge on presentation of registered and certified candidates by the FINA Technical Committees. These titles are to be awarded to the Swimming, Open Water Swimming, Diving, Water Polo, and Synchronised Swimming referees, starters, and judges who have received satisfactory marks for their officiating at major international competitions,

**C 17.12.10** to establish rules of order for the meetings of the Congress, Bureau, Technical Committees, etc., provided that they will not be in opposition to the Constitution of FINA,

**C 17.12.11** to determine the dates and sites of World Championships and other FINA competitions and to organise and control all Swimming, Open Water Swimming, Diving, Water Polo, and Synchronised

Swimming competitions at the Olympic Games, World Championships, and other FINA competitions,

**C 17.12.12** to instruct the FINA Committees and control their activities,

**C 17.12.13** to appoint delegates to the Olympic Games, World Championships, other FINA competitions, and other international competitions. The Organising Committee must guarantee proper accreditation. The responsibilities of the delegates are to observe the organisation and to report back to the FINA Bureau, and

**C 17.12.14** to appoint the Executive Director, who shall attend all FINA meetings.

The Executive Director shall be an ex officio member of the Bureau without vote.

The Executive Director shall manage the FINA Office.

The Executive Director shall be responsible for the engagement of the FINA Staff, with the approval of the President and the Honorary Treasurer.

**C 17.13** The FINA Bureau is not authorised to make any changes in the Constitution, General Rules, or Technical Rules.

## **C 18 STANDING COMMITTEES**

**C 18.1** Standing Committees of FINA are:

**C 18.1.1** Technical Swimming Committee,

**C 18.1.2** Technical Open Water Swimming Committee,

**C 18.1.3** Technical Diving Committee,

**C 18.1.4** Technical Water Polo Committee,

**C 18.1.5** Technical Synchronised Swimming Committee,

**C 18.1.6** Masters Committee, and

**C 18.1.7** Sports Medicine Committee

**C 18.2** The Standing Committees shall consist of twelve (12) members, each from different Member Federations, except for the Sports Medicine Committee, which shall consist of six (6) members, each of them from different Member Federations. They shall be appointed by the Bureau at its first meeting, subject to the approval of their Member. Only those persons may be appointed members of a Committee who are recognised experts in the respective sport, capable of, and interested in, actively and regularly attending the meetings of the Committee and co-operating on it. From the members the Bureau shall appoint the Chairman, the Vice Chairman and the Honorary Secretary.

**C 18.3** The Committees shall meet whenever there is business to be transacted, all meetings being subject to the approval of the Bureau.

**C 18.4** Seven (7) members shall form a quorum at any meeting of the Committee.

**C 18.5** Where a member of any Committee has been absent from two consecutive meetings without reasons acceptable to the Bureau, the Bureau shall have the right to declare that such a member has forfeited his membership. The Bureau according to C 17.11, C 18.2 and BL 5 shall then fill the vacancy.

**C 18.6** For any Committee, the Bureau may appoint ex officio a Bureau Member who shall ensure necessary communication between the Bureau and the Committee (Bureau Liaison).

## **C 19 POWERS AND DUTIES OF THE STANDING COMMITTEES**

**C 19.1** The powers and duties of the Technical Swimming, Open Water Swimming, Diving, Water Polo, Synchronised Swimming and Masters Committees are:

**C 19.1.1** to analyse the requirement for improvements of the Technical Rules for Swimming, Open Water Swimming, Diving, Water Polo, Synchronised Swimming and Masters, and to consider corresponding proposals received from any Member. The Committee submits in these cases recommendations to the Bureau.

**C 19.1.2** to consider and decide upon any matter affecting their particular responsibility, which may be referred to them by the Bureau or the Congress.

**C 19.1.3** to appoint sub committees, if required, to investigate, study, and recommend to the parent committee any matters referred to such sub committee. The members of a sub committee may be persons selected from outside the parent committee membership.

**C 19.1.4** to investigate, study, and recommend on matters dealing with standard equipment and specifications of competitive pools for Olympic Games or international competitions.

**C 19.1.5** to evaluate and make recommendations regarding candidates, having been nominated by Members, for the title of international referee, starter or judge to be selected by the Bureau.

**C 19.1.6** to appoint one or more of its members to report on the qualifications of any person recommended as an international referee, judge, or starter and to report periodically on the continued qualifications of referees, judges, or starters on the existing list.

**C 19.1.7** to receive and report to the FINA Bureau on any complaint made by referees regarding misconduct of individuals in international competitions and to make recommendation thereon.

**C 19.1.8** to take part in the technical preparations and in the conduct of the competitions in their discipline at the Olympic Games, World Championships and other FINA competitions.

**C 19.1.9** The Bureau shall ensure participation of the committees in the preparation of the meetings of the Bureau with regard to such tasks that fall within their areas of responsibility. For that purpose, they shall have the right to submit reports, suggestions, recommendations and comments. The Chairman or authorised members of the Committee may be heard at the meeting of the Bureau on the respective issue. The Committees shall be involved in the technical preparations of the competitions at the Olympic Games, World Championships, and other FINA competitions.

**C 19.2** The powers and duties of the Masters Committee are:

**C 19.2.1** to receive and analyse recommendations for revisions to Masters Rules,

**C 19.2.2** to produce their own recommendations to the Bureau, and

**C 19.2.3** to consider and decide upon any matters affecting their particular responsibility which may be referred to them by the Bureau and/or the Congress.

**C 19.3** The powers and duties of the Sports Medicine Committee are:

**C 19.3.1** to provide medical and sport science expertise to the Bureau and to give recommendations on any matter regarding sport science.

**C 19.3.2** to consider the development of the medical, sanitary, and medical control rules and to submit proposals for legislation to the Bureau.

**C 19.3.3** to give recommendations on any matter regarding healthful conditions in the practice of Swimming, Open Water Swimming, Diving, Water Polo, Synchronised Swimming and Masters.

**C 19.3.4** To assess the availability of appropriate medical care for FINA athletes and officials at FINA competitions.

**C 19.4** All recommendations or decisions made by a Standing Committee require the approval of the Bureau before becoming effective.

**C 19.5** The Bureau may approve administrative expenses and may decide upon any travel expenses to be paid by FINA.



## **C 20 DOPING CONTROL REVIEW BOARD (DCRB)**

**C 20.1** The FINA Doping Control Review Board (DCRB) shall consist of eight persons appointed by the Bureau. No two members of the DCRB shall be from the same country or Sport Country. A majority of the Members of the DCRB shall be either physicians licensed in internal medicine, endocrinology, clinical pharmacology or sports medicine, with specific training in interpretation of urine steroid profiles, or analytical chemists with experience in IOC laboratories or their equivalent.

**C 20.2** A person may not serve on the DCRB if he or she has any other responsibilities for FINA.

**C 20.3** The Bureau shall appoint a chair of the DCRB from among the members of the DCRB.

**C 20.4** The DCRB may act by majority vote or through responsibilities delegated by majority vote to a particular member or members of the DCRB.

**C 20.5** The DCRB may review and make recommendations to the Bureau regarding FINA's doping control program and may make proposals for additions or amendments to the Doping Control Rules for consideration by the Congress.

## **C 21 DOPING PANEL**

**C 21.1** The FINA Doping Panel shall consist of six (6) persons. No two members of the Doping Panel shall be from the same country or Sport Country. Members of the Doping Panel shall serve for a period of four (4) years, or until their successors are appointed.

**C 21.2** The outgoing President shall select six (6) persons to form the FINA Doping Panel. They shall be known for their ability, their impartiality and their knowledge and experience of doping matters, of FINA disciplines and sport in general. At least four (4) of them shall also have legal training and experience. The outgoing Bureau shall confirm the Doping Panel and appoint one of the members to be Chairman. The General Congress shall confirm the Doping Panel.

**C 21.3** A person may not serve on the Doping Panel if he or she:

- (a) is a member of the Bureau or of a Standing Committee of FINA, or
- (b) cannot speak English or French.

**C 21.4** If a member of the FINA Doping Panel should die or retire, a replacement shall be decided in accordance with Rule C 21.2.

**C 21.5** The Doping Panel shall

1. Conduct all hearings in accordance with DC 8
  - a) Concerning doping offences committed within FINA

- b) Concerning cases put forward to the Doping Panel according to DC 15
- 2. Apply sanctions for a doping violation pursuant DC 10

**C 21.6** Whenever necessary the Chairman of the Doping Panel shall appoint three persons from the Doping Panel to adjudicate all matters before it. No member of the Doping Panel shall be appointed to hear a specific case when he or she is a citizen of the country of the competitor suspected of violating FINA Rules; the Chair of the Doping Panel may also determine situations in which a Panel member should not be named as due to other potential conflicts.

**C 21.7** Where testing has indicated the presence of a banned substance or there is suspicion or evidence of a violation of FINA Rules relating to doping control, and, contrary to DC 8, a Member federation refuses to allow a competitor a hearing, the competitor may demand a hearing on the issues raised before a FINA Doping Panel.

**C 21.8** Where testing by another sporting body has indicated the presence of a banned substance, and the competitor considers that the decision of the other sporting body is unsatisfactory and should not be relied upon, the competitor may demand a hearing before a FINA Doping Panel.

## **C 22 DISCIPLINARY PANEL**

**C 22.1** The Disciplinary Panel shall consist of six (6) persons. No two members of Disciplinary Panel shall be from the same country or Sport Country. Members of the Disciplinary Panel shall serve for a period of four (4) years or until their successors are appointed.

**C 22.2** The outgoing President shall select six (6) persons to form the Disciplinary Panel. They shall be known for their ability, their impartiality and their knowledge about the FINA Rules and Regulations and their experience of sport in general and the aquatic sport in particular. At least three (3) of them shall also have legal training and experience. The outgoing Bureau shall confirm the Disciplinary Panel and appoint one (1) of the members to be Chairman. The General Congress shall confirm the Disciplinary Panel.

**C 22.3** The Chairman of the Disciplinary Panel shall appoint three (3) persons from the Disciplinary Panel of whom at least one (1) shall have legal training to adjudicate all matters before it. In cases where the FINA Executive and the other party agree, a sole member of the Disciplinary Panel may hear and decide the matter. No member of the Disciplinary Panel shall be appointed to a specific case when he or she is a citizen of the country of the competition suspected of violating FINA Rules;

**C 22.4** The FINA Disciplinary Panel shall conduct hearings and apply sanctions in all cases of disciplinary nature originating from violations from any FINA

Rules or Regulations (except matters regarding doping control FINA Rule C 12.5) referred to it by the FINA Executive.

### **C 23 AD HOC COMMITTEES**

The Bureau shall be entitled to nominate any kind of Ad Hoc Committee or Working Commission when it is considered appropriate.

### **C 24 FINANCIAL MONITORING AND CONTROL**

**C 24.1** The fiscal year of FINA is the calendar year. For each calendar year the Honorary Treasurer shall establish a statement of accounts. These annual statements of accounts shall be audited by a Certified Public Accountant and need the approval of the FINA Bureau.

**C 24.2** The statement of accounts at the end of the fourth year and the four year statement of results, established by the Honorary Treasurer and audited by a Certified Public Accountant, shall be sent to all Members.

### **C 25 ARBITRATION**

Disputes between FINA and any of its Members or Members of Members, individual members of Members or between Members of FINA that are not resolved by a FINA Bureau decision may be referred for arbitration by either of the involved parties to the Court of Arbitration for Sports (CAS), Lausanne. Any decision made by the Arbitration Court shall be final and binding on the parties concerned.

### **C 26 PRINTING OF RULES**

All Rules of FINA are solely for the benefit of Members and may be reprinted or translated by Members under their responsibility, with the understanding that in all cases where the translated text differs in interpretation, the English version shall be accepted. Any other organisations desiring to publish these Rules shall obtain the permission of FINA.

# GENERAL RULES

These General Rules are basic regulations for FINA competitions in all kinds of Swimming, Open Water Swimming, Diving, Water Polo, Synchronised Swimming, and Masters Competitions as well as for uniform regulations for the development of competition facilities.

In these Rules, competitors shall include swimmers, open water swimmers, divers, water polo players, synchronised swimmers, or masters swimmers, either male or female.

FINA recognises that these Rules may be adjusted for competitions within a given Federation but recommends that all Members adhere to these Rules as closely as possible.

## GR 1 ELIGIBILITY

**GR 1.1** All competitors shall be registered with their National Federation to be eligible to compete.

## GR 2 INTERNATIONAL RELATIONS

**GR 2.1** A competition organised by a National Federation, Regional Body or Club in which other FINA recognised Federations, Clubs or Individuals participate, shall be regarded as an International Competition.

**GR 2.2** A Member shall not admit to its membership any club affiliated to another Member.

**GR 2.3** Any competitor who temporarily or permanently changes his residence to another country may join a club affiliated to the Member in the new country and shall be regarded as coming within the jurisdiction of the latter.

**GR 2.4** No team shall be designated by the title of a country or Sport Country unless the competitors have been selected by the Member of the country or Sport Country.

**GR 2.5** When a competitor or competition official represents his/her country in a competition, he/she shall be a citizen, whether by birth or naturalisation, of the nation he/she represents, provided that a naturalised citizen shall have lived in that country for at least one year prior to that competition. Competitors, who have more than one nationality according to the laws of the respective nations must chose one "Sport Nationality" and be affiliated to one Member only.

**GR 2.6** Any competitor or competition official changing his affiliation from one national governing body to another must have resided in the territory of and been under the jurisdiction of the latter for at least twelve months prior to his first representation for the country.

### **GR 2.6.1 Proof of Residence**

1) Residence means the place/country where the competitor or competition official "lives and sleeps" and where he/she can be found in the majority of days of the year.

2) The proof of residence must include documentation establishing the applicant resides in the country. In this regard the official school or university confirmation or employment contract or any other relevant documentation may constitute evidence.

3) Certified registration of an address in the "new" country for at least twelve (12) months prior to first representation of the competitor or competition official for the "new" country must be sent to FINA.

### **GR 2.6.2 Proof of Jurisdiction**

1) Certified membership in a club of the new country

2) Confirmation from the FINA Member of that country

3) Official result lists from national championships, national, regional or international club competitions in which the applicant has participated for his/her "new" club during the GR 2.6 requested time

4) Applicants cannot represent any of the countries during the "transfer period"

**GR 2.7** Any application for change of affiliation must be approved by FINA.

## **GR 3 TOURS IN FOREIGN COUNTRIES**

**GR 3.1** A competitor competing at a competition in a foreign country shall be a member of an affiliated Member or of a club affiliated thereto. This section shall apply equally to judges, officials, trainers, and coaches.

**GR 3.2** All competitions must have received sanction by the Member where the competition takes place, and all competitors or clubs must have permission from their respective Member.

**GR 3.3** In every case of a dispute, the rules of the Member or recognised Continental Body under whose jurisdiction the competition is held shall be enforced. During the Olympic Games, World Championships, and other FINA competitions, FINA Rules are applicable.

## **GR 4 UNAUTHORISED RELATIONS**

**GR 4.1** No affiliated Member shall have any kind of relationship with a non affiliated or suspended body.

**GR 4.2** The exchange of competitors, administrators, directors, judges, officials, trainers, coaches, etc., with non affiliated or suspended bodies is not permissible.

**GR 4.3** The holding of demonstrations and/or exhibitions, clinics, training, competitions, etc., with non affiliated or suspended bodies is not permissible.

**GR 4.4** The Bureau may authorise relations with non affiliated or suspended bodies as in Rules GR 4.1 through GR 4.3 above.

**GR 4.5** Any individual or group violating this Rule shall be suspended by the affiliated Member for a minimum period of one year, up to a maximum period of two years. FINA retains the right to review the suspension made by the affiliated Member and to increase it up to the maximum of two years in accordance with the circumstances involved. The affiliated Member shall abide by any such increase made on review. In the event that such individual or group has resigned its membership with the affiliated Member or is not a Member, it shall not be allowed to affiliate with that Member for a minimum period of three months up to a maximum period of two years. FINA retains the right to review any such sanction imposed by the affiliated Member and to increase it up to the maximum of two years in accordance with the circumstances involved. The affiliated Member shall abide by any such increase made on review.

**GR 4.6** Each Member that conducts a competition shall strictly enforce the FINA Rules governing eligibility

## **GR 5 SWIMWEAR**

**GR 5.1** The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol which may be considered offensive.

**GR 5.2** All swimsuits shall be non transparent.

**GR 5.3** The referee of a competition has the authority to exclude any competitor whose swimsuit or body symbols do not comply with this Rule.

**GR 5.4** Before any swimwear of new design, construction or material is used in competition, the manufacturer of such swimwear must submit the swimwear to FINA and obtain approval of FINA.

## **GR 6 ADVERTISING**

**GR 6.1** Identification in the form of logos on swimwear, i.e. swimsuit, cap and goggles, and pool deck equipment, i.e. track suits, official's uniforms, footwear, towels and bags, is permitted in accordance with regulations established in the By-Laws (BL 7). A two-piece swimsuit shall, in relation to advertising, be regarded as one. The name and the flag of the country of the competitor or the country code shall not be regarded as advertisements.

**GR 6.2** Body advertisement is not allowed in any way whatsoever.

**GR 6.3** Advertising for tobacco or alcohol is not allowed.

## **GR 7 SUBSTITUTION, DISQUALIFICATION AND WITHDRAWAL**

**GR 7.1** Any entered competitor may be substituted by another entered competitor at the Team Leaders Meeting. It is mandatory for one representative of each Federation to take part in the Team Leaders Meeting. Failing to do so will result in a fine of 100 Swiss Francs.

**GR 7.2** In all competitions except water polo, a competitor or team not wishing to take part in a semi-final or final in which qualification was earned shall withdraw within thirty (30) minutes following the preliminaries or the semi-finals of the event in which the qualification took place. The member federation of any competitor who withdraws from the heats/preliminary rounds after the Team Leaders Meeting or from a semi-final or final more than thirty (30) minutes after the preliminaries or semi-finals of the event in which qualification was earned, shall pay without excuse to the honorary treasurer the sum of one-hundred (100) Swiss francs; in case of a relay, duet, team or combination, the sum shall be two-hundred (200) Swiss francs.

**GR 7.3** If a team withdraws from a FINA Water Polo event any time after the draw has been concluded, and without the approval of the Management Committee, then that team will be sanctioned by the Bureau with an economic sanction of 8,000 Swiss Francs, from which 6,000 Swiss Francs goes to the Organiser, and suspension from all competitions for a minimum period of three months up to a maximum period of two years.

**GR 7.4** In Swimming, Diving, and Synchronised Swimming, where a competitor who competed in the semi-finals or final is disqualified for any reason, including medical control, the position he would have held shall be awarded to the competitor who finished next and all the lower placing competitors in the semi-finals or final shall be advanced one place. If the disqualification occurs after the presentation of awards, the awards shall be returned and given to the appropriate competitors applying the foregoing provisions.

**GR 7.5** If an error by an official follows a fault by a competitor, the fault by the competitor may be expunged.

## **GR 8 SMOKING BAN**

At all international competitions, no smoking shall be permitted in any area designated for competitors, either prior to or during competitions.

## **GR 9 OLYMPIC GAMES, WORLD CHAMPIONSHIPS, WORLD SWIMMING CHAMPIONSHIPS (25m) AND GENERAL RULES FOR FINA COMPETITIONS**

### **GR 9.1 Organisation**

**GR 9.1.1** FINA alone shall have the right to organise World Championships and other FINA competitions for Swimming, Diving,

Water Polo, Synchronised Swimming, and Open Water Swimming. The words World and FINA may not be used in connection with any Swimming, Diving, Water Polo, Synchronised Swimming, or Open Water Swimming event without the consent of FINA.

**GR 9.1.2** The national flags of the countries of the competitors placed 1st, 2nd, and 3rd shall be raised and the national anthem (abbreviated, as stated in the Olympic Charter) of the country of the champion in the individual and team competitions shall be played. This Rule does not apply to Masters Championships.

**GR 9.1.3** The Bureau is empowered to formulate all rules and regulations for the conduct of such competitions. All regulations set by the Bureau must be announced and published one year prior to the opening day of the competition.

### **GR 9.2 Protests**

**GR 9.2.1** Protests are possible

- (a) if the rules and regulations for the conduct of the competition are not observed,
- (b) if other conditions endanger the competitions and/or competitors, or
- (c) against decisions of the referee; however, no protest shall be allowed against decisions of fact.

**GR 9.2.2.** Protest must be submitted

- (a) to the referee,
- (b) in writing on FINA Forms,
- (c) by the responsible team leader,
- (d) together with a deposit of 100 Swiss Francs or its equivalent, and
- (e) within 30 minutes following the conclusion of the respective event or match.

If conditions causing a potential protest are noted prior to the event a protest must be lodged before the signal to start is given.

**GR 9.2.3** All protests shall be considered by the referee. If he rejects the protest, he must state the reasons for his decision. The team leader may appeal the rejection to the Jury of Appeal whose decision shall be final. In Olympic Games and World Championships the Commission in each discipline shall consider the protest and give recommendations to the Jury of Appeal.

**GR 9.2.4** If the protest is rejected, the deposit will be forfeited to the management body of the competition. If the protest is upheld, the deposit will be returned.

**GR 9.2.5** In Diving, an oral complaint may be made by the competitor or a responsible team official immediately after the execution of a dive,



a round of dives, or a section of the contest. If the complaint is not accepted, a formal protest may be made as in GR 9.2.2.

### **GR 9.3 Jury of Appeal**

**GR 9.3.1** For Olympic Games and World Championships, the Jury of Appeal shall be composed of the Bureau Members and Honorary Members present with the President or in his absence a Vice President, as Chairman. For all other FINA competitions, the Jury of Appeal shall be the FINA delegate together with any Bureau Members or members of the appropriate Technical Committee present, with the delegate as chairman. Each member shall have one vote, except as provided hereunder, and in case of equality of voting, the Chairman has a casting vote.

**GR 9.3.2** A jury member is allowed to speak, but not to vote, on a case in which the interest of his own Federation is involved. A jury member having acted as an official is not allowed to vote on a case if there is a protest against his decision or on his interpretation of a Rule. In case of urgency, the jury may vote on a matter even if it has not been possible to call all the members. The decision of the jury is final.

### **GR 9.4 Management Committee**

**GR 9.4.1** The actual management of all Olympic Games and World Championship contests shall be under the control of FINA.

**GR 9.4.2** For the Olympic Games and the World Championships the FINA Bureau shall be the Management Committee. Management Committees for FINA World Swimming Championships (25m), FINA World Open Water Swimming Championships, FINA World Masters Championships, FINA World Junior Championships in Swimming, Diving, Water Polo and Synchronised Swimming and any other FINA Championship or competition shall be appointed by the FINA Executive.

**GR 9.4.3** The Management Committee shall have the power, if they think it advisable, to add one representative of the country holding the Olympic Games or World Championships.

**GR 9.4.4** The Management Committee shall be responsible for the entire management of the competition, including the arrangement of the programme of events and the appointment of officials.

**GR 9.4.5** Should any member of the Management Committee be absent from the Olympic Games or World Championships, the remaining members shall have the power to appoint substitutes, if necessary. Twelve members shall constitute a quorum.

**GR 9.4.6** When the Management Committee is acting as Jury of Appeal, Rule GR 9.3 shall apply.

**GR 9.5 Commissions**

**GR 9.5.1** For each discipline in the Olympic Games and World Championships a commission shall be appointed consisting of the respective Technical Delegate (Bureau Liaison) and Chairman and Honorary Secretary of each respective Technical Committee.

**GR 9.5.2** Subject to the supervision of the FINA Bureau, the Commissions shall be responsible for:

- the conduct of the competition in the respective discipline.
- the control of all technical equipment and installations prior to and during the event
- making rosters for officials
- investigating cases of protest as preparation for the Jury of Appeal.

**GR 9.6 Programming**

**GR 9.6.1** Programme of Events

(\* Indicates event conducted only at World Championships at present.)

**GR 9.6.1.1 Swimming - World Championships (25m)**

|                   | <b>Men</b>                     | <b>Women</b>                  |
|-------------------|--------------------------------|-------------------------------|
| Freestyle         | 50m, 100m, 200m<br>400m, 1500m | 50m, 100m, 200m<br>400m, 800m |
| Backstroke        | 50m, 100m, 200m                | 50m, 100m, 200m               |
| Breaststroke      | 50m, 100m, 200m                | 50m, 100m, 200m               |
| Butterfly         | 50m, 100m, 200m                | 50m, 100m, 200m               |
| Ind. Medley       | 100m, 200m, 400m               | 100m, 200m, 400m              |
| Relays: Freestyle | 4x100m, 4x200m                 | 4x100m, 4x200m                |
| Medley            | 4x100m                         | 4x100m                        |

Only entry times achieved in 25m pools will be accepted.

Heats, semi-finals, and finals may be swum using 10 lanes.

**GR 9.6.1.2 Swimming - World Championships (50m)**

|                   | <b>Men</b>                            | <b>Women</b>                          |
|-------------------|---------------------------------------|---------------------------------------|
| Freestyle         | 50m, 100m, 200m<br>400m, 800m*, 1500m | 50m, 100m, 200m<br>400m, 800m, 1500m* |
| Backstroke        | 50m*, 100m, 200m                      | 50*, 100m, 200m                       |
| Breaststroke      | 50m*, 100m, 200m                      | 50*, 100m, 200m                       |
| Butterfly         | 50m*, 100m, 200m                      | 50*, 100m, 200m                       |
| Ind. Medley       | 200m, 400m                            | 200m, 400m                            |
| Relays: Freestyle | 4x100m, 4x200m                        | 4x100m, 4x200m                        |
| Medley            | 4x100m                                | 4x100m                                |

Only entry times achieved in 50m pools will be accepted

Heats, semi-finals, and finals may be swum using 10 lanes.

**GR 9.6.1.3 Diving**

|              | <b>Men</b> | <b>Women</b> |
|--------------|------------|--------------|
| Springboard  | 1m*, 3m    | 1m*, 3m      |
| Platform     | 10m        | 10m          |
| Synchronised | 3m, 10m    | 3m, 10m      |

**GR 9.6.1.4 Water Polo**

| <b>Men</b> | <b>Women</b> |
|------------|--------------|
|------------|--------------|

**GR 9.6.1.5 Synchronised Swimming****Women**

Solo\*  
Duet  
Team  
Combination \*

**GR 9.6.1.6 Open Water Swimming**

| <b>Men</b>    | <b>Women</b>  |
|---------------|---------------|
| 25 kilometre* | 25 kilometre* |
| 10 kilometre* | 10 kilometre* |
| 5 kilometre*  | 5 kilometre*  |

**GR 9.6.2** Once fixed, the standard daily programme of events may be altered only by FINA Management Committee, and then under exceptional circumstances. Notice of any alteration must be posted on the Official Bulletin Board, at least twenty four hours before the alteration is to come into operation.

**GR 9.6.3** The competitions at the Olympic Games shall take place during the dates to be fixed by the International Olympic Committee and FINA jointly. There shall be morning, afternoon, and evening sessions.

**GR 9.6.4** The competitions at the World Championships shall take place during the dates to be fixed by the FINA Bureau. There shall be morning, afternoon, and evening sessions.

**GR 9.6.5** Exhibitions or displays outside the usual Olympic Games or World Championships programmes are not desirable and may not be held during these contests, unless authorised by FINA.

**GR 9.7 Awards – World Championships**

**GR 9.7.1 Medals:** Gold, Silver, and Bronze medals shall be awarded to the first three places in individual events and team final competitions.

**Diplomas:**

Using 8 lanes in Swimming: Diplomas are awarded to all eight finalists in individual events and to the first six finalists in team competitions.

Using 10 lanes in Swimming: Diplomas are awarded to all 10 finalists in individual events and to the first eight finalists in team competitions.

**GR 9.7.2** In team competitions, except for relays in swimming, all members of the team shall receive medals.

**GR 9.7.2.1** In Swimming, in case of equal times, medals shall be awarded as follows:

1<sup>st</sup> place: 2 Gold – no Silver, 1 Bronze

2<sup>nd</sup> place: 1 Gold, 2 Silver – no Bronze

3<sup>rd</sup> place: 1 Gold, 1 Silver, 2 Bronze

**GR 9.7.2.2** In case of 3 equal times medals shall be awarded as follows:

1<sup>st</sup> place: 3 Gold – no Silver, no Bronze

2<sup>nd</sup> place: 1 Gold, 3 Silver – no Bronze

3<sup>rd</sup> place: 1 Gold, 1 Silver, 3 Bronze

**GR 9.7.3** In swimming relays when preliminaries are swum, medals or diplomas shall be awarded to those swimmers who have participated in the heats or the final.

**GR 9.8 Scores**

Only in World Championships points are awarded to all finalists, according to the following point distribution:

**GR 9.8.1 Swimming**

*Individual using 8 lanes:*

Places 1 – 16: 18, 16, 15, 14, 13, 12, 11, 10, 8, 7, 6, 5, 4, 3, 2, 1 points

*Relays using 8 lanes:*

Places 1 – 8: 36, 32, 30, 28, 26, 24, 22, 20 points.

*Individual using 10 lanes:*

Places 1 – 20: 22, 20, 19, 18, 17, 16, 15, 14, 13, 12, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

*Relays using 10 lanes:*

Places 1 – 10: 40, 36, 34, 32, 30, 28, 26, 24, 22, 20

## GENERAL RULES

A trophy shall be awarded to the top scoring team. Trophies shall be given to the top scoring male and female based upon the following:

|                         |                                 |
|-------------------------|---------------------------------|
| First Place             | 5 points                        |
| Second Place            | 3 points                        |
| Third Place             | 2 points                        |
| Fourth Place            | 1 point                         |
| Individual World Record | 2 points for each record broken |

If there is a tie, the FINA Points Table shall be used and a decision made by the Swimming Commission.

### **GR 9.8.2 Open Water Swimming**

18, 16, 14, 12, 10, 8, 6, 5, 4, 3, 2, 1 points

A special FINA Team Trophy will be given based upon the points achieved under this rule on the individual events.

### **GR 9.8.3 Diving**

Individual diving events:

18-16-14-12-10-8-6-5-4-3-2-1 points

Synchronised diving events (8 finalists):

27-24-21-18-15-12-9-7,5 points

Synchronised diving events (12 finalists):

27-24-21-18-15-12-9-7,5-6-4,5-3-1,5 points.

### **GR 9.8.4 Water Polo**

No points. Rated 1st, 2nd, 3rd, etc.

### **GR 9.8.5 Synchronised Swimming**

Solo, Technical Routine and Solo, Free Routine:

24, 22, 20, 18, 16, 14, 12, 10, 8, 6, 4, 2 points

Duet, Technical Routine and Duet, Free Routine:

36, 33, 30, 27, 24, 21, 18, 15, 12, 9, 6, 3 points

Team Technical Routine, Team Free Routine and Combination:

72, 66, 60, 54, 48, 42, 36, 30, 24, 18, 12, 6 points

**GR 9.8.6** In case of a tie, the highest points shall be awarded to each competitor or relay team.

## **GR 10 JUNIOR WORLD CHAMPIONSHIPS**

**GR 10.1** FINA may conduct Junior World Championships in each discipline in accordance with FINA Rules and in particular the Rules set forth in this Rule GR 10.

## GENERAL RULES

**GR 10.2** The Junior World Championships shall be conducted in accordance with a calendar schedule approved by the FINA Bureau.

**GR 10.3** Junior World Championships shall be conducted with doping control in accordance with FINA Doping Control rules.

**GR 10.4** At all Junior World Championships, the Management Committee shall be the members of the appropriate Technical Committee present at the Event, with the Bureau Liaison as Chairman who shall have a casting vote, if necessary.

**GR 10.5** Judging selections shall be determined by the appropriate Technical Committee, subject to approval by the Bureau or the Executive.

**GR 10.6** The ages for juniors shall be as set forth in the Rules of each discipline (DAG 2, DAG 3 and DAG 4; WPAG 2; and SSAG 2.2).

# BY LAWS

*Established by the Bureau.*

## **CODE OF CONDUCT**

### **PREAMBLE**

*In accordance with the FINA Constitution Rule C 5 the first three objectives of FINA are to promote and encourage the development of Swimming in all possible manifestations throughout the world, to provide drug free sport and to promote and encourage the development of international relations.*

*The purpose of this Code is to guarantee that the objectives of FINA will be executed in a fair manner without disturbance and to sanction incidents, which damage the image of the FINA activities or bring them into disrepute.*

*This Code establishes basic regulations for fair play and moral behaviour and general discipline in all the FINA activities and covers offences committed by Members, continental organisations included, clubs, teams, officials, athletes, supporters, spectators or other persons involved in these activities.*

*This Code has been adopted by the FINA Bureau at its meeting in Fukuoka (JPN) on 24 July 2001, amended at the Bureau meeting in Shanghai (CHN) on 3 March 2005 and at the Bureau meeting in Montreal (CAN) on 13 July 2005.*

### **Article 1 SUBORDINATE AND SUPPLEMENTARY TO FINA RULES**

*This Code is subordinated and supplementary to all FINA Rules adopted by the FINA Congresses from time to time.*

### **Article 2 APPLICATION OF CODE**

*The following incidents or offences shall be subject to the application of this Code:*

- (a) acts of discrimination (FINA Rule C 4)*
- (b) acts of misbehaviour including but not limited to abusive, violent conduct in a disturbing, ugly or provocative manner, unjustified interference including disobedience with obstruction of the orderly conduct of any sporting event within or outside of the venue(s), malicious alteration, damage or destruction of property or infliction of physical or mental harm on others,*
- (c) cheating including but not limited to doping, falsification or alteration of birth certificates, documents of identification or any other document indicating false age, false nationality or any other false information with the purpose of obtaining unfair advantage for an official, an athlete or a team.*
- (d) convicted of a criminal offence.*
- (e) acts of misconduct, including those caused by consumption of alcohol or other substances, whether prohibited in the FINA Rules or not, and similar acts,*
- (f) acts of indiscretion,*
- (g) acts of insubordination, and*
- (h) partiality.*

*Unjustified offences may be considered independent of any action taken or not taken by the referee or the Technical Committees of FINA.*

*The “Regulations for Disciplinary Actions in Water Polo at FINA Events” adopted by the FINA Bureau shall be in force for water polo but shall not restrict the application of this Code.*

### **Article 3 SANCTIONS**

*Any Member of FINA, or club, or team or individual person covered in this Code may be sanctioned by the FINA Bureau or when the Bureau is not assembled by the FINA Executive in accordance with FINA rule C 12 “Sanctions”. Sanction for partiality can only be imposed on officials in any position in FINA. Sanctions may also be imposed by the Management Committees duly appointed by the FINA Executive subject to the right of appeal to the FINA Bureau in accordance with FINA Rule C 12.9.2.*

### **Article 4 CONSIDERATION**

*In the imposition of any sanction, the nature of the offence, the circumstances under which it occurred, the gravity of the offence, the character of the action and other consideration that is in harmony with the objectives of FINA must be taken into account.*

### **Article 5 PROCEDURES FOR IMPOSING SANCTIONS**

*Upon learning, verbally or in writing of any offence included in this Code FINA Rule C 12.7 shall be applied.*

### **Article 6 APPEALS**

*For appeals against sanctions for incidents or offences in Article 2 of this Code FINA Rule C 12.9 shall be valid.*

## **BL 1 PROCEDURE AND REGULATIONS COVERING AFFILIATION FEES**

**BL 1.1** The Treasurer shall send to all the affiliated Members of FINA, during the first week of October each year, a notice accompanied by an invoice requesting payment of the affiliation fee in January for the subsequent year.

**BL 1.2** Any Member whose affiliation fee is not paid by the end of January each year must be notified immediately by the Treasurer, requesting payment and advising the delinquent Member that if payment is not received by March 31<sup>st</sup>, they will be under suspension from April 1<sup>st</sup> until the fee is paid or until the Bureau has decided otherwise.

**BL 1.3** The Treasurer shall, in the month of April, notify any Member whose affiliation fee has not been paid by March 31<sup>st</sup> that they are suspended and that any Member whose fee is not paid by the July 1<sup>st</sup> may be declared unaffiliated by the Bureau.



**BL 1.4** The Treasurer, in the months of April and July, shall forward to the President and Honorary Secretary of FINA, the list of the Members who have not paid the affiliation fee.

**BL 1.5** The Honorary Secretary shall notify all Members of all suspensions and loss of affiliation and when membership status has been reinstated.

**BL 1.6** All notices related to BL 1.2 BL 1.4, forwarded to Members by the Treasurer or Secretary, shall be sent by registered mail.

## **BL 2 MAIL VOTE**

**BL 2.1** Where a vote by mail is required or decided to be taken, the Honorary Secretary shall mail by registered air mail, to each member of the Bureau a clear statement to the question to be voted upon with a request that each member shall send his vote thereon to the Honorary Secretary of FINA and the request shall state on what date the voting shall be closed. This date shall not be less than one calendar month after the question has been mailed.

**BL 2.2** The Honorary Secretary may at any time, when sufficient votes have been received to either carry or reject the question, announce the result of the same and the result so announced shall be decisive. The ballots cast by each member shall be kept in the files.

**BL 2.3** Within five days of closing the mail vote the Honorary Secretary shall mail to each Bureau member a copy of the question and a result of the vote.

**NOTE:** These procedures for the taking of a mail vote shall apply not only to the FINA Bureau but also to all of the FINA Technical Committees, except that the procedure will be carried out by the Secretary of the respective Technical Committee rather than by the Honorary Secretary of FINA.

## **BL 3 RULES OF ORDER FOR CONGRESSES**

**BL 3.1** The President or other person appointed pursuant to C 15.3 or C 16.4, as Chairman, regulates the course of business of the meeting and is assisted by the presidium as follows:

- a) The Executive Committee members of the FINA Bureau.
- b) The Honorary Life President.

**BL 3.2** At the Congress meeting, only matters appearing on the agenda may be discussed as provided by C 15.4 or C 16.2. All discussions, proposals, recommendations, and resolutions shall be on the basis of the established rules of FINA. If such one of those proposed recommendations or resolutions is not in accordance with the established rules, it shall be automatically rejected.

**BL 3.3** Motions for changes or extensions of the agenda may be proposed by accredited members of the Congress at any time up to the end of the Congress, provided they are urgent and are approved by two thirds majority vote in favour, as provided in C 15.9 or C 16.7.

### **BL 3.4 Procedures**

**BL 3.4.1** Motions shall be dealt with according to the order of precedence as printed in the respective supplement or bulletin, providing that the proposals of the Bureau shall take precedence.

**BL 3.4.2** Motions are listed by number in order of precedence number 1 having a higher priority than any greater number.

**BL 3.4.3** The action proposed by the FINA Bureau shall be first announced at each motion. (Motion recommended or not recommended.)

**BL 3.4.4** The main motion may be amended and the amended motion also amended (i.e. further amendment). An amendment to a motion must be voted on before the main motion as amended is brought to a vote.

**BL 3.4.5** The proposals, in order of precedence, shall be discussed and voted upon, provided that such proposals are not similar in meaning and intent to those already rejected.

**BL 3.4.6** Motions, except those of the Bureau, require a second before discussion can commence. The President must explicitly ask for a second to the motion. Questions on the motion, points of order, or withdrawn motions do not require a second.

**BL 3.4.7** The delegate proposing the motion shall be given the privilege of speaking briefly to the motion if he wishes. He has the right of reply before a vote is taken.

**BL 3.4.8** Except as provided in BL 3.4.7, delegates may speak only once to the motion. The period of speeches may be limited. If this is the case, the duration will be announced previously.

**BL 3.4.9** All accredited members of the Congress, according to C 15.2 or C 16.3 have the right to ask questions during the debate on any agenda item and make comments on the method of voting. In addition, the Bureau has the right to present to the delegates, in written form, its recommendation in relation to a motion submitted pursuant to C 15.4 or C 16.2, provided always that such a submission is made not later than one hour before the beginning of the Congress.

**BL 3.4.10** The President or Chairman has the flexibility and power to make any necessary decisions in order to expedite the business of the Congress in an efficient and practical manner.

### **BL 3.5 Voting**

**BL 3.5.1** Before submitting a motion to a vote, the President shall present the question concerned in concise, clear, and unequivocal terms.

**BL 3.5.2** The decisions shall be made on the basis of simple majority vote of the delegates present and voting.

**BL 3.5.3** The Chairman will propose for the approval of the Congress at least three scrutineers, for all votings. Their report shall be given to the Chairman or the Secretary.

**BL 3.5.4** The methods of voting which may be adopted by the meeting (for and against) are

- (i) by show of hands,
- (ii) by a standing vote (Division)
- (iii) by calling the roll (Division), or
- (iv) by a secret ballot, proposed and seconded.

**BL 3.5.5** If the correctness of a vote is questioned, the President or Chairman of the meeting shall decide the validity of the complaint, taking care that this correctness will not be a reopening of a motion already voted. If somebody asks to reopen the question, it shall be necessary to have two-thirds majority in favour. If not, this motion shall be rejected.

### **BL 3.6 Elections**

If required, the election of the Bureau and officers shall be by secret ballot and in conformity with the provisions of C 17.3, C 17.4 and C 17.5. In the case of a draw for place in the ballot for the election of the Bureau, a new ballot will be taken based on the candidates involved.

### **BL 3.7 Revision Committee**

**BL 3.7.1** At all Congresses a Revision Committee shall be appointed in order to correct, improve, update, change, or amend amendments to motions suggested during the discussion of a motion or any other recommendation to the Congress made by the Bureau or proposed by the delegates for the conformity of the decisions of the Congress.

**BL 3.7.2** When an amendment or a recommendation has been referred to the Revision Committee, decisions concerning the motion in question shall be adjourned, but the Congress shall continue with the agenda until the Revision Committee has reported back to the Congress.

### **BL 3.8 Minutes of the Meeting**

**BL 3.8.1** At each Congress, a full record of the minutes of the proceedings of the Congress shall be kept. The minutes must be available to all Members within a period of four (4) months following the Congress.

**BL 3.8.2** If no objections arise within a period of an additional two (2) months, the minutes stand approved as circulated.

**BL 3.8.3** The original draft minutes must be retained until they are finally confirmed.

**BL 3.8.4** The minutes shall be published in the FINA Circular. For special reasons, the FINA Members may be informed in written form of the decisions reached before they are published in the Bulletin.

### **BL 4 RULES OF ORDER FOR THE BUREAU AND COMMITTEES**

**BL 4.1** The Honorary Secretary shall ensure that the first notice of any duly called meeting will be mailed at least four (4) months ahead of the date of the meeting. If a quorum is not assured thirty (30) days before the date of the meeting, the meeting is to be cancelled.

**BL 4.2** The President of FINA or in his absence the appointed Vice President shall take the Chair at all meetings of the Bureau.

**BL 4.3** Should neither the President nor a Vice President be present at the meeting, those present and entitled to vote shall elect one of their members as Acting Chairman.

**BL 4.4** The Chairman shall have a second or casting vote in the event of a tie in the voting.

**BL 4.5** The President or Chairman has the authority and power to make any necessary decisions in order to expedite the business of the meeting in an efficient and practical manner.

**BL 4.6** In the interval between meetings, any action that might lawfully be taken may also be taken by a mail vote.

**BL 4.7** The Honorary Secretary shall keep records of each meeting.

### **BL 5 SELECTION OF MEMBERS OF STANDING COMMITTEES**

**BL 5.1** The composition of the Standing Committees as listed in C 18.1 shall consist of at least one member from each geographical region as listed in C 17.4. For the elections of geographical representatives, only Bureau members from the respective continent may nominate and vote on the candidates.

**BL 5.2** Each Member shall have the right to make proposals for candidates for membership on the Standing Committees as described in C 18.2 to the Honorary Secretary.

**BL 6 TECHNICAL OFFICIALS**

The maximum age of Technical Officials (Judges, Starters and Referees) when officiating at FINA Championships or FINA Competitions, except Masters, shall be sixty five (65) years during the year of competition. Technical Officials on the FINA Lists of International Referees, Starters or Judges above that age shall be entitled to officiate until the end of their appointment.

**BL 7 ADVERTISING AT FINA WORLD CHAMPIONSHIPS AND FINA COMPETITIONS**

**PREAMBLE:** Identification in FINA Rule GR 6.1 means the normal display of the name, designation, trademark, logo or any other distinctive sign of the manufacturer of the item or of any other advertiser permitted in accordance with this rule.

**BL 7.1 Advertising**

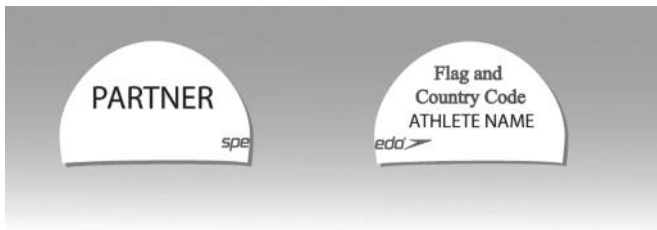
Advertising identification appearing on swimwear, pool deck equipment and official's uniforms at FINA Championships and Competitions, with exception for FINA World Masters Championships, is permitted as follows:

**BL 7.1.1 Swimsuits:**

- One (1) manufacturer's logo of a maximum size of 20 square centimetres when worn. Where one-piece body suits are used, two (2) logos of the manufacturer shall be permitted, one above the waist and one below the waist of a maximum size of 20 square centimetres each when worn. These two (2) logos of the manufacturer shall not be placed immediately adjacent to each other. Where two-piece body suits are used, the two (2) logos of the manufacturer shall be placed on one part each.
- One (1) flag and one (1) country name or code of a maximum of 20 square centimetres when worn.
- One (1) sponsor's logo of a maximum of 20 square centimetres when worn.

**BL 7.1.2 Caps:**

- One (1) manufacturer's logo of a maximum of 20 square centimetres on the front.
- One (1) FINA Partner's logo of the size decided by FINA from case to case. The side on which the Partner's logo shall be printed will be advised by FINA.
- One (1) flag and/or country name (code) of the size of 32 square centimetres. The side on which the flag and country name (code) shall be printed will be advised by FINA.
- Athlete's name of the size of 20 square centimetres. The athlete's name shall be printed on the same side as the flag and country name (code).



### BL 7.1.3 Goggles

- Two (2) manufacturer logos of maximum 6 square centimetres are allowed on goggles but only on the spectacle frame or band.

### BL 7.1.4 Athletes Bibs

- The maximum size of the Bibs shall be 24 cm (width) x 20 cm (height).
- The height of the digits on the Bibs shall be no less than 6 cm and no more than 10 cm.
- The maximum height of the identification above the digits shall be 6 cm. The identification may display the name/logo of a Sponsor.
- The maximum height of the identification below the digits shall be 4 cm. The identification may display the name/logo of the Host City.
- The Bibs shall be printed in suitable colours in order to ensure maximum visibility of the digits.
- The Bibs must be worn fully visible during Athletes' introduction and award ceremonies.

An athlete removing the Bib before being presented at the start of an event or before completion of the victory ceremony may be disqualified.

Only one FINA Sponsor may be displayed on Bibs. However, there may be one sponsor for men and another for women at the same Championships.

#### Numbered Bibs



#### Award Bibs



**BL 7.1.5 Pool deck equipment**

Two (2) advertising identifications of which one shall be of the manufacturer logo are permitted, with a maximum size of 20 square centimetres each when worn for any of the clothing items listed below, and a maximum size of 6 square centimetres each for any of the accessories and equipment items listed below. Identification on clothing must be placed on the top breast side so that Bibs requested by FINA may be worn well visible below.

- T-shirt
- Polo Shirt
- Casual Shirt
- Sweat shirt
- Bath robe
- Tracksuit top
- Pants
- Shorts
- Skirts
- Windbreaker
- Towels (6 square centimetres)
- Baseball Caps (6 square centimetres)
- Hats (6 square centimetres)
- Socks (6 square centimetres)
- Footwear (6 square centimetres)
- Bags

**BL 7.1.6** Any advertising identifications which are not indicated in these regulations are not permitted. In the event that any clothing contravenes these regulations, the competitor must immediately remove the offending item(s) and replace it/them with clothing that complies with FINA rules. In the event that the breach is not immediately remedied the competitor may be requested to wear attire provided by the Organising Committee.

**BL 7.1.7** FINA reserves the right to request Federations taking part in FINA Championships and Competitions to present any advertising identification in this rule for examination and approval of FINA prior to the event in question.

**BL 8 SWIMWEAR**

**BL 8.1** All FINA approved swimwear to be used at the Olympic Games and FINA World Championships must be approved by FINA at least twelve (12) months prior to the start of the respective competition. In addition, it must be available for all competitors by 1st January of the year of the Olympic Games or FINA World Championships.

**BL 8.2** In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit.

**BL 8.3** From January 1, 2010 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor shall extend below knee. All swimsuits shall be made from textile materials.

## **BL 9 OLYMPIC GAMES, WORLD CHAMPIONSHIPS AND WORLD SWIMMING CHAMPIONSHIPS (25m)**

**Preamble:** The programme of events at the Olympic Games established by the IOC on proposal of the FINA Bureau shall be announced as soon as it has been approved. The programme of events at the World Championships shall be as in GR 9.6

### **BL 9.1 Officials**

The Judges nominated must be of the same nationality as the FINA Member Federation signing the form and fully certified by the respective Technical Committee.

The FINA Technical Committees will propose Technical Officials (Judges and Referees) to act at the Olympic Games or World Championships from the current FINA Officials Lists in the respective discipline, for approval by the FINA Bureau or FINA Executive.

For no show of nominated officials the respective Federation will be fined 100 Swiss Francs.

### **BL 9.2 Facilities**

**BL 9.2.1** At Olympic Games and World Championships Rules FR 3, FR 6, FR 8 and FR 11 shall apply.

**BL 9.2.2** At Olympic Games and World Championships approved Automatic Officiating Equipment shall be provided and used.

**BL 9.2.3** All pools shall be available for use by entered competitors before the competition begins. Swimming, Water Polo, Synchronised Swimming – five (5) days prior, Diving – eight (8) days prior.

**BL 9.2.4** During the competition days the pools shall be available for training when competitions are not in progress.

**BL 9.2.5** Seating positions along the side of the pool shall be provided for all competitors, team officials and unassigned technical officials, from which they may properly observe training and competitions.

### **BL 9.3 Entries**

#### **BL 9.3.1**

**a.** Each Federation concerned must confirm its desire to take part in



the World Championships to the Organising Federation at least four (4) months before the beginning of the Championships with a copy to the FINA Office. Forms for confirmation shall be distributed to all Members of FINA to reach them at least one (1) month in advance of the required date.

**b.** Thirty (30) days before: Final confirmation by each Federation of the actual number of male and female competitors they will be sending.

**BL 9.3.2** For Olympic Games, entries shall be made on official forms signed by the Secretary of the respective National Olympic Committee and delivered to the Organising Committee of the Country holding the Games, on or before the date determined by the International Olympic Committee. The Honorary Secretary of FINA or his deputy shall claim these entries at least seven (7) days before the start of the first competition.

**BL 9.3.3** For World Championships, entries shall be made on official entry forms signed by the Secretary of the respective Member and delivered to the Organising Committee on or before the date determined by FINA. The Honorary Secretary of FINA or his deputy shall claim these entries at least five (5) days before the start of the first competition.

#### **BL 9.3.4**

**BL 9.3.4.1** Competitors entered for Diving, Water Polo, and Synchronised Swimming cannot swim relay events, and those entered for Swimming, Diving, and Synchronised Swimming cannot be used as Water Polo reserves, with the proviso that one and the same swimmer could compete in Water Polo as well as other Swimming competitions, if officially entered for such competitions.

**BL 9.3.4.2** Each competitor at World Championships and FINA competitions must wear on the chest over their tracksuit such advertising as supplied by FINA when being introduced prior to the start of each event and during the victory ceremony.

**BL 9.3.5** At least seven (7) days before the commencement of the Olympic Games or the World Championships, the Secretaries of the Members sending competitors shall forward to the Organising Committee of the Country hosting the competition a list of any competitors entered who are not starting, so that the non starters may be eliminated from the entries.

#### **BL 9.3.6 Swimming**

**BL 9.3.6.1** For each individual event at the World Championships, each Member may enter a maximum of two (2) competitors, regardless of standards. For each individual event at the Olympic Games the FINA Bureau will establish Standard Entry Times on two levels: A and B, of which B shall be easier to achieve. If a National

Federation/NOC enters only one (1) swimmer per event all swimmers entered must meet the qualifying B standard time. If two (2) swimmers are entered in the same event, both of them must meet the qualifying A standard time. Standard entry times can only be achieved in competitions approved for that purpose by FINA.

**BL 9.3.6.2** National Federations/NOCs may enter swimmers regardless of time standard as follows:

- having no swimmer qualified: one (1) man and one (1) woman
- having one swimmer qualified: one (1) swimmer of the other sex provided that:
  - the swimmer(s) participated in the 14<sup>th</sup> FINA World Championships – Shanghai 2011
  - FINA will decide which swimmers will be invited to take part at the Olympic Games based on their performance.

**BL 9.3.6.3** Each Member may enter only one (1) team in each relay event. All swimmers entered in individual events can be used in relays. In the Olympic Games, not more than sixteen (16) teams can be entered in each relay competition. The top twelve (12) finishers at the 14<sup>th</sup> FINA World Championships – Shanghai 2011 shall be qualified based upon the results achieved. The four (4) other teams shall be selected by FINA on the basis of the fastest times achieved in the fifteen-month period before the Olympic Games in competitions approved for that purpose by FINA.

Each National Federation/NOC may enter additional swimmers for relays only, provided that they have achieved the “B” standard for the stroke and distance.

The following formula shall apply:

- One (1) Relay - two (2) extra swimmers
- Two (2) Relays - four (4) extra swimmers
- Three (3) Relays - six (6) extra swimmers
- Four (4) Relays - ten (10) extra swimmers
- Five (5) Relays - twelve (12) extra swimmers
- Six (6) Relays - sixteen (16) extra swimmers

**BL 9.3.6.4** The composition of a relay team may be changed between heats and finals of an event. When preliminaries are swum, medals shall be awarded to those swimmers who swam in the heats and the final race.

**BL 9.3.6.5** The names of swimmers actually swimming on a relay must be submitted at least one hour before the start of the session in which the event is to take place, in the order in which they are

to swim. The names of swimmers in medley relay events must be listed for their respective strokes.

**BL 9.3.6.6** Each Member may enter a maximum number of twenty-six (26) men and twenty-six (26) women swimmers.

**BL 9.3.6.7** The heats, semi-finals and finals shall be arranged in accordance with Rule SW 3, under the supervision of the Technical Swimming Committee.

**BL 9.3.6.8** The entry list shall be published at least four (4) days before the first day of competition.

**BL 9.3.6.9** In every event, in the Olympic Games and World Championships, including 800m and 1500m Freestyle for women and 800m and 1500m Freestyle for men, competitors shall be seeded for the heats in accordance with the times submitted on the official entry form.

Swimmers shall be advanced to semi-finals and finals on the basis of their times in the heats and semi-finals.

In the World Swimming Championships (25m) and World Junior Swimming Championships, the 800m Freestyle for women and the 1500m Freestyle for men may at the discretion of the Bureau be conducted on a timed final basis with the fastest heat only conducted during the finals session.

In distances of 50m, 100m and 200m, heats, semi-finals and finals will be held. At the World Swimming Championships (25m) and World Junior Swimming Championships events of 200 m and above only heats and finals will take place.

#### **BL 9.3.6.10**

##### **Underwater Camera Protocol:**

a) Underwater cameras may only be used to confirm and/or overrule stroke infraction calls made on the deck.

b) Referees on the FINA Technical Swimming Committee will review all stroke infraction calls made on the deck to confirm or overrule such calls. If the video is inconclusive for any reason, the call made on the deck will stand.

**BL 9.3.6.11** When underwater cameras are used at Olympic Games and FINA World Championships, a FINA TSC Referee shall supervise the room.

### **BL 9.3.7 Open Water Swimming**

**BL 9.3.7.1** For the Olympic Games and World Championships each member may enter a maximum of two (2) males and two (2) females per event.

#### **BL 9.3.7.2 World Championships**

In events of 10 km and under it is mandatory for the head or cap to display on each side the “national-three letter code” and may display the swimmer’s national flag. The country code shall be a minimum of 0.04m in height.

#### **BL 9.3.7.3 The Start**

For Olympic Games the start shall be from a fixed platform.

#### **BL 9.3.7.4 Numbering of swimmers**

The numbering of athletes is to appear on the arms, upper backs and hands of competitors. On the arms the numbers shall be arranged vertically. On the upper backs and hands the numbering is horizontally. The numbering of the arms and backs is made with an ink template: 100mm high x 60 mm wide. The numbering of the hands of competitors is allowed by marking pens. For athletes with darker skin and full body swim suits a white marker pen will be required.

#### **BL 9.3.7.5 Olympic Games**

**BL 9.3.7.5.1** Only events in 10 km will be held for both Men and Women.

**BL 9.3.7.5.2** Qualification for London 2012 Olympic Games

7<sup>th</sup> FINA World Open Water Swimming Championships 2012  
The first ten (10) finalists from the 10 km event – men and women – will qualify.

##### **• Continental Representation**

The first eligible finisher in the 10 km event – Men and Women – from each of the five (5) continents will qualify.

In the event that a NF/NOC has previously qualified one (1) or two (2) swimmers, the selection process will move to the next eligible continental finisher in the event to ensure that each of these competitions yields a competitor.

##### **• Host Nation**

One (1) male and one (1) female marathon swimmer from the Host nation, if not previously qualified, will qualify. If the Host

nation qualifies two (2) athletes through the Point 1 above or one (1) athlete through the Point 2 above, then this slot will be added to Point 4 and allow it to yield an additional qualification place.

• **FINA Olympic Marathon Swim Qualifier**

NFs/NOCs not having qualified swimmers through points 1, 2 or 3 above may elect to send two (2) athletes per event. Each NF/NOC will qualify only one (1) athlete (per event). All remaining qualification places will be filled at this competition. The swimmers already qualified through points 1, 2 or 3 may participate in this competition.

**BL 9.3.8 Diving**

**BL 9.3.8.1** At the Olympic Games and the World Championships, in springboard and platform Diving contests only dives prescribed by the FINA Rules for Diving shall be executed.

**BL 9.3.8.2 World Championships**

Each Member may enter a maximum of two (2) competitors, regardless of standards, for each individual event and one (1) team of two (2) competitors for each synchronised diving event.

**BL 9.3.8.3 Olympic Games**

**BL 9.3.8.3.1 General**

An NF/NOC may enter up to two (2) divers for each individual event (springboard or platform) and up to two (2) divers in each synchronised diving event (springboard or platform) on the same height, for which the divers and/or federation team is qualified.

2012 Olympic Qualification System:

*Phase I*

FINA World Championships, Shanghai (CHN) 2011

Individual Diving Events: 3 Metre and 10 Metre Men and Women

12 Finalists (earned qualification positions for their NF/NOC)

Synchronised Diving Events: 3 Metre and 10 Metre Men and Women

Top Three (3) Finalists plus the host nation (GBR)

*Phase II*

FINA World Cup 2012, London (GBR)

Individual Diving Events: 3 Metre and 10 Metre Men and Women

18 Semi-Finalists (earned qualification positions for their NF/NOC to a maximum of two (2) per NF/NOC)

To qualify for the remaining ranked placings, those divers competing in the World Cup will dive on Day 6, or in accordance with the agreed schedule of the World Cup programme, representing their NF/NOC to secure a provisional placing.

Synchronised Diving Events: 3 Metre and 10 Metre Men and Women

Top Four (4) placed teams, excluding those teams previously qualified in Phase I.

**BL 9.3.8.3.1.1** Following the conclusion of the 18<sup>th</sup> FINA Diving World Cup 2012 and not later than fourteen (14) days thereafter each National Federation/NOC will be notified the number of divers that National Federation/NOC may enter in the Olympic Games. The total number of divers to be entered shall not to exceed one hundred and thirty six (136).

**BL 9.3.8.3.1.2** No later than thirty (30) days prior to the closing deadline for the receipt of entries by the Olympic Games Organising Committee, the National Federation/NOC shall advise FINA the number of the allowed divers that the National Federation / NOC will enter in each event. If a diver will be entered both as a team member in synchronised diving and as an individual competitor on the same height, that diver should only be counted as one person. (Example: If both synchronised divers in springboard also compete individually in springboard, the total number of springboard divers shall be reported as two (2)).

**BL 9.3.8.3.2 Synchronised Diving (Springboard and Platform)**

There shall be eight (8) synchronized diving teams in each event. Synchronized diving teams shall be qualified by National Federation / NOC according to the following:

- (i) The first three (3) teams from the 14<sup>th</sup> FINA World Championships – Shanghai 2011
- (ii) One (1) team from the Host Country
- (iii) The first four (4) additional teams from the 18<sup>th</sup> FINA Diving World Cup - 2012.

If any of the eight (8) qualified teams withdraws it shall be replaced by the next ranked team at the 18<sup>th</sup> FINA Diving World Cup - 2012.

**BL 9.3.8.3.3 Individual Diving (Springboard and Platform)**

**BL 9.3.8.3.3.1** All divers participating in individual events must meet the FINA Diving Qualifying Requirements as specified in BL 8.3.8.3.3.4.

**BL 9.3.8.3.3.2** A National Federation / NOC is limited to enter-

ing a maximum of two (2) divers in each individual event.

**BL 9.3.8.3.3** There shall be a maximum of thirty-four (34) divers participating in each individual event.

**BL 9.3.8.3.4** Individual divers shall be qualified by National Federation / NOC according to the following:

(i) The first twelve (12) finalists in each individual event from the 14<sup>th</sup> FINA World Championships – Shanghai 2011 shall earn a position for his/her National Federation / NOC.

(ii) The Champion in each of the Continental Championships so designated to FINA and conducted in 2011 or 2012 but prior to the 18<sup>th</sup> FINA Diving World Cup shall earn a position for his/her National Federation / NOC.

(iii) Additional divers up to a maximum of thirty-four (34) in each event according to their ranking from the 18<sup>th</sup> FINA Diving World Cup – 2012 shall earn a position for his/her National Federation / NOC.

**BL 9.3.8.3.5** If a diver qualified in accordance with BL 8.3.8.3.4 has not been entered to the Olympic Games a substitute shall be selected according to the same rule to the extent that the aggregate of all entries (Synchronised Diving and Individual Diving) does not exceed one hundred and thirty six (136).

### **BL 9.3.9 Synchronised Swimming**

**BL 9.3.9.1** For Olympic Games, team routines shall consist of eight (8) competitors. The total number of competitors entered by each Federation (unless otherwise specified) may not exceed nine (9) competitors.

For World Championships and FINA competitions, team routines shall consist of eight (8) competitors and ten (10) for Combination. The total number of competitors entered by each Federation (unless otherwise specified) may not exceed twelve (12) competitors.

**BL 9.3.9.2** Each Member may enter one Solo, one Duet, one Team and one Combination in the World Championships and subject to I.O.C. approval in the Olympic Games.

### **BL 9.3.9.3 World Championships events**

Solo, Technical Routine

Solo, Free Routine

Duet, Technical Routine

Duet, Free Routine

Team, Technical Routine  
Team, Free Routine  
Combination

#### **BL 9.3.9.4 Olympic Qualifying Tournament**

In the year of the Olympic Games, or as close as possible to the Olympic Games, a Qualifying Tournament shall be held.

#### **BL 9.3.9.5 Olympic Games**

##### **BL 9.3.9.5.1 Teams**

The Olympic competition shall be for a maximum of eight (8) teams selected in the following manner:

- Automatically one (1) team from the Continental Championships of the five (5) continents. The Host Country will be representative of that continent.
- The other three (3) teams shall qualify from the Olympic Games Qualifying Tournament in Synchronised Swimming in the year of the Olympic Games.
- If for any reason qualified teams do not wish to participate in the Olympic Games, then the next ranked team(s) from the Olympic Games Qualifying Tournament shall be invited to attend.

##### **BL 9.3.9.5.2 Duets**

The competition shall be for a maximum of twenty-four (24) duets selected in the following manner:

- The Host Country automatically qualifies
- One (1) duet from the Continental Championships of the five (5) continents.
- Eight (8) duets from the teams qualified as above
- Plus the next ranked duets from the Olympic Games Qualifying Tournament.
- If for any reason a qualified duet does not wish to participate in the Olympic Games then the next ranked duet(s) from the Olympic Games Qualifying Tournament shall be invited to attend.

#### **BL 9.3.10 Water Polo**

For Water Polo, an entry of a maximum of thirteen (13) players may be accepted.

##### **BL 9.3.10.1 Qualification for Olympic Games Men**

**BL 9.3.10.1.1** The competition shall be between a maximum of twelve (12) teams selected in the following manner:



**BL 9.3.10.1.2** The first team from the preceding year's World League. If this team has already qualified as the continental representative (BL 9.3.10.1.4) then the next ranked team from the World League qualifies.

**BL 9.3.10.1.3** The first three (3) teams from the preceding World Championships. If any one of these three (3) teams has already qualified as the continental representative (BL 9.3.10.1.4) or from the preceding year's World League (BL 9.3.10.1.2) the next ranked team from the World Championships qualifies.

**BL 9.3.10.1.4** Automatically one (1) team from the Continental Championships of the five (5) continents or if already qualified at the preceding year's World League (BL 9.3.10.1.2) or at the 14th FINA World Championships Shanghai 2011 (BL 9.3.10.1.3), then the next ranked team from the continental championships will qualify. The Host Country will be the representative of that continent.

**BL 9.3.10.1.5** The other three (3) teams are to come from the highest placed teams at the Olympic Games Qualification Tournament - Men.

**BL 9.3.10.1.6** If, for any reason, no team enters from a continent, or if there is an unfilled vacancy from among the teams qualified from the preceding year's World League or preceding World Championship, the next ranking team(s) will then be taken in order from their placing at the Olympic Games Qualification Tournament - Men.

**BL 9.3.10.1.7** FINA has authority to amend BL 9.3.10.1 and list in chronological order to reflect the qualification of teams in accordance with the timing of FINA Events.

#### **BL 9.3.10.2 Olympic Games Qualification Tournament - Men**

**BL 9.3.10.2.1** The competition shall be between a maximum of twelve (12) teams selected through continental qualification tournaments or continental championships in the following manner:

**BL 9.3.10.2.2** The twelve (12) teams from the continents shall be selected according to the following formula: Europe - 5; Americas - 3; Asia - 2; Africa - 1; and Oceania - 1. The Host Country will be considered to be a representative from that Continent.

**BL 9.3.10.2.3** The highest qualifying team(s) from the continental qualification tournament or continental championship shall be entitled to represent that continent; if any teams do not accept, then the next highest ranking team willing to accept and participate in the Olympic Games Qualification Tournament shall qualify.

**BL 9.3.10.2.4** If there is an unfilled vacancy from a continent, then that vacancy shall be filled by the next highest placed team(s) from the continental qualification tournament or continental championship with the following rotation: host continent of the Olympic Games Qualification Tournament, Americas, Asia, Europe, Oceania and Africa.

### **BL 9.3.10.3 Qualification for Olympic Games – Women**

**BL 9.3.10.3.1** The competition shall be for a maximum of eight (8) teams selected in the following manner:

**BL 9.3.10.3.2** Automatically one (1) team from the Continental Championships of the five (5) continents. The Host Country will be the representative of that continent.

**BL 9.3.10.3.3** The other three (3) teams qualify from the Olympic Games Qualification Tournament – Women

**BL 9.3.10.3.4** If for any reason, qualified teams do not wish to participate in the Olympic Games, the next ranking team(s) will then be taken in order from their placing at the Olympic Games Qualification Tournament - Women

### **BL 9.3.10.4 Olympic Games Qualification Tournament - Women**

**BL 9.3.10.4.1** The competition shall be between a maximum of twelve (12) teams selected through continental qualification tournaments or continental championships.

**BL 9.3.10.4.2** The twelve (12) teams from the continents shall be selected according to the following formula: Europe – 5; Americas – 3; Asia – 2; Africa – 1; and Oceania – 1. The Host Country will be considered to be a representative from that Continent.

**BL 9.3.10.4.3** The highest qualifying team(s) from the continental qualification tournament or continental championship shall be entitled to represent that continent; if any teams do not accept, then the next highest ranking team willing to accept and participate in the Olympic Games Qualification Tournament shall qualify.

**BL 9.3.10.4.4** If there is an unfilled vacancy from a continent, then that vacancy shall be filled by the next highest placed team(s) from the continental qualification tournament or continental championship with the following rotation: host continent of the Olympic Games Qualification Tournament, Americas, Asia, Europe, Oceania and Africa.

### **BL 9.3.10.5 Qualification for World Championships – Men**

**BL 9.3.10.5.1** The competition shall be between a maximum of sixteen (16) teams selected in the following manner:

**BL 9.3.10.5.2** The four (4) highest ranking teams from the preceding World Cup or Olympic Games, two (2) highest ranking teams from the preceding year's World League, one (1) team from the host country and nine (9) teams from the five (5) continents to be selected through continental qualification tournaments or continental championships. The nine (9) teams from the continents shall be selected according to the following formula: Europe – 3; Americas – 2; Asia – 2; Africa – 1; and Oceania – 1.

**BL 9.3.10.5.3** If any one of the teams qualified from the preceding year's World League are in the first four (4) from the preceding World Cup or Olympic Games, the next ranked team from that World Cup or Olympic Games qualifies.

**BL 9.3.10.5.4** The highest qualifying team(s) from the continental qualification tournament or continental championships shall be entitled to represent that continent; if any team does not accept, then the next highest ranking team willing to accept and participate in the World Championships shall qualify.

**BL 9.3.10.5.5** If the host country is already included in the four (4) highest ranking teams from the preceding World Cup or Olympic Games, then that entry position shall be filled by the next highest placed team from that World Cup or Olympic Games.

**BL 9.3.10.5.6** If another of the four (4) highest ranking teams from the preceding World Cup or Olympic Games or one (1) of the two (2) highest ranking teams from the preceding year's World League does not enter, then that position shall be filled from the next highest placed team from that World Cup or Olympic Games.

**BL 9.3.10.5.7** If no team enters from a continent or if there is an unfilled vacancy from among the teams qualifying from the preceding World Cup, Olympic Games or preceding year's World League, then each vacancy for that World Championship shall be filled by the next highest placed team(s) from the continental qualification tournament or continental championships with the following rotation: Americas, Europe, Host Continent, Asia, Oceania and Africa.

#### **BL 9.3.10.6 Qualification for World Championships Women**

**BL 9.3.10.6.1** The competition shall be between a maximum of sixteen (16) teams selected in the following manner:

**BL 9.3.10.6.2** The four (4) highest ranking teams from the preceding World Cup or Olympic Games, two (2) highest ranking teams from the preceding year's World League, one (1) team

from the host country and nine (9) teams from the five (5) continents to be selected through continental qualification tournaments or continental championships. The nine (9) teams from the continents shall be selected according to the following formula: Europe – 3; Americas – 2; Asia – 2; Africa – 1; and Oceania – 1.

**BL 9.3.10.6.3** If any one of the teams qualified from the preceding year's World League are in the first four (4) from the preceding World Cup or Olympic Games, the next ranked team from that World Cup or Olympic Games qualifies.

**BL 9.3.10.6.4** The highest qualifying team(s) from the continental qualification tournament or continental championships shall be entitled to represent that continent; if any team does not accept, then the next highest ranking team willing to accept and participate in the World Championships shall qualify.

**BL 9.3.10.6.5** If the host country is already included in the four (4) highest ranking teams from the preceding World Cup or Olympic Games, then that entry position shall be filled by the next highest placed team from that World Cup or Olympic Games.

**BL 9.3.10.6.6** If another of the four (4) highest ranking teams from the preceding World Cup or Olympic Games or one (1) of the two (2) highest ranking teams from the preceding year's World League does not enter, then that position shall be filled from the next highest placed team from that World Cup or Olympic Games.

**BL 9.3.10.6.7** If no team enters from a continent or if there is an unfilled vacancy from among the teams qualifying from the preceding World Cup or Olympic Games or preceding year's World League, then each vacancy for that World Championship shall be filled by the next highest placed team(s) from the continental qualification tournament or continental championship with the following rotation: Americas, Europe, Host Continent, Asia, Oceania and Africa.

### **BL 9.3.10.7 World Junior Championships Men (Age as in WPAG 2)**

**BL 9.3.10.7.1** The competition may be between either a maximum of sixteen (16) teams or a maximum of twenty (20) teams.

**BL 9.3.10.7.2** For a sixteen team (16) competition, the competition must occur at one site; for a twenty (20) team competition, the competition may occur at two (2) sites in one country. A host may bid for either a system (16) team or a twenty (20) team competition. The host country will be responsible for the transportation of the teams from one site to another as required. This transportation will be at the expense of the host country.

**BL 9.3.10.7.3** In the case of a maximum sixteen (16) team competition, the teams shall include the highest ranking team from the preceding World Junior Championships with the remaining teams selected through continental qualification tournaments or continental championships according to the following formula: Host – 1; Europe – 6; Americas – 4; Asia – 2; Oceania – 2 and Africa – 1. The highest ranking team from the preceding World Junior Championships will be considered to be a representative of that continent for the purpose of the formula.

**BL 9.3.10.7.4** In the case of a maximum twenty (20) team competition, the teams shall include the highest ranking team from the preceding World Junior Championships with the remaining teams selected through continental qualification tournaments or continental qualification tournaments or continental championships according to the following formula: Host – 1; Europe – 7; Americas – 5; Asia – 3; Africa – 2; and Oceania – 2. The highest ranking team from the preceding World Junior Championships will be considered to be a representative of that continent for the purpose of the formula.

**BL 9.3.10.7.5** The highest qualifying team(s) from the continental qualification tournament or continental championships shall be entitled to represent that continent; if any team does not accept, then the next highest ranking team willing to accept and participate in the World Junior Championships shall qualify.

**BL 9.3.10.7.6** For a maximum sixteen (16) team competition, if there is an unfilled vacancy from a continent, then that vacancy shall be filled by the next highest placed team(s) from the continental qualification tournament or continental championship with the following rotation: Asia, Africa, Host Continent, Americas (if not Host Continent), Europe (if not Host Continent) and Oceania.

**BL 9.3.10.7.7** For a maximum of twenty (20) team competition, if there is an unfilled vacancy from a continent, then that vacancy shall be filled by the next highest placed team(s) from the continental qualification tournament or continental championship with the following rotation: Asia, Africa, Host Continent, Americas, Europe and Oceania.

#### **BL 9.3.10.8 World Junior Championships Women (Age as in WPAG 2)**

**BL 9.3.10.8.1** The competition shall be between a maximum of sixteen (16) teams selected in the following manner:

**BL 9.3.10.8.2** The teams shall include the highest ranking team from the preceding World Junior Championships with remaining teams selected through continental qualification tournaments or continental championships according to the following formula: Host – 1; Europe – 6; Americas – 4; Asia – 2; Oceania – 2 and Africa – 1. The highest ranking team from the preceding World Junior Championships will be considered to be a representative of that continent for the purpose of the formula.

**BL 9.3.10.8.3** The highest qualifying team(s) from the continental qualification tournament or continental championships shall be entitled to represent that continent; if any team does not accept, then the next highest ranking team from the continental qualification tournament or continental championships shall be entitled to represent that continent.

**BL 9.3.10.8.4** If there is an unfilled vacancy from a continent, then that vacancy shall be filled by the next highest placed team(s) from the continental qualification tournament or continental championships with the following rotation: Asia, Europe (if not Host Continent), Americas, Asia, Africa and Oceania.

#### **BL 9.3.10.9 Organisation of Continental Qualification Tournaments.**

Each continental body shall hold its Qualification Tournament or Championships to determine its continental representatives no later than three months before the beginning of the World Championships or Olympic Games Qualification Tournament as applicable.

### **BL 9.4 Water Polo Tournaments at Olympic Games and World Championships**

#### **BL 9.4.1 Olympic Games Tournament - Men**

##### **BL 9.4.1.1 Draw**

The draw for the Olympic Games Tournament will be either on the last day of the Olympic Games Qualification Tournament – Men or as otherwise determined and the following principle shall apply: if a team is already qualified by its ranking from a preceding qualification competition, the team will be placed on the highest line of the draw according to that ranking and the team taking its place will be placed on the lower line.

For the Preliminary Round, all qualifying teams will be drawn by pairs into two groups, either A or B.

First Line, the first and second placed teams from the preceding World Championship will be drawn, one into A, and one into B.

Second Line, the third placed team from the preceding World Championship and the team qualified from the preceding year's World League will be drawn, one into A, and one into B.

Third Line, the teams representing the Continents of America and Oceania will be drawn, one into A, and one into B.

Fourth Line, the teams representing the Continents of Africa and Asia will be drawn, one into A, and one into B.

Fifth Line, the first and second placed teams from the Olympic Games Qualification Tournament – Men will be drawn, one into A, and one into B.

Sixth Line, the third placed teams in the Olympic Games Qualification Tournament – Men and the team representing the Host Continent will be drawn, one into A, and one into B.

After being divided into group A and group B, the teams will then be drawn with each team in each group receiving a separate number from one (1) to six (6).

#### **BL 9.4.1.2 Schedule of Games (Men's Tournament)**

##### **Preliminary Round:**

There will be two (2) groups of six (6) teams, which form groups A and B.

Each group will play a round robin. The four (4) highest ranked teams in each group will qualify for the Quarter Final Round. The fifth and sixth ranked teams in each group will be eliminated and will not play anymore.

| <b>Day 1</b> | <b>Day 2</b> | <b>Day 3</b> | <b>Day 4</b> | <b>Day 5</b> |
|--------------|--------------|--------------|--------------|--------------|
| 1. A1 - A6   | 7. B6 - B4   | 13. A4 - A5  | 19. B6 - B5  | 25. A3 - A6  |
| 2. A3 - A4   | 8. B5 - B3   | 14. A2 - A6  | 20. B1 - B4  | 26. A4 - A2  |
| 3. A2 - A5   | 9. B1 - B2   | 15. A3 - A1  | 21. B2 - B3  | 27. A1 - A5  |
| 4. B1 - B6   | 10. A6 - A4  | 16. B4 - B5  | 22. A6 - A5  | 28. B3 - B6  |
| 5. B3 - B4   | 11. A5 - A3  | 17. B2 - B6  | 23. A1 - A4  | 29. B4 - B2  |
| 6. B2 - B5   | 12. A1 - A2  | 18. B3 - B1  | 24. A2 - A3  | 30. B1 - B5  |

##### **Quarter Final Round:**

The first, second, third and fourth placed teams in Group A and Group B form a Group D of eight (8) teams. Group D plays a modified

single elimination format.

Games played in the Preliminary Round may be repeated in the Quarter Final, Semi Final or Final Round. All games played in Group D must be played so that a definite winner is declared. Accordingly, it may be necessary to apply the Water Polo Rules regarding extra time.

Places 11 – 12

The teams ranked sixth in each group of the Preliminary Round shall be classified for places 11 – 12 according to the following criteria:

1. Win-loss record in their Preliminary Round group.
2. If both teams have the same win-loss record, the classification will be determined by goal average (by division) taking into account the results of all games played in the respective group.

Places 9 – 10

The teams ranked fifth in each group shall be classified for places 9 – 10 according to the same principles as for places 11 – 12.

#### **Day 6**

31. 1A - 4B
32. 2A - 3B
33. 3A - 2B
34. 4A - 1B

#### **Semi Final Round:**

#### **Day 7**

35. L31 - L33
36. L32 - L34
37. W31 - W33
38. W32 - W34

#### **Final Round:**

#### **Day 8**

39. L35 - L36 (Winner 7<sup>th</sup>, Loser 8<sup>th</sup>)
40. W35 - W36 (Winner 5<sup>th</sup>, Loser 6<sup>th</sup>)
41. L37 - L38 (Winner 3<sup>rd</sup>, Loser 4<sup>th</sup>)
42. W37 - W 38 (Winner 1<sup>st</sup>, Loser 2<sup>nd</sup>)

Games 31 through 42 must be played to a conclusion, accordingly it may be necessary to apply Water Polo Rules regarding extra time.

The Management Committee of FINA Competitions may change



the order and schedule of games to meet with the requirements of the Host Federation and/or television provided that at least twenty four (24) hours notice is given.

## **BL 9.4.2 Olympic Games Tournament Women**

### **BL 9.4.2.1 Draw**

The draw for the Olympic Games Tournament will be either on the last day of the Olympic Games Qualification Tournament - Women or as otherwise determined and the following principle shall apply: if a team is already qualified by its ranking from a preceding qualification competition, the team will be placed on the highest line of the draw according to that ranking and the team taking its place will be placed on the lower line.

For the Preliminary Round, all qualifying teams will be drawn by pairs into two groups, either A or B.

First line, the teams representing the Continents of the Americas and Oceania will be drawn, one into A, and one into B.

Second line, the first and second placed teams from the Olympic Games Qualification Tournament – Women will be drawn, one into A, and one into B.

Third line, the third placed team from the Olympic Games Qualification Tournament – Women and the team representing the Host Continent will be drawn, one into A, and one into B.

Fourth line, the team representing the Continents of Africa and Asia will be drawn, one into A, and one into B.

After being divided into Group A and Group B, the teams will then be drawn with each team in each group receiving a separate number from one (1) to four (4).

### **BL 9.4.2.2 Schedule of Games (Women’s Tournament)**

#### **Preliminary Round**

Two (2) groups of four (4) teams from Group A and Group B play a single round robin in each group.

| <b>Day 1</b> | <b>Day 2</b> | <b>Day 3</b> |
|--------------|--------------|--------------|
| 1. B2 – B3   | 5. A1 – A3   | 9. B2 –B1    |
| 2. A2 – A3   | 6. B2 – B4   | 10. A2 –A1   |
| 3. B1 – B4   | 7. A2 – A4   | 11. B3 –B4   |
| 4. A1 – A4   | 8. B1 – B3   | 12. A3 –A4   |

**Day 4**

- 13. 2A – 3 B
- 14. 3A – 2B
- 15. 1A – 4B
- 16. 4A – 1 B

**Day 5**

- 17. L13 – L16
- 18. L14 – L15
- 19. W13 – W16
- 20. W14 – W15

**Day 6**

- 21. L17 – L18 (7,8)
- 22. W17 – W18 (5,6)
- 23. L19 – L20 (3,4)
- 24. W19 – W20 (1,2)

Games 13 through 24 must be played to a conclusion, accordingly it may be necessary to apply Water Polo Rules regarding extra time.

The Management Committee of FINA Competitions may change the order and schedule of games to meet with the requirements of the Host Federation and/or television provided that at least twenty four (24) hours notice is given.

**BL 9.4.3 World Championship Tournament - Men****BL 9.4.3.1 Draw**

The draw for the World Championships Tournament will be made two (2) months prior to the commencement of the World Championships Tournament and the following principle shall apply: if a team is already qualified by its ranking from a preceding qualification competition, the team will be placed on the highest line of the draw according to that ranking and the team taking it's place will be placed on the lower line.

For the Preliminary Round, all qualifying teams will be drawn into four (4) groups: A, B, C or D.

First Line, the first, second, third and fourth qualified teams from the preceding World Cup or Olympic Games will be drawn one into A, one into B, one into C, and one into D.

Second Line, the qualified teams from the World League (or from the World Cup or Olympic Games if applicable), the first qualified team from the Americas and the first qualified team from Europe will be drawn one into A, one into B, one into C, and one into D.

Third, the second qualified team from the Americas, the second and third qualified teams from Europe and the qualified team from Oceania will be drawn one into A, one into B, one into C, and one into D.

Fourth, the qualified team from Africa, the first and second teams from Asia and the Host Country (if the Host Country has already been drawn, then the next ranked team from the World Cup or Olympic Games) will be drawn one into A, one into B, one into C, and one into D.

After being divided into Groups A, B, C, or D, the teams will then be drawn with each team in each group receiving a separate number from one (1) to four (4).

### **BL 9.4.3.2 Schedule of Games (Men's & Women's Tournament)**

#### **Preliminary Round (First)**

Four (4) groups of four (4) teams each from Group A, Group B, Group C and Group D play a single robin round in each group.

##### **Day 1**

1. A1 – A3
2. A2 – A4
3. B1 – B3
4. B2 – B4
5. C1 – C3
6. C2 – C4
7. D1 – D3
8. D2 – D4

##### **Day 2**

9. B4 – B3
10. B1 – B2
11. C4 – C3
12. C1 – C2
13. D4 – D3
14. D1 – D2
15. A4 – A3
16. A1 – A2

##### **Day 3**

17. C1 – C4
18. C2 – C3
19. D1 – D4
20. D2 – D3
21. A1 – A4
22. A2 – A3
23. B1 – B4
24. B2 – B3

#### **Preliminary Round (Second)**

The first placed teams in Group A, Group B, Group C and Group D have a bye.

The second and third placed teams in Group A, Group B, Group C and Group D play against each other in a cross group format. The fourth placed teams in each of Group A, Group B, Group C and Group D form a new Group which consists of four (4) teams. They play for places 13 – 16 in a cross group format.

##### **Day 4**

25. 4A – 4B
26. 4C – 4D
27. 2A – 3B
28. 3A – 2B
29. 2C – 3D
30. 3C – 2D

**Quarter Final Round****Day 5**

31. Loser Game 25 – Loser Game 26 (Winner 15<sup>th</sup>, Loser 16<sup>th</sup>)
32. Winner Game 25 – Winner Game 26 (Winner 13<sup>th</sup>, Loser 14<sup>th</sup>)
33. Loser Game 27 – Loser Game 29
34. Loser Game 28 – Loser Game 30
35. 1A – Winner 29
36. 1B – Winner Game 30
37. 1C – Winner Game 27
38. 1D – Winner Game 28

**Semi-Final Round****Day 6**

39. Loser Game 33 – Loser Game 34 (Winner 11<sup>th</sup>, Loser 12<sup>th</sup>)
40. Winner Game 33 – Winner Game 34 (Winner 9<sup>th</sup>, Loser 10<sup>th</sup>)
41. Loser Game 35 – Loser Game 36
42. Loser Game 37 – Loser Game 38
43. Winner Game 35 – Winner Game 36
44. Winner Game 37 – Winner Game 38

**Final Round****Day 7**

45. Loser Game 41 – Loser Game 42 (Winner 7<sup>th</sup>, Loser 8<sup>th</sup>)
46. Winner Game 41 – Winner Game 42 (Winner 5<sup>th</sup>, Loser 6<sup>th</sup>)
47. Loser Game 43 – Loser Game 44 (Winner 3<sup>rd</sup>, Loser 4<sup>th</sup>)
48. Winner Game 43 – Winner Game 44 (Winner 1<sup>st</sup>, Loser 2<sup>nd</sup>)

Games 25 through 48 must be played to a conclusion, accordingly it may be necessary to apply the Water Polo Rules regarding extra time.

The Management Committee of FINA Competitions may change the order and schedule of games to meet with the requirements of the Host Federation and/or television provided that at least twenty four (24) hours notice is given.

**BL 9.4.4 World Championships Tournament - Women****BL 9.4.4.1 Draw**

The draw for the World Championships Tournament will be made two (2) months prior to the commencement of the World Championships Tournament and the following principle shall apply: if a team is already qualified by its ranking from a preceding qualification competition, the team will be placed on the highest line of the draw according to its ranking and the team taking it's place will be placed on the lower line.

For the Preliminary Round, all qualifying teams will be drawn into four (4) groups: A, B, C or D.

First Line, the first, second, third and fourth qualified teams from the preceding World Cup or Olympic Games will be drawn one into A, one into B, one into C, and one into D.

Second Line, the qualified teams from the World League (or from the World Cup or Olympic Games if applicable), the first qualified team from the Americas and the first qualified team from Europe will be drawn one into A, one into B, one into C, and one into D.

Third Line, the second qualified team from the Americas, the second and third qualified teams from Europe and the qualified team from Oceania will be drawn one into A, one into B, one into C and one into D.

Fourth Line, the qualified team from Africa, the first and second teams from Asia and the Host Country (if the Host Country has already been drawn, then the next ranked team from the World Cup or Olympic Games) will be drawn one into A, one into B, one into C, and one into D.

After being divided into Groups A, B, C, or D, the teams will then be drawn with each team in each group receiving a separate number from one (1) to four (4).

#### **BL 9.4.4.2 Schedule of Games**

Schedule of Games as in BL 9.4.3.2

The Management Committee of FINA Competitions may change the order and schedule of games to meet with the requirements of the Host Federation and/or television provided that at least twenty four (24) hours notice is given.

### **BL 9.4.5 Olympic Games Qualification Tournament - Men**

#### **BL 9.4.5.1 Draw**

The draw for the Olympic Games Qualification Tournament will be made two (2) months or as otherwise determined prior to the commencement of the Olympic Games Qualification Tournament.

For the Preliminary Round, all qualifying teams will be drawn by pairs into two groups, either A or B.

First Line, the two highest placed teams from the previous World Championships.

Second Line, the next two highest placed teams from the previous World Championships.

Third Line, the next two highest placed teams from the previous World Championships.

Fourth Line, the next two highest placed teams from the previous World Championships.

Fifth Line, the remaining teams, if any, from the World Championships or the highest ranked teams from Europe and the next highest ranked teams from the Americas.

Sixth Line, the remaining teams, if any, being the next highest ranked team from the Americas, Asia or Europe and the next highest ranked team from the Americas, Asia or Europe.

After being divided into Group A and B, the teams will then be drawn with each team in each group receiving of separate number of 1 to 6.

#### **BL 9.4.5.2 Schedule of Games**

Schedule of Games as in BL 9.4.1.2.

The Management Committee of FINA Competitions may change the order and schedule of games to meet with the requirements of the Host Federation and/or television provided that at least twenty four (24) hours notice is given.

### **BL 9.4.6 Olympic Games Qualification Tournament Women**

#### **BL 9.4.6.1 Draw**

The draw for the Olympic Games Qualification Tournament will be made two (2) months or as otherwise determined prior to the commencement of the Olympic Games Qualification Tournament.

For the Preliminary Round, all qualifying teams will be drawn by pairs into two groups, either A or B.

First Line, the two highest placed teams from the previous World Championships.

Second Line, the next two highest placed teams from the previous World Championships.

Third Line, the next two highest placed teams from the previous World Championships.

Fourth Line, the next two highest placed teams from the previous World Championships.

Fifth Line, the remaining teams, if any, from the World Championships and the highest ranked teams from Europe, Americas, Asia, Africa or Oceania.

Sixth Line, the remaining teams, if any, shall be drawn alternating between Groups A and B.

After being divided into Group A and Group B, the teams will then be drawn with each team in each group receiving of separate number of 1 to 6.

## **BL 9.4.7 World Junior Championships Tournament Men**

### **BL 9.4.7.1 Draw**

The draw for the World Junior Championships will be made two (2) months prior to the commencement of the World Junior Championships Tournament and the following principle shall apply: if a team is already qualified by its ranking from a preceding qualification competition, the team will be placed on the highest line of the draw according to its ranking and the team taking it's place will be placed on the lower line.

Draw for sixteen (16) teams:

For the Preliminary Round, all qualifying teams will be drawn into four (4) groups; A, B, C or D.

First Line, the highest ranking team from the preceding World Junior Championships, the first, second and third qualified teams from Europe will be drawn one into A, one into B, one into C, and one into D.

Second Line, the fourth and fifth qualified teams from Europe, the first qualified team from the Americas and the first qualified team from Oceania will be drawn one into A, one into B, one into C, and one into D.

Third Line, the first qualified team from Africa, the second and third qualified teams from Americas, and the first qualified team from Asia will be drawn one into A, one into B, one into C, and one into D.

Fourth Line, the Host Country and the remaining qualified teams will be drawn one into A, one into B, one into C, and one into D.

After being divided into Groups A, B, C, or D, the teams will then be drawn with each team in each group receiving a separate number from one (1) to four (4).

Draw for twenty (20) teams:

For the Preliminary Round, all qualifying teams will be drawn into four (4) groups; A, B, C or D.

First Line, the highest ranking team from the preceding World Junior Championships, the first, second and third qualified teams from Europe will be drawn one into A, one into B, one into C, and one into D.

Second Line, the fourth, fifth and sixth qualified teams from Europe and the first qualified team from the Oceania will be drawn one into A, one into B, one into C, and one into D.

Third Line, the first second and third qualified teams from the Americas and the first qualified team from Asia will be drawn one into A, one into B, one into C, and one into D.

Fourth Line, the Host Country, the fourth qualified team from the Americas, the first qualified team from Africa and the second qualified team from Oceania will be drawn one into A, one into B, one into C, and one into D.

Fifth Line, the fifth qualified team from the Americas, the second and third qualified teams from Asia and the second qualified team from Africa will be drawn one into A, one into B, one into C, and one into D.

After being divided into Groups A, B, C, or D, the teams will then be drawn with each team in each group receiving a separate number from one (1) to five (5).

#### **BL 9.4.7.2 Schedule of Games (Men's Tournament)**

##### **Preliminary Round**

Four (4) groups of five (5) teams each from Group A, Group B, Group C and Group D play a single robin round in each group.

| <b>Day 1</b> | <b>Day 2</b> | <b>Day 3</b> | <b>Day 4</b> | <b>Day 5</b> |
|--------------|--------------|--------------|--------------|--------------|
| 1. A3 – A4   | 9. B5 – B3   | 17. C4 – C5  | 25. D1 – D4  | 33. A4 – A2  |
| 2. A2 – A5   | 10. B1 – B2  | 18. C3 – C1  | 26. D2 – D3  | 34. A1 – A5  |
| 3. B3 – B4   | 11. C5 – C3  | 19. D4 – D5  | 27. A1 – A4  | 35. B4 – B2  |
| 4. B2 – B5   | 12. C1 – C2  | 20. D3 – D1  | 28. A2 – A3  | 36. B1 – B5  |
| 5. C3 – C4   | 13. D5 – D3  | 21. A4 – A5  | 29. B1 – B4  | 37. C4 – C2  |
| 6. C2 – C5   | 14. D1 – D2  | 22. A3 – A1  | 30. B2 – B3  | 38. C1 – C5  |
| 7. D3 – D4   | 15. A5 – A3  | 23. B4 – B5  | 31. C1 – C4  | 39. D4 – D2  |
| 8. D2 – C4   | 16. A1 – A2  | 24. B3 – B1  | 32. C2 – C3  | 40. C4 – C2  |

##### **Eighth Final Round**

The Eighth Final Round is to be played on the basis of two (2) groups, one (1) with twelve (12) teams and one (1) group with eight (8) teams on a cross-over format. Games will have Group A teams play Group D teams, and Group B teams play Group C teams.



The first placed teams in Group A, Group B, Group C and Group D have a bye.

### **Day 6**

#### **For places 13 – 20**

41. 4A – 5D
42. 4B – 5C
43. 5A – 4D
44. 5B – 4C

#### **For places 1 – 12**

45. 2A – 3D
46. 2B – 3C
47. 3A – 2D
48. 3B – 2C

### **Quarter Final Round and Semi-Final Round**

#### **Day 7**

#### **For places 13 – 20 (Semi Final Round)**

49. Loser Game 41 - Loser Game 42
50. Winner Game 41 - Winner Game 42
51. Loser Game 43 – Loser Game 44
52. Winner Game 43 - Winner Game 44

#### **For places 9 – 12 (Semi Final Round)**

53. Loser Game 45 - Loser Game 46
54. Loser Game 47 - Loser Game 48

#### **For places 1 – 8 (Quarter Final Round)**

55. 1A - Winner Game 46
56. 1B - Winner Game 45
57. 1C - Winner Game 47
58. 1D - Winner Game 48

### **Semi Final-Round and Final Round**

#### **Day 8**

#### **For places 13 – 20 (Final Round)**

59. Loser Game 49 – Loser Game 51 (Winner 19<sup>th</sup> , Loser 20<sup>th</sup>)
60. Winner Game 49 – Winner Game 51 (Winner 17<sup>th</sup>, Loser 18<sup>th</sup>)
61. Loser Game 50 - Loser Game 52 (Winner 15<sup>th</sup>, Loser 16<sup>th</sup>)
62. Winner Game 50 – Winner Game 52 (Winner 13<sup>th</sup>, Loser 14<sup>th</sup>)

#### **For places 9 – 12 (Final Round)**

63. Loser Game 53 - Loser Game 54 (Winner 11<sup>th</sup>, Loser 12<sup>th</sup>)
64. Winner Game 53 – Winner Game 54 (Winner 9<sup>th</sup>, Loser 10<sup>th</sup>)

**For places 5 – 8 (Semi Final Round)**

- 65. Loser Game 55 – Loser Game 57
- 66. Loser Game 56– Loser Game 58

**For places 1 – 4 (Semi Final Round)**

- 67. Winner Game 55 – Winner Game 57
- 68. Winner Game 56 – Winner Game 58

**Final Round**

**Day 9**

**For places 5 – 8**

- 69. Loser Game 65 – Loser Game 66 (Winner 7<sup>th</sup>, Loser 8<sup>th</sup>)
- 70. Winner Game 65 – Winner Game 66 (Winner 5<sup>th</sup>, Loser 6<sup>th</sup>)

**For places 1 – 4**

- 71. Loser Game 67 – Loser Game 68 (Winner 3<sup>rd</sup>, Loser 4<sup>th</sup>)
- 72. Winner Game 67 – Winner Game 68 (Winner 1<sup>st</sup>, Loser 2<sup>nd</sup>)

Games 41 through 72 must be played to a conclusion; accordingly it may be necessary to apply the Water Polo Rules regarding extra time.

The Management Committee of FINA Competitions may change the order and schedule of games to meet with the requirements of the Host Federation and/or television provided that at least twenty four (24) hours notice is given.

**BL 9.4.8 World Junior Championships Tournament Women**

**BL 9.4.8.1 Draw**

The draw for the World Junior Championships will be made two (2) months prior to the commencement of the World Junior Championships Tournament and the following principle shall apply: if a team is already qualified by its ranking from a preceding qualification competition, the team will be placed on the highest line of the draw according to its ranking and the team taking it's place will be placed on the lower line.

First Line, the highest ranking team from the preceding World Junior Championships, the first qualified team from the Americas, the first qualified team from Europe and the first team qualified from Oceania will be drawn one into A, one into B, one into C, and one into D.

Second Line, the second, third, fourth and fifth qualified teams from Europe will be drawn one into A, one into B, one into C, and one into D.

Third Line, the second and third qualified teams from the Americas, the first qualified from Asia and the first qualified team from Africa

will be drawn one into A, one into B, one into C, and one into D.

Fourth Line, the Host Country and the remaining qualified teams will be drawn one into A, one into B, one into C, and one into D.

After being divided into Groups A, B, C, or D, the teams will then be drawn with each team in each group receiving a separate number from one (1) to four (4).

#### **BL 9.4.8.2 Schedule of Games**

Schedule of Games as in BL 9.4.3.2

The Management Committee of FINA Competitions may change the order and schedule of games to meet with the requirements of the Host Federation and/or television.

### **BL 9.5 World Cups**

#### **BL 9.5.1 Water Polo**

##### **BL 9.5.1.1 Draw**

The draw for the World Cups will be made two (2) months prior to the commencement of the World Cup as follows:

For the Preliminary Round, all qualifying teams will be drawn by pairs into groups two groups, either A or B.

First Line, the two highest placed teams from the previous World Championships will be drawn by pairs into two groups, either A or B.

Second Line, the third highest placed team from the previous World Championships and the team representing the Continent of Europe will be drawn by pairs into two groups, either A or B.

Third Line, the teams representing the Continents of Americas and Oceania will be drawn by pairs into two groups, either A or B.

Fourth Line, the teams representing the Continents of Africa and Asia will be drawn by pairs into two groups, either A or B.

After being divided into group A and group B, the teams will then be drawn with each team in each group receiving a separate number from one (1) to four (4).

##### **BL 9.5.1.2 Schedule of Games**

Schedule of Games as in BL 9.4.2.2

The Management Committee of FINA Competitions may change the order and schedule of games to meet with the requirements of the Host Federation and/or television provided that at least twenty four (24) hours notice is given.

**BL 9.6 Classification****BL 9.6.1 Classification of Teams**

The classification of teams in the Preliminary Round will be made on points namely two (2) points for each match won, one (1) point for each match drawn and zero points for each match lost.

**BL 9.6.2 Forfeited Games**

If a team declares a forfeit or is disqualified for one (1) or more matches, the match or matches shall be awarded to the opponent with a goal score 5 – 0.

**BL 9.6.3 Tie Breaking**

**BL 9.6.3.1** If two (2) teams shall have equal points, further classification shall be established as follows:

**BL 9.6.3.1.1** The team winning the game between them shall be placed higher.

**BL 9.6.3.1.2** If the game between them was tied, then the results against the highest placed team(s) in the group shall be considered.

**BL 9.6.3.1.3** The first comparison shall be based on goal difference, and if still tied, then based on goals scored.

**BL 9.6.3.1.4** The comparison shall be made first compared to the highest placed team (or teams, if tied) in the group.

**BL 9.6.3.1.5** If still tied, the results against the next highest placed team (or teams, if tied) shall be used in succession until all results have been considered.

**BL 9.6.3.1.6** If still tied, the teams shall shoot penalty shots to determine which team shall be placed higher. Each team shall nominate five (5) players and a goalkeeper who will participate in the penalty shoot out. The team shall shoot five (5) penalty shots at the goal of the other team, alternating shots. If a tie exists after each team has taken five (5) shots, then teams shall take sets of alternate shots until one team scores and the other does not. The procedure shall be conducted following the final game of the round or at the first practical opportunity.

**BL 9.6.3.1.7** If there is more than one tie in a group, the highest placed tie shall be determined first.

**BL 9.6.3.1.8** If it is the situation where there is more than one tie in a group and it is not possible to determine the highest

placed team then all results within the group shall be used to determine the highest placed team.

**BL 9.6.3.2** If three (3) or more teams shall have equal points, further classification shall be established as follows:

**BL 9.6.3.2.1** The results among the tied teams shall determine which team is placed highest.

**BL 9.6.3.2.2** If, at any time during the application of the procedure set out in this BL 9.6.3.2, the highest placed team is determined and the number of tied teams is reduced to two (2), then BL 9.6.3.1 shall be used to determine which of the two (2) remaining teams is placed higher.

**BL 9.6.3.2.3** The comparison shall be made first, upon the points of the games among the tied teams, second, the goal difference, and third, based upon goals scored.

**BL 9.6.3.2.4** If still tied, the games played against the highest placed team (or teams, if tied) shall be considered.

**BL 9.6.3.2.5** The first comparison shall be based on goal difference, and if still tied, then based on goals scored.

**BL 9.6.3.2.6** If still tied, the results against the next highest placed team (or teams, if tied) shall be used in succession until all results have been considered.

**BL 9.6.3.2.7** If still tied, the teams shall shoot penalty shots to determine which team shall be placed highest. Each team shall nominate five (5) players and a goalkeeper who will participate in the penalty shoot out. Each team shall shoot five (5) penalty shots at its opponent's goal in alternate succession. The first team shall take its first penalty shot and then each other team shall take its first penalty shot, etc. If a tie shall exist after that procedure, the teams shall then take sets of alternate shots until one team misses and the other(s) score. The procedure shall be conducted following the final game of the round or at the first practical opportunity.

**BL 9.6.3.2.8** If there is more than one tie in a group, the highest placed tie shall be determined first.

## **BL 9.7 Draw for Competitions**

The Management Committee for FINA Competitions has the authority if there are only thirteen (13) or fourteen (14) participating teams to draw teams into two (2) groups rather than being required to draw teams in the prescribed manner for a competition based upon sixteen (16) teams, namely for (4) groups of four (4) teams each.

**BL 9.8 Order of Games**

The Management Committee of FINA Competitions may change the order and schedule of games to meet with requirements of the Host Federation and/or television provided that at least twenty four (24) hours notice is given.

**BL 9.9 Officials**

The Management Committee of FINA Competitions may in addition to other officials appoint the following to assist in the conduct of any competition, namely: a FINA TWPC Delegate, a FINA TWPC Evaluator(s) and Timeout Officials.

**BL 10 WORLD CUPS****BL 10.1 General Rules**

FINA may conduct World Cups in each discipline in accordance with the Rules set forth hereafter.

**BL 10.1.1** All World Cups shall be conducted with doping control in accordance with FINA Doping Control Rules.

**BL 10.1.2** At all World Cups, the Management Committee shall be the members of the appropriate Technical Committee present at the competition, with the Bureau Liaison as Chairman who shall have a casting vote, if necessary.

**BL 10.1.3** Judging selections shall be determined by the appropriate Technical Committee, subject to approval by the Bureau or the Executive.

**BL 10.2 Diving**

The Rules for the Diving World Cup are decided by the Bureau and based upon proposals from the Technical Diving Committee.

**BL 10.3 Water Polo**

**BL 10.3.1** The competition shall be between a maximum of eight (8) teams selected in the following manner: automatically the first three (3) teams from the preceding World Championships and one (1) team from the Continental Championships of the five (5) continents. The Host Country will be the representative of that continent. If a vacancy occurs, it shall be filled by the next highest ranked teams from the continental qualification tournaments or Continental Championships, with the following rotation: Asia, Americas, Africa, Oceania, and Europe.

**BL 10.3.2** Qualified Federations must declare their intention to send a team to the World Cup at least six months prior to the event. The draw shall be held approximately four months prior to the competition.

**BL 10.4 Synchronised Swimming**

**BL 10.4.1** The Rules for the Synchronised Swimming Cup are decided by the Bureau and based upon proposals from the Technical Synchronised Swimming Committee.

**BL 10.4.2** The Rules for the FINA Synchronised Swimming World Trophy are decided by the Bureau and based upon proposals from the Technical Synchronised Swimming Committee six (6) months before competition.

**BL 11 WORLD CALENDAR**

**BL 11.1** FINA shall establish a World Competition Calendar. This Calendar shall serve as a guideline for Continental and Regional organisations, Federations and organisers of International competitions when deciding dates and place for Championships/Games and other competitions.

**BL 11.2** The Calendar shall include:

- FINA Championships and other FINA competitions
- Continental and Regional Championships/Games
- Other Championships/Games of major international importance, and
- Other international competitions to be approved by FINA.

**BL 11.3** Championships/Games and other international competitions may be added to the Calendar provided that they have been presented to FINA for sanction in accordance with C 14.3

**BL 11.4** Championships/Games, or other International competitions must be organised so they finish latest one month prior to or overlapping the Olympic Games and FINA World Championships, with the exception of Masters Competitions.

**BL 11.5** Cancellation of fixtures or change of dates or place for a fixture on the Calendar must be reported to FINA at least six months before the commencement of that competition.

**BL 12 REQUIREMENTS WITH REGARD TO ORDER, SAFETY AND SECURITY AT WORLD CHAMPIONSHIPS AND FINA COMPETITIONS (AND CONTINENTAL AND REGIONAL CHAMPIONSHIPS/GAMES).****Preamble:**

The requirements below have been established in order to safeguard order, safety and security at World Championships and FINA Competitions (and Continental and Regional Championships/Games)

The following rules are not exhaustive and cannot be regarded as a conclusive and all-embracing stipulation of the measures to be taken by, and the responsibilities of organisers of Championships and Competitions. Organisers are requested to do everything within their power to ensure that order, safety and security are maintained in and around the competition venue(-s) before, during and after competition sessions.

These rules shall be complementary to instructions based on national and local legislation, as well as instructions issued by competent national administrative bodies.

**BL 12.1 Consultation with authorities**

Before bidding for championships/competitions the Bidding Federation must consult the appropriate authorities in order to ensure that the measures required in these rules will be fulfilled.

**BL 12.2 Inspection of Venue(s)**

The venue(s) in which competitions are to take place must have been approved by the competent authorities for this purpose.

**BL 12.3 Organisation**

**BL 12.3.1** The Organising Federation, Organising Committee or Club in charge of the organisation of the championships/competition must in cooperation with the competent local authorities appoint a Security Officer, who will be in overall command of all order, safety and security matters related to the championships/competition. Persons individually in charge of order, safety, security, medical care and fire service must be similarly appointed.

**BL 12.3.2** In addition every Federation or Club entered into the championships/competition shall be requested to select one official with knowledge about the behaviour of supporters attending the competition venue(s), who shall inform the Security Officer about any special need of action in order to maintain order, safety and security at the competition venue(s).

**BL 12.4 Security Meetings**

**BL 12.4.1** The Organiser shall provide office(s) for the Security Officer, in which Security Meetings will be held whenever needed. Persons attending regular Security Meetings shall be those responsible for order, safety, security, medical care and fire service. On special call also other persons such as the FINA Delegate(s), Federation or Club officials, venue authorities and the local police shall attend Security Meetings.

**BL 12.4.2** In the event of serious emergency situation all persons identified in BL 12.4.1 on a special signal broadcast over the public address system must immediately attend an Emergency Meeting.

**BL 12.4.3** Presentation of the Security Officer and persons in charge of order, safety and security, medical care and fire service shall be done at the Technical Meeting(s) before the opening of the championships/competition. At the same time information about order, safety, security, medical care and fire service at the venue(s) shall be given by the Security Officer.



**BL 12.5 Checking and Guarding of the Venue(s)**

The venue(s) must be guarded against unauthorised intrusion for an adequate period before the beginning of the championships/competition, and an efficient security sweep of the venue(s), to search for unauthorised persons or dangerous objects, carried out before competitors, officials and spectators are admitted.

**BL 12.6 Duration of Presence**

Police, safety, security stewarding, medical and fire-fighting personnel and the public address announcer(s) shall be in their allotted positions in and around the venue(s) before the venue(-s) is opened to the public, and their presence maintained for the entire period that the public is in the venue(s) and until it has dispersed, in accordance with the instructions of the Security Officer.

**BL 12.7 Screening of Spectators at Championships/Competitions**

Spectators shall be screened initially by control personnel at the outer perimeter fence, if there is one, or at the outer cordon established at venues which do not have an outer perimeter fence, to ensure that only ticket-holders approach the turnstiles, and to make the first checks to prevent the introduction of dangerous objects, alcohol, fireworks etc. into the venue(s).

Final screening and search procedures shall be carried out by the control personnel outside the turnstiles entrances to ensure that:

- a) Spectators enter the correct part of the venue
- b) Spectators do not bring any objects into the venue, that are likely to be used in acts of violence, nor alcohol or fireworks of any kind.
- c) Access is forbidden to known or potential troublemakers, or persons who are under influence of alcohol or drugs.
- d) Special alert must be given to possible acts of terrorism.

Screening and search processes shall be carried out sensibly and effectively to ensure that the spectators are not searched more than once and that the searchers themselves do not become the cause of undue delay or create unnecessary tension.

Turnstiles and entry or exit doors or gates shall be operational and manned by properly trained personnel. All safety, security and stewarding personnel should be familiar with the layout of the venue and with its safety, crisis and evacuation procedures.

**BL 12.8 Stewards**

Sufficient stewards shall be on duty within the venue(s) to ensure that spectators are directed to their seats efficiently and smoothly without delay and confusion.

**BL 12.9 Segregation**

For Water Polo games where a system of spectator segregation is to be operated, the segregation should be drawn up jointly by the Security Officer and the police commander in charge at the match venue.

**BL 12.10 Doors and Gates**

All exit doors and gates in the venue(s) shall open outwards away from the spectators, and shall remain unlocked while spectators are in the venue. Each and every such door and gate shall be attended at all times by a specially appointed steward, to guard against abuse and ensure immediate escape routes in the event of an emergency evacuation. They shall not be locked under no circumstances.

**BL 12.11 Distribution of Alcohol**

The public sale, distribution or consumption of alcoholic beverages shall not be permitted within the spectator areas, athlete areas or competition areas of the swimming venue.

**BL 12.12 Public Address system**

The venue(s) shall have a public address system, which is capable of being heard clearly, above the crowd noise. It is recommended that the announcer(s) should be selected from persons with voice(s) familiar to the spectators. The police authorities should be able to override the public address system to make emergency announcements from their own microphone.

**BL 12.13 Announcements**

Announcements over the public address system shall be of strict neutral character. The public address system shall not be used for the dissemination of political messages.

**BL 12.14 First Aid**

The venue(s) shall have adequate and fully equipped first-aid treatment facilities for competitors and officials and the public. These facilities together with the number and qualifications of assistants who will administer treatment, shall be approved by the local authorities concerned. Ambulance(s) shall be stationed on site during the whole championships/competition.

**BL 12.15 Political Action**

No political action shall take place inside or in the immediate vicinity of the venue(s). The promotion or announcement, by any means, of political messages or any other political actions inside or in the immediate vicinity of the venue(s) is strictly prohibited before, during and after the championships/competition.

**BL 12.16 Provocative Action, Racism**

The Organisers of championships/competition, together with the Security Officer, shall prevent any provocative action being taken by spectators inside or in the immediate vicinity of the venue(-s) (unacceptable levels of verbal provocation from spectators towards competitors or opposing fans, racist behaviour, provocative banners or flags etc.). Should such action arise, the Security Officer shall intervene over the public address system or remove

any offensive material, if necessary with assistance of the police. Stewards shall draw attention of the police to serious acts of misbehaviour, including racist insults; so that offenders may be removed from the venue should the police decide.

**BL 12.17 Sanctions**

Federations, Organising Committees or clubs may be sanctioned for not having fulfilled the requirements in this rule.

Sanctions may include any or all of the following:

- a) Warning
- b) Fine
- c) Suspension

Sanctions shall be imposed by the body competent to impose sanctions in accordance with the Constitution of the Organisation having the right to award the championships/competition.



## PART III

### FINA SWIMMING RULES 2009 - 2013

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# SWIMMING

## SW 1 MANAGEMENT OF COMPETITIONS

**SW 1.1** The Management Committee appointed by the governing body shall have jurisdiction over all matters not assigned by the rules to the referee, judges or other officials and shall have power to postpone events and give directions consistent with rules adopted for conducting any event.

**SW 1.2** At the Olympic Games and World Championships the FINA Bureau shall appoint the following minimum numbers of officials for the control of the competitions:

- referee (1)
- control-room supervisor(1)
- judges of stroke (4)
- starters (2)
- chief inspectors of turns (2, 1 at each end of the pool)
- inspectors of turns (1 at each end of each lane)
- chief recorder (1)
- clerks of course (2)
- false start rope personnel (1)
- announcer (1)

**SW 1.2.2** For all other international competitions, the governing body shall appoint the same or fewer number of officials, subject to the approval of the respective regional or international authority where appropriate.

**SW 1.2.3** Where Automatic Officiating Equipment is not available, such equipment must be replaced by chief timekeeper, three (3) timekeepers per lane and two (2) additional timekeepers.

**SW 1.2.4** A chief finish judge and finish judges are required when Automatic Equipment and/or three (3) digital watches per lane are not used.

**SW 1.3** The swimming pool and the technical equipment for Olympic Games and World Championships shall be inspected and approved in due course prior to the Swimming competitions by the FINA Delegate together with a member of the Technical Swimming Committee.

**SW 1.4** Where underwater video equipment is used by television, the equipment must be operated by remote control and shall not obstruct the vision or path of swimmers and must not change the configuration of the pool or obscure the required FINA markings

## SW 2 OFFICIALS

### SW 2.1 Referee

**SW 2.1.1** The referee shall have full control and authority over all officials, approve their assignments, and instruct them regarding all special features or regulations related to the competitions. He shall

enforce all rules and decisions of FINA and shall decide all questions relating to the actual conduct of the meet, and event or the competition, the final settlement of which is not otherwise covered by the rules.

**SW 2.1.2** The referee may intervene in the competition at any stage to ensure that the FINA regulations are observed, and shall adjudicate all protests related to the competition in progress.

**SW 2.1.3** When using finish judges without three (3) digital watches, the referee shall determine placing where necessary. Automatic Officiating Equipment, if available and operating shall be consulted as stated in SW 13.

**SW 2.1.4** The referee shall ensure that all necessary officials are in their respective posts for the conduct of the competition. He may appoint substitutes for any who are absent, incapable of acting or found to be inefficient. He may appoint additional officials if considered necessary.

**SW 2.1.5** At the commencement of each event, the referee shall signal to the swimmers by a short series of whistles inviting them to remove all clothing except for swimwear, followed by a long whistle indicating that they should take their positions on the starting platform (or for backstroke swimming and medley relays to immediately enter the water). A second long whistle shall bring the backstroke and medley relay swimmer immediately to the starting position. When the swimmers and officials are prepared for the start, the referee shall gesture to the starter with a stretched out arm, indicating that the swimmers are under the starter's control. The stretched out arm shall stay in that position until the start is given.

**SW 2.1.6** The referee shall disqualify any swimmer for any violation of the rules that he personally observes. The referee may also disqualify any swimmer for any violation reported to him by other authorised officials. All disqualifications are subject to the decision of the referee.

### **SW 2.2 Control-room Supervisor**

**SW 2.2.1** The supervisor shall supervise the automatic timing operation including the review of backup timing cameras.

**SW 2.2.2** The supervisor is responsible for checking the results from computer printouts.

**SW 2.2.3** The supervisor is responsible for checking the relay exchange printout and reporting any early takeoffs to the referee.

**SW 2.2.4** The supervisor may review the video used for backup timing to confirm early takeoff.

**SW 2.2.5** The supervisor shall control withdrawals after the heats or finals, enter results on official forms, list all new records established, and maintain scores where appropriate.

### **SW 2.3 Starter**

**SW 2.3.1** The starter shall have full control of the swimmers from the time the referee turns the swimmers over to him (SW 2.1.5) until the race has commenced. The start shall be given in accordance with SW 4.

**SW 2.3.2** The starter shall report a swimmer to the referee for delaying the start, for wilfully disobeying an order or for any other misconduct taking place at the start, but only the referee may disqualify a swimmer for such delay, wilful disobedience or misconduct.

**SW 2.3.3** The starter shall have power to decide whether the start is fair, subject only to the decision of the Referee.

**SW 2.3.4** When starting an event, the starter shall stand on the side of the pool within approximately five metres of the starting edge of the pool where the timekeepers can see and or hear the starting signal and the swimmers can hear the signal.

### **SW 2.4 Clerk of Course**

**SW 2.4.1** The clerk of course shall assemble swimmers prior to each event.

**SW 2.4.2** The clerk of course shall report to the referee any violation noted in regard to advertising (GR 6) and if a swimmer is not present when called.

### **SW 2.5 Chief Inspector of Turns**

**SW 2.5.1** The chief inspector of turns shall ensure that inspectors of turns fulfil their duties during the competition.

**SW 2.5.2** The chief inspector of turns shall receive the reports from the inspectors of turns if any infringement occurs and shall present them to the referee immediately.

### **SW 2.6 Inspectors of Turns**

**SW 2.6.1** One inspector of turns shall be assigned to each lane at each end of the pool.

**SW 2.6.2** Each inspector of turns shall ensure that swimmers comply with the relevant rules for turning, commencing from the beginning of the last arm stroke before touching and ending with the completion of the first arm stroke after turning. The Inspector of Turns at the starting end of the pool, shall ensure that the swimmers comply with the relevant rules from the start and ending with completion of the first arm stroke.



The inspectors of turns at the finish end shall also ensure that the swimmers finish their race according to the current rules.

**SW 2.6.3** In individual events of 800 and 1500 metres, each inspector of turns at the turning end of the pool shall record the number of laps completed by the swimmer in his lane and keep the swimmer informed of the remaining number of laps to be completed by displaying "lap cards". Semi-electronic equipment may be used, including under water display.

**SW 2.6.4** Each inspector at the starting end shall give a warning signal when the swimmer in his lane has two lengths plus five (5) metres to swim to finish in individual events of 800 and 1500 metres. The signal may be repeated after the turn until the swimmer has reached the five (5) metres mark on the lane rope. The warning signal may be by whistle or bell.

**SW 2.6.5** Each inspector at the starting end shall determine, in relay events, whether the starting swimmer is in contact with the starting platform when the preceding swimmer touches the starting wall. When Automatic Equipment which judges relay take-offs is available, it shall be used in accordance with SW 13.1.

**SW 2.6.6** Inspectors of turns shall report any violation on signed cards detailing the event, lane number, and the infringement delivered to the chief inspector of turns who shall immediately convey the report to the referee.

### **SW 2.7 Judges of Stroke**

**SW 2.7.1** Judges of stroke shall be located on each side of the pool.

**SW 2.7.2** Each judge of stroke shall ensure that the rules related to the style of swimming designated for the event are being observed, and shall observe the turns and the finishes to assist the inspectors of turns.

**SW 2.7.3** Judges of stroke shall report any violation to the referee on signed cards detailing the event, lane number, and the infringement.

### **SW 2.8 Chief Timekeeper**

**SW 2.8.1** The chief timekeeper shall assign the seating positions for all timekeepers and the lanes for which they are responsible. There shall be three (3) timekeepers for each lane. If Automatic Officiating Equipment is not used there shall be two (2) additional timekeepers designated, either of whom shall be directed to replace a timekeeper whose watch did not start or stopped during an event, or who for any other reason is not able to record the time. When using three (3) digital watches per lane, final time and place is determined by time.

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**SW 2.8.2** The chief timekeeper shall collect from the timekeepers in each lane a card showing the times recorded and, if necessary, inspect their watches.

**SW 2.8.3** The chief timekeeper shall record or examine the official time on the card for each lane.

### **SW 2.9 Timekeepers**

**SW 2.9.1** Each timekeeper shall take the time of the swimmers in the lane assigned to him in accordance with SW 11.3. The watches shall be certified correct to the satisfaction of the meet Management Committee.

**SW 2.9.2** Each timekeeper shall start his watch at the starting signal, and shall stop it when the swimmer in his lane has completed the race. Timekeepers may be instructed by the chief timekeeper to record times at intermediate distances in races longer than 100 metres.

**SW 2.9.3** Promptly after the race, the timekeepers in each lane shall record the times of their watches on the card, give them to the chief timekeeper, and if requested present their watches for inspection. Their watches must be cleared at the short whistle of the Referee announcing the following race.

**SW 2.9.4** Unless a video backup system is used, it may be necessary to use the full complement of timekeepers even when Automatic Officiating Equipment is used.

### **SW 2.10 Chief Finish Judge**

**SW 2.10.1** The chief finish judge shall assign each finish judge his position and the placing to be determined.

**SW 2.10.2** After the race, the chief finish judge shall collect signed result sheets from each finish judge and establish the result and placing which will be sent directly to the referee.

**SW 2.10.3** Where Automatic Officiating Equipment is used to judge the finish of a race, the chief finish judge must report the order of finish recorded by the Equipment after each race.

### **SW 2.11 Finish Judges**

**SW 2.11.1** Finish judges shall be positioned in elevated stands in line with the finish where they have at all times a clear view of the course and the finish line, unless they operate an Automatic Officiating device in their respective assigned lanes by depressing the "push-button" at the completion of the race.

**SW 2.11.2** After each event the finish judges shall decide and report the placing of the swimmers according to the assignments given to

them. Finish judges other than push-button operators shall not act as timekeepers in the same event.

### **SW 2.12 Desk Control (other than for Olympic Games and World Championships)**

**SW 2.12.1** The chief recorder is responsible for checking results from computer printouts or from results of times and placing in each event received from the referee. The chief recorder shall witness the referee's signing the results.

**SW 2.12.2** The recorders shall control withdrawals after the heats or finals, enter results on official forms, list all new records established, and maintain scores where appropriate.

### **SW 2.13 Officials' Decision Making**

**SW 2.13.1** Officials shall make their decision autonomously and independently of each other unless otherwise provided in the Swimming Rules.

## **SW 3 SEEDING OF HEATS, SEMI-FINALS AND FINALS**

The starting stations for all events in Olympic Games, World Championships, Regional Games and other FINA competitions shall be by seeding as follows:

### **SW 3.1 Heats**

**SW 3.1.1** The best competitive times of all entrants for the preceding twelve (12) months prior to the entry deadline of the competition, shall be submitted on entry forms and listed in order of time by the Management Committee. Swimmers who do not submit official recorded times shall be considered the slowest and shall be placed at the end of the list with a no time. Placement of swimmers with identical times or of more than one swimmer without times shall be determined by draw. Swimmers shall be placed in lanes according to the procedures set forth in SW 3.1.2. below. Swimmers shall be placed in trial heats according to submitted times in the following manner.

**SW 3.1.1.1** If one heat, it shall be seeded as a final and swum only during the final session.

**SW 3.1.1.2** If two heats, the fastest swimmer shall be seeded in the second heat, next fastest in the first heat, next fastest in the second heat, next in the first heat, etc.

**SW 3.1.1.3** If three heats, the fastest swimmer shall be placed in the third heat, next fastest in the second, next fastest in the first. The fourth fastest swimmer shall be placed in the third heat, the fifth in the second heat, and the sixth fastest in the first heat, the seventh fastest in the third heat, etc.

**SW 3.1.1.4** If four or more heats, the last three heats of the event shall be seeded in accordance with SW 3.1.1.3 above. The heat preceding the last three heats shall consist of the next fastest swimmers; the heat preceding the last four heats shall consist of the next fastest swimmers, etc. Lanes shall be assigned in descending order of submitted times within each heat, in accordance with the pattern outlined in SW 3.1.2 below.

**SW 3.1.1.5** Exception: When there are two or more heats in an event, there shall be a minimum of three swimmers seeded into any one preliminary heat, but subsequent scratches may reduce the number of swimmers in such heat to less than three.

**SW 3.1.1.6** Where a 10 lane pool is available and equal times are established for the 8th place in the heats of 800m and 1500m Freestyle events, lane 9 will be used with a draw for lane 8 and lane 9. In case of three (3) equal times for 8<sup>th</sup> place, lane 9 and 0 will be used with a draw for lane 8, 9 and 0.

**SW 3.1.1.7** Where a 10 lane pool is not available SW 3.2.3 will apply.

**SW 3.1.2** Except for 50 metre events in 50 metre pools, assignment of lanes shall be (number 1 lane being on the right side of the pool (0 when using pools with 10 lanes) when facing the course from the starting end) by placing the fastest swimmer or team in the centre lane in pool with an odd number of lanes, or in lane 3 or 4 respectively in pools having 6 or 8 lanes. In pools using 10 lanes, the fastest swimmer shall be placed in lane 4. The swimmer having the next fastest time is to be placed on his left, then alternating the others to right and left in accordance with the submitted times. Swimmers with identical times shall be assigned their lane positions by draw within the aforesaid pattern.

**SW 3.1.3** When 50 metre events are contested in 50 metre pools, the races may be swum, at the discretion of the Management Committee, either from the regular starting end to the turning end or from the turning end to the starting end, depending upon such factors as existence of adequate Automatic Equipment, starter's position, etc. The Management Committee should advise swimmers of their determination well before the start of the competition. Regardless of which way the race is swum, the swimmers shall be seeded in the same lanes in which they would be seeded if they were both starting and finishing at the starting end.

## **SW 3.2 Semi-Finals and Finals**

**SW 3.2.1** In the semi-finals heats shall be assigned as in SW 3.1.1.2.

**SW 3.2.2** Where no preliminary heats are necessary, lanes shall be assigned in accordance with SW 3.1.2 above. Where preliminary heats

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or semi-finals have been held, lanes shall be assigned as in SW 3.1.2 based, however, on times established in such heats.

**SW 3.2.3** In the event that swimmers from the same or different heats have equal times registered to 1/100 second for either the eighth/tenth place or sixteenth/twentieth place depending on the use of 8 or 10 lanes, there shall be a swim-off to determine which swimmer shall advance to the appropriate finals. Such swim-off shall take place not less than one hour after all involved swimmers have completed their heats. Another swim-off shall take place if equal times are registered again. If required, a swim off will take place to determine 1st and 2nd reserve if equal times are recorded.

**SW 3.2.4** Where one or more swimmers scratch from a semi-final or final reserves will be called in order of classifications in heats or semi-finals. The event or events must be re-seeded and supplementary sheets must be issued detailing the changes or substitutions, as prescribed in SW 3.1.2.

**SW 3.2.5** For heats, semi-finals and finals, swimmers must report to the First Call Room no later than 20 minutes prior to the start of their event. After inspection, swimmers proceed to the final call-room.

**SW 3.3** In other competitions, the draw system may be used for assigning lane positions.

### SW 4 THE START

**SW 4.1** The start in Freestyle, Breaststroke, Butterfly and Individual Medley races shall be with a dive. On the long whistle (SW 2.1.5) from the referee the swimmers shall step onto the starting platform and remain there. On the starter's command "take your marks", they shall immediately take up a starting position with at least one foot at the front of the starting platforms. The position of the hands is not relevant. When all swimmers are stationary, the starter shall give the starting signal.

**SW 4.2** The start in Backstroke and Medley Relay races shall be from the water. At the referee's first long whistle (SW 2.1.5), the swimmers shall immediately enter the water. At the Referee's second long whistle the swimmers shall return without undue delay to the starting position (SW 6.1). When all swimmers have assumed their starting positions, the starter shall give the command "take your marks". When all swimmers are stationary, the starter shall give the starting signal.

**SW 4.3** In Olympic Games, World Championships and other FINA events the command "Take your marks" shall be in English and the start shall be by multiple loudspeakers, mounted one at each starting platform.

**SW 4.4** Any swimmer starting before the starting signal has been given, shall be disqualified. If the starting signal sounds before the disqualification

is declared, the race shall continue and the swimmer or swimmers shall be disqualified upon completion of the race. If the disqualification is declared before the starting signal, the signal shall not be given, but the remaining swimmers shall be called back and start again. The Referee repeats the starting procedure beginning with the long whistle (the second one for backstroke) as per SW 2.1.5.

## **SW 5 FREESTYLE**

**SW 5.1** Freestyle means that in an event so designated the swimmer may swim any style, except that in individual medley or medley relay events, freestyle means any style other than backstroke, breaststroke or butterfly.

**SW 5.2** Some part of the swimmer must touch the wall upon completion of each length and at the finish.

**SW 5.3** Some part of the swimmer must break the surface of the water throughout the race, except it shall be permissible for the swimmer to be completely submerged during the turn and for a distance of not more than 15 metres after the start and each turn. By that point, the head must have broken the surface.

## **SW 6 BACKSTROKE**

**SW 6.1** Prior to the starting signal, the swimmers shall line up in the water facing the starting end, with both hands holding the starting grips. Standing in or on the gutter or bending the toes over the lip of the gutter is prohibited.

**SW 6.2** At the signal for starting and after turning the swimmer shall push off and swim upon his back throughout the race except when executing a turn as set forth in SW 6.4. The normal position on the back can include a roll movement of the body up to, but not including 90 degrees from horizontal. The position of the head is not relevant.

**SW 6.3** Some part of the swimmer must break the surface of the water throughout the race. It is permissible for the swimmer to be completely submerged during the turn, at the finish and for a distance of not more than 15 metres after the start and each turn. By that point the head must have broken the surface.

**SW 6.4** When executing the turn there must be a touch of the wall with some part of the swimmer's body in his/her respective lane. During the turn the shoulders may be turned over the vertical to the breast after which a continuous single arm pull or a continuous simultaneous double arm pull may be used to initiate the turn. The swimmer must have returned to the position on the back upon leaving the wall.

**SW 6.5** Upon the finish of the race the swimmer must touch the wall while on the back in his/her respective lane.

**SW 7 BREASTSTROKE**

**SW 7.1** After the start and after each turn, the swimmer may take one arm stroke completely back to the legs during which the swimmer may be submerged. A single butterfly kick is permitted during the first arm stroke, followed by a breaststroke kick.

**SW 7.2** From the beginning of the first arm stroke after the start and after each turn, the body shall be on the breast. It is not permitted to roll onto the back at any time. From the start and throughout the race the stroke cycle must be one arm stroke and one leg kick in that order. All movements of the arms shall be simultaneous and on the same horizontal plane without alternating movement.

**SW 7.3** The hands shall be pushed forward together from the breast on, under, or over the water. The elbows shall be under water except for the final stroke before the turn, during the turn and for the final stroke at the finish. The hands shall be brought back on or under the surface of the water. The hands shall not be brought back beyond the hip line, except during the first stroke after the start and each turn.

**SW 7.4** During each complete cycle, some part of the swimmer's head must break the surface of the water. The head must break the surface of the water before the hands turn inward at the widest part of the second stroke. All movements of the legs shall be simultaneous and on the same horizontal plane without alternating movement.

**SW 7.5** The feet must be turned outwards during the propulsive part of the kick. A scissors, flutter or downward butterfly kick is not permitted except as in SW 7.1. Breaking the surface of the water with the feet is allowed unless followed by a downward butterfly kick.

**SW 7.6** At each turn and at the finish of the race, the touch shall be made with both hands simultaneously at, above, or below the water level. The head may be submerged after the last arm pull prior to the touch, provided it breaks the surface of the water at some point during the last complete or incomplete cycle preceding the touch.

**SW 8 BUTTERFLY**

**SW 8.1** From the beginning of the first arm stroke after the start and each turn, the body shall be kept on the breast. Under water kicking on the side is allowed. It is not permitted to roll onto the back at any time.

**SW 8.2** Both arms shall be brought forward together over the water and brought backward simultaneously through-out the race, subject to SW 8.5.

**SW 8.3** All up and down movements of the legs must be simultaneous. The legs or the feet need not be on the same level, but they shall not alternate in relation to each other. A breaststroke kicking movement is not permitted.

**SW 8.4** At each turn and at the finish of the race, the touch shall be made with both hands simultaneously, at, above or below the water surface.

**SW 8.5** At the start and at turns, a swimmer is permitted one or more leg kicks and one arm pull under the water, which must bring him to the surface. It shall be permissible for a swimmer to be completely submerged for a distance of not more than 15 metres after the start and after each turn. By that point, the head must have broken the surface. The swimmer must remain on the surface until the next turn or finish.

### **SW 9 MEDLEY SWIMMING**

**SW 9.1** In individual medley events, the swimmer covers the four swimming strokes in the following order: Butterfly, Backstroke, Breaststroke and Freestyle. Each of the strokes must cover one quarter (1/4) of the distance.

**SW 9.2** In medley relay events, swimmers will cover the four swimming strokes in the following order: Backstroke, Breaststroke, Butterfly and Freestyle.

**SW 9.3** Each section must be finished in accordance with the rule which applies to the stroke concerned.

### **SW 10 THE RACE**

**SW 10.1** All individual races must be held as separate gender events.

**SW 10.2** A swimmer swimming over the course alone shall cover the whole distance to qualify.

**SW 10.3** The swimmer must remain and finish the race in the same lane in which he/she started.

**SW 10.4** In all events, a swimmer when turning shall make physical contact with the end of the pool or course. The turn must be made from the wall, and it is not permitted to take a stride or step from the bottom of the pool.

**SW 10.5** Standing on the bottom during freestyle events or during the freestyle portion of medley events shall not disqualify a swimmer, but he shall not walk.

**SW 10.6** Pulling on the lane rope is not allowed.

**SW 10.7** Obstructing another swimmer by swimming across another lane or otherwise interfering shall disqualify the offender. Should the foul be intentional, the referee shall report the matter to the Member promoting the race, and to the Member of the swimmer so offending.

**SW 10.8** No swimmer shall be permitted to use or wear any device or swimsuit that may aid his/her speed, buoyancy or endurance during a competition (such as webbed gloves, flippers, fins, etc.). Goggles may be worn. Any kind of tape on the body is not permitted unless approved by FINA Sport Medicine Committee.

**SW 10.9** Any swimmer not entered in a race, who enters the water in which an event is being conducted before all swimmers therein have completed



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the race, shall be disqualified from his next scheduled race in the meet.

**SW 10.10** There shall be four swimmers on each relay team.

**SW 10.11** In relay events, the team of a swimmer whose feet lose touch with the starting platform before the preceding team-mate touches the wall shall be disqualified.

**SW 10.12** Any relay team shall be disqualified from a race if a team member, other than the swimmer designated to swim that length, enters the water when the race is being conducted, before all swimmers of all teams have finished the race.

**SW 10.13** The members of a relay team and their order of competing must be nominated before the race. Any relay team member may compete in a race only once. The composition of a relay team may be changed between the heats and finals of an event, provided that it is made up from the list of swimmers properly entered by a Member for that event. Failure to swim in the order listed will result in disqualification. Substitutions may be made only in the case of a documented medical emergency.

**SW 10.14** Any swimmer having finished his race, or his distance in a relay event, must leave the pool as soon as possible without obstructing any other swimmer who has not yet finished his race. Otherwise the swimmer committing the fault, or his relay team, shall be disqualified.

**SW 10.15** Should a foul endanger the chance of success of a swimmer, the referee shall have the power to allow him to compete in the next heat or, should the foul occur in a final event or in the last heat, he/she may order it to be re-swum.

**SW 10.16** No pace-making shall be permitted, nor may any device be used or plan adopted which has that effect.

### SW 11 TIMING

**SW 11.1** The operation of Automatic Officiating Equipment shall be under the supervision of appointed officials. Times recorded by Automatic Equipment shall be used to determine the winner, all placing and the time applicable to each lane. The placing and times so determined shall have precedence over the decisions of timekeepers. In the event that a break-down of the Automatic Equipment occurs or that it is clearly indicated that there has been a failure of the Equipment, or that a swimmer has failed to activate the Equipment, the recordings of the timekeepers shall be official (See SW 13.3).

**SW 11.2** When Automatic Equipment is used, the results shall be recorded only to 1/100 of a second. When timing to 1/1000 of a second is available, the third digit shall not be recorded or used to determine time or placement. In the event of equal times, all swimmers who have recorded the same time at 1/100 of a second shall be accorded the same placing. Times displayed on the electronic scoreboard should show only to 1/100 of a second.

**SW 11.3** Any timing device that is terminated by an official shall be considered a watch. Such manual times must be taken by three timekeepers appointed or approved by the Member in the country concerned. All watches shall be certified as accurate to the satisfaction of the governing body concerned. Manual timing shall be registered to 1/100 of a second. Where no Automatic Equipment is used, official manual times shall be determined as follows:

**SW 11.3.1** If two (2) of the three (3) watches record the same time and the third disagrees, the two identical times shall be the official time.

**SW 11.3.2** If all three (3) watches disagree, the watch recording the intermediate time shall be the official time.

**SW 11.3.3** With only two (2) out of three (3) watches working the average time shall be the official time.

**SW 11.4** Should a swimmer be disqualified during or following an event, such disqualification should be recorded in the official results, but no time or place shall be recorded or announced.

**SW 11.5** In the case of a relay disqualification, legal splits up to the time of the disqualification shall be recorded in the official results.

**SW 11.6** All 50 metre and 100 metre splits shall be recorded for lead-off swimmers during relays and published in the official results.

## **SW 12 WORLD RECORDS**

**SW 12.1** For World Records in 50 metre courses, the following distances and styles for both sexes shall be recognised:

|                   |  |
|-------------------|--|
| Freestyle         | 50, 100, 200, 400, 800 and 1500 metres |
| Backstroke        | 50, 100 and 200 metres                 |
| Breaststroke      | 50, 100 and 200 metres                 |
| Butterfly         | 50, 100 and 200 metres                 |
| Individual Medley | 200 and 400 metres                     |
| Freestyle Relays  | 4 x 100 and 4 x 200 metres             |
| Medley Relay      | 4 x 100 metres                         |

**SW 12.2** For World Records in 25 metre courses, the following distances and styles for both sexes shall be recognised:

|                   |  |
|-------------------|--|
| Freestyle         | 50, 100, 200, 400, 800 and 1500 metres |
| Backstroke        | 50, 100 and 200 metres                 |
| Breaststroke      | 50, 100 and 200 metres                 |
| Butterfly         | 50, 100 and 200 metres                 |
| Individual Medley | 100, 200 and 400 metres                |
| Freestyle Relays  | 4 x 100 and 4 x 200 metres             |
| Medley Relay      | 4 x 100 metres                         |

**SW 12.3** Members of relay teams must be of the same nationality.

**SW 12.4** All records must be made in scratch competition or an individual

race against time, held in public and announced publicly by advertisement at least three days before the attempt is to be made. In the event of an individual race against time being sanctioned by a Member, as a time trial during a competition, then an advertisement at least three (3) days before the attempt is to be made shall not be necessary.

**SW 12.5.1** The length of each lane of the course must be certified by a surveyor or other qualified official appointed or approved by the Member in the country in which it is situated.

**SW 12.5.2** Where a moveable bulkhead is used, course measurement of the lane must be confirmed at the conclusion of the session during which the time was achieved.

**SW 12.6** World Records will be accepted only when times are reported by Automatic Officiating Equipment, or Semi-Automatic Officiating Equipment in the case of Automatic Officiating Equipment system malfunction.

**SW 12.7** World Records can be established only by swimmers wearing FINA approved swimsuits.

**SW 12.8** Times which are equal to 1/100 of a second will be recognised as equal records and swimmers achieving these equal times will be called "Joint Holders". Only the time of the winner of a race may be submitted for a World Record. In the event of a tie in a record-setting race, each swimmer who tied shall be considered a winner.

**SW 12.9** World Records can be established only in fresh water. No World Records will be recognised in any kind of sea or ocean water.

**SW 12.10** The first swimmer in a relay may apply for a World Record. Should the first swimmer in a relay team complete his distance in record time in accordance with the provisions of this subsection, his performance shall not be nullified by any subsequent disqualification of his relay team for violations occurring after his distance has been completed.

**SW 12.11** A swimmer in an individual event may apply for a World Record at an intermediate distance if he or his coach or manager specifically requests the referee that his performance be especially timed or if the time at the intermediate distance is recorded by Automatic Officiating Equipment. Such swimmer must complete the scheduled distance of the event to apply for a record at the intermediate distance.

**SW 12.12** Applications for World Records must be made on the FINA official forms (see next page) by the responsible authority of the organising or management committee of the competition and signed by an authorised representative of the Member in the country of the swimmer, certifying that all regulations have been observed including a negative doping test certification (DC 5.3.2). The application form shall be forwarded to the Honorary Secretary of FINA within fourteen (14) days after the performance.

**SW 12.13** A claim of a World Record performance shall be provisionally reported by telegram, telex or facsimile to the Honorary Secretary of FINA within seven (7) days of the performance.

**SW 12.14** The Member in the country of the swimmer should report this performance by letter to the Honorary Secretary of FINA for information and action, if necessary, to assure that the official application has been properly submitted by the appropriate authority.

**SW 12.15** On receipt of the official application, and upon satisfaction that the information contained in the application, including a negative doping control test certificate, is accurate, the Honorary Secretary of FINA shall declare the new World Record, see that such information is published, and see that certificates are provided to those persons whose applications have been accepted.

**SW 12.16** All records made during the Olympic Games, World Championships and World Cups shall be automatically approved.

**SW 12.17** If the procedure of SW 12.10 has not been followed, the Member in the country of a swimmer can apply for a World Record in default thereof. After due investigation, the Honorary Secretary of FINA is authorised to accept such record if the claim is found to be correct.

**SW 12.18** If the application for a World Record is accepted by FINA, a diploma, signed by the President and the Honorary Secretary of FINA shall be forwarded by the Honorary Secretary to the Member in the country of the swimmer for presentation to the swimmer in recognition of the performance. A fifth World Record diploma will be issued to all Members whose relay teams establish a World Record. This diploma is to be retained by the Member.

## WORLD RECORD APPLICATION FORM

### DEMANDE D'HOMOLOGATION DE RECORD DU MONDE



1. **Stroke (freestyle, backstroke, butterfly, breaststroke or individual medley)**  
Style (Nage libre, dos, papillon, brasse ou quatre nages). \_\_\_\_\_
2. **Length of event / Distance de l'épreuve.** \_\_\_\_\_
3. **Length of course (circle one) / Longueur du bassin (indiquez-en une).** **25 metre** **50 metre**
4. **Name and country of swimmer** \_\_\_\_\_  
Nom et nation du nageur.
5. **Relay team names in order of competing.** 1 \_\_\_\_\_  
Noms des relayeurs dans l'ordre du relais 2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_
6. **Local time and date of race / Heure et date de l'épreuve** \_\_\_\_\_
7. **Time / Temps.** \_\_\_\_\_
8. **Manufacturer of Electronic Equipment.** \_\_\_\_\_  
Fabricant de l'équipement électronique
9. **Name of the competition / Nom de la compétition** \_\_\_\_\_
10. **City at which the race took place and name of pool** \_\_\_\_\_  
Ville où l'épreuve a eu lieu et nom de la piscine.
11. **Name of the Federation approving this application.** \_\_\_\_\_  
Nom de la fédération qui approuve cette demande.
12. **Was the course measured by a qualified person in accordance with SW 12.5.1 and SW 12.5.2 (Print name)**  
Le bassin a-t-il été mesuré par une personne qualifiée en accord avec les règles FINA SW 12.5.1 et SW 12.5.2 (Nom)  
\_\_\_\_\_
13. **Was the water still? / L'eau du bassin était-elle calme?** \_\_\_\_\_
14. **Please indicate type of swimming pool water:** **Fresh** \_\_\_\_\_ **Sea Water** \_\_\_\_\_ **Ocean Water** \_\_\_\_\_  
Veuillez indiquer le type d'eau du bassin: Douce Eau de mer Eau d'océan
15. **Was the race in an indoor or outdoor pool?**  
L'épreuve a-t-elle eu lieu dans une piscine couverte ou en plein air? \_\_\_\_\_
16. **Please specify model of swimsuit(s) worn by the swimmer(s) and, when applicable, the model number(s).**  
Veuillez indiquer le modèle du maillot de bain(s) porté par le nageur(s)/nageuse(s) et, si approprié, le N°(s) de modèle.  
\_\_\_\_\_  
\_\_\_\_\_
17. **Has the swimmer submitted to Doping Control within twenty-four hours after the race?** \_\_\_\_\_  
Le nageur/nageuse a-t-il subi un contrôle de dopage dans les vingt-quatre heures suivant la course?  
**Where did the doping control take place?** \_\_\_\_\_  
Où le contrôle de dopage a eu lieu ?  
**Who supervised the Doping Control? (Print name)** \_\_\_\_\_  
Qui a conduit le contrôle de dopage? (Ecrire le nom)
18. **In my opinion all FINA Rules have been met / A mon avis, toutes les règles de la FINA ont été respectées.**

**Name of referee:** \_\_\_\_\_  
Nom de l'arbitre:

**Signature of referee (Signature de l'arbitre)** \_\_\_\_\_

#### NOTE:

All applications must be sent to the FINA Honorary Secretary in accordance with FINA Rule SW 12. / Les demandes d'homologation doivent être adressées au Secrétaire Général de la FINA en accord avec la Règle FINA SW 12.

In order to have this application approved, a negative doping test certification must be attached (SW 12.10 and DC 5.3.2.) / Afin de pouvoir approuver cette demande, un certificat de contrôle de dopage négatif doit y être joint (SW 12.10 et DC 5.3.2.).

Enforced from 14 March 2009

## **SW 13 AUTOMATIC OFFICIATING PROCEDURE**

**SW 13.1** When Automatic Officiating Equipment (See FR 4) is used in any competition, the placing and times so determined and relay take-offs judged by such Equipment shall have precedence over the timekeepers.

**SW 13.2** bWhen the Automatic Equipment fails to record the place and/or time of one or more swimmers in a given race:

**SW 13.2.1** Record all available Automatic Equipment times and places,

**SW 13.2.2** Record all human times and places.

**SW 13.2.3** The official place will be determined as follows:

**SW 13.2.3.1** A swimmer with an Automatic Equipment time and place must retain his relative order when compared with the other swimmers having an Automatic Equipment time and place within that race.

**SW 13.2.3.2** A swimmer not having an Automatic Equipment place but having an Automatic Equipment time will establish his relative order by comparing his Automatic Equipment time with the Automatic Equipment times of the other swimmers.

**SW 13.2.3.3** A swimmer having neither an Automatic Equipment place nor an Automatic Equipment time shall establish his relative order by the time recorded by the Semi-Automatic Equipment or by three digital watches.

**SW 13.3** The official time will be determined as follows:

**SW 13.3.1** The official time for all swimmers having an Automatic Equipment time will be that time.

**SW 13.3.2** The official time for all swimmers not having an Automatic Equipment time will be the three digital watches or the Semi-Automatic Equipment time.

**SW 13.4** To determine the relative order of finish for the combined heats of an event, proceed as follows:

**SW 13.4.1** The relative order of all swimmers will be established by comparing their official times.

**SW 13.4.2** If a swimmer has an official time which is tied with the official time(s) of one or more swimmers, all swimmers having that time shall be tied in their relative order of finish in that event.

## **AGE GROUP RULES -- SWIMMING**

**SWAG 1** Federations may adopt their own Age Group rules, using FINA technical rules.

## PART IV

### FINA OPEN WATER SWIMMING RULES 2009 - 2013

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# OPEN WATER SWIMMING

All World Championships, World Cups, and FINA competitions shall be governed by the rules of FINA with the following exceptions and additions.

## OWS 1 DEFINITIONS

**OWS 1.1** OPEN WATER SWIMMING shall be defined as any competition that takes place in rivers, lakes, oceans or water channels except for 10km events.

**OWS 1.1.1** MARATHON SWIMMING shall be defined as any 10km event in open water competitions.

**OWS 1.2** The age limit for all FINA Open Water Swimming events must be at least 14 years of age.

## OWS 2 OFFICIALS

The following officials shall be appointed at Open Water Swimming competitions:

- A Chief Referee (one per race)
- Referees
- Chief Judge
- Chief Timekeeper plus 2 Timekeepers
- Chief Finish Judge plus 2 Finish Judges
- Safety Officer
- Medical Officer
- Course Officer
- Clerk of the Course
- Race Judges (one per competitor) except for events of 10 km or less
- Turn Judges (one per alteration of Course)
- Starter
- Announcer
- Recorder
- Officials to be renamed as above thereafter

## OWS 3 DUTIES OF OFFICIALS

### THE CHIEF REFEREE shall:

**OWS 3.1** have full control and authority over all officials and shall approve their assignments and instruct them regarding all special features or regulations related to the competition. The Referee shall enforce all the Rules and decisions of FINA and shall decide all questions relating to the actual conduct of the competition, the final settlement of which is not otherwise covered by these Rules.

**OWS 3.2** have authority to intervene in the competition at any stage to ensure that FINA Rules are observed.

**OWS 3.2.1** In case of hazardous conditions that jeopardize the safety of the swimmers and the officials, in conjunction with the Safety Officer he can stop the race.



**OWS 3.3** adjudicate on all protests related to the competition in progress.

**OWS 3.4** give a decision in cases where the judges' decision and times recorded do not agree.

**OWS 3.5** signal to swimmers, by raised flag and short blasts on a whistle, that the start is imminent and when satisfied indicate by pointing the flag at the starter that the competition may commence.

**OWS 3.6** disqualify any swimmer for any violation of the Rules that he personally observes or which is reported to him by other authorised officials.

**OWS 3.7** ensure that all necessary officials for the conduct of the competition are at their respective posts. He may appoint substitutes for any who are absent, incapable of acting or found to be inefficient. He may appoint additional officials if considered necessary.

**OWS 3.8** receive all reports prior to the start of the race from the Clerk of the Course, Course Officer and Safety Officer.

**THE REFEREES shall:**

**OWS 3.9** have authority to intervene in competition at any stage to ensure that FINA Rules are observed.

**OWS 3.10** disqualify any swimmer for any violation of the Rules that he personally observes.

**THE STARTER shall:**

**OWS 3.11** start the race in accordance to OWS 4 following the signal by the Chief Referee.

**THE CHIEF TIMEKEEPER shall:**

**OWS 3.12** assign at least three Timekeepers to their positions for the start and finish.

**OWS 3.13** ensure that a time check is made to allow all persons to synchronise their watches with the official running clocks 15 minutes before start time.

**OWS 3.14** collect from each Timekeeper a card showing the time recorded for each swimmer, and, if necessary, inspect their watches.

**OWS 3.15** record or examine the official time on the card for each swimmer.

**TIMEKEEPERS shall:**

**OWS 3.16** take the time of each swimmer assigned. The watches must have memory and print out capability and shall be certified correct to the satisfaction of the Management Committee.

**OWS 3.17** start their watches at the starting signal, and only stop their watches when instructed by the Chief Timekeeper.

**OWS 3.18** promptly after each finish record the time and swimmers' number on the timecard and turn it over to the Chief Timekeeper.

**Note:** When Automatic Officiating Equipment is used, the same complement of hand timers is to be used.

**THE CHIEF JUDGE shall:**

**OWS 3.19** assign each Judge to a position.

**OWS 3.20** record and communicate any decision received from the Referees during the competition.

**OWS 3.21** collect after the race, signed results sheets from each Judge and establish the result and placing which shall be sent directly to the Chief Referee.

**FINISH JUDGES (three) shall:**

**OWS 3.22** be positioned in line with the finish where they shall have at all times a clear view of the finish.

**OWS 3.23** record after each finish the placing of the swimmers according to the assignment given.

**Note:** Finish Judges shall not act as Timekeepers in the same event.

**EACH RACE JUDGE shall:**

**OWS 3.24** be positioned in an escort safety craft (where applicable), assigned by random draw prior to the start, so as to be able to observe, at all times, his appointed swimmer.

**OWS 3.25** ensure at all times that the Rules of competition are complied with, violations being recorded in writing and reported to a Referee at the earliest opportunity.

**OWS 3.26** have the power to order a swimmer from the water upon expiry of any time limit so ordered by the Referee.

**OWS 3.27** ensure that his appointed swimmer does not take unfair advantage or commit unsporting impediment on another swimmer and if the situation requires instruct a swimmer to maintain clearance from any other swimmer.

**TURN JUDGES shall:**

**OWS 3.28** be positioned so as to ensure all swimmers execute the alterations in course as indicated in the competition information documents and as given at the pre-race briefing.

**OWS 3.29** record any infringement of the turn procedures on the record sheets provided and indicate the infringement to the Race Judge at the time of infringement by blasts on a whistle.

**OWS 3.30** promptly upon completion of the event deliver the signed record sheet to the Chief Judge.

### **THE SAFETY OFFICER shall:**

**OWS 3.31** be responsible to the Referee for all aspects of safety related to the conduct of the competition.

**OWS 3.32** check that the entire course, with special regard to the start and finish areas, is safe, suitable, and free of any obstruction.

**OWS 3.33** be responsible for ensuring that sufficient powered safety craft are available during the competition so as to provide full safety backup to the escort safety craft.

**OWS 3.34** provide prior to the competitions to all swimmers a tide/current chart clearly indicating the time of tide changes on the course and showing the effect of tides or current on a swimmer's progress along the course.

**OWS 3.35** in conjunction with the Medical Officer advise the Referee if, in their opinion, conditions are unsuitable for staging the competition and make recommendations for the modification of the course or the manner in which the competition is conducted.

### **THE MEDICAL OFFICER shall:**

**OWS 3.36** be responsible to the Referee for all medical aspects related to the competition and competitors.

**OWS 3.37** inform the local medical facilities of the nature of the competition and ensure that any casualties can be evacuated to medical facilities at the earliest opportunity.

**OWS 3.38** in conjunction with the Safety Officer, advise the Referee if, in their opinion, conditions are unsuitable for staging the competition and make recommendations for the modification of the course or the manner in which the competition is conducted.

### **THE COURSE OFFICER shall:**

**OWS 3.39** be responsible to the Management Committee for the correct survey of the course.

**OWS 3.40** ensure the start and finish areas are correctly marked and all equipment has been correctly installed and, where applicable, is in working order.

**OWS 3.41** ensure all course alteration points are correctly marked, and manned prior to the commencement of the competition.

**OWS 3.42** with the Referee and Safety Officer inspect the course and markings prior to the commencement of competition.

**OWS 3.43** ensure that Turn Judges are in position prior to the start of the competition and report this to the Referees.

**THE CLERK OF THE COURSE shall:**

**OWS 3.44** assemble and prepare competitors prior to each event and ensure proper reception facilities at the finish are available for all competitors.

**OWS 3.45** ensure each competitor is identified correctly with their race number and that all swimmers have trimmed fingernails and toenails and are not wearing any jewellery, including watches.

**OWS 3.46** be certain all swimmers are present, in the assembly area, at the required time prior to the start.

**OWS 3.47** keep swimmers and officials informed of the time remaining before the start at suitable intervals until the last five minutes, during which one-minute warnings shall be given.

**OWS 3.48** be responsible for ensuring that all clothing and equipment left in the start area is transported to the finish area and kept in safekeeping.

**OWS 3.49** ensure that all competitors leaving the water at the finish have the basic equipment required for their well being should their own attendants not be present at that time.

**THE RECORDER shall:**

**OWS 3.50** record withdrawals from the competition, enter results on official forms, and maintain record for team awards as appropriate.

**OWS 3.51** report any violation to the Chief Referee on a signed card detailing the event, and the rule infringement.

**OWS 4 THE START**

**OWS 4.1** All Open Water competitions shall start with all competitors standing on a fixed platform or in water depth sufficient for them to commence swimming on the start signal.

**OWS 4.1.1** When starting from a fixed platform competitors shall be assigned a position on the platform, as determined by random draw.

**OWS 4.2** The Clerk of the Course shall keep competitors and officials informed of the time before start at suitable intervals and at one-minute intervals for the last five minutes.

**OWS 4.3** When the number of entries dictate the start shall be segregated in the Men's and Women's competitions. The Men's events shall always start before the Women's events.

**OWS 4.4** The start line shall be clearly defined by either overhead apparatus or by removable equipment at water level.

**OWS 4.5** The Referee shall indicate by a flag held upright and short blasts on a whistle when the start is imminent and indicate that the competition is under Starter's orders by pointing the flag at the starter.

**OWS 4.6** The Starter shall be positioned so as to be clearly visible to all competitors.

**OWS 4.6.1** On the starter command "take your marks" they shall take up a starting position with at least one foot at the front of the platform.

**OWS 4.6.2** The starter will give the starting signal when he considers all swimmers are ready.

**OWS 4.7** The start signal shall be both audible and visual.

**OWS 4.8** If in the opinion of the Referee an unfair advantage has been gained at the start the offending competitor will be given a yellow or red flag in accordance with OWS 6.3.

**OWS 4.9** All escort safety craft shall be stationed prior to the start so as not to interfere with any competitor, and if picking up their swimmer from behind shall navigate in such a way as not to manoeuvre through the field of swimmers.

**OWS 4.10** Although they may start together, in all other respects the men's and women's competitions shall be treated as separate events.

## **OWS 5 THE VENUE**

**OWS 5.1** World Championships and FINA competitions shall be for Open Water distances, 25 kilometres, 10 kilometres and 5 kilometres, conducted at a venue and course approved by FINA.

**OWS 5.2** The course shall be in water that is subject to only minor currents or tide and may be salt or fresh water.

**OWS 5.3** A certificate of suitability for use of the venue shall be issued by the appropriate local health and safety authorities. In general terms the certification must relate to water purity and to physical safety from other considerations.

**OWS 5.4** The minimum depth of water at any point on the course shall be 1.40 meter.

**OWS 5.5** The water temperature should be a minimum of 16°C. It should be checked the day of the race, 2 hours before the start, in the middle of the course at a depth of 40 cm. This control should be done in the presence of a Commission made up of the following persons present: a Referee, a member of the Organising Committee and one coach from the teams present designated during the Technical Meeting

**OWS 5.6** All turns/alterations of course shall be clearly indicated.

**OWS 5.7** A clearly marked craft or platform, containing a Turn Judge, shall be positioned at all alterations of course in such a manner as not to obstruct a swimmer's visibility of the turn.

**OWS 5.8** All Feeding Platforms, turning apparatus and Turn Judges craft/platforms shall be securely fixed in position and not be subject to tidal, wind or other movements.

**OWS 5.9** The final approach to the finish shall be clearly defined with markers of a distinctive colour.

**OWS 5.10** The finish shall be clearly defined and marked by a vertical face.

## **OWS 6 THE RACE**

**OWS 6.1** All Open Water competitions shall be Freestyle events.

**OWS 6.2** Race Judges shall instruct any swimmer who is, in their opinion, taking unfair advantage by pacing or slip streaming with the escort craft to move clear.

### **OWS 6.3 Disqualification Procedure**

**OWS 6.3.1** If in the Opinion of the Chief Referee or Referees, any swimmer, or swimmer's approved representative, or escort safety craft, takes advantage by committing any violation of the rules or by making intentional contact with any swimmer, the following proceeding shall apply:

1<sup>st</sup> Infringement:

A yellow flag and a card bearing the swimmer's number shall be raised to indicate and to inform the swimmer that he is in violation of the Rules.

2<sup>nd</sup> Infringement:

A red flag and a card bearing the swimmer's number shall be raised by the Referee (OWS 3.6) to indicate and to inform the swimmer that he is for the second time in violation of the Rules. The swimmer shall be disqualified. He must leave the water immediately and be placed in an escort craft, and take no further part in the race.

**OWS 6.3.2** If in the opinion of a Referee, an action of a swimmer or an escort safety craft, or a swimmer's approved representative is deemed to be 'unsporting' the referee shall disqualify the swimmer concerned immediately.

**OWS 6.4** Escort safety craft shall manoeuvre so as not to obstruct or place themselves directly ahead of any swimmer and not take unfair advantage by pacing or slip streaming.

**OWS 6.5** Escort safety craft shall attempt to maintain a constant position so as to station the swimmer at, or forward of, the mid point of the escort safety craft.

**OWS 6.6** Standing on the bottom during a race shall not disqualify a swimmer but they may not walk or jump.

**OWS 6.7** With the exception of 6.6 above swimmers shall not receive support from any fixed or floating object and shall not intentionally touch or be touched by their escort safety craft or crew therein.

**OWS 6.7.1** Rendering assistance by an official medical officer to a swimmer in apparent distress should always supersede official rules of disqualification through "intentional contact" with a swimmer (OWS3.1).

**OWS 6.8** Each escort safety craft shall contain: a Race Judge, a person of the swimmer's choice, and the minimum crew required to operate the escort safety craft.

**OWS 6.9** No swimmer shall be permitted to use or wear any device which may be an aid to their speed, endurance or buoyancy. Goggles, a maximum of two (2) caps, nose clip and earplugs may be used.

**OWS 6.10** Swimmers shall be allowed to use grease or other such substances providing these are not, in the opinion of the Referee, excessive.

**OWS 6.11** The pacing of a swimmer by another person entering the water is not permitted.

**OWS 6.12** Coaching and the giving of instructions by the approved swimmer's representative on the feeding platform or in the escort safety craft is permitted. No whistle shall be allowed. Feeding poles are not to exceed 5m in length when extended. No objects, rope or wire may hang off the end of feeding poles except national flags. National flags are allowed to be attached to the feeding pole but may not exceed the size of 30cm x 20cm.

**OWS 6.13** When taking sustenance swimmers may use Rule OWS 6.6 provided Rule OWS 6.7 is not infringed.

**OWS 6.14** All swimmers shall have their competition number clearly displayed in waterproof ink on their upper back, arms and hands.

**OWS 6.15** Each escort safety craft shall display the swimmer's competition number so as to be easily seen from either side of the escort safety craft, and the national flag of the swimmer's Federation.

**OWS 6.16.1** In all events, time limits shall apply as follows from the finish time of the first swimmers:

|                         |             |
|-------------------------|-------------|
| Events under 25 km..... | 30 minutes  |
| Events of 25 km.....    | 60 minutes  |
| Events over 25 km.....  | 120 minutes |

**OWS 6.16.2** Competitors who do not finish the course within the time limits shall be removed from the water except that the referee may allow a competitor outside the time limit to complete the course but not participate in any points or prizes awarded.

### **OWS 6.17** Emergency Abandonment

**OWS 6.17.1** In cases of emergency abandonment of races of 10 km or less, the race will be restarted from the beginning at the earliest possible moment.

**OWS 6.17.2** In cases of emergency abandonment for any race of longer than 10km, where the lead swimmer has accomplished at least  $\frac{3}{4}$  of the race, the final ranking will be as reported by the Chief Referee. If the lead swimmer has not completed  $\frac{3}{4}$  of the race, it will be restarted from the beginning at the earliest moment possible.

## **OWS 7 THE FINISH OF THE RACE**

**OWS 7.1** The area leading to the finish apparatus should be clearly marked by rows of buoys which narrow as they get closer to the finish wall. Escort safety craft should be stationed at the approach to and entrance of the finish lane to ensure that only the escort safety craft authorized to do so enter or cross this entrance.

**OWS 7.2** The finish apparatus should, where possible, be a vertical wall at least 5 metres wide fixed if necessary to floatation devices, securely fastened in place so as not to be moved by wind, tide or the force of a swimmer striking the wall. The finish should be filmed and recorded by video system with slow motion and recall facilities including timing equipment.

**OWS 7.2.1** When automatic Officiating Equipment is used for timing of competitions in accordance with rule SW 11, microchip transponder technology capable of providing split times is mandatory and should be added to the Equipment. Use of microchip transponder technology is mandatory for competitions at the World Championships and Olympic Games. Microchip transponder timing technology will be recorded officially in tenths of seconds. The final places will be determined by the referee based upon the finish judges' report and the finish video tape.

**OWS 7.2.2** It is mandatory for all swimmers to wear a microchip transponder on each wrist throughout the race. If a swimmer loses a transponder the Race Judge or other authorised Official, will immediately inform the Referee who will instruct the responsible Official on the water to issue a replacement transponder. Any swimmer who finishes the race without a transponder will be disqualified.

**OWS 7.3** The Finish Judges and Timekeepers shall be placed so as to be able to observe the finish at all times. The area in which they are stationed should be for their exclusive use.



## OPEN WATER SWIMMING

**OWS 7.4** Every effort should be made to ensure that the swimmers' representative can get from the escort safety craft to meet the swimmer as they leave the water.

**OWS 7.5** Upon leaving the water some swimmers may require assistance. Swimmers should only be touched or handled if they clearly display a need, or ask for assistance.

**OWS 7.6** A member of the medical team should inspect the swimmers as they leave the water. A chair, in which the swimmer can sit while an assessment is made, should be provided.

**OWS 7.7** Once cleared by the medical member, swimmers should be given access to refreshment.



# PART V

## FINA DIVING RULES 2009– 2013

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# DIVING

## D 1 GENERAL

**D 1.1** These Rules shall govern all Diving competitions covered by BL 8 and GR 9 (Olympic Games and World Championships), BL 9 (World Diving Cup), and GR 10 (World Junior Championships).

**D 1.2** All diving installations, including the springboards and platforms, shall be in accordance with the FINA Facilities Rules, inspected and approved by the delegate of FINA, and a member of the Technical Diving Committee no later than 120 days prior to the start of the competitions.

**D 1.3** When diving is sharing the same venue with any other discipline, all diving installations shall be available for use by entered diving competitors on competition days provided no competition is in progress.

**D 1.4** Divers younger than 14 years on December 31st in the year of the competition shall not be permitted to compete at the Olympic Games, World Championships, or World Cups.

### D 1.5 Diving Number Designations

**D 1.5.1** All dives shall be designated by a system of 3 or 4 numerals followed by a single letter.

**D 1.5.2** The first digit shall indicate the group to which the dive belongs:

- 1 = Front
- 2 = Back
- 3 = Reverse
- 4 = Inward
- 5 = Twisting
- 6 = Armstand

**D 1.5.3** In the Front, Back, Reverse, and Inward groups, a 1 in the second digit indicates that the dive has a flying action during the dive. When there is no flying action the second digit shall be 0.

**D 1.5.4** The third digit shall indicate the number of half somersaults being performed. For example 1 =  $\frac{1}{2}$  somersault, 3 =  $1\frac{1}{2}$  somersaults etc.

**D 1.5.5** In Armstand dives the second digit indicates the group or direction to which the dive belongs:

- 1 = Front
- 2 = Back
- 3 = Reverse

**D 1.5.6** In the Twisting group (those dives beginning with the digit 5) the second digit indicates the group or direction of the take-off as listed in D 1.5.2 above.

**D 1.5.7** In the Twisting and Armstand groups the fourth digit shall indicate the number of half twists being performed.

**D 1.5.8** The letter at the end of the dive number shall indicate the position in which the dive is performed:

A = Straight

B = Pike

C = Tuck

D = Free

**D 1.5.9** Free position means any combination of the other positions and is restricted in its use in some twisting dives.

## **D 1.6 Degree of Difficulty**

**D 1.6.1** The degree of difficulty of each dive is calculated using the following formula (the component values of the formula are outlined in Appendix 1):

$$A + B + C + D + E = \text{DEGREE OF DIFFICULTY}$$

**D 1.6.2** As a guide, dives with their numbers and degrees of difficulty have been calculated and are tabled in Appendix 2.

**D 1.6.3** Any dive, which is not tabled in Appendix 2 but is used in a competition, shall be given the dive number and degree of difficulty as determined in accordance with Rules D 1.5 and D 1.6.

**D 1.6.4** In calculating the degree of difficulty for dives with twists, the following need do be noted:

- Dives with  $\frac{1}{2}$  somersault and twists can only be executed in position A, B, or C,
- Dives with 1 or  $1 \frac{1}{2}$  somersaults and twists can only be executed in position D,
- Dives with 2 or more somersaults and twists can only be executed in position B or C, and
- Armstand dives with 1,  $1 \frac{1}{2}$ , or 2 somersaults and one or more twists can only be executed in position D.

## **D 2 COMPETITIONS**

### **D 2.1 General**

**D 2.1.1** The order of diving shall be determined by a random draw prior to all preliminary competitions. The draw shall be held at the Technical Meeting prior to the preliminary competition. When available, an electronic draw shall be used.

**D 2.1.2** In the semi-finals, the divers shall compete in reverse order of their ranking determined by the total scores at the end of the preliminary competition. In the case of a tie, the dive order shall be determined by a draw between the affected divers.

**D 2.1.3** In the final competition, except where a tournament system is used, the divers shall compete in the reverse order of their ranking determined by the total scores at the end of the semi-final competition. In the case of a tie, the order shall be determined by a draw between the affected divers.

**D 2.1.4** When the tournament system is used, the divers shall compete in all remaining sessions of the competition in the reverse order of their ranking determined by the total scores at the end of the preliminary competition. In the case of a tie, the order shall be determined by a draw between the affected divers.

**D 2.1.5** The total number of dives executed in one session shall not exceed 210. In that case the session shall be divided into two or more sessions, unless a double panel system is used.

**D 2.1.6** If a diver is unable to compete at the beginning of any session, the diver ranked next shall advance to the next session, in order to have the prescribed number of divers in each session.

**D 2.1.7** When two or more divers score the same number of points, a tie shall be declared for that particular place.

**D 2.1.8** In the individual events, the diver with the highest total points shall be declared the winner of that event.

**D 2.1.9** In the synchronised events, the team with the highest total points shall be declared the winner of that event.

The procedure for protests is outlined in GR 9.2.

## **D 2.2 1 metre springboard**

**D 2.2.1** At the World Championships there shall be a preliminary and final competition. The final competition shall be conducted in a tournament system, the details of which shall be decided by the Bureau on recommendation of the Technical Diving Committee.

**D 2.2.2** The final shall comprise the top twelve (12) ranked divers from the preliminary competition.

## **D 2.3 3 metre springboard and 10 metre platform**

**D 2.3.1** At the Olympic Games and World Championships there shall always be a preliminary, a semi-final, and a final competition.

**D 2.3.2** The semi-final shall comprise the top eighteen (18) ranked divers from the preliminary competition and the final shall comprise the top twelve (12) ranked divers from the semi-final.

**D 2.3.3** The preliminary, semi-final, and final competition are separate events, each starting from zero (0) points.

**D 2.4 Synchronised Diving - 3 metre springboard and 10 metre platform**

**D 2.4.1** There shall be a preliminary and a final competition.

**D 2.4.2** At the World Championships, the final shall comprise the top twelve (12) teams from the preliminary round.

**D 2.4.3** The preliminary and final competition are separate events, each starting from zero (0) points.

**D 2.4.4** In the case of the Olympic Games, if pre-qualification of the number of teams is required, competitions may be held separately and in advance at different venues to establish the teams that qualify.

**D 3 COMPETITION FORMAT**

**D 3.1** All individual and synchronised diving competitions for men shall comprise six (6) dives.

**D 3.2** All individual and synchronised diving competitions for women shall comprise five (5) dives.

**D 3.3** No dives shall be repeated within each six (6) or five (5) dives.

**D 3.4** A dive of the same number shall be regarded as the same dive.

**D 3.5 1 metre and 3 metre springboard – men and women**

**D 3.5.1** The Women's springboard competitions shall comprise five (5) dives from different groups without limit of degree of difficulty.

**D 3.5.2** The Men's springboard competitions shall comprise six (6) dives without limit degree of difficulty, of which one dive shall be selected from each group, plus an additional dive which may be selected from any group.

**D 3.6 Platform – men and women**

**D 3.6.1** The Women's platform competitions shall comprise five (5) dives from different groups without limit of degree of difficulty.

**D 3.6.2** The Men's platform competitions shall comprise six (6) dives from different groups without limit degree of difficulty.

**D 3.6.3** At all FINA competitions (Olympic Games, World Championships, World Cups, and other FINA events, other than Age group competitions), only dives from the 10-metre platform may be executed.

**D 3.7 Synchronised diving**

**D 3.7.1** The synchronised diving competition involves two competitors diving simultaneously from the springboard or platform. The competition is judged on how the two divers individually perform their dives and

how the two divers as a team synchronise their performance.

**D 3.7.2** The competition at Olympic Games, World Championships, World Cups, and Continental Championships shall comprise two competitors of the same Federation.

**D 3.7.3** Every competition for women on 3m springboard and platform shall comprise five (5) rounds of dives from five (5) different groups. Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and three (3) rounds of dives without limit of degree of difficulty. All forward facing dives on springboard shall be done with a running approach.

**D 3.7.4** Every competition for men on 3m springboard and platform shall comprise six (6) rounds of dives from five (5) different groups. Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and four (4) rounds of dives without limit of degree of difficulty. All forward facing dives on springboard shall be done with a running approach.

**D 3.7.5** In each round the two divers must perform the same dive (same dive number and same position).

#### **D 4 STATEMENT OF DIVES**

**D 4.1** Each diver, or diver's representative, shall deliver to the Referee, or his designated representative, a complete statement of the selected dives on the official form of the event for the preliminary competition and all the following sessions of the competition.

**D 4.2** The diver and the diver's representative are responsible for the accuracy of the statement in the list and the statement of dives shall be signed by the diver and the diver's representative.

**D 4.3** The statement of dives shall be submitted no later than 24 hours before the commencement of the preliminary competition in each event.

**D 4.4** The Referee may accept any statement of dives submitted after the 24 hour deadline, up to three (3) hours prior to the commencement of the preliminary competition, provided it is accompanied by a fee equivalent of 250 Swiss Francs.

**D 4.5** Unless the statement is presented within the time prescribed, a diver shall not be admitted to the competition.

**D 4.6** In all competitions, the diver or the diver's representative may change the statement of dives before the commencement of any semi-final or final of the competition, provided the amended statement is lodged with the Referee, or his designated representative, no later than thirty (30) minutes after the end of the previous session of the competition. If a new statement of dives is not submitted within the prescribed time, the diver shall perform the dives as indicated in the initial submission.



**D 4.7** In any competition, in extenuated circumstances, a diver may be replaced by another diver of the same Federation up to three (3) hours before the commencement of the preliminary competition. In synchronised diving events at the Olympic Games the replacement may also take place prior to the commencement of the final competition. The Referee will accept a change in the statement of dives.

**D 4.8** In both individual and synchronised diving events, when the closing times have passed, no change in the statement of dives shall be permitted.

**D 4.9** The statement of dives shall contain the following information in the order of execution of the dives:

- The number of each dive according to Rules 1.5.1 to 1.5.7
- The execution or position of the dive according to Rule 1.5.8
- The height of the board or platform
- The degree of difficulty as determined by the Formula described in Rule D 1.6.

**D 4.10** The dives in each round shall be executed by all the divers consecutively, according to the starting order.

**D 4.11** The statement of dives shall take precedence over the indicator board and any announcement.

## **D 5 COMPETITION PROCEDURE**

### **D 5.1 Control of Competition**

**D 5.1.1** Every competition shall be controlled by a Referee, supported by Assistant Referees, together with Judges and a Secretariat.

**D 5.1.2** The number of the dive to be performed and the manner of execution shall be displayed on an indicator board visible to both divers and judges.

**D 5.1.3** A computer programme with adequate capability to produce a judging analysis shall be used.

### **D 5.2 Composition of the Judges Panels**

**D 5.2.1** Whenever possible at the Olympic Games, World Championships and World Cups, seven (7) judges shall be used for individual events and eleven (11) judges for synchronised diving events. For synchronised diving, where eleven (11) judges are used, five (5) shall judge the synchronisation of the dive, three (3) shall judge the execution of one diver and three (3) the execution of the other diver.

**D 5.2.2** In all individual competitions other than the Olympic Games, World Championships and World Cups, five (5) judges may be used. In all synchronised diving competitions, other than Olympic Games, World Championships and World Cups, nine (9) judges may be used. Five (5)

shall judge the synchronisation of the dive, two (2) shall judge the execution of one diver and two (2) the execution of the other diver.

**D 5.2.3** Provided sufficient judges are available, the panel of judges for the semi-final and final competition shall consist of judges whose nationality is different to that of any of the divers in such competition.

**D 5.2.4** When considered suitable, double panels of judges may be used in the same event. If double panels are used, the second panel is introduced in the fourth round of the competition. *Note: In exceptional circumstances, such as high heat and humidity, the panels may be changed after the end of each round.*

**D 5.2.5** The Referee shall place the judges on each side of the spring-board or platform in use, as outlined in the Facilities Rule FR 5. When this is not practical, the judges may be placed together on one side.

**D 5.2.6** Once placed, a judge shall not change position unless at the discretion of the Referee, and then only in exceptional circumstances

**D 5.2.7** When a judge is unable to continue to function after a competition has started, he shall be replaced by the reserve judge.

**D 5.2.8** After each dive, on a signal given by the Referee, each judge shall immediately and simultaneously, without communicating with one another, and in a distinct manner, indicate the award for the dive. When an electronic judging device is used, the judges shall enter their awards into their score pads immediately after the performance of the dive.

**D 5.2.9** The judges' awards shall be displayed on the electronic scoreboard, preferably unseen by the judges. The awards (without any other information about the standing of the competition) must be seen by the judges on their score pads.

## **D 6 DUTIES OF THE REFEREE AND ASSISTANT REFEREES**

**D 6.1** The Referee shall be in control of the competition and located in a position so that he can manage the competition and ensure that the Rules are observed.

**D 6.2** The Referee may designate Assistant Referees, who:

- shall observe the diver(s) on the platform,
- confirm the awards prior to their announcement, and
- in synchronised diving, will be positioned on the opposite side of the pool to observe the performance of the diver on that side.

**D 6.3** The Referee shall inspect the statements of dives. If the statement does not comply with the Rules, the Referee shall have it corrected before the beginning of the competition.

- D 6.4** The diver, or the diver's representative, shall be informed of the Referee as soon as possible, that a correction is required.
- D 6.5** In the case of unforeseen circumstances, the Referee may declare a short break, a postponement or a discontinuation of the competition. If possible the break should be done after a full round of dives.
- D 6.6** Following an interruption, the competition shall be continued from where it was stopped. The points scored before the interruption shall be carried forward into the remaining portion of the competition, whenever it is held. *Note: If the competition cannot be continued, the result will be determined by the Jury of Appeal.*
- D 6.7** When there is a strong wind, the Referee may give a diver the right to make a re-start without deduction of points.
- D 6.8** Before each dive, the Referee or the official announcer shall announce in the language of the host country the name of the diver and the dive to be executed. In competitions where different platforms are used the height of the platform shall also be announced. If a scoreboard is used, all information concerning the dive shall be displayed and the announcement may be restricted to the identification of the diver.
- D 6.9** When a dive is incorrectly announced, the diver or his representative shall advise the Referee immediately, who shall then confirm the diver's statement of dives.
- D 6.10** If the incorrectly announced dive is executed by the diver, the Referee may cancel it and have the correct dive announced and performed immediately.
- D 6.11** The dive shall be executed after a signal given by the Referee. The signal shall not be given before the diver has assumed his position on the board or platform and the Referee has checked the indicator board. For backward and inward take-offs, the diver shall not proceed to the end of the springboard or platform until after the signal has been given by the Referee.
- D 6.12** Each diver shall be given sufficient time for the preparation and execution of the dive, but if it takes more than one minute after the Referee has given a warning, the diver shall receive zero (0) points for the dive announced.
- D 6.13** When a diver executes a dive before the signal is given, the Referee shall decide whether the dive shall be repeated.
- D 6.14** In exceptional circumstances, the Referee may allow a diver to repeat a dive without penalty. The awards for the first dive must be noted should a protest be lodged.
- D 6.15** The request for such a repetition must be made immediately by the diver or his representative.

- D 6.16** If the diver double bounces on the end of the springboard or platform before take-off, the Referee shall declare it a failed dive.
- D 6.17** When it is quite clear that the dive has been performed in a position other than that announced, the Referee shall repeat the announcement, and declare that the maximum award shall be 2 points, before giving the judges the signal to show their marks. If a judge then awards more than 2 points, the Referee shall declare the award from that judge to be 2 points.
- D 6.18** When the Referee is certain that a diver has performed a dive of a number other than that announced, the Referee shall declare it a failed dive.
- D 6.19** When one or both arms are held above the head in a feet first entry or below the head in a head first entry, the Referee shall declare the maximum award to be 4½ points. If a judge then awards more than 4½ points, the Referee shall declare the award from that judge to be 4½ points.
- D 6.19.1** In head first dives, if the feet enter the water before the head or hands, the Referee shall declare it a failed dive.
- D 6.19.2** In feet first dives, if the head or hands enter the water before the feet, the Referee shall declare it a failed dive.
- D 6.20** During the execution of a dive, there shall be no assistance to the diver from any person. Assistance between dives shall be permitted.
- D 6.21** The Referee may declare a dive to be failed if he considers that assistance has been given to the diver after the starting signal.
- D 6.22** When a diver in a running dive takes a step and stops or in a standing dive stops the movement for the take-off after the legs have commenced to press, the Referee shall declare there has been a re-start and shall deduct 2 points from the award of each judge.
- D 6.23** When there is a restart in a running, standing, or armstand dive, the Referee shall deduct 2 points from the award of each judge.
- D 6.24** When a second attempt (a re-start) is unsuccessful, the Referee shall declare a failed dive.
- D 6.25** When a diver refuses to execute a dive, the Referee shall declare a failed dive.
- D 6.26** If a diver in a competition disturbs a contest, the Referee may exclude him from that competition. If a member of a team, a coach or an official disturbs a contest, the Referee may exclude that person from the competition area.
- D 6.27** The Referee may remove any judge from the competition whose judgement he regards as unsatisfactory and may appoint another judge to replace him. At the end of the competition the Referee shall make a written report to the Jury of Appeal.

**D 6.28** Such a change of judge shall take place only at the end of a session or round of dives performed by each diver.

**D 6.29** At the end of the competition the Referee shall confirm the final results by his signature.

## **D 7 DUTIES OF THE SECRETARIAT**

**D 7.1** The records of the competitions shall be kept by two independent secretaries.

**D 7.2** In order to facilitate the scoring, a computer, a rapid calculator, or a chart may be used.

**D 7.3** In individual events, the judges awards shall be announced in their seating order, and the first secretary shall record all awards as announced on the diver's statement of dives. In synchronised diving events, the judges awards shall be announced, starting with the execution judges awards in seating order, followed by the synchronised judges awards, also in seating order. When a computer and a scoreboard is used, the announcement of the judges awards is not necessary and the secretary may record the awards directly from the monitor.

**D 7.4** The second secretary shall enter on the diver's statement of dives the judges' awards. When a computer is used to determine the scores, the second secretary may record the awards directly from the monitor.

**D 7.5** In the individual events, when seven (7) judges are used, the secretaries shall cancel the two (2) highest and the two (2) lowest judges' awards. When more than two (2) awards are equal only two of the equal awards shall be cancelled. If only five (5) judges are used, the secretaries shall cancel the highest and the lowest award.

**D 7.6** In synchronised diving, when eleven (11) judges are used, the secretaries shall cancel the highest and the lowest judges' awards given for execution for one diver, the highest and lowest judges' awards for execution of the other diver and the highest and lowest judges' awards given for synchronisation. When more than two (2) awards are equal only two of the equal awards shall be cancelled.

**D 7.7** In synchronised diving, when nine (9) judges are used, the secretaries shall cancel the highest and the lowest judges' awards given for execution and the highest and lowest judges' awards given for synchronisation. When two (2) or more awards are equal, either of the equal awards may be cancelled.

**D 7.8** The secretaries shall independently add the remaining awards and multiply this total by the degree of difficulty for the dive to determine the score of the dive according to the following examples:

## DIVING

### Individual competitions

Five (5) judges: ~~8.0~~, 7.5, 7.5, 7.5, ~~7.0~~ =  $22.5 \times 2.0 = 45.0$

Seven (7) judges: ~~8.0~~, ~~7.5~~, 7.5, 7.5, 7.5, ~~7.5~~, ~~7.0~~ =  $22.5 \times 2.0 = 45.0$

### Synchronised Diving competitions

Nine (9) judges: Execution diver 1: ~~7.0~~, 6.5

Execution diver 2: 5.5, ~~6.5~~

Synchro awards: ~~8.5~~, 8.0, 8.0, 7.5, ~~7.5~~

=  $35.5 : 5 \times 3 = 21.3 \times 2.8 = 59.64$

Eleven (11) judges: Execution diver 1: ~~7.0~~, 6.5, ~~6.0~~

Execution diver 2: ~~6.5~~, 5.5, ~~7.0~~

Synchro awards: ~~8.0~~, 8.0, 7.5, 8.0, ~~7.0~~

=  $35.5 : 5 \times 3 = 21.3 \times 2.8 = 59.64$

**D 7.9** When a judge by reason of illness or any other unforeseen circumstances, has made no award for a particular dive, the average of the awards of the other judges shall be adopted as the missing award. The award shall be rounded up or down to the nearest half point or whole point. Averages ending in .25 or higher shall be rounded to .50. Averages ending in .75 or higher shall be rounded to .00.

**D 7.10** In synchronised diving, when a judge (execution or synchronised) by reason of illness or any other unforeseen circumstances, has made no award for a particular dive, in an eleven (11) judge panel, the average of the awards of the other two (2) execution judges of the same diver, or the average of the other four synchronised judges, shall be adopted as the missing award. The average award shall be rounded up or down to the nearest half point or whole point. Averages ending in .25 or higher shall be rounded to .50. Averages ending in .75 or higher shall be rounded up to .00. In a nine (9) judge panel, the award of the other execution judge of the same diver shall be adopted as the missing award.

**D 7.11** At the end of the competition the two secretaries shall collate the score sheets.

**D 7.12** The result of the competition shall be obtained from the score sheets.

**D 7.13** The final result at FINA events shall be announced in one of the official languages of FINA (English or French).

## D 8 JUDGING

### D 8.1 General

**D 8.1.1** A judge shall award from 0 to 10 points for a dive according to his overall impression within the following criteria:

|                   |           |
|-------------------|-----------|
| Excellent         | 10        |
| Very Good         | 8.5 – 9.5 |
| Good              | 7.0 – 8.0 |
| Satisfactory      | 5.0 – 6.5 |
| Deficient         | 2.5 – 4.5 |
| Unsatisfactory    | 0.5 – 2.0 |
| Completely failed | 0         |

**D 8.1.2** When judging a dive, the judge must not be influenced by any factor other than the technique and execution of the dive. The dive must be considered without regard to the approach to the starting position, the difficulty of the dive, or any movement beneath the surface of the water.

**D 8.1.3** The points to be considered in judging the overall impression of a dive are the technique and grace of:

- the starting position and the approach
- the take-off
- the flight
- the entry

**D 8.1.4** When a dive is performed clearly in a position other than that announced the dive shall be deemed unsatisfactory. The highest award for such a dive is 2 points.

**D 8.1.5** When a dive is performed partially in a position other than that announced, the judges shall exercise their own opinion in making their award up to a maximum of 4½ points.

**D 8.1.6** When a dive is not performed in the straight (A), pike (B), tuck (C), or free (D) position, the judge shall deduct from ½ to 2 points, according to his opinion.

**D 8.1.7** When a judge considers that a dive of a different number has been performed he may award zero (0) points, notwithstanding that the Referee has not declared it to be a failed dive.

## **D 8.2 The starting position**

**D 8.2.1** When the signal is given by the Referee, the diver shall take the starting position.

**D 8.2.2** The starting position shall be free and unaffected.

**D 8.2.3** When the correct starting position is not free and unaffected, each judge shall deduct ½ to 2 points, according to his opinion.

### **D 8.2.4 Standing dives**

**D 8.2.4.1** The starting position in standing dives shall be assumed when the diver stands on the front end of the board or platform.

**D 8.2.4.2** The body shall be straight, head erect, with the arms straight in any position.

**D 8.2.4.3** When executing a standing dive, the diver must not bounce (crow-hop) on the springboard or platform before the take-off. In this circumstance, the judge shall deduct from ½ to 2 points, according to his opinion.

### **D 8.2.5 Running dives**

**D 8.2.5.1** The starting position in a running dive shall be assumed when the diver is ready to take the first step of the run.

### **D 8.2.6 Armstand dives**

**D 8.2.6.1** The starting position in an armstand dive shall be assumed when both hands are on the front end of the platform and both feet are off the platform.

**D 8.2.6.2** When, in an armstand dive, a stationary and steady balance in the straight vertical position is not shown, each judge shall deduct from  $\frac{1}{2}$  to 2 points, according to his opinion.

**D 8.2.6.3** A re-start shall be allowed when a diver loses his balance, one or both feet return to the platform, or any other part of his body other than his hands touches the platform. When a diver loses his balance and moves one or both hands from the original position at the front end of the platform, this shall be deemed as a re-start.

## **D 8.3 The approach**

**D 8.3.1** When executing a running dive from either the springboard or the platform, the run shall be smooth, aesthetically pleasing, and in a forward direction toward the end of the springboard or platform with the final step being from one foot.

**D 8.3.2** When the run is not smooth, aesthetically pleasing, or in a forward direction to the end of the springboard or platform, each judge shall deduct  $\frac{1}{2}$  to 2 points, according to his opinion.

**D 8.3.3** When the final step is not from one foot, the Referee shall declare a failed dive.

**D 8.3.4** The diver must not double bounce on the end of the springboard or platform before the take-off. When the judge considers that the diver has double bounced in a dive, the judge may award zero (0) points, notwithstanding that the Referee has not declared it to be a failed dive.

## **D 8.4 The take-off**

**D 8.4.1** The take-off in forward and reverse dives may be performed either standing or running at the option of the diver. The take-off in backward and inward dives must be performed standing.

**D 8.4.2** The take-off from the springboard shall be from both feet simultaneously. The forward and reverse take-off from the platform may be from one foot.



**D 8.4.3** When the take-off from the springboard is not from both feet simultaneously, the Referee shall declare it a failed dive.

**D 8.4.4** In running and standing dives, the take-off shall be bold, high and confident, and shall be from the end of the springboard or platform.

**D 8.4.5** When the take-off is not bold, high and confident, or from the end of the springboard or platform, each judge shall deduct  $\frac{1}{2}$  to 2 points, according to his opinion.

**D 8.4.6** In dives with twist, the twisting shall not be manifestly done from the springboard or platform. If the twisting is manifestly done from the springboard or platform, each judge shall deduct  $\frac{1}{2}$  to 2 points, according to his opinion.

## **D 8.5 The flight**

**D 8.5.1** If during the execution of a dive, a diver touches the end of the springboard or platform, or dives to the side of the direct line of flight, each judge shall deduct according to his opinion.

**D 8.5.2** During the flight, the position of the dive shall be at all times aesthetically pleasing. Should any of the positions not be shown as described below, each judge shall deduct  $\frac{1}{2}$  to 2 points, according to his opinion.

The dive can be executed in the following positions:

### **Straight (A)**

**D 8.5.3** In the straight position the body shall not be bent either at the knees or hips. The feet shall be together and the toes pointed. The position of the arms is at the option of the diver.

**D 8.5.4** In all flying dives a straight position shall be clearly shown and that position shall be assumed from the take off or after one somersault. When the straight position is not shown for at least one quarter of a somersault ( $90^\circ$ ) in dives with one (1) somersault, and at least one half of a somersault ( $180^\circ$ ) in dives with more than one (1) somersault, the maximum award by the judges shall be  $4\frac{1}{2}$  points.

### **Pike (B)**

**D 8.5.5** In the pike position the body shall be bent at the hips, but the legs must be kept straight at the knees, the feet shall be together, and the toes pointed. The position of the arms is at the option of the diver.

**D 8.5.6** In the pike dives with twist, the pike position must be clearly

shown. Should this position not be shown, each judge shall deduct ½ to 2 points, according to his opinion.



*These diving illustrations serve as a guide only and the position of the arms is at the choice of the diver except in the entry.*

### **Tuck (C)**

**D 8.5.7** In the tuck position the body shall be compact, bent at the knees and hips with the knees and feet together. The hands shall be on the lower legs and the toes pointed.

**D 8.5.8** In tuck dives with twist, the tuck position must be clearly shown. Should this position not be shown, each judge shall deduct ½ to 2 points, according to his opinion.



*These diving illustrations serve as a guide only and the position of the arms is at the choice of the diver except in the case of the hands in the tuck and the entry.*

### **Free position (D)**

**D 8.5.9** In the free position, the body position is optional but the legs shall be together and the toes pointed.

**D 8.5.10** In somersault dives with twist, the twist may be performed at any time during the dive.

### **D 8.6 The entry**

**D 8.6.1** The entry into the water shall in all cases be vertical, not twisted, with the body straight, the feet together, and the toes pointed.

**D 8.6.2** When the entry is short or over, twisted or the body not straight, the feet not together, and the toes not pointed, each judge shall deduct according to his opinion.

**D 8.6.3** In head first entries, the arms shall be stretched beyond the head and in line with the body, with the hands close together. If one or both arms are held below the head on entry, the Referee shall declare a maximum award of 4½ points.

**D 8.6.4** In feet first entries, the arms shall be close to the body with no bending at the elbows. If one or both arms are held beyond the head on entry, the Referee shall declare a maximum award of 4½ points.

**D 8.6.5** Other than as provided in Rules D 8.6.3 and D 8.6.4, when the arms are not in the correct position in either the head first or feet first entry, each judge shall deduct from ½ to 2 points, according to his opinion.

**D 8.6.6** When a twist is greater or less than that announced by 90 degrees or more, the Referee shall declare it a failed dive

**D 8.6.7** The dive is considered to have been completed when the whole of the body is completely under the surface of the water.

## **D 9 JUDGING SYNCHRONISED DIVING**

**D 9.1** Synchronised diving is judged by the execution of the individual dives and the synchronisation of the divers

**D 9.2** The rules for judging individual diving shall apply to the execution of dives in synchronised diving, except that where one or both divers perform a dive of a different number than that announced, the Referee shall declare it a failed dive.

**D 9.3** When judging the synchronisation of the divers, the overall impression of the dives must be taken into account.

**D 9.4** The factors to be considered in judging synchronised diving are:

- the starting position, the approach, and the take-off, including the similarity of the height,
- the co-ordinated timing of the movements during the flight,
- the similarity of the angles of the entries,
- the comparative distance from the springboard or platform of the entry,
- the co-ordinated timing of the entries.

**D 9.5** If either diver enters the surface of the water before the other diver leaves the springboard or platform, the Referee shall declare it a failed dive.

**D 9.6** The Referee shall declare a two-point deduction from all judges when there is a re-start by one or both divers.

**D 9.7** The execution judges must not be influenced by any factor other than the technique and execution of the dive, not both dives, nor the synchronisation of the divers.

**D 9.8** When either or both divers perform a dive other than that announced, the Referee shall declare the dive a failed dive.

**D 9.9** When an execution judge considers that a dive of a different number has been performed by a diver, the judge shall award zero (0) points notwithstanding that the Referee has not declared it to be a failed dive. If both execution judges of one diver in a nine (9) judge panel or all three (3) execution judges in an eleven (11) judge panel, award zero (0) points, the Referee shall declare it a failed dive. If the Referee declares a failed dive, zero (0) points are awarded by all nine (9) or eleven (11) judges.

**D 9.10** The synchronisation judges must not be influenced by any factor other than the co-ordinated performance of the two divers and not the execution of either dive.

**D 9.11** If all the synchronisation judges award zero (0) points, the Referee shall declare it a failed dive.

**D 9.12** When any of the following faults are shown, each synchronisation judge shall deduct from ½ to 2 points, according to his opinion, for the lack of:

- similarity of the starting position, approach, take-off, or height,
- co-ordinated timing of the movement during the flight,
- similarity of the angles of the entries,
- comparative distance from the springboard or platform of the entry,
- co-ordinated timing of the entries.

## **D 10 SUMMARY OF THE PENALTIES**

### **Referee to declare "Failed Dive"; 0 points**

**D 6.12** If the diver takes more than one minute, after a warning.

**D 6.16** If a diver double bounces on the end of the springboard or platform before take-off.

**D 6.18** If a diver has performed a dive of a number other than that announced.

**D 6.19.1** If the feet enter the water before the head or hands in a head first dive.

**D 6.19.2** If the head or hands enter the water before the feet in a feet first dive.

**D 6.21** If assistance has been given to the diver after the starting signal.

**D 6.24** When a second attempt (a re-start) is unsuccessful.

**D 6.25** If a diver refuses the execution of a dive.

**D 8.3.3** If the final step is not from one foot.

**D 8.4.3** If the take-off from the springboard is not from both feet simultaneously.

**D 8.6.6** If a twist is greater or less than that announced by 90 degrees or more.

**D 9.2 / 9.8** In synchronised diving if a diver performs an incorrect or different dive.

**D 9.5** In synchronised diving if either diver enters the surface of the water before the other diver leaves the springboard or platform.

**D 9.9** In synchronised diving if all execution judges for one diver award zero (0) points.

**D 9.10** In synchronised diving if all synchronisation judges award zero (0) points.

**Referee to declare "2 points deduction"**

**D 6.22** If a diver takes a step or stops the movement for the take-off after the legs has commenced to press.

**D 6.23** If there is a re-start in a standing, running or armstand dive.

**D 9.6** In synchronised diving if there is a re-start by one or both divers.

**Referee to declare "2 points maximum"**

**D 6.17** If a diver performs a dive in a position other than that announced.

**Referee to declare "4 1/2 points maximum"**

**D 6.19** If a diver has one or both arms held above the head in a feet first entry or below the head in a head first entry.

**Judges to award "0 points"**

**D 8.1.7** If a dive of a different number has been performed.

**D 8.3.4** If a diver double bounces in a dive at the end of the springboard or platform before the take-off.

**D 9.9** If an execution judge considers that a dive of a different number has been performed.

**Judges to award "2 points maximum"**

**D 8.1.4** If a dive is performed clearly in a position other than that announced.

**Judges to award "4 1/2 points maximum"**

**D 8.1.5** If a dive is performed partially in a position other than that announced.

**D 8.5.4** If in a flying dive, a straight position is not clearly shown for at least one quarter of a somersault (90°) in dives with somersault and at least a half somersault (180°) in dives with more than 1 somersault.

**D 8.6.3** If the arms are not stretched beyond the head and in line with the body, with the hands close together in a head first dive.

**D 8.6.4** If the arms are held above the head in a feet first entry.

**Judges to deduct "from 1/2 to 2 points"**

**D 8.1.6** If a dive is not performed in a position as described.

**D 8.2.3** If the correct starting position is not free and unaffected.

**D 8.2.4.3** If there is a bounce (crow-hop) in a standing dive.

**D 8.2.6.2** If in an armstand dive, a stationary and steady balance in the straight vertical position is not shown.

**D 8.3.2** If the run is not smooth, aesthetically pleasing in a forward direction to the end of the springboard or platform.

**D 8.4.5** If the take-off is not bold, high and confident.

**D 8.4.6** If in a twist dive, the twisting is manifestly done from the springboard or platform.

**D 8.5.2** If the positions as described in the rules are not shown.

**D 8.5.6** If in a pike dive with twist, the pike position is not clearly shown.

**D 8.5.8** If in a tuck dive with twist, the tuck position is not clearly shown.

**D 8.6.5** Notwithstanding Rules D 8.6.3 and D 8.6.4, the arms are not in the correct position in either the head first or feet first entry.

**D 9.12** In synchronised diving if any of the following are not shown:

- similarity of the starting position, approach, take-off and height;

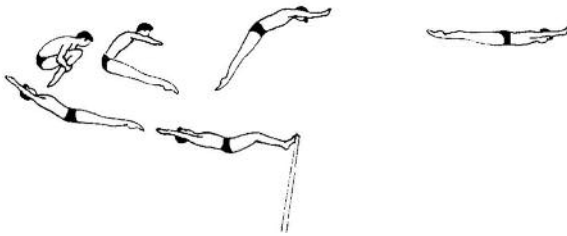
## DIVING

- co-ordinated timing of the movement during the flight;
- similarity of the angles of the entries;
- comparative distance from the springboard or platform of the entry;
- co-ordinated timing of the entries.

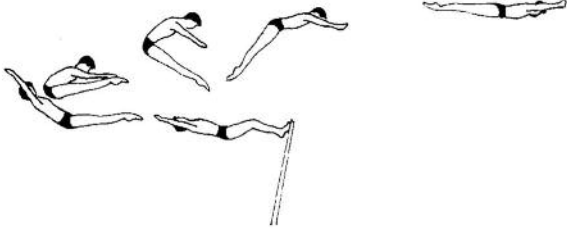
### **Judges to deduct "according to individual opinion"**

**D 8.5.1** If in a dive, the diver touches the end of the springboard or platform or dives to the side of the direct line of flight.

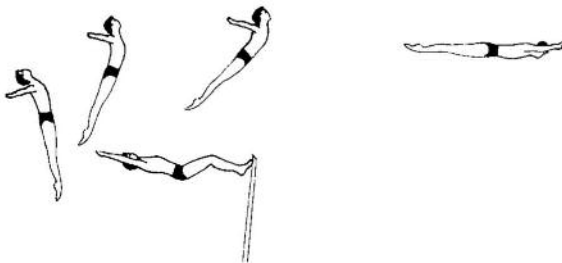
**D 8.6.2** If the entry into the water is not vertical, or nearly so, or twisted with the body not straight, the feet not together and the toes not pointed.



101 (c)

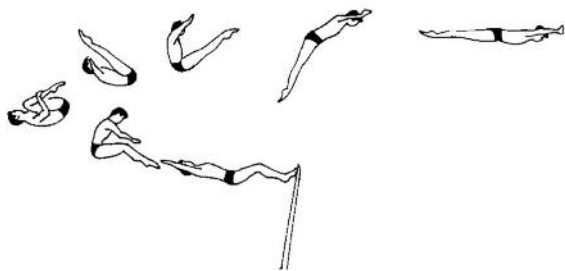


101 (b)

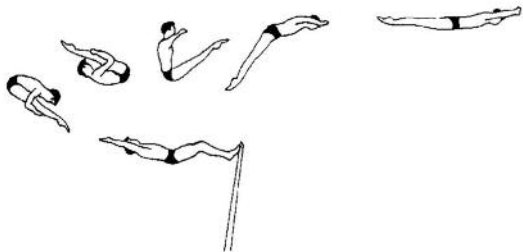


101 (a)

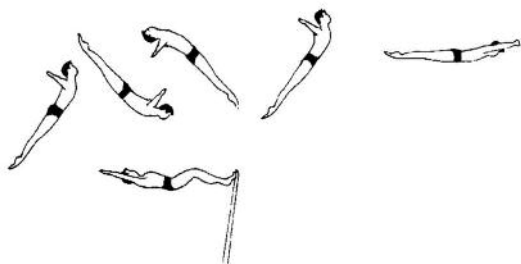




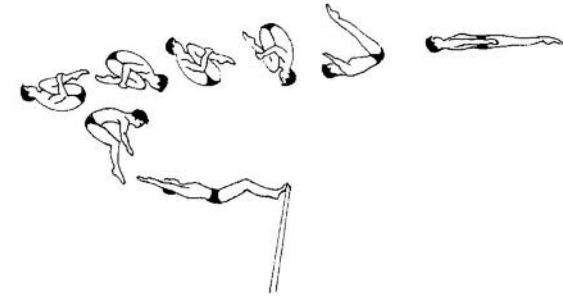
103 (c)



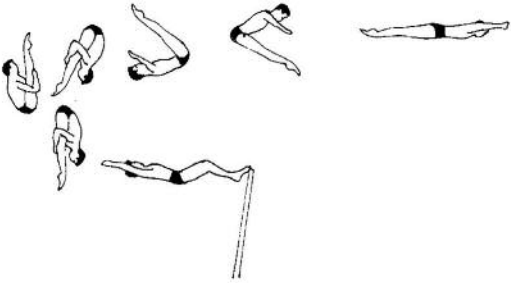
103 (b)



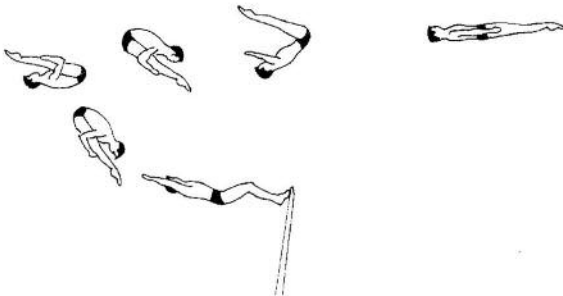
103 (a)



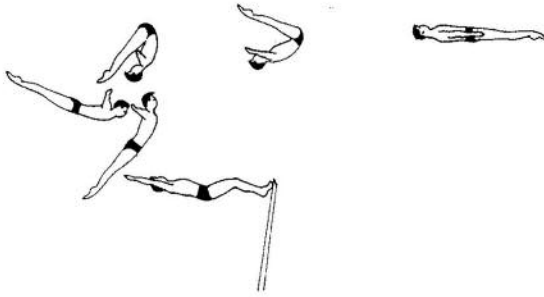
106 (c)



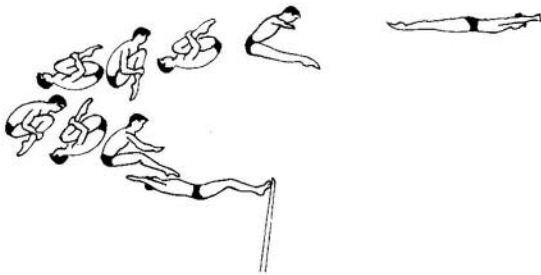
105 (b)



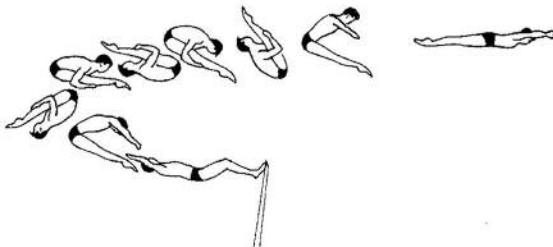
104 (b)



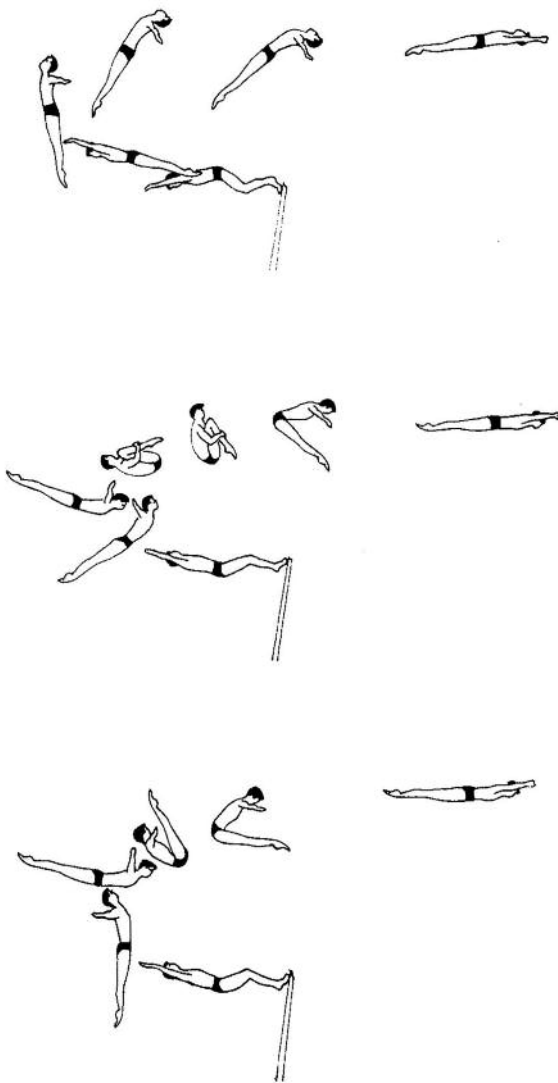
112 (b)



107 (c)



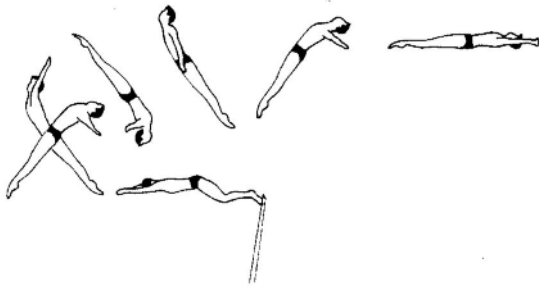
107 (b)



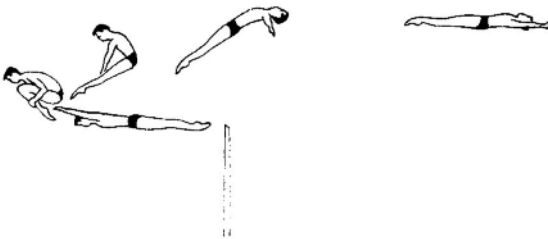
201 (a)

113 (c)

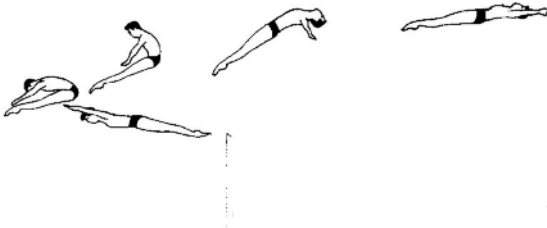
113 (b)



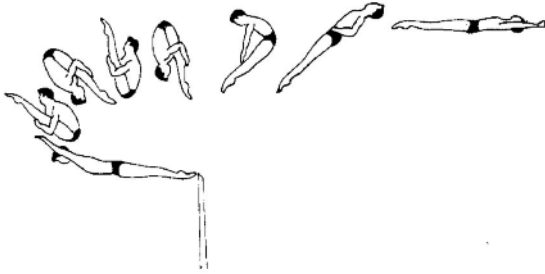
203 (a)



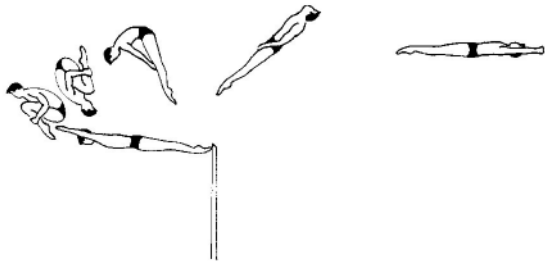
201 (c)



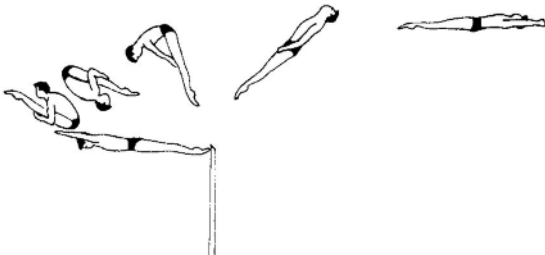
201 (b)



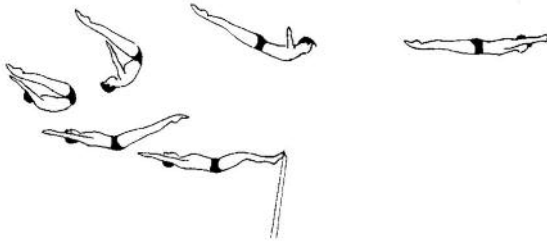
205 (b)



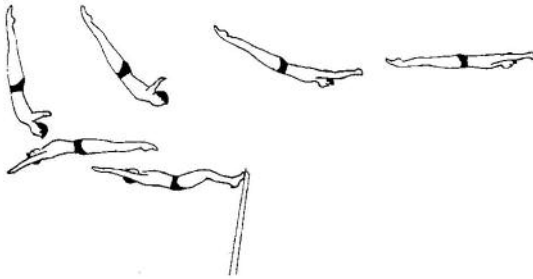
203 (c)



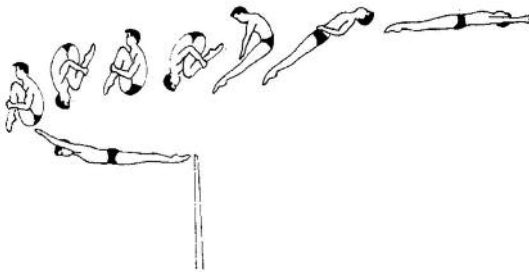
203 (b)



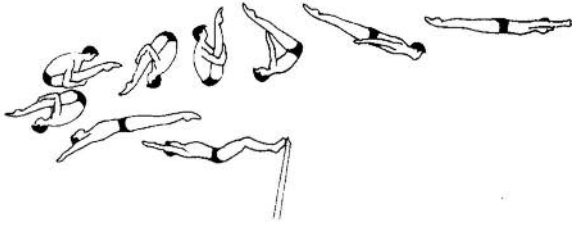
301 (b)



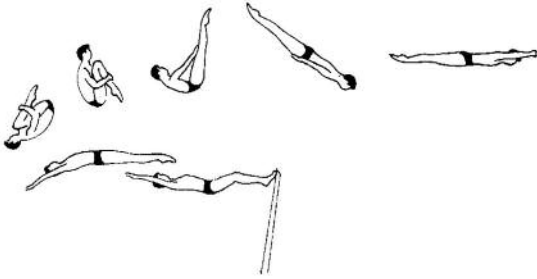
301 (a)



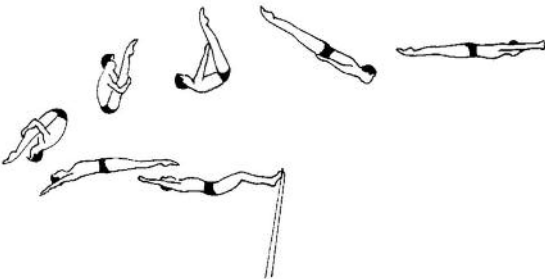
205 (c)



305 (b)

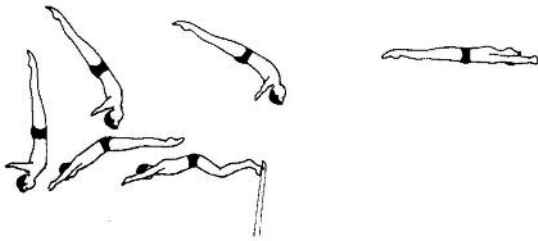


303 (c)

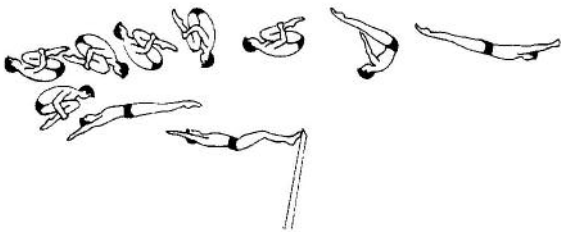


303 (b)

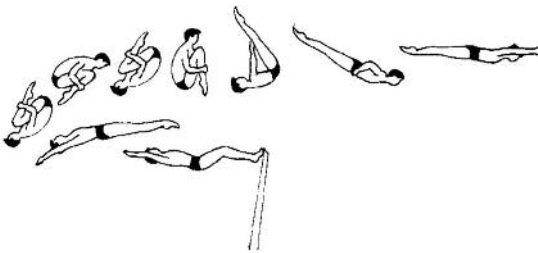




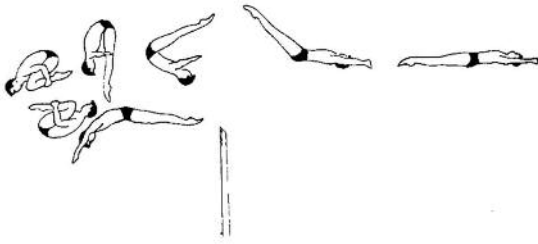
401 (a)



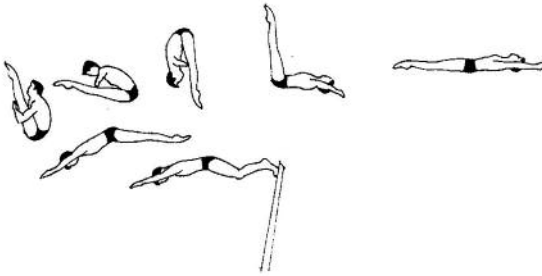
307 (c)



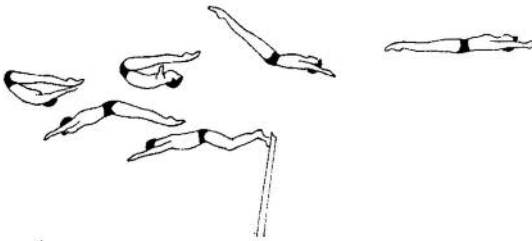
305 (c)



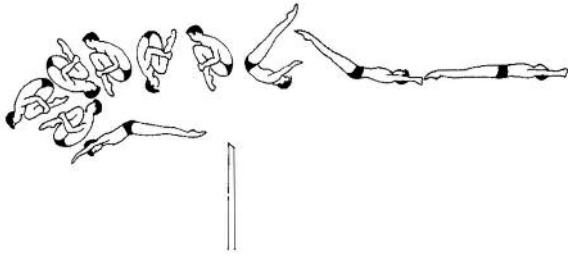
403 (c)



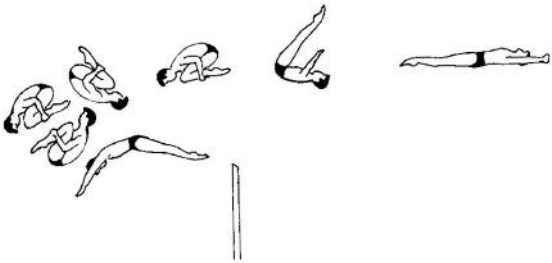
403 (b)



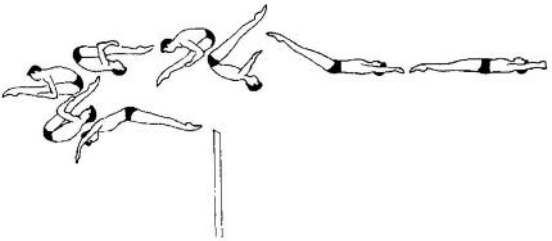
401 (b)



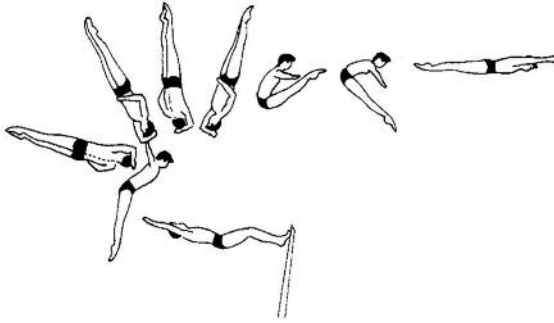
407 (c)



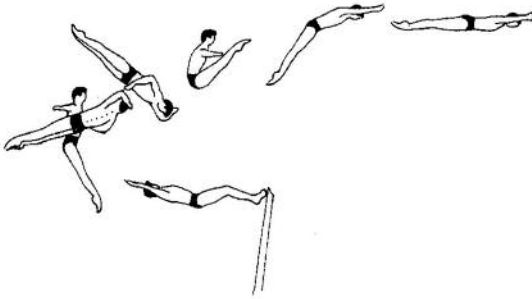
405 (c)



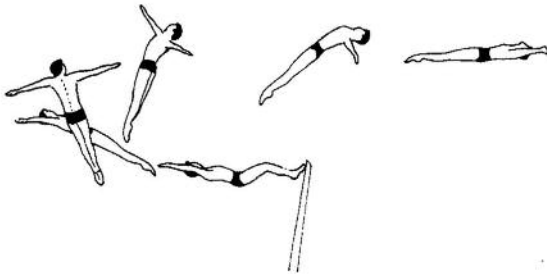
405 (b)



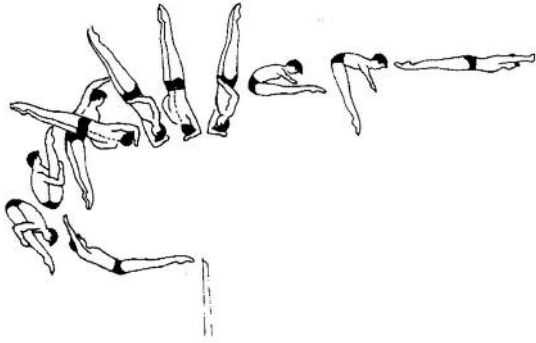
5134 (d)



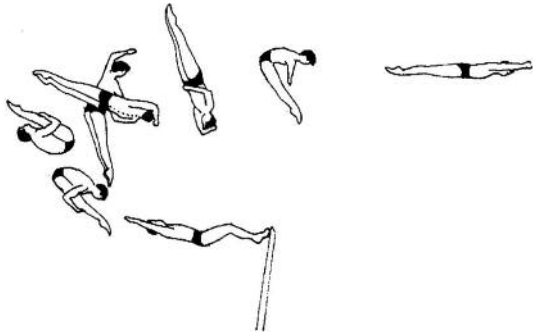
5132 (d)



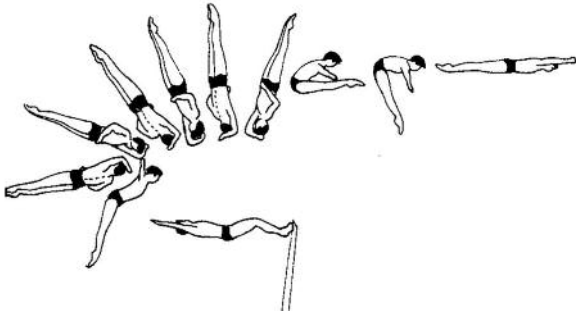
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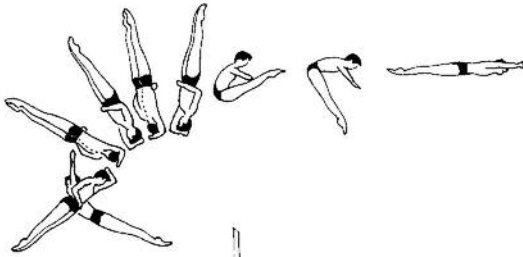
5154 (b)



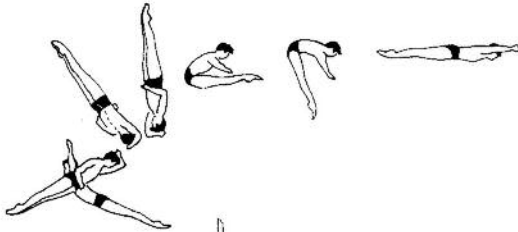
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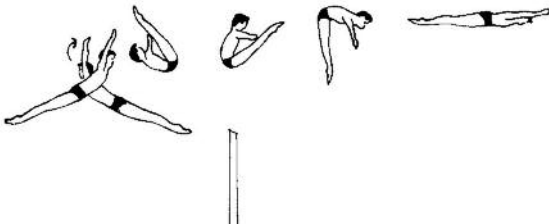
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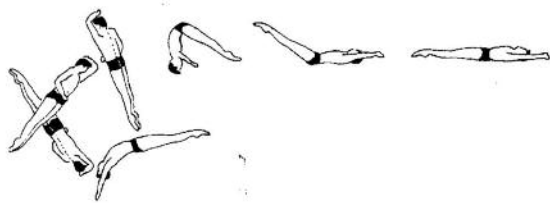
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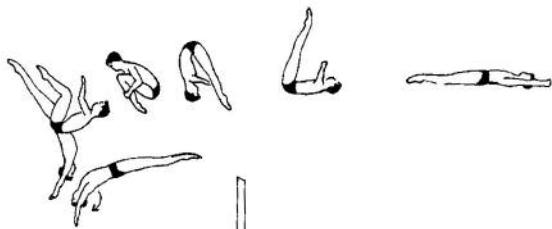
5233 (d)



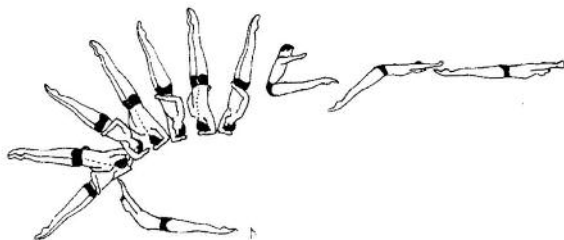
5231 (d)



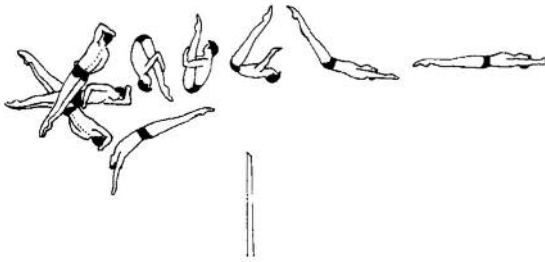
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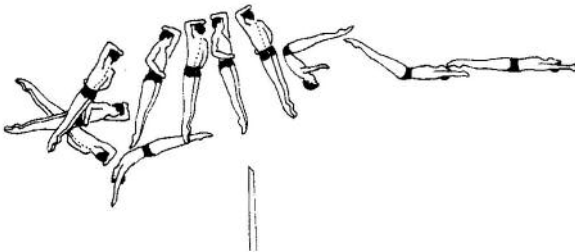
5331 (d)



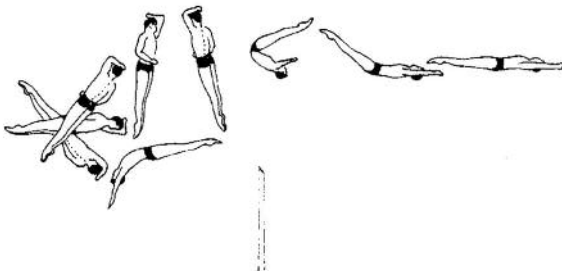
5237 (d)



5353 (b)

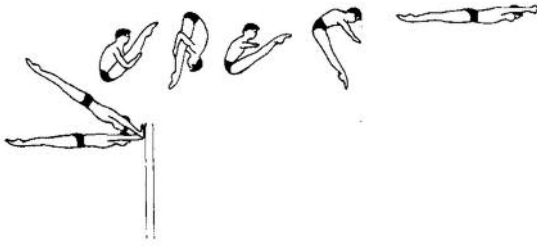


5337 (d)

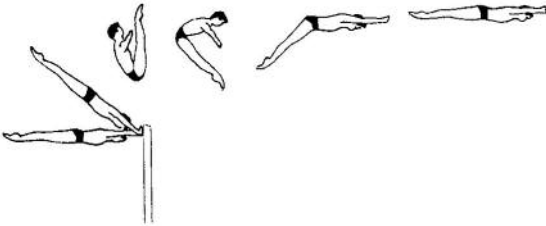


5335 (d)

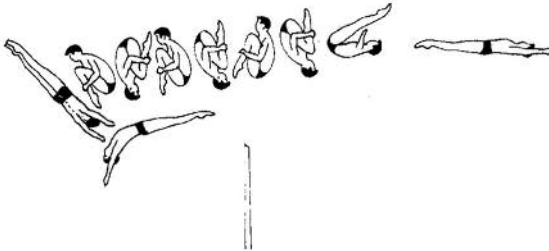




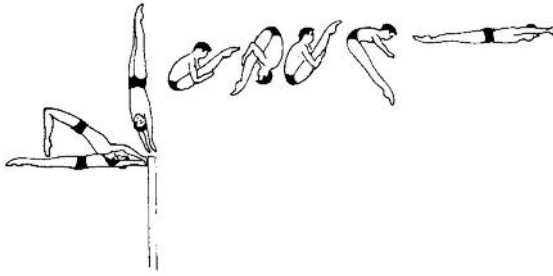
614 (b)



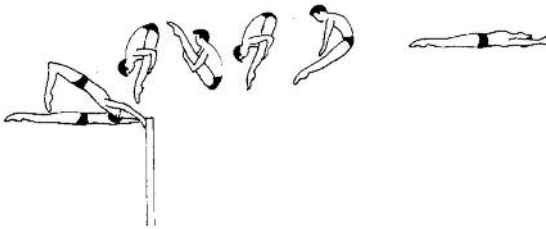
612 (b)



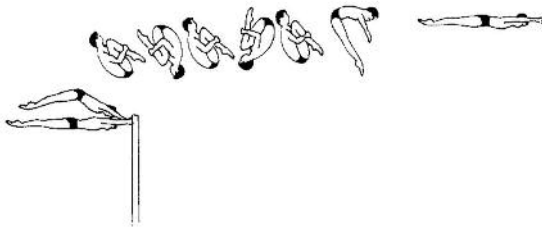
5371 (c)



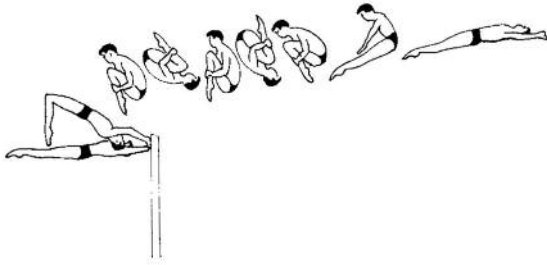
6241 (b)



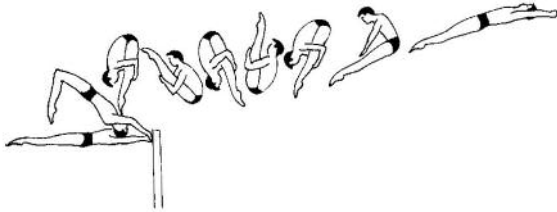
624 (b)



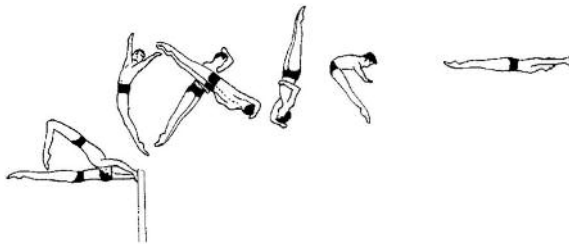
616 (c)



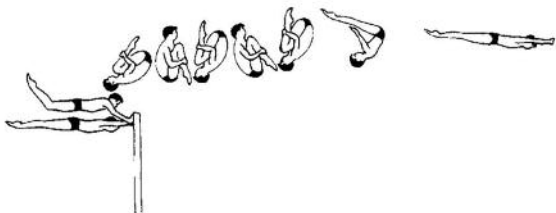
626 (c)



612 (b)



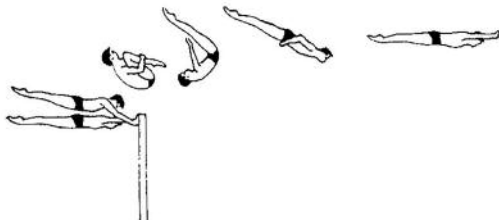
6243 (b)



636 (c)



634 (c)



632 (c)

# APPENDIX 1

## FINA DEGREE OF DIFFICULTY - FORMULA AND COMPONENTS

Note: Degree of Difficulty (DD) is calculated by adding: A + B + C + D + E  
EFFECTIVE 15 SEPTEMBER 2009

### A Somersaults

|             | 0   | ½   | 1   | 1½  | 2   | 2½  | 3   | 3½  | 4½  |
|-------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1m and 5m   | 0.9 | 1.1 | 1.2 | 1.6 | 2.0 | 2.4 | 2.7 | 3.0 | -   |
| 3m and 7½ m | 1.0 | 1.3 | 1.3 | 1.5 | 1.8 | 2.2 | 2.3 | 2.8 | 3.5 |
| 10 m        | 1.0 | 1.3 | 1.4 | 1.5 | 1.9 | 2.1 | 2.5 | 2.7 | 3.5 |

### B Flight Position For flying dives add fly position (E) to either (B) or (C) position

|              | 0 - 1 Somersault |     |     | 1½ - 2 Somersault |     |     | 2½ Somersault |      |     | 3 - 3½ Somersault |     |      | 4½ Somersaults |     |     |     |     |     |     |     |
|--------------|------------------|-----|-----|-------------------|-----|-----|---------------|------|-----|-------------------|-----|------|----------------|-----|-----|-----|-----|-----|-----|-----|
|              | Fwd              | Ba  | Re  | Inw               | Arm | Fwd | Ba            | Rev  | Inw | Arm               | Fwd | Ba   | Rev            | Inw | Arm | Fwd | Ba  | Rev | Inw |     |
| C = Tuck     | 0.1              | 0.1 | 0.1 | -0.3              | 0.1 | 0   | 0             | 0    | 0.1 | 0                 | 0.2 | 0.1  | 0              | 0   | 0.3 | 0.2 | 0   | 0.1 | 0.3 | 0.4 |
| B = Pike     | 0.2              | 0.2 | 0.2 | -0.2              | 0.3 | 0.1 | 0.3           | 0.3  | 0.3 | 0.3               | 0.2 | 0.5  | 0              | 0.3 | 0.3 | 0.6 | 0.4 | 0.4 | 0.6 | 0.7 |
| A = Straight | 0.3              | 0.3 | 0.3 | 0.1               | 0.4 | 0.4 | 0.5           | 0.6  | 0.8 | 0.5               | 0.6 | 0.7  | 0.6            | -   | -   | -   | -   | -   | -   | -   |
| D = Free     | 0.1              | 0.1 | 0.1 | -0.1              | 0   | 0   | -0.1          | -0.1 | 0.2 | 0                 | 0   | -0.1 | -0.2           | 0.4 | 0   | 0   | 0   | 0   | 0   | -   |
| E = Fly      | 0.2              | 0.1 | 0.1 | 0.4               | -   | 0.2 | 0.2           | 0.2  | 0.5 | -                 | 0.3 | 0.3  | 0.3            | 0.7 | -   | 0.4 | -   | -   | -   | -   |

Seven of the above components have negative values. Dashes indicate dives which are currently not possible.

### C Twists

|                   | ½ Twist |      | ½ Twist |      | 1 Twist |      | 1½ Twists |      | 2 Twists |      | 2½ Twists |      | 3 Twists |      | 3½ Twists |      | 4 Twists |      | 4½ Twists |      |
|-------------------|---------|------|---------|------|---------|------|-----------|------|----------|------|-----------|------|----------|------|-----------|------|----------|------|-----------|------|
|                   | ½ - 1   | Som. | 1½ - 2  | Som. | ½ - 2   | Som. | ½ - 2     | Som. | ½ - 2    | Som. | ½ - 2     | Som. | ½ - 2    | Som. | ½ - 2     | Som. | ½ - 2    | Som. | ½ - 2     | Som. |
| Forward           | 0.4     | 0.4  | 0.4     | 0.4  | 0.6     | 0.8  | 0.8       | 1.0  | 1.2      | 1.2  | 1.5       | 1.6  | 1.9      | 2.0  |           |      |          |      |           |      |
| Back              | 0.2     | 0.4  | 0       | 0    | 0.4     | 0.8  | 0.6       | 0.8  | 1.2      | 1.0  | 1.4       | 1.7  | 1.8      | 2.1  |           |      |          |      |           |      |
| Reverse           | 0.2     | 0.4  | 0       | 0    | 0.4     | 0.8  | 0.6       | 0.8  | 1.2      | 1.0  | 1.4       | 1.7  | 1.8      | 2.1  |           |      |          |      |           |      |
| Inward            | 0.2     | 0.4  | 0.2     | 0.4  | 0.4     | 0.8  | 0.8       | 0.8  | 1.2      | 1.2  | 1.5       | 1.6  | 1.9      | 2.0  |           |      |          |      |           |      |
| Arm. Forward      | 0.4     | 0.5  | 0.5     | 0.4  | 1.2     | 1.3  | 1.3       | 1.5  | 1.7      | 1.7  | -         | -    | -        | -    |           |      |          |      |           |      |
| Arm. Back/Reverse | 0.4     | 0.5  | 0.5     | 0.5  | 1.2     | 1.3  | 1.3       | 1.3  | 1.7      | 1.7  | -         | -    | -        | -    |           |      |          |      |           |      |

In calculating the degree of difficulty for twisting dives with 1 or 1½ somersaults and in addition two somersaults in armstand twisting dives with 1, 1½, or 2 somersaults and one or more twists, the free position (D) shall be used in the calculation.

### D Approach / Group 1. Forward, Back, Reverse, Inward Groups

|             | Forward<br>½ - 3 ½ Som. | Forward<br>4 - 4 ½ Som. | Back<br>½ - 3 Som. | Back<br>3 ½ - 4 ½ Som. | Back<br>½ - 3 Som. | Reverse<br>3 ½ - 4 ½ Som. | Inward<br>½ - 1 Som. | Inward<br>1 ½ - 4 ½ Som. |
|-------------|-------------------------|-------------------------|--------------------|------------------------|--------------------|---------------------------|----------------------|--------------------------|
| 1m and 5m   | 0                       | 0.5                     | 0.2                | 0.5                    | 0.3                | 0.5                       | 0.6                  | 0.5                      |
| 3m and 7½ m | 0                       | 0.3                     | 0.2                | 0.3                    | 0.3                | 0.3                       | 0.3                  | 0.3                      |
| 10 m        | 0                       | 0.2                     | 0.2                | 0.2                    | 0.3                | 0.2                       | 0.3                  | 0.2                      |

### D Approach / Group 2. Armstand (Does not apply to twisting dives)

|                 | Armstand<br>Forward with<br>0 - 2 Somersaults | Armstand<br>Forward with more<br>than 2<br>Somersaults | Armstand<br>Back with<br>0 - ½ Somersault | Armstand<br>Back with<br>1 - 4 Somersaults | Armstand<br>Reverse with<br>0 - ½ Somersaults | Armstand<br>Reverse with<br>1 - 4 Somersaults |
|-----------------|---|--|---|--|---|---|
| 5m / 7½ m / 10m | 0.2   | 0.4  | 0.2                                       | 0.4  | 0.3   | 0.5   |

### E Unnatural Entry Does not apply to twisting dives

|                           | ½<br>Somersault | 1<br>Somersault | 1 ½<br>Somersault | 2<br>Somersault | 2 ½<br>Somersault | 3<br>Somersault | 3 ½<br>Somersault | 4 ½<br>Somersault |
|---------------------------|-----------------|-----------------|-------------------|-----------------|-------------------|-----------------|-------------------|-------------------|
| Forward / Inward          | -               | 0.1             | -                 | 0.2             | -                 | 0.2             | -                 | -                 |
| Back / Reverse            | 0.1             | -               | 0.2               | -               | 0.3               | -               | 0.4               | 0.4               |
| Armstand Back and Reverse | -               | 0.1             | -                 | 0.2             | -                 | 0.2             | -                 | -                 |
| Armstand Forward          | 0.1             | -               | 0.2               | -               | 0.3               | -               | 0.4               | 0.4               |

The diver does not see the water until dive action is substantially completed. The component is the same at all levels.

### Examples

| Dive | Pos | Height | A   | B   | C   | D   | E   | DD         |
|------|-----|--------|-----|-----|-----|-----|-----|------------|
| 636  | C   | 10     | 2.5 | 0.2 | 0   | 0.5 | 0.2 | <b>3.4</b> |
| 5253 | B   | 3      | 2.2 | 0.3 | 0.6 | 0.2 | 0   | <b>3.3</b> |
| 6241 | B   | 10     | 1.9 | 0.3 | 0.5 | 0   | 0   | <b>2.7</b> |
| 5255 | B   | 10     | 2.1 | 0.3 | 1.0 | 0.2 | 0   | <b>3.6</b> |

| Dive | Pos | Height | A   | B    | C   | D   | E   | DD         |
|------|-----|--------|-----|------|-----|-----|-----|------------|
| 313  | C   | 3      | 1.5 | 0.2  | 0   | 0.3 | 0.2 | <b>2.2</b> |
| 5255 | B   | 3      | 2.2 | 0.3  | 1.0 | 0.2 | 0   | <b>3.7</b> |
| 5355 | B   | 3      | 2.2 | 0.2  | 1.0 | 0.3 | 0   | <b>3.7</b> |
| 5237 | D   | 10     | 1.5 | -0.1 | 1.7 | 0.2 | 0   | <b>3.3</b> |

## APPENDIX 2

In the following table, the dive (-) is not possible and the empty spaces have not been calculated.  
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| Springboard          |     | 1 metre  |      |      |      | 3 metre  |      |      |      |
|----------------------|-----|----------|------|------|------|----------|------|------|------|
|                      |     | Straight | Pike | Tuck | Free | Straight | Pike | Tuck | Free |
| <b>Forward Group</b> |     |          |      |      |      |          |      |      |      |
|                      | A   | B        | C    | D    | A    | B        | C    | D    |      |
| 101                  | 1.4 | 1.3      | 1.2  | -    | 1.6  | 1.5      | 1.4  | -    |      |
| 102                  | 1.6 | 1.5      | 1.4  | -    | 1.7  | 1.6      | 1.5  | -    |      |
| 103                  | 2.0 | 1.7      | 1.6  | -    | 1.9  | 1.6      | 1.5  | -    |      |
| 104                  | 2.6 | 2.3      | 2.2  | -    | 2.4  | 2.1      | 2.0  | -    |      |
| 105                  |     | 2.6      | 2.4  | -    | 2.8  | 2.4      | 2.2  | -    |      |
| 106                  |     | 3.2      | 2.9  | -    |      | 2.8      | 2.5  | -    |      |
| 107                  |     | 3.3      | 3.0  | -    |      | 3.1      | 2.8  | -    |      |
| 109                  |     |          |      | -    |      | 4.2      | 3.8  | -    |      |
| 112                  | -   | 1.7      | 1.6  | -    | -    | 1.8      | 1.7  | -    |      |
| 113                  | -   | 1.9      | 1.8  | -    | -    | 1.8      | 1.7  | -    |      |
| 115                  | -   | -        | -    | -    | -    | 2.7      | 2.5  | -    |      |
| <b>Back Group</b>    |     |          |      |      |      |          |      |      |      |
|                      | A   | B        | C    | D    | A    | B        | C    | D    |      |
| 201                  | 1.7 | 1.6      | 1.5  | -    | 1.9  | 1.8      | 1.7  | -    |      |
| 202                  | 1.7 | 1.6      | 1.5  | -    | 1.8  | 1.7      | 1.6  | -    |      |
| 203                  | 2.5 | 2.3      | 2.0  | -    | 2.4  | 2.2      | 1.9  | -    |      |
| 204                  |     | 2.5      | 2.2  | -    | 2.5  | 2.3      | 2.0  | -    |      |
| 205                  |     | 3.2      | 3.0  | -    |      | 3.0      | 2.8  | -    |      |
| 206                  |     | 3.2      | 2.9  | -    |      | 2.8      | 2.5  | -    |      |
| 207                  |     |          |      | -    |      | 3.8      | 3.5  | -    |      |
| 209                  |     |          |      | -    |      | 4.6      | 4.3  | -    |      |
| 212                  | -   | 1.7      | 1.6  | -    | -    | 1.8      | 1.7  | -    |      |
| 213                  | -   |          |      | -    | -    |          | 2.1  | -    |      |
| 215                  | -   |          |      | -    | -    | 3.3      | 3.1  | -    |      |

| Reverse Group  |                                 | A   | B   | C   | D   | A   | B   | C   | D   |
|----------------|---------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 301            | Reverse Dive                    | 1.8 | 1.7 | 1.6 | -   | 2.0 | 1.9 | 1.8 | -   |
| 302            | Reverse Somersault              | 1.8 | 1.7 | 1.6 | -   | 1.9 | 1.8 | 1.7 | -   |
| 303            | Reverse 1 ½ Somersault          | 2.7 | 2.4 | 2.1 | -   | 2.6 | 2.3 | 2.0 | -   |
| 304            | Reverse Double Somersault       | 2.9 | 2.6 | 2.3 | -   | 2.7 | 2.4 | 2.1 | -   |
| 305            | Reverse 2 ½ Somersault          |     | 3.2 | 3.0 | -   | 3.4 | 3.0 | 2.8 | -   |
| 306            | Reverse Triple Somersault       |     | 3.3 | 3.0 | -   |     | 2.9 | 2.6 | -   |
| 307            | Reverse 3 ½ Somersault          |     |     |     | -   |     | 3.8 | 3.5 | -   |
| 309            | Reverse 4 ½ Somersault          |     |     |     | -   |     | 4.8 | 4.5 | -   |
| 312            | Reverse Flying Somersault       | -   | 1.8 | 1.7 | -   | -   | 1.9 | 1.8 | -   |
| 313            | Reverse Flying 1 ½ Somersault   | -   | 2.6 | 2.3 | -   | -   | 2.5 | 2.2 | -   |
| Inward Group   |                                 | A   | B   | C   | D   | A   | B   | C   | D   |
| 401            | Inward Dive                     | 1.8 | 1.5 | 1.4 | -   | 1.7 | 1.4 | 1.3 | -   |
| 402            | Inward Somersault               | 2.0 | 1.7 | 1.6 | -   | 1.8 | 1.5 | 1.4 | -   |
| 403            | Inward 1 ½ Somersault           |     | 2.4 | 2.2 | -   |     | 2.1 | 1.9 | -   |
| 404            | Inward Double Somersault        |     | 3.0 | 2.8 | -   |     | 2.6 | 2.4 | -   |
| 405            | Inward 2 ½ Somersault           |     | 3.4 | 3.1 | -   |     | 3.0 | 2.7 | -   |
| 407            | Inward 3 ½ Somersault           |     |     |     | -   |     |     | 3.4 | -   |
| 409            | Inward 4 ½ Somersault           |     |     |     | -   |     | 4.5 | 4.2 | -   |
| 412            | Inward Flying Somersault        | -   | 2.1 | 2.0 | -   | -   | 1.9 | 1.8 | -   |
| 413            | Inward Flying 1 ½ Somersault    | -   | 2.9 | 2.7 | -   | -   | 2.6 | 2.4 | -   |
| Twisting Group |                                 | A   | B   | C   | D   | A   | B   | C   | D   |
| 5111           | Forward Dive ½ Twist            | 1.8 | 1.7 | 1.6 | -   | 2.0 | 1.9 | 1.8 | -   |
| 5112           | Forward Dive 1 Twist            | 2.0 | 1.9 |     | -   | 2.2 | 2.1 |     | -   |
| 5121           | Forward Somersault ½ Twist      | -   | -   | -   | 1.7 | -   | -   | -   | 1.8 |
| 5122           | Forward Somersault 1 Twist      | -   | -   | -   | 1.9 | -   | -   | -   | 2.0 |
| 5124           | Forward Somersault 2 Twists     | -   | -   | -   | 2.3 | -   | -   | -   | 2.4 |
| 5126           | Forward Somersault 3 Twists     | -   | -   | -   | 2.8 | -   | -   | -   | 2.9 |
| 5131           | Forward 1 ½ Somersault ½ Twist  | -   | -   | -   | 2.0 | -   | -   | -   | 1.9 |
| 5132           | Forward 1 ½ Somersault 1 Twist  | -   | -   | -   | 2.2 | -   | -   | -   | 2.1 |
| 5134           | Forward 1 ½ Somersault 2 Twists | -   | -   | -   | 2.6 | -   | -   | -   | 2.5 |



| Springboard           | 1 metre                         |      |      |      | 3 metre  |      |      |      |
|-----------------------|---------------------------------|------|------|------|----------|------|------|------|
|                       | Straight                        | Pike | Tuck | Free | Straight | Pike | Tuck | Free |
|                       | A                               | B    | C    | D    | A        | B    | C    | D    |
| <b>Twisting Group</b> |                                 |      |      |      |          |      |      |      |
| 5136                  | Forward 1 ½ Somersault 3 Twists | -    | -    | 3.1  | -        | -    | -    | 3.0  |
| 5138                  | Forward 1 ½ Somersault 4 Twists | -    | -    | 3.5  | -        | -    | -    | 3.4  |
| 5151                  | Forward 2 ½ Somersault ½ Twist  | -    | 3.0  | 2.8  | -        | 2.8  | 2.6  | -    |
| 5152                  | Forward 2 ½ Somersault 1 Twist  | -    | 3.2  | 3.0  | -        | 3.0  | 2.8  | -    |
| 5154                  | Forward 2 ½ Somersault 2 Twists | -    | 3.6  | 3.4  | -        | 3.4  | 3.2  | -    |
| 5156                  | Forward 2 ½ Somersault 3 Twists | -    | -    | -    | -        | 3.9  | 3.7  | -    |
| 5172                  | Forward 3 ½ Somersault 1 Twist  | -    | -    | -    | -        | 3.7  | 3.4  | -    |
| 5211                  | Back Dive ½ Twist               | 1.8  | 1.7  | 1.6  | -        | 2.0  | 1.9  | 1.8  |
| 5212                  | Back Dive 1 Twist               | 2.0  | -    | -    | -        | 2.2  | -    | -    |
| 5221                  | Back Somersault ½ Twist         | -    | -    | -    | 1.7      | -    | -    | 1.8  |
| 5222                  | Back Somersault 1 Twist         | -    | -    | -    | 1.9      | -    | -    | 2.0  |
| 5223                  | Back Somersault 1 ½ Twists      | -    | -    | -    | 2.3      | -    | -    | 2.4  |
| 5225                  | Back Somersault 2 ½ Twists      | -    | -    | -    | 2.7      | -    | -    | 2.8  |
| 5227                  | Back Somersault 3 ½ Twists      | -    | -    | -    | 3.2      | -    | -    | 3.3  |
| 5231                  | Back 1 ½ Somersault ½ Twist     | -    | -    | -    | 2.1      | -    | -    | 2.0  |
| 5233                  | Back 1 ½ Somersault 1 ½ Twists  | -    | -    | -    | 2.5      | -    | -    | 2.4  |
| 5235                  | Back 1 ½ Somersault 2 ½ Twists  | -    | -    | -    | 2.9      | -    | -    | 2.8  |
| 5237                  | Back 1 ½ Somersault 3 ½ Twists  | -    | -    | -    | -        | -    | -    | 3.3  |
| 5239                  | Back 1 ½ Somersault 4 ½ Twists  | -    | -    | -    | -        | -    | -    | 3.7  |
| 5251                  | Back 2 ½ Somersault ½ Twist     | -    | 2.9  | 2.7  | -        | 2.7  | 2.5  | -    |
| 5253                  | Back 2 ½ Somersault 1 ½ Twists  | -    | -    | -    | -        | 3.3  | 3.1  | -    |
| 5255                  | Back 2 ½ Somersault 1 ½ Twists  | -    | -    | -    | -        | 3.7  | 3.5  | -    |

|      |                                   |     |     |     |     |     |     |     |     |
|------|-----------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 5311 | Reverse Dive ½ Twist              | 1.9 | 1.8 | 1.7 | -   | 2.1 | 2.0 | 1.9 | -   |
| 5312 | Reverse Dive 1 Twist              | 2.1 | -   | -   | -   | 2.3 | -   | -   | -   |
| 5321 | Reverse Somersault ½ Twist        | -   | -   | 1.8 | -   | -   | -   | -   | 1.9 |
| 5322 | Reverse Somersault 1 Twist        | -   | -   | 2.0 | -   | -   | -   | -   | 2.1 |
| 5323 | Reverse Somersault 1 ½ Twists     | -   | -   | 2.4 | -   | -   | -   | -   | 2.5 |
| 5325 | Reverse Somersault 2 ½ Twists     | -   | -   | 2.8 | -   | -   | -   | -   | 2.9 |
| 5331 | Reverse 1 ½ Somersault ½ Twist    | -   | -   | 2.2 | -   | -   | -   | -   | 2.1 |
| 5333 | Reverse 1 ½ Somersault 1 ½ Twists | -   | -   | 2.6 | -   | -   | -   | -   | 2.5 |
| 5335 | Reverse 1 ½ Somersault 2 ½ Twists | -   | -   | 3.0 | -   | -   | -   | -   | 2.9 |
| 5337 | Reverse 1 ½ Somersault 3 ½ Twists | -   | -   | 3.5 | -   | -   | -   | -   | 3.4 |
| 5339 | Reverse 1 ½ Somersault 4 ½ Twists | -   | -   | -   | -   | -   | -   | -   | 3.8 |
| 5351 | Reverse 2 ½ Somersault ½ Twist    | -   | 2.9 | 2.7 | -   | -   | 2.7 | 2.5 | -   |
| 5353 | Reverse 2 ½ Somersault 1 ½ Twists | -   | 3.5 | 3.3 | -   | -   | 3.3 | 3.1 | -   |
| 5355 | Reverse 2 ½ Somersault 2 ½ Twists | -   | 3.9 | 3.7 | -   | -   | 3.7 | 3.5 | -   |
| 5371 | Reverse 3 ½ Somersault ½ Twist    | -   | -   | -   | -   | -   | 3.4 | 3.1 | -   |
| 5411 | Inward Dive ½ Twist               | 2.0 | 1.7 | 1.6 | -   | 1.9 | 1.6 | 1.5 | -   |
| 5412 | Inward Dive 1 Twist               | 2.2 | 1.9 | 1.8 | -   | 2.1 | 1.8 | 1.7 | -   |
| 5421 | Inward Somersault ½ Twist         | -   | -   | -   | 1.9 | -   | -   | -   | 1.7 |
| 5422 | Inward Somersault 1 Twist         | -   | -   | 2.1 | -   | -   | -   | -   | 1.9 |
| 5432 | Inward 1 ½ Somersault 1 Twist     | -   | -   | 2.7 | -   | -   | -   | -   | 2.4 |
| 5434 | Inward 1 ½ Somersault 2 Twists    | -   | -   | 3.1 | -   | -   | -   | -   | 2.8 |
| 5436 | Inward 1 ½ Somersault 3 Twists    | -   | -   | -   | -   | -   | -   | -   | 3.5 |

| Platform             |     | 10 metre |      |      |      | 7.5 metre |      |      |      | 5 metre |      |      |      |
|----------------------|-----|----------|------|------|------|-----------|------|------|------|---------|------|------|------|
|                      |     | Strt     | Pike | Tuck | Free | Strt      | Pike | Tuck | Free | Strt    | Pike | Tuck | Free |
| <b>Forward Group</b> |     |          |      |      |      |           |      |      |      |         |      |      |      |
|                      | A   | B        | C    | D    | A    | B         | C    | D    | A    | B       | C    | D    |      |
| 101                  | 1.6 | 1.5      | 1.4  | -    | 1.6  | 1.5       | 1.4  | -    | 1.4  | 1.3     | 1.2  | -    |      |
| 102                  | 1.8 | 1.7      | 1.6  | -    | 1.7  | 1.6       | 1.5  | -    | 1.6  | 1.5     | 1.4  | -    |      |
| 103                  | 1.9 | 1.6      | 1.5  | -    | 1.9  | 1.6       | 1.5  | -    | 2.0  | 1.7     | 1.6  | -    |      |
| 104                  | 2.5 | 2.2      | 2.1  | -    | 2.4  | 2.1       | 2.0  | -    | 2.6  | 2.3     | 2.2  | -    |      |
| 105                  | 2.7 | 2.3      | 2.1  | -    | -    | 2.4       | 2.2  | -    | -    | 2.6     | 2.4  | -    |      |
| 107                  | -   | 3.0      | 2.7  | -    | -    | 3.1       | 2.8  | -    | -    | -       | 3.0  | -    |      |
| 109                  | -   | 4.1      | 3.7  | -    | -    | -         | -    | -    | -    | -       | -    | -    |      |
| 112                  | -   | 1.9      | 1.8  | -    | -    | 1.8       | 1.7  | -    | -    | 1.7     | 1.6  | -    |      |
| 113                  | -   | 1.8      | 1.7  | -    | -    | 1.8       | 1.7  | -    | -    | 1.9     | 1.8  | -    |      |
| 114                  | -   | 2.4      | 2.3  | -    | -    | 2.3       | 2.2  | -    | -    | 2.5     | 2.4  | -    |      |
| 115                  | -   | 2.6      | 2.4  | -    | -    | -         | 2.5  | -    | -    | -       | -    | -    |      |
| <b>Back Group</b>    |     |          |      |      |      |           |      |      |      |         |      |      |      |
|                      | A   | B        | C    | D    | A    | B         | C    | D    | A    | B       | C    | D    |      |
| 201                  | 1.9 | 1.8      | 1.7  | -    | 1.9  | 1.8       | 1.7  | -    | 1.7  | 1.6     | 1.5  | -    |      |
| 202                  | 1.9 | 1.8      | 1.7  | -    | 1.8  | 1.7       | 1.6  | -    | 1.7  | 1.6     | 1.5  | -    |      |
| 203                  | 2.4 | 2.2      | 1.9  | -    | 2.4  | 2.2       | 1.9  | -    | 2.5  | 2.3     | 2.0  | -    |      |
| 204                  | 2.6 | 2.4      | 2.1  | -    | 2.5  | 2.3       | 2.0  | -    | -    | 2.5     | 2.2  | -    |      |
| 205                  | 3.3 | 2.9      | 2.7  | -    | -    | 3.0       | 2.8  | -    | -    | 3.0     | -    | -    |      |
| 206                  | -   | 3.0      | 2.7  | -    | -    | 2.8       | 2.5  | -    | -    | 3.2     | 2.9  | -    |      |
| 207                  | -   | 3.6      | 3.3  | -    | -    | -         | 3.5  | -    | -    | -       | -    | -    |      |
| 209                  | -   | 4.5      | 4.2  | -    | -    | -         | -    | -    | -    | -       | -    | -    |      |
| 212                  | -   | 1.9      | 1.8  | -    | -    | 1.8       | 1.7  | -    | -    | 1.7     | 1.6  | -    |      |
| 213                  | -   | 2.4      | 2.1  | -    | -    | 2.4       | 2.1  | -    | -    | 2.5     | 2.2  | -    |      |
| <b>Reverse Group</b> |     |          |      |      |      |           |      |      |      |         |      |      |      |
|                      | A   | B        | C    | D    | A    | B         | C    | D    | A    | B       | C    | D    |      |
| 301                  | 2.0 | 1.9      | 1.8  | -    | 2.0  | 1.9       | 1.8  | -    | 1.8  | 1.7     | 1.6  | -    |      |
| 302                  | 2.0 | 1.9      | 1.8  | -    | 1.9  | 1.8       | 1.7  | -    | 1.8  | 1.7     | 1.6  | -    |      |
| 303                  | 2.6 | 2.3      | 2.0  | -    | 2.6  | 2.3       | 2.0  | -    | 2.7  | 2.4     | 2.1  | -    |      |
| 304                  | 2.8 | 2.5      | 2.2  | -    | 2.7  | 2.4       | 2.1  | -    | 2.9  | 2.6     | 2.3  | -    |      |

|                       |                                     |          |          |          |          |          |          |          |          |          |          |          |          |
|-----------------------|-------------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 305                   | Reverse 2 ½ Somersault              | 3.3      | 2.9      | 2.7      | -        | 3.4      | 3.0      | 2.8      | -        | -        | 3.2      | 3.0      | -        |
| 306                   | Reverse Triple Somersault           |          | 3.1      | 2.8      | -        |          | 2.9      | 2.6      | -        | -        | 3.3      | 3.0      | -        |
| 307                   | Reverse 3 ½ Somersault              |          | 3.6      | 3.3      | -        |          |          |          | -        | -        |          |          | -        |
| 309                   | Reverse 4 ½ Somersault              |          | 4.7      | 4.4      | -        |          |          |          | -        | -        |          |          | -        |
| 312                   | Reverse Flying Somersault           | -        | 2.0      | 1.9      | -        | -        | 1.9      | 1.8      | -        | -        | 1.8      | 1.7      | -        |
| 313                   | Reverse Flying 1 ½ Somersault       | -        | 2.5      | 2.2      | -        | -        | 2.5      | 2.2      | -        | -        | 2.6      | 2.3      | -        |
| <b>Inward Group</b>   |                                     |          |          |          |          |          |          |          |          |          |          |          |          |
|                       |                                     | <b>A</b> | <b>B</b> | <b>C</b> | <b>D</b> | <b>A</b> | <b>B</b> | <b>C</b> | <b>D</b> | <b>A</b> | <b>B</b> | <b>C</b> | <b>D</b> |
| 401                   | Inward Dive                         | 1.7      | 1.4      | 1.3      | -        | 1.7      | 1.4      | 1.3      | -        | 1.8      | 1.5      | 1.4      | -        |
| 402                   | Inward Somersault                   | 1.9      | 1.6      | 1.5      | -        | 1.8      | 1.5      | 1.4      | -        | 2.0      | 1.7      | 1.6      | -        |
| 403                   | Inward 1 ½ Somersault               |          | 2.0      | 1.8      | -        |          | 2.1      | 1.9      | -        |          | 2.4      | 2.2      | -        |
| 404                   | Inward Double Somersault            |          | 2.6      | 2.4      | -        |          | 2.6      | 2.4      | -        |          | 3.0      | 2.8      | -        |
| 405                   | Inward 2 ½ Somersault               |          | 2.8      | 2.5      | -        |          | 3.0      | 2.7      | -        |          | 3.4      | 3.1      | -        |
| 407                   | Inward 3 ½ Somersault               |          | 3.5      | 3.2      | -        |          |          | 3.4      | -        |          |          |          | -        |
| 409                   | Inward 4 ½ Somersault               |          | 4.4      | 4.1      | -        |          |          |          | -        |          |          |          | -        |
| 412                   | Inward Flying Somersault            | -        | 2.0      | 1.9      | -        | -        | 1.9      | 1.8      | -        | -        | 2.1      | 2.0      | -        |
| 413                   | Inward Flying 1 ½ Somersault        | -        | 2.5      | 2.3      | -        | -        | 2.6      | 2.4      | -        | -        | 2.9      | 2.7      | -        |
| <b>Twisting Group</b> |                                     |          |          |          |          |          |          |          |          |          |          |          |          |
|                       |                                     | <b>A</b> | <b>B</b> | <b>C</b> | <b>D</b> | <b>A</b> | <b>B</b> | <b>C</b> | <b>D</b> | <b>A</b> | <b>B</b> | <b>C</b> | <b>D</b> |
| 5111                  | Forward Dive ½ Twist                | 2.0      | 1.9      | 1.8      | -        | 2.0      | 1.9      | 1.8      | -        | 1.8      | 1.7      | 1.6      | -        |
| 5112                  | Forward Dive 1 Twist                | 2.2      | 2.1      | -        | -        | 2.2      | 2.1      | -        | -        | 2.0      | 1.9      | -        | -        |
| 5121                  | Forward Somersault Forward ½ Twist  | -        | -        | -        | 1.9      | -        | -        | -        | 1.8      | -        | -        | -        | 1.7      |
| 5122                  | Forward Somersault Forward 1 Twist  | -        | -        | -        | 2.1      | -        | -        | 2.0      | -        | -        | -        | -        | 1.9      |
| 5124                  | Forward Somersault Forward 2 Twists | -        | -        | -        | 2.5      | -        | -        | 2.4      | -        | -        | -        | -        | 2.3      |
| 5131                  | Forward 1 ½ Somersault ½ Twist      | -        | -        | -        | 1.9      | -        | -        | 1.9      | -        | 1.9      | -        | -        | 2.0      |
| 5132                  | Forward 1 ½ Somersault 1 Twist      | -        | -        | -        | 2.1      | -        | -        | 2.1      | -        | 2.1      | -        | -        | 2.2      |
| 5134                  | Forward 1 ½ Somersault 2 Twists     | -        | -        | -        | 2.5      | -        | -        | 2.5      | -        | 2.5      | -        | -        | 2.6      |
| 5136                  | Forward 1 ½ Somersault 3 Twists     | -        | -        | -        | 3.0      | -        | -        | 3.0      | -        | 3.0      | -        | -        | 3.1      |
| 5138                  | Forward 1 ½ Somersault 4 Twists     | -        | -        | -        | 3.4      | -        | -        | 3.4      | -        | 3.4      | -        | -        | 3.5      |
| 5152                  | Forward 2 ½ Somersault 1 Twist      | -        | 2.9      | 2.7      | -        | -        | 3.0      | 2.8      | -        | -        | 3.2      | 3.0      | -        |
| 5154                  | Forward 2 ½ Somersault 2 Twists     | -        | 3.3      | 3.1      | -        | -        | 3.4      | 3.2      | -        | -        | 3.6      | 3.4      | -        |
| 5156                  | Forward 2 ½ Somersault 3 Twists     | -        | 3.8      | 3.6      | -        | -        | -        | -        | -        | -        | -        | -        | -        |
| 5172                  | Forward 3 ½ Somersault 1 Twist      | -        | 3.6      | 3.3      | -        | -        | 3.7      | 3.4      | -        | -        | -        | -        | -        |

| Platform |                                   | 10 metre |      |      | 7.5 metre |      |      | 5 metre |      |      |      |      |      |
|----------|-----------------------------------|----------|------|------|-----------|------|------|---------|------|------|------|------|------|
|          |                                   | Strt     | Pike | Tuck | Free      | Strt | Pike | Tuck    | Free | Strt | Pike | Tuck | Free |
| 5211     | Back Dive ½ Twist                 | 2.0      | 1.9  | 1.8  | -         | 2.0  | 1.9  | 1.8     | -    | 1.8  | 1.7  | 1.6  | -    |
| 5212     | Back Dive 1 Twist                 | 2.2      | -    | -    | -         | 2.2  | -    | -       | -    | 2.0  | -    | -    | -    |
| 5221     | Back Somersault ½ Twist           | -        | -    | 1.9  | -         | -    | -    | -       | 1.8  | -    | -    | -    | 1.7  |
| 5222     | Back Somersault 1 Twist           | -        | -    | 2.1  | -         | -    | -    | -       | 2.0  | -    | -    | -    | 1.9  |
| 5223     | Back Somersault 1 ½ Twists        | -        | -    | 2.5  | -         | -    | -    | -       | 2.4  | -    | -    | -    | 2.3  |
| 5225     | Back Somersault 2 ½ Twists        | -        | -    | 2.9  | -         | -    | -    | -       | 2.8  | -    | -    | -    | 2.7  |
| 5231     | Back 1 ½ Somersault ½ Twist       | -        | -    | 2.0  | -         | -    | -    | -       | 2.0  | -    | -    | -    | 2.1  |
| 5233     | Back 1 ½ Somersault 1 ½ Twists    | -        | -    | 2.4  | -         | -    | -    | -       | 2.4  | -    | -    | -    | 2.5  |
| 5235     | Back 1 ½ Somersault 2 ½ Twists    | -        | -    | 2.8  | -         | -    | -    | -       | 2.8  | -    | -    | -    | 2.9  |
| 5237     | Back 1 ½ Somersault 3 ½ Twists    | -        | -    | 3.3  | -         | -    | -    | -       | 3.3  | -    | -    | -    | 3.4  |
| 5239     | Back 1 ½ Somersault 4 ½ Twists    | -        | -    | 3.7  | -         | -    | -    | -       | 3.7  | -    | -    | -    | 3.8  |
| 5251     | Back 2 ½ Somersault ½ Twist       | -        | 2.6  | 2.4  | -         | -    | 2.7  | 2.5     | -    | -    | 2.9  | 2.7  | -    |
| 5253     | Back 2 ½ Somersault 1 ½ Twists    | -        | 3.2  | 3.0  | -         | -    | 3.3  | 3.1     | -    | -    | -    | -    | -    |
| 5255     | Back 2 ½ Somersault 2 ½ Twists    | -        | 3.6  | 3.4  | -         | -    | -    | -       | -    | -    | -    | -    | -    |
| 5271     | Back 3 ½ Somersault ½ Twist       | -        | 3.2  | 2.9  | -         | -    | -    | -       | -    | -    | -    | -    | -    |
| 5311     | Reverse Dive ½ Twist              | 2.1      | 2.0  | 1.9  | -         | 2.1  | 2.0  | 1.9     | -    | 1.9  | 1.8  | 1.7  | -    |
| 5312     | Reverse Dive 1 Twist              | 2.3      | -    | -    | -         | 2.3  | -    | -       | -    | 2.1  | -    | -    | -    |
| 5321     | Reverse Somersault ½ Twist        | -        | -    | 2.0  | -         | -    | -    | -       | 1.9  | -    | -    | -    | 1.8  |
| 5322     | Reverse Somersault 1 Twist        | -        | -    | 2.2  | -         | -    | -    | -       | 2.1  | -    | -    | -    | 2.0  |
| 5323     | Reverse Somersault 1 ½ Twists     | -        | -    | 2.6  | -         | -    | -    | -       | 2.5  | -    | -    | -    | 2.4  |
| 5325     | Reverse Somersault 2 ½ Twists     | -        | -    | 3.0  | -         | -    | -    | -       | 2.9  | -    | -    | -    | 2.8  |
| 5331     | Reverse 1 ½ Somersault ½ Twist    | -        | -    | 2.1  | -         | -    | -    | -       | 2.1  | -    | -    | -    | 2.2  |
| 5333     | Reverse 1 ½ Somersault 1 ½ Twists | -        | -    | 2.5  | -         | -    | -    | -       | 2.5  | -    | -    | -    | 2.6  |
| 5335     | Reverse 1 ½ Somersault 2 ½ Twists | -        | -    | 2.9  | -         | -    | -    | -       | 2.9  | -    | -    | -    | 3.0  |
| 5337     | Reverse 1 ½ Somersault 3 ½ Twists | -        | -    | 3.4  | -         | -    | -    | -       | 3.4  | -    | -    | -    | 3.5  |
| 5339     | Reverse 1 ½ Somersault 4 ½ Twists | -        | -    | 3.8  | -         | -    | -    | -       | 3.8  | -    | -    | -    | -    |
| 5351     | Reverse 2 ½ Somersault ½ Twist    | -        | 2.6  | 2.4  | -         | -    | 2.7  | 2.5     | -    | -    | 2.9  | 2.7  | -    |
| 5353     | Reverse 2 ½ Somersault 1 ½ Twists | -        | 3.2  | 3.0  | -         | -    | 3.3  | 3.1     | -    | -    | -    | 3.3  | -    |
| 5355     | Reverse 2 ½ Somersault 2 ½ Twists | -        | 3.6  | 3.4  | -         | -    | 3.7  | 3.5     | -    | -    | -    | 3.7  | -    |
| 5371     | Reverse 3 ½ Somersault ½ Twist    | -        | 3.3  | 3.0  | -         | -    | -    | -       | -    | -    | -    | -    | -    |

|                       |                                      |     |     |     |     |     |     |     |     |     |     |     |     |
|-----------------------|--------------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 5411                  | Inward Dive ½ Twist                  | 1.9 | 1.6 | 1.5 | -   | 1.9 | 1.6 | 1.5 | -   | 2.0 | 1.7 | 1.6 | -   |
| 5412                  | Inward Dive 1 Twist                  | 2.1 | 1.8 | 1.7 | -   | 2.1 | 1.8 | 1.7 | -   | 2.2 | 1.9 | 1.8 | -   |
| 5421                  | Inward Somersault ½ Twist            | -   | -   | -   | 1.8 | -   | -   | -   | 1.7 | -   | -   | -   | 1.9 |
| 5422                  | Inward Somersault 1 Twist            | -   | -   | -   | 2.0 | -   | -   | -   | 1.9 | -   | -   | -   | 2.1 |
| 5432                  | Inward 1 ½ Somersault 1 Twist        | -   | -   | -   | 2.3 | -   | -   | -   | 2.4 | -   | -   | -   | 2.7 |
| 5434                  | Inward 1 ½ Somersault 2 Twists       | -   | -   | -   | 2.7 | -   | -   | -   | 2.8 | -   | -   | -   | 3.1 |
| 5436                  | Inward 1 ½ Somersault 3 Twists       | -   | -   | -   | 3.4 | -   | -   | -   | -   | -   | -   | -   | -   |
| <b>Armstand Group</b> |                                      |     |     |     |     |     |     |     |     |     |     |     |     |
| 600                   | Armstand Dive                        | 1.6 | -   | -   | -   | 1.6 | -   | -   | -   | 1.5 | -   | -   | -   |
| 611                   | Armstand Forward ½ Somersault        | 2.0 | 1.9 | 1.7 | -   | 2.0 | 1.9 | 1.7 | -   | 1.8 | 1.7 | 1.5 | -   |
| 612                   | Armstand Forward 1 Somersault        | 2.0 | 1.9 | 1.7 | -   | 1.9 | 1.8 | 1.6 | -   | 1.8 | 1.7 | 1.5 | -   |
| 614                   | Armstand Forward Double Somersault   | 2.4 | 2.1 | -   | -   | -   | 2.3 | 2.0 | -   | -   | 2.5 | 2.2 | -   |
| 616                   | Armstand Forward Triple Somersault   | 3.3 | 3.1 | -   | -   | -   | -   | -   | -   | -   | -   | -   | -   |
| 621                   | Armstand Backward ½ Somersault       | 1.9 | 1.8 | 1.6 | -   | 1.9 | 1.8 | 1.6 | -   | 1.7 | 1.6 | 1.4 | -   |
| 622                   | Armstand Backward Somersault         | 2.3 | 2.2 | 2.0 | -   | 2.2 | 2.1 | 1.9 | -   | 2.1 | 2.0 | 1.8 | -   |
| 623                   | Armstand Backward 1 ½ Somersault     | 2.2 | 2.1 | 1.9 | -   | -   | 2.2 | 1.9 | -   | -   | 2.3 | 2.0 | -   |
| 624                   | Armstand Backward Double Somersault  | 3.0 | 2.8 | 2.5 | -   | 2.9 | 2.7 | 2.4 | -   | 3.1 | 2.9 | 2.6 | -   |
| 626                   | Armstand Backward Triple Somersault  | 3.5 | 3.3 | -   | -   | -   | 3.3 | 3.1 | -   | -   | 3.5 | -   | -   |
| 631                   | Armstand Reverse ½ Somersault        | 2.0 | 1.9 | 1.7 | -   | 2.0 | 1.9 | 1.7 | -   | 1.8 | 1.7 | 1.5 | -   |
| 632                   | Armstand Reverse 1 Somersault        | 2.3 | 2.1 | -   | -   | -   | 2.2 | 2.0 | -   | -   | 2.1 | 1.9 | -   |
| 633                   | Armstand Reverse 1 ½ Somersault      | 2.3 | 2.0 | -   | -   | -   | 2.3 | 2.0 | -   | -   | 2.4 | 2.1 | -   |
| 634                   | Armstand Reverse Double Somersault   | 2.9 | 2.6 | -   | -   | -   | 2.8 | 2.5 | -   | -   | 3.0 | 2.7 | -   |
| 636                   | Armstand Reverse Triple Somersault   | -   | -   | 3.4 | -   | -   | -   | 3.2 | -   | -   | -   | -   | -   |
| 6122                  | Armstand Forward Somersault 1 Twist  | -   | -   | -   | 2.6 | -   | -   | -   | 2.5 | -   | -   | -   | 2.4 |
| 6124                  | Armstand Forward Somersault 2 Twists | -   | -   | -   | 2.9 | -   | -   | -   | 2.8 | -   | -   | -   | 2.7 |
| 6142                  | Armstand Fwd. Double Som. 1 Twist    | -   | -   | -   | 3.1 | -   | -   | -   | 3.0 | -   | -   | -   | 3.2 |
| 6144                  | Armstand Fwd. Double Som. 2 Twists   | -   | -   | -   | 3.4 | -   | -   | -   | 3.3 | -   | -   | -   | 3.5 |
| 6162                  | Armstand Fwd. Triple Som. 1 Twist    | -   | -   | 3.9 | -   | -   | -   | -   | -   | -   | -   | -   | -   |
| 6221                  | Armstand Back Somersault ½ Twist     | -   | -   | -   | 1.8 | -   | -   | -   | 1.7 | -   | -   | -   | 1.6 |
| 6241                  | Armstand Back Double Som. ½ Twist    | -   | 2.7 | 2.4 | -   | -   | 2.6 | 2.3 | -   | -   | 2.8 | 2.5 | -   |
| 6243                  | Armstand Back Double Som. 1 ½ Twists | -   | -   | -   | 3.2 | -   | -   | -   | 3.1 | -   | -   | -   | 3.3 |
| 6245                  | Armstand Back Double Som. 2 ½ Twists | -   | -   | -   | 3.6 | -   | -   | -   | 3.5 | -   | -   | -   | 3.7 |
| 6261                  | Armstand Back Triple Som. ½ Twist    | -   | 3.4 | 3.2 | -   | -   | 3.2 | 3.0 | -   | -   | 3.6 | 3.4 | -   |

## AGE GROUP RULES - DIVING

**DAG 1 FINA Rules of competition will apply in all age group competitions.**

### **DAG 2 Age Categories**

All age group divers remain qualified from the 1st of January to midnight of the following 31<sup>st</sup> December in the year of competition.

### **DAG 3 Diving Events**

#### **DAG 3.1 Group A**

**DAG 3.1.1** Age: 16, 17 or 18 years on December 31<sup>st</sup> of the year of the competition.

#### **DAG 3.1.2 Competition Format**

##### **Girls' Springboard – 1 metre and 3 metre**

This competition shall comprise nine (9) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 metre events and 9.0 for 1 metre events, and four (4) dives without limit of degree of difficulty, each dive selected from a different group.

##### **Girls' Platform – 5 metre – 7.5 metre – 10 metre**

This competition shall comprise eight (8) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and four (4) dives without limit of degree of difficulty, each dive selected from a different group. At least five (5) different groups must be used.

##### **Boys' Springboard – 1 metre and 3 metre**

This competition shall comprise ten (10) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 metre events and 9.0 for 1 metre events, and five (5) dives without limit of degree of difficulty, each dive selected from a different group.

##### **Boys' Platform – 5 metre – 7.5 metre – 10 metre**

This competition shall comprise nine (9) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and five (5) dives without limit of degree of difficulty, each dive selected from a different group. All six (6) groups must be used.

#### **A / B combined**

##### **Girls' and Boys' Synchronised Diving - 3 metre**

This competition shall comprise five (5) dives; two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula, and three (3) rounds of dives without limit of degree of difficulty. The five (5) must be selected from at least three (3) different groups.

#### **DAG 3.2 Group B**

**DAG 3.2.1** Age: 14 or 15 years on December 31<sup>st</sup> of the year of the competition.

**DAG 3.2.2 Competition Format****Girls' Springboard – 1 metre and 3 metre**

This competition shall comprise eight (8) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 metre events and 9.0 for 1 metre events, and three (3) dives without limit of degree of difficulty, each dive selected from a different group.

**Girls' Platform – 5 metre – 7.5 metre – 10 metre**

This competition shall comprise seven (7) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and three (3) dives without limit of degree of difficulty, each dive selected from a different group. At least five (5) different groups must be used.

**Boys' Springboard – 1 metre and 3 metre**

This competition shall comprise nine (9) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 metre events and 9.0 for 1 metre events, and four (4) dives without limit of degree of difficulty, each dive selected from a different group.

**Boys' Platform – 5 metre – 7.5 metre – 10 metre**

This competition shall comprise eight (8) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and four (4) dives without limit of degree of difficulty, each dive selected from a different group. All least five (5) different groups must be used.

**DAG 3.3 Group C**

**DAG 3.3.1** Age: 12 or 13 years on December 31<sup>st</sup> of the year of the competition.

**DAG 3.3.2 Competition Format****Girls' Springboard – 1 metre and 3 metre**

This competition shall comprise seven (7) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 metre events and 9.0 for 1 metre events, and two (2) dives without limit of degree of difficulty, each dive selected from a different group.

**Girls' Platform – 5 metre or 7.5 metre**

This competition shall comprise six (6) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and two (2) dives without limit of degree of difficulty, each dive selected from a different group.

**Boys' Springboard – 1 metre and 3 metre**

This competition shall comprise eight (8) different dives; five (5) dives



each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 metre events and 9.0 for 1 metre events, and three (3) dives without limit of degree of difficulty, each dive selected from a different group.

#### **Boys' Platform – 5 metre or 7.5 metre**

This competition shall comprise seven (7) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and three (3) dives without limit of degree of difficulty, each dive selected from a different group.

### **DAG 4 General Rules for Junior Diving World Championships**

**DAG 4.1** Junior Diving World Championships shall be conducted every two years in Groups A and B.

**DAG 4.2** Each Federation is entitled to enter a maximum of two (2) divers in individual events and one (1) team in synchronised diving events.

**DAG 4.3** Each diver shall only compete in his age group.

**DAG 4.4** Each diver shall perform a full list of dives as indicated in his age group.

**DAG 4.5** Each competition may be a final competition, irrespective of the number of entrants and may be conducted in one, two or three sessions.

**DAG 4.5.1** When facilities and time permits, the top twelve (12) divers from the previous session will participate in a final competition performing only dives without limit. The scores of the dives with limit from the previous session will be carried forward and added to the scores in the final competition to determine the top twelve (12) rankings. Divers lower than twelfth place will be ranked by their preliminary scores.

**DAG 4.5.2** When facilities allow, the opportunity for simultaneous preliminary events may be scheduled subject to the approval of the Bureau on recommendation of the Technical Diving Committee.

**DAG 4.5.3** The program schedule shall be agreed by the Bureau upon recommendation of the Technical Diving Committee.

**DAG 4.6** Either five (5) or seven (7) judges shall officiate in the individual events and nine (9) judges in the synchronised diving events. Note: If possible, eleven (11) judges in the synchronised diving events may be used.

**DAG 4.7** The Championships shall normally be conducted separately and not in conjunction with Swimming, Water Polo or Synchronised Swimming.

**DAG 4.8** The Championships shall be conducted in a minimum period of six (6) days.



## PART VI

### FINA WATER POLO RULES 2009 - 2013

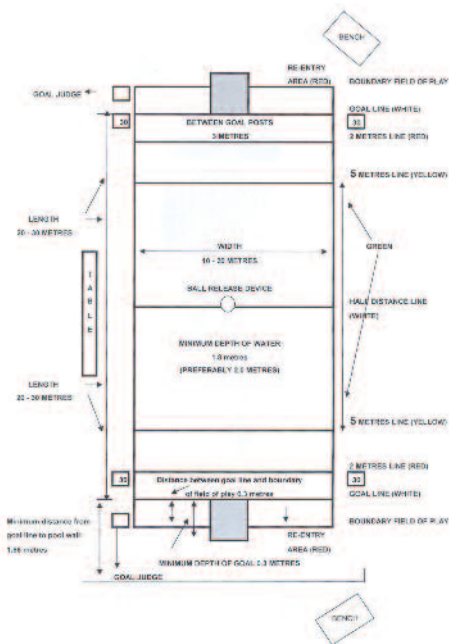
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# WATER POLO

## WP 1 FIELD OF PLAY & EQUIPMENT

**WP 1.1** The promoting organisation shall be responsible for the correct measurements and markings of the field of play and shall provide all stipulated fixtures and equipment.

**WP 1.2** The layout and markings of the field of play for a game officiated by two referees shall be in accordance with the following diagram:



**WP 1.3** In a game officiated by one referee, the referee shall officiate on the same side as the official table, and the goal judges shall be situated on the opposite side.

**WP 1.4** The distance between the goal lines shall be not less than 20 metres and not more than 30 metres for games played by men. The distance between the goal lines shall be not less than 20 metres and not more than 25 metres for games played by women. The width of the field of play shall be not less than 10 metres and not more than 20 metres. The boundary of the field of play at each end shall be 0.30 metres behind the goal line.

**WP 1.5** For FINA events the dimensions of the field of play, water depth and temperature, and light intensity shall be as set forth in FR 7.2, FR 7.3, FR 7.4 and FR 8.3.

**WP 1.6** Distinctive marks shall be provided on both sides of the field of play to denote the following:

- (a) white marks - goal line and half distance line
- (b) red marks - 2 metres from goal lines
- (c) yellow marks - 5 metres from goal lines

The sides of the field of play from the goal line to the 2 metre line shall be marked in red; from the 2 metre line to the 5 metre line shall be marked in yellow and from the 5 metre line to the half distance line shall be marked in green.

**WP 1.7** A red mark shall be placed at each end of the field of play, 2 metres from the corner of the field of play on the side opposite to the official table, to denote the re-entry area.

**WP 1.8** Sufficient space shall be provided to enable the referees to have free movement from end to end of the field of play. Space shall also be provided at the goal lines for the goal judges.

**WP 1.9** The secretary shall be provided with separate white, blue, red and yellow flags, each measuring 0.35 metres x 0.20 metres.

## **WP 2 GOALS**

**WP 2.1** Two goal posts and a crossbar, rigidly constructed, rectangular with a dimension of 0.075 metres facing the field of play and painted white shall be located on the goal lines at each end, equal distances from the sides and not less than 0.30 metres in front of the ends of the field of play.

**WP 2.2** The inner sides of the goal posts shall be 3 metres apart. When the water is 1.50 metres or more in depth, the underside of the crossbar shall be 0.90 metres from the water surface. When the water is less than 1.50 metres in depth, the underside of the crossbar shall be 2.40 metres from the floor of the pool.

**WP 2.3** Limp nets shall be securely fastened to the goal posts and crossbar to enclose the entire goal area and shall be attached to the goal fixtures in such a manner as to allow not less than 0.30 metres clear space behind the goal line everywhere within the goal area.

## **WP 3 THE BALL**

**WP 3.1** The ball shall be round and shall have an air chamber with a self-closing valve. It shall be waterproof, without external strapping or any covering of grease or similar substance.

**WP 3.2** The weight of the ball shall be not less than 400 grammes and not more than 450 grammes.

**WP 3.3** For games played by men, the circumference of the ball shall be not less than 0.68 metres and not more than 0.71 metres, and its pressure shall be 90-97 kPa (kilo Pascal's)(13-14 pounds per square inch atmospheric).

**WP 3.4** For games played by women, the circumference of the ball shall be not less than 0.65 metres and not more than 0.67 metres, and its pressure shall be 83-90 (kilo Pascal's) (12-13 pounds per square inch atmospheric).

#### **WP 4 CAPS**

**WP 4.1** Caps shall be of contrasting colour, other than solid red, as approved by the referees, but also to contrast with the colour of the ball. A team may be required by the referees to wear white or blue caps. The goalkeepers shall wear red caps. Caps shall be fastened under the chin. If a player loses the cap during play, the player shall replace it at the next appropriate stoppage of the game when the player's team is in possession of the ball. Caps shall be worn throughout the entire game.

**WP 4.2** Caps shall be fitted with malleable ear protectors which shall be the same colour as the team's caps except that the goalkeeper may have red protectors.

**WP 4.3** Caps shall be numbered on both sides with numbers 0.10 metres in height. The goalkeeper shall wear cap no. 1 and the other caps shall be numbered 2 to 13. A substitute goalkeeper shall wear a red cap numbered 13. A player shall not be allowed to change his cap number during the game except with the permission of a referee and with notification to the secretary.

**WP 4.4** For international games, the caps shall display on the front the international three letter country code and may display the national flag. The country code shall be 0.04 metres in height.

#### **WP 5 TEAMS AND SUBSTITUTES**

**WP 5.1** Each team shall consist of seven players, one of whom shall be the goalkeeper and who shall wear the goalkeeper's cap, and not more than six reserves who may be used as substitutes. A team playing with less than 7 players shall not be required to have a goalkeeper.

**WP 5.2** All players not in the game at that time, together with the coaches and officials with the exception of the head coach, shall sit on the team bench and shall not move away from the bench from the commencement of play, except during the intervals between periods or during timeouts. The head coach of the attacking team shall be allowed to move to the 5 metre line at any time. Teams shall only change ends and benches at half time and before the start of the second period of any extra time. The team benches shall both be situated on the side opposite to the official table.

**WP 5.3** The captains shall be playing members of their respective teams and each shall be responsible for the good conduct and discipline of his team.

**WP 5.4** Players shall wear non-transparent costumes or costumes with a separate undergarment and before taking part in a game shall remove any articles likely to cause injury.

**WP 5.5** Players shall not have grease, oil or any similar substance on the body. If a referee ascertains before the start of play that such a substance has been used, he shall order it to be removed immediately. The start of play shall not be delayed for the substance to be removed. If the offence is detected after the play has started, the offending player shall be excluded from the remainder of the game and a substitute permitted to enter the field of play immediately from the re-entry area nearest to his own goal line.

**WP 5.6** At any time in the game, a player may be substituted by leaving the field of play at the re-entry area nearest to his own goal line. The substitute may enter the field of play from the re-entry area as soon as the player has visibly risen to the surface of the water within the re-entry area. If a goalkeeper is substituted under this Rule, the substitute shall be required to wear a goalkeeper's cap. No substitution shall be made under this Rule between the time a referee awards a penalty throw and the taking of the throw, except at a timeout.

**WP 5.7** A substitute may enter the field of play from any place:

- (a) during the intervals between periods of play, including any periods of extra time;
- (b) after a goal has been scored;
- (c) during a timeout;
- (d) to replace a player who is bleeding or injured.

**WP 5.8** A substitute shall be ready to replace a player without delay. If the substitute is not ready, the game shall continue without the substitute and, at any time, the substitute may then enter the field of play from the re-entry area nearest to the substitute own goal line.

**WP 5.9** A goalkeeper who has been replaced by a substitute may, if the player returns to the game, play in any position.

**WP 5.10** Should a goalkeeper retire from the game through any medical reason, the referees shall allow an immediate substitution, subject to one of the players taking the goalkeeper's cap.

## **WP 6 OFFICIALS**

**WP 6.1** For FINA events the officials shall consist of two referees, two goal judges, timekeepers and secretaries, each with the following powers and duties. Such officials shall also be provided wherever possible for other events, except that in a game refereed by two referees and no goal judges, the referees shall assume the duties (but without making the specified signals) allocated to the goal judges in WP 8.2.

*[Note. Depending on the degree of importance, games can be controlled by teams of four to eight officials, as follows:*

*(a) Referees and goal judges:*

*Two referees and two goal judges; or two referees and no goal judges; or one referee and two goal judges.*

*(b) Timekeepers and secretaries:*

*With one timekeeper and one secretary: The timekeeper shall record the periods of continuous possession of the ball by each team, in accordance with WP 20.16. The secretary shall record the exact periods of actual play, timeouts and the intervals between periods, maintain the record of the game as set out in WP 10.1 and shall also record the respective periods of exclusion of players ordered from the water in accordance with the Rules.*

*With two timekeepers and one secretary: Timekeeper No. 1 shall record the exact periods of actual play, timeouts and the intervals between periods. Timekeeper No. 2 shall record the periods of continuous possession of the ball by each team, in accordance with WP 20.16. The secretary shall maintain the record of the game and perform all other duties as set out in WP 10.1.*

*With two timekeepers and two secretaries: Timekeeper No. 1 shall record the exact periods of actual play, timeouts and the intervals between periods. Timekeeper No. 2 shall record the periods of continuous possession of the ball by each team, in accordance with WP 20.16. Secretary No. 1 shall maintain the record of the game as set out in WP 10.1(a). Secretary No. 2 shall carry out the duties set out in WP 10.1(b), (c) and (d) relating to the improper re-entry of excluded players, improper entry of substitutes, exclusion of players and the third personal foul.]*

## **WP 7 REFEREES**

**WP 7.1** The referees shall be in absolute control of the game. Their authority over the players shall be effective during the whole time that they and the players are within the precincts of the pool. All decisions of the referees on questions of fact shall be final and their interpretation of the Rules shall be obeyed throughout the game. The referees shall not make any presumption as to the facts of any situation during the game but shall interpret what they observe to the best of their ability.

**WP 7.2** The referees shall whistle to start and restart the game and to declare goals, goal throws, corner throws (whether signalled by the goal judge or not), neutral throws and infringements of the Rules. A referee may alter a decision provided it is done before the ball is put back into play.

**WP 7.3** The referees shall refrain from declaring a foul if, in their opinion, such declaration would be an advantage to the offending player's team. The referees shall not declare an ordinary foul when there is still a possibility to play the ball.

*[Note. The referees shall apply this principle to the fullest extent. They should not, for example, declare an ordinary foul in favour of a player who is in possession of the ball and making progress towards his opponents' goal, because this is considered to give an advantage to the offender's team.]*

**WP 7.4** The referees shall have the power to order any player from the water in accordance with the appropriate Rule and to abandon the game should a player refuse to leave the water when so ordered.

**WP 7.5** The referees shall have the power to order the removal from the precincts of the pool any player, substitute, spectator or official whose behaviour prevents the referees from carrying out their duties in a proper and impartial manner.



**WP 7.6** The referees shall have the power to abandon the game at any time if, in their opinion, the behaviour of the players or spectators, or other circumstances prevent it from being brought to a proper conclusion. If the game has to be abandoned the referees shall report their actions to the competent authority.

## **WP 8 GOAL JUDGES**

**WP 8.1** The goal judges shall be situated on the same side as the official table, each on the goal line at the end of the field of play.

**WP 8.2** The duties of the goal judges shall be:

- (a) to signal by raising one arm vertically when the players are correctly positioned on their respective goal lines at the start of a period;
- (b) to signal by raising both arms vertically for an improper start or restart;
- (c) to signal by pointing with the arm in the direction of the attack for a goal throw;
- (d) to signal by pointing with the arm in the direction of the attack for a corner throw;
- (e) to signal by raising and crossing both arms for a goal;
- (f) to signal by raising both arms vertically for an improper re-entry of an excluded player or improper entry of a substitute.

**WP 8.3** Each goal judge shall be provided with a supply of balls and when the original ball has gone outside the field of play, the goal judge shall immediately throw a new ball to the goalkeeper (for a goal throw), to the nearest player of the attacking team (for a corner throw), or as otherwise directed by the referee.

## **WP 9 TIMEKEEPERS**

**WP 9.1** The duties of the timekeepers shall be:

- (a) to record the exact periods of actual play, timeouts and the intervals between the periods;
- (b) to record the periods of continuous possession of the ball by each team;
- (c) to record the exclusion times of players ordered from the water in accordance with the Rules, together with the re-entry times of such players or their substitutes;
- (d) to audibly announce the start of the last minute of the game and of the last minute of the second period of any extra time;
- (e) to signal by whistle after 45 seconds and at the end of each timeout.

**WP 9.2** A timekeeper shall signal by whistle (or by any other means provided it is distinctive, acoustically efficient and readily understood), the end of each period independently of the referees and the signal shall take immediate effect except:

- (a) in the case of the simultaneous award by a referee of a penalty throw, in which event the penalty throw shall be taken in accordance with the Rules;
- (b) if the ball is in flight and crosses the goal line, in which event any resultant goal shall be allowed.

## **WP 10 SECRETARIES**

**WP 10.1** The duties of the secretaries shall be:

- (a) to maintain the record of the game, including the players, the score, timeouts,

- exclusion fouls, penalty fouls, and personal fouls awarded against each player;
- (b) to control the periods of exclusion of players and to signal the expiration of the period of exclusion by raising the appropriate flag; except that a referee shall signal the re-entry of an excluded player or a substitute when that player's team has retaken possession of the ball. After 4 minutes the secretary should signal the re-entry of a substitute for a player who has committed brutality by raising the yellow flag along with the appropriate coloured flag;
  - (c) to signal with the red flag and by whistle for any improper re-entry of an excluded player or improper entry of a substitute (including after a signal by a goal judge to indicate an improper re-entry or entry), which signal shall stop play immediately;
  - (d) to signal, without delay, the award of a third personal foul against any player as follows:
    - (i) with the red flag if the third personal foul is an exclusion foul;
    - (ii) with the red flag and a whistle if the third personal foul is a penalty foul.

## **WP 11 DURATION OF THE GAME**

**WP 11.1** The duration of the game shall be four periods each of eight minutes actual play. Time shall commence at the start of each period when a player touches the ball. At all signals for stoppages, the recording watch shall be stopped until the ball is put back into play by the ball leaving the hand of the player taking the appropriate throw or when the ball is touched by a player following a neutral throw.

**WP 11.2** There shall be a two-minute interval between the first and second periods and between the third and fourth periods and a five-minute interval between the second and third periods. The teams, including the players, coaches and officials, shall change ends before starting the third period and the second period of any extra time.

**WP 11.3** Should the scores be level at full time in any game for which a definite result is required, any continuation into extra time shall be after an interval of five minutes. There shall then be played two periods each of three minutes actual play with an interval of two minutes for the teams to change ends. If at the end of the two periods of extra time the score is equal, there shall be a penalty shoot out to determine the result."

*[Note. If a penalty shoot out is necessary, the following procedure shall be followed:*

- (a) if it involves the two teams having just completed a game, the shoot out will begin immediately and the same referees will be used*
- (b) otherwise, the shoot out will occur 30 minutes following the completion of the final game of that round, or at the first practical opportunity. The referees involved in the most recent game of that round will be used, provided they are neutral*
- (c) if two teams are involved the respective coaches of the teams will be requested to nominate five players and goalkeeper who will participate in the penalty shoot out; the goalkeeper may be changed at any time provided the substitute was listed amongst the team list in that game*
- (d) the five players nominated will be required to be listed in order and that order will determine the sequence in which those players will shoot at their opponents goal; the sequence cannot be changed*

- (e) no players excluded for the game are eligible to be listed amongst those players to shoot or substitute as goalkeeper
- (f) if the goalkeeper is excluded during the penalty shoot out, a player from the nominated five players may substitute for the goalkeeper but without the privileges of the goalkeeper; following the taking of the penalty shot, the player may be substituted by another player or alternate goalkeeper. If a field player is excluded during the penalty shoot out, the player's position is removed from the list of the five players participating in the penalty shoot out, and a substituted player is placed in the last position on the list
- (g) shots will be taken alternately at each end of the field of play, unless conditions at one end of the field of play advantage and/or disadvantage a team, in which case all shots may be taken at the same end. The players taking the shots will remain in the water in front of their bench, the goalkeepers will change ends, and all players not involved must sit on their team bench
- (h) the team to shoot first will be determined by toss of a coin
- (i) should teams still be tied following the completion of the initial five penalty shots, the same five players shall then take alternate shots until one team misses and the other(s) score
- (j) if three or more teams are involved, each team will shoot five penalty shots against each of the other teams, alternating at each shot. The order of the first shot will be determined by draw.]

**WP 11.4** Any visible clock shall show the time in a descending manner (that is, to show the time remaining in a period).

**WP 11.5** If a game (or part of a game) must be replayed, then goals, personal fouls, and timeouts that occurred during the time to be replayed are deleted from the game score sheet, however brutality, misconduct, and any red card exclusions are recorded on the game score sheet.

## **WP 12 TIMEOUTS**

**WP 12.1** Each team may request two timeouts in any game. An additional timeout including any timeouts not utilised may be requested should the game go into extra time. The duration of the timeout shall be one minute. A timeout may be requested at any time, including after a goal, by the coach of the team in possession of the ball calling "timeout" and signalling to the secretary or referee with the hands forming a T-shape. If a timeout is requested, the secretary or referee shall immediately stop the game by whistle and the players shall immediately return to their respective halves of the field of play.

**WP 12.2** Play shall be restarted on the whistle of the referee by the team in possession of the ball putting the ball into play on or behind the half distance line, except that (a) if the timeout is requested before the taking of a penalty throw or corner throw, that throw shall be maintained.

*[Note. The possession clock continues from the recommencement of the play after the timeout.]*

**WP 12.3** If the coach of the team in possession of the ball requests an additional

timeout to which the team is not entitled, the game shall be stopped and play shall then be restarted by a player of the opposing team putting the ball into play at the half distance line.

**WP 12.4** If the coach of the team not in possession of the ball requests a timeout, the game shall be stopped and a penalty throw awarded to the opposing team.

**WP 12.5** At the restart following a timeout, players may take any position in the field of play, subject to the Rules relating to the taking of penalty throws and corner throws.

### **WP 13 THE START OF PLAY**

**WP 13.1** The first team listed in the official program will wear white caps or the caps reflecting the colour of their country and will start the game to the left of the official table. The other team will wear blue caps or caps of a contrasting colour and will start the game to the right of the table.

**WP 13.2** At the start of each period, the players shall take up positions on their respective goal lines, about one metre apart and at least one metre from the goal posts. Not more than two players shall be allowed between the goal posts. No part of a player's body shall be beyond the goal line at water level.

*[Note: No player may pull the lane line forward and the player swimming for the ball must not have their feet on the goal in an attempt to push off at the start or restart of the game.]*

**WP 13.3** When the referees are satisfied that the teams are ready, a referee shall blow the whistle to start and then release or throw the ball into play on the half distance line.

**WP 13.4** If the ball is released or thrown giving one team a definite advantage, the referee shall call for the ball and award a neutral throw on the half distance line.

### **WP 14 METHOD OF SCORING**

**WP 14.1** A goal shall be scored when the entire ball has passed fully over the goal line, between the goal posts and underneath the crossbar.

**WP 14.2** A goal may be scored from anywhere within the field of play; except that the goal keeper shall not be permitted to go or touch the ball beyond the half distance line.

**WP 14.3** A goal may be scored by any part of the body except the clenched fist. A goal may be scored by dribbling the ball into the goal. At the start or any restart of the game, at least two players (of either team but excluding the defending goalkeeper) must intentionally play or touch the ball except at the taking of:

- (a) a penalty throw;
- (b) a free throw thrown by a player into the player's own goal;
- (c) an immediate shot from a goal throw; or
- (d) an immediate shot from a free throw awarded outside 5 metres.

*[Note. A goal may be scored by a player immediately shooting from outside 5 metres after the player's team has been awarded a free throw for a foul committed outside 5 metres. If the player puts the ball into play, a goal can then only be scored if the ball has been intentionally touched by another player, other than the defending goalkeeper.*

*If at the award of a foul the ball is inside 5 metres or closer to the defending team's goal, a goal may be scored under this Rule if the ball is returned without delay to either the place where the foul was committed, to any place on the same line as the foul or to any place behind the line of the foul provided the shot is then immediately made from that position.*

*A goal may not be scored under this Rule direct from the restart following:*

- (a) a timeout*
- (b) a goal*
- (c) an injury, including bleeding*
- (d) the replacement of a cap*
- (e) the referee calling for the ball*
- (f) the ball leaving the side of the field of play*
- (g) any other delay.]*

**WP 14.4** A goal shall be scored if, at the expiration of 30 seconds possession or at the end of a period, the ball is in flight and enters the goal.

*[Note. In the circumstances of this Rule, if the ball enters the goal after hitting the goal post, crossbar, goalkeeper or other defending player, and/or bouncing off the water, a goal shall be allowed. If the end of the period has been signalled and the ball is then played or touched intentionally by another attacking player on its way into the goal, the goal shall not be allowed.*

*If the ball is in flight towards the goal in the circumstances of this Rule and the goalkeeper or another defending player pulls down the goal, or within his own 5 metre area a defending player other than the goalkeeper stops the ball with two hands or arms or punches the ball to prevent a goal being scored, the referee shall award a penalty throw if, in the referee's opinion, the ball would have reached the goal line if the offence had not occurred.*

*If the ball which is in flight towards the goal in the circumstances of this Rule lands on the water and then floats completely over the goal line, the referee shall award a goal only if the ball floats over the goal line immediately due to the momentum of the shot.]*

## **WP 15 RESTARTING AFTER A GOAL**

**WP 15.1** After a goal has been scored, the players shall take up positions anywhere within their respective halves of the field of play. No part of a player's body shall be beyond the half distance line at water level. A referee shall restart the game by blowing the whistle. At the time of the restart, actual play shall resume when the ball leaves the hand of a player of the team not having scored the goal. A restart not taken in accordance with this Rule shall be retaken.

**WP 16 GOAL THROWS**

**WP 16.1** A goal throw shall be awarded:

- (a) when the entire ball has passed fully over the goal line excluding between the goal posts and underneath the crossbar, having last been touched by any player other than the goalkeeper of the defending team;
- (b) when the entire ball has passed fully over the goal line between the goal posts and underneath the crossbar, or strikes the goal posts, crossbar or the defending goalkeeper direct from:
  - (i) a free throw awarded inside 5 metres;
  - (ii) a free throw awarded outside 5 metres not taken in accordance with the Rules;
  - (iii) a goal throw not taken immediately;
  - (iv) a corner throw.

**WP 16.2** The goal throw shall be taken by any player of the team from anywhere within the 2 metre area. A goal throw not taken in accordance with this Rule shall be retaken.

*[Note. The goal throw shall be taken by the player nearest to the ball. There should be no undue delay in taking a free throw, goal throw or corner throw, which must be taken in such a manner so as to enable the other players to observe the ball leaving the thrower's hand. Players often make the mistake of delaying the throw because they overlook the provisions of WP 19.4, which permit the thrower to dribble the ball before passing to another player. The throw can thus be taken immediately, even though the thrower cannot at that moment find a player to whom to pass the ball. On such an occasion, the player is allowed to take the throw either by dropping it from a raised hand on to the surface of the water (figure 1) or by throwing it in the air (figure 2) and then swim with or dribble the ball. In either case, the throw must be taken so that the other players are able to observe it.]*



Figure 1

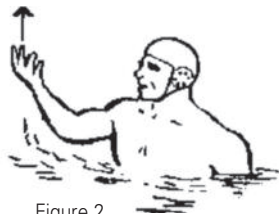


Figure 2

**WP 17 CORNER THROWS**

**WP 17.1** A corner throw shall be awarded when the entire ball has passed fully over the goal line excluding between the goal posts and underneath the crossbar, having last been touched by the goalkeeper of the defending team or when a defending player deliberately sends the ball over the goal line.

**WP 17.2** The corner throw shall be taken by a player of the attacking team from the 2 metre mark on the side nearest to which the ball crossed the goal line. The throw need not be taken by the nearest player but shall be taken without undue delay.

*[Note. For method of taking throw, see note to WP 16.2]*

**WP 17.3** At the taking of a corner throw no players of the attacking team shall be within the 2 metre area.

**WP 17.4** A corner throw taken from the wrong position or before the players of the attacking team have left the 2 metre area shall be retaken.

## **WP 18 NEUTRAL THROWS**

**WP 18.1** A neutral throw shall be awarded:

- (a) when, at the start of a period, a referee is of the opinion that the ball has fallen in a position to the definite advantage of one team;
- (b) when one or more players of opposing teams commit an ordinary foul at the same moment which makes it impossible for the referees to distinguish which player offended first;
- (c) when both referees blow their whistles at the same moment to award ordinary fouls to the opposing teams;
- (d) when neither team has possession of the ball and one or more players of opposing teams commit an exclusion foul at the same moment. The neutral throw shall be taken after the offending players have been excluded;
- (e) when the ball strikes or lodges in an overhead obstruction.

**WP 18.2** At a neutral throw, a referee shall throw the ball into the field of play at approximately the same lateral position as the event occurred in such a manner as to allow the players of both teams to have equal opportunity to reach the ball. A neutral throw awarded within the 2 metre area shall be taken on the 2 metre line.

**WP 18.3** If at a neutral throw the referee is of the opinion that the ball has fallen in a position to the definite advantage of one team, the referee shall call for the ball and retake the throw.

## **WP 19 FREE THROWS**

**WP 19.1** A free throw shall be taken at the place where the foul occurred, except:

- (a) if the ball is further from the defending team's goal, the free throw shall be taken from the location of the ball;
- (b) if the foul is committed by a defending player within the defender's 2 metre area, the free throw shall be taken on the 2 metre line opposite to where the foul was committed or, if the ball is outside the 2 metre area, from the location of the ball;
- (c) where otherwise provided for in the Rules.

A free throw taken from the wrong position shall be retaken.

**WP 19.2** The time allowed for a player to take a free throw shall be at the discretion of the referees; it shall be reasonable and without undue delay but does not have to be immediate. It shall be an offence if a player who is clearly in a position most readily to take a free throw does not do so.

**WP 19.3** The responsibility for returning the ball to the player who is to take the free throw shall be that of the team to which the free throw is awarded.

**WP 19.4** The free throw shall be taken in a manner to enable the players to observe the ball leaving the hand of the player taking the throw, who shall also then be permitted to carry or dribble the ball before passing to another player. The ball shall be in play immediately when it leaves the hand of the player taking the free throw.

*[Note. For method of taking throw, see note to WP 16.2.]*

## **WP 20 ORDINARY FOULS**

**WP 20.1** It shall be an ordinary foul to commit any of the following offences (WP 20.2 to WP 20.18), which shall be punished by the award of a free throw to the opposing team.

*[Note. The referees must award ordinary fouls in accordance with the Rules to enable the attacking team to develop an advantage situation. However, the referees must have regard to the special circumstance of WP 7.3 (Advantage).]*

**WP 20.2** To advance beyond the goal line at the start of a period, before the referee has given the signal to start. The free throw shall be taken from the location of the ball or, if the ball has not been released into the field of play, from the half distance line.

**WP 20.3** To assist a player at the start of a period or at any other time during the game.

**WP 20.4** To hold or push off from the goal posts or their fixtures, to hold or push off from the sides or ends of the pool during actual play or at the start of a period.

**WP 20.5** To take any active part in the game when standing on the floor of the pool, to walk when play is in progress or to jump from the floor of the pool to play the ball or tackle an opponent. This Rule shall not apply to the goalkeeper while within the goalkeeper's 5 metre area.

**WP 20.6** To take or hold the entire ball under the water when tackled.

*[Note. It is an ordinary foul to take or hold the ball under the water when tackled, even if the player holding the ball has the ball forced under the water as a result of the opponent's challenge (figure 3). It makes no difference that the ball goes under the water against the player's will. What is important is that the foul is awarded against the player who was in contact with the ball at the moment it was taken under the water. It is important to remember that the offence can only occur when a player takes the ball under when tackled. Thus, if the goalkeeper emerges high out of the water to save a shot and then while falling back takes the ball under the water, the goalkeeper has committed no offence; but if the goalkeeper then holds the ball under the water when challenged by an opponent, the goalkeeper will have committed an infringement of this Rule and if the goalkeeper's actions prevented a probable goal, a penalty throw must be awarded under WP 22.2.]*





Figure 3

**WP 20.7** To strike at the ball with a clenched fist. This Rule shall not apply to the goalkeeper while within his 5 metre area.

**WP 20.8** To play or touch the ball with two hands at the same time. This Rule shall not apply to the goalkeeper while within his 5 metre area.

**WP 20.9** To impede or otherwise prevent the free movement of an opponent who is not holding the ball, including swimming on the opponent's shoulders, back or legs. "Holding" is lifting, carrying or touching the ball but does not include dribbling the ball.

*[Note. The first thing for the referee to consider is whether the opponent is holding the ball, because if the player is doing so, the player making the challenge cannot be penalized for "impeding". It is clear that a player is holding the ball if it is held raised above the water (figure 4). The player is also holding the ball if the player swims with it held in the hand or makes contact with the ball while it is lying on the surface of the water (figure 5). Swimming with the ball (dribbling), as shown in figure 6, is not considered to be holding.*

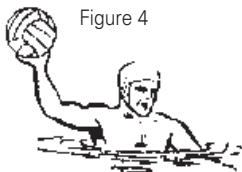


Figure 4



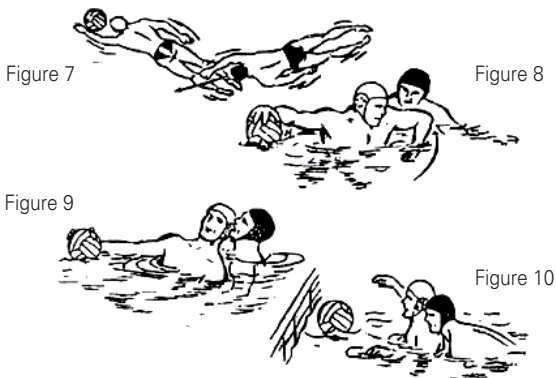
Figure 5



Figure 6

A common form of *impeding* is where the player swims across the opponent's legs (figure 7), thus reducing the pace at which the opponent can move and interfering with the normal leg action. Another form is swimming on the opponent's shoulders. It must also be remembered that the foul of *impeding* can be committed by the player who is in possession of the ball. For example, figure 8 shows a player keeping one hand on the ball and trying to force the opponent away to gain more space. Figure 9 shows a player in possession of the ball *impeding* the opponent by pushing the opponent back with the head. Care must be taken with figures 8 & 9, because any violent movement by the player in possession of the ball might constitute *striking* or even *brutality*; the figures are intended to illustrate *impeding* without any violent movement. A player may also commit the offence of *impeding* even if the player is not holding or

touching the ball. Figure 10 shows a player intentionally blocking the opponent with the player's body and with the arms flung open, thus making access to the ball impossible. This offence is most often committed near the boundaries of the field of play.]



**WP 20.10** To push or push off from an opponent who is not holding the ball.

[Note. Pushing can take place in various forms, including with the hand (figure 11) or with the foot (figure 12). In the cases illustrated, the punishment is a free throw for an ordinary foul. However, referees must take care to differentiate between pushing with the foot and kicking - which then becomes an exclusion foul or even brutality. If the foot is already in contact with the opponent when the movement begins, this will usually be pushing, but if the movement begins before such contact with the opponent is made, then this should generally be regarded as kicking.]



**WP 20.11** To be within two metres of the opponents' goal except when behind the line of the ball. It shall not be an offence if a player takes the ball into the 2 metre area and passes it to another player who is behind the line of the ball and who shoots at goal immediately, before the first player has been able to leave the 2 metre area.

[Note. If the player receiving the pass does not shoot at goal, the player who passed the ball must immediately leave the 2 metre area to avoid being penalised under this Rule.]

**WP 20.12** To take a penalty throw other than in the prescribed manner.

*[Note. See WP 23.4 for method of taking a penalty throw.]*

**WP 20.13** To delay unduly when taking a free throw, goal throw or corner throw.

*[Note. See note to WP 16.2]*

**WP 20.14** For a goalkeeper to go or touch the ball beyond the half distance line.

**WP 20.15** To last touch the ball that goes out of the side of the field of play (including the ball rebounding from the side of the field of play above water level) except in the case of a defensive field player blocking a shot over the side of the field of play, in which case a free throw is given to the defensive team.

**WP 20.16** For a team to retain possession of the ball for more than 30 seconds of actual play without shooting at their opponent's goal. The timekeeper recording the possession time shall reset the clock:

- (a) when the ball has left the hand of the player shooting at goal. If the ball rebounds into play from the goal post, crossbar or the goalkeeper, the possession time shall not recommence until the ball comes into the possession of one of the teams;
- (b) when the ball comes into the possession of the opposing team. "Possession" shall not include the ball merely being touched in flight by an opposing player;
- (c) when the ball is put into play following the award of an exclusion foul, penalty foul, goal throw, corner throw or neutral throw.

Visible clocks shall show the time in a descending manner (that is, to show the possession time remaining).

*[Note. The timekeeper and referees must decide whether there was a shot goal or not but the referees have the final decision.]*

## **WP 21 EXCLUSION FOULS**

**WP 21.1** It shall be an exclusion foul to commit any of the following offences (WP 21.4 to WP 21.17), which shall be punished (except as otherwise provided by the Rules) by the award of a free throw to the opposing team and the exclusion of the player who committed the foul.

**WP 21.2** The excluded player shall move to the re-entry area nearest to the player's own goal line without leaving the water. An excluded player who leaves the water (other than following the entry of a substitute) shall be deemed guilty of an offence under WP 21.10 (Misconduct).

*[Note. An excluded player (including any player excluded under the Rules for the remainder of the game) shall remain in the water and move (which may include swimming underwater) to the re-entry position nearest to the player's own goal line without interfering with the play. The player may leave from the field of play at any point and then swim to reach the re-entry area provided the player does not interfere with the alignment of the goal.*

*On reaching the re-entry area, the excluded player shall be required to visibly rise to*

*the surface of the water before the player (or a substitute) shall be permitted to re-enter in accordance with the Rules. However, it shall not be necessary for the excluded player to then remain in the re-entry area to await the arrival of an intended substitute.]*

**WP 21.3** The excluded player or a substitute shall be permitted to re-enter the field of play after the earliest occurrence of one of the following:

- (a) when 20 seconds of actual play have elapsed, at which time the secretary shall raise the appropriate flag provided that the excluded player has reached the re-entry area in accordance with the Rules;
- (b) when a goal has been scored;
- (c) when the excluded player's team has retaken possession of the ball (which means receiving control of the ball) during actual play, at which time the defensive referee shall signal re-entry by a hand signal;
- (d) when the excluded player's team is awarded a free throw or goal throw, the referee's signal to award the throw qualifies as the re-entry signal, provided that the excluded player has reached the re-entry area in accordance with the Rules.

The excluded player or a substitute shall be permitted to re-enter the field of play from the re-entry area nearest to the player's own goal line, provided that:

- (a) the player has received a signal from the secretary or a referee;
- (b) the player shall not jump or push off from the side or wall of the pool or field of play;
- (c) the player shall not affect the alignment of the goal;
- (d) a substitute shall not be permitted to enter in the place of an excluded player until that player has reached the re-entry area nearest to the player's own goal line except between periods, after a goal, or during a timeout;
- (e) after a goal has been scored an excluded player or a substitute may re-enter the field of play from any place.

These provisions shall also apply to the entry of a substitute when the excluded player has received three personal fouls or has otherwise been excluded from the remainder of the game in accordance with the Rules.

*[Note. A substitute shall not be signalled in by a referee and nor shall the secretary signal the expiration of 20 seconds exclusion period until the excluded player has reached the re-entry area nearest to the player's own goal line. This shall also apply to the re-entry of a substitute who is to replace a player excluded from the remainder of the game. In the event of an excluded player failing to return to the player's re-entry area, a substitute shall not be permitted to enter until a goal has been scored or at the end of a period or during a timeout..*

*The primary responsibility for giving the signal for the re-entry of an excluded player or a substitute is with the defensive referee. However, the attacking referee may also assist in this regard and the signal of either referee shall be valid. If a referee suspects an improper re-entry or the goal judge signals such an improper re-entry, then the referee should first be satisfied that the other referee had not signalled the re-entry.*

*Before giving the signal for the re-entry of an excluded player or a substitute, the*

*defensive referee should wait momentarily in case the attacking referee whistles to restore possession to the opponent's team.*

*A change of possession does not occur merely because of the end of a period, but an excluded player or substitute shall be eligible to re-enter if the team wins the ball at the swim up at the start of the next period. If a player is excluded when the end of a period is signalled, the referees and the secretary shall ensure that the teams have the correct number of players before signalling for the restart.]*

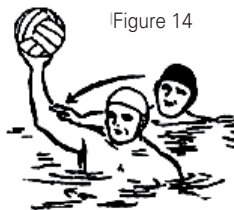
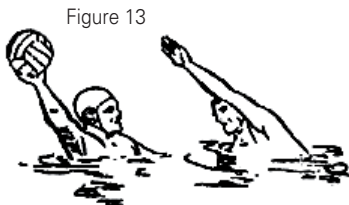
**WP 21.4** For a player to leave the water or sit or stand on the steps or side of the pool during play, except in the case of accident, injury, illness or with the permission of a referee.

**WP 21.5** To interfere with the taking of a free throw, goal throw or corner throw, including:

- (a) intentionally to throw away or fail to release the ball to prevent the normal progress of the game;
- (b) any attempt to play the ball before it has left the hand of the thrower.

*[Note. A player is not to be penalised under this Rule if the player does not hear the whistle as a result of being under the water. The referees must determine if the actions of the player are intentional.]*

*Interference with a throw may take place indirectly when the ball is hampered, delayed or prevented from reaching the player who is to take the throw, or it may occur when the execution of the throw is interfered with by an opponent blocking the direction of the throw (figure 13) or by disturbing the actual movement of the thrower (figure 14). For interference with a penalty throw, see also WP 21.16.]*



**WP 21.6** To attempt to block a pass or shot with two hands outside the 5 metre area.

**WP 21.7** To splash in the face of an opponent intentionally.

*[Note. Splashing is frequently used as an unfair tactic but is often only penalised in the obvious situation when players are facing one another (see figure 15). However, it can also occur less obviously when a player produces a curtain of water with an arm, seemingly without deliberate intent, in an attempt to block the view of the opponent who is about to shoot at goal or to make a pass.]*



Figure 15

*The punishment for intentionally splashing an opponent is exclusion under WP 21.7 or a penalty throw under WP 22.2 if the opponent is inside the 5 metre area and is attempting to shoot at goal. Whether to award a penalty throw or an exclusion is decided solely by the positioning and actions of the attacking player; whether the offending player is inside the 5 metre area or outside is not a decisive factor.]*

**WP 21.8** To hold, sink or pull back an opponent who is not holding the ball. "Holding" is lifting, carrying or touching the ball, but does not include dribbling the ball.

*[Note. The correct application of this Rule is very important both as to the presentation of the game and in arriving at a proper and fair result. The wording of the Rule is clear and explicit and can only be interpreted in one way: to hold (figure 16), sink (figure 17) or pull back (figure 18) an opponent who is not holding the ball is an exclusion foul. It is essential that referees apply this Rule correctly, without personal arbitrary interpretation, to ensure that the proper limits to rough play are not exceeded. In addition, referees must note that an infringement of WP 21.8 within the 5 metre area which prevents a probable goal must be punished by the award of a penalty throw.]*



Figure 15

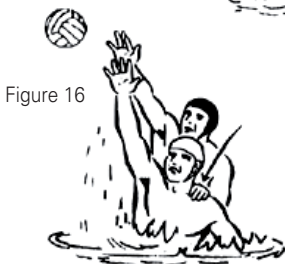


Figure 16



Figure 17

**WP 21.9** To kick or strike an opponent intentionally or make disproportionate movements with that intent.

*[Note. The offence of kicking or striking can take a number of different forms, including being committed by a player in possession of the ball or by an opposing player; possession of the ball is not a decisive factor. What is important is the action of the offending player, including if the player makes disproportionate movements in an attempt to kick or strike, even if the player fails to make contact.]*

One of the most serious acts of striking is elbowing backwards (figure 19), which can result in serious injury to the opponent. Similarly, serious injury can occur when a player intentionally heads back into the face of an opponent who is marking the player closely. In these circumstances, the referee would also be justified in punishing the offence under WP 21.11 (Brutality) rather than under WP 21.9]

Figure 19



**WP 21.10** To be guilty of misconduct, including the use of unacceptable language, aggressive or persistent foul play, to refuse obedience to or show disrespect for a referee or official, or behaviour against the spirit of the Rules and likely to bring the game into disrepute. The offending player shall be excluded from the remainder of the game, with substitution after the earliest occurrence referred to in WP 21.3, and must leave the competition area.

*[Note. If a player commits any offence mentioned in this rule during the interval between periods, during a timeout, or after a goal, the player shall be excluded for the remainder of the game and a substitute shall be eligible to re-enter immediately prior to the restart of the game as all these situations are considered to be interval time. Play will restart in the normal manner.]*

**WP 21.11** To commit an act of brutality (including to play in a violent manner, kicking, striking or attempting to kick or strike with malicious intent) against an opponent or official, whether during actual play, during any stoppages, timeouts, after a goal has been scored or during intervals between periods of play.

Should this occur during the game the offending player shall be excluded from the remainder of the game and must leave the competition area and a penalty throw awarded to the opposing team. The offending player may be substituted when four minutes of actual play have elapsed.

Should the incident occur during any stoppage, timeout, after a goal or interval between periods of play, the player shall be excluded for the remainder of a game and must leave the competition area. No penalty throw shall be awarded. The offending player

may be substituted when four (4) minutes of actual play have elapsed and play will restart in the normal manner.

If the referee/s call simultaneous brutalities or actions of play in a violent manner on players of opposing teams during play, both players are excluded for the remainder of the game with substitution after four (4) minutes of actual play have elapsed. The team, which had possession of the ball, will first shoot a penalty throw followed by the other team shooting a penalty throw. After the second penalty throw, the team, which had possession of the ball, will restart play with a free throw on or behind the half distance line.

**WP 21.12** In the case of simultaneous exclusion of players of opposing teams during play, both players are excluded for 20 seconds. The 30 second possession clock is reset and play is restarted with a free throw to the team which had possession of the ball. If neither team had possession when the simultaneous exclusions were called, play shall be restarted with a neutral throw.

*[Note. Both players excluded under this Rule, shall be permitted to re-enter at the next earliest occurrence referred to in WP 21.3 or at the next change of possession.*

*If two players have been excluded under this Rule and are eligible to re-enter, the defensive referee may wave in the player as soon as that player is ready to re-enter. The referee does not have to wait until both players are ready to re-enter.]*

**WP 21.13** For an excluded player to re-enter or a substitute to enter the field of play improperly, including:

- (a) without having received a signal from the secretary or referee;
- (b) from any place other than the player's own re-entry area, except where the Rules provide for immediate substitution;
- (c) by jumping or pushing off from the side or wall of the pool or field of play;
- (d) by affecting the alignment of the goal.

If this offence is committed by a player of the team not in possession of the ball, the offending player shall be excluded and a penalty throw awarded to the opposing team. This player receives only one personal foul, which should be marked by the secretary as exclusion penalty.

If this offence is committed by a player of the team in possession of the ball, the offending player shall be excluded and a free throw awarded to the opposing team.

**WP 21.14** To interfere with the taking of a penalty throw. The offending player shall be excluded from the remainder of the game with substitution after the earliest occurrence referred to in WP 21.3 and the penalty throw shall be maintained or re-taken as appropriate.

*[Note. The most common form of interference with a penalty throw is when an opponent aims a kick at the player taking the throw, just as the throw is about to be taken. It is essential for the referees to ensure that all players are at least 2 metres from the*



*thrower, to prevent such interference taking place. The referee should also allow the defending team the first right to take position.]*

**WP 21.15** For the defending goalkeeper to fail to take up the correct position on the goal line at the taking of a penalty throw having been ordered once to do so by the referee. Another defending player may take the position of the goalkeeper but without the goalkeeper's privileges or limitations.

**WP 21.16** When a player is excluded, the exclusion period shall commence immediately when the ball has left the hand of the player taking the free throw or when the ball has been touched following a neutral throw.

**WP 21.17** If an excluded player intentionally interferes with play, including affecting the alignment of the goal, a penalty throw shall be awarded to the opposing team and a further personal foul awarded against the excluded player. If the excluded player does not commence leaving the field of play almost immediately, the referee may deem this to be intentional interference under this Rule.

**WP 21.18** In the event of the game continuing into extra time, the exclusion period of any excluded player shall also continue into the extra time. Personal fouls awarded during the periods of normal time shall also carry forward into extra time and any player excluded under the Rules from the remainder of the game shall not be permitted to take part in any periods of extra time.

## **WP 22 PENALTY FOULS**

**WP 22.1** It shall be a penalty foul to commit any of the following offences (WP 22.2 to WP 22.7), which shall be punished by the award of a penalty throw to the opposing team.

**WP 22.2** For a defending player to commit any foul within the 5 metre area but for which a goal would probably have resulted.

*[Note. In addition to other offences preventing a probable goal, it is an offence within the meaning of this Rule:*

- (a) for a goalkeeper or other defending player to pull down or otherwise displace the goal (figure 20);*
- (b) for a defending player to attempt to block a shot or pass with two hands (figure 21);*
- (c) for a defending player to play the ball with a clenched fist (figure 22);*
- (d) for a goalkeeper or other defending player to take the ball under the water when tackled.*

*It is important to note that while the fouls described above, and other fouls such as holding, pulling back, impeding, etc., would normally be punished by a free throw*

*(and exclusion if appropriate), they become penalty fouls if committed within the 5 metre area by a defending player if a probable goal would otherwise have been scored.]*

Figure 20



Figure 21



Figure 22

**WP 22.3** For a defending player within the 5 metre area to kick or strike an opponent or to commit an act of brutality. In the case of brutality, the offending player shall also be excluded from the remainder of the game, and a substitute may enter the field of play after four minutes of actual play have elapsed, in addition to the award of the penalty throw.

**WP 22.4** For an excluded player intentionally to interfere with play, including affecting the alignment of the goal.

**WP 22.5** For a goalkeeper or any other defending player to pull over the goal completely with the object of preventing a probable goal. The offending player shall also be excluded from the remainder of the game, with substitution after the earliest occurrence referred to in WP 21.3.

**WP 22.6** For a player or substitute who is not entitled under the Rules to participate in the play at that time to enter the field of play. The offending player shall also be excluded from the remainder of the game with substitution. The substitute may enter the field of play after the earliest occurrence referred to in WP 21.3.

**WP 22.7** For the coach of the team not in possession of the ball to request a timeout or for a team official to take any action to prevent a probable goal; except that no personal foul shall be recorded for this offence.

**WP 22.8** If in the last minute of the game a penalty throw is awarded to a team, the coach may elect to maintain possession of the ball and be awarded a free throw. The timekeeper recording possession time shall reset the clock.

*[Note. It is the responsibility of the coach to give a clear signal without delay if the team wishes to maintain possession of the ball in accordance with this Rule.]*

### WP 23 PENALTY THROWS

**WP 23.1** A penalty throw shall be taken by any player of the team to which it is awarded, except the goalkeeper, from any point on the opponents' 5 metre line.

**WP 23.2** All players shall leave the 5 metre area and shall be at least two metres from the player taking the throw. On each side of the player taking the throw, one player of the defending team shall have the first right to take position. The defending goalkeeper shall be positioned between the goal posts with no part of his body beyond the goal line at water level. Should the goalkeeper be out of the water, another player may take the position of the goalkeeper but without the goalkeeper's privileges and limitations.

**WP 23.3** When the referee controlling the taking of the throw is satisfied that the players are in their correct positions the referee shall signal for the throw to be taken, by whistle and by simultaneously lowering the arm from a vertical to a horizontal position.

*[Note. The lowering of the arm at the same time as the signal by whistle makes it possible under any conditions, even amidst noise by spectators, to execute the throw in accordance with the Rules. As the arm is lifted, the player taking the throw will concentrate, for the player knows that the signal will follow immediately.]*

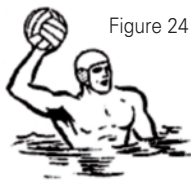
**WP 23.4** The player taking the penalty throw shall have possession of the ball and shall immediately throw it with an uninterrupted movement directly at the goal. The player may take the throw by lifting the ball from the water (figure 23) or with the ball held in the raised hand (figure 24) and the ball may be taken backwards from the direction of the goal in preparation for the forward throw, provided that the continuity of the movement shall not be interrupted before the ball leaves the thrower's hand.

*[Note. There is nothing in the Rules to prevent a player taking the throw with the player's back to the goal while the player adopts a half screw or full screw action.]*

Figure 23



Figure 24



**WP 23.5** If the ball rebounds from the goal post, crossbar or goalkeeper it remains in play and it shall not be necessary for another player to play or touch the ball before a goal can be scored.

**WP 23.6** If at precisely the same time as the referee awards a penalty throw the time-keeper whistles for the end of a period, all players except the player taking the throw

and the defending goalkeeper shall leave the water before the penalty throw is taken. In this situation, the ball shall immediately be dead should it rebound into play from the goal post, crossbar or the goalkeeper.

### **WP 24 PERSONAL FOULS**

**WP 24.1** A personal foul shall be recorded against any player who commits an exclusion foul or penalty foul. The referee shall indicate the offending player's cap number to the secretary.

**WP 24.2** Upon receiving a third personal foul, a player shall be excluded from the remainder of the game with substitution after the earliest occurrence referred to in WP 21.3. If the third personal foul is a penalty foul, the entry of the substitute shall be immediate.

### **WP 25 ACCIDENT, INJURY AND ILLNESS**

**WP 25.1** A player shall only be allowed to leave the water, or sit or stand on the steps or side of the pool during play in the case of accident, injury, illness or with the permission of a referee. A player who has left the water legitimately may re-enter from the re-entry area nearest his own goal line at an appropriate stoppage, with the permission of a referee.

**WP 25.2** If a player is bleeding, the referee shall immediately order the player out of the water with the immediate entry of a substitute and the game shall continue without interruption. After the bleeding has stopped, the player is permitted to be a substitute in the ordinary course of the game.

**WP 25.3** If accident, injury or illness, other than bleeding, occurs, a referee may at the referee's discretion suspend the game for not more than three minutes, in which case the referee shall instruct the timekeeper as to when the stoppage period is to commence.

**WP 25.4** Should the game be stopped through accident, injury, illness, bleeding or other unforeseen reason, the team in possession of the ball at the time of the stoppage shall put the ball into play at the place of stoppage when the play is resumed.

**WP 25.5** Except in the circumstances of WP 25.2 (bleeding), the player shall not be allowed to take further part in the game if a substitute has entered.

## **APPENDIX A INSTRUCTIONS FOR THE USE OF TWO REFEREES**

1. The referees are in absolute control of the game and shall have equal powers to declare fouls and penalties. Differences of opinion of the referees shall not serve as a basis for protest or appeal.
2. The committee or organisation appointing the referees shall have power to designate the side of the pool from which each referee shall officiate. Referees shall change sides of the pool before the start of any period when the teams do not change ends.

3. At the start of the game and of each period, the referees will position themselves on the respective five (5) metre line. The starting signal shall be given by the referee on the same side as the official table.
4. After a goal, the signal to restart shall be given by the referee who was controlling the attacking situation when the goal was scored. Before restarting, the referees shall ensure that any substitutions have been completed.
5. Each referee shall have the power to declare fouls in any part of the field of play but each referee shall give their primary attention to the offensive situation attacking the goal to their right. The referee not controlling the attacking situation (the defensive referee) shall maintain a position no closer to the goal being attacked than that player of the attacking team furthest back from the goal.
6. When awarding a free throw, goal throw or corner throw, the referee making the decision shall blow the whistle and both referees shall indicate the direction of the attack, to enable players in different parts of the pool to see quickly which team has been awarded the throw. The referee making the decision shall point to where the throw is to be taken if the ball is not at that position. Referees shall use the signals set out in Appendix B to indicate the nature of the fouls which they are penalising.
7. If, in the referee's opinion, a player persists in playing in an unsporting manner or engages in simulation, the referee shall issue a yellow card to the offending player. Should the action continue, the referee will issue the player with a red card visible to both the field of play and the table as this is deemed to be misconduct. The referee then signals the excluded player's cap number to the table.
8. The signal for a penalty throw to be taken shall be made by the attacking referee, except that a player who wishes to take the throw with the left hand may request the defensive referee to make the signal.
9. When simultaneous free throws are awarded by both referees to the same team, the award shall go to the player awarded the throw by the attacking referee.
10. When simultaneous awards are made for ordinary fouls but for opposing teams, the award shall be a neutral throw, to be taken by the attacking referee.
11. When simultaneous awards are made by both referees and one is for an ordinary foul and the other is for an exclusion foul or penalty foul, the exclusion foul or penalty foul award shall be applied.
12. When players of both teams commit an exclusion foul simultaneously during play, the referees shall call the ball from the water and make sure both teams and the secretaries know who is excluded. The 30 second possession clock is reset and play is restarted with a free throw to the team which had possession of the ball. If neither team had possession when the simultaneous exclusions were called, play shall be restarted with a neutral throw.
13. In the event of simultaneous awards of penalty throws to both teams, the first throw shall be taken by the team last in possession of the ball. After the second penalty

throw has been taken, the game will restart with the team which had possession of the ball receiving a free throw at on or behind the half distance line.

## APPENDIX B SIGNALS TO BE USED BY OFFICIALS



- Fig. A** The referee lowers the arm from a vertical position to signal (i) the start of the period (ii) to restart after a goal (iii) the taking of a penalty throw.
- Fig. B** To point with one arm in the direction of the attack and to use the other arm to indicate the place where the ball is to be put into play at a free throw, goal throw or corner throw.
- Fig. C** To signal a neutral throw. The referee points to the place where the neutral throw has been awarded, points both thumbs up and calls for the ball.
- Fig. D** To signal the exclusion of a player. The referee points to the player and then moves the arm quickly towards the boundary of the field of play. The referee then signals the excluded player's cap number so that it is visible to the field of play and the table.
- Fig. E** To signal the simultaneous exclusion of two players. The referee points with both hands to the two players, signals their exclusion in accordance with Fig. D, and then immediately signals the players' cap numbers.
- Fig. F** To signal the exclusion of a player for misconduct. The referee signals exclusion in accordance with Fig. D (or Fig. E if appropriate) and then rotates the hands round one another in such a way that is visible to both the field of play and the table in addition to issuing the player with a red card. The referee then signals the excluded player's cap number to the table.
- Fig. G** To signal the exclusion of a player with substitution after four (4) minutes. The

referee signals exclusion in accordance with Fig. D (or Fig. E if appropriate) and then crosses the arms in such a way that is visible to both the field of play and the table in addition to issuing the player with a red card. The referee then signals the excluded player's cap number to the table.

- Fig. H** To signal the award of a penalty throw. The referee raises an arm with five fingers in the air. The referee then signals the offending player's cap number to the table.
- Fig. I** To signal that a goal has been scored. The referee signals by whistle and by immediately pointing to the centre of the field of play.
- Fig. J** To indicate the exclusion foul of holding an opponent. The referee makes a motion holding the wrist of one hand with the other hand.
- Fig. K** To indicate the exclusion foul of sinking an opponent. The referee makes a downward motion with both hands starting from a horizontal position.
- Fig. L** To indicate the exclusion foul of pulling back an opponent. The referee makes a pulling motion with both hands vertically extended and pulling towards his body.
- Fig. M** To indicate the exclusion foul of kicking an opponent. The referee makes a kicking movement.
- Fig. N** To indicate the exclusion foul of striking an opponent. The referee makes a striking motion with a closed fist starting from a horizontal position.
- Fig. O** To indicate the ordinary foul of pushing or pushing off from an opponent. The referee makes a pushing motion away from the body starting from a horizontal position.
- Fig. P** To indicate the ordinary foul of impeding an opponent. The referee makes a crossing motion with one hand horizontally crossing the other.
- Fig. Q** To indicate the ordinary foul of taking the ball under the water. The referee makes a downward motion with a hand starting from a horizontal position.
- Fig. R** To indicate the ordinary foul of standing on the bottom of the pool. The referee raises and lowers one foot.
- Fig. S** To indicate the ordinary foul of undue delay in the taking of a free throw, goal throw or corner throw. The referee raises a hand once or twice with the palm turned upwards.
- Fig. T** To indicate a violation of the two-metre Rule. The referee indicates the number 2 by raising the fore and middle fingers in the air with the arm vertically extended.
- Fig. U** To indicate the ordinary fouls of wasting time and expiry of 30 seconds' possession. The referee moves a hand in a circular motion two or three times.
- Fig. V** By a goal judge to signal for the start of a period.
- Fig. W** By a goal judge to signal an improper start, restart or improper re-entry of an excluded player or substitute.

**Fig. X** By a goal judge to signal a goal throw or corner throw.

**Fig. Y** By a goal judge to signal a goal.

**Fig. Z** To indicate a player's cap number. To enable the referee to communicate better with the players and the secretary, signals are made using both hands if appropriate where the number exceeds five. One hand shows five fingers with the other hand showing additional fingers to make up the sum of the player's number. For the number ten, a clenched fist is shown. If the number exceeds ten, one hand is shown as a clenched fist with the other hand showing additional fingers to make up the sum of the player's number.

## **APPENDIX C REGULATIONS FOR DISCIPLINARY ACTIONS IN WATER POLO**

**PREAMBLE:** These Regulations contain basic regulations for fair play, ethical and moral behaviour, and general discipline in Water Polo.

These Regulations include measures related to incidents involving teams, water polo Federations, water polo sections of Member Federations, players, team leaders and officials, supporters, spectators but also involving officials or any other persons present at water polo matches.

The Regulations shall be in force from 1 August 2001 and replace the Code adopted by the FINA Bureau on 28th March 2001.

The purpose of these Regulations are to guarantee that the sport of Water Polo will be played in a fair manner without disturbance and to sanction incidents, which damage the image of Water Polo or bring it into disrepute.

### **Article 1. SUBORDINATE AND SUPPLEMENTARY TO FINA RULES**

- 1.1 These Regulations are subordinated and supplementary to all FINA Rules adopted by the FINA Congresses from time to time and the FINA Code of Conduct.

### **Article 2. OFFENCES BY OFFICIALS**

- 2.1 The sanctions to be imposed for offences committed by any person appointed by FINA as delegate, referee, goal judge or serving at the table at any water polo match shall be suspension from participating further in the tournament in which the match occurred and a report shall be made to the FINA Bureau, or if the Bureau is not assembled, to the FINA Executive, for consideration of additional sanctions.
- 2.2 If a person, appointed by FINA as a delegate, referee, goal judge or serving at the table at a water polo match, commits an offence referred to in these Regulations or the FINA Code of Conduct and involving cheating or partiality, the person shall be suspended up to life.



**Article 3. OFFENCES AGAINST OFFICIALS**

- 3.1** Any offence committed by any member of a team or team official shall result in a minimum suspension of one (1) match up to a maximum suspension of all water polo matches for one (1) year period.
- 3.2** If the offence includes violence resulting in serious injury, use of any hard object or any other kind of violence against the body, the minimum suspension shall be for all water polo matches for one (1) year period up to a maximum of a lifetime suspension from water polo matches.
- 3.3** If the offence is an attempt to commit an offence referred to in 3.2, the minimum suspension shall be three (3) matches up to a maximum suspension of all water polo matches for one (1) year period.
- 3.4** Offences in 3.1, 3.2 and 3.3 involve acts committed from 30 minutes before the beginning of the match until 30 minutes after the end of the match.
- 3.5** If an offence referred to in 3.1, 3.2 or 3.3 is committed by any person other than a player or team official, the minimum sanction shall be a warning or exclusion from the venue up to a maximum sanction of suspension of the right to attend water polo matches for any period up to, and including, life.
- 3.6** The minimum sanction for any offence under Article 3 may be increased for a second or subsequent offence by any individual.

**Article 4. OFFENCES AGAINST TEAM MEMBERS OR TEAM OFFICIALS**

- 4.1** For brutality, or any offence not covered in FINA Rules WP 20-22 committed by a player against other players or team officials, the minimum suspension shall be for one (1) match up to a maximum of all water polo matches for a one (1) year period.
- 4.2** If the offence is committed by a team official against any player or team official, the minimum suspension shall be one (1) match up to a maximum of a lifetime suspension from water polo matches.
- 4.3** If the offence is committed by any other person, the minimum sanction shall be expulsion from the venue up to a maximum of a suspension of the right to attend water polo matches for any period up to, and including, life.
- 4.4** The minimum sanction for any offence under Article 4 may be increased for a second or subsequent offence by any individual.

**Article 5. OTHER OFFENCES**

- 5.1** For any offence committed by any team member or team official against media representatives, spectators, pool staff or any other person present in the venue at the time of a match, the minimum suspension shall be from all water polo matches for a one (1) year period up to a maximum of suspension of the right to attend competitions for any period up to, and including, life.

- 5.2** For oral or written statements of an abusive kind or nature and directed against FINA, any Federation, any organiser, authority or any other person, and which are not elsewhere covered in this Code, the minimum sanction shall be suspension for a period of six (6) months up to a maximum suspension for life.
- 5.3** The minimum sanction for any offence under Article 5 may be increased for such period as the Management Committee deems appropriate.

**Article 6. OFFENCES COMMITTED BY TEAMS**

- 6.1** If more than three members of the same team, including team officials, commit offences sanctioned in accordance with Articles 3, 4 or 5 in the same match, that team shall be sanctioned with disqualification from that match and a minimum suspension from the next match in the tournament to a maximum suspension from taking part in any competition organised by the same body for a period of one (1) year.
- 6.2** Suspension in 6.1 means that the match or matches for which the team has been suspended shall be awarded to the opponent(s) with the goal score of 5-0.

**Article 7. PROCEDURES FOR IMPOSING SANCTIONS**

- 7.1** Sanctions for offences in 3.1 and 3.5 shall be imposed by the Management Committee within 24 hours after the end of the match, with immediate notification to the player(s), team official(s), or other person(s) suspended.
- 7.2** The Management Committee shall have the right to provisionally suspend any person or team who has committed offences in 2.1, 2.2, 3.2, 3.3, 4.1, 4.2, 4.3 5.1, 5.2, and 6.1, subject to immediate written submission of the case to the FINA Bureau or, Board of the Organising body.
- 7.3** Sanctions in accordance with 2.1, 2.2, 3.2, 3.3, 3.5, 4.1, 4.2, 4.3, 4.4, 5.1, 5.2, 5.3, and 6.1 shall be imposed by the Board of the Organising body.
- 7.4** Sanction involving disqualification and suspension of a team from one or more matches in the same tournament shall be imposed by the Management Committee within 24 hours after the end of the match and immediate notification to the team officials, the Federation of the team and the Board of the Organising body.
- 7.5** Sanctions involving suspension of a team in accordance with 6.1 for a period covering more than the actual tournament shall be imposed by the Board of the Organising body.
- 7.6** As used in these Regulations "suspension" for offences other than in 3.1, 3.2, 3.5 and 4.1 shall mean, as may be specified by the Board of the Organising body, from competitions or that the individual sanctioned shall not participate in any or certain activities of FINA, the recognised continental organisations or any of FINA's Member Federations, in any discipline of FINA including acting as a competitor,

delegate, coach, leader, physician or other representative of FINA, a recognised continental organisation or a Member Federation. A suspension shall take effect from the date specified by the competent authority.

- 7.7** If a player or team official is suspended from a specific match, the team shall have the number of players or team officials on the bench reduced accordingly; provided that there is at least one (1) team official on the bench.

### **Article 8. BURDEN OF PROOF**

- 8.1** Referees, match officials or the competition management shall have the burden of establishing that offences in the Water Polo Rules and these Regulations have occurred.

### **Article 9. CONSIDERATION**

- 9.1** In imposition of any sanction, the nature of the offence, the circumstances under which it occurred, the gravity of the offence, the character of the action and other consideration that is in harmony with the objectives of FINA must be taken into account.

### **Article 10. APPEALS**

- 10.1** An individual sanctioned by the Management Committee may appeal to the Board of the Organising body within 21 days from the date of receipt of the decision including a sanction of the appealing party and further in accordance with the rules of the body concerned.

## **AGE GROUP RULES - WATER POLO**

**WPAG 1** All age group competitors remain qualified from 1 January to the following 31 December at their age at the close of day (12 midnight) on 31 December of the year of competition.

**WPAG 2** Age grouping for Water Polo for boys and girls are as follows:  
15 years of age and under  
16, 17 and 18 years of age  
19 and 20 years of age

The age for Junior World Championships is 18 years and under and 20 years and under.



## PART VII

### FINA SYNCHRONISED SWIMMING RULES 2009 – 2013

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# SYNCHRONISED SWIMMING

**SS 1** All international Synchronised Swimming competitions shall be held under FINA rules.

**SS 2** The events of Synchronised Swimming are Solos, Duets, Teams and Combination.

**SS 3** Competitors in Synchronised Swimming younger than fifteen (15) years of age (on December 31<sup>st</sup> on the year of the competition) shall not be permitted to compete at the Olympic Games, World Championships or World Cups.

## **SS 4 SESSIONS**

### **SS 4.1 Figures**

Each competitor must perform four (4) figures as described in the Appendix V of these rules.

The Senior Figures, the Junior Figures and the Age Group Figures will be selected by the TSSC every four (4) years, subject to the approval of the FINA Bureau.

### **SS 4.2 Technical Routine: Preliminaries / Finals**

In the Technical Routine each Solo, Duet and Team must perform the required elements described in the Appendix VI of these rules. The required elements are selected by the TSSC every four (4) years, subject to approval by the FINA Bureau.

### **SS 4.3 Free Routine: Preliminaries / Finals**

Each Solo, Duet and Team must perform the Free Routine, which may consist of any listed figures, strokes and / or parts thereof to music.

Free Routines have no restrictions as to choice of music, content or choreography.

### **SS 4.4 Combination: Preliminaries / Finals**

Combination has a maximum of ten (10) competitors who make a combination of routines.

## **SS 5 PROGRAMMES**

**SS 5.1** For Olympic Games, Teams: Technical Routine and Free Routine, with Free Routine draw according to SS 13.4.1.

For Olympic Games, Duets: Technical Routine, Free Routine Preliminary and Free Routine Final.

**SS 5.2** For World Championships: Technical Routines Preliminaries, Technical Routines Finals, Free Routine Preliminaries, Free Routine Finals, Combination Preliminary and Combination Final.

**SS 5.3** For FINA Synchronised Swimming World Cup: see BL 10.4.1

For FINA Synchronised Swimming World Trophy: see BL 10.4.2

**SS 5.4** For World Junior Championships, in this order: Free Routines Preliminaries, Combination Preliminary (time limits as listed in SSAG 6), Junior Figures (see Appendix V), Free Routine Finals and Combination Final.

**SS 5.5** For all other international competitions the programme may be any combination of SS 4.1 – SS 4.3 so that the Free Routine is included. The Combination may be included.

**SS 6 ENTRIES**

**SS 6.1** For Olympic Games, Junior World Championships, Continental and Regional Championships and FINA competitions each country shall be entitled to enter one Solo, one Duet, one Team and one Combination (unless otherwise specified).

**SS 6.1.1** In World Championships each country shall be entitled to enter one Technical Solo, one Free Solo, one Technical Duet, one Free Duet, one Technical Team, one Free Team and one Combination. A competitor may compete in all seven events.

**SS 6.1.2** In all other competitions, by mutual agreement of all participating federations, more than one Solo, more than one Duet, more than one Team and more than one Combination shall be allowed.

**SS 6.1.3** A competitor shall be permitted to swim one Solo, one Duet, one Team and one Combination (unless otherwise specified).

**SS 6.2 Team and Combination Routines:**

**SS 6.2.1** For Olympic Games, team routines shall consist of eight (8) competitors. The total number of competitors entered by each Federation (unless otherwise specified) may not exceed nine (9) competitors.

**SS 6.2.2** For World Championships and FINA competitions, team routines shall consist of eight (8) competitors and ten (10) for Combination. The total number of competitors entered by each Federation (unless otherwise specified) may not exceed twelve (12) competitors.

**SS 6.3** Entry forms must be received by the secretary or deputy of the meet at least seven (7) days prior to the start of the competition. After this date no entries will be accepted.

**SS 6.3.1** The entry shall designate the name of the Solo and the reserve, the names of the Duet competitors and a maximum of one reserve, the names of Team competitors and maximum two reserves and the names of the competitors in Combination and two reserves.

For World Championships: The name of the Technical Solo and the reserve, the name of the Free Solo and the reserve, the names of the Technical Duet competitors and a maximum one reserve, the names of the Free duet competitors and a maximum one reserve, the names of the Technical Team competitors and the two reserves, the names of the Free Team competitors and the two reserves, and the names of the competitors in the Combination and the two reserves.

For FINA Synchronised Swimming World Cup: see BL 10.4.1

For FINA Synchronised Swimming World Trophy see BL 10.4.2

**SS 7 PRELIMINARIES AND FINALS**

**SS 7.1** If there are more than twelve (12) entries in any Free Routine or Combination,

preliminaries shall be held. Only the twelve (12) best results shall be allowed in the official finals.

**SS 7.1.1** In World Championships: Applies also for Technical Routines.

**SS 7.2** If there are less than thirteen (13) entries in any Free Routine or Combination, preliminaries may be held.

**SS 7.2.1** In World Championships: Applies also for Technical Routines.

**SS 7.3** This information must be included on the information sheet (see SS 24.2.7).

## **SS 8 FIGURE SESSION**

**SS 8.1** Only one figure session shall be held.

**SS 8.2** Competitors in competitions other than World Junior Championships and FINA competitions, continental Championships and regional Championships may, by mutual consent, choose from the Age Group figures (see Appendix V) for the level of ability of the competitors entered in the competition.

**SS 8.3** For the Figure session one group of Figures shall be drawn by the Management Committee.

**SS 8.3.1** The draw shall be made eighteen (18) to seventy-two (72) hours before the start of the Figure Session.

**SS 8.3.2** The draw shall be public.

**SS 8.4** The order of appearance for figures shall be decided by lot. The draw shall take place at least twenty-four (24) hours before the first part of the competition and shall be public. Place and time shall be announced at least twenty-four (24) hours in advance.

**SS 8.4.1** For FINA competitions preswimmers are recommended for figures.

**SS 8.5** Swimwear for the figure session must be according to FINA rule GR 5. It shall be black and competitor shall wear white cap. Goggles and nose clips may be worn. Jewellery is not allowed.

## **SS 9 FIGURE PANELS**

**SS 9.1** When qualified judges are available in sufficient numbers one (1), two (2) or four (4) panels of six (6) or seven (7) judges may officiate.

**SS 9.1.1** When one (1) panel of judges is used, all competitors shall perform the four (4) figures one by one in the listed order.

**SS 9.1.2** When two (2) panels of judges are officiating, each panel shall judge two (2) figures.

**SS 9.1.3** When four (4) panels of judges are officiating, each panel shall judge one (1) figure.



**SS 9.2** During the Figure session, the judges shall be placed in such elevated positions as to have a profile view of the competitors.

**SS 9.2.1** All figures shall commence at a signal from the referee or assistant referee.

**SS 9.2.2** On a signal from the referee or assistant referee all judges shall simultaneously flash their score.

**SS 9.2.3** Judges scores may only be flashed on the score board or be sent to the computer after approval by the referee or the appointed official.

## **SS 10 JUDGEMENT OF FIGURES**

**SS 10.1** All judgements are made from the standpoint of perfection.

Design: Consider: the accuracy of positions and transitions as specified in figure description.

Control: Consider: extension, height, stability, clarity, uniform motion, unless otherwise specified in the figure description.

Figures are executed in a stationary position (unless otherwise specified in the figure description).

**SS 10.1.1 The competitor can obtain points from 0 – 10 using 1/10<sup>th</sup> points.**

|                   |            |
|-------------------|------------|
| Perfect           | 10         |
| Near perfect      | 9.9 to 9.5 |
| Excellent         | 9.4 – 9.0  |
| Very Good         | 8.9 – 8.0  |
| Good              | 7.9 – 7.0  |
| Competent         | 6.9 – 6.0  |
| Satisfactory      | 5.9 – 5.0  |
| Deficient         | 4.9 – 4.0  |
| Weak              | 3.9 – 3.0  |
| Very weak         | 2.9 – 2.0  |
| Completely failed | 0          |

**SS 10.2** If a judge by reason of illness or other unforeseen circumstances has made no award for any one figure, the average of the awards of the other five (5) or six (6) judges shall be computed and shall be considered as that of the missing award. This shall be calculated to the nearest 0.1 point.

## **SS 11 PENALTIES IN FIGURE SESSIONS**

**SS 11.1** A two (2) point penalty shall be deducted (see SS 12.2).

**SS 11.1.1** A competitor stops voluntarily and requests to do the figure again.

**SS 11.1.2** A competitor does not perform the announced figure, or if the figure does not have all the required elements, the assistant referee shall advise the judges and the competitor. The competitor shall have another opportunity to perform the announced figure.

**SS 11.2** If the competitor makes the same or another mistake or does not attempt to perform the figure again, then the result of this figure will be zero.

**SS 12 CALCULATION OF THE FIGURE RESULT**

**SS 12.1** The highest and the lowest awards are cancelled (one of each). The four (4) or five (5) awards are added, the sum divided by four (4) or five (5). The result is multiplied by the degree of difficulty, to obtain the score for each of the four figures.

**SS 12.2** The sum of the four figures shall be divided by the total of the degree of difficulty of the group and multiplied by 10, and then the penalties shall be deducted.

**SS 12.3** The figure result shall be:

**SS 12.3.1** For Solo the result shall be obtained according to SS 12.2.

**SS 12.3.2** For Duets – for each competitor the result shall be obtained according to SS 12.2. These results shall be added and divided by two (2) to find the average score (round off to the fourth decimal places).

**SS 12.3.3** For Teams – for each competitor who swims a team routine the result shall be obtained according to SS 12.2. These results shall be added and the total divided by the number of competitors on the team to find out the average score (round off to the fourth decimal places).

**SS 12.3.4** If a competitor after the preliminaries in Duet or Team is not able to swim figures (due to illness or injury), in Duet the figure score of the reserve is used to determine the total score for the duet: in Team, the higher figure score of the two reserves is used to determine the total score for the team.

**SS 13 ROUTINE SESSIONS**

**SS 13.1** A team shall consist of at least four (4) but not more than eight (8) competitors (for the exceptions, see SS 6.2). The number of team competitors may not change between Preliminary and Finals or Technical and Free Routines.

**SS 13.2** In Combination, at least two (2) parts must have fewer than three (3) competitors and at least two (2) parts must have four (4) to ten (10) competitors. Start of the first part of the routine may be on the deck or in the water. All of the following parts must start in the water. A new part begins where the previous part ends.

**SS 13.3** In Duet, Team and Combination events competitors who are listed on the entry according to rule SS 6.3.1 may be interchanged before routine sessions.

**SS 13.3.1** Any changes of the names of the competitors from the most recent entry lists must be handed to the referee in writing at least two hours prior to the published start time of routine number one. This time must be published in the official competition schedule. Changes after this can only be made in case of sudden illness or accident of a competitor and if the reserve is ready to compete without delaying the competition. The final decision in such a situation shall be made by the referee.

**SS 13.3.2** If the lack of the reserve reduces the Team or Combination size to less than that defined in SS 6.2, SS 13.1 or SS 13.2 the team shall be disqualified.

**SS 13.3.3** Failure to notify the Referee of substitution and / or scratching according to the rule SS 13.3.1 shall result in disqualification of the routine.

**SS 13.4** The order of appearance for Technical Routines, Free Routines Preliminaries or Combination Preliminaries shall be decided by lot. The draw shall take place at least eighteen (18) hours before the first part of the competition and shall be public. Place and time shall be announced at least twenty-four (24) hours in advance.

**SS 13.4.1** The order of the draw shall be Teams, Combination, Duets and Solos Preliminaries. For competitions involving both Technical and Free Routines, the draw for the event's Technical Routine shall first be held followed by the Free Routine Draw (Team Technical, Team Free Preliminary, Combination Preliminary, Duet Technical, Duet Free Preliminary, Solo Technical, Solo Free Preliminary).

**SS 13.4.2** When a federation draws start number one (1) in a Technical Routine or Free Routine Preliminary or Combination Preliminary, this federation shall be exempted from start number one (1) the Technical Routine, Free Routine Preliminary or Combination Preliminary.

**SS 13.4.3** For FINA competitions preswimmers are recommended for Technical Routines, Free Routines and Combinations.

**SS 13.5** After the Figures and/or Technical Routines and Free routines Preliminaries and Combination Preliminary the first twelve (12) by total score (see 20.2) shall compete in the finals.

Exception: In World Championships: After each Technical / Free Routine / Combination the twelve best will compete in the respective Final.

**SS 13.5.1** The order of appearance in the finals shall be determined by lot in groups of six competitors. Those who placed 1-6 per SS 13.5 shall draw for start numbers 7 – 12; those who placed 7 – 12 per SS 13.5 shall draw for start numbers 1-6. If the number of the competitors is not divisible by six (6), the smallest group must start first.

At the Olympic Games the draw for order of appearance for the Team Free Routine shall be in two (2) groups of four (4).

**SS 13.5.2** For the final draw: the highest qualifier in each group shall draw first, with the next qualifiers drawing in order of placement. If there is a tie for the placement within the same group of six, the names of the tied competitors shall be drawn by lot to determine the competitor to draw first for order of swim. If there is a tie for places 6 and 7 (different groups), those routines will form their own group in the draw (1-5, 6-7, 8-12).

**SS 13.6** In routines the swimwear must conform to GR 5 and be appropriate for Synchronised Swimming competitions. The use of accessory equipment, goggles or additional clothing is not permitted unless required by medical reasons. Nose clips or plugs may be worn. Jewellery is not allowed.

**SS 13.6.1** In the event that the referee thinks a competitor(s) swimwear does not conform to GR 5 and SS 13.6 the competitor will not be permitted to compete until changing into appropriate swimwear.

## **SS 14 TIME LIMITS FOR ROUTINES**

**SS 14.1** Time limits for Technical Routines and Free Routines including ten (10) seconds for deck movement:

|                  |                          |                      |
|------------------|--------------------------|----------------------|
| <b>SS 14.1.1</b> | Technical Routine Solos: | 2 minutes 00 seconds |
|                  | Free Routine Solos:      | 3 minutes 00 seconds |
| <b>SS 14.1.2</b> | Technical Routine Duets: | 2 minutes 20 seconds |
|                  | Free Routine Duets:      | 3 minutes 30 seconds |
| <b>SS 14.1.3</b> | Technical Routine Teams: | 2 minutes 50 seconds |
|                  | Free Routine Teams:      | 4 minutes 00 seconds |
| <b>SS 14.1.4</b> | Combination:             | 4 minutes 30 seconds |

**SS 14.1.5** There shall be an allowance of fifteen (15) seconds less or plus the allotted time for Technical Routines, Free Routines and Combination.

**SS 14.1.6** In routine events, the walk-on of the competitors from the designated starting point to achievement of a stationary position(s) may not exceed 30 seconds. Timing shall commence when the first competitor passes the starting point and end when the last competitor becomes stationary.

**SS 14.1.7** In routine events, when the Routine starts in the water, the time allowance for the competitors to achieve a stationary starting position in the water shall not exceed 30 seconds. Timing shall commence when the first competitor moves past the starting point and end when the last competitor assumes a starting position.

**SS 14.1.8** Age Group time limits – see SSAG 6.

**SS 14.2** Timing of the routines shall start and finish with the accompaniment. Timing of the deck movements shall end as the last competitor leaves the deck. Routines may start on the deck or in the water, but they must finish in the water.

**SS 14.3** The accompaniment and judging shall begin upon a signal from the referee or appointed official. After the signal the competitor(s) must perform the routine without interruption (see SS 18.4).

**SS 14.4** The timers shall check the overall time of the routine as well as that of the deck movements. The times shall be recorded on the score sheet. If the time limit is exceeded for the deck work or there is a deviation from the routine time limit allowance (see SS 14.1) the timer shall advise the referee or the appointed official designated by the referee.

**SS 15 MUSIC ACCOMPANIMENTS**

**SS 15.1** The Sound Center Manager shall be responsible for the securing and properly presenting the accompaniment for each routine.

**SS 15.2** For FINA competitions a decibel (sound level) meter shall be used to monitor the sound level and ensure that no person is exposed to average sound levels exceeding 90 decibels (rms) or momentary peak sound levels exceeding 100 decibels.

**SS 15.3** Team Managers / Coaches are responsible for individually labeling tapes and/or discs (Minidisc or CD or DAT) as to speed, name of the competitor and country. Each competitor is entitled to trial test of a part of her music accompaniment prior to her start to adjust the volume and speed. If the sound reproduction is not working during the competition, the Team Manager is entitled to bring another copy immediately to the Sound Centre Manager. If it also fails to work, then the competitor(s) will have a one (1) point penalty. In case the tapes, Minidisc, CD or DAT are sent before the competition at the final entry date to the Management Committee, the Sound Center Manager will be responsible for correct execution of the music.

**SS 16 ROUTINE PANELS**

**SS 16.1** When qualified judges are available in sufficient number, two panels of six (6) or seven (7) judges must officiate: in Free Routines and Combination one for Technical Merit and one for Artistic Impression and in Technical Routines one for Execution and one for Overall Impression.

**SS 16.2** During routine sessions the judges shall be placed in elevated positions on opposite sides of the pool.

**SS 16.3** At the completion of each routine the judges record their scores on judging papers provided by the meet Management Committee. These judging papers shall be collected before the scores are flashed and shall be the accepted score in case of error or dispute.

**SS 16.3.1** On a signal of the referee (or assistant referee) all judges will simultaneously flash their scores.

**SS 16.4** If a judge by reason of illness or other unforeseen circumstances has made no award for a routine, the average of the awards of the other five (5) or six (6) judges shall be computed and shall be considered as the award. This shall be calculated to the nearest 0.1 point.

**SS 16.5** After approval by the referee or the appointed official, judges scores may be flashed on the score board or be sent to the computer.

**SS 17 JUDGEMENT OF ROUTINES**

**SS 17.1** In Routines the competitor can obtain points from 0 – 10 using 1/10<sup>th</sup> points.

|              |            |
|--------------|------------|
| Perfect      | 10         |
| Near perfect | 9.9 to 9.5 |
| Excellent    | 9.4 – 9.0  |
| Very Good    | 8.9 – 8.0  |

## SYNCHRONISED SWIMMING

|                     |           |
|---------------------|-----------|
| Good                | 7.9 – 7.0 |
| Competent           | 6.9 – 6.0 |
| Satisfactory        | 5.9 – 5.0 |
| Deficient           | 4.9 – 4.0 |
| Weak                | 3.9 – 3.0 |
| Very weak           | 2.9 – 2.0 |
| Hardly recognizable | 1.9 – 0.1 |
| Completely failed   | 0         |

**SS 17.2** In Free Routine and Combination two scores shall be awarded 0 – 10 points each (see SS 17.1)

All the following percent arrays are subject of decision of the TSSC.

### **SS 17.2.1** First Score – Technical Merit Score

| Consider   | Solo | Duet | Team | Combination |
|--|------|------|------|-------------|
| EXECUTION, of strokes, and parts thereof; propulsion techniques, precision of patterns | 50%  | 40%  | 40%  | 40%         |
| SYNCHRONISATION; on with another and with music  | 10 % | 30%  | 30%  | 30%         |
| DIFFICULTY of strokes, figures and parts thereof, patterns, synchronisation            | 40%  | 30%  | 30%  | 30%         |

### **SS 17.2.2** Second Score – Artistic Impression Score

| Consider  | Solo | Duet | Team | Combination |
|---|------|------|------|-------------|
| CHOREOGRAPHY, variety, creativity, pool coverage, patterns, transitions | 50%  | 50%  | 50%  | 60%         |
| MUSIC INTERPRETATION, use of music                                      | 20%  | 30%  | 30%  | 30%         |
| MANNER OF PRESENTATION, total command                                   | 30%  | 20%  | 20%  | 10%         |

**SS 17.2.3** In the Olympic Games, World Championships and World Cups, for the Free Routine and Combination sessions, each judge shall award three scores, from 0-10 points each (see SS 17.1). Technical Merit judges shall enter scores for Execution, Synchronisation and Difficulty. Artistic Impression judges shall enter scores for Choreography, Music Interpretation, and Manner of Presentation. The scorers shall calculate the Technical Merit scores of each judge (see SS 17.2.1) and Artistic Impression scores of each judge (see SS 17.2.2).

Example:

For the Olympic Games, World Championships and World Cups, the scorers shall calculate the total score for each individual judge by multiplying the judge's score

## SYNCHRONISED SWIMMING

for the component times the weighting for that component (see SS 17.2.1, SS 17.2.2 and 17.3.2). The component scores for the judge shall be added together to get the score for that judge (to two decimal places).

| TECHNICAL MERIT EXAMPLE |    |     |      | ARTISTIC IMPRESSION EXAMPLE |    |     |      |
|-------------------------|----|-----|------|-----------------------------|----|-----|------|
| JUDGE 1                 |    |     |      | JUDGE 1                     |    |     |      |
| CAT                     | %  |     |      | CAT                         | %  |     |      |
| E                       | 40 | 9.4 | 3.76 | C                           | 50 | 9.5 | 4.75 |
| S                       | 30 | 9.5 | 2.85 | MI                          | 30 | 9.5 | 2.85 |
| D                       | 30 | 9.4 | 2.82 | MP                          | 20 | 9.4 | 1.88 |
| 9.43                    |    |     |      | 9.48                        |    |     |      |

### SS 17.3 Technical Routines

For Technical Routines two scores shall be awarded, 0 to 10 points each (see SS 17.1.) All the following percent arrays are subject of decision of the TSSC.

#### SS 17.3.1 First score - Execution

Consider:

Execution of required elements: 70%

Execution of rest of the routine: 30%

#### SS 17.3.2 Second score – Overall Impression

Consider:

|  |      |      |      |
|--|------|------|------|
|  | Solo | Duet | Team |
|--|------|------|------|

|                            |     |     |     |
|----------------------------|-----|-----|-----|
| Choreography, use of music | 40% | 40% | 40% |
|----------------------------|-----|-----|-----|

|                 |     |     |     |
|-----------------|-----|-----|-----|
| Synchronisation | 10% | 20% | 30% |
|-----------------|-----|-----|-----|

|            |     |     |     |
|------------|-----|-----|-----|
| Difficulty | 30% | 30% | 20% |
|------------|-----|-----|-----|

|                        |     |     |     |
|------------------------|-----|-----|-----|
| Manner of presentation | 20% | 10% | 10% |
|------------------------|-----|-----|-----|

**SS 17.3.3** In the Olympic Games, World Championships and World Cups, for the Technical Routine session, the Execution judges shall record an individual score for each required element. The scorers shall calculate the Execution scores. In addition to the required elements, the Execution judges shall also consider the strokes, other figures and parts thereof, propulsion techniques and the precision of patterns.

Execution of required elements (Solo, Duet, Team) = 70%

Execution of the rest of the routine (Solo, Duet, Team) = 30 %.

Example for Element Score Calculation:

For the Olympic Games, World Championships and World Cups, the scorers shall calculate the Required Element score for each judge by adding the judge scores for the elements, dividing by the number of elements, multiplying by 0.7 and rounding the result to four decimal places. The judge score for the rest of the routine shall be multiplied by 0.3.

Judge's Execution Score = (Required element score \*0.7) + (Rest of Routine score \*0.3)

#### EXECUTION EXAMPLE

##### REQUIRED ELEMENTS

|    |   |     |      |
|----|---|-----|------|
| #1 | 1 | 9.3 | 9.30 |
| #2 | 1 | 8.4 | 8.40 |

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|       |      |     |        |
|-------|------|-----|--------|
| #3    | 1    | 8.1 | 8.10   |
| #4    | 1    | 8.7 | 8.70   |
| #5    | 1    | 9.2 | 9.20   |
| #6    | 1    | 9.2 | 9.20   |
| #7    | 1    | 8.7 | 8.70   |
|       | 7.0  |     | 61.60  |
|       | Norm |     | 8.8000 |
| elem  | 70%  |     | 6.1600 |
| rest  | 30%  | 9.0 | 2.7000 |
| TOTAL | 100% |     | 8.8600 |

**SS 17.3.4** In the Olympic Games, World Championships and World Cups, for the Technical Routine session, the Overall Impression judges shall record an individual score for each component (Choreography and Use of Music, Synchronisation, Difficulty and Manner of Presentation). The scorers shall calculate the Overall Impression scores.

### OVERALL IMPRESSION EXAMPLE

JUDGE 1

| CAT | %  |     |      |
|-----|----|-----|------|
| C   | 40 | 8.5 | 3.40 |
| S   | 30 | 8.4 | 2.52 |
| D   | 20 | 8.7 | 1.74 |
| MP  | 10 | 8.7 | 0.87 |
|     |    |     | 8.53 |

## SS 18 DEDUCTIONS AND PENALTIES IN ROUTINES

**SS 18.1** In Team competition, whether in Free Routine Preliminary, Free Routine Final or Technical Routine, one half point penalty shall be deducted from the total score for each member less than eight (8) (see SS 13.1).

**SS 18.2** Penalties in Free Routines, Technical Routines and Combinations:

A one (1) point penalty shall be deducted from the routine score if:

**SS 18.2.1** The time limit of ten (10) seconds for deck movements is exceeded.

**SS 18.2.2** There is a deviation from the specified routine time limit allowed (less or more than) for the routine and in accordance with SS 14.1 and SSAG 6.

**SS 18.2.3** If the time limit of 30 seconds for the deck walk-on is exceeded.

**SS 18.2.4** Each violation of rule SS 13.2.

**SS 18.2.5** A competitor has made a deliberate use of the bottom of the pool during the routine.

**SS 18.2.6** As described in SS 15.3, if the music accompaniment fails.

A two (2) point penalty shall be deducted from the routine score if:



**SS 18.2.7** A competitor has made a deliberate use of bottom of the pool during a routine to assist another competitor.

**SS 18.2.8** A routine is interrupted by a competitor during the deck movements and a new start is allowed.

**SS 18.2.9** If during the deck movements in routines competitors are executing stacks, towers or human pyramids.

**SS 18.3** Penalties in Technical Routines

**SS 18.3.1** A two (2) point penalty shall be deducted from the Execution score for each required element omitted by competitor in Solo or by all competitors in Duet and Team.

**SS 18.3.2** A one (1) point penalty shall be deducted from the Execution score for each part of a required element omitted by competitor in Solo or by all competitors in Duet or Team or if there is an incorrect /additional sequence in a required element performed by competitor in Solo or by all competitors in Duet or Team.

**SS 18.3.3** A half-point (0,5) penalty shall be deducted from the Execution score for each competitor omitting a part of the required element, or if there is an incorrect /additional sequence in each required element for each competitor, up to a maximum deduction of two (2) points.

**SS 18.3.4** A half-point (0,5) penalty shall be deducted from the Execution score for each violation in Duet required element 9 and Team required element 9 of the Appendix VI.

**SS 18.3.5** In case of dispute about required elements, video recording may be used for final decision by the Referee.

**SS 18.4** If one (or more) competitor(s) stops swimming before the routine is completed the routine will be disqualified. If the cessation is caused by circumstances beyond the control of the competitor(s), the Referee shall allow the routine to be resumed during the session.

**SS 19** CALCULATION OF THE ROUTINE RESULTS

**SS 19.1** To calculate the Routine score, cancel the highest and lowest award (one each) for each set of awards, Technical Merit and Artistic Impression (Free Routine), or Execution and Overall Impression (Technical Routine). Add the remaining awards, divide the sum by the number of judges less two (2) and multiply the result by five (5) for a maximum of 50 points.

Example with seven (7) judges:

$$\frac{(10 + 10 + 10 + 10 + 10 + 10 + 10) \times 5}{5} = 50.000$$

Example with six (6) judges:

$$\frac{(10 + 10 + 10 + 10 + 10 + 10) \times 5}{4} = 50.000$$

**SS 19.2** Any penalties in Technical Routines involving the required elements from rule SS 18.3 shall be deducted from the Execution score to calculate a new Execution score.

**SS 19.3** The routine score shall be the sum of the Technical Merit and Artistic Impression scores (Free Routine) or Execution and Overall Impression scores (Technical Routine), less any penalty deductions from rules SS 18.1 and SS 18.2.

## SS 20 FINAL RESULT

**SS 20.1** The final figure result shall be that of the competitors who actually swam the Free Routine. For exceptions see rule SS 12.3.4.

**SS 20.2** The final result is determined by adding the final score of each performed session; with each session worth a maximum of 100 points (if both Preliminary and Final Routine sessions are held, the routine score from the Final session shall replace that of the Preliminary session to determine the Final result.)

**SS 20.2.1** In events that include one (1) session – Combination or Technical Routine or Free Routine or Figures – the result shall be the score of that session, for a maximum of 100 points.

**SS 20.2.2** In events that include two (2) sessions – Figures and Free Routine or Technical Routine and Free Routine – the results shall be the sum of each session, for a maximum of 200 points.

**SS 20.2.3** In events that include three (3) sessions – Figures, Technical Routines and Free Routines – the results shall be the sum of each session, for a maximum of 300 points.

**SS 20.3** In case of the same final result (calculated to four decimals) in Solo, Duet, Team and Combination, a tie shall be declared for the particular place(s).

If a decision has to be made to go to finals, to be qualified, to be promoted/ demoted, the following procedure will be used:

For Solo, Duet, Team:

The higher Free Routine scores of the final result will decide.

If they are still the same, the Technical Merit score of Free Routine determines the position.

If they are still the same, the higher Technical Routine scores will decide.

If they are still the same, the Execution score of the Technical Routine determines the position.

For Combination:

The higher Technical Merit score shall decide.

For competitions with point system GR 9.8.5 and BL 10.4

In case of a tie, the Final result according to SS 20 of all events shall be added and the higher total sum shall decide.

## **SS 21 OFFICIALS AND DUTIES**

**SS 21.1** Officials shall be chosen by the Management Committee. Their choice shall be final except emergency situation (see SS 22.3 and SS 22.4).

**SS 21.2** The required officials shall be:

**SS 21.2.1** A Referee

**SS 21.2.2** An assistant referee for routines and an assistant referee for each panel of judges in figures.

**SS 21.2.3** Each panel of judges shall consist of six (6) or seven (7) judges. In Routines two (2) panels of judges may be used. If two panels are used, in Free Routine sessions, one panel shall judge Technical Merit and one Artistic Impression, in Technical Routine session, one panel shall judge Execution and one panel shall judge Overall Impression.

At FINA competitions, judges shall be chosen from the FINA list of judges.

**SS 21.2.4** For Technical Routines three (3) technical assistants to monitor the required elements (SS13.2).

**SS 21.2.5** For Combination three (3) technical assistants to monitor the SS 13.2.

**SS 21.2.6** For each Figure panel – a clerk of course, a recorder and if no electronic system is used, two scorers.

**SS 21.2.7** For routines – three (3) timers, a clerk of course, a recorder, and if no electronic system is used, two scorers.

**SS 21.2.8** A Chief Recorder

**SS 21.2.9** Sound Center Manager

**SS 21.2.10** An announcer

**SS 21.2.11** Other officials as deemed necessary

## **SS 22 REFEREE**

**SS 22.1** The Referee shall have full control of the event. He/she shall instruct all officials.

**SS 22.2** He/she shall enforce all the rules and decisions of FINA and shall decide all questions relating to the actual conduct of the event and be responsible for the final settlement of any matter not otherwise covered by the rules.

**SS 22.3** The Referee shall ensure that all the necessary officials are in their respective positions to conduct the session. She/he may appoint substitutes for any persons who are absent, incapable of acting or found to be inefficient. He/she may appoint additional officials if considered necessary.

**SS.22.4** In emergencies the referee is authorised to assign a substitute judge.

**SS 22.5** He/she shall ensure that the competitors are ready and signal for the start of the accompaniment. He/she shall instruct the scorers to penalise the competitors in the session of an infraction of the rules. He/she shall approve the results before announcements.

**SS 22.6** The Referee may intervene in the event at any stage to ensure that the FINA regulations are observed, and shall adjudicate all protests related to the session in progress.

**SS 22.7** The referee shall disqualify any competitor for any violation of the rules that he/she personally observes or which is reported to her/him by other authorised officials.

## **SS 23 OTHER OFFICIALS**

**SS 23.1** The assistant referee(s) shall carry out duties assigned by the referee.

**SS 23.2** The Chief Recorder shall be responsible for:

1. Draw for order of appearance in all sessions.
2. Distribution of start and result lists to all concerned, including those responsible for informing press and public.
3. Recording changes of competitors prior each session.
4. Checking the electronic scoring system.
5. Ensuring the accuracy of recording the scores.
6. Checking the computer results.
7. Overseeing preparation of result lists for distribution.

**SS 23.3** The scorers, individually, shall record the marks and make the necessary computations. The recorder on each panel shall immediately inform the Referee or the designated official in case of technical problems.

**SS 23.4** The clerks shall perform duties as assigned by the Referee. A clerk shall obtain the order of the draw for each event and ascertain that all competitors are ready at the required time.

**SS 23.5** The announcer shall make only such announcements as are authorised by the Referee.

## **SS 24 DUTIES OF THE ORGANISER**

**SS 24.1** The country holding the competition is responsible for:

**SS 24.1.1** Pool specifications and related regulations listed in rules FR 10, FR 11, FR 12 and FR 13.

**SS 24.1.2** Providing suitable equipment for reproduction of an accompaniment.

**SS.24.1.3** Providing underwater speakers which shall conform to the safety rules of the governmental jurisdiction of the hosting country.

**SS.24.1.4** Providing the entry forms.

**SS 24.1.5** Preparing a list of entries and judging forms.

**SS 24.1.6** Providing programs.

**SS 24.1.7** Providing the judges for figure and routine sessions with a means of signaling scores. When automatic Officiating Equipment is used each judge shall be provided with flash cards in case of technical failure.

**SS 24.1.8** Ensuring that BL 9.2.3 regarding practice periods prior to the start, shall apply at all FINA competitions.

**SS 24.1.9** Producing video records of all Routines and underwater video records of all Routines to enable checking the use of the bottom of the pool.

**SS 24.2** The information sheet for all Synchronised Swimming competitions must include the following information.

Pool dimensions with specific reference to the depth of the water, the water level below deck, position of diving boards, ladders, etc. A cross section drawing of the pool is desirable, and diagrams of the pools for figure session and routine sessions. In case the pool specifications are not according to FR 10, diagrams and cross section drawing are obligatory and must be sent out with meet invitation.

**SS 24.2.1** Markings of bottom and sides of the pool.

**SS 24.2.2** Position of audience with reference to the pool.

**SS 24.2.3** Type of lightning.

**SS 24.2.4** Open space for entrance and exit, to include designated starting point for walk-ons.

**SS 24.2.5** Types of sound equipment available.

**SS 24.2.6** Alternative facilities, if required.

**SS 24.2.7** Schedule of events, indicating which sessions (per SS 4) will be included in the programme (SS 5) and stating whether preliminaries and finals will be held according to SS 7.1 and SS 7.2.

### AGE GROUP RULES

**SSAG 1** FINA Rules of competition will apply in all Age Group competitions.

#### **SSAG 2** Age Categories

**SSAG 2.1** All Age Group competitors remain qualified from 1 January to the following 31 December at the age they are at the close of day (12 midnight) on 31 December of the year of the competition.

**SSAG 2.2** Age Groupings for Synchronised Swimming are:

- 12 years of age and under
- 13 – 15 years of age
- 16 – 18 years of age
- Junior: 15-18 years of age

**SSAG 3** Age Group figure sessions

**SSAG 3.1** Each competitor must perform two (2) compulsory figures. One group of two (2) optional figures will be drawn as per SS 8.3.

**SSAG 3.2** Figure lists:

The figure groups are listed in Appendix V of the Synchronised Swimming Rules. Participating Federations/ Clubs may also by mutual consent choose from other Age Groups or Senior Figure Groups for level of ability of the competitors entered in the meet.

**SSAG 3.3** The final result of the figures session will be divided by the total degree of difficulty of the group and multiplied by 10 (see SS 12.2).

**SSAG 4** In a duet or team event all competitors must swim the same figure groups. The choice of the groups is optional.

**SSAG 5** Competitors 12 and under may not swim out of their age group for routine sessions because of the time limitation.

**SSAG 6** The time limits for different age groups, including ten (10) seconds of deck movements, shall be:

|                      | Solo | Duet | Team | Combination  |
|----------------------|------|------|------|--------------|
| 12 years and under   | 2.00 | 2.30 | 3.00 | 3.30 minutes |
| 13, 14, 15 years     | 2.30 | 3.00 | 3.30 | 4.00 minutes |
| 16, 17, 18 years     | 3.00 | 3.30 | 4.00 | 4.30 minutes |
| Juniors: 15-18 years | 3.00 | 3.30 | 4.00 | 4.30 minutes |

There shall be an allowance of fifteen (15) seconds less or plus the allotted time limit.

**APPENDIX I INTERNATIONAL FIGURE CATEGORIES****CATEGORY I**

|      |                              |     |
|------|------------------------------|-----|
| 101  | Ballet Leg Single            | 1.6 |
| 102  | Ballet Leg Alternate         | 2.4 |
| 103  | Submarine Ballet Leg Single  | 2.1 |
| 104  | Ballet Leg Roll Single       | 2.7 |
| 110  | Ballet Leg Double            | 1.7 |
| 111  | Submarine Ballet Leg Double  | 2.3 |
| 112  | Ibis                         | 2.3 |
| 112a | Ibis ½ Twist                 | 2.7 |
| 112b | Ibis Full Twist              | 2.9 |
| 112c | Ibis Twirl                   | 2.8 |
| 112d | Ibis Spinning 180°           | 2.4 |
| 112e | Ibis Spinning 360°           | 2.5 |
| 112f | Ibis Continuous Spin         | 2.8 |
| 112g | Ibis Twist Spin              | 3.2 |
| 112h | Ibis Spin Up 180°            | 2.8 |
| 112i | Ibis Spin Up 360°            | 2.9 |
| 112j | Ibis Combined Spin           | 3.1 |
| 113  | Crane                        | 3.5 |
| 115  | Catalina                     | 2.3 |
| 115a | Catalina ½ Twist             | 2.7 |
| 115b | Catalina Full Twist          | 2.9 |
| 115c | Catalina Twirl               | 2.8 |
| 115d | Catalina Spinning 180°       | 2.4 |
| 115e | Catalina Spinning 360°       | 2.5 |
| 115f | Catalina Continuous Spin     | 2.8 |
| 115g | Catalina Twist Spin          | 3.2 |
| 115h | Catalina Spin Up 180°        | 2.8 |
| 115i | Catalina Spin Up 360°        | 2.9 |
| 115j | Catalina Combined Spin       | 3.1 |
| 116  | Catalarc                     | 3.1 |
| 117  | Catalarc Open 180°           | 3.2 |
| 118  | Helicopter                   | 2.5 |
| 125  | Eiffel Tower                 | 2.8 |
| 125a | Eiffel Tower ½ Twist         | 3.2 |
| 125b | Eiffel Tower Full Twist      | 3.4 |
| 125c | Eiffel Tower Twirl           | 3.3 |
| 125d | Eiffel Tower Spinning 180°   | 2.9 |
| 125e | Eiffel Tower Spinning 360°   | 3.0 |
| 125f | Eiffel Tower Continuous Spin | 3.3 |
| 125g | Eiffel Tower Twist Spin      | 3.7 |
| 125h | Eiffel Tower Spin Up 180°    | 3.3 |
| 125i | Eiffel Tower Spin Up 360°    | 3.4 |
| 128  | Eiffel Walk                  | 2.9 |
| 130  | Flamingo                     | 2.5 |
| 130a | Flamingo ½ Twist             | 2.9 |

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|      |                                    |     |
|------|------------------------------------|-----|
| 103b | Flamingo Full Twist                | 3.1 |
| 130c | Flamingo Twirl                     | 3.0 |
| 130d | Flamingo Spinning 180°             | 2.6 |
| 130e | Flamingo Spinning 360°             | 2.7 |
| 130f | Flamingo Continuous Spin           | 3.0 |
| 130g | Flamingo Twist Spin                | 3.4 |
| 130h | Flamingo Spin Up 180°              | 3.0 |
| 130i | Flamingo Spin Up 360°              | 3.1 |
| 130j | Flamingo Combined Spin             | 3.3 |
| 140  | Flamingo Bent Knee                 | 2.4 |
| 140a | Flamingo Bent Knee ½ Twist         | 2.8 |
| 140b | Flamingo Bent Knee Full Twist      | 3.0 |
| 140c | Flamingo Bent Knee Twirl           | 2.9 |
| 140d | Flamingo Bent Knee Spinning 180°   | 2.5 |
| 140e | Flamingo Bent Knee Spinning 360°   | 2.6 |
| 140f | Flamingo Bent Knee Continuous Spin | 2.9 |
| 140g | Flamingo Bent Knee Twist Spin      | 3.3 |
| 140h | Flamingo Bent Knee Spin Up 180°    | 2.9 |
| 140i | Flamingo Bent Knee Spin Up 360°    | 3.0 |
| 140j | Flamingo Bent Knee Combined Spin   | 3.2 |
| 141  | Stingray                           | 3.3 |
| 142  | Manta ray                          | 2.8 |
| 150  | Knight                             | 3.1 |
| 153  | Castle                             | 3.5 |

### CATEGORY II

|      |  |     |
|------|--|-----|
| 201  | Dolphin                                  | 1.4 |
| 225  | Reverse Crane                            | 3.1 |
| 240  | Albatross                                | 2.2 |
| 240a | Albatross ½ Twist                        | 2.6 |
| 240b | Albatross Full Twist                     | 2.8 |
| 240c | Albatross Twirl                          | 2.7 |
| 240d | Albatross Spinning 180°                  | 2.3 |
| 240e | Albatross Spinning 360°                  | 2.4 |
| 240h | Albatross Spin Up 180°                   | 2.7 |
| 240i | Albatross Spin Up 360°                   | 2.8 |
| 240j | Albatross Combined Spin                  | 3.0 |
| 241  | Goeland                                  | 2.0 |
| 251  | Dolphin Foot First                       | 1.4 |
| 255  | Dolphin Foot First Reverse Combined Spin | 2.4 |
| 275  | Dolpholina                               | 2.5 |

### CATEGORY III

|      |                           |     |
|------|---------------------------|-----|
| 301  | Barracuda                 | 2.0 |
| 301c | Barracuda Twirl           | 2.7 |
| 301d | Barracuda Spinning 180°   | 2.1 |
| 301e | Barracuda Spinning 360°   | 2.2 |
| 301f | Barracuda Continuous Spin | 2.7 |



## SYNCHRONISED SWIMMING

|      |  |     |
|------|--|-----|
| 301h | Barracuda Spin Up 180°                         | 2.5 |
| 301i | Barracuda Spin Up 360°                         | 2.6 |
| 301j | Barracuda Combined Spin                        | 2.8 |
| 302  | Blossom  | 1.4 |
| 303  | Somersault Back Pike                           | 1.5 |
| 305  | Barracuda Somersault Back Pike                 | 2.3 |
| 305c | Barracuda Somersault Back Pike Twirl           | 2.9 |
| 305d | Barracuda Somersault Back Pike Spinning 180°   | 2.4 |
| 305e | Barracuda Somersault Back Pike Spinning 360°   | 2.5 |
| 305f | Barracuda Somersault Back Pike Continuous Spin | 3.1 |
| 305h | Barracuda Somersault Back Pike Spin Up 180°    | 2.8 |
| 305i | Barracuda Somersault Back Pike Spin Up 360°    | 2.9 |
| 305j | Barracuda Somersault Back Pike Combined Spin   | 3.1 |
| 306  | Barracuda Bent Knee                            | 2.0 |
| 306d | Barracuda Bent Knee Spinning 180°              | 2.1 |
| 306e | Barracuda Bent Knee Spinning 360°              | 2.2 |
| 307  | Flying Fish                                    | 3.0 |
| 307d | Flying Fish Spinning 180°                      | 3.1 |
| 307e | Flying Fish Spinning 360°                      | 3.2 |
| 310  | Somersault Back Tuck                           | 1.1 |
| 311  | Kip  | 1.8 |
| 311a | Kip ½ Twist                                    | 2.2 |
| 311b | Kip Full Twist                                 | 2.4 |
| 311c | Kip Twirl                                      | 2.3 |
| 311d | Kip Spinning 180°                              | 1.9 |
| 311e | Kip Spinning 360°                              | 2.0 |
| 311f | Kip Continuous Spin                            | 2.4 |
| 311g | Kip Twist Spin                                 | 2.7 |
| 311h | Kip Spin Up 180°                               | 2.3 |
| 311i | Kip Spin Up 360°                               | 2.4 |
| 311j | Kip Combined Spin                              | 2.6 |
| 312  | Kip Split                                      | 2.4 |
| 313  | Kip Split Closing 180°                         | 2.5 |
| 314  | Kip Split Open 360°                            | 3.2 |
| 315  | Kipnus   | 1.6 |
| 315b | Kipnus Variant                                 | 2.1 |
| 316  | Kip Bent Knee                                  | 2.0 |
| 317  | Kipswirl                                       | 2.3 |
| 317c | Kipswirl Twirl                                 | 2.8 |
| 317d | Kipswirl Spinning 180°                         | 2.4 |
| 317e | Kipswirl Spinning 360°                         | 2.5 |
| 317f | Kipswirl Continuous Spin                       | 2.8 |
| 318  | Elevator                                       | 2.8 |
| 320  | Somersault Front Pike                          | 1.7 |
| 321  | Somersub                                       | 2.0 |
| 322  | Subalina                                       | 2.3 |
| 323  | Subilarc                                       | 3.1 |
| 324  | Ballerina                                      | 2.0 |

## SYNCHRONISED SWIMMING

|                    |                          |     |
|--------------------|--------------------------|-----|
| 325                | Jupiter                  | 3.2 |
| 326                | Lagoon                   | 2.7 |
| 330                | Aurora                   | 2.5 |
| 330a               | Aurora ½ Twist           | 2.9 |
| 330c               | Aurora Twirl             | 3.0 |
| 330d               | Aurora Spinning 180°     | 2.6 |
| 330e               | Aurora Spinning 360°     | 2.7 |
| 330f               | Aurora Continuous Spin   | 3.0 |
| 300g               | Aurora Twist Spin        | 3.4 |
| 331                | Aurora Open 180°         | 3.3 |
| 332                | Aurora Open 360°         | 3.4 |
| 335                | Gaviata                  | 2.7 |
| 336                | Gaviata Open 180°        | 2.8 |
| 342                | Heron                    | 2.1 |
| 342c               | Heron Twirl              | 2.7 |
| 342d               | Heron Spinning 180°      | 2.2 |
| 342e               | Heron Spinning 360°      | 2.3 |
| 342f               | Heron Continuous Spin    | 2.8 |
| 342h               | Heron Spin Up 180°       | 2.6 |
| 342i               | Heron Spin Up 360°       | 2.7 |
| 342j               | Heron Combined Spin      | 2.9 |
| 344                | Neptunus                 | 1.8 |
| 345                | Catalina Reverse         | 2.1 |
| 346                | Side Fishtail Split      | 2.0 |
| 347                | Beluga                   | 2.3 |
| 348                | Dalecarlia               | 2.4 |
| 350                | Minerva                  | 2.2 |
| 355                | Porpoise                 | 1.9 |
| 355a               | Porpoise ½ Twist         | 2.3 |
| 355b               | Porpoise Full Twist      | 2.5 |
| 355c               | Porpoise Twirl           | 2.4 |
| 355d               | Porpoise Spinning 180°   | 2.0 |
| 355e               | Porpoise Spinning 360°   | 2.1 |
| 355f               | Porpoise Continuous Spin | 2.4 |
| 355g               | Porpoise Twist Spin      | 2.8 |
| 355h               | Porpoise Spin Up 180°    | 2.4 |
| 355i               | Porpoise Spin Up 360°    | 2.5 |
| 355j               | Porpoise Combined Spin   | 2.7 |
| 360                | Walkover Front           | 2.1 |
| 361                | Prawn                    | 1.9 |
| 362                | Surface Prawn            | 1.7 |
| 363                | Water Drop               | 1.6 |
| <b>CATEGORY IV</b> |                          |     |
| 401                | Swordfish                | 2.0 |
| 402                | Swordasub                | 2.3 |
| 403                | Swordtail                | 2.5 |
| 405                | Swordalina               | 2.5 |

## SYNCHRONISED SWIMMING

|      |                            |     |
|------|----------------------------|-----|
| 406  | Swordfish Straight Leg     | 2.0 |
| 410  | Hightower                  | 3.3 |
| 413  | Alba                       | 2.4 |
| 420  | Walkover Back              | 2.0 |
| 421  | Walkover Back Closing 360° | 2.2 |
| 423  | Ariana                     | 2.2 |
| 435  | Nova                       | 2.3 |
| 435c | Nova Twirl                 | 2.8 |
| 435d | Nova Spinning 180°         | 2.4 |
| 435e | Nova Spinning 360°         | 2.5 |
| 435f | Nova Continuous Spin       | 2.8 |
| 435g | Nova Twist Spin            | 3.2 |
| 436  | Cyclone                    | 2.7 |
| 436c | Cyclone Twirl              | 3.2 |
| 436d | Cyclone Spinning 180°      | 2.8 |
| 436e | Cyclone Spinning 360°      | 2.9 |
| 436f | Cyclone Continuous Spin    | 3.2 |
| 437  | Oceanea                    | 2.0 |
| 438  | Spiral                     | 3.5 |

**APPENDIX II BASIC POSITIONS**

In all basic positions:

- a) arm positions are optional,
- b) toes must be pointed,
- c) the legs, trunk and neck fully extended unless otherwise specified, and
- d) diagrams show the usual water levels.

**1 BACK LAYOUT POSITION**

Body extended with face, chest, thighs and feet at the surface. Head (ears specifically), hips, and ankles in line.



**2 FRONT LAYOUT POSITION**

Body extended with head, upper back, buttocks and heels at the surface. Face may be in or out of the water.



**3 BALLET LEG POSITION**

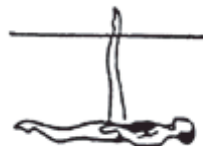
**a) Surface**

Body in **Back Layout Position**. One leg extended perpendicular to the surface



**b) Submerged**

Head, trunk and horizontal leg parallel to the surface. One leg perpendicular to the surface with the water level between the knee and the ankle.



#### 4 FLAMINGO POSITION

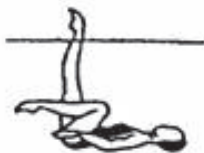
##### a) Surface

One leg extended perpendicular to the surface. The other leg drawn to the chest with the mid-calf opposite the vertical leg, foot and knee at and parallel to the surface. Face at the surface.



##### b) Submerged

Trunk, head and shin of the bent leg parallel to the surface. 90° angle between the trunk and extended leg. Water level between knee and ankle of the extended leg.



#### 5 BALLET LEG DOUBLE POSITION

##### a) Surface

Legs together and extended perpendicular to the surface. Head in line with the trunk. Face at the surface.



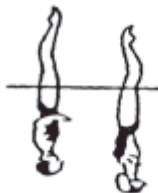
##### b) Submerged

Trunk and head parallel to the surface. 90° angle between the trunk and extended legs. Water level between knees and ankles of the extended legs.



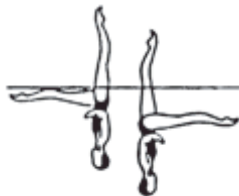
#### 6 VERTICAL POSITION

Body extended, perpendicular to the surface, legs together, head downward. Head (ears specifically), hips and ankles in line.



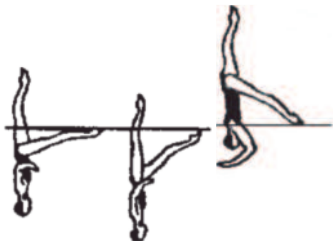
### 7 CRANE POSITION

Body extended in **Vertical Position**, with one leg extended forward at a 90° angle to the body.



### 8 FISHTAIL POSITION

Same as **Crane Position**, except that the foot of the forward leg is at the surface, regardless of the height of the hips.



### 9 TUCK POSITION

Body as compact as possible, with the back rounded and legs together. Heels close to buttocks. Head close to knees.



### 10 FRONT PIKE POSITION

Body bent at hips to form a 90° angle. Legs extended and together. Trunk extended with back straight and head in line.



### 11 BACK PIKE POSITION

Body bent at hips to form an acute angle of 45° or less. Legs extended and together. Trunk extended with the back straight and head in line.



## 12 DOLPHIN ARCH POSITION

Body arched so that the head, hips and feet conform to the arc being followed. Legs together.



## 13 SURFACE ARCH POSITION

Lower back arched, with hips, shoulders and head on a vertical line. Legs together and at the surface.



## 14 BENT KNEE POSITIONS

Body in **Front Layout, Back Layout, Vertical, or Arched Positions**. One leg bent, with the toe of the bent leg in contact with the inside of the extended leg.

### a) Bent Knee Front Layout Position

Body extended in **Front Layout Position**, with the toe of the bent leg at the knee or thigh.



### b) Bent Knee Back Layout Position

Body extended in **Back Layout Position**. The thigh of the bent leg is perpendicular to the surface.



### c) Bent Knee Vertical Position

Body extended in **Vertical Position**, with the toe of the bent leg at the knee or thigh.



### d) Bent Knee Surface Arch Position

Body arched in **Surface Arch Position**. The thigh of the bent leg is perpendicular to the surface.



### e) Bent Knee Dolphin Arch Position

Body arched in **Dolphin Arch Position**, with the toe of the bent leg at the knee or thigh.



### 15 TUB POSITION

Legs bent and together, feet and knees at and parallel to the surface, thighs perpendicular. Head in line with trunk. Face at the surface.



### 16 SPLIT POSITION

Legs evenly split forward and back. The legs are parallel to the surface. Lower back arched, with hips, shoulders and head on a vertical line. 180° angle between the extended legs (Flat split), with inside of each leg aligned on opposite sides of a horizontal line, regardless of the height of the hips.



#### a) Split Position

Legs are "dry" at the surface.

#### b) Airborne Split Position

Legs are above the surface.



### 17 KNIGHT POSITION

Lower back arched, with hips, shoulders and head on a vertical line. One leg vertical. Other leg extended backward, with the foot at the surface, and as close to horizontal as possible.



### 18 KNIGHT VARIANT POSITION

Lower back arched, with hips, shoulders and head on a vertical line. One leg vertical. The other leg is behind the body with the knee bent at an angle of 90° or less. The thigh and shin are parallel to the surface of the water.



### 19 SIDE FISHTAIL POSITION

Body extended in **Vertical Position**, with one leg extended sideways with its foot at the surface regardless of the height of the hips.

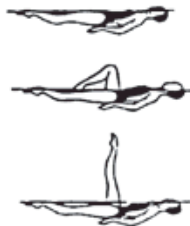




## APPENDIX III BASIC MOVEMENTS

## 1 TO ASSUME A BALLET LEG

Begin in a **Back Layout Position**. One leg remains at the surface throughout. The foot of the other leg is drawn along the inside of the extended leg to assume a **Bent Knee Back Layout Position**. The knee is straightened, without movement of the thigh, to assume a **Ballet Leg Position**.



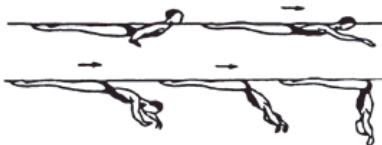
## 2 TO LOWER A BALLET LEG

From a **Ballet Leg Position** the ballet leg is bent, without movement of the thigh, to a **Bent Knee Position**. The toe moves along the inside of the extended leg until a **Back Layout Position** is assumed.



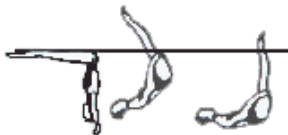
## 3 TO ASSUME A FRONT PIKE POSITION

From a **Front Layout Position** as the trunk moves downward to assume a **Front Pike Position**, the buttocks, legs and feet travel along the surface until the hips occupy the position of the head at the beginning of this action.



## 4 A FRONT PIKE POSITION TO ASSUME A SUBMERGED BALLET LEG DOUBLE POSITION

From a **Front Pike Position**, maintaining this position, the body somersaults forward around a lateral axis so that the hips replace the head at one quarter point to assume a **Submerged Ballet Leg Double Position**. The buttocks, legs and feet travel (move) downward until the hips occupy the position of the head at the beginning of this action.



## 5 ARCH TO BACK LAYOUT FINISH ACTION

From a **Surface Arch Position**, the hips, chest and face surface sequentially at the same point, with foot first movements to a **Back Layout Position**, until the head occupies the position of the hips at the beginning of this action.



## 6 WALKOUTS

These movements start in a **Split Position** unless otherwise specified in the figure description. The hips remain stationary as one leg is lifted in an arc over the surface to meet the opposite leg.

### a) Walkout Front

The Front leg is lifted in a 180° arc over the surface to meet the opposite leg in a **Surface Arch Position** and with continuous movement, an *Arch to Back to Layout* is executed.



### b) Walkout Back

The back leg is lifted in a 180° arc over the surface to meet the opposite leg in a **Front Pike Position** and with continuous movement, the body straightens to a **Front Layout Position**. The head surfaces at the position occupied by the hips at the beginning of this action.



## 7 CATALINA ROTATION

From a **Ballet Leg Position** a rotation of the body is initiated. The head, shoulders and trunk begin the rotation at the surface while descending without lateral movement to a **Crane Position**. The angle between the legs remains 90° throughout the rotation. Unless otherwise specified, *Catalina Rotation* starts from a **Ballet Leg Position**.



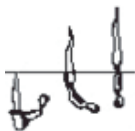
## 8 CATALINA REVERSE ROTATION

From a **Crane Position** the hips rotate as the trunk rises, without lateral movement, to assume a **Ballet Leg Position**. The angle between the legs remains 90° throughout the rotation.



## 9 THRUST

From a Submerged **Back Pike Position**, with the legs perpendicular to the surface, a vertical upward movement of the legs and hips is rapidly executed as the body unrolls to assume a **Vertical Position**. Maximum height is desirable.



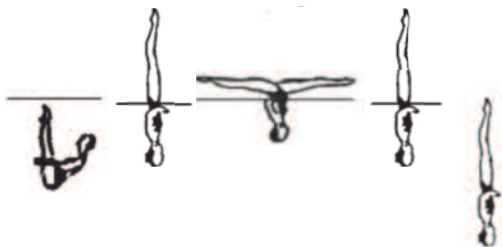
## 10 VERTICAL DESCENT

Maintaining a **Vertical Position**, the body descends along its longitudinal axis until toes are submerged.



## 11 ROCKET SPLIT

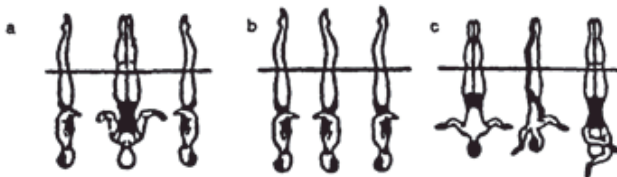
A *thrust* is executed to a **Vertical Position**, maintaining maximum height the legs are split rapidly to assume an **Airborne Split Position** and rejoin to a **Vertical Position**, followed by a *Vertical Descent*. The Vertical Descent is executed at the same tempo as a *Thrust*.



## 12 TWISTS

A *Twist* is a rotation at a sustained height. The body remains on its longitudinal axis throughout the rotation. Unless otherwise stated, when performed in a **Vertical Position**, a *Twist* is completed with a *Vertical Descent*.

- a - *Half Twist*: a *Twist* of  $180^\circ$
- b - *Full Twist*: a *Twist* of  $360^\circ$
- c - *Twirl*: a rapid *Twist* of  $180^\circ$



## 13 SPINS

A *Spin* is a rotation in a **Vertical Position**. The body remains on its longitudinal axis throughout the rotation. Unless otherwise stated, *Spins* are executed in a uniform motion.

A *descending Spin* must start at the height of the vertical and be completed as the heel(s) reach(es) the surface. Unless otherwise specified, a *descending Spin* is finished with a *Vertical Descent* which is executed at the same tempo as the *Spin*.

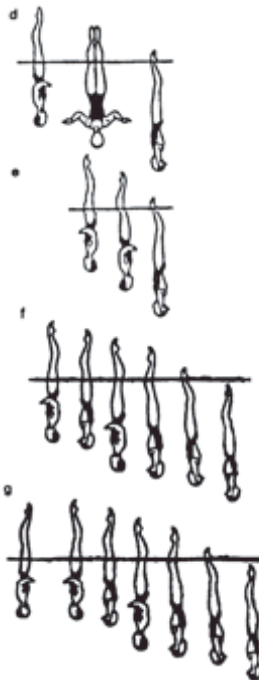
d) *180° Spin*: a *descending Spin* with a rotation of  $180^\circ$

e) *360° Spin*: a *descending Spin* with a rotation of  $360^\circ$

f) *Continuous Spin*: a *descending Spin* with a rapid rotation of:  $720^\circ$  (2),  $1080^\circ$  (3), or  $1440^\circ$  (4) which is completed as the heels reach the surface and continues through submergence.

g) *Twist Spin*: a *Half Twist* is executed, and without a pause, is followed by a *Continuous Spin* of  $720^\circ$  (2).

An *ascending Spin* begins with the water level at



the heels unless otherwise specified. A vertical upward *Spin* is executed until a water level is established between the knees and hips. An *ascending Spin* is finished with a *Vertical Descent*.

h) *Spin Up 180°*: an *ascending Spin* with a rotation of 180°

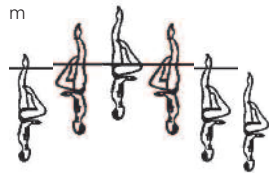
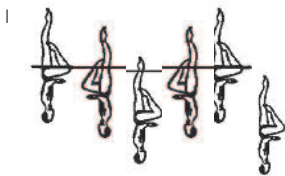
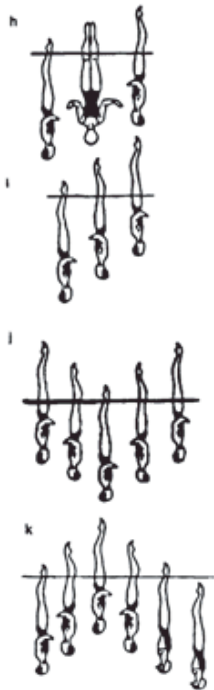
i) *Spin UP 360°*: an *ascending Spin* with a rotation of 360°

j) *Combined Spin*: a *descending Spin* of at least 360°, followed without a pause by an equal *ascending Spin* in the same direction. The *ascending Spin* reaches the same height where the *descending Spin* started.

k) *Reverse Combined Spin*: an *ascending Spin* of at least 360°, followed without a pause by an equal *descending Spin* in the same direction.

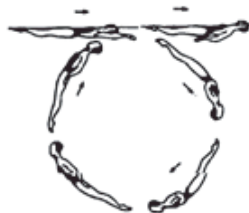
l) *Bent Knee Combined Spin*: a *descending Spin* in a **Bent Knee Vertical Position** of at least 360°, followed without a pause by an equal *ascending Spin* in the same direction. The *ascending Spin* reaches the same height where the *descending Spin* started.

m) *Reverse Bent Knee Combined Spin*: an *ascending Spin* in a **Bent Knee Vertical Position** of at least 360°, followed without a pause by an equal *descending Spin* in the same direction.



## 14 DOLPHIN

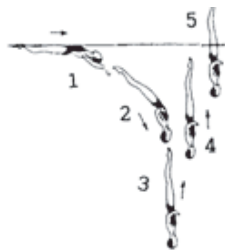
A *Dolphin* (and all its modifications) is started in a **Back Layout Position**. The body follows the circumference of a circle which has a diameter of approximately 2,5 meters, depending on the height of the swimmer. The head, hips and feet leave the surface sequentially to assume a *Dolphin Arch* as the body moves around the circle with head, hips



and feet following the imaginary line of the circumference. Movement continues until the body straightens as it surfaces to a **Back Layout Position**, with head, hips and feet breaking the surface at the same point.

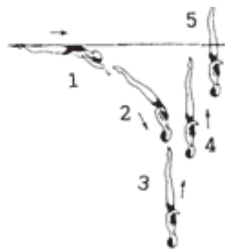
### 15 DOLPHIN TO VERTICAL

The head reaches the quarter point of the circle, and with continuous motion, the body straightens as it continues downward to assume **Vertical Position**. The toes arrive at the quarter point of the circle as they reach the vertical line. Maintaining **Vertical Position**, the body ascends along its longitudinal axis, until a water level is established between the ankles and hips.



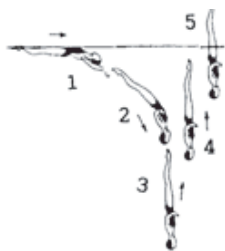
### 16 VERTICAL DESCENT TO DOLPHIN CIRCLE

A *Vertical Descent* is executed until the hips reach the quarter point of the circle, and with continuous motion, the head leads the body back onto the circumference of a circle into a **Dolphin Arch Position**, and the *Dolphin* continues.



### 17 DOLPHIN FOOT FIRST TO VERTICAL

The toes reach the three quarter point of the circle, and with continuous motion, the body straightens to **Vertical Position** as it rises along its longitudinal axis until a water level is established between the ankles and hips.



### 18 VERTICAL DESCENT TO DOLPHIN FOOT FIRST CIRCLE

A *Vertical Descent* is executed until the toes reach the three quarter point of the circle. The toes lead the body back onto the circumference of the circle into a **Dolphin Arch Position** as the *Dolphin* foot first continues.



**APPENDIX IV RULES FOR FIGURES**

Unless otherwise specified in the description, figures shall be executed high and controlled, in uniform motion, with each section clearly defined.

**Notes:**

1. Figures are defined in terms of their component parts: body positions and transitions. Refer to Appendix II for body position requirement, and Appendix III for descriptions of common basic movements.

Figure descriptions are written from the standpoint of perfection.

2. A transition is a continuous movement from one position to another. The completion of a transition should occur simultaneously with the achievement of body position and desired height. Except where otherwise specified, water level remains constant during a transition.
3. Unless otherwise specified in the figure description, maximum height is desirable at all times.
4. Unless otherwise specified in the figure description, figures are executed in a stationary position. Transitions which allow some movement will be marked with an arrow in the diagram.
5. Diagrams are guide only. If there is discrepancy between a diagram and a written description, the English written version of the FINA Handbook shall prevail.
6. During the execution of a figure, a pause may occur only in those positions which are printed in **"bold type"** and defined in Appendix II.
7. Basic movements are described only once, in Appendix III, and are "italicized" when referred to in a figure description.
8. When "and" is used to connect two actions, it means one follows the other; when "as" is used, it means both actions occur simultaneously.
9. Arm/hand positions and actions are optional.
10. When "rapid" or "rapidly" is used in a description, it shall apply specifically to the tempo of the transition in which it is included, and not to the entire figure.

APPENDIX IV - CATEGORY I

101 BALLET LEG SINGLE

1.6

A Ballet leg is assumed. The Ballet leg is lowered.



102 BALLET LEG ALTERNATE

2.4

Use each leg alternately.

103 SUBMARINE BALLET LEG SINGLE

2.1

A Ballet leg is assumed. The body is lowered to a **Submerged Ballet Leg Position**. Maintaining this position parallel to the surface, the body rises vertically to a **Surface Ballet Leg Position**. The *Ballet leg is lowered*.



104 BALLET LEG ROLL SINGLE

2.7

A Submarine Ballet Leg Single is executed to a **Submerged Ballet Leg Position**. Maintaining this position parallel to the surface, the body is rotated sideways toward the horizontal leg for 360°, to return to its original submerged position. The figure is completed as in Submarine Ballet Leg Single.



110 BALLET LEG DOUBLE

1.7

From a **Back Layout Position** the knees are drawn toward the chest, with toes at the surface to assume a **Tub Position**. The knees are straightened to assume a **Surface Ballet Leg Double Position**. Without movement of the thighs, the legs are returned to **Tub Position**. The knees are straightened to resume a **Back Layout Position**.





**111 SUBMARINE BALLET LEG DOUBLE**

**2.3**

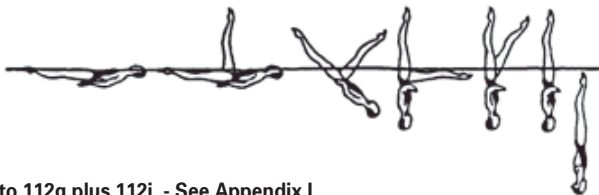
A Ballet Leg Double is executed to a **Surface Ballet Leg Double Position**. The body submerges vertically to a **Submerged Ballet Leg Double Position**. The body rises vertically to a **Surface Ballet Leg Double Position**. The figure is completed as in Ballet Leg Double.



**112 IBIS**

**2.3**

A Ballet Leg is assumed. Maintaining this position, the body is rotated backwards around a lateral axis through the hips to assume a **Crane Position**. The horizontal leg is lifted to a **Vertical Position**. A *Vertical Descent* is executed.



**112a to 112g plus 112j - See Appendix I**

An Ibis is executed to **Vertical Position**. The designated *Twist* or *Spin* is executed to complete the figure.

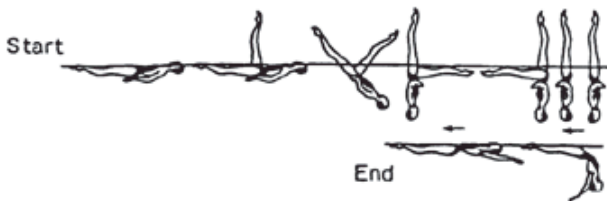
**112h and 112i - See Appendix I**

An Ibis is executed to **Vertical Position**. A *Vertical Descent* is executed to heel level. The designated *Ascending Spin* is executed to complete the figure.

**113 CRANE**

**3.5**

An Ibis is executed to a **Crane Position**. A *Half Twist* is executed. The horizontal leg is lifted to **Vertical Position**. Another *Half Twist* is executed in the same direction and at the same height. The legs are lowered backward to a **Surface Arch Position**, and with continuous movement, an *Arch to Back Layout* is executed.



**115 CATALINA**

**2.3**

A *Ballet Leg* is assumed. A *Catalina Rotation* is executed. The horizontal leg is lifted to **Vertical Position**. A *Vertical Descent* is executed.



**115 a to 115g plus 115j - See Appendix I**

A Catalina is executed to **Vertical Position**. The designated *Twist or Spin* is executed to complete the figure.

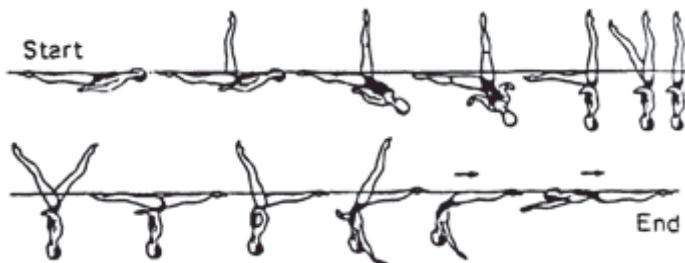
**115h and 115i - See Appendix I**

A Catalina is executed to **Vertical Position**. A *Vertical Descent* is executed to heel level. The designated *Ascending Spin* is executed to complete the figure.

**116 CATALARC**

**3.1**

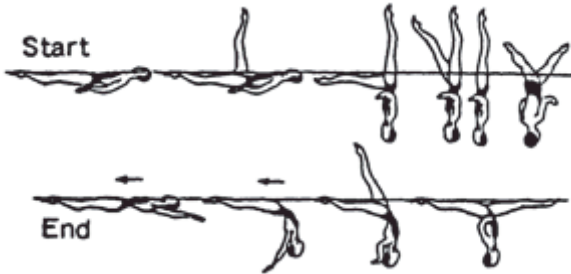
A Catalina is executed to a **Crane Position**. The horizontal leg is lifted in a 180° arc over the surface. As it passes the vertical leg, the vertical leg starts to move symmetrically in the opposite direction, and the legs reach a **Split Position** at the same time. A *Walkout Front* is executed.



**117 CATALARC OPEN 180°**

**3.2**

A Catalina is executed to a **Crane Position**. The horizontal leg is lifted in an arc over the surface. As it passes the vertical leg which moves symmetrically in the opposite direction, a 180° rotation is started and is completed as a **Split Position** is assumed. A *Walkout Front* is executed.



**118 HELICOPTER**

**2.5**

A Catalina is executed to a **Crane Position**. Continuing in the same direction, the horizontal leg is lifted to a **Vertical Position** as a 360° Spin is executed.



**125 EIFFEL TOWER**

**2.8**

A *Ballet Leg* is assumed. Maintaining this position, the body rolls sideways towards the horizontal leg, carrying the ballet leg to the surface. The trunk moves downward, turning to assume a *Front Pike Position* as the ballet leg moves across the surface to meet the non-ballet leg. The non-ballet leg is lifted to a **Crane Position**. The ballet leg is lifted to a **Vertical Position**. A *Vertical Descent* is executed.



**125a to 125g - See Appendix I**

An Eiffel Tower is executed to a **Vertical Position**. The designated *Twist or Spin* is executed to complete the figure.

**125h and 125i - See Appendix I**

An Eiffel Tower is executed to **Vertical Position**. A *Vertical Descent* is executed to heel level. The designated *Ascending Spin* is performed to complete the figure.

**128 EIFFEL WALK**

**2.9**

An Eiffel Tower is executed to a **Front Pike Position**. The non-ballet leg is lifted in a 180° arc over the surface to a **Split Position**. A *Walkout Front* is executed.



**130 FLAMINGO**

**2.5**

A *Ballet Leg* is assumed. The shin of the horizontal leg is drawn along the surface to assume a **Surface Flamingo Position**. The bent leg is straightened to a **Surface Ballet Leg Double Position**. Maintaining the vertical position of the legs, the hips are lifted as the trunk is unrolled to **Vertical Position**. A *Vertical Descent* is executed.



**130a to 130g plus 130j - See Appendix I**

A Flamingo is executed to **Vertical Position**. The designated *Twist or Spin* is performed to complete the figure.

**130h and 130i - See Appendix I**

A Flamingo is executed to **Vertical Position**. A *Vertical Descent* is executed to heel level. The designated *Ascending Spin* is performed to complete the figure.

**140 FLAMINGO BENT KNEE**

**2.4**

A Flamingo is executed to a **Surface Flamingo Position**. With the ballet leg maintaining its vertical position, the hips are lifted as the trunk unrolls while the bent leg moves to a **Bent Knee Vertical Position**. The bent knee is extended to **Vertical Position**. A *Vertical Descent* is executed.



**140a to 140g plus 140j - See Appendix I**

A Flamingo Bent Knee is executed to **Vertical Position**. The designated *Twist or Spin* is performed to complete the figure.

**140h and 140i - See Appendix I**

A Flamingo Bent Knee is executed to **Vertical Position**. A *Vertical Descent* is executed to heel level. The designated *Ascending Spin* is executed to complete the figure.

**141 STINGRAY**

**3.3**

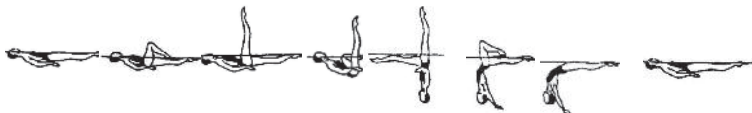
A Flamingo is executed to a **Surface Flamingo Position**. With the ballet leg maintaining its vertical position, the hips are lifted as the trunk unrolls while the bent leg moves to assume a **Fishtail Position**. The horizontal leg is lifted in an arc over the surface. As it passes the vertical leg which moves symmetrically in the opposite direction, a 180° rotation is started and is completed as a **Split Position** is assumed. A *Walkout Front* is executed.



**142 MANTA RAY**

**2.8**

A Flamingo is executed to a **Surface Flamingo Position**. As the body unrolls, the bent leg is extended horizontally to assume a **Crane Position**. The horizontal leg is lifted in a 180° arc over the surface of the water, as it passes vertical, the vertical leg is moved to assume a **Bent Knee Surface Arch Position**. The bent knee is straightened and with continuous motion, an *Arch to Back Layout* is executed.



**150 KNIGHT**

**3.1**

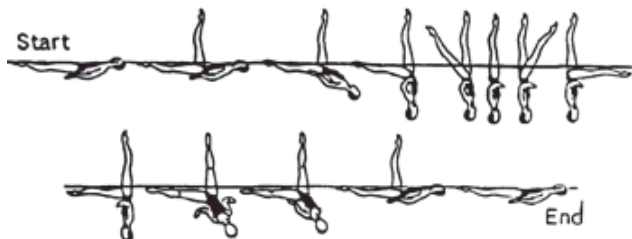
A *Ballet Leg* is assumed. Maintaining the position of the legs, the head moves downward as the lower back arches to a **Knights Position**. The body straightens as the non-ballet leg is lifted to vertical and as the ballet leg bends, the foot follows a vertical line through the hips, to assume a **Bent Knee Vertical Position**. A *Half Twist* is executed. The back arches as the extended leg lowers to assume a **Bent Knee Surface Arch Position**. The bent knee is straightened and with continuous motion, an *Arch to Back Layout* is executed.



**153 CASTLE**

**3.5**

A *Knights* is executed to a **Knights Position**. The horizontal leg is lifted in a 180° arc over the surface to a **Crane Position**. A *Half Twist* is executed. A *Catalina Reverse Rotation* is executed to a **Surface Ballet Leg Position**. The *Ballet Leg* is lowered.



APPENDIX IV - CATEGORY II

201 DOLPHIN

1.4

With the head leading, a *Dolphin* is executed.



225 REVERSE CRANE

3.1

With the head leading, a *Dolphin* is started, followed by *Dolphin to Vertical*. A *Half Twist* is executed. A **Crane Position** is assumed at the same height. An additional *Half Twist* is executed in the same direction at the same height. The body is turned around a lateral axis through the hips as it rises to assume a **Surface Ballet Leg Position**. The *Ballet Leg* is lowered.



240 ALBATROSS

2.2

With the head leading, a *Dolphin* is initiated until the hips are about to submerge. The hips, legs and feet continue to move along the surface, as the body rolls onto the face as it assumes a *Front Pike Position*. The legs are lifted simultaneously to a **Bent Knee Vertical Position**. A *Half Twist* is executed. The bent knee is extended to **Vertical Position**. A *Vertical Descent* is executed.



240a - 240c - See Appendix I

An *Albatross* is executed until the *Half Twist* is completed. The designated *Twist* is executed as the bent knee is extended to meet the vertical leg. A *Vertical Descent* is executed.

**240d and 240e - See Appendix I**

An *Albatross* is executed until the *Half Twist* is completed. The designated *Spin* is executed as the bent knee is extended to meet the vertical leg.

**240h and 240i - See Appendix I**

An *Albatross* is executed until the *Half Twist* is completed. Maintaining a **Bent Knee Vertical Position** the body descends to the heel of the extended leg. The designated *Ascending Spin* is executed as the bent knee is extended to meet the vertical leg.

**240j ALBATROSS COMBINED SPIN**

**3.0**

An *Albatross* is executed until the *Half Twist* is completed. A *Combined Spin* is executed, with the bent knee extending to meet the vertical leg on the descent, and bending to resume a **Bent Knee Vertical Position** on the ascent. The position is maintained during a *Vertical Descent*.

**241 GOELAND**

**2.0**

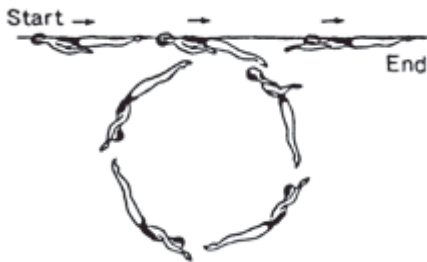
An *Albatross* is executed to the **Front Pike Position**. One leg is lifted to vertical as the body rotates 90° on its longitudinal axis to assume a **Side Fishtail Position**, with continuous motion another 90° rotation is executed in the same direction as the vertical leg lowers to assume a **Split Position**. A *Walkout Back* is executed.



**251 DOLPHIN FOOT FIRST**

**1.4**

With the feet leading, a *Dolphin* is executed.

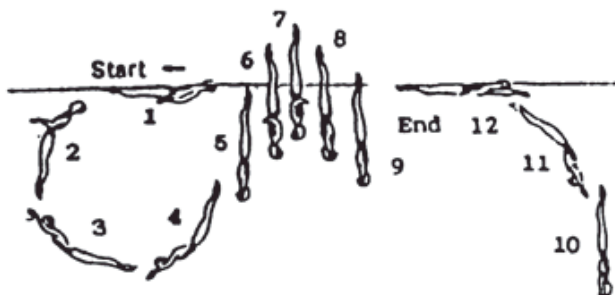




255 DOLPHIN FOOT FIRST REVERSE COMBINED SPIN

2.4

With the feet leading, a *Dolphin* is executed until the feet reach the  $\frac{3}{4}$  point of the circle. A *Dolphin Foot First to Vertical* is executed until the body begins its ascent in **Vertical Position**. A *Reverse Combined Spin* is initiated as the toes break the surface and completed as the heels return to the surface. A *Vertical Descent to Dolphin Foot First Circle* is executed. The *Dolphin* is resumed and continued to a **Back Layout Position**.



275 DOLPHOLINA

2.5

With the feet leading a *Dolphin* is executed until the feet reach the three-quarter point of the circle. A *Dolphin Foot First to Vertical* is initiated. As the toes break the surface, one leg is lowered along the surface as the body continues to rise to a **Crane Position**. A *Half Twist* is executed. A *Catalina Reverse Rotation* is executed to a **Surface Ballet Leg Position**. The *Ballet Leg* is lowered.

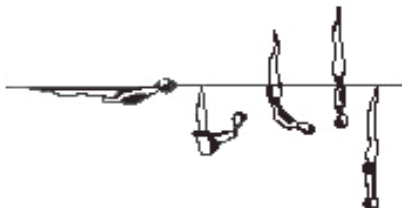


**APPENDIX IV - CATEGORY III**

**301 BARRACUDA**

**2.0**

From a **Back Layout Position**, the legs are raised to vertical as the body is submerged to a **Back Pike Position** with the toes just under the surface. A *Thrust* is executed to **Vertical Position**. A *Vertical Descent* is executed at the same tempo as the *Thrust*.



**301c BARRACUDA TWIRL**

**2.7**

A Barracuda is executed to **Vertical Position**. A *Twirl* is executed. A *Vertical Descent* is executed at the same tempo as the *Thrust*.

**301d, 301e and 301j - See Appendix I**

A Barracuda is executed to **Vertical Position**. The designated *Spin* is executed at the same tempo as the *Thrust* to complete the figure.

**301f BARRACUDA CONTINUOUS SPIN**

A Barracuda is executed to **Vertical Position**. A *Continuous Spin* is performed to complete the figure.

**301h and 301i - See Appendix I**

A Barracuda is executed to **Vertical Position**. A *Vertical Descent* is executed at the same tempo as the *Thrust* to heel level. The designated *Ascending Spin* is executed. A *Vertical Descent* is executed at the same tempo as the *Thrust*.

**302 BLOSSOM**

**1.4**

From a **Back Layout position** the trunk is lowered as the hips are bent to assume a **Submerged Ballet Leg Double Position**. The feet separate along the surface as the hips rise and the body assumes a **Split Position**. The legs join to assume a **Vertical Position** at ankle level. A *Vertical Descent* is executed.



**303 SOMERSAULT BACK PIKE****1.5**

From a **Back Layout Position** with the body remaining parallel and close to the surface, the legs are lifted rapidly to assume a **Back Pike Position**. Without a pause the body somersaults backwards around a lateral axis until the feet and head simultaneously reach the surface. A **Back Layout Position** is assumed.

**305 BARRACUDA SOMERSAULT BACK PIKE****2.3**

From a **Back Layout Position** a partial Somersault Back Pike is executed until the legs are vertical, with the toes just under the surface. The figure is completed as in Barracuda.

**305c BARRACUDA SOMERSAULT BACK PIKE TWIRL**

A Barracuda Somersault Back Pike is executed to **Vertical Position**. A *Twirl* is executed. A *Vertical Descent* is executed at the same tempo as the *Thrust*.

**305d, 305e and 305j - See Appendix I**

A Barracuda Somersault Back Pike is executed to **Vertical Position**. The designated *Spin* is performed at the same tempo as the *Thrust* to complete the figure.

**305f BARRACUDA SOMERSAULT BACK PIKE CONTINUOUS SPIN**

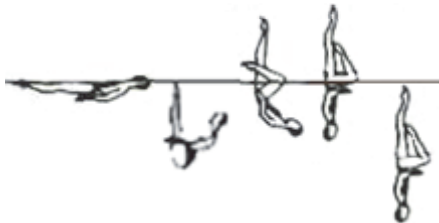
A Barracuda Somersault Back Pike is executed to **Vertical Position**. A *Continuous Spin* is executed to complete the figure.

**305h and 305i - See Appendix I**

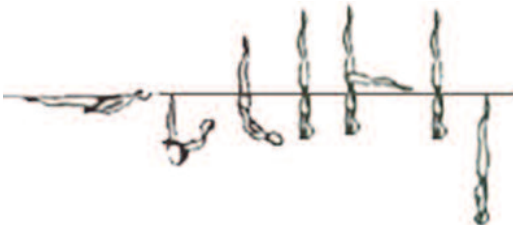
A Barracuda Somersault Back Pike is executed to **Vertical Position**. A *Vertical Descent* is executed at the same tempo as the *Thrust*, to heel level. The designated **Ascending Spin** is executed. A *Vertical Descent* is executed at the same tempo as the *Thrust*.

**306 BARRACUDA BENT KNEE****2.0**

From a **Back Layout Position**, the legs are raised to vertical as the body is submerged to a **Back Pike Position** with the toes just below the surface. A *Thrust* is executed as one foot is drawn along the inside of the extended leg to assume a **Bent Knee Vertical Position**. A *Vertical Descent* is executed in a **Bent Knee Vertical Position** at the same tempo as the *Thrust*.

**307 FLYING FISH****3.0**

From a **Back Layout Position** the legs are raised to vertical as the body is submerged to a **Back Pike Position** with the toes just below the surface. A *Thrust* is executed to a **Vertical Position** and with no loss of height one leg is rapidly lowered to a **Fishtail Position** and without a pause the horizontal leg is rapidly lifted to a **Vertical Position**. A *Vertical Descent* is executed at the same tempo as the *Thrust*.

**307d and 307e – See Appendix I**

A Flying Fish is executed to a **Vertical Position**. The designated *Spin* is executed at the same tempo as the *Thrust*.

**310 SOMERSAULT BACK TUCK****1.1**

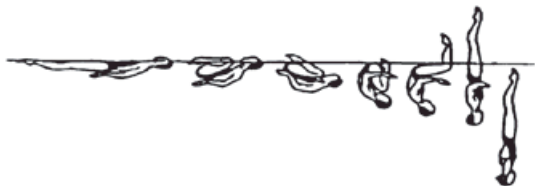
From a **Back Layout Position**, the knees and toes are drawn along the surface to assume a **Tuck Position**. With continuous motion, the tuck becomes more compact as the body somersaults backward around a lateral axis for one complete revolution. A **Back Layout Position** is resumed.



**311 KIP**

**1.8**

From a **Back Layout Position**, a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface. The trunk unrolls as the legs are straightened to assume a **Vertical Position** midway between the former vertical line through the hips and the former vertical line through the head and the shins. A *Vertical Descent* is executed.



**311a to 311g plus 311j - See Appendix I**

A Kip is executed to **Vertical Position**. The designated Twist or *Spin* is performed to complete the figure.

**311h and 311i - See Appendix I**

A Kip is executed to **Vertical Position**. A *Vertical Descent* is executed to heel level. The designated *Ascending Spin* is executed to complete the figure.

**312 KIP SPLIT**

**2.4**

A Kip is executed to **Vertical Position**. The legs are lowered symmetrically to **Split Position**. The legs are joined to resume **Vertical Position**. A *Vertical Descent* is executed.



**313 KIP SPLIT CLOSING 180°**

**2.5**

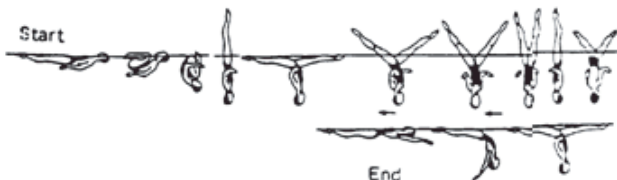
A Kip Split is executed to a **Split Position**. During a 180° rotation, the legs are closed symmetrically to **Vertical Position**. A *Vertical Descent* is executed.



**314 KIP SPLIT OPEN 360°**

**3.2**

A Kip Split is executed to a **Split Position**. A 360° rotation is executed, with the legs symmetrically closing to pass through **Vertical Position** at the 180° point before separating to resume a **Split Position** at the completion of the 360°. A *Walkout Front* is executed.



**315 KIPNUS**

**1.6**

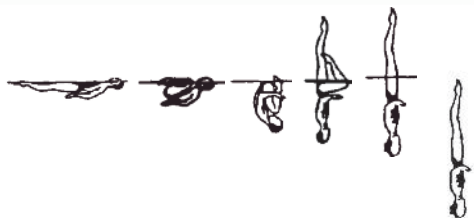
From a **Back Layout Position**, a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface. The trunk unrolls as the legs assume a **Bent Knee Vertical Position** midway between the former vertical line through the hips and the former vertical line through the head and the shins. A *Vertical Descent* is executed in a **Bent Knee Vertical Position**.



**315b KIPNUS VARIANT**

**2.1**

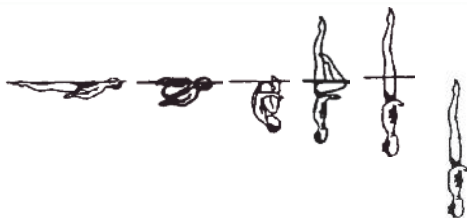
A Kipnus is executed to a **Bent Knee Vertical Position**. A *Full Twist* is executed as the bent knee is extended to meet the vertical leg. A *Vertical Descent* is executed.



**316 KIP BENT KNEE**

**2.0**

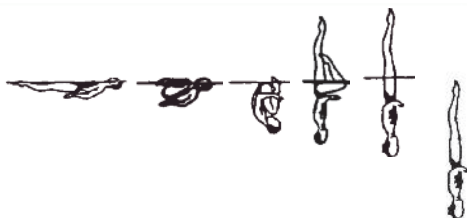
A Kipnus is executed to a **Bent Knee Vertical Position**. The bent knee is extended to a **Vertical Position**. A *Vertical Descent* is executed.



**317 KIPSWIRL**

**2.3**

From a **Back Layout Position**, a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface of the water. As the trunk unrolls and the legs are straightened a 360° rotation is executed to assume a **Vertical Position**. A *Vertical Descent* is executed.



**317c to 317f – See Appendix I**

A Kipswirl is executed to **Vertical Position**. The designated *Twist or Spin* is executed to complete the figure.

**318 ELEVATOR**

**2.8**

A Kip is executed to **Vertical Position**. A water level is established between the knees and ankles. The hips are piked as the trunk rises to assume a **Submerged Ballet Leg Double Position**. Maintaining this position, the body rises to a **Surface Ballet Leg Double Position**. The figure is completed as in Ballet Leg Double.



**320 SOMERSAULT FRONT PIKE**

**1.7**

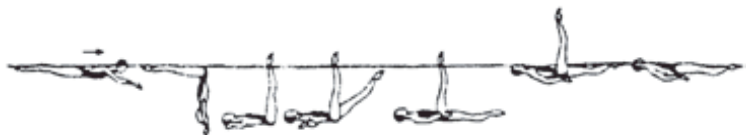
From a **Front Layout Position** a *Front Pike Position* is assumed. Followed by *Front Pike Position* to assume a *Submerged Ballet Leg Double Position*, and with continuous motion a **Front Pike Position** is maintained as the body continues to somersault forward around a lateral axis so that the hips replace the head at each quarter point of the revolution until the head and buttocks return to the surface. As the legs move upward to assume a **Front Layout Position**, the head, back and buttocks travel along the surface until hips occupy the same position as the head at the beginning of this action.



**321 SOMERSUB**

**2.0**

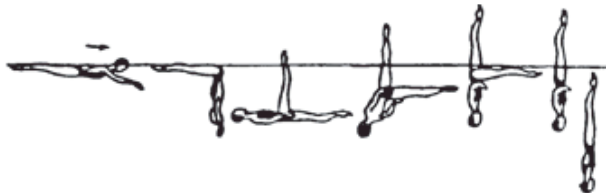
From a **Front Layout Position**, a Somersault Front Pike is executed to a **Submerged Ballet Leg Double Position**. One leg is lowered to a **Submerged Ballet Leg Position**. Maintaining this position, the body rises vertically to a **Surface Ballet Leg Position**. The *Ballet Leg* is lowered.



**322 SUBALINA**

**2.3**

A Somersub is executed to a **Submerged Ballet Leg Position**. As before the body rises a *Catalina Rotation* is executed. The horizontal leg is lifted to **Vertical Position**. A *Vertical Descent* is executed.

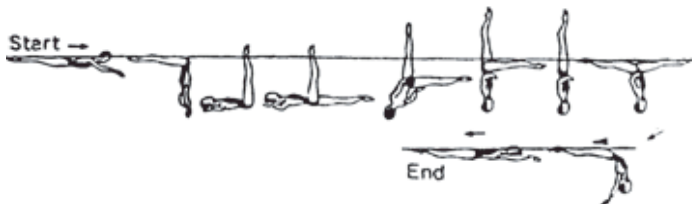




**323 SUBILARC**

**3.1**

A Subalina is executed to a **Crane Position**. The horizontal leg is lifted in a 180° arc over the surface. As it passes the vertical leg, the vertical leg starts to move symmetrically in the opposite direction, and the legs reach a **Split Position** at the same time. A *Walkout Front* is executed.



**324 BALLERINA**

**2.0**

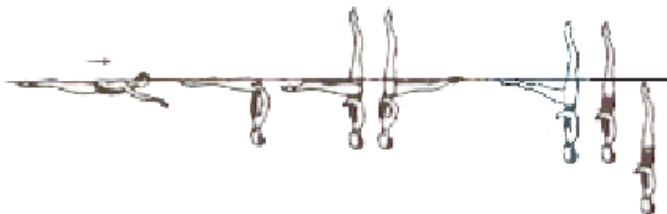
From a **Front Layout Position** a Somersault Front Pike is executed to a **Submerged Ballet Leg Double Position**. One knee is bent to assume a **Submerged Flamingo Position**. Maintaining this position, the body rises to a **Surface Flamingo Position**. The ballet leg is lowered in a 90° arc to the surface as the other leg moves to assume a **Bent Knee Position**. The toe moves along the inside of the extended leg until a **Back Layout Position** is assumed.



**325 JUPITER**

**3.2**

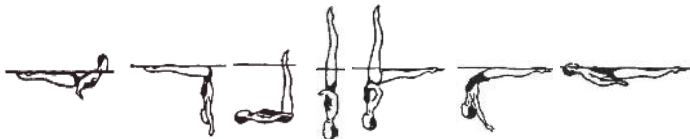
From a **Front Layout Position** a *Front Pike Position* is assumed. One leg is lifted to a **Crane Position**. Maintaining the 90° angle between the legs, the horizontal leg moves to vertical as the vertical leg simultaneously continues its arc to the surface to assume a **Knight Position**. Maintaining the vertical alignment of the body, the horizontal leg is moved in a 180° arc at the surface of the water to a **Fishtail Position**. The horizontal leg is lifted to the **Vertical Position**. A *Vertical Descent* is executed.



**326 LAGOON**

2.7

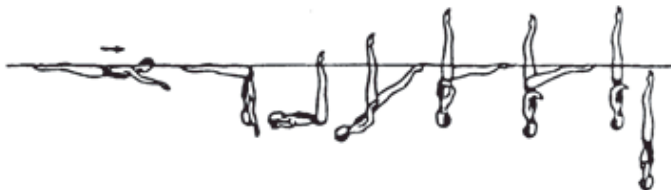
A Somersault Front Pike is executed to the **Submerged Ballet Leg Double Position**. Maintaining the vertical line of the legs, the hips are lifted as the trunk unrolls to assume a **Vertical Position**. One leg is lowered to a **Knight Position**. The vertical leg is lowered to assume a **Surface Arch Position**, with continuous motion a *Surface Arch to Back Layout* is executed.



**330 AURORA**

2.5

From a **Front Layout Position** a Somersault Front Pike is executed to a **Submerged Ballet Leg Double Position**. One leg rises vertically as the other moves along the surface to a **Knight Position**. The body rotates 180° to assume a **Fishtail Position**. The horizontal leg is lifted to **Vertical Position**. A *Vertical Descent* is executed.



**330a, 330c to 330g - See Appendix I**

An Aurora is executed to **Vertical Position**. The designated *Twist or Spin* is executed to complete the figure.

**331 AURORA OPEN 180°**

3.3

An Aurora is executed to a **Fishtail Position**. Maintaining the vertical alignment of the body, the foot of the horizontal leg is moved with accelerating speed in a horizontal arc of 180° at the surface to a **Knight Position** and with continuous motion and accelerating speed, the body maintains this position as an additional 180° rotation is executed in the same direction. The vertical leg is lowered to a **Surface Arch Position**. An *Arch to Back Layout* is executed.



**332 AURORA OPEN 360°**

**3.4**

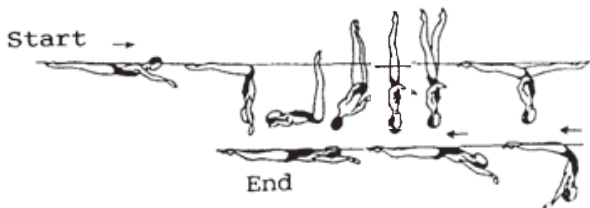
An Aurora is executed to a **Fishtail Position**. Maintaining the vertical alignment of the body, the foot of the horizontal leg is moved with accelerating speed in a horizontal arc of 180° at the surface to a **Knight Position** and with continuous motion and accelerating speed, the body maintains this position as an additional 360° rotation is executed in the same direction. The vertical leg is lowered to a **Surface Arch Position**. An *Arch to Back Layout* is executed.



**335 GAVIATA**

**2.7**

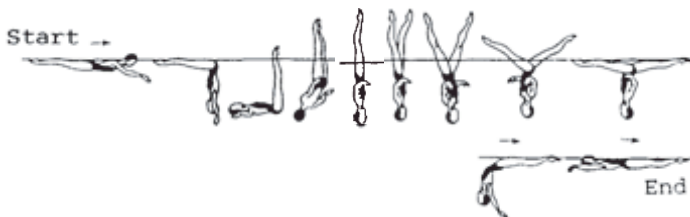
From a **Front Layout Position**, a Somersault Front Pike is executed to a **Submerged Ballet Leg Double Position**. A rising double leg *Catalina Rotation* is executed to a **Vertical Position**. The legs open symmetrically to a **Split Position**. A *Walkout Front* is executed.



**336 GAVIATA OPEN 180°**

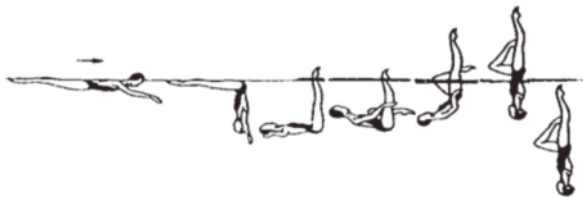
**2.8**

A Gaviata is initiated to a **Vertical Position**. Continuing in the same direction, the legs open symmetrically during a 180° rotation to a **Split Position**. A *Walkout Front* is executed.



**342 HERON****2.1**

From a **Front Layout Position** a Somersault Front Pike is executed to a **Submerged Ballet Leg Double Position**. One leg is bent with the shin parallel to the surface and the mid-calf opposite the vertical leg, as the trunk moves toward the legs. A *Thrust* is executed to a **Bent Knee Vertical Position**, with the foot of the bent leg moving simultaneously to the inside of the vertical leg during the rise. A *Vertical Descent* is executed in a **Bent Knee Vertical Position** at the same tempo as the *Thrust*.

**342c HERON TWIRL****2.7**

A Heron is executed to a **Bent Knee Vertical Position**. A *Twirl* is performed in a **Bent Knee Vertical Position** to complete the figure. A *Vertical Descent* is executed at the same tempo as the *Twirl*.

**342d to 342f plus 342j - See Appendix I**

A Heron is executed to a **Bent Knee Vertical Position**. The designated *Spin* is performed in a **Bent Knee Vertical Position** to complete the figure, at the same tempo as the *Thrust*.

**342h and 342i - See Appendix I**

A Heron is executed to a **Bent Knee Vertical Position**. A *Vertical Descent* in a **Bent Knee Vertical Position** is executed to heel level, at the same tempo as the *Thrust*. The designated *ascending Spin* is performed in a **Bent Knee Vertical Position** as the same tempo as prior to the *Thrust*.

**344 NEPTUNUS****1.8**

From a **Front Layout Position**, a *Front Pike Position* is assumed. One leg is lifted to a **Crane Position**. The horizontal leg is bent to assume a **Bent Knee Vertical Position**. A *Vertical Descent* is executed as the bent knee is extended to meet the vertical leg as the ankles submerge.



**345 CATALINA REVERSE**

**2.1**

From a **Front Layout Position**, a *Front Pike Position* is assumed. One leg is lifted to a **Crane Position**. A *Catalina Reverse Rotation* is executed. The *Ballet Leg* is lowered.



**346 SIDE FISHTAIL SPLIT**

**2.0**

From a **Front Layout Position** a *Front Pike Position* is assumed. One leg is lifted to vertical as the body rotates 90° on its longitudinal axis to assume a **Side Fishtail Position**, and with continuous motion another 90° rotation is executed in the same direction as the vertical leg lowers to assume a **Split Position**. The legs are lifted to **Vertical Position**. A *Vertical Descent* is executed.



**347 BELUGA**

**2.3**

From a **Front Layout Position**, a *Front Pike Position* is assumed. One leg is lifted to a **Fishtail Position**. Maintaining the vertical alignment of the body, the foot of the horizontal leg is moved with accelerating speed in a horizontal arc of 180° at the surface to a **Knight Position**. The vertical leg is lowered to a **Surface Arch Position**. An *Arch to Back Layout* is executed.



**348 DALECARLIA**

**2.4**

Jupiter is executed to a **Knight Position**. Without moving the legs, the trunk straightens as it rises to a **Surface Ballet Leg Position**. The *Ballet Leg* is lowered.



**350 MINERVA**

**2.2**

Side Fishtail Split is executed to a **Split Position**. During an additional 180° rotation in the same direction, the front leg is lifted to vertical as the back leg bends to an angle of 90° or less with the thigh and shin remaining at the surface as it moves through to a **Bent Knee Vertical Position**. A *Vertical Descent* is executed in a **Bent Knee Vertical Position**.



**355 PORPOISE**

**1.9**

From a **Front Layout Position**, a *Front Pike Position* is assumed. The legs are lifted to **Vertical Position**. A *Vertical Descent* is executed.



**355a to 355g plus 355j - See Appendix I**

A Porpoise is executed to **Vertical Position**. The designated *Twist* or *Spin* is executed to complete the figure.

**355h and 355i - See Appendix I**

A Porpoise is executed to **Vertical Position**. A *Vertical Descent* is executed to heel level. The designated *Ascending Spin* is executed to complete the figure.

**360 WALKOVER FRONT**

**2.1**

From a **Front Layout Position**, a *Front Pike Position* is assumed. One leg is lifted in a 180° arc over the surface to a **Split Position**. A *Walkout Front* is executed.



**361 PRAWN**

**1.9**

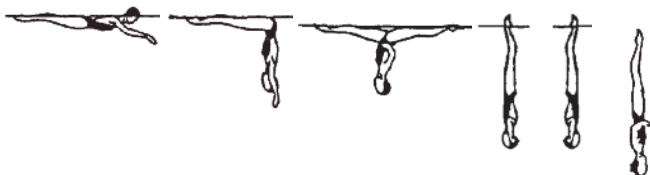
From a **Front Layout Position**, a Walkover Front is executed to the **Split Position**. The legs join to assume a **Vertical Position** at ankle level. A *Twirl* is executed to complete the figure.



**362 SURFACE PRAWN**

**1.7**

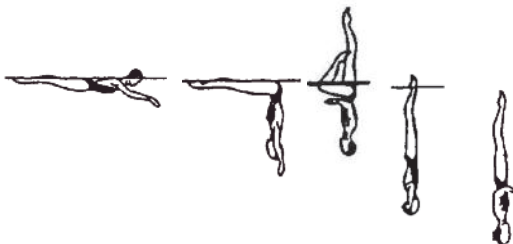
From a **Front Layout Position**, a *Front Pike Position* is assumed. One foot is moved in horizontal arc of  $180^\circ$  at the surface to a **Split Position**. The legs are joined to assume a **Vertical Position** at the ankles. A *Twirl* is executed followed by a *Vertical Descent*.



**363 WATER DROP**

**1.6**

From a **Front Layout Position**, a *Front Pike Position* is assumed. The legs are lifted simultaneously to a **Bent Knee Vertical Position**. A  $180^\circ$  *Spin* is executed as the bent knee is extended to a **Vertical Position** before the heels reach the surface of the water.



## APPENDIX IV - CATEGORY IV

## 401 SWORDFISH

2.0

From a **Front Layout Position**, a **Bent Knee Position** is assumed. The back arches more as the extended leg is lifted in a 180° arc over the surface to assume a **Bent Knee Surface Arch Position**. The bent knee is straightened and with continuous motion, an *Arch to Back Layout* is executed.



## 402 SWORDASUB

2.3

From a **Front Layout Position** a **Bent Knee Position** is assumed. The back arches more as the extended leg is lifted in a 180° arc over the surface. As the extended leg passes vertical, the bent leg straightens with the foot following a vertical line through the hips as the body assumes a **Surface Ballet Leg Position**. The face and the foot of the extended leg reach the surface simultaneously. The *Ballet Leg* is lowered.



## 403 SWORDTAIL

2.5

From a **Front Layout Position** the **Bent Knee Position** is assumed. The back arches more as the extended leg is lifted in an arc of 180° over the surface of the water. As the extended leg passes vertical, the bent leg straightens with the foot following a vertical line to assume a **Knight Position**. The vertical leg is lowered to a **Surface Arch Position**. An *Arch to Back Layout* is executed.

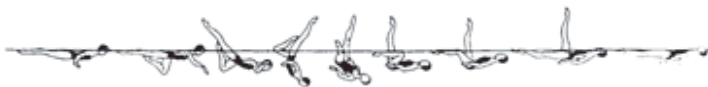




**405 SWORDALINA**

**2.5**

From a **Front Layout Position** a **Bent Knee Position** is assumed. The back arches as the extended leg describes an arc over the surface until the foot is directly over the head. The hips rotate 180° as the trunk rises, with minimal lateral movement, to a **Submerged Flamingo Position**. As the body rises, the bent leg is straightened to assume a **Surface Ballet Leg Position**. The *Ballet Leg* is lowered.



**406 SWORDFISH STRAIGHT LEG**

**2.0**

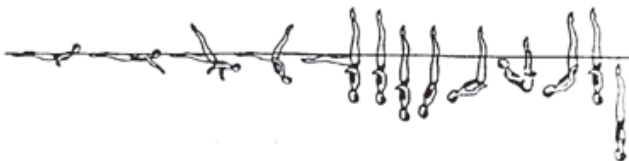
From a **Front Layout Position**, the back arches as one leg is lifted in a 180° arc over the surface to a **Split Position**. A *Walkout Front* is executed.



**410 HIGHTOWER**

**3.3**

A Swordfish Straight Leg is executed until the foot of the lifting leg is directly over the head. The body is straightened to a **Crane Position**, assuming vertical midway between the former vertical line through the hips and the former vertical line through the foot and the head. The horizontal leg is lifted to a **Vertical Position**. A *Vertical Descent* is executed until toes are submerged. Maintaining the vertical line of the legs, the hips are piked as the trunk rises to assume a submerged **Back Pike Position**. A *Thrust* is executed to a **Vertical Position**. A *Vertical Descent* is executed at the same tempo as the *Thrust*.



413 ALBA

2.4

A Hightower is executed to a **Crane Position**. A *Catalina Reverse Rotation* is executed as the horizontal leg is lifted, with minimum lateral movement, to assume a **Surface Ballet Leg Double Position**. The legs are bent to assume a Tub Position. The knees are straightened to resume a **Back Layout Position**.



420 WALKOVER BACK

2.0

With the head leading a *Dolphin* is initiated. The hips, legs and feet continue to move along the surface as the back is arched more to assume a **Surface Arch Position**. One leg is lifted in a 180° arc over the surface to a **Split Position**. A *Walkout Back* is executed.



421 WALKOVER BACK CLOSING 360°

2.2

A Walkover Back is executed to a **Split Position**. With continuous motion a rotation of 360° is executed as the legs are symmetrically lifted and closed to a **Vertical Position**. A *Vertical Descent* is executed.



423 ARIANA

2.2

A Walkover Back is executed to a **Split Position**. Maintaining the relative position of the legs to the surface, the hips rotate 180°. A *Walkout Front* is executed.



**435 NOVA****2.3**

With the head leading a *Dolphin* is initiated until the hips are about to submerge. The hips, legs and feet continue to move along the surface as the back is arched more as one knee is bent to assume a **Bent Knee Surface Arch Position**. The legs are lifted to a **Bent Knee Vertical Position**. A *Full Twist* is executed as the bent leg is extended to meet the vertical leg. A *Vertical Descent* is executed.

**435c to 435g - See Appendix I**

A Nova is executed to completion of the *Full Twist*. The designated *Twist* or *Spin* is executed to complete the figure.

**436 CYCLONE****2.7**

A Nova is executed to a **Bent Knee Surface Arch Position**. The legs are simultaneously lifted to a **Vertical Position** as a *Twirl* is executed. A *Half Twist* in the opposite direction is executed. A *Vertical Descent* is executed.

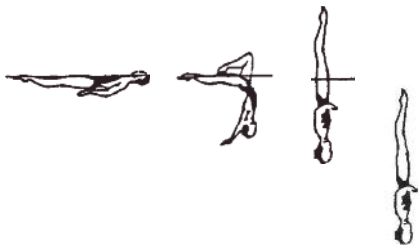
**436d, 436e and 436f – See Appendix I**

A Cyclone is executed until the *Half Twist* in the opposite direction. The designated *Twist* or *Spin* is executed to complete the figure.

## 437 OCEANEA

2.0

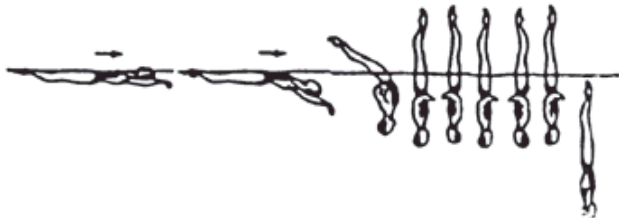
A Nova is executed to a **Surface Arch Bent Knee Position**. The horizontal leg is lifted to the vertical as the bent knee is extended to assume a **Vertical Position**. A *Continuous Spin of 720°* (2 rotations) is executed.



## 438 SPIRAL

3.5

With the head leading a *Dolphin* is initiated until the hips are about to submerge. With the hips remaining stationary at the surface, the back is arched more as the legs are lifted to assume a **Vertical Position**. *Two Full Twists* are executed, followed by a *Vertical Descent*.



**APPENDIX V**  
**FINA FIGURE GROUPS 2009-2013**

**Senior, Junior and Age Group 16-17-18**

## COMPULSORY:

|   |      |                             |     |
|---|------|-----------------------------|-----|
| 1 | 313  | Kip Split Closing 180°      | 2.5 |
| 2 | 112f | Ibis Continuous Spin (720°) | 2.8 |

## OPTIONAL GROUPS:

## Group 1

|   |     |                   |     |
|---|-----|-------------------|-----|
| 3 | 336 | Gaviata Open 180° | 2.8 |
| 4 | 436 | Cyclone           | 2.7 |

## Group 2

|   |      |                     |     |
|---|------|---------------------|-----|
| 3 | 355b | Porpoise Full Twist | 2.5 |
| 4 | 150  | Knight              | 3.1 |

## Group 3

|   |      |                |     |
|---|------|----------------|-----|
| 3 | 307  | Flying Fish    | 3.0 |
| 4 | 115c | Catalina Twirl | 2.8 |

**Age Group 13-14-15**

## COMPULSORY:

|   |      |                        |     |
|---|------|------------------------|-----|
| 1 | 420  | Walkover Back          | 2.0 |
| 2 | 355e | Porpoise Spinning 360° | 2.1 |

## OPTIONAL GROUPS:

## Group 1

|   |      |               |     |
|---|------|---------------|-----|
| 3 | 342  | Heron         | 2.1 |
| 4 | 311a | Kip 1/2 Twist | 2.2 |

## Group 2

|   |     |                  |     |
|---|-----|------------------|-----|
| 3 | 240 | Albatross        | 2.2 |
| 4 | 345 | Catalina Reverse | 2.1 |

## Group 3

|   |      |                         |     |
|---|------|-------------------------|-----|
| 3 | 301d | Barracuda Spinning 180° | 2.1 |
| 4 | 140  | Flamingo Bent Knee      | 2.4 |

# SYNCHRONISED SWIMMING

## Age Group 12 and under

### COMPULSORY:

|   |     |                   |     |
|---|-----|-------------------|-----|
| 1 | 101 | Ballet Leg Single | 1.6 |
| 2 | 360 | Walkover Front    | 2.1 |

### OPTIONAL GROUPS:

#### Group 1

|   |     |          |     |
|---|-----|----------|-----|
| 3 | 321 | Somersub | 2.0 |
| 4 | 315 | Kipnus   | 1.6 |

#### Group 2

|   |     |           |     |
|---|-----|-----------|-----|
| 3 | 355 | Porpoise  | 1.9 |
| 4 | 401 | Swordfish | 2.0 |

#### Group 3

|   |     |           |     |
|---|-----|-----------|-----|
| 3 | 344 | Neptunus  | 1.8 |
| 4 | 301 | Barracuda | 2.0 |

**APPENDIX VI FINA REQUIRED ELEMENTS FOR TECHNICAL ROUTINES****GENERAL REQUIREMENTS**

- Supplementary elements may be added.
- Unless otherwise specified in the description of an element:
  - All figures or components thereof shall be executed according to the requirements described in appendices II-IV.
  - All elements shall be executed high and controlled, in uniform motion with each section clearly defined.
- Duet required elements # 4, # 9 and Team required elements # 1, # 5, # 8, # 9 shall be judged within remaining 30 % of the Execution score.
- Time limits as in SS 14.1.
- FINA competitions must use category A. One category must be chosen for any specific competition. See categories B and C in FINA SS Manual.

**Category A****SOLO REQUIRED ELEMENTS (A)**

Required elements 1 – 6 are to be performed in the order listed.

- From a **Front Pike Position**, a *Full Twist* is executed as the extended legs are lifted to a **Vertical Position**. Continuing the same direction, a *Full Twist* is executed followed by a *Continuous Spin* of 1440° (4 rotations). [DD 3.3]
- Rocket Split* is executed to an **Airborne Split Position**, maintaining maximum height the front leg is lifted vertically as the back leg moves to a **Bent Knee Vertical Position**. The vertical leg is lowered backward toward the surface as the bent leg extends forward to assume an **Airborne Split Position**. [DD 3.1]
- Boost – a rapid head-first rise, with a maximum amount of the body above the surface of the water. Both arms must be lifted at or above the shoulder line as the body reaches maximum height. A descent is executed until the swimmer is completely submerged. Immediately afterwards, a second boost with both arms above the surface is executed. A second descent is executed until the swimmer is completely submerged. [DD 2.5]
- Beginning with a straight leg lift to a **Ballet Leg Position**, 116 - Catalarc is executed with compulsory head first travel while assuming the ballet leg. [DD 2.9]
- Combined Spin* is executed. A *descending Spin* of 1080° (3 rotations) followed, without a pause, by an equal *ascending Spin* in the same direction. [DD 3.0]
- From a Submerged **Back Pike Position**, 307e - Flying Fish Spinning 360° is executed. [DD 3.2]

**DUET REQUIRED ELEMENTS (A)**

Required elements 1 – 8 are to be performed in the order listed.

## SYNCHRONISED SWIMMING

- 1 240 c - Albatross Twirl is executed until completion of the rotation, followed by a *Continuous Spin* of 1440° (4 rotations). [DD 3.3]
- 2 From a **Back Layout Position**, travelling ballet leg combination beginning with a straight leg lift to a **Ballet Leg Position**. The horizontal leg is lifted to a **Ballet Leg Double Position**. Maintaining the **Ballet Leg Double Position** a rotation of 360° is executed, the first leg is lowered to a **Ballet Leg Position**, the second leg is lowered to a **Back Layout Position**. The legs are held straight throughout the element. [DD 2.5]
- 3 Rocket Split - A *Thrust* to a **Vertical Position** followed by two rapid alternating **Airborne Split Positions**, followed by a join to a **Vertical Position** with maximum height. A *Vertical Descent* is executed. [DD 3.4]
- 4 A connected action – connected, joined or intertwined movements. Lifts, throws and platforms are not included.
- 5 Maintaining a **Fishtail Position**, three rapid *Full Twists* are executed at maximum height. [DD 2.9]
- 6 Boost – a rapid head-first rise, with a maximum amount of the body above the surface of the water. Both arms must be lifted at or above the shoulder line as the body reaches maximum height. A descent is executed until the swimmer is completely submerged. [DD 1.7]
- 7 From a **Split Position** rotation of a 180° is executed as the legs are symmetrically lifted and closed to a **Vertical Position** followed by a *Half Twist* in the same direction. A *Twirl* is executed in the opposite direction; completed by a *Continuous Spin* of 1080° (3 rotations) in the same direction as the *Half Twist*. *Half Twist*, *Twirl* and *Continuous Spin* to be executed in **Vertical Position**. [DD 2.3]
- 8 *Thrust* followed by a rapid *360° Spin*. [DD 2.2]
- 9 With the exception of the deck work, entry and a connected action, all elements – required and supplementary – must be performed simultaneously and facing the same direction by both swimmers. Mirror actions are not permitted.

### TEAM REQUIRED ELEMENTS (A)

Required elements 1 – 7 are to be performed in the order listed.

- 1 Acrobatic move – Jump
  - a. Two simultaneous jumps are required.
  - b. Underwater set-up is optional, but all remaining swimmers must be involved.
  - c. Each jump performs simultaneous identical movements facing the same direction.
  - d. Each jump must rise once with supported person becoming airborne at peak of lift.
- 2 A *Thrust* is executed to a **Vertical Position**, maintaining maximum height a *Twirl* is executed as one leg is lowered to a **Bent Knee Vertical Position**. A *Vertical Descent* is executed as the bent knee is extended to meet the vertical leg at the ankles submerge with the same tempo as *Thrust*. [DD 2.3]
- 3 435 – Nova is executed to the completion of a **Bent Knee Surface Arch Position**;



the legs are simultaneously lifted to a **Vertical Position** as the bent knee is extended. A *Continuous Spin* of 1080° (3 rotations) is executed until heels reach the surface, without submergence, followed by a rapid *Spin Up 180°*. A *Vertical Descent* is executed at the same tempo as *Spin Up 180°*. [DD 2.9]

- 4 Boost – a rapid head-first rise, with a maximum amount of the body above the surface of the water. Both arms must be lifted at or above the shoulder line as the body reaches maximum height. A descent is executed until the swimmer is completely submerged. [DD 1.7]
- 5 Cadence Action with legs – identical leg movement(s) performed sequentially one-by-one by all team members. When more than one cadence action is performed, they must be consecutive, and not separated by other optional or required elements. There shall be at least 2 consecutive pattern changes during the cadence action.
- 6 From a **Front Pike Position**, porpoise lift is executed to a **Vertical Position**. A *Full Twist* is executed, then the legs are lowered symmetrically to a **Split Position**. A *Walkout Front* is executed. [DD 2.9]
- 7 *Rocket Split* is executed to an **Airborne Split Position**, maintaining maximum height the legs are lifted to a **Vertical Position** as *Twirl* is executed with a rapid *Vertical Descent*. [DD 2.6]
- 8 The pattern formations must include a straight line and circle.
- 9 With exception of the deck work, entry and the Cadence Action, all elements – required and supplementary – must be performed simultaneously and facing the same direction by all team members except during the circle pattern. Variations in propulsion and direction facing are permitted only during pattern changes and underwater actions. Mirror actions are not permitted.

**APPENDIX VII FORMS FOR SYNCHRONISED SWIMMING**

**SCORE SHEET FIGURE SESSION**

ORDER  
OF  
APPEARANCE

|  |
|--|
|  |
|--|

COMPETITION \_\_\_\_\_

| FIGURE |    | JUDGES SCORES |   |   |   |   |   |   | SUM<br>4 or 5 | AVE-<br>RAGE | DD | SCORE<br>AVG'DD | PEN<br>SS 10 |
|--------|----|---------------|---|---|---|---|---|---|---------------|--------------|----|-----------------|--------------|
| Fig.   | Nº | 1             | 2 | 3 | 4 | 5 | 6 | 7 |               |              |    |                 |              |
| 1      |    |               |   |   |   |   |   |   |               |              |    |                 |              |
| 2      |    |               |   |   |   |   |   |   |               |              |    |                 |              |
| 3      |    |               |   |   |   |   |   |   |               |              |    |                 |              |
| 4      |    |               |   |   |   |   |   |   |               |              |    |                 |              |
| TOTAL  |    |               |   |   |   |   |   |   |               |              |    |                 |              |

FAMILY NAME \_\_\_\_\_

GIVEN NAME \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

FEDERATION \_\_\_\_\_

ABREVIATION 

|  |  |  |
|--|--|--|
|  |  |  |
|--|--|--|

|   |  |
|---|--|
| TOTAL                                   |  |
| DIVIDED BY TOTAL DD<br>MULTIPLIED BY 10 |  |
| MINUS<br>PENALTIES                      |  |
| FINAL<br>FIGURE SCORE                   |  |
| FINAL<br>PLACING                        |  |
| CHECKED                                 |  |

# SYNCHRONISED SWIMMING

## SCORE SHEET FOR TECHNICAL ROUTINE

COMPETITION:

PLACE:

DATE:

FEDERATION / CLUB

Competitors:

Order of  
Appearance

Solo

Duet

Team

| 1. |  | 6. |  |
|----|--|----|--|
|    |  |    |  |
| 2. |  | 7. |  |
| 3. |  | 8. |  |
| 4. |  | R  |  |
| 5. |  | R  |  |

| EXECUTION              |         | REQUIRED ELEMENTS |         |      |         |      |         |      |         |      |         |      |         | Penalty |                  |
|------------------------|---------|-------------------|---------|------|---------|------|---------|------|---------|------|---------|------|---------|---------|------------------|
| Elem. #                | Judge 1 |                   | Judge 2 |      | Judge 3 |      | Judge 4 |      | Judge 5 |      | Judge 6 |      | Judge 7 |         | 0.5 / 1 / 2 pts. |
| 1                      |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| 2                      |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| 3                      |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| 4                      |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| 5                      |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| 6                      |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| 7                      |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| 8                      |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| 9                      |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| sum 1 - 9              |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| average                |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| Exec 70%               |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| REST OF ROUT           | Score   | Calc              | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc    |                  |
| Exec 30 %              |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |
| Exec. score each judge |         |                   |         |      |         |      |         |      |         |      |         |      |         |         |                  |

Sum of ( N\* -2)

Technical Merit Calculation: Sum of ( N\* -2) / (N\* -2) x 5

Total penalties of Required elements

Total Execution Score

| Over. Imp.             | Judge 1 |      | Judge 2 |      | Judge 3 |      | Judge 4 |      | Judge 5 |      | Judge 6 |      | Judge 7 |      |
|------------------------|---------|------|---------|------|---------|------|---------|------|---------|------|---------|------|---------|------|
|                        | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc |
| Chor.                  |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| Diff.                  |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| Synch.                 |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| Man. Pres.             |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| OI score of each judge |         |      |         |      |         |      |         |      |         |      |         |      |         |      |

Sum of ( N\* -2)

Overall Impression Calculation: Sum of ( N\* -2) / (N\* -2) x 5

### Deductions / Penalties

|                        |      |      |      |      |     |
|------------------------|------|------|------|------|-----|
| Number of Team Members | 4    | 5    | 6    | 7    | 8   |
| Deduction              | -2.0 | -1.5 | -1.0 | -0.5 | 0.0 |

|              |                 | Total Routine Time | Time Penalties -1.0 each | Other | Bottom (assist others) | Interrupt | SS 18.9 (stack, etc.) |
|--------------|-----------------|--------------------|--------------------------|-------|------------------------|-----------|-----------------------|
| Walk-On Time | Deck Move. Time |                    |                          | -1.0  | -2.0                   | -2.0      | -2.0                  |

Technical Routine Result

Tech Routine Placement

Referee / Chief Recorder

(N\* = Number of Judges)

# SYNCHRONISED SWIMMING

## SCORE SHEET FOR FREE ROUTINE AND TOTAL SCORE

COMPETITION:

PLACE:

DATE:

FEDERATION / CLUB

Abbreviation:

Order of

Appearance

Preliminary

Final

Solo

Duet

Team

Combination

| Competitors | Family Name, Given Name | Figure Results | Actual swimmers |
|-------------|-------------------------|----------------|-----------------|
| 1.          |                         |                |                 |
| 2.          |                         |                |                 |
| 3.          |                         |                |                 |
| 4.          |                         |                |                 |
| 5.          |                         |                |                 |
| 6.          |                         |                |                 |
| 7.          |                         |                |                 |
| 8.          |                         |                |                 |
| 9./R        |                         |                |                 |
| 10./R       |                         |                |                 |

Total figure score for actual Routine competitors

Average figure Result

Technical Routine Result

| Tech Merit             | Judge 1 |      | Judge 2 |      | Judge 3 |      | Judge 4 |      | Judge 5 |      | Judge 6 |      | Judge 7 |      |
|------------------------|---------|------|---------|------|---------|------|---------|------|---------|------|---------|------|---------|------|
|                        | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc |
| Exec.                  |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| Synch.                 |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| Diff.                  |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| TM score of each judge |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| Sum of (N*2)           |         |      |         |      |         |      |         |      |         |      |         |      |         |      |

Technical Merit Calculation: Sum of (N\*2) / (N\*2) x 5

| Art. Imp.              | Judge 1 |      | Judge 2 |      | Judge 3 |      | Judge 4 |      | Judge 5 |      | Judge 6 |      | Judge 7 |      |
|------------------------|---------|------|---------|------|---------|------|---------|------|---------|------|---------|------|---------|------|
|                        | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc | Score   | Calc |
| Chor.                  |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| Use of Mus.            |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| Man. Pres.             |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| AI score of each judge |         |      |         |      |         |      |         |      |         |      |         |      |         |      |
| Sum of (N*2)           |         |      |         |      |         |      |         |      |         |      |         |      |         |      |

Artistic Impression Calculation: Sum of (N\*2) / (N\*2) x 5

### Deductions / Penalties

|              |                 | Number of Team Members |                             |       |                           |           |                          |  |  |
|--------------|-----------------|------------------------|-----------------------------|-------|---------------------------|-----------|--------------------------|--|--|
|              |                 | 4                      | 5                           | 6     | 7                         | 8         | Total of routine:        |  |  |
| Deduction    |                 | - 2.0                  | - 1.5                       | - 1.0 | - 0.5                     | 0.0       | -                        |  |  |
| Walk-On Time | Deck Move. Time | Total Routine Time     | Time Penalties<br>-1.0 each | Other | Bottom<br>(assist others) | Interrupt | SS 18.9<br>(stack. etc.) |  |  |
|              |                 |                        | -                           | -1.0  | - 2.0                     | - 2.0     | - 2.0                    |  |  |

Free Routine Result

Final Result

Final Placement

Referee / Chief Recorder \_\_\_\_\_

(N\* = Number of Judges)



*Olympic Games 2012*  
**London (GBR)**



## **PART VIII**

### **FINA MASTERS RULES 2009 – 2013**

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# MASTERS

The Masters program shall promote fitness, friendship, understanding and competition through Swimming, Diving, Synchronised Swimming, Water Polo and Open Water Swimming among those competitors with a minimum age limit of 25 years (Note: exception in MSS 5).

**MGR 1** The Members shall register Masters competitors in a special category for each of the five recognised disciplines. A competitor who registers for Masters in any discipline will still retain his/her unrestricted right to compete in other competitions.

**MGR 2** Except for specific exceptions in the FINA Rules and regulations all other FINA Rules and Regulations shall apply to Masters Competitions.

**MGR 3** Individual entries shall only be accepted from persons representing clubs. No swimmer or team may be designated as representing a country or Federation.

**MGR 4** Age shall be determined as of December 31 of the year of competition.

**MGR 5** The organising federation of FINA World Masters Championships shall pay the travelling and accommodation expense of one member from the FINA Bureau.

**MGR 6** Entry fees shall be decided upon by the country that is hosting the Masters World Championships, but they shall be subject to approval by FINA.

**MGR 7** For Masters World Championships, the Management Committee shall consist of the Bureau Liaison, the Chairman and Honorary Secretary of the Masters Committee and other members of the Bureau and Masters Committee present.

**MGR 8** Masters Competitors must be aware of the need of being well prepared and medically fit before entering into Masters competitions. They shall assume full responsibility for the risks included in competing in such competitions. In consideration of their entry, they must agree to waive and release FINA, the Organising National Federation and the Organising Committee from any kind of liability for accidents, which may cause death, injury or property loss. Entry Forms containing a warning of the risks, an Accident Waiver and Release of Liability must be signed by each Masters competitor.

## MASTERS SWIMMING RULES

### MSW 1 Age Groups

**MSW 1.1** Individual Events: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94 ... (five year age groups as high as is necessary).

**MSW 1.2** Relays: To be conducted on the total age of team members in whole years. Age groups of relay events are as follows: 100 - 119, 120 - 159, 160 - 199, 200 - 239, 240 - 279, 280 -319, 320 - 359, and ... (forty year increments as high as is necessary).

### MSW 2 Age Determining Date

For all purposes pertaining to Masters World Records and Masters World Championships meet competition, the actual attained age of the competitor shall be determined as of December 31<sup>st</sup> of the year of competition.



**MSW 3 Technical Swimming Rules**

The Swimming Rules in Part III of this Handbook shall apply to Masters with the following exceptions:

**MSW 3.1** Age groups and sexes may be combined so that no swimmer has to swim alone and lanes may be filled.

**MSW 3.2** When using the forward start, the referee's whistle shall indicate that the swimmers may take their positions with at least one foot at the front of the starting platform or pool deck, or in the water with one hand having contact with the starting wall.

**MSW 3.3** Any swimmer starting before the starting signal has been given by the Starter, shall be disqualified. (Supersedes SW 4.1).

**MSW 3.4** All Masters events shall be conducted on a timed final basis.

**MSW 3.5** Swimmers may be allowed to remain in their lane while other swimmers are competing until directed by the referee to exit the pool.

**MSW 3.6** The order of swimmers by gender is optional in mixed relays.

**MSW 3.7** Events shall be pre-seeded with oldest age groups first, slowest heats swum first within each age group. Events 400 metres and over may be deck seeded from slowest to fastest, regardless of age.

**MSW 3.8** The Organising Committee may arrange 400 metre, 800 metre and 1500 metre Freestyle to be swum two (2) swimmers of the same sex in a lane. Separate timing will be required for each swimmer.

**MSW 3.9** The Warm Up must be supervised.

**MSW 3.10** A breaststroke kicking movement is permitted for butterfly. Only one breaststroke kick is permitted per arm pull except that a single breaststroke kick is permitted prior to the turn and the finish without an arm pull. After the start and after each turn, a single breaststroke kick is permitted prior to the first arm pull.

**MSW 4 Events**

The following events may be conducted for each age group.

- MSW 4.1** Short course (25 m)  
 50, 100, 200, 400, 800, 1500 m Freestyle  
 50, 100, 200 m Backstroke  
 50, 100, 200 m Breaststroke  
 50, 100, 200 m Butterfly  
 100, 200, 400 m Individual Medley  
 4 x 50m Freestyle Relay  
 4 x 50m Medley Relay  
 4 x 50m Mixed Freestyle Relay (2 women and 2 men)  
 4 x 50m Mixed Medley Relay (2 women and 2 men)  
 4 x 100m Freestyle Relay

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- 4 x 100m Medley Relay
- 4 x 100m Mixed Freestyle Relay (2 women and 2 men)
- 4 x 100m Mixed Medley Relay (2 women and 2 men)
- 4 x 200m Freestyle Relay
- 4 x 200m Mixed Freestyle Relay (2 women and 2 men)

- MSW 4.2** Long course (50 m)
- 50, 100, 200, 400, 800, 1500 m Freestyle
  - 50, 100, 200 m Backstroke
  - 50, 100, 200 m Breaststroke
  - 50, 100, 200 m Butterfly
  - 200, 400 m Individual Medley
  - 4 x 50m Freestyle Relay
  - 4 x 50m Medley Relay
  - 4 x 50m Mixed Freestyle Relay (2 women and 2 men)
  - 4 x 50m Mixed Medley Relay (2 women and 2 men)
  - 4 x 100m Freestyle Relay
  - 4 x 100m Medley Relay
  - 4 x 100m Mixed Freestyle Relay (2 women and 2 men)
  - 4 x 100m Mixed Medley Relay (2 women and 2 men)
  - 4 x 200m Freestyle Relay
  - 4 x 200m Mixed Freestyle Relay (2 women and 2 men)

**MSW 4.3** It is not necessary to conduct all of the above events in a meet. However, each age division should include shorter Freestyle, Backstroke, Breaststroke and Butterfly events plus an Individual Medley and Relays.

### **MSW 5 Relays**

Relays shall consist of four swimmers each registered with the same club. No swimmer is allowed to represent more than one club.

### **MSW 6 Records**

Masters World Records for all events listed in MSW 4 for both sexes in each age group shall be recognised and maintained in 1/100 second time (2 decimal places) and according to the provisions listed on the application form. World Records may also be recorded with manual timing in 1/100 second time (2 decimal places in accordance with SW 11.3).

**MSW 6.1** Applications for Masters World Records must be made on the FINA official forms (See next page) by the individual in question within 60 days from the end of the event.

**MSW 6.2** World Records can only be established in a Masters meet sanctioned by a Member.

**MSW 7** Swimmers who had to be disqualified must be listed with coded reason for disqualification in the results list.

**MSW 8** A swimmer can compete only once per relay event.

**MSW 9** Qualifying standards for World Championships will be considered by FINA and the Organising Committee if deemed necessary.



**MASTERS OPEN WATER SWIMMING RULES**

Masters Open Water Swimming shall be defined as any event for which the distance is greater than 1500 metres and where entry is restricted to Master swimmers. Masters Swimming age groups shall apply.

The Open Water Swimming Rules in Part IV of the FINA Handbook shall apply to Masters Open Water Swimming with the following exceptions.

**MOWS 1** Masters Open Water Swimming events will be up to 5 km. No Masters open water events should be held in water less than an average of 18° Centigrade.

**MOWS 2** A Masters Open Water Swimming event may be included in World Championships.

**MOWS 3** Swimmers shall be seeded according to age groups from the youngest to the oldest. Swimmers may be selected irrespective of gender. The slowest entered swimmers of each age group may comprise and be seeded in special heat(s).

**MOWS 4** Race organisers, in consultation with the referee and subject to advice from the FINA Technical Open Water Swimming Committee, are to designate in advance the cut off time for each Masters race. As a rough guide, a time of 30 minutes per kilometre could apply.

**MOWS 5** It shall be compulsory for all swimmers to wear highly visible coloured numbered swim caps.

**MOWS 6** Wet suits may be worn but the swimmer then becomes ineligible for trophies or championship honours.

**MASTERS DIVING RULES**

**MD 1** The Diving Rules in Part V of this Handbook shall apply to Masters Diving with the following exceptions.

**MD 1.1** The diver can freely choose the dives from the dive table given in the FINA Handbook. The only requirement is that in age groups 25 – 69 years, each dive performed has different dive number (as to FINA Handbook).

In age groups 70 – 80 + dives with the same dive number can be repeated, if performed in a different position (straight, pike, tuck or free position).

**MD 2 Springboard Diving - Men and Women (1 metre and 3 metre)**

**MD 2.1** Age groups:

Age groups for Men and Women:

| Age Group<br>(years ) | Total number of dives required |       |
|-----------------------|--------------------------------|-------|
|                       | Men                            | Women |
| 25 – 29               | 7                              | 6     |
| 30 – 34               | 7                              | 6     |
| 35 – 39               | 7                              | 6     |

|         |   |   |
|---------|---|---|
| 40 – 44 | 7 | 6 |
| 45 – 49 | 7 | 6 |
| 50 – 54 | 6 | 5 |
| 55 – 59 | 6 | 5 |
| 60 – 64 | 6 | 5 |
| 65 – 69 | 6 | 5 |
| 70 – 74 | 5 | 4 |
| 75 – 79 | 5 | 4 |
| 80 + 4  | 3 |   |

(five years age groups as long as necessary)

### MD 2.2 3m Springboard Synchronised Diving

| Age Group | Total number of dives required |          |
|-----------|--------------------------------|----------|
|           | Men                            | Women    |
| 25-49     | 2(*) +2                        | 2(*) + 2 |
| 50+       | 2(*) +2                        | 2(*) +2  |

(\*) Degree of difficulty of 2.0 for each dive regardless of the formula for degree of difficulty of the dive.

**MD 2.3** In synchronised diving events two divers from different clubs within the same Federation are permitted to compete as a synchronised diving team in the 3m diving competition.

## MD 3 Platform Diving

### Women and Men (5 metre, 7.5 metre, or 10 metre)

#### MD 3.1 Age groups for Men and Women:

| Age Groups<br>(years) | Total number of dives required |       |
|-----------------------|--------------------------------|-------|
|                       | Men                            | Women |
| 25 – 29               | 6                              | 6     |
| 30 – 34               | 6                              | 6     |
| 35 – 39               | 6                              | 6     |
| 40 – 44               | 6                              | 6     |
| 45 – 49               | 6                              | 6     |
| 50 – 54               | 5x                             | 5x    |
| 55 – 59               | 5x                             | 5x    |
| 60 – 64               | 5x                             | 5x    |
| 65 – 69               | 5x                             | 5x    |
| 70 – 74               | 4x                             | 4x    |
| 75 – 79               | 4x                             | 4x    |
| 80 + 3x               | 3x                             |       |

(five years age groups as long as necessary)

- x) 10m limited: Only feet first entries are allowed from the 10m platform and any performed dive from the 10m must not exceed degree of difficulty of 2.0.

**MD 3.2 Platform Synchronised Diving**

| Age Group | Men     | Women   |
|-----------|---------|---------|
| 25-49     | 2(*) +2 | 2(*) +2 |
| 50+ (x)   | 2(*) +1 | 2(*) +1 |

(\*) Degree of difficulty of 2.0 for each dive regardless of the formula for degree of difficulty of the dive.

(x) 10m limited: Only feet first entries are allowed from 10m and any performed dive from 10m must not exceed a degree of difficulty of 2.0.

**MD 3.3** In synchronised diving events, divers from different clubs within the same Federation are permitted to compete as a synchronised diving team in the 10m platform competition.

**MD 4 General Rules**

**MD 4.1** There shall be no limit on the number of divers taking part.

**MD 4.2** Prizes shall be awarded to the divers placed first, second, third, fourth, fifth and sixth place. If there are less than six divers in an age group, only the first three medals shall be awarded.

**MD 4.3** All divers shall perform a full series of dives in that age group and there shall be no preliminary or final contests.

**MD 4.4** The international competitions shall be conducted in accordance with FINA Rules and either 5 or 7 judges shall officiate.

**MD 5** The program of international competitions shall be carried out within a maximum of five (5) days according to the following schedule:

| Event No. | Springboard | Sex   | Age Group |
|-----------|-------------|-------|-----------|
| 1         | 3 metre     | Men   | 25-34     |
| 2         | 1 metre     | Women | 25-34     |
| 3         | 3 metre     | Men   | 35-49     |
| 4         | 1 metre     | Women | 35-49     |
| 5         | 3 metre     | Men   | 50-64     |
| 6         | 1 metre     | Women | 50-64     |
| 7         | 3 metre     | Men   | 65-80+    |
| 8         | 1 metre     | Women | 65-80+    |
| 9         | 3 metre     | Women | 65-80+    |
| 10        | 1 metre     | Men   | 65-80+    |
| 11        | 3 metre     | Women | 50-64     |
| 12        | 1 metre     | Men   | 50-64     |
| 13        | 3 metre     | Women | 35-49     |
| 14        | 1 metre     | Men   | 35-49     |
| 15        | 3 metre     | Women | 25-34     |
| 16        | 1 metre     | Men   | 25-34     |

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### Platform

|    |                  |       |        |
|----|------------------|-------|--------|
| 17 | 5, 7.5, 10 metre | Women | 65-80+ |
| 18 | 5, 7.5, 10 metre | Men   | 65-80+ |
| 19 | 5, 7.5, 10 metre | Women | 50-64  |
| 20 | 5, 7.5, 10 metre | Men   | 50-64  |
| 21 | 5, 7.5, 10 metre | Women | 35-49  |
| 22 | 5, 7.5, 10 metre | Men   | 35-49  |
| 23 | 5, 7.5, 10 metre | Women | 25-35  |
| 24 | 5, 7.5, 10 metre | Men   | 25-35  |

### Synchronised

|    |             |       |       |
|----|-------------|-------|-------|
| 26 | 3m/Platform | Women | 25-29 |
| 27 | 3m/Platform | Men   | 25-29 |
| 28 | 3m/Platform | Women | 50+   |
| 29 | 3m/Platform | Men   | 50+   |

**MD 5.1** The meet director may choose to run events concurrently depending on the number of entries.

**MD 5.2** Diving sheet shall be delivered to the diving secretary 24 hours prior to the event. Late sheets and changes to an existing sheet will be fined US\$ 10.– per sheet between 24 hours and 3 hours prior to the event. 3 hours is the deadline. No changes or dive sheets can be accepted after the deadline of 3 hours.

## MASTERS WATER POLO RULES

**MWP 1** Age groups for Masters Water Polo shall apply for men, mixed, and women teams.

**MWP 2** The age of the youngest member of the team determines the age group of the team. There are no restrictions on the ages of any players older than the youngest player on the team.

**MWP 3** Age groups for teams are at five-year intervals beginning with 30. i.e. 30+, 35+, 40+. . . .

### MWP 4 Composition of Teams

**MWP 4.1** A player may not represent more than one club in any Masters Water Polo competition or the Masters World Championships. However, a player may represent the same club on two teams in the same competition or the Masters World Championships.

**MWP 4.2** If a club entered has players on more than one team in a competition, or the FINA World Masters Championships, then each of these teams must have at least nine players that are only on the roster for that team. The nine designated players are to be listed on the roster opposite the number they will wear in the competition, with an asterisk (\*) next to the number.

**MWP 4.3** In the event that the teams from a club that have players playing on their team that are also representing the club on another team are scheduled to play at the

## MASTERS

same time in the competition, then the players playing on two teams can only be declared on the roster for one team at that scheduled time.

**MWP 4.4** Women players may be members of men's teams.

**MWP 5** The Water Polo Rules in Part VI of this Handbook shall apply to Masters Water Polo with the following exceptions:

**MWP 5.1** Each team shall consist of seven players, one of who shall be the goal keeper and who shall wear the goalkeepers cap, and not more than eight reserves may be used as substitutes, listed on the game roster, which must be submitted to the official's table for each game, not less than 45 minutes before each game commences. All players listed on the game roster will be eligible to play in the game. After the games has commenced, a team playing with less than seven players shall not be required to have a goal keeper.

**MWP 5.2** WP 4.3 shall apply except that the goalkeeper shall wear cap no. 1 and the other caps shall be numbered 2 to 15. A substitute goalkeeper shall wear a red cap numbered 13.

**MWP 5.3** The uniform distance between the respective goal lines shall be 23.5 metres minimum, and the uniform width of the field of play shall be 17 metres minimum.

**MWP 5.4** WP 11 time standards shall apply except that the duration of the Masters games shall be four periods of seven minutes each actual play for the 30+, 35+, 40+ and 45+ age groups and six minutes each actual play for the 50+, 55+, 60+, etc. age groups.

**MWP 5.5** There shall be a two minute interval between each period of play. The teams including the players, coaches and team officials, shall change ends before starting the third period and the second period of any extra time.

**MWP 5.6** WP 14.4 method of scoring shall apply except that the time of possession of the ball shall be 35 seconds.

## MASTERS SYNCHRONISED SWIMMING RULES

**MSS 1** The Synchronised Swimming Rules in Part VII of this Handbook shall apply to all Masters Synchronised Swimming except for the following:

**MSS 2** Competitors shall be registered with their Federations. Duet, Trio and Team and Combination competitors shall represent the same club.

### **MSS 3 Competitions**

**MSS 3.1** The events of Masters Synchronised Swimming are Solo, Duet, Trio, Team and Combination. Technical and Free Solos together constitute one event. Similarly, the Technical and Free Duets together is one event, the Technical and Free Trio together is one event and the Technical and Free Team is one event. The Combination by itself is one event.



**MSS 3.2** The programme for the Masters World Championships shall be Technical Routines, Free Routines and Combination.

**MSS 3.2.1 Technical Routine**

The Technical Routine shall be performed for Solos, Duets, Trios and Teams, to music as described in Appendix 1 of the MSS Rules, with the required elements selected by the Masters Technical Committee every four (4) years, subject to approval by the FINA Bureau. Technical Routines have to include all required elements. Music selection is optional and may be the same as the music used in the Free Routine. Required elements for Technical Routines may be changed every four (4) years.

**MSS3.2.2 Free Routine**

The Free Routine shall consist of Solo, Duets, Trios and Teams and Combination. There are no restrictions as to choice of music, content or choreography.

**MSS 3.3** Teams shall consist of a minimum of four (4) members and a maximum of eight (8) members. Combination shall consist of a minimum of four (4) members and a maximum of ten (10) members.

**MSS 3.4** Each competitor shall be permitted to swim three (3) routine events (Solo, Duet, Trio, Team) and one (1) Combination.

**MSS 3.4.1** A competitor shall be permitted to swim a routine (Solo, Duet, Trio, Team and Combination) in only one age group, unless otherwise specified.

**MSS 3.5** Up to five (5) routine entries per age group per event may be accepted from any club.

**MSS 3.5.1** In Masters World Championships, a club may enter up to five (5) routines in solo, duet, trio and team in each age group in each event, and one (1) Combination in each age group.

**MSS 3.5.2** Entry forms for the Masters World Championships must be received by the organising committee no later than the published entry deadline.

**MSS 3.5.3** Changes in names of competitors for a routine must be received by the Synchronised Swimming Chief Recorder at least 14 days prior to the first event of the Synchronised Swimming competition. The new competitor must have already registered for the competition with the organising committee.

**MSS 3.5.4** Once the first event of the Synchronised Swimming competition has begun, the reserves listed on a routine must be of an age that any combination of the listed competitors would result in swimming in the same age group.

**MSS 3.5.5** A competitor may be listed as a reserve on more than one routine in an age group event. However, once a competitor swims in one routine, that competitor is ineligible to swim in another routine in the same age group event.

**MSS 3.5.6** Any changes in reserves must be handed to the Synchronised Swimming Chief Recorder in writing at least two hours prior to the listed start

time for that age group routine. Changes after this can only be made in the case of sudden illness of or an accident to a competitor and if the reserve is ready to compete without delaying the competition.

**MSS 3.5.7** Failure to notify the Synchronised Swimming Chief Recorder of substitution and/or scratches according the MSS 3.5.5 shall result in disqualification of the routine.

**MSS 3.6** Goggles may be worn.

**MSS 4** Scoring will be calculated as in SS 19 and SS 20. Penalties will be as indicated in SS 18 except that there is no minimum routine time limit.

**MSS 4.1** Reserves will receive medals only if they actually swim in the Technical and/or Free Routine.

## **MSS 5 Age Categories**

**MSS 5.1** Age shall be determined as of December 31 of the year of competition.

**MSS 5.2** Solo: 20-29, 30-39, 40-49, 50-59, 60 - 69, 70-79, 80 and over

**MSS 5.3** Duet: 20-29, 30-39, 40-49, 50-59, 60 - 69, 70-79, 80 and over with age determined by the average age of the competitors.

**MSS 5.4** Trio/Team: 20-34, 35-49, 50-64, 65-79 and 80 and over with age determined by the average age of the competitors.

**MSS 5.5** Combination 20 – 39; 40 – 65 and over with age determined by the average age of the competitors.

**MSS 5.6** The average age of the competitors in a routine shall be determined by adding the ages of the actual swimmers, dividing by the number of swimmers (not including the reserves) and dropping any resulting fraction or decimal. (For example, if the average age of a Trio is 49.833, they would swim in the 35-49 age group).

## **MSS 6 Deductions in Routines**

**MSS 6.1** In Masters team competition, one half point penalty shall be deducted from the total final score for each member less than eight (8).

## **MSS 7 Order of Appearance**

**MSS 7.1** The order of draw for Masters Synchronised Swimming Competitions shall be Team, Combination, Trio, Duet and Solo.

**MSS 7.2** For the Masters World Championships, a computer draw for the Technical Routines shall be done by the Synchronised Swimming Chief Recorder at least 24 hours before the first event of the Synchronised Swimming competition.

**MSS 7.3** When a competitor(s) draws start number one (1) in a Technical Routine,

she (they) will be exempted from drawing start number one (1) in another Technical Routine, if possible.

**MSS 7.4** The order of appearance for the Free Routines in each age group shall be determined by the results of the Technical Routines for that age group event and shall be swum in groups of 6 competitors. If the number of competitors is not divisible by 6, the smallest group shall start first.

**MSS 7.4.1** If there are fewer than 12 entries in an age group event, the draw will be in two equal groups. In the case of uneven groups, the smallest group shall start first.

**MSS 7.4.2** If there is a tie in the placement in an age group event which overlaps two groups, those competitors shall form a group of their own and swim between their original groups.

**MSS 7.4.3** For each age group event, the lowest scoring competitors in the Technical Routine will swim in the first group and the highest scoring competitors will swim in the last group.

**MSS 7.4.4** Swimming number one (1) in a Technical Routine does not make a routine exempt from swimming number one (1) in the Free Routine of the same event.

**MSS 7.4.5** Within each age group in each event, the highest scoring competitor in the Technical Routine for that age group and event shall draw first, with the next competitors drawing in the order of Technical Routine placement. In the case of ties, the order of draw shall be based on the Technical Routine start number, with the lowest start number drawing first.

## **MSS 8 Time Limits for Routines**

**MSS 8.1** Time limits for Technical Routines and Free Routines including ten (10) seconds for the deck movement.

**MSS 8.1.1** Technical Routines: Solo - 1 minute 30 seconds  
Free Routines Solo - 3 minutes

**MSS 8.1.2** Technical Routines: Duet/Trio - 1 minute 40 seconds  
Free Routines: Duet/Trio - 3 minutes 30 seconds

**MSS 8.1.3** Technical Routines: Teams - 1 minute 50 seconds  
Free Routines: Teams - 4 minutes

**MSS 8.1.4** Combinations - 5 minutes

**MSS 8.1.5** There shall be no minimum time limit

**MSS 8.1.6** Maximum Time Limits:  
There shall be an allowance of fifteen (15) seconds plus the allotted time for Technical Routines, Free Routines and Combination.

**MSS 8.1.7** In routine events, the walk-on of the athletes from the designated starting point to achievement of a stationery position(s) may not exceed 30 seconds. Timing shall commence when the first competitor passes the starting point and end when the last competitor become stationery.

**MSS 8.1.8** Timing of the routines shall start and finish with the accompaniment. Timing of the deck movement shall end as the last competitor leaves the deck. Routines may start on the deck or in the water, but they must finish in the water.

**MSS 8.1.9** The accompaniment and judging shall begin upon a signal from the referee or appointed official. After the signal the competitor (s) must perform the routine without interruption.

**MSS 8.1.10** The timers shall check the overall time of the routine as well as that of the walk-on and deck movements. The times shall be recorded on the score sheet. If the time limit is exceeded for the deck work or there is deviation from the routine time limit allowance the timers shall advice the referee or the appointed official designated by the referee.

## **Appendix I FINA REQUIRED ELEMENTS FOR MASTERS TECHNICAL ROUTINES**

### **GENERAL REQUIREMENTS**

1. Supplementary elements may be added
2. Unless otherwise specified in the description of an element
  - All figures or components thereof shall be executed according to the requirements described in Appendix II
  - All elements shall be executed high and controlled, in uniform motion with each section clearly defined
3. Time limits as in MSS 8
4. Swimwear shall be black and the competitor shall wear a white cap. Goggles may be worn.

### **SOLO**

1. SPLIT POSITION followed by a Walkout Front or a Walkout Back
2. PORPOISE (#355 FINA Handbook) complete figure
3. TRAVELLING BALLET LEG COMBINATION – to include at least two (2) of the following positions: BALLET LEG with right leg, BALLET LEG with left leg, BALLET LEG DOUBLE, FLAMINGO
4. HERON THRUST and descent starting from a Submerged Ballet Double Position
5. Two (2) forms of propulsion techniques, including at least one sequence with one arm above the surface of the water.  
Elements 1 – 4 MUST be performed in order  
Element 5 may be executed at any time.

### **DUET/TRIO REQUIRED ELEMENTS**

Elements 1-5 as listed

6. A JOINED ACTION where the swimmers are connected (joined) in some manner by

## MASTERS

(hands, by feet) to perform ONE of the following: a connected figure, a connected float or connected stroking

Stack, Lifts, Throws are not permitted

7. Elements 1-4 **MUST** be performed in order.  
Elements 5-6 may be executed at any time during the routine
8. With the exception the of **DECK WORK, ENTRY AND THE JOINED ACTION**, all elements, required and supplementary **MUST** be performed simultaneously and facing the same direction of all swimmers. Mirror actions are not permitted except in the Joined Action.

### TEAM REQUIRED ELEMENTS

Elements 1-5 as listed

6. **A JOINED ACTION** where the swimmers are connected (joined) in some manner (by hands, by feet) to perform ONE of the following: a connected figure, a connected float or connected stroking  
Stacks, Lifts, and Throws are not permitted
7. **CADENCE ACTION:** - identical movements (s) performed sequentially one by one, by all team members. When more than One cadence action is performed they must be consecutive and not separate by other optional or required element.
8. Pattern Formation must include a straight line and a circle.  
Element s 1-4 **MUST** be performed in order.  
Elements 5-7 may be performed at any time.
9. With the exception of **DECK WORK, ENTRY, JOINED ACTION AND CADENCE ACTION** all elements, required and supplementary **MUST** be performed simultaneously and facing the same direction by all swimmers. Variation in propulsion and direction facing are permitted only during pattern changes. Mirror actions are not permitted with the exception in the Joined Action.

# Competitor Racing Lanes Selected when it counts

FINA World Swimming Championships (25m) – Istanbul 2012

FINA World Championships – Shanghai 2011

FINA World Swimming Championships (25m) – Dubai 2010

FINA World Championships – Rome 2009

Olympic Games – Beijing 2008

FINA World Championships – Montreal 2005

Olympic Games – Athens 2004

FINA World Swimming Championships (25m) – Moscow 2003

FINA World Swimming Championships (25m) – Athens 2000

FINA World Swimming Championships (25m) – Hong Kong 1999

FINA World Championships – Perth 1998

FINA World Swimming Championships (25m) – Gothenburg 1997

Olympic Games – Barcelona 1992

Olympic Games – Seoul 1988

FINA World Championships – Madrid 1986

Olympic Games Los Angeles 1984

FINA World Championships – Guayaquil 1982

Olympic Games – Moscow 1980

FINA World Championships – Berlin 1978

Olympic Games – Montreal 1976



Even though you are not going to arrange the Olympics you can choose Olympic standard for your racing lanes. Competitor has been the official racing lane at most Olympics, FINA World Championships and European Championships since its introduction in the middle of the 70's.



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# PART IX

## FINA FACILITIES RULES 2009 – 2013

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# FACILITIES

## PREAMBLE

The Facilities Rules are intended to provide the best possible environment for competitive use and training. These Rules are not intended to govern issues related to the general public. It is the responsibility of the owner or controller of a facility to provide supervision of activities of the public.

## FR 1 GENERAL

**FR 1.1 FINA Olympic Standard Pools.** All World Championships (except the Masters World Championships) and Olympic Games must be held in pools that comply with Rules FR 3, FR 6, FR 8, and FR 11.

**FR 1.2 FINA General Standard Pools.** Other FINA events should be held in FINA Olympic Standard Pools, but the Bureau may waive certain standards for existing pools if they do not materially interfere with the competitions.

**FR 1.3 FINA Minimum Standard Pools.** All other events held under FINA Rules should be conducted in pools that comply with all of the minimum standards contained in this Part.

**FR 1.4** In order to protect the health and safety of persons using swimming facilities for the purposes of recreation, training and competition, owners of public pools or pools restricted only to training and competition must comply with the requirements established by law and the health authorities in the country where the pool is situated.

**FR 1.5** New competition equipment (e.g. Starting blocks, lane-ropes, etc.) must be available by 1st January in the year of the Olympic Games and FINA World Championships.

## FR 2 SWIMMING POOLS

### FR 2.1 Length

**FR 2.1.1** 50.0 metres. When touch panels of Automatic Officiating Equipment are used on the starting end, or additionally on the turning end, the pool must be of such length that ensures the required distance of 50.0 metres between the two panels.

**FR 2.1.2** 25.0 metres. When touch panels of Automatic Officiating Equipment are used on the starting end, or additionally on the turning end, the pool must be of such length that ensures the required distance of 25.0 metres between the two panels.

### FR 2.2 Dimensional Tolerances

**FR 2.2.1** Against the nominal length of 50.0 metres, a tolerance of plus 0.03 metre in each lane minus 0.00 metre on both end walls at all points from 0.3 metre above to 0.8 metre below the surface of the water is allowed. These measurements should be certified by a surveyor or other qualified official, appointed or



approved by the Member in the country in which the pool is situated. Tolerances cannot be exceeded when touch panels are installed.

**FR 2.2.2** Against the nominal length of 25.0 metres, a tolerance of plus 0.03 metre in each lane minus 0.00 metre on both end walls at all points from 0.3 metre above to 0.8 metre below the surface of the water is allowed. These measurements should be certified by a surveyor or other qualified official, appointed or approved by the Member in the country, in which the pool is situated. Tolerances cannot be exceeded when touch panels are installed.

**FR 2.3 Depth** - A minimum depth of 1.35 metres, extending from 1.0 metre to at least 6.0 metres from the end wall is required for pools with starting blocks. A minimum depth of 1.0 metre is required elsewhere.

### **FR 2.4 Walls**

**FR 2.4.1** End walls shall be parallel and form right angles to the swimming course and to the surface of the water, and shall be constructed of solid material, with a non slip surface extending 0.8 metre below the water surface, so as to enable the competitor to touch and push off in turning without hazard.

**FR 2.4.2** Rest ledges along the pool walls are permitted; they must be not less than 1.2 metres below the water surface, and may be 0.1 metre to 0.15 metre wide.

**FR 2.4.3** Gutters may be placed on all four walls of the pool. If end wall gutters are installed, they must allow for attachment of touch panels to the required 0.3 metre above the water surface. They must be covered with a suitable grill or screen.

**FR 2.5 Lanes** shall be at least 2.5 metres wide, with two spaces of at least 0.2 metre outside of the first and last lanes.

### **FR 2.6 Lane Ropes**

**FR 2.6.1** In a 8 lane pool, lane ropes shall extend the full length of the course, secured at each end wall to anchor brackets recessed into the end walls. The anchor shall be positioned so that the floats at each end wall of the pool shall be on the surface of the water. Each lane rope will consist of floats placed end-to-end having a minimum diameter of 0.05 metre to a maximum of 0.15 metre.

In a swimming pool the colour of the lane ropes should be as follows:

- Two (2) GREEN ropes for lanes 1 and 8
- Four (4) BLUE ropes for lanes 2, 3, 6 and 7
- Three (3) YELLOW ropes for lanes 4 and 5

The floats extending for a distance of 5.0 metres from each end of the pool shall be of RED colour.

There shall not be more than one lane rope between each lane. The lane ropes shall be firmly stretched.

|   |  |        |
|---|--|--------|
|   |  |        |
| 1 |  | GREEN  |
| 2 |  | BLUE   |
| 3 |  | BLUE   |
| 4 |  | YELLOW |
| 5 |  | YELLOW |
| 6 |  | YELLOW |
| 7 |  | BLUE   |
| 8 |  | BLUE   |
|   |  | GREEN  |
|   |  |        |

**FR 2.6.2** At the 15-metre mark from each end wall of the pool the floats shall be distinct in colour from the surrounding floats.

**FR 2.6.3** In 50 metre pools the floats shall be distinct to mark 25 metres.

**FR 2.6.4** Lane numbers of soft material may be placed on the lane ropes at the start and turning end of the pool.

### FR 2.7 Starting Platforms

Starting platforms shall be firm and give no springing effect. The height of the platform above the water surface shall be from 0.5 metre to 0.75 metre. The surface area shall be at least 0.5 metre x 0.5 metre and covered with non-slip material. Maximum slope shall not be more than 10°. The starting platform may have an adjustable setting back plate. The platform shall be constructed so as to permit the gripping of the platform by the swimmer in the forward start at the front and the sides; it is recommended that, if the thickness of the starting platform exceeds 0.04 metre, grips of at least 0.1 metre width on each side and 0.4 metre width in the front be cut out to 0.03 metre from the surface of the platform. Handgrips for the forward start may be installed on the sides of the starting platforms. Handgrips for backstroke starts shall be placed within 0.3 metre to 0.6 metre above the water surface both horizontally and vertically. They shall be parallel to the surface of the end wall, and must not protrude beyond the end wall. The water depth from a distance of 1.0 metre to 6.0 metres from the end wall must be at least 1.35 metres where starting platforms are installed. Electronic read-out boards may be installed under the blocks. Flashing is not allowed. Figures must not move during a backstroke start.

### FR 2.8 Numbering

Each starting block must be distinctly numbered on all four sides, clearly visible. Lane number 0 shall be on the right-hand side when facing the course from the starting end with exception of 50m events, which may start from the opposite end. Touch panels may be numbered on the top part.

**FR 2.9 Backstroke Turn Indicators** - Flagged ropes shall be suspended across the pool, 1.8 metres above the water surface, from fixed standards placed 5.0 metres from each end wall. Distinctive marks must be placed on both sides of the pool, and where possible on each lane rope, 15.0 metres from each end wall.

**FR 2.10 False Start Rope** shall be suspended across the pool not less than 1.2 metres above the water level from fixed standards placed 15.0 metres in front of the starting end. It shall be attached to the standards by a quick release mechanism. The rope must effectively cover all lanes when activated.

**FR 2.11 Water Temperature** shall be 25° - 28°. During competition the water in the pool must be kept at a constant level, with no appreciable movement. In order to observe health regulations in force in most countries, inflow and outflow is permissible as long as no appreciable current or turbulence is created.

**FR 2.12 Lighting** - Light intensity over starting platforms and turning ends shall not be less than 600 lux.

**FR 2.13 Lane Markings** shall be of a dark contrasting colour, placed on the floor of the pool in the centre of each lane.

Width: minimum 0.2 metre, maximum 0.3 metre.

Length: 46.0 metres for 50 metre long pools;  
21.0 metres for 25 metre long pools.

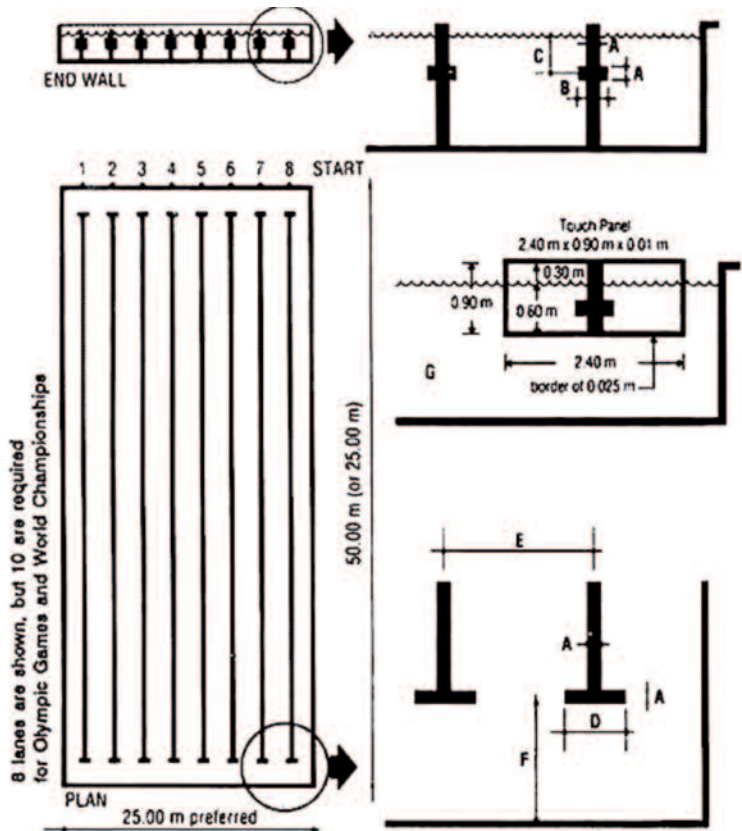
Each lane line shall end 2.0 metres from the end wall of the pool with a distinctive cross line 1.0 metre long and of the same width as the lane line. Target lines shall be placed on the end walls or on the touch panels, in the centre of each lane, of the same width as the lane lines. They shall extend without interruption from the deck edge (curb), to the floor of the pool. A cross line 0.5 metre long shall be placed 0.3 metre below the water surface, measured to the centre point of the cross line.

For 50m pools constructed after 1 January 2006, cross lines 0.5 metre long shall be placed at the 15 metre mark from each end of the pool.

**FR 2.14 Bulkheads** – When a bulkhead serves as an end wall, it must extend the full width of the course and present a solid smooth, non-slippery stable vertical surface on which touch pads may be mounted extending not less than 0.8m below and 0.3m above the surface of the water, and must be free of hazardous openings above or below the waterline which may be penetrated by a swimmer's hands, feet, toes or fingers. A bulkhead must be of a design that provides for the free movement of officials along its length without such movement creating any appreciable current or water turbulence.

pool diagram

|  |   |                          |                                   |
|--|---|--------------------------|-----------------------------------|
| WIDTH OF LANE MARKINGS, END LINES, TARGETS | A | 0.25 m ± 0.05            | <b>FINA<br/>LANE<br/>MARKINGS</b> |
| LENGTH OF END WALL TARGETS                 | B | 0.50 m                   |                                   |
| DEPTH TO CENTRE OF END WALL TARGETS        | C | 0.30 m                   |                                   |
| LENGTH OF LANE MARKER CROSS LINE           | D | 1.00 m                   |                                   |
| WIDTH OF RACING LANES                      | E | 2.50 m                   |                                   |
| DISTANCE FROM END OF LANE LINE TO END WALL | F | 2.00 m                   |                                   |
| TOUCH PAD                                  | G | 2.40 m x 0.90 m x 0.01 m |                                   |



### FR 3 SWIMMING POOLS FOR OLYMPIC GAMES AND WORLD CHAMPIONSHIPS

Length: 50.0 metres between the Automatic Officiating Equipment touch panels, except for the World Swimming Championships (25m), which shall be 25.0 metres between the Automatic Officiating Equipment touch panels at the starting end and the wall or touch panels at the turning end.

**FR 3.1** Dimensional Tolerances as in FR 2.2.1.

**FR 3.2** Width: 25.0 metres for Olympic Games and World Championships.

**FR 3.3** Depth: 2 Metres (minimum); 3 metres recommended.

**FR 3.4** Walls: as in FR 2.4.1.

**FR 3.5** Pools for Olympic Games and World Championships must be equipped with flush walls at both ends.

**FR 3.6** Number of lanes: 8 (eight), for World Championships and Olympic Games: 10 (ten).

**FR 3.7** Lanes shall be 2.5 metres wide with 2 spaces 2.5 metres wide outside of lanes 1 – 8. There must be a lane rope separating these spaces from lanes 1 and 8 for Olympic Games and world championships. If 10 lanes, these must be marked from 0 to 9.

**FR 3.8 Lane Ropes:**

In a 10 lane pool, lane ropes shall extend the full length of the course, secured at each end wall to anchor brackets recessed into the end walls. The anchor shall be positioned so that the floats at each end wall of the pool shall be on the surface of the water. Each lane rope will consist of floats placed end-to-end having a minimum diameter of 0.05 metre to a maximum of 0.15 metre.

In a swimming pool the colour of the lane ropes should be as follows:

- Two (2) GREEN ropes for lanes 0 and 9
- Six (6) BLUE ropes for lanes 1, 2, 3, 6, 7 and 8
- Three (3) YELLOW ropes for lanes 4, 5

The floats extending for a distance of 5.0 metres from each end of the pool shall be of RED colour.

There shall not be more than one lane rope between each lane. The lane ropes shall be firmly stretched.

|          |  |               |
|----------|--|---------------|
|          |  |               |
| <b>0</b> |  | <b>GREEN</b>  |
| <b>1</b> |  | <b>BLUE</b>   |
| <b>2</b> |  | <b>BLUE</b>   |
| <b>3</b> |  | <b>BLUE</b>   |
| <b>4</b> |  | <b>YELLOW</b> |
| <b>5</b> |  | <b>YELLOW</b> |
| <b>6</b> |  | <b>YELLOW</b> |
| <b>7</b> |  | <b>BLUE</b>   |
| <b>8</b> |  | <b>BLUE</b>   |
| <b>9</b> |  | <b>BLUE</b>   |
|          |  | <b>GREEN</b>  |
|          |  |               |

**FR 3.9** Starting Platforms: as in FR 2.7.

Except the surface area shall be at least 0.5 metres wide X 0.6 metres in length and covered with non-slip material. False start control equipment must be installed.

**FR 3.10** Numbering: as in FR 2.8.

**FR 3.11** Lane Markings for Diving pools shall be of a dark contrasting color, placed on the floor of the pool in the centre of each lane.

Width: minimum 0.2 meter, maximum 0.3 meter.

Length: 21.0 meters for 25 meter long pools.

Each lane line shall end 2.0 meters from the end wall of the pool with a distinctive cross line 1.0 meter long and of the same width as the lane line. Target line shall be placed on the end walls or on the touch panels, in the centre of each lane, of the same width as the lane lines. They shall extend without interruption from the deck edge (curb), to the floor of the pool. A cross line 0.5 meter long shall be placed 0.3 meter below the water surface, measured to the centre point of the cross line.

This requirement is for 25 m Diving pools constructed after 1 January 2010.

**FR 3.12** Backstroke turn indicators: as in FR 2.9. Flagged ropes must be 1.8 metres above the water surface. Flags must be fixed to the rope having the following dimensions: 0.20 metres on the rope forming a triangle measuring 0.40 metres on the sides. The distance between each flag must be 0.25 metres. The flags may carry any signage on the flags to be approved in advance by FINA

**FR 3.13** False Start Rope: as in FR 2.10.

**FR 3.14** Water temperature: as in FR 2.11.

**FR 3.15** Lighting: Light intensity over the whole pool shall not be less than 1500 lux.

**FR 3.16** Lane markings: as in FR 2.13. The distance between the centre points of each lane shall be 2.5 metres.

**FR 3.17** If the swimming pool and the diving well are in the same area the minimum distance separating the pools shall be 5.0 metres.

#### **FR 4 AUTOMATIC OFFICIATING EQUIPMENT**

**FR 4.1** Automatic and Semi-Automatic Officiating Equipment records the elapsed time of each swimmer and determines the relative place in a race. Judging and timing shall be to 2 decimal places (1/100 of a second). Equipment that is installed shall not interfere with the swimmers' starts, turns, or the function of the overflow system.

**FR 4.2** The Equipment must:

**FR 4.2.1** Be activated by the starter.

**FR 4.2.2** Have no exposed wires on the pool deck, if possible.

**FR 4.2.3** Be able to display all recorded information for each lane by place and by lane.

**FR 4.2.4** Provide easy digital reading of a swimmer's time.

#### **FR 4.3 Starting devices**

**FR 4.3.1** The starter shall have a microphone for oral commands.

**FR 4.3.2** If a pistol is used, it shall be used with a transducer.

**FR 4.3.3** Both the microphone and the transducer shall be connected to loudspeakers at each starting block where both the starter's commands and the starting signal can be heard equally and simultaneously by each swimmer.

#### **FR 4.4 Touch panels for Automatic Equipment**

**FR 4.4.1** The minimum measurement of the touch panels shall be 2.4 metres wide and 0.9 metre high, and their thickness shall be 0.01 metre  $\pm$  0.002 metre. They shall extend 0.3 metre above and 0.6 metre below the surface of the water. The equipment in each lane shall be connected independently, so it may be controlled individually. The surface of the panels shall be of a bright colour and shall bear the line markings approved for the end walls.

**FR 4.4.2** Installation - The touch panels shall be installed in a fixed position in the centre of the lanes. The panels may be portable, allowing the pool operator to remove them when there are no competitors.

**FR 4.4.3** Sensitivity - The sensitivity of the panels shall be such that they cannot be activated by water turbulence, but will be activated by a light hand touch. The panels shall be sensitive on the top edge.

**FR 4.4.4** Markings - The markings on the panels shall conform with and superimpose on the existing markings of the pool. The perimeter and edges of the panels shall be defined by a 0.025 metre black border.

**FR 4.4.5** Safety - The panels shall be safe from the possibility of electrical shock and shall not have sharp edges.

**FR 4.5** With Semi-Automatic Equipment, the finish shall be recorded by buttons pushed by timekeepers at the finish touch of the swimmer.

**FR 4.6** The following accessories are essential for a minimum installation of Automatic Equipment:

**FR 4.6.1** Printout of all information, which can be regenerated during a succeeding race.

**FR 4.6.2** Spectator readout board.

**FR 4.6.3** Relay take-off judging to 1/100 of a second. Where overhead video cameras are installed they may be reviewed as a supplement to the automatic system's judgement of relay take-off. For the differential in the relays take-off the manufacturer of the device shall be consulted.

**FR 4.6.4** Automatic lap counter.

**FR 4.6.5** Readout of splits.

**FR 4.6.6** Computer summaries.

**FR 4.6.7** Correction of erroneous touch.

**FR 4.6.8** Automatic rechargeable battery operation possibility.

**FR 4.7** For Olympic Games and World Championships the following accessories are also essential:

**FR 4.7.1** The spectator electronic read-out board shall contain at least twelve (12) lines of thirty-two (32) characters, each capable of displaying both letters and numbers. Each character shall have a minimum height of 360 mm. Each line – matrix scoreboard shall be able to scroll up or down, with blink function, and each full matrix scoreboard shall be programmable, and capable of showing animation. The board must have a minimum size of 7.5 m width by 4.5m height.

**FR 4.7.2** There shall be an air-conditioned control centre, with dimensions of a least 6.0 metres x 3.0 metres, located between 3.0 metres and 5.0 metres from the finish wall, with an unobstructed view of the finish wall at all times during the race. The referee must have easy access to the control centre during the competition. At all other times the control centre shall be able to be secured.

**FR 4.7.3** Video-tape timing system.

**FR 4.8** Semi-Automatic Equipment may be used as a backup to the Automatic Officiating Equipment at FINA or other major events if there are three buttons per lane, each operated by a separate official (in which case other finish judges shall not be required). An inspector of turns may operate one of the buttons.

## **FR 5 DIVING FACILITIES**

### **FR 5.1 Springboard Diving**

**FR 5.1.1** The boards shall be at least 4.8 metres long and 0.5 metre wide. At all FINA Events the type of springboard shall be determined by FINA.

**FR 5.1.2** The boards shall be provided with a satisfactory non-slip surface.

**FR 5.1.3** The springboards shall be provided with movable fulcrums easily adjustable by the diver.

**FR 5.1.4** The vertical distance from the level of the platform, which supports the fulcrum assembly to the level of the top of the springboard, shall be 0.365 meter. The distance from the front edge of the fulcrum assembly (which is 0.676 meter long) to the front edge of the supporting platform shall be a maximum of 0.68 meter. If the front edge of the platform projects past this point then the top surface past this point must be sloped down at a rate of 1 vertical to 3 horizontal.

**FR 5.1.5** The minimum distance recommended from the rear to the centre line of the fulcrum shall be to the recommendation of the manufacturer of the springboard.

**FR 5.1.6** The springboards shall be installed dead level at the leading edge when the movable fulcrum is in all positions.

**FR 5.1.7** The springboards should be placed on either one or both sides of the



platform. For Synchronised Diving, it is preferred that at least two springboards at the same height shall be placed side by side and no objects should obstruct the visibility in any part of the dive between the divers.

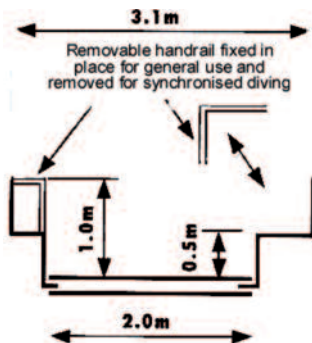
## FR 5.2 Platform Diving

**FR 5.2.1** Each platform shall be rigid and horizontal.

**FR 5.2.2** The minimum dimensions of the platform shall be:

|                       |                                |             |
|-----------------------|--------------------------------|-------------|
| 0.6m to 1.0m platform | 0.6m width                     | 5.0m length |
| 2.6m to 3.0m platform | 0.6m width<br>(preferred 1.5m) | 5.0m length |
| 5.0m platform         | 1.5m width                     | 6.0m length |
| 7.5m platform         | 1.5m width                     | 6.0m length |
| 10.0m platform        | 3.0m width                     | 6.0m length |

On 10m platforms, with a width of less than 3m, only the handrails on each side for a distance of at least 3.0m back from the front edge of the platform may be shaped as detailed below. It is recommended that an easily removable section of handrail be included for general use, which can be removed for synchronised diving (see diagram).



**FR 5.2.3** The preferred thickness of the front edge of the platform shall be 0.2 metre but not exceeding 0.3 metre, and can be vertical or inclined at an angle not greater than 10° to the vertical inside the plummet line.

**FR 5.2.4** The surface and the front edge of the platform shall be covered throughout with a resilient non-slip surface. The two surfaces shall be covered separately in order to achieve a clean 90° angle or as described in FR 5.2.3.

**FR 5.2.5** The front of 10.0 metre and 7.5 metre platforms shall project at least 1.5 metres beyond the edge of the pool. For 2.6 metre -3.0 metre and 5.0 metre

platforms a projection of 1.25 metres is acceptable, and for 0.6 metre - 1.0 metre platforms a projection of 0.75 metre is acceptable.

**FR 5.2.6** Where a platform is directly underneath another platform the platform above shall project a minimum of 0.75 metre (preferred 1.25 metres) beyond the platform below.

**FR 5.2.7** The back and sides of each platform (except a 1.0 metre platform) shall be surrounded by handrails with a minimum clearance of 1.8 metres between pairs. The minimum height shall be 1.0 metre and they shall be with at least two crossbars placed outside the platform beginning 0.8 metre from the front edge of the platform.

**FR 5.2.8** Each platform shall be accessible by suitable stairs (not ladders).

**FR 5.2.9** It is preferable that a platform is not constructed directly under any other platform.

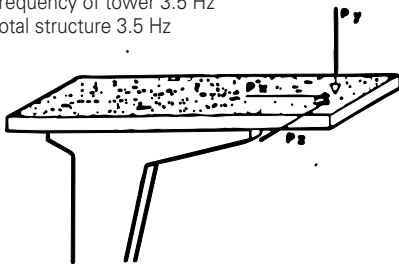
**FR 5.2.10** Requirements for the supporting structure. For platforms and supporting structure of the springboards the design load is  $p = 350$  kiloponds (kilograms force) per lineal metre.

In addition to the static requirements and for the comfort and safety of the user with respect to the movement of the towers, the following limits shall be observed, with respect to the platforms and springboard supports.

Fundamental frequency of platforms 10.0 Hz

Fundamental frequency of tower 3.5 Hz

Oscillation of total structure 3.5 Hz



The spatial deformation of the front edge of the platforms as a result of  $P_x = P_y = P_z = 100$  kiloponds (kilograms force) shall be a maximum of 1 mm (see drawing).

These requirements can be met most adequately by a reinforced concrete structure. The proof of the dynamic behaviour is to be provided together with the static calculations for the whole structure.

### **FR 5.3 General Requirements**

**FR 5.3.1** For pools designed and constructed after March 1991 the minimum dimensions in metres for diving facilities as detailed on the "FINA Dimensions

for Diving Facilities” table and on the “Diving Facilities Diagram” (see next pages) shall prevail, using, as a basic measuring point of reference, the plummet line, which is a vertical line extending through the centre of the front edge of the springboard or platform. It is recommended that the preferred dimensions be used for projects considered to have an important status.

**FR 5.3.2** The dimensions C from plummet to adjacent plummet in the “FINA Dimensions for Diving Facilities” table apply to platforms with widths as detailed in FR 5.2.2. If platform widths are increased then the dimensions C shall be increased by half the additional widths.

**FR 5.3.3** The height of the springboards and each platform above the water level may vary by plus 0.05 metre minus 0.00 metre from the heights prescribed in the Rules.

**FR 5.3.4** The end of a 5 metre platform must not project beyond the ends of the 3 metre springboards.

**FR 5.3.5** In the area of full water depth, the bottom of the pool may rise up to 2%. In the diving pool, the depth of water shall not be less than 1.8 metres at any point.

**FR 5.3.6** In outdoor pools, springboards and platforms are recommended to face north in the northern hemisphere and south in the southern hemisphere.

**FR 5.3.7** The minimum illumination at a level of 1 metre above the water surface shall not be less than 600 lux.

**FR 5.3.8** Sources of natural and artificial illumination shall be provided with controls to prevent glare.

**FR 5.3.9** The water temperature shall be not less than 26° Celsius.

**FR 5.3.10** Mechanical surface agitation shall be installed under the diving facilities to aid the divers in their visual perception of the surface of the water. In pools equipped with an underwater bubble machine, the machine should only be used for this purpose if it creates sufficient water agitation when working with a very low pressure; otherwise a horizontal water sprinkler system should only be used.

**FR 5.3.11** Lane markings for Diving pools shall be of a dark contrasting color, placed on the floor of the pool in the centre of each lane.

Width: minimum 0.2 metre, maximum 0.3 metre.

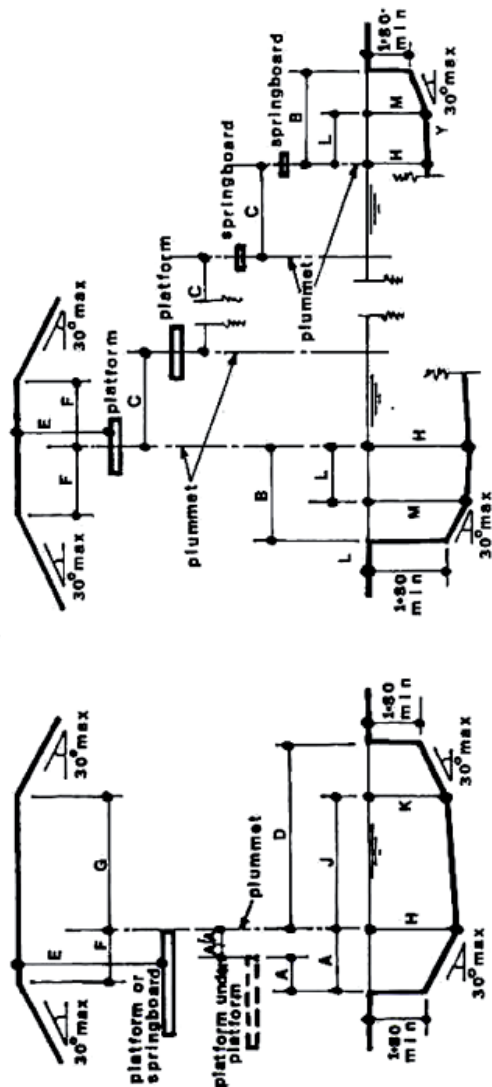
Length: 21.0 metres for 25 metre long pools.

Each lane line shall end 2.0 metres from the end wall of the pool with a distinctive cross line 1.0 metre long and of the same width as the lane line. Target line shall be placed on the end of the walls or on the touch panels, in the centre of each lane, of the same width as the lane lines. They shall extend without interruption from the deck edge (curb), to the floor of the pool. A cross line 0.5 metre long shall placed 0.3 metre below the water surface, measured to the centre point of the cross line.

This requirement is for 25 metre Diving pools constructed after 1 January 2010.

# FACILITIES

| FINA<br>Dimensions for Diving Facilities |   |             | Springboard |      |  |      |           |         | Platform   |       |             |      |              |       |                    |      |
|--|---|-------------|-------------|------|--|------|-----------|---------|------------|-------|-------------|------|--------------|-------|--------------------|------|
|  |   |             | 1 metre     |      | 3 metres   |      | 1 metre   |         | 3 metres   |       | 5 metres    |      | 7.5 metres   |       | 10 metres          |      |
| As of 3 March 1991<br>(see FR 5.3.1)     |   |             | Length      |      | 4.80   | 4.80 | 5.00      | 5.00    | 6.00       | 6.00  | 6.00        | 6.00 | 6.00         | 6.00  |                    |      |
|  |   |             | Width       |      | 0.50   | 0.50 | 0.60      | 0.60min | 1.50       | 1.50  | 1.50        | 1.50 | 1.50         | 1.50  | 3.00               |      |
|  |   |             | Height      |      | 1.00   | 3.00 | 0.60-1.00 |         | 2.60-3.00  |       | 5.00        |      | 7.50         |       | 10.00              |      |
| A  | From Plummets<br>BACK TO POOL WALL                                | Designation | Horiz       | Vert | Horiz  | Vert | Horiz     | Vert    | Horiz      | Vert  | Horiz       | Vert | Horiz        | Vert  |                    |      |
|  |   |             | A-1         |      | A-3  |      | A-1pl     |         | A-3pl      |       | A-5         |      | A-7.5        |       | A-10               |      |
|  |   | Minimum     | 1.50        |      | 1.50   |      | 0.75      |         | 1.25       |       | 1.25        |      | 1.50         |       | 1.50               |      |
|  | Preferred   | 1.80        |             | 1.80 |  | 0.75 |           | 1.25    |            | 1.25  |             | 1.50 |              | 1.50  |                    |      |
| A/A                                      | From plummets<br>BACK TO PLATFORM<br>plummets directly below      | Designation |             |      |  |      |           |         | A/A 5/1    |       | A/A 7.5/3.1 |      | A/A 10/5,3.1 |       |                    |      |
|  |   | Minimum     |             |      |  |      |           |         | 0.75       |       | 0.75        |      | 0.75         |       |                    |      |
|  |   | Preferred   |             |      |  |      |           |         | 1.25       |       | 1.25        |      | 1.25         |       |                    |      |
| B  | From plummets to<br>POOL WALL AT SIDE                             | Designation | B-1         |      | B-3  |      | B-1pl     |         | B-3pl      |       | B-5         |      | B-7.5        |       | B-10               |      |
|  |   | Minimum     | 2.50        |      | 3.50   |      | 2.30      |         | 2.80       |       | 3.25        |      | 4.25         |       | 5.25               |      |
|  |   | Preferred   | 2.50        |      | 3.50   |      | 2.30      |         | 2.90       |       | 3.75        |      | 4.50         |       | 5.25               |      |
| C  | From plummets to<br>ADJACENT PLUMMET                              | Designation | C 1-1       |      | C-3-3,3-1  |      | C1-1pl    |         | C3-3pl,1pl |       | C5-3,5-1    |      | C7.5-5,3,1   |       | C-10-7.5,<br>5,3,1 |      |
|  |   | Minimum     | 2.00        |      | 2.20   |      | 1.65      |         | 2.00       |       | 2.25        |      | 2.50         |       | 2.75               |      |
|  |   | Preferred   | 2.40        |      | 2.60   |      | 1.95      |         | 2.10       |       | 2.50        |      | 2.50         |       | 2.75               |      |
| D  | From plummets to<br>POOL WALL AHEAD                               | Designation | D-1         |      | D-3  |      | D-1pl     |         | D-3pl      |       | D-5         |      | D-7.5        |       | D-10               |      |
|  |   | Minimum     | 9.00        |      | 10.25  |      | 8.00      |         | 9.50       |       | 10.25       |      | 11.00        |       | 13.50              |      |
|  |   | Preferred   | 9.00        |      | 10.25  |      | 8.00      |         | 9.50       |       | 10.25       |      | 11.00        |       | 13.50              |      |
| E  | On plummets, from<br>BOARD TO CEILING                             | Designation | E-1         |      | E-3  |      | E-1pl     |         | E-3pl      |       | E-5         |      | E-7.5        |       | E-10               |      |
|  |   | Minimum     | 5.00        |      | 5.00   |      | 3.25      |         | 3.25       |       | 3.25        |      | 3.25         |       | 4.00               |      |
|  |   | Preferred   | 5.00        |      | 5.00   |      | 3.50      |         | 3.50       |       | 3.50        |      | 3.50         |       | 5.00               |      |
| F  | CLEAR OVERHEAD<br>behind and each<br>side of plummets             | Designation | F-1         | E-1  | F-3  | E-3  | F-1pl     | E-1pl   | F-3pl      | E-3pl | F-5         | E-5  | F-7.5        | E-7.5 | F-10               | E-10 |
|  |   | Minimum     | 2.50        | 5.00 | 2.50   | 5.00 | 2.75      | 3.25    | 2.75       | 3.25  | 2.75        | 3.25 | 2.75         | 3.25  | 2.75               | 4.00 |
|  |   | Preferred   | 2.50        | 5.00 | 2.50   | 5.00 | 2.75      | 3.50    | 2.75       | 3.50  | 2.75        | 3.50 | 2.75         | 3.50  | 2.75               | 5.00 |
| G  | CLEAR OVERHEAD<br>ahead of plummets                               | Designation | G-1         | E-1  | G-3  | E-3  | G-1pl     | E-1pl   | G-3pl      | E-3pl | G-5         | E-5  | G-7.5        | E-7.5 | G-10               | E-10 |
|  |   | Minimum     | 5.00        | 5.00 | 5.00   | 5.00 | 5.00      | 3.25    | 5.00       | 3.25  | 5.00        | 3.25 | 5.00         | 3.25  | 6.00               | 4.00 |
|  |   | Preferred   | 5.00        | 5.00 | 5.00   | 5.00 | 5.00      | 3.50    | 5.00       | 3.50  | 5.00        | 3.50 | 5.00         | 3.50  | 6.00               | 5.00 |
| H  | DEPTH OF WATER<br>At plummets                                     | Designation | H-1         |      | H-3  |      | H-1pl     |         | H-3pl      |       | H-5         |      | H-7.5        |       | H-10               |      |
|  |   | Minimum     | 3.40        |      | 3.70   |      | 3.20      |         | 3.50       |       | 3.70        |      | 4.10         |       | 4.50               |      |
|  |   | Preferred   | 3.50        |      | 3.80   |      | 3.30      |         | 3.60       |       | 3.80        |      | 4.50         |       | 5.00               |      |
| J<br>K                                   | DISTANCE AND DEPTH<br>ahead of plummets                           | Designation | J-1         | K-1  | J-3  | K-3  | J-1pl     | K-1pl   | J-3pl      | K-3pl | J-5         | K-5  | J-7.5        | K-7.5 | J-10               | K-10 |
|  |   | Minimum     | 5.00        | 3.30 | 6.00   | 3.60 | 4.50      | 3.10    | 5.50       | 3.40  | 6.00        | 3.60 | 8.00         | 4.00  | 11.00              | 4.25 |
|  |   | Preferred   | 5.00        | 3.40 | 6.00   | 3.70 | 4.50      | 3.20    | 5.50       | 3.50  | 6.00        | 3.70 | 8.00         | 4.40  | 11.00              | 4.75 |
| L<br>M                                   | DISTANCE AND DEPTH<br>each side of plummets                       | Designation | L-1         | M-1  | L-3  | M-3  | L-1pl     | M-1pl   | L-3pl      | M-3pl | L-5         | M-5  | L-7.5        | M-7.5 | L-10               | M-10 |
|  |   | Minimum     | 1.50        | 3.30 | 2.00   | 3.60 | 1.40      | 3.10    | 1.80       | 3.40  | 3.00        | 3.60 | 3.75         | 4.00  | 4.50               | 4.25 |
|  |   | Preferred   | 2.00        | 3.40 | 2.50   | 3.70 | 1.90      | 3.20    | 2.30       | 3.50  | 3.50        | 3.70 | 4.50         | 4.40  | 5.25               | 4.75 |
| N  | MAXIMUM SLOPE TO<br>REDUCE DIMENSIONS<br>beyond full requirements | POOL DEPTH  | 30 degrees  |      | Note: Dimensions C (plummet to adjacent plummet) apply to Platforms with widths as detailed. If Platform widths are increased then C is to be increased by half the additional width(s). |      |           |         |            |       |             |      |              |       |                    |      |
|  |   | CEILING HT  | 30 degrees  |      |  |      |           |         |            |       |             |      |              |       |                    |      |



**LONGITUDINAL SECTION**  
**DIAGRAMMATIC ONLY**

**CROSS SECTION**  
**DIAGRAMMATIC ONLY**

**FR 5.3.12 Individual diving**

**FR 5.3.12.1** The judges will be placed side by side in a line on either side of the springboard / platform by the Referee.

**FR 5.3.12.2** When seven (7) / five (5) judges are used, four (4) / three (3) judges will be on the side closest to the competition.

*Note: The Referee may decide to place four (4) / three (3) judges farthest from the competition depending of the local situation in the pool.*

**FR 5.3.12.3** No judge shall be seated behind the front edge of the springboard or platform.

**FR 5.3.12.4** The numbering of the judge chairs will be clockwise when facing the springboard / platform.

**FR 5.3.12.5** In the 1 metre springboard competitions, normal chairs shall be used.

**FR 5.3.12.6** In the 3 metre springboard competitions, the judges shall be seated at a height of not lower than two (2) metres above the water level.

**FR 5.3.12.7** In the 10 metre platform competitions, the chairs from the 3m springboard competitions can be used but if at all possible, the judges shall be seated at an even higher level.

**FR 5.3.12.8** To assist the judges in the 3 metre springboard and 10 metre platform competitions, the judge chairs must be positioned as far back from the edge of the pool as is practical.

**FR 5.3.13 Synchronised diving**

**FR 5.3.13.1** Three (3) / two (2) execution judges will be placed on either side of the springboard / platform by the Referee.

**FR 5.3.13.2** The numbering of the execution judge chairs will be clockwise when facing the springboard / platform, namely E 1, E 2 and E 3 (or E 1, E 2) on the left side and E 4, E 5 and E 6 (or E 3, E 4) on the right side.

**FR 5.3.13.3** In between the execution judges on either side of the pool, the synchronised judges will be placed in a line.

**FR 5.3.13.4** Two (2) synchronised judges will be on the side closest to the springboard / platform competition, and the other three (3) synchronised judges on the opposite side.

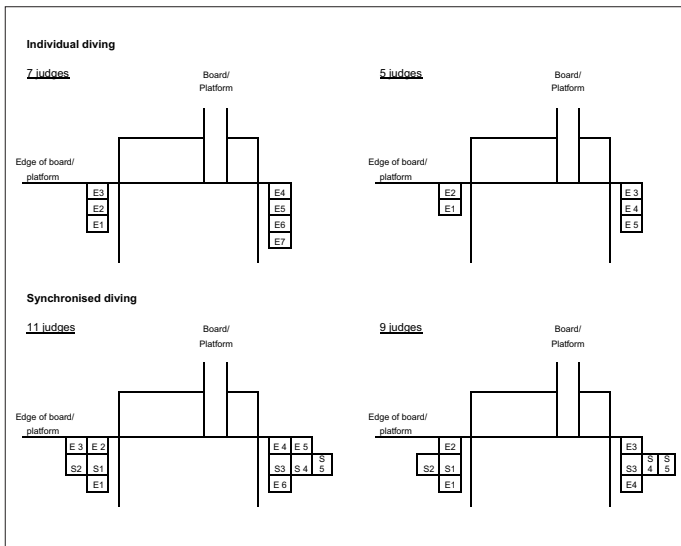
**FR 5.3.13.5** The numbering of the synchronised judge chairs will start on the left-hand side on the pool with the lowest chair being S 1, and the highest chair on the right-hand side of the pool being S 5.

**FR 5.3.13.6** In the synchronised competitions, the synchronised judges closest to the pool edge, shall be seated at a height of not lower than 2.0 metres above the water level.

**FR 5.3.13.7** The subsequent heights for the remaining synchronised judges (or additional execution judge) must increase no less than 0.5 metre per seat.

**FR 5.3.13.8** There shall be no interference or movement in front of the judge chairs.

**FR 5.3.13.9** The above recommendations are outlined in the sketch below.



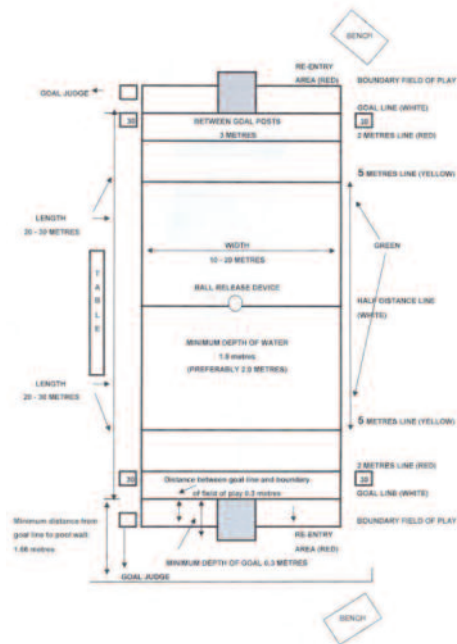
**FR 6 DIVING FACILITIES FOR OLYMPIC GAMES AND WORLD CHAMPIONSHIPS**

**FR 6.1** For Olympic Games and World Championships FR 5 in total shall apply, however the light intensity at a level of one metre above the water surface shall not be less than 1500 lux.

**FR 6.2** In regard to dimensions for diving facilities preferred measurements given in the on the “FINA Dimensions for Diving Facilities” table must be observed.

**FR 6.3** See FR 3.16.

**FR 6.4** The host facility must provide a trampoline with spotting equipment and a hot tub. It is preferred that there be two trampolines and a dryland area with a springboard and a platform take-off into foam landing pits.

**FR 7 POOLS FOR WATER POLO****FR 7.1**

**FR 7.2** Field of play. The distance between the respective goal lines shall be 30.0 metres for games played by men and 25.0 metres for games played by women. The width of the field of play shall be 20.0 metres. The depth of the water shall be nowhere less than 1.8 metres, preferably 2.0 metres.

**FR 7.3** The water temperature shall not be less than 26° plus 1° minus 1° Centigrade.

**FR 7.4** The light intensity shall not be less than 600 lux.

**FR 7.5** Exception from FR 7.2 may be allowed on the discretion of the federation controlling the match.

**FR 8 WATER POLO POOLS FOR OLYMPIC GAMES AND WORLD CHAMPIONSHIPS**

**FR 8.1** Exceptions from the requirements in FR 7.2 are not allowed.



**FR 8.2** The water temperature shall be as in FR 7.3.

**FR 8.3** The light intensity shall not be less than 1500 lux.

**FR 8.4** In Olympic Games, World Championships and FINA events fresh water shall be used.

## **FR 9 EQUIPMENT FOR WATER POLO POOLS**

**FR 9.1** Distinctive marks shall be provided on both sides of the field of play to denote the goal lines, lines 2.0 metres and 5.0 metres from that line, and half distance between the goal lines. These markings shall be clearly visible throughout the game. As uniform colours the following are recommended for these markings: goal line and half distance line - white; 2.0 metres from goal line - red; 5.0 metres from goal line - yellow. A red or other visible coloured sign shall be placed on the end of the field of play 2.0 metres from the corner of the field of play on the side (opposite to the official table). The boundary of the field of play at both ends is 0.3 metre behind the goal line. The minimum distance from the goal line to the pool wall shall be 1.66 metres.

**FR 9.2** Sufficient space shall be provided to enable the referees to have free way from end to end of the field of play. Space shall also be provided at the goal lines for the goal judges.

**FR 9.3** Goals: The goal posts and crossbar must be of wood, metal or synthetic (plastic) with rectangular sections of 0.075 metre, square with the goal line and painted white. The goal posts must be fixed, rigid and perpendicular at each end of the playing space, equal distances from the sides and at least 0.3 metre in front of the ends of the field of play or of any obstruction. Any standing or resting place for the goalkeeper other than the floor of the pool is not permitted.

**FR 9.4** The inner sides of the goal posts must be 3.0 metres apart.

**FR 9.5** The underside of the crossbar must be 0.9 metre above the water surface when the water is 1.5 metres or more in depth, and 2.4 metres above the bottom of the pool when the depth of the water is less than 1.5 metres.

**FR 9.6** Limp nets must be attached to the goal fixtures to enclose the entire goal space, securely fastened to the goal posts and crossbar and allowing not less than 0.3 metre clear space behind the goal line everywhere within the goal area.

**FR 9.7** Automatic Officiating Equipment

## **FR 10 POOLS FOR SYNCHRONISED SWIMMING**

**FR 10.1** For the figure section of competition two areas each 10.0 metres long by 3.0 metres wide are to be provided. Each area is to be close to a wall of the pool with the 10.0 metres long side parallel to and not greater than 1.5 metres from the pool wall. One of these areas is to be of 3.0 metres minimum depth and the other area is to be of 2.5 metres minimum depth.

**FR 10.2** For the routine section of competition a minimum area of 12 meters by 25

meters is required, within an area of which 12 meters by 12 meters must have a minimum depth of 3.0 meters. The depth of the remaining area shall be 2.0 meters minimum.

**FR 10.2.1** Delimit in width and length the field of play in the Solo and the Duet with two lanes (maximum width 16 mt length 25).

For the Solo and Duet competition, the field of play may be delimited in width and length.

**FR 10.3** Where the water depth is more than 2.0 metres, the depth at the pool wall may be 2.0 metres and then sloped down to reach the general depth at 1.2 metres maximum from the pool wall.

**FR 10.4** The areas for figure competition in FR 10.1 can occupy the same area of the pool as that used for routine competition.

**FR 10.5** If there are no lane markings as described in FR 2.13, the floor of the pool must be marked with contrasting lines in one direction, following the length of the pool.

**FR 10.6** The water must be of sufficient clarity for the bottom of the pool to be visible.

**FR 10.7** The water temperature shall not be less than 27° plus 1° minus 1° Centigrade.

### **FR 11 POOLS FOR SYNCHRONISED SWIMMING IN OLYMPIC GAMES AND WORLD CHAMPIONSHIPS**

**FR 11.1** For the routine section of competition at Olympic Games and World Championships a minimum area of 20.0 metres by 30.0 metres is required, within which an area of 12.0 metres by 12.0 metres must have a minimum depth of 3.0 metres. The depth of the remaining area shall be 2.5 metres minimum. The sloped area from 3.0 metres depth to 2.5 metres depth should be over a minimum distance of 8.0 metres.

**FR 11.2** The water temperature shall be as in FR 10.7.

**FR 11.3** The light intensity shall not be less than 1500 lux.

**FR 11.4** Automatic officiating equipment, as listed in FR 12 shall be available.

**FR 11.5** Sound equipment and presentation standards as listed in FR 13 shall be available.

### **FR 12 AUTOMATIC OFFICIATING EQUIPMENT**

The minimum installation consists of:

**FR 12.1** same number of score recorder units as judges (figure: 6 up to 28; routine: 6 up to 14)

**FR 12.2** the results may only be transferred after confirmation by the referee or appointed official

**FR 12.3** result unit (computer) with result recording and back up system. Only FINA approved programmes and systems are allowed.

**FR 12.4** print out system for all recorded information, start lists and result lists;

**FR 12.5** A judges evaluation system based on the recorded results (FR 12.3). Only FINA TSSC approved programmes and system are allowed.

**FR 12.6** scoreboard control unit with a scoreboard; of a minimum of 10 lines containing 32 digits (or scoreboard as described in Rule FR 4.7.1). The scoreboard must be able to display all recorded information and the running time;

**FR 12.7** for each judge flash cards in case of failure of the electronic system.

### **FR 13 SOUND EQUIPMENT AND PRESENTATION STANDARDS**

The sound equipment should include, at minimum:

**FR 13.1** Amplifier-mixer system.

**FR 13.2** A sound reproduction system

**FR 13.3** High quality microphones and microphone stations for announcements and ceremonies.

**FR 13.4** Good quality air speakers of size, number and placement to obtain uniform clear sound to both the field of competition area and audience.

**FR 13.5** UW speakers for clear and uniform underwater sound above all interfering noise and at levels acceptable to the competitors.

**FR 13.6** Isolation and impedance matching transformer systems for the UW speakers if speakers with metallic shells are used.

**FR 13.7** Sound volume (decibel) meter for monitoring music sound levels both above and under water.

**FR 13.8** Patch cords for interconnecting equipment properly, speaker extension lines adequate for placing speakers for optimal sound distribution.

**FR 13.9** Fusing systems as needed to protect speakers and other equipment.

**FR 13.10** Grounding lines to ensure safe grounding of all equipment.

**FR 13.11** Safety materials to minimize potential of injury to person or equipment from stepping on or tripping over electrical or speaker lines.

**FR 13.12** A stopwatch.

**FR 13.13** Tools and meters as needed for initial special hookups and emergency repairs.

**FR 13.14** Systems for communication between officials and sound desk.

**FR 13.15** A system for monitoring and recording underwater sound continuously.



# PART X

## FINA MEDICAL RULES 2009 – 2013

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# MEDICAL RULES

## PREAMBLE

1. FINA, in accomplishing its mission, should take care that sport is practised without danger to the health of the athletes and with respect for fair play and sports ethics. To that end, it takes the measures necessary to preserve the health of athletes and to minimise the risks of physical injury and psychological harm. It also protects the athletes in their relationships with physicians and other health care providers.

2. This objective can be achieved only through an ongoing education based on the ethical values of sport and on each individual's responsibility in protecting his or her health and the health of others.

3. The present Code recalls the basic rules regarding best medical practices in the domain of sport and the safeguarding of the rights and health of the athletes. It supports and encourages the adoption of specific measures to achieve that objective. It complements and reinforces the World Anti-Doping Code and reflects the general principles recognised in the international codes of medical ethics.

## Scope

4.1 The Code applies to all athletes in the sports activities governed by FINA, in competition as well as out of competition.

4.2 FINA is free to grant wider protection to their athletes.

4.3 The Code applies without prejudice to the national and international ethical, legal and regulatory requirements that are more favourable to the protection of the health, rights and interests of the athletes.

## Chapter I: Relationships between Athletes and Health Care Providers

### 1. General Principles

1.1 Athletes are entitled to the same fundamental rights as all patients in their relationships with physicians and health care providers, in particular the right to respect for:

- a. their human dignity;
- b. their physical and mental integrity
- c. the protection of their health and safety;
- d. their self-determination; and
- e. their privacy and confidentiality.

1.2 The relationship between athletes, their personal physician, the team physician and other health care providers must be protected and subject to mutual respect. The health and the welfare of athletes must prevail over the sole interest of competition and other economic, legal or political considerations.

### 2. Information

Athletes have the right to be informed in a clear and appropriate way about their health status and their diagnosis; preventive measures; proposed medical interventions, together with the risks and benefits of each intervention; alternatives to proposed interventions,

including the consequences of non-treatment for their health and for their return to sports practice; and the prognosis and progress of treatment and rehabilitation measures.

### **3. Consent**

**3.1** The voluntary and informed consent of the athletes is required for any medical intervention. This consent can be made verbally or by a written document.

**3.2** Particular care should be taken to avoid pressures from the entourage (e.g. coach, management, family, etc.) and other athletes, so that athletes can make fully informed decisions, taking into account the risks associated with practising a sport with a diagnosed injury or disease.

**3.3** Athletes have the right to refuse or to interrupt a medical intervention. The consequences of such a decision must be carefully explained to them.

**3.4** Athletes are encouraged to designate a person who can act on their behalf in the event of incapacity. They can also define in writing the way they wish to be treated and give any other instruction they deem necessary.

**3.5** With the exception of emergency situations, when athletes are unable to consent personally to a medical intervention, the authorisation of their legal representative or of the person designated by the athletes for this purpose is required, after they have received the necessary information.

When the legal representative has to give authorisation, athletes, whether minors or adults, must nevertheless assent to the medical intervention to the fullest extent of their capacity.

**3.6** The consent of the athletes is required for the collection, preservation, analysis and use of any biological sample.

**3.7** Refusal to consent to provide a biological sample for doping control purposes is a doping offence subject to punishment in accordance with the FINA Rule DC 2.3 and DC 10.4.1.

### **4. Confidentiality and Privacy**

**4.1** All information about an athlete's health status, diagnosis, prognosis, treatment, rehabilitation measures and all other personal information must be kept confidential, even after the death of the athlete.

**4.2** Confidential information may be disclosed only if the athlete gives explicit consent thereto, or if the law expressly provides for this. Consent may be presumed when, to the extent necessary for the athlete's treatment, information is disclosed to other health care providers directly involved in his or her health care.

**4.3** All identifiable medical data on athletes must be protected. The protection of the data must be appropriate to the manner of their storage. Likewise, biological samples from which identifiable data can be derived must be protected.

**4.4** Athletes have the right of access to, and a copy of, their complete medical record. Such access excludes data concerning or provided by third parties.

**4.5** Athletes have the right to demand the rectification of erroneous medical data.

**4.6** An intrusion into the private life of an athlete is permissible only if it is necessary for diagnosis, treatment and care, and the athlete consents to it, or if it is legally required. Such intrusion is also permissible pursuant to the provisions of the World Anti-Doping Code.

**4.7** Any medical intervention must respect privacy. This means that a given intervention may be carried out in the presence of only those persons who are necessary for the intervention, unless the athlete expressly consents or requests otherwise.

## **5. Care and Treatment**

**5.1** Athletes have the right to receive such health care as is appropriate to their needs, including preventive care, activities aimed at health promotion and rehabilitation measures. Services should be continuously available and accessible to all equitably, without discrimination and according to the financial, human and material resources available for such purpose.

**5.2** Athletes have the right to a quality of care marked both by high technical standards and by the professional and respectful attitude of health care providers. They have the right to continuity of care, including cooperation between all health care providers and establishments which are involved in their diagnosis, treatment and care.

**5.3** During training and competition abroad, athletes have the right to the necessary health care, which if possible should be provided by their personal physician or the team physician. They also have the right to receive emergency care prior to returning home.

**5.4** Athletes have the right to choose and change their own physician, health care provider or health care establishment, provided that this is compatible with the functioning of the health care system. They have the right to request a second medical opinion.

**5.5** Athletes have the right to be treated with dignity in relation to their diagnosis, treatment, care and rehabilitation, in accordance with their culture, tradition and values. They have the right to enjoy support from family, relatives and friends during the course of care and treatment, and to receive spiritual support and guidance.

**5.6** Athletes have the right to relief of their suffering according to the latest recognised medical knowledge. Treatments with an analgesic effect, which allow an athlete to practise a sport with an injury or illness, should be carried out only after careful consideration and consultation with the athlete and other health care providers. If there is a long-term risk to the athlete's health, such treatment should not be given. Procedures that are solely for the purpose of masking pain or other protective symptoms in order to enable the athlete to practise a sport with an injury or illness should not be administered if, in the absence of such procedures, his or her participation would be medically inadvisable or impossible.

## **6. Rights and Duties of Health Care Providers**

**6.1** The same ethical principles that apply to the current practice of medicine apply to



sports medicine. The principal duties of the physicians and other health care providers include:

- a. making the health of the athletes a priority;
- b. doing no harm.

**6.2** Health care providers who care for athletes must have the necessary education, training and experience in sports medicine, and must keep their knowledge up to date. They have a duty to understand the physical and emotional demands placed upon athletes during training and competition, as well as the commitment and necessary capacity to support the extraordinary physical and emotional endurance that sport requires.

**6.3** Athletes' health care providers must act in accordance with the latest recognised medical knowledge and, when available, evidence-based medicine. They must refrain from performing any intervention that is not medically indicated, even at the request of the athletes, their entourage or another health care provider. Health care providers must also refuse to provide a false medical certificate concerning the fitness of an athlete to participate in training or competition.

**6.4** When the health of athletes is at risk, health care providers must strongly discourage them from continuing training or competition and inform them of the risks.

In the case of serious danger to the athlete, or when there is a risk to third parties (players of the same team, opponents, family, the public, etc.), health care providers may also inform the competent persons or authorities, even against the will of the athletes, about their unfitness to participate in training or competition.

**6.5** Health care providers must oppose any sports or physical activity that is not appropriate to the stage of growth, development, general condition of health, and level of training of children. They must act in the best interest of the health of the children or adolescents, without regard to any other interests or pressures from the entourage (e.g. coach, management, family, etc.) or other athletes.

**6.6** Health care providers must disclose when they are acting on behalf of third parties (e.g. club, federation, organiser, NOC, etc.). They must personally explain to the athletes the reasons for the examination and its outcome, as well as the nature of the information provided to third parties. In principle, the athlete's physician should be informed.

**6.7** When acting on behalf of third parties, health care providers must limit the transfer of information to what is essential. In principle, they may indicate only the athlete's fitness or unfitness to participate in training or competition. With the athlete's consent, the health care providers may provide other information concerning the athlete's participation in sport in a way compatible with his or her health status.

**6.8** At sports venues, it is the responsibility of the team or competition physician to determine whether an injured athlete may continue in or return to the competition. This decision may not be delegated to other professionals or personnel. In the absence of the competent physician, these individuals must adhere strictly to the instructions that he or she has provided. At all times, the priority must be to safeguard the health and safety of athletes. The outcome of the competition must never influence such decisions.

**6.9** When necessary, the team or competition physician must ensure that injured athletes have access to specialised care, by organising medical follow-up by recognised specialists.

## **Chapter II: Protection and Promotion of the Athlete's Health during Training and Competition**

### **7. General Principles**

**7.1** No practice constituting any form of physical injury or psychological harm to athletes is permissible. The members of the Olympic Movement ensure that the athletes' conditions of safety, well-being and medical care are favourable to their physical and mental equilibrium. They must adopt the necessary measures to achieve this end and to minimise the risk of injuries and illness. The participation of sports physicians is desirable in the drafting of such measures.

**7.2** In each sports discipline, minimal safety requirements must be defined and applied with a view to protecting the health of the athletes and the public during training and competition. Depending on the sport and the level of competition, specific rules are adopted regarding the sports venues, the safe environmental conditions, the sports equipment authorised or prohibited, and the training and competition programmes. The specific needs of each athlete category must be respected.

**7.3** For the benefit of all concerned, measures to safeguard the health of the athletes and to minimise the risks of physical injury and psychological harm must be publicised in order to benefit all those concerned.

**7.4** The measures for the protection and the promotion of the athletes' health must be based on the latest recognised medical knowledge.

**7.5** Research in sports medicine and sports sciences is encouraged. It must be conducted in accordance with the recognised principles of research ethics, in particular the Helsinki Declaration adopted by the World Medical Association (Edinburgh, 2000), and the applicable law. It must never be conducted in a manner which could harm an athlete's health or jeopardise his or her performance. The voluntary and informed consent of the athletes to participate in such research is required.

**7.6** Advances in sports medicine and sports science must not be withheld, and must be published and widely disseminated.

### **8. Fitness to Practise a Sport**

**8.1** Except when there are symptoms or a significant family medical history, the practice of sport for all does not require undergoing a fitness test. The choice to undergo such a test is the responsibility of the personal physician.

**8.2** For competitive sport, athletes may be required to present a medical certificate confirming that there are no apparent contraindications. The fitness test should be based on the latest recognised medical knowledge and performed by a specially trained physician.

**8.3** A pre-participation medical test is recommended for high level athletes. It should be performed under the responsibility of a specially trained physician.

**8.4** Any genetic test that attempts to gauge a particular capacity to practise a sport constitutes a medical evaluation to be performed solely under the responsibility of a specially trained physician.

## **9. Medical Support**

**9.1** In each sports discipline, guidelines must be established regarding the necessary medical support depending on the nature of the sports activities and the level of competition.

These guidelines must define, but not be limited to, the following points:

- the medical coverage of training and competition venues and how this is organised;
- the necessary resources (supplies, premises, vehicles, etc.);
- the procedures in case of emergencies;
- the system of communication between the medical support services, the organisers and the competent health authorities.

**9.2** In the case of a serious incident occurring during training or competition, there must be procedures to provide the necessary support to those injured, by evacuating them to the competent medical services when needed. The athletes, coaches and persons associated with the sports activity must be informed of those procedures and receive the necessary training for their implementation.

**9.3** To reinforce safety in the practice of sports, a mechanism must exist to allow for data collection with regard to injuries sustained during training or competition. When identifiable, such data must be collected with the consent of those concerned, and be treated confidentially and in accordance with the recognised ethical principles of research.

# The clean future

FINA and IDTM have enjoyed a long term relation fighting for a clean sport and fair competition. FINA appointed IDTM to conduct their world-wide Out-of-Competition Doping Control Program already in 1995.

Starting in February 2002, FINA was one of the first international sports federations to undertake combined urine and blood tests as a regular part of its unannounced out-of-competition program.

“One of the means to improve the image of our sports is to create stars and emphasise their achievements,” says Cornel Marculescu, executive director of FINA. “We cannot say that we have won the battle against cheaters, but we can assure the world that we continue this fight without limits!”

As FINA's Anti-Doping work is continuously growing and improving, IDTM is also functioning as an advisor and discussion partner in order to create a clean future in swimming.



**IDTM**

Your Partner For Drug-Free Sports

INTERNATIONAL  
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PHONE: +46 8 555 109 00

E-MAIL: [doping@idtm.se](mailto:doping@idtm.se)

[www.idtm.com](http://www.idtm.com)

# PART XI

## FINA DOPING CONTROL RULES 2009 – 2013

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# DOPING CONTROL RULES

## INTRODUCTION

The FINA Extraordinary Congress in Manchester, England on 8 April 2008, decided to accept the 2007 Code Amendments to the World Anti-Doping Code (the “Code”). These Anti-Doping Rules are adopted and implemented in conformance with FINA’s responsibilities under the Code, and are in furtherance of FINA’s continuing efforts to eradicate doping in the aquatic sports. As provided in the 2007 Code Amendments, these amendments to the FINA Anti-Doping Rules shall become effective on January 1, 2009.

Anti-doping rules, like Competition rules, are sport rules governing the conditions under which sport is played. Competitors or other Persons accept these rules as a condition of participation and shall be bound to these rules. These sport specific rules and procedures aimed at enforcing anti-doping rules in a global and harmonized way are distinct in nature and are, therefore, not intended to be subject to or limited by any national requirements and legal standards applicable to criminal proceedings or employment matters. When reviewing the facts and the law of a case all courts, arbitral tribunals and other adjudicating bodies should be aware of and respect the distinct nature of the anti-doping rules in the Code and the fact that the latter represents the consensus of a broad spectrum of stakeholders around the world with an interest in fair sport.

## Fundamental Rationale for the Code and FINA’s Anti-Doping Rules

Anti-doping programs seek to preserve what is intrinsically valuable about sport. This intrinsic value is often referred to as “the spirit of sport”; it is the essence of Sport; it is how we play true. The spirit of sport is the celebration of the human spirit, body and mind, and is characterized by the following values:

- Ethics, fair play and honesty
- Health
- Excellence in performance
- Character and education
- Fun and joy
- Teamwork
- Dedication and commitment
- Respect for rules and laws
- Respect for self and other Participants
- Courage
- Community and solidarity

Doping is fundamentally contrary to the spirit of sport.

## Scope

These Anti-Doping Rules shall apply to and be binding upon each *Member Federation* and its members, each *Continental Body* or regional organization, and each *Participant* in any of their activities or the activities of FINA by virtue of the *Participant’s* membership, accreditation, or participation in FINA, its *Member Federations*, or their activities or *Competitions*.

All *Member Federations* shall comply with these Anti-Doping Rules. The regulations of *Member Federations* shall indicate that all FINA Rules including these Anti-Doping Rules shall be deemed as incorporated into and shall be directly applicable to and shall be agreed to and followed by *Competitors*, *Competitor Support Personnel*, coaches, physicians, team leaders, and club and Federation representatives under the jurisdiction of the respective

*Member Federations.* Each *Member Federation*, by being a Member of FINA, agrees that it shall:

- a. report all *Doping Control* results to FINA in accordance with DC 14.
- b. allow FINA to conduct *Doping Control* at that *Member Federation's* National Championships or any other *Competition* within its jurisdiction; and
- c. allow FINA to conduct unannounced *Testing* on any *Competitor* under that *Member Federation's* jurisdiction.

All *Competitors* shall submit to *Doping Control* carried out by FINA *In-Competition, Out-of-Competition*, announced or unannounced. The *Competitor* shall submit to *Doping Control* whenever requested by an authorised official.

It is the responsibility of each *Member Federation* to ensure that all national-level *Testing* on the *Member Federation's Competitors* complies with these Anti-Doping Rules. In some cases, the *Member Federation* itself will be conducting the *Doping Control* described in these Anti-Doping Rules. In other countries, many of the *Doping Control* responsibilities of the *Member Federation* have been delegated or assigned to a *National Anti-Doping Organization*. In those countries, references in these Anti-Doping Rules to the *Member Federation* shall apply, as applicable, to the *Member Federation's National Anti-Doping Organization*.

## DC 1 DEFINITION OF DOPING

Doping is defined as the occurrence of one or more of the anti-doping rule violations set forth in DC 2.1 through DC 2.8.

## DC 2 ANTI-DOPING RULE VIOLATIONS

*[Comment to DC 2: The purpose of DC 2 is to specify the circumstances and conduct which constitute anti-doping rule violations. Hearings in doping cases will proceed based on the assertion that one or more of these specific rules has been violated.]*

*Competitors* or other *Persons* shall be responsible for knowing what constitutes an anti-doping rule violation and the substances and methods which have been included on the *Prohibited List*.

The following constitute anti-doping rule violations:

### **DC 2.1 Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in a *Competitor's Sample*.**

**DC 2.1.1** It is each *Competitor's* personal duty to ensure that no *Prohibited Substance* enters his or her body. *Competitors* are responsible for any *Prohibited Substance* or its *Metabolites* or *Markers* found to be present in their *Samples*. Accordingly, it is not necessary that intent, fault, negligence or knowing *Use* on the *Competitor's* part be demonstrated in order to establish an anti-doping violation under DC 2.1.

*[Comment to DC 2.1.1: For purposes of anti-doping rule violations involving the presence of a *Prohibited Substance* (or its *Metabolites* or *Markers*), the Code*

adopts the rule of strict liability which was found in the Olympic Movement Anti-Doping Code ("OMADC") and the vast majority of pre-Code anti-doping rules. Under the strict liability principle, a Competitor is responsible, and an anti-doping rule violation occurs, whenever a Prohibited Substance is found in a Competitor's Sample. The violation occurs whether or not the Competitor intentionally or unintentionally Used a Prohibited Substance or was negligent or otherwise at fault. If the positive Sample came from an In-Competition test, then the results of that Competition are automatically invalidated (DC 9 (Automatic Disqualification of Individual Results)). However, the Competitor then has the possibility to avoid or reduce sanctions if the Competitor can demonstrate that he or she was not at fault or significant fault (DC 10.5 (Elimination or Reduction of Period of Ineligibility Based on Exceptional Circumstances)) or in certain circumstances did not intend to enhance his or her sport performance (DC 10.4 (Elimination or Reduction of the Period of Ineligibility for Specified Substances under Specific Circumstances)).

The strict liability rule for the finding of a Prohibited Substance in a Competitor's Sample, with a possibility that sanctions may be modified based on specified criteria, provides a reasonable balance between effective anti-doping enforcement for the benefit of all "clean" Competitors and fairness in the exceptional circumstance where a Prohibited Substance entered a Competitor's system through No Fault or Negligence or No Significant Fault or Negligence on the Competitor's part. It is important to emphasize that while the determination of whether the anti-doping rule violation has occurred is based on strict liability, the imposition of a fixed period of Ineligibility is not automatic. The strict liability principle set forth in the Code has been consistently upheld in the decisions of CAS.]

**DC 2.1.2** Sufficient proof of an anti-doping rule violation under Article 2.1 is established by either of the following: presence of a Prohibited Substance or its Metabolites or Markers in the Competitor's A Sample where the Competitor waives analysis of the B Sample and the B Sample is not analyzed; or, where the Competitor's B Sample is analyzed and the analysis of the Competitor's B Sample confirms the presence of the Prohibited Substance or its Metabolites or Markers found in the Competitor's A Sample.

[Comment to DC 2.1.2: FINA or its Member Federation with results management responsibility may in its discretion choose to have the B Sample analyzed even if the Competitor does not request the analysis of the B Sample.]

**DC 2.1.3** Excepting those substances for which a quantitative threshold is specifically identified in the Prohibited List, the presence of any quantity of a Prohibited Substance or its Metabolites or Markers in a Competitor's Sample shall constitute an anti-doping rule violation.

**DC 2.1.4** As an exception to the general rule of Article 2.1, the Prohibited List or International Standards may establish special criteria for the evaluation of Prohibited Substances that can also be produced endogenously.

## **DC 2.2 Use or Attempted Use by a Competitor of a Prohibited Substance or a Prohibited Method**



*[Comment to DC 2.2: It has always been the case that Use or Attempted Use of a Prohibited Substance or Prohibited Method may be established by any reliable means. As noted in the Comment to DC 3.2 (Proof of Doping), unlike the proof required to establish an anti-doping rule violation under DC 2.1, Use or Attempted Use may also be established by other reliable means such as admissions by the Competitor, witness statements, documentary evidence, conclusions drawn from longitudinal profiling, or other analytical information which does not otherwise satisfy all the requirements to establish "presence" of a Prohibited Substance under DC 2.1.*

*For example, Use may be established based upon reliable analytical data from the analysis of an A Sample (without confirmation from an analysis of a B Sample) or from the analysis of a B Sample alone where FINA or its Member Federation provides a satisfactory explanation for the lack of confirmation in the other Sample.]*

**DC 2.2.1** It is each Competitor's personal duty to ensure that no Prohibited Substance enters his or her body. Accordingly, it is not necessary that intent, fault, negligence or knowing Use on the Competitor's part be demonstrated in order to establish an anti-doping violation for Use of a Prohibited Substance or a Prohibited Method.

**DC 2.2.2** The success or failure of the Use or Attempted Use of a Prohibited Substance or Prohibited Method is not material. It is sufficient that the Prohibited Substance or Prohibited Method was Used or Attempted to be Used for an anti-doping rule violation to be committed.

*[Comment to DC 2.2.2: Demonstrating the "Attempted Use" of a Prohibited Substance requires proof of intent on the Competitor's part. The fact that intent may be required to prove this particular anti-doping rule violation does not undermine the strict liability principle established for violations of DC 2.1 and violations of DC 2.2 in respect of Use of a Prohibited Substance or Prohibited Method.*

*A Competitor's Use of a Prohibited Substance constitutes an anti-doping rule violation unless such substance is not prohibited Out-of-Competition and the Competitor's Use takes place Out-of-Competition. (However, the presence of a Prohibited Substance or its Metabolites or Markers in a Sample collected In-Competition is a violation of DC 2.1 (Presence of a Prohibited Substance or its Metabolites or Markers) regardless of when that substance might have been administered.)]*

**DC 2.3** Refusing or failing without compelling justification to submit to Sample collection after notification as authorized in these anti-doping rules, or otherwise evading Sample collection.

*[Comment to DC 2.3: Failure or refusal to submit to Sample collection after notification was prohibited in almost all pre-Code anti-doping rules. This Article expands the typical pre-Code rule to include "otherwise evading Sample collection" as prohibited conduct. Thus, for example, it would be an anti-doping rule violation if it were established that a Competitor was hiding from a Doping Control official to evade notification or Testing. A violation of "refusing or failing to submit to Sample collection" may be based on either intentional or negligent conduct of the Competitor, while "evading" Sample collection contemplates intentional conduct by the Competitor.]*

**DC 2.4** Violation of applicable requirements regarding *Competitor* availability for *Out-of-Competition Testing*, including failure to file required whereabouts information and missed tests which are declared based on rules which comply with the *International Standard for Testing*. Any combination of three missed tests and/or filing failures within an eighteen-month period as determined by *Anti-Doping Organizations* with jurisdiction over the *Competitor* shall constitute an anti-doping rule violation.

*[Comment to DC 2.4: Separate whereabouts filing failures and missed tests declared under these Anti-Doping Rules or the rules of any other Anti-Doping Organization with authority to declare whereabouts filing failures and missed tests in accordance with the International Standard for Testing shall be combined in applying this Article. In appropriate circumstances, missed tests or filing failures may also constitute an anti-doping rule violation under DC 2.3 or DC 2.5.]*

**DC 2.5** *Tampering or Attempted Tampering* with any part of *Doping Control*

*[Comment to DC 2.5: This Rule prohibits conduct which subverts the Doping Control process but which would not otherwise be included in the definition of Prohibited Methods. For example, altering identification numbers on a Doping Control form during Testing, breaking the B Bottle at the time of B Sample analysis or providing fraudulent information to an Anti-Doping Organization.]*

**DC 2.6 Possession of Prohibited Substances and Prohibited Methods**

**DC 2.6.1** *Possession* by a *Competitor In-Competition* of any *Prohibited Method* or any *Prohibited Substance*, or *Possession* by a *Competitor Out-of-Competition* of any *Prohibited Method* or any *Prohibited Substance* which is prohibited *Out-of-Competition*, unless the *Competitor* establishes that the *Possession* is pursuant to a therapeutic use exemption granted in accordance with DC 4.4 (Therapeutic Use) or other acceptable justification.

**DC 2.6.2** *Possession* by a *Competitor Support Personnel In-Competition* of any *Prohibited Method* or any *Prohibited Substance*, or *Possession* by a *Competitor Support Personnel Out-of-Competition* of any *Prohibited Method* or any *Prohibited Substance* which is prohibited *Out-of-Competition*, in connection with a *Competitor*, *Competition* or training, unless the *Competitor Support Personnel* establishes that the *Possession* is pursuant to a therapeutic use exemption granted to a *Competitor* in accordance with DC 4.4 (Therapeutic Use) or other acceptable justification.

*[Comment to DC 2.6.1 and 2.6.2: Acceptable justification would not include, for example, buying or possessing a Prohibited Substance for purposes of giving it to a friend or relative, except under justifiable medical circumstances where that Person had a physician's prescription, e.g., buying Insulin for a diabetic child.]*

*[Comment to DC 2.6.2: Acceptable justification would include, for example, a team doctor carrying Prohibited Substances for dealing with acute and emergency situations.]*

**DC 2.7** *Trafficking or Attempted Trafficking* in any *Prohibited Substance* or *Prohibited Method*

**DC 2.8** Administration or *Attempted* administration to any *Competitor In-Competition* of any *Prohibited Method* or *Prohibited Substance*, or administration or *Attempted* administration to any *Competitor Out-of-Competition* of any *Prohibited Method* or any *Prohibited Substance* that is prohibited *Out-of-Competition*, or assisting, encouraging, aiding, abetting, covering up or any other type of complicity involving an anti-doping rule violation or any *Attempted* anti-doping rule violation.

## **DC 3 PROOF OF DOPING**

### **DC 3.1 Burdens and Standards of Proof**

FINA and its *Member Federations* shall have the burden of establishing that an anti-doping rule violation has occurred. The standard of proof shall be whether FINA or the *Member Federation* has established an anti-doping rule violation to the comfortable satisfaction of the hearing panel bearing in mind the seriousness of the allegation which is made. This standard of proof in all cases is greater than a mere balance of probability but less than proof beyond a reasonable doubt. Where these Rules place the burden of proof upon the *Competitor* or other *Person* alleged to have committed an anti-doping rule violation to rebut a presumption or establish specified facts or circumstances, the standard of proof shall be by a balance of probability, except as provided in DC 10.4 and DC 10.6 where the *Competitor* must satisfy a higher burden of proof.

*[Comment to DC 3.1: This standard of proof required to be met by the Anti-Doping Organization is comparable to the standard which is applied in most countries to cases involving professional misconduct. It has also been widely applied by courts and hearing panels in doping cases. See, for example, the CAS decision in N., J., Y., W. v. FINA, CAS 98/208, 22 December 1998.]*

### **DC 3.2 Methods of Establishing Facts and Presumptions**

Facts related to anti-doping rule violations may be established by any reliable means, including admissions. The following rules of proof shall be applicable in doping cases:

*[Comment to DC 3.2: For example, FINA or the Member Federation may establish an anti-doping rule violation under DC 2.2 (Use or Attempted Use of a Prohibited Substance or Prohibited Method) based on the Competitor's admissions, the credible testimony of third Persons, reliable documentary evidence, reliable analytical data from either an A or B Sample as provided in the Comments to DC 2.2, or conclusions drawn from the profile of a series of the Competitor's blood or urine Samples.]*

**DC 3.2.1** WADA-accredited laboratories are presumed to have conducted *Sample* analysis and custodial procedures in accordance with the *International Standard* for Laboratories. The *Competitor* or other *Person* may rebut this presumption by establishing that a departure from the *International Standard* for Laboratories occurred which could reasonably have caused the *Adverse Analytical Finding*.

If the *Competitor* or other *Person* rebuts the preceding presumption by showing that a departure from the *International Standard* for Laboratories occurred which could reasonably have caused the *Adverse Analytical Finding*, then FINA or the

*Member Federation shall have the burden to establish that such departure did not cause the Adverse Analytical Finding.*

*[Comment to DC 3.2.1: The burden is on the Competitor or other Person to establish, by a balance of probability, a departure from the International Standard for Laboratories that could reasonably have caused the Adverse Analytical Finding. If the Competitor or other Person does so, the burden shifts to FINA or its Member Federation to prove to the comfortable satisfaction of the hearing panel that the departure did not cause the Adverse Analytical Finding.]*

**DC 3.2.2** Departures from any other *International Standard* or other anti-doping rule or policy which did not cause an *Adverse Analytical Finding* or other anti-doping rule violation shall not invalidate such results. If the *Competitor* or other *Person* establishes that a departure from another *International Standard* or other anti-doping rule or policy occurred which could reasonably have caused the *Adverse Analytical Finding* or other anti-doping rule violation, then FINA or its *Member Federation* shall have the burden to establish that such departure did not cause the *Adverse Analytical Finding* or the factual basis for the anti-doping rule violation.

**DC 3.2.3** The facts established by a decision of a court or professional disciplinary tribunal of competent jurisdiction which is not the subject of a pending appeal shall be irrebuttable evidence against the *Competitor* or other *Person* to whom the decision pertained of those facts unless the *Competitor* or other *Person* establishes that the decision violated principles of natural justice.

**DC 3.2.4** The hearing panel in a hearing on an anti-doping rule violation may draw an inference adverse to the *Competitor* or other *Person* who is asserted to have committed an anti-doping rule violation based on the *Competitor's* or other *Person's* refusal, after a request made in a reasonable time in advance of the hearing, to appear at the hearing (either in person or telephonically as directed by the hearing panel) and to answer questions from the hearing panel or from FINA or its *Member Federation* asserting the anti-doping rule violation.

*[Comment to DC 3.2.4: Drawing an adverse inference under these circumstances has been recognized in numerous CAS decisions.]*

## DC 4 THE PROHIBITED LIST

**DC 4.1** These Anti-Doping Rules incorporate the *Prohibited List* which is published and revised by WADA as described in Article 4.1 of the *Code*. FINA will make the current *Prohibited List* available to each *Member Federation*, and each *Member Federation* shall ensure that the current *Prohibited List* is available to its members and constituents.

**DC 4.2** Unless provided otherwise in the *Prohibited List* and/or a revision, the *Prohibited List* and revisions shall go into effect under these Anti-Doping Rules three months after publication of the *Prohibited List* by WADA without requiring any further action by FINA. The FINA Bureau may upon recommendation of the Doping Control Review Board (DCRB) recommend expansion of the *Prohibited List* by WADA particularly for the aquatic sports.

**DC 4.2.1** All *Prohibited Substances*, except substances in the classes of anabolic agents and hormones and those stimulants and hormone antagonists and modulators so identified on the *Prohibited List*, shall be “Specified Substances” for purposes of the application of DC 10 (Sanctions on Individuals). *Prohibited Methods* shall not be Specified Substances.

*[Comment to DC 4.2.1: In drafting the Code there was considerable debate among stakeholders over the appropriate balance between inflexible sanctions which promote harmonization in the application of the rules and more flexible sanctions which better take into consideration the circumstances of each individual case. This balance continued to be discussed in various CAS decisions interpreting the Code. After three years experience with the Code, the strong consensus of stakeholders is that while the occurrence of an anti-doping rule violation under DC 2.1 (Presence of a Prohibited Substance or its Metabolites or Markers) and 2.2 (Use of a Prohibited Substance or Prohibited Method) should still be based on the principle of strict liability, the Code sanctions should be made more flexible where the Athlete or other Person can clearly demonstrate that he or she did not intend to enhance sport performance. The change to DC 4.2.1 and related changes to DC 10 provide this additional flexibility for violations involving many Prohibited Substances. The rules set forth in DC 10.5 (Elimination or Reduction of Period of Ineligibility Based on Exceptional Circumstances) would remain the only basis for eliminating or reducing a sanction involving anabolic steroids and hormones, as well as the stimulants and the hormone antagonists and modulators so identified on the Prohibited List, or Prohibited Methods.]*

**DC 4.2.2** In the event WADA expands the *Prohibited List* by adding a new class of *Prohibited Substances* in accordance with Article 4.1 of the Code, WADA’s Executive Committee shall determine whether any or all *Prohibited Substances* within the new class of *Prohibited Substances* shall be considered Specified Substances under DC 4.2.1.

**DC 4.3** WADA’s determination of the *Prohibited Substances* and *Prohibited Methods* that will be included on the *Prohibited List* and the classification of substances into categories on the *Prohibited List* is final and shall not be subject to challenge by a *Competitor* or other *Person* based on an argument that the substance or method was not a masking agent or did not have the potential to enhance performance, represent a health risk, or violate the spirit of sport.

*[Comment to DC 4.3: The question of whether a substance meets the criteria in Article 4.3 (Criteria for Including Substances and Methods on the Prohibited List) in a particular case cannot be raised as a defense to an anti-doping rule violation. For example, it cannot be argued that the Prohibited Substance detected would not have been performance enhancing in that particular sport. Rather, doping occurs when a substance on the Prohibited List is found in an Athlete’s Sample. Similarly, it cannot be argued that a substance listed in the class of anabolic agents does not belong in that class.]*

#### **DC 4.4 Therapeutic Use**

**DC 4.4.1** *Competitors* with a documented medical condition requiring the use of

a *Prohibited Substance* or a *Prohibited Method* must first obtain a Therapeutic Use Exemption (“TUE”). Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* (DC 2.1), *Use or Attempted Use of a Prohibited Substance* and or a *Prohibited Method* (DC 2.2), *Possession of Prohibited Substances and Prohibited Methods* (DC 2.6) or *Administration of a Prohibited Substance or Prohibited Methods* (DC 2.8) consistent with the provisions of an applicable TUE and issued pursuant to the *International Standard* for Therapeutic Use Exemptions shall not be considered an anti-doping rule violation.

**DC 4.4.2** *Competitors* included by FINA in its *Registered Testing Pool* and other *Competitors* prior to their participation in any *International Competition* must obtain a TUE from FINA (regardless of whether the *Competitor* previously has received a TUE at the national level). TUE’s granted by FINA shall be reported to the *Competitor’s Member Federation* and to WADA. Other *Competitors* subject to *Testing* must obtain a TUE from their *National Anti-Doping Organization* or other body designated by their *Member Federation*. *Member Federations* shall promptly report any such TUE to FINA and WADA. Except in emergency situations, a *Competitor* should apply for a TUE at least 21 days before the *Competitor’s* participation in a *Competition*.

**DC 4.4.3** The FINA Executive, upon recommendation of the *DCRB*, may grant a *Competitor* a TUE. Before such exemption can be granted, the *Competitor* must convince the *DCRB* and the Executive that the exemption is medically justified and will not create a competitive advantage. Requests for TUE’s shall be evaluated in accordance with the *International Standard* for Therapeutic Use Exemptions. The Executive may grant an exemption under such conditions as it deems appropriate to assure that no competitive advantage can be gained.

**DC 4.4.4** WADA, at the request of a *Competitor* or on its own initiation, may review the granting or denial of any TUE to an *International Level Competitor* or a national level *Competitor* that is included in a *Registered Testing Pool*. If WADA determines that the granting or denial of a TUE did not comply with the *International Standard* for Therapeutic Use Exemptions in force at the time then WADA may reverse that decision. Decisions on TUE’s are subject to further appeal as provided in DC 13.

**DC 4.5** FINA, upon the recommendation of the *DCRB*, may recommend to WADA the inclusion of substances in the monitoring program established in Article 4.5 of the *Code*.

## DC 5 TESTING

*Testing* by FINA and its *Member Federations* shall substantially comply with the *International Standard* for *Testing* as more particularly provided below.

### DC 5.1 Submission to *Doping Control*

All *Competitors* shall submit in accordance with these Anti-Doping Rules or other applicable regulations to *In-Competition* and *Out-of-Competition Doping Controls* carried out in accordance with these Anti-Doping Rules or other applicable regulations.

**DC 5.2 Responsibility for *Doping Control***

**DC 5.2.1** All *Competitors* affiliated with a *Member Federation* shall be subject to *In-Competition Testing* by FINA, the *Competitor's Member Federation*, and any other *Anti-Doping Organization* responsible for *Testing* at a *Competition* or *Event* in which they participate. All *Competitors* affiliated with a *Member Federation* including *Competitors* serving a period of *Ineligibility* or a *Provisional Suspension* shall also be subject to *Out-of-Competition Testing* at any time or place, with or without advance notice, by FINA, WADA, the *Competitor's Member Federation*, the *National Anti-Doping Organization* of any country where the *Competitor* is present, the IOC during the Olympic Games, and the IPC during Paralympic Games. Target *Testing* will be made a priority.

**DC 5.2.2** The actual conduct of *Doping Control* at all FINA *Competitions* shall be the responsibility of a Doping Control Commission of one or more people appointed by the FINA Bureau. FINA may designate any party that is deemed suitable by FINA to collect *Samples* in accordance with these Anti-Doping Rules. Such designee shall be referred to in these Anti-Doping Rules as a "Sampling Agent or Agency" ("SA"). *Testing* conducted by FINA or its designee shall be in conformity with the *International Standard* for *Testing* in force at the time of *Testing*.

**DC 5.2.3** In the Olympic Games, the FINA Executive, in collaboration with the IOC Medical Commission, shall determine the number of *Competitors* to be tested each day and for each discipline, and procedures followed shall be those set forth in the then-current anti-doping rules of the IOC. A similar procedure shall be followed in all other *Competitions* not organised by FINA with collaboration of other medical and organising committees, as appropriate.

**DC 5.2.4** At all FINA *Competitions*, FINA shall be responsible for conducting *Doping Control*. All violations of these Anti-Doping Rules and disputes regarding *Doping Control* at FINA *Competitions* shall be heard by the FINA Doping Panel.

**DC 5.2.5** At every *Competition* conducted by either a Continental Body recognised by FINA or by a regional organization consisting of *Member Federations* of FINA, the respective Continental Body or regional organization shall be responsible for conducting *Doping Control*. Sanctions for violations of these Anti-Doping Rules at such *Competitions* beyond Disqualifications from the *Competitions* or the results of the *Competition* shall be heard by the FINA Doping Panel.

**DC 5.2.6** At all other *Competitions* (except where *Doping Control* is carried out under the rules of another sporting body), the *Member Federation* conducting the *Doping Controls* or in whose territory a *Competition* is held shall be responsible for conducting *Doping Control*. The *Member Federation* shall apply procedures substantially in accordance with the *International Standard* for *Testing*, it being understood that the procedures applied may differ from the FINA procedures to the extent that the difference does not affect the reliability of the results. The FINA Bureau may impose a sanction to a *Member Federation* that does not apply procedures in accordance with this Rule.

**DC 5.2.7** Where the conduct of *Doping Control* at a *Competition* controlled by

DC 5.2.6 results in an *Adverse Analytical Finding*, *Atypical Finding* or other anti-doping rule violation for a *Competitor* who is not a member of the *Member Federation* that conducted the *Doping Control*, the *Member Federation* that conducted the *Doping Control* shall, as soon as possible, report the results of such test or other anti-doping rule violation to the *Member Federation* which normally exercises jurisdiction over such *Competitor*, which will conduct the appropriate results management and hearing procedures and impose the appropriate sanctions on the *Competitor*. The *Member Federation* that conducted the *Doping Control* shall send a copy of its report to FINA.

### **DC 5.3 *Doping Control in FINA Competition***

**DC 5.3.1** Selection of *Competitors* to be tested at *FINA Competition* shall be decided by the Doping Control Commission together with the Bureau Delegate at the *Competition*. All participating *Competitors* shall be considered. Selection shall be made before the start of each race or *Competition*. In Water Polo the draw shall occur immediately after the beginning of the last period of the game.

**DC 5.3.2** Any swimmers establishing or breaking a World Record shall submit to *Doping Control* following the race. When a relay team breaks or equals a World Record, all *Competitors* swimming the relay shall be tested. If no *Doping Control* is conducted at the *Competition*, *Competitors* shall submit to *Doping Control* no later than 24 hours after the race. No World Record shall be recognised without a negative doping test certificate for all *Prohibited Substances* or *Prohibited Methods* identified on the *Prohibited List* for which an analytical technique is available. It shall be the responsibility of any *Competitor* anticipating a possible World Record to ensure that *Doping Control* is available.

**DC 5.3.3** Should a *Competitor* obtain a national record in a *FINA Competition* and not otherwise be selected for *Doping Control*, and the Rules of the *Member Federation* of the *Competitor* are similar to DC 5.3.2, the *Member Federation* may request FINA to conduct *Doping Control* on such *Competitor* upon payment of a fee reasonably determined by FINA.

### **DC 5.4 *Unannounced Testing by FINA***

**DC 5.4.1** Subject to the provisions of Article 15 of the *Code*, unannounced *Doping Control* may be conducted by FINA at any time, including at the time or location of any *Competition* in every Member country. Preferably it shall be carried out without any advance notice to the *Competitor* or his *Member Federation*. Every *Competitor* affiliated to any *Member Federation* is obliged to undergo unannounced *Doping Control* as decided by FINA.

**DC 5.4.2** Every *Member Federation* shall include in their Rules a provision obliging the *Member Federation* to allow unannounced *Doping Control* of any *Competitor* under its jurisdiction. It is the duty of every *Member Federation* to assist FINA and, if appropriate, other *Member Federations* in the carrying out of unannounced *Testing*. Any *Member Federation* preventing, hindering or otherwise obstructing the carrying out of such *Testing* shall be liable to sanctions according to Rule C 12.

**DC 5.4.3** FINA shall establish a *FINA Registered Testing Pool* of *Competitors*.



The criteria for the inclusion of *Competitors* in the *Registered Testing Pool* shall be revised yearly by FINA and be made known to the *Member Federations*. Four (4) times a year the FINA *Registered Testing Pool* of *Competitors* shall be updated. All *Competitors* included or removed from the *Registered Testing Pool* and the *Member Federations* to which they belong shall receive written information about the inclusion or exclusion of a *Competitor* in the FINA *Registered Testing Pool* no later than the first day of the months of March, June, September and December.

**DC 5.4.4** It shall be the obligation of each *Competitor* in the *Registered Testing Pool* as well as that *Competitor's Member Federation*, to keep FINA informed about where the *Competitor* can be met for unannounced *Testing*. It is the responsibility of each *Competitor* in the *Registered Testing Pool* to report the required whereabouts information to the FINA office no later than the first Monday of the months of January, April, July and October. If the *Competitor* cannot be found for unannounced *Testing* due to incorrect or insufficient information provided to FINA, the *Member Federation* to which the *Competitor* is affiliated shall be obliged to pay expenses for the unsuccessful *Attempt of Testing*.

**DC 5.4.5** For the purpose of applying DC 2.4, each *Member Federation* shall report to FINA each missed test or failure by a *Competitor* to file required whereabouts information within 14 days after the *Member Federation* becomes aware of the missed test or filing failure.

## **DC 5.5 Retirement and Return to Competition**

**DC 5.5.1** A *Competitor* who has been identified by FINA for inclusion in FINA's *Registered Testing Pool* shall continue to be subject to these Anti-Doping Rules, including the obligation to be available for unannounced *Testing*, unless and until the *Competitor* gives written notice to FINA that he or she has retired. A *Competitor* is accountable for any violation of these Anti-Doping Rules occurring prior to FINA's receipt of his or her notice of retirement.

**DC 5.5.2** A *Competitor* who has given notice of retirement to FINA may not resume competing unless he or she notifies FINA in writing at least nine (9) months before he or she expects to return to *Competition* and is available for unannounced *Out-of-Competition Testing* at any time during the period before actual return to competition. A *Competitor* seeking reinstatement is subject to these Anti-Doping Rules in their entirety from the date reinstatement is requested.

**DC 5.5.3** If a *Competitor* or other *Person* retires while a results management process is underway, the *Anti-Doping Organization* conducting the results management process retains jurisdiction to complete its results management process. If a *Competitor* or other *Person* retires before any results management process has begun, the *Anti-Doping Organization* which would have had results management jurisdiction over the *Competitor* or other *Person* at the time the *Competitor* or other *Person* committed an anti-doping rule violation, has jurisdiction to conduct results management.

## **DC 6 ANALYSIS OF SAMPLES**

*Doping Control Samples* shall be analysed in accordance with the following principles:

**DC 6.1 Use of Approved Laboratories**

For purposes of DC 2.1, FINA and its *Member Federations* shall send *Doping Control Samples* for analysis only to WADA-accredited laboratories or as otherwise approved by WADA. The choice of the WADA-accredited laboratory (or other laboratory or method approved by WADA) used for the Sample analysis shall be determined exclusively by FINA for *Testing* conducted by FINA, and by the *Member Federation* for *Testing* conducted by the *Member Federation*.

**DC 6.2 Purpose of Collection and Analysis of Samples**

*Samples* shall be analyzed to detect *Prohibited Substances* and *Prohibited Methods* identified on the *Prohibited List* and other substances as may be directed by WADA pursuant to the Monitoring Program described in Article 4.5 of the *Code* or to assist in profiling relevant parameters in a *Competitor's* urine, blood or other matrix, including DNA or genomic profiling, for anti-doping purposes.

[*Comment to DC 6.2: For example, relevant profile information could be used to direct Target Testing or to support an anti-doping rule violation proceeding under DC 2.2 (Use or Attempted Use of a Prohibited Substance), or both.*]

**DC 6.3 Research on Samples**

No *Sample* may be used for any purpose other than as described in DC 6.2 without the *Competitor's* written consent. *Samples* used for purposes other than DC 6.2 shall have any means of identification removed such that they cannot be traced back to a particular *Competitor*.

**DC 6.4 Standards for Sample Analysis and Reporting**

Laboratories shall analyze *Doping Control Samples* and report results in conformity with the *International Standard* for Laboratories.

**DC 6.5 Retesting Samples**

A *Sample* may be reanalyzed for the purpose of DC 6.2 at any time exclusively at the direction of FINA or WADA. The circumstances and conditions for retesting *Samples* shall conform with the requirements of the *International Standard* for Laboratories. FINA may direct that all or particular *Samples* be stored for up to eight years for possible retesting.

**DC 7 RESULTS MANAGEMENT****DC 7.1 Results Management for Tests initiated by FINA**

**DC 7.1.1** The results from all analyses must be sent to FINA in encoded form, in a report signed by an authorised representative of the laboratory. All communication must be arranged in such a way that the results of the analyses are confidential.

**DC 7.1.2** Upon receipt of an A *Sample Adverse Analytical Finding*, the DCRB or its designee shall conduct a review to determine whether: (a) an applicable therapeutic use exemption has been granted or will be granted as provided in the

*International Standard for Therapeutic Use Exemptions*, or (b) based on the documentation submitted to FINA there is any apparent departure from the *International Standard for Testing* or *International Standard for Laboratories* that caused the *Adverse Analytical Finding*.

**DC 7.1.3** If the initial review of an *Adverse Analytical Finding* under DC 7.1.2 does not reveal an applicable therapeutic use exemption or entitlement to a therapeutic use exemption as provided in the *International Standard for Therapeutic Use Exemptions*, or departure that caused the *Adverse Analytical Finding*, FINA shall promptly notify the *Competitor* of: (a) the *Adverse Analytical Finding*; (b) the anti-doping rule violated; (c) the *Competitor's* right to promptly request the analysis of the B *Sample* or, failing such request, that the B *Sample analysis* may be deemed waived; (d) the scheduled date, time and place for the B *Sample analysis* if the *Competitor* or FINA chooses to request an analysis of the B *Sample*; (e) the right of the *Competitor* and/or the *Competitor's* representative to attend the B *Sample* opening and analysis within the time period specified in the *International Standard for Laboratories* if such analysis is requested; and (f) the *Competitor's* right to request copies of the A and B *Sample* laboratory documentation package which includes information as required by the *International Standard for Laboratories*. FINA shall also notify the *Competitor's National Anti-Doping Organization* and WADA. If FINA decides not to bring forward the *Adverse Analytical Finding* as an anti-doping rule violation, it shall so notify the *Competitor*, the *Competitor's National Anti-Doping Organization* and WADA.

**DC 7.1.4** Arrangements should be made for *Testing* the B *Sample* within ten days of the notification described in DC 7.1.3. A *Competitor* may accept the A *Sample* analytical results by waiving the requirement for B *Sample analysis*. FINA may nonetheless elect to proceed with the B *Sample analysis*.

**DC 7.1.5** The *Competitor* and/or his representative shall be allowed to be present at the analysis of the B *Sample* within the time period specified in the *International Standard for Laboratories*. If the *Competitor* cannot be present for the B *Sample analysis* at the scheduled date and time, the FINA Executive may appoint a surrogate representative to be present. Also a representative of the *Competitor's Member Federation* as well as a representative of FINA shall be allowed to be present.

**DC 7.1.6** If the B *Sample* proves negative, FINA, the *Competitor*, his or her *Member Federation*, and WADA shall be so informed.

**DC 7.1.7** If a *Prohibited Substance* or the *Use of a Prohibited Method* is identified, the findings shall be reported to FINA, the *Competitor*, his or her *Member Federation*, and WADA.

#### **DC 7.1.8** Review of *Atypical Findings*

As provided in the *International Standards*, in some circumstances laboratories are directed to report the presence of *Prohibited Substances*, which may also be produced endogenously, as *Atypical Findings* subject to further investigation. Upon receipt of an A *Sample Atypical Finding*, FINA shall conduct a review to

determine whether: (a) an applicable therapeutic use exemption has been granted, or (b) there is any apparent departure from the *International Standard for Testing or International Standard for Laboratories* that caused the *Atypical Finding*. If that review does not reveal an applicable therapeutic use exemption or departure that caused the *Atypical Finding*, FINA shall conduct the required investigation. After the investigation is completed, the *Competitor* and other *Anti-Doping Organizations* identified in DC 14.6 shall be notified whether or not the *Atypical Finding* will be brought forward as an *Adverse Analytical Finding*. The *Competitor* shall be notified as provided in DC 7.1.3.

**DC 7.1.8.1** FINA will not provide notice of an *Atypical Finding* until it has completed its investigation and decided whether it will bring the *Atypical Finding* forward as an *Adverse Analytical Finding* unless one of the following circumstances exist:

(a) If the FINA Executive determines the B *Sample* should be analyzed prior to the conclusion of its investigation under DC 7.1.8, FINA may conduct the B *Sample* analysis after notifying the *Competitor*, with such notice to include a description of the *Atypical Finding* and the information described in DC 7.1.3 (b)-(f).

(b) If FINA or a *Member Federation* with results management responsibility receives a request, either from a *Major Event Organization* shortly before one of its *International Competitions* or a request from a sport organization responsible for meeting an imminent deadline for selecting team members for an *International Competition*, to disclose whether any *Competitor* identified on a list provided by the *Major Event Organization* or sport organization has a pending *Atypical Finding*, FINA or the *Member Federation* shall so identify any such *Competitor* after first providing notice of the *Atypical Finding* to the *Competitor*.

*[Comment to DC 7.1.8.1(b): Under the circumstance described in DC 7.1.8.1(b), the option to take action would be left to the Major Event Organization or sport organization consistent with its rules.]*

**DC 7.1.9** For apparent anti-doping rule violations that do not involve *Adverse Analytical Findings* or *Atypical Findings*, the *DCRB* or its designee shall conduct any necessary follow-up investigation and at such time as it is satisfied that an anti-doping rule violation has occurred, FINA shall then promptly notify the *Competitor* of the anti-doping rule violated, and the basis of the violation.

**DC 7.1.10** The FINA Executive, upon the recommendation of the *DCRB*, may determine at any point after an *Adverse Analytical Finding* on an A *Sample* and before the final decision in a Doping Control Case that there is not sufficient scientific or factual basis to proceed further with the case against the *Competitor* involved.

**DC 7.1.11** The FINA Executive or *Member Federation* with results management responsibility shall impose a *Provisional Suspension* promptly after the review and notification described in DC 7.1.2 and 7.1.3 have been completed for an *Adverse Analytical Finding* involving a *Prohibited Substance* other than a *Specified Substance*. The FINA Executive, after consultation with the *DCRB*, also may *Provisionally Suspend* a *Competitor* prior to the opportunity for a full hearing

based on an alleged anti-doping rule violation other than an *Adverse Analytical Finding*, or after the review and notification described in DC 7.1.2. and 7.1.3 for Specified Substances but prior to the analysis of the *Competitor's B Sample* or a full hearing. The FINA Executive may also provisionally suspend a *Competitor* in connection with a FINA *International Competition* where the circumstances satisfy the requirements herein but the *Member Federation* with results management responsibility has not imposed a *Provisional Suspension*. If a *Provisional Suspension* is imposed, the *Competitor* shall be given an opportunity for a *Provisional Hearing* before imposition of the *Provisional Suspension* or on a timely basis after imposition of the *Provisional Suspension*, or an opportunity for an expedited hearing in accordance with DC 8 on a timely basis after imposition of the *Provisional Suspension*.

**DC 7.1.12** If a *Provisional Suspension* is imposed based on an *A Sample Adverse Analytical Finding* and a subsequent *B Sample* analysis (if requested by the *Competitor* or *Anti-Doping Organization*) does not confirm the *A Sample* analysis, then the *Competitor* shall not be subject to any further *Provisional Suspension* on account of a violation of DC 2.1 (Presence of a *Prohibited Substance* or its *Metabolites* or *Markers*).

## **DC 7.2 Results Management for Tests initiated by Member Federations**

**DC 7.2.1** Results management conducted by *Member Federations* shall be consistent with the general principles for effective and fair results management which underlie the detailed provisions set forth in DC 7.1.

**DC 7.2.2** Results of *Doping Controls* shall be reported to FINA and WADA as provided in DC 14.6.

**DC 7.2.3** Any apparent anti-doping rule violation by a *Competitor* who is a member of that *Member Federation* shall be promptly referred to an appropriate hearing panel established pursuant to the rules of the *Member Federation* or national law. Apparent anti-doping rule violations by *Competitors* who are members of another *Member Federation* shall be referred to that *Member Federation* for hearing.

**DC 7.2.4** If the FINA Executive determines a *Member Federation* with results management responsibility is not carrying out its results management responsibilities with respect to an apparent anti-doping rule violation in a sufficiently expeditious manner, the FINA Executive may, after conferring with and providing a warning to the *Member Federation*, transfer results management responsibilities for the apparent anti-doping rule violation to the *DCRB*. In any case where the FINA Executive transfers such results management responsibilities to the *DCRB*, the *Member Federation* shall cooperate fully and shall reimburse FINA for its costs in carrying out results management responsibilities. In any such case where the *DCRB* has conducted results management, any resulting hearing shall take place before the FINA Doping Panel.

**DC 7.2.5** In any case where WADA appeals directly to CAS under Article 13.3 based upon a *Member Federation's* failure to render a decision within a reasonable deadline set by WADA, FINA shall have the right to join in that appeal.

**DC 7.2.6** Where a *Member Federation* has results management responsibility for an *Atypical Finding*, the FINA Executive may demand that the investigation under DC 7.1.8 be completed prior to a FINA *International Competition*. If the *Member Federation* does not comply with such demand, the FINA Executive may declare the *Competitor* Ineligible for the *International Competition* as a result of the pending *Atypical Finding* and/or may transfer results management responsibilities to the *DRCB*. In any such case where the *DCRB* has conducted results management, any resulting hearing shall take place before the FINA Doping Panel.

**DC 7.3** FINA reserves the right to exercise jurisdiction over results management and hearings with respect to any apparent anti-doping rule violation by any member of a *Member Federation* unless the *Code* specifically gives such jurisdiction to another *Signatory*.

## DC 8 RIGHT TO A FAIR HEARING

**DC 8.1** For *Doping Controls* conducted by FINA or for the consideration of additional sanctions on account of *Doping Controls* conducted by the IOC, or an organization described in DC 5.2.5, FINA shall give the *Competitor* or other *Person* the opportunity for a hearing before the FINA Doping Panel as provided in Rule C 21 which respects the following principles:

- a timely hearing;
- a fair and impartial hearing body;
- the right to be represented by counsel at the *Person's* own expense;
- the right to be fairly and timely informed of the asserted anti-doping rule violation;
- the right to respond to the asserted anti-doping rule violation and resulting *Consequences*;
- the right of each party to present evidence, including the right to call and question witnesses (subject to the hearing body's discretion to accept testimony by telephone or written submission);
- the *Person's* right to an interpreter at the hearing with the Doping Panel to determine the identity, and responsibility for the cost of the interpreter; and
- a timely, written, reasoned decision; specifically including an explanation of the reason(s) for any period of *Ineligibility*.

Hearings held in connection with *Competitions* may be conducted by an expedited process.

**DC 8.2** Hearings Arising Out of *Member Federation Testing*.

**DC 8.2.1** When it appears, following a *Member Federation's* results management process described in DC 7, that an anti-doping rule violation has occurred, the *Competitor* or other *Person* involved shall be brought before a disciplinary panel of the *Competitor* or other *Person's Member Federation* for a hearing to adjudicate whether a violation of these Anti-Doping Rules occurred and if so what *Consequences* should be imposed.

**DC 8.2.2** Hearings pursuant to this DC 8.2 shall be completed expeditiously and in all cases within three (3) months of the completion of the results management

process described in DC 7. Hearings held in connection with *Competitions* may be conducted by an expedited process. If the completion of the hearing is delayed beyond three months, FINA may elect to bring the case directly before the FINA Doping Panel at the responsibility and at the expense of the *Member Federation*. FINA may request a *Member Federation* with results management responsibility to expedite a hearing in order to allow a final decision before the commencement of an *International Competition*.

**DC 8.2.3** *Member Federations* shall keep FINA fully apprised as to the status of pending cases and the results of all hearings. Where FINA assumes responsibility for results management under DC 7.2 or the hearing under DC 8.2.2, the *Member Federation* shall provide all requested documentation and shall be responsible for FINA's costs relating to the results management process or hearing. If the documentation exists in any language other than English or French, the *Member Federation* shall have such documentation translated to English.

**DC 8.2.4** FINA shall have the right to attend hearings as an observer.

**DC 8.2.5** The *Competitor* or other *Person* may forego a hearing by acknowledging the violation of these Anti-Doping Rules and accepting *Consequences* consistent with DC 9 and 10 as proposed by the *Member Federation*. Where no hearing occurs, the *Member Federation* shall submit to the *Persons* described in DC 13.2.3 a reasoned decision explaining the action taken.

**DC 8.2.6** Decisions by *Member Federations*, whether as the result of a hearing or the *Competitor* or other *Person's* acceptance of *Consequences*, may be appealed as provided in DC 13.

**DC 8.2.7** Hearing decisions by the *Member Federation* shall not be subject to further administrative review at the national level except as provided in DC 13 or required by applicable national law.

**DC 8.2.8** Hearings by *Member Federations* shall respect the principles described in DC 8.1 above.

## DC 9 AUTOMATIC DISQUALIFICATION OF INDIVIDUAL RESULTS

A violation of these Anti-Doping Rules in Individual Sports in connection with an *In-Competition* test automatically leads to *Disqualification* of the result obtained in that Event with all resulting *Consequences*, including forfeiture of any medals, points and prizes.

*[Comment to DC 9: When a Competitor wins a gold medal with a Prohibited Substance in his or her system, that is unfair to the other Competitors in that Event regardless of whether the gold medalist was at fault in any way. Only a "clean" Competitor should be allowed to benefit from his or her competitive results. For Team Sports, see DC 11 (Consequences to Teams).]*

## DC 10 SANCTIONS ON INDIVIDUALS

**DC 10.1** *Disqualification of Results in Competition During which an Anti-Doping Rule Violation Occurs*

An anti-doping rule violation occurring during or in connection with a *Competition* may, upon the decision of the ruling body of the *Competition*, lead to *Disqualification* of all of the *Competitor's* individual results obtained in that *Competition* with all *Consequences*, including forfeiture of all medals, points and prizes, except as provided in DC 10.1.1.

*[Comment to DC 10.1: Whereas DC 9 (Automatic Disqualification of Individual Results) Disqualifies the result in a single Event in which the Competitor tested positive (e.g., the 100 meter backstroke), this Article may lead to Disqualification of all results in all races during the Competition (e.g., the FINA World Championships).*

*Factors to be included in considering whether to Disqualify other results in a Competition might include, for example, the severity of the Competitor's anti-doping rule violation and whether the Competitor tested negative in the other Events.]*

**DC 10.1.1** If the *Competitor* establishes that he or she bears *No Fault or Negligence* for the violation, the *Competitor's* individual results in the other *Events* shall not be *Disqualified* unless the *Competitor's* results in *Events* other than the *Event* in which the anti-doping rule violation occurred were likely to have been affected by the *Competitor's* anti-doping rule violation.

## **DC 10.2 *Ineligibility for Presence, Use or Attempted Use, or Possession of Prohibited Substances and Prohibited Methods***

The period of *Ineligibility* imposed for a violation of DC 2.1 (*Presence of Prohibited Substance or its Metabolites or Markers*), DC 2.2 (*Use or Attempted Use of Prohibited Substance or Prohibited Method*) or DC 2.6 (*Possession of Prohibited Substances and Prohibited Methods*) shall be as follows, unless the conditions for eliminating or reducing the period of *Ineligibility*, as provided in DC 10.4 and 10.5, or the conditions for increasing the period of *Ineligibility*, as provided in DC 10.6, are met:

First violation: Two (2) years' *Ineligibility*.

*[Comment to DC 10.2: Harmonization of sanctions has been one of the most discussed and debated areas of anti-doping. Harmonization means that the same rules and criteria are applied to assess the unique facts of each case. Arguments against requiring harmonization of sanctions are based on differences between sports including, for example, the following: in some sports the Competitors are professionals making a sizable income from the sport and in others the Competitors are true amateurs; in those sports where a Competitor's career is short (e.g., artistic gymnastics) a two year Disqualification has a much more significant effect on the Competitor than in sports where careers are traditionally much longer (e.g., equestrian and shooting); in Individual Sports, the Competitor is better able to maintain competitive skills through solitary practice during Disqualification than in other sports where practice as part of a team is more important. A primary argument in favor of harmonization is that it is simply not right that two Competitors from the same country who test positive for the same Prohibited Substance under similar circumstances should receive different sanctions only because they participate in different sports. In addition, flexibility in sanctioning has often been viewed as an unacceptable opportunity for some sporting organizations to be more lenient with dopers. The lack of harmonization of sanctions has also frequently been the source of jurisdictional conflicts between International Federations and National Anti-Doping Organizations.]*



**DC 10.3 Ineligibility for Other Anti-Doping Rule Violations**

The period of *Ineligibility* for anti-doping rule violations other than as provided in DC 10.2 shall be as follows:

**DC 10.3.1** For violations of DC 2.3 (Refusing or Failing to Submit to Sample Collection) or DC 2.5 (*Tampering with Doping Control*), the *Ineligibility* period shall be two (2) years unless the conditions provided in DC 10.5, or the conditions provided in DC 10.6, are met.

**DC 10.3.2** For violations of DC 2.7 (*Trafficking or Attempted Trafficking*) or DC 2.8 (Administration or *Attempted Administration of Prohibited Substance or Prohibited Method*), the period of *Ineligibility* imposed shall be a minimum of four (4) years up to lifetime *Ineligibility* unless the conditions provided in DC 10.5 are met. An anti-doping rule violation involving a *Minor* shall be considered a particularly serious violation, and, if committed by *Competitor Support Personnel* for violations other than Specified Substances referenced in DC 4.2.1, shall result in lifetime *Ineligibility* for *Competitor Support Personnel*. In addition, significant violations of DC 2.7 or 2.8 which also may violate non-sporting laws and regulations, shall be reported to the competent administrative, professional or judicial authorities.

*[Comment to DC 10.3.2: Those who are involved in doping Competitors or covering up doping should be subject to sanctions which are more severe than the Competitors who test positive. Since the authority of sport organizations is generally limited to Ineligibility for credentials, membership and other sport benefits, reporting Competitor Support Personnel to competent authorities is an important step in the deterrence of doping.]*

**DC 10.3.3** For violations of DC 2.4 (Whereabouts Filing Failures and/or Missed Tests), the period of *Ineligibility* shall be at a minimum one (1) year and at a maximum two (2) years based on the *Competitor's* degree of fault.

*[Comment to DC 10.3.3: The sanction under DC 10.3.3 shall be two years where all three filing failures or missed tests are inexcusable. Otherwise, the sanction shall be assessed in the range of two years to one year, based on the circumstances of the case.]*

**DC 10.4 Elimination or Reduction of the Period of *Ineligibility* for Specified Substances under Specific Circumstances**

Where a *Competitor* or other *Person* can establish how a Specified Substance entered his or her body or came into his or her *Possession* and that such Specified Substance was not intended to enhance the *Competitor's* sport performance or mask the *Use* of a performance-enhancing substance, the period of *Ineligibility* found in DC 10.2 shall be replaced with the following:

First violation: At a minimum, a reprimand and no period of *Ineligibility* from future *Competitions*, and at a maximum, two years' of *Ineligibility*.

To justify any elimination or reduction, the *Competitor* or other *Person* must produce corroborating evidence in addition to his or her word which establishes to the comfortable satisfaction of the hearing panel the absence of an intent to enhance sport performance

or mask the *Use* of a performance enhancing substance. The *Competitor's* or other *Person's* degree of fault shall be the criterion considered in assessing any reduction of the period of *Ineligibility*.

*[Comment to DC 10.4: Specified Substances are not necessarily less serious agents for purposes of sports doping than other Prohibited Substances (for example, a stimulant that is listed as a Specified Substance could be very effective to a Competitor in competition); for that reason, a Competitor who does not meet the criteria under this Article would receive a two-year period of Ineligibility and could receive up to a four-year period of Ineligibility under Article 10.6. However, there is a greater likelihood that Specified Substances, as opposed to other Prohibited Substances, could be susceptible to a credible, non-doping explanation.]*

*This Article applies only in those cases where the hearing panel is comfortably satisfied by the objective circumstances of the case that the Competitor in taking or Possessing a Prohibited Substance did not intend to enhance his or her sport performance. Examples of the type of objective circumstances which in combination might lead a hearing panel to be comfortably satisfied of no performance-enhancing intent would include: the fact that the nature of the Specified Substance or the timing of its ingestion would not have been beneficial to the Competitor; the Competitor's open Use or disclosure of his or her Use of the Specified Substance; and a contemporaneous medical records file substantiating the non sport-related prescription for the Specified Substance. Generally, the greater the potential performance-enhancing benefit, the higher the burden on the Competitor to prove lack of an intent to enhance sport performance.*

*While the absence of intent to enhance sport performance must be established to the comfortable satisfaction of the hearing panel, the Competitor may establish how the Specified Substance entered the body by a balance of probability.*

*In assessing the Competitor's or other Person's degree of fault, the circumstances considered must be specific and relevant to explain the Competitor's or other Person's departure from the expected standard of behavior. Thus, for example, the fact that a Competitor would lose the opportunity to earn large sums of money during a period of Ineligibility or the fact that the Competitor only has a short time left in his or her career or the timing of the sporting calendar would not be relevant factors to be considered in reducing the period of Ineligibility under this Article. It is anticipated that the period of Ineligibility will be eliminated entirely in only the most exceptional cases.]*

## **DC 10.5 Elimination or Reduction of Period of *Ineligibility* Based on Exceptional Circumstances**

### **DC 10.5.1 *No Fault or Negligence.***

*If a Competitor establishes in an individual Case that he or she bears *No Fault or Negligence*, the otherwise applicable period of *Ineligibility* shall be eliminated. When a *Prohibited Substance* or its *Markers* or *Metabolites* is detected in a *Competitor's Sample* in violation of DC 2.1 (*Presence of Prohibited Substance*), the *Competitor* must also establish how the *Prohibited Substance* entered his or her system in order to have the period of *Ineligibility* eliminated. In the event this*

Rule is applied and the period of *Ineligibility* otherwise applicable is eliminated, the anti-doping rule violation shall not be considered a violation for the limited purpose of determining the period of *Ineligibility* for multiple violations under DC 10.7.

#### **DC 10.5.2 No Significant Fault or Negligence.**

If a *Competitor* or other *Person* establishes in an individual Case that he or she bears *No Significant Fault or Negligence*, then the otherwise applicable period of *Ineligibility* may be reduced, but the reduced period of *Ineligibility* may not be less than one-half of the period of *Ineligibility* otherwise applicable. If the otherwise applicable period of *Ineligibility* is a lifetime, the reduced period under this Article may be no less than eight (8) years. When a *Prohibited Substance* or its *Markers* or *Metabolites* is detected in a *Competitor's Sample* in violation of DC 2.1 (Presence of a *Prohibited Substance* or its *Metabolites* or *Markers*), the *Competitor* must also establish how the *Prohibited Substance* entered his or her system in order to have the period of *Ineligibility* reduced.

*[Comment to DC 10.5.1 and 10.5.2: The Code provides for the possible reduction or elimination of the period of Ineligibility in the unique circumstance where the Competitor can establish that he or she had No Fault or Negligence, or No Significant Fault or Negligence, in connection with the violation. This approach is consistent with basic principles of human rights and provides a balance between those Anti-Doping Organizations that argue for a much narrower exception, or none at all, and those that would reduce a two year suspension based on a range of other factors even when the Competitor was admittedly at fault. These Articles apply only to the imposition of sanctions; they are not applicable to the determination of whether an anti-doping rule violation has occurred. DC 10.5.2 may be applied to any anti-doping rule violation even though it will be especially difficult to meet the criteria for a reduction for those anti-doping rule violations where knowledge is an element of the violation.]*

*DC 10.5.1 and 10.5.2 are meant to have an impact only in cases where the circumstances are truly exceptional and not in the vast majority of cases.*

*To illustrate the operation of DC 10.5.1, an example where No Fault or Negligence would result in the total elimination of a sanction is where a Competitor could prove that, despite all due care, he or she was sabotaged by a competitor. Conversely, a sanction could not be completely eliminated on the basis of No Fault or Negligence in the following circumstances: (a) a positive test resulting from a mislabeled or contaminated vitamin or nutritional supplement (Competitors are responsible for what they ingest (DC 2.1.1) and have been warned against the possibility of supplement contamination); (b) the administration of a Prohibited Substance by the Competitor's personal physician or trainer without disclosure to the Competitor (Competitors are responsible for their choice of medical personnel and for advising medical personnel that they cannot be given any Prohibited Substance); and (c) sabotage of the Competitor's food or drink by a spouse, coach or other Person within the Competitor's circle of associates (Competitors are responsible for what they ingest and for the conduct of those Persons to*

whom they entrust access to their food and drink). However, depending on the unique facts of a particular case, any of the referenced illustrations could result in a reduced sanction based on No Significant Fault or Negligence. (For example, reduction may well be appropriate in illustration (a) if the Competitor clearly establishes that the cause of the positive test was contamination in a common multiple vitamin purchased from a source with no connection to Prohibited Substances and the Competitor exercised care in not taking other nutritional supplements.)

For purposes of assessing the Competitor's or other Person's fault under DC 10.5.1 and 10.5.2, the evidence considered must be specific and relevant to explain the Competitor's or other Person's departure from the expected standard of behavior. Thus, for example the fact that a Competitor would lose the opportunity to earn large sums of money during a period of Ineligibility or the fact that the Competitor only has a short time left in his or her career or the timing of the sporting calendar would not be relevant factors to be considered in reducing the period of Ineligibility under this Article.

While Minors are not given special treatment *per se* in determining the applicable sanction, certainly youth and lack of experience are relevant factors to be assessed in determining the Competitor or other Person's fault under DC 10.5.2, as well as DC 10.4 and 10.5.1.

DC 10.5.2 should not be applied in cases where DC 10.3.3 or 10.4 apply, as those Articles already take into consideration the Competitor or other Person's degree of fault for purposes of establishing the applicable period of Ineligibility.]

### **DC 10.5.3 Substantial Assistance in Discovering or Establishing Anti-Doping Rule Violations.**

The FINA Executive or hearing panel may, prior to a final appellate decision under DC 13 or the expiration of the time to appeal, suspend a part of the period of *Ineligibility* imposed in an individual case where the *Competitor* or other *Person* has provided *Substantial Assistance* to FINA or a criminal authority or professional disciplinary body which results in FINA's discovering or establishing an anti-doping rule violation by another *Person* or which results in a criminal or disciplinary body discovering or establishing a criminal offense or the breach of professional rules by another *Person*. After a final appellate decision under DC 13 or the expiration of time to appeal, FINA may only suspend a part of the otherwise applicable period of *Ineligibility* with the approval of WADA. The extent to which the otherwise applicable period of *Ineligibility* may be suspended shall be based on the seriousness of the anti-doping rule violation committed by the *Competitor* or other *Person* and the significance of the *Substantial Assistance* provided by the *Competitor* or other *Person* to the effort to eliminate doping in sport. No more than three-quarters of the otherwise applicable period of *Ineligibility* may be suspended. If the otherwise applicable period of *Ineligibility* is a lifetime, the non-suspended period under this section must be no less than eight (8) years. If FINA suspends any part of the otherwise applicable period of *Ineligibility* under this Article, it shall promptly provide a written justification for its decision to each Anti-Doping Organization having a right to appeal the decision. If FINA subsequently reinstates

any part of the suspended period of *Ineligibility* because the *Competitor* or other *Person* has failed to provide the *Substantial Assistance* which was anticipated, the *Competitor* or other *Person* may appeal the reinstatement pursuant to DC 13.2.

*[Comment to DC 10.5.3: The cooperation of Competitors, Competitor Support Personnel and other Persons who acknowledge their mistakes and are willing to bring other anti-doping rule violations to light is important to clean sport.*

*Factors to be considered in assessing the importance of the Substantial Assistance would include, for example, the number of individuals implicated, the status of those individuals in the sport, whether a scheme involving Trafficking under DC 2.7 or administration under DC 2.8 is involved and whether the violation involved a substance or method which is not readily detectable in Testing. The maximum suspension of the Ineligibility period shall only be applied in very exceptional cases. An additional factor to be considered in connection with the seriousness of the anti-doping rule violation is any performance-enhancing benefit which the Person providing Substantial Assistance may be likely to still enjoy. As a general matter, the earlier in the results management process the Substantial Assistance is provided, the greater the percentage of the otherwise applicable period of Ineligibility may be suspended.*

*If the Competitor or other Person who is asserted to have committed an anti-doping rule violation claims entitlement to a suspended period of Ineligibility under this Article in connection with the Competitor or other Person's waiver of a hearing under DC 8.2.5 (Waiver of Hearing), the FINA Executive shall determine whether a suspension of a portion of the period of Ineligibility is appropriate under this Article. If the Competitor or other Person claims entitlement to a suspended period of Ineligibility before the conclusion of a hearing under DC 8 on the anti-doping rule violation, the hearing panel shall determine whether a suspension of a portion of the otherwise applicable period of Ineligibility is appropriate under this Article at the same time the hearing panel decides whether the Competitor or other Person has committed an anti-doping rule violation. If a portion of the period of Ineligibility is suspended, the decision shall explain the basis for concluding the information provided was credible and was important to discovering or proving the anti-doping rule violation or other offense. If the Competitor or other Person claims entitlement to a suspended period of Ineligibility after a final decision finding an anti-doping rule violation has been rendered and is not subject to appeal under DC 13, but the Competitor or other Person is still serving the period of Ineligibility, the Competitor or other Person may apply to FINA to consider a suspension in the period of Ineligibility under this Article. Any such suspension of the otherwise applicable period of Ineligibility shall require the approval of WADA. If any condition upon which the suspension of a period of Ineligibility is based is not fulfilled, FINA shall reinstate the period of Ineligibility which would otherwise be applicable. Decisions rendered by FINA under this Article may be appealed pursuant to DC 13.2.*

*This is the only circumstance under the Code where the suspension of an otherwise applicable period of Ineligibility is authorized.]*

#### **DC 10.5.4 Admission of an Anti-Doping Rule Violation in the Absence of Other Evidence.**

Where a *Competitor* or other *Person* voluntarily admits the commission of an anti-doping rule violation before having received notice of a *Sample* collection which could establish an anti-doping rule violation (or, in the case of an anti-doping rule violation other than DC 2.1, before receiving first notice of the admitted violation pursuant to DC 7) and that admission is the only reliable evidence of the violation at the time of admission, then the period of *Ineligibility* may be reduced, but not below one-half of the period of *Ineligibility* otherwise applicable.

*[Comment to DC 10.5.4: This Article is intended to apply when a Competitor or other Person comes forward and admits to an anti-doping rule violation in circumstances where no Anti-Doping Organization is aware that an anti-doping rule violation might have been committed. It is not intended to apply to circumstances where the admission occurs after the Competitor or other Person believes he or she is about to be caught.]*

#### **DC 10.5.5 Where a Competitor or Other Person Establishes Entitlement to Reduction in Sanction Under More than One Provision of this Rule.**

Before applying any reduction or suspension under DC 10.5.2, 10.5.3 or 10.5.4, the otherwise applicable period of *Ineligibility* shall be determined in accordance with DC 10.2, 10.3, 10.4 and 10.6. If the *Competitor* or other *Person* establishes entitlement to a reduction or suspension of the period of *Ineligibility* under two or more of DC 10.5.2, 10.5.3 or 10.5.4, then the period of *Ineligibility* may be reduced or suspended, but not below one-quarter of the otherwise applicable period of *Ineligibility*.

*[Comment to DC 10.5.5: The appropriate sanction is determined in a sequence of four steps. First, the hearing panel determines which of the basic sanctions (DC 10.2, DC 10.3, DC 10.4 or DC 10.6) applies to the particular anti-doping rule violation. In a second step, the hearing panel establishes whether there is a basis for suspension, elimination or reduction of the sanction (DC 10.5.1 through 10.5.4). Note, however, not all grounds for suspension, elimination or reduction may be combined with the provisions on basic sanctions. For example, DC 10.5.2 does not apply in cases involving DC 10.3.3 or 10.4, since the hearing panel, under DC 10.3.3 and 10.4, will already have determined the period of Ineligibility based on the Competitor or other Person's degree of fault. In a third step, the hearing panel determines under DC 10.5.5 whether the Competitor or other Person is entitled to elimination, reduction or suspension under more than one provision of DC 10.5. Finally, the hearing panel decides on the commencement of the period of Ineligibility under DC 10.9. The following four examples demonstrate the proper sequence of analysis:]*

#### **Example 1.**

*Facts:* An Adverse Analytical Finding involves the presence of an anabolic steroid; the *Competitor* promptly admits the anti-doping rule violation as asserted; the *Competitor* establishes No Significant Fault (DC 10.5.2); and the *Competitor* provides Substantial Assistance (DC 10.5.3).  
*Facts:* An Adverse Analytical Finding

*involves the presence of an anabolic steroid; the Competitor promptly admits the anti-doping rule violation as asserted; the Competitor establishes No Significant Fault (DC 10.5.2); and the Competitor provides Substantial Assistance (DC 10.5.3).*

Application of DC 10:

1. *The basic sanction would be two years under DC 10.2. (Aggravating Circumstances (DC 10.6) would not be considered because the Competitor promptly admitted the violation. DC 10.4 would not apply because a steroid is not a Specified Substance.)*

2. *Based on No Significant Fault alone, the sanction could be reduced up to one-half of the two years. Based on Substantial Assistance alone, the sanction could be reduced up to three-quarters of the two years.*

3. *Under DC 10.5.5, in considering the possible reduction for No Significant Fault and Substantial Assistance together, the most the sanction could be reduced is up to three-quarters of the two years. Thus, the minimum sanction would be a six-month period of Ineligibility.*

4. *Under DC 10.9.2, because the Competitor promptly admitted the anti-doping rule violation, the period of Ineligibility could start as early as the date of Sample collection, but in any event the Competitor would have to serve at least one-half of the Ineligibility period (minimum three months) after the date of the hearing decision.*

**Example 2.**

Facts: *An Adverse Analytical Finding involves the presence of an anabolic steroid; aggravating circumstances exist and the Competitor is unable to establish that he did not knowingly commit the anti-doping rule violation; the Competitor does not promptly admit the anti-doping rule violation as alleged; but the Competitor does provide Substantial Assistance (DC 10.5.3).*

Application of DC 10:

1. *The basic sanction would be between two and four years Ineligibility as provided in DC 10.6.*

2. *Based on Substantial Assistance, the sanction could be reduced up to three-quarters of the maximum four years.*

3. *DC 10.5.5 does not apply.*

4. *Under DC 10.9.2, the period of Ineligibility would start on the date of the hearing decision.*

**Example 3.**

Facts: *An Adverse Analytical Finding involves the presence of a Specified Substance; the Competitor establishes how the Specified Substance entered his body and that he had no intent to enhance his sport performance; the Competitor*

establishes that he had very little fault; and the Competitor provides Substantial Assistance (Article 10.5.3).

Application of DC 10:

1. Because the Adverse Analytical Finding involved a Specified Substance and the Competitor has satisfied the other conditions of DC 10.4, the basic sanction would fall in the range between a reprimand and two years Ineligibility. The hearing panel would assess the Competitor's fault in imposing a sanction within that range. (Assume for illustration in this example that the panel would otherwise impose a period of Ineligibility of eight months.)

2. Based on Substantial Assistance, the sanction could be reduced up to three-quarters of the eight months. (No less than two months.) No Significant Fault (DC 10.2) would not be applicable because the Competitor's degree of fault was already taken into consideration in establishing the eight-month period of Ineligibility in step 1.

3. DC 10.5.5 does not apply.

4. Under DC 9.2, because the Competitor promptly admitted the anti-doping rule violation, the period of Ineligibility could start as early as the date of Sample collection, but in any event, the Competitor would have to serve at least half of the Ineligibility period after the date of the hearing decision. (Minimum one month.)

**Example 4.**

Facts: A Competitor who has never had an Adverse Analytical Finding or been confronted with an anti-doping rule violation spontaneously admits that he intentionally used multiple Prohibited Substances to enhance his performance. The Competitor also provides Substantial Assistance (DC 10.5.3).

Application of DC 10:

1. While the intentional Use of multiple Prohibited Substances to enhance performance would normally warrant consideration of aggravating circumstances (DC 10.6), the Competitor's spontaneous admission means that DC 10.6 would not apply. The fact that the Competitor's Use of Prohibited Substances was intended to enhance performance would also eliminate the application of DC 10.4 regardless of whether the Prohibited Substances Used were Specified Substances. Thus, DC 10.2 would be applicable and the basic period of Ineligibility imposed would be two years.

2. Based on the Competitor's spontaneous admissions (DC 10.5.4) alone, the period of Ineligibility could be reduced up to one-half of the two years. Based on the Competitor's Substantial Assistance (DC 10.5.3) alone, the period of Ineligibility could be reduced up to three-quarters of the two years.

3. Under DC 10.5.5, in considering the spontaneous admission and Substantial Assistance together, the most the sanction could be reduced would be up to three-quarters of the two years. (The minimum period of Ineligibility would be six months.)



4. If DC 10.5.4 was considered by the hearing panel in arriving at the minimum six month period of Ineligibility at step 3, the period of Ineligibility would start on the date the hearing panel imposed the sanction. If, however, the hearing panel did not consider the application of DC 10.5.4 in reducing the period of Ineligibility in step 3, then under DC 10.9.2, the commencement of the period of Ineligibility could be started as early as the date the anti-doping rule violation was committed, provided that at least half of that period (minimum of three months) would have to be served after the date of the hearing decision.]

### **DC 10.6 Aggravating Circumstances Which May Increase the Period of Ineligibility**

If FINA or a *Member Federation* establishes in an individual Case involving an anti-doping rule violation other than violations under DC 2.7 (*Trafficking* or *Attempted Trafficking*) and DC 2.8 (*Administration* or *Attempted Administration*) that aggravating circumstances are present which justify the imposition of a period of *Ineligibility* greater than the standard sanction, then the period of *Ineligibility* otherwise applicable shall be increased up to a maximum of four years unless the *Competitor* or other *Person* can prove to the comfortable satisfaction of the hearing panel that he or she did not knowingly commit the anti-doping rule violation.

A *Competitor* or other *Person* can avoid the application of this Rule by admitting the anti-doping rule violation as asserted promptly after being confronted with the anti-doping rule violation by FINA or a *Member Federation*.

[*Comment to DC 10.6: Examples of aggravating circumstances which may justify the imposition of a period of Ineligibility greater than the standard sanction are: the Competitor or other Person committed the anti-doping rule violation as part of a doping plan or scheme, either individually or involving a conspiracy or common enterprise to commit anti-doping rule violations; the Competitor or other Person used or possessed multiple Prohibited Substances or Prohibited Methods or used or possessed a Prohibited Substance or Prohibited Method on multiple occasions; a normal individual would be likely to enjoy the performance-enhancing effects of the anti-doping rule violation(s) beyond the otherwise applicable period of Ineligibility; the Competitor or Person engaged in deceptive or obstructing conduct to avoid the detection or adjudication of an anti-doping rule violation.*

*For the avoidance of doubt, the examples of aggravating circumstances described in this Comment to DC 10.6 are not exclusive and other aggravating factors may also justify the imposition of a longer period of Ineligibility. Violations under DC 2.7 (Trafficking or Attempted Trafficking) and 2.8 (Administration or Attempted Administration) are not included in the application of DC 10.6 because the sanctions for these violations (from four years to lifetime Ineligibility) already build in sufficient discretion to allow consideration of any aggravating circumstance.]*

### **DC 10.7 Multiple Violations**

#### **DC 10.7.1 Second Anti-Doping Rule Violation.**

For a *Competitor* or other *Person's* first anti-doping rule violation, the period of

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*Ineligibility* is set forth in DC 10.2 and 10.3 (subject to elimination, reduction or suspension under DC 10.4 or 10.5, or to an increase under DC 10.6). For a second anti-doping rule violation the period of *Ineligibility* shall be within the range set forth in the table below.

| Second<br>Violation<br>/ First<br>Violation | RS     | FFMT    | NSF     | St     | AS      | TRA     |
|---|--------|---------|---------|--------|---------|---------|
| RS  | 1-4    | 2-4     | 2-4     | 4-6    | 8-10    | 10-life |
| FFMT  | 1-4    | 4-8     | 4-8     | 6-8    | 10-life | life    |
| NSF   | 1-4    | 4-8     | 4-8     | 6-8    | 10-life | life    |
| St  | 2-4    | 6-8     | 6-8     | 8-life | life    | life    |
| AS  | 4-5    | 10-life | 10-life | life   | life    | life    |
| TRA   | 8-life | life    | life    | life   | life    | life    |

Definitions for purposes of the second anti-doping rule violation table:

**RS** (Reduced sanction for Specified Substance under DC 10.4): The anti-doping rule violation was or should be sanctioned by a reduced sanction under DC 10.4 because it involved a Specified Substance and the other conditions under DC 10.4 were met.

**FFMT** (Filing Failures and/or Missed Tests): The anti-doping rule violation was or should be sanctioned under DC 10.3.3 (Filing Failures and/or Missed Tests).

**NSF** (Reduced sanction for *No Significant Fault or Negligence*): The anti-doping rule violation was or should be sanctioned by a reduced sanction under DC 10.5.2 because *No Significant Fault or Negligence* under DC 10.5.2 was proved by the *Competitor*.

**St** (Standard sanction under DC 10.2 or 10.3.1): The anti-doping rule violation was or should be sanctioned by the standard sanction of two years under DC 10.2 or 10.3.1.

**AS** (Aggravated sanction): The anti-doping rule violation was or should be sanctioned by an aggravated sanction under DC 10.6 because the *Anti-Doping Organization* established the conditions set forth under DC 10.6.

**TRA** (*Trafficking or Attempted Trafficking* and Administration or *Attempted Administration*): The anti-doping rule violation was or should be sanctioned by a sanction under DC 10.3.2.

*[Comment to DC 10.7.1: The table is applied by locating the Competitor or other Person's first anti-doping rule violation in the left-hand column and then moving across the table to the right to the column representing the second violation. By way of example, assume a Competitor receives the standard period of Ineligibility for a first violation under DC 10.2 and then commits a second violation for which he receives a reduced sanction for a Specified Substance under DC 10.4. The table is used to determine the period of Ineligibility for the second violation. The*

table is applied to this example by starting in the left-hand column and going down to the fourth row which is "St" for standard sanction, then moving across the table to the first column which is "RS" for reduced sanction for a Specified Substance, thus resulting in a 2-4 year range for the period of Ineligibility for the second violation. The Competitor or other Person's degree of fault shall be the criterion considered in assessing a period of Ineligibility within the applicable range.]

[Comment to DC 10.7.1 RS Definition: See Article 25.4 of the Code with respect to application of DC 10.7.1 to pre-Code anti-doping rule violations.]

**DC 10.7.2** Application of DC 10.5.3 and 10.5.4 to Second Violation.

Where a *Competitor* or other *Person* who commits a second anti-doping rule violation establishes entitlement to suspension or reduction of a portion of the period of *Ineligibility* under DC 10.5.3 or DC 10.5.4, the hearing panel shall first determine the otherwise applicable period of *Ineligibility* within the range established in the table in DC 10.7.1, and then apply the appropriate suspension or reduction of the period of *Ineligibility*. The remaining period of *Ineligibility*, after applying any suspension or reduction under DC 10.5.3 and 10.5.4, must be at least one-fourth of the otherwise applicable period of *Ineligibility*.

**DC 10.7.3** Third Anti-Doping Rule Violation.

A third anti-doping rule violation will always result in a lifetime period of *Ineligibility*, except if the third violation fulfills the condition for elimination or reduction of the period of *Ineligibility* under DC 10.4 or involves a violation of DC 2.4 (Filing Failures and/or Missed Tests). In these particular cases, the period of *Ineligibility* shall be from eight years to life ban.

**DC 10.7.4** Additional Rules for Certain Potential Multiple Violations.

- For purposes of imposing sanctions under DC 10.7, an anti-doping rule violation will only be considered a second violation if FINA or a *Member Federation* can establish that the *Competitor* or other *Person* committed the second anti-doping rule violation after the *Competitor* or other *Person* received notice pursuant to DC 7 (Results Management), or after FINA or a *Member Federation* made reasonable efforts to give notice, of the first anti-doping rule violation; if FINA or a *Member Federation* cannot establish this, the violations shall be considered together as one single first violation, and the sanction imposed shall be based on the violation that carries the more severe sanction; however, the occurrence of multiple violations may be considered as a factor in determining Aggravating Circumstances (DC 10.6).
- If, after the resolution of a first anti-doping rule violation, FINA or a *Member Federation* discovers facts involving an anti-doping rule violation by the *Competitor* or other *Person* which occurred prior to notification regarding the first violation, then FINA or a *Member Federation* shall impose an additional sanction based on the sanction that could have been imposed if the two violations would have been adjudicated at the same time. Results in all *Events* dating back to the earlier anti-doping rule violation will be Disqualified as provided in DC 10.8. To avoid the possibility of a finding of Aggravating Circumstances (DC 10.6) on account of the ear-

lier-in-time but later-discovered violation, the *Competitor* or other *Person* must voluntarily admit the earlier anti-doping rule violation on a timely basis after notice of the violation for which he or she is first charged. The same rule shall also apply when FINA or a *Member Federation* discovers facts involving another prior violation after the resolution of a second anti-doping rule violation.

*[Comment to DC 10.7.4: In a hypothetical situation, a Competitor commits an anti-doping rule violation on January 1, 2008 which the Anti-Doping Organization does not discover until December 1, 2008. In the meantime, the Competitor commits another anti-doping rule violation on March 1, 2008 and the Competitor is notified of this violation by the Anti-Doping Organization on March 30, 2008 and a hearing panel rules on June 30, 2008 that the Competitor committed the March 1, 2008 anti-doping rule violation. The later-discovered violation which occurred on January 1, 2008 will provide the basis for aggravating circumstances because the Competitor did not voluntarily admit the violation in a timely basis after the Competitor received notification of the later violation on March 30, 2008.]*

**DC 10.7.5** Multiple Anti-Doping Rule Violations During Eight-Year Period. For purposes of DC 10.7, each anti-doping rule violation must take place within the same eight-year period in order to be considered multiple violations.

### **DC 10.8 Disqualification of Results in Events Subsequent to Sample Collection or Commission of an Anti-Doping Rule Violation**

In addition to the automatic *Disqualification* of the results in the *Event* which produced the positive *Sample* under DC 9 (Automatic *Disqualification* of Individual Results), all other competitive results obtained from the date a positive *Sample* was collected (whether *In-Competition* or *Out-of-Competition*), or other anti-doping rule violation occurred, through the commencement of any *Provisional Suspension* or *Ineligibility* period, shall, unless fairness requires otherwise, be *Disqualified* with all of the resulting *Consequences* including forfeiture of any medals, points and prizes.

**DC 10.8.1** As a condition of regaining eligibility after being found to have committed an anti-doping rule violation, the *Competitor* must first repay all prize money forfeited under this Rule.

**DC 10.8.2** Allocation of Forfeited Prize Money. Forfeited prize money shall be reallocated by the FINA Executive to other *Competitors*.

*[Comment to DC 10.8.2: Nothing in the Code precludes clean Competitors or other Persons who have been damaged by the actions of a Person who has committed an anti-doping rule violation from pursuing any right which they would otherwise have to seek damages from such Person.]*

### **DC 10.9 Commencement of Ineligibility Period**

Except as provided below, the period of *Ineligibility* shall start on the date of the hearing decision providing for *Ineligibility* or, if the hearing is waived, on the date *Ineligibility* is accepted or otherwise imposed. Any period of *Provisional Suspension* (whether imposed or voluntarily accepted) shall be credited against the total period of *Ineligibility* imposed.

**DC 10.9.1** Delays Not Attributable to the *Competitor* or other *Person*.

Where there have been substantial delays in the hearing process or other aspects of *Doping Control* not attributable to the *Competitor* or other *Person*, the body imposing the sanction may start the period of *Ineligibility* at an earlier date commencing as early as the date of *Sample* collection or the date on which another anti-doping rule violation last occurred.

**DC 10.9.2** Timely Admission.

Where the *Competitor* or other *Person* promptly (which, in all events, means for a *Competitor* before the *Competitor* competes again) admits the anti-doping rule violation after being confronted with the anti-doping rule violation by FINA or a *Member Federation*, the period of *Ineligibility* may start as early as the date of *Sample* collection or the date on which another anti-doping rule violation last occurred. In each case, however, where this Rule is applied, the *Competitor* or other *Person* shall serve at least one-half of the period of *Ineligibility* going forward from the date the *Competitor* or other *Person* accepted the imposition of a sanction, the date of a hearing decision imposing a sanction, or date the sanction is otherwise imposed.

*[Comment to DC 10.9.2: This Article shall not apply where the period of Ineligibility already has been reduced under DC 10.5.4 (Admission of an Anti-Doping Rule Violation in the Absence of Other Evidence).]*

**DC 10.9.3** If a *Provisional Suspension* is imposed and respected by the *Competitor*, then the *Competitor* shall receive a credit for such period of *Provisional Suspension* against any period of *Ineligibility* which may ultimately be imposed.

**DC 10.9.4** If a *Competitor* voluntarily accepts a *Provisional Suspension* in writing from FINA and a *Member Federation* and thereafter refrains from competing, the *Competitor* shall receive a credit for such period of voluntary *Provisional Suspension* against any period of *Ineligibility* which may ultimately be imposed. A copy of the *Competitor's* voluntary acceptance of a *Provisional Suspension* shall be provided promptly to each party entitled to receive notice of a potential anti-doping rule violation under DC 14.6.

*[Comment to DC 10.9.4: A Competitor's voluntary acceptance of a Provisional Suspension is not an admission by the Competitor and shall not be used in any way as to draw an adverse inference against the Competitor.]*

**DC 10.9.5** No credit against a period of *Ineligibility* shall be given for any time period before the effective date of the *Provisional Suspension* or voluntary *Provisional Suspension* regardless of whether the *Competitor* elected not to compete or was suspended by his or her team.

*[Comment to DC 10.9: The text of DC 10.9 has been revised to make clear that delays not attributable to the Competitor, timely admission by the Competitor and Provisional Suspension are the only justifications for starting the period of Ineligibility earlier than the date of the hearing decision. This amendment corrects inconsistent interpretation and application of the previous text.]*

**DC 10.10 Status During *Ineligibility*****DC 10.10.1** Prohibition Against Participation During *Ineligibility*.

No *Competitor* or other *Person* who has been declared *Ineligible* may, during the period of *Ineligibility*, participate in any capacity in a *Competition* or activity (other than authorized anti-doping education or rehabilitation programs) authorized or organized by FINA, any FINA member organization, or a club or other member organization of a FINA member organization, or in *Competitions* authorized or organized by any professional league or any international or national level *Competition* organization.

A *Competitor* or other *Person* subject to a period of *Ineligibility* longer than four years may, after completing four years of the period of *Ineligibility*, participate in local sport *Competitions* in a sport other than the sport in which the *Person* committed the anti-doping rule violation, but only so long as the local sport *Competition* is not at a level that could otherwise qualify such *Person* directly or indirectly to compete in (or accumulate points toward) a national championship or International *Competition*.

A *Person* subject to a period of *Ineligibility* shall remain subject to *Testing*.

*[Comment to DC 10.10.1: For example, an ineligible Competitor cannot participate in a training camp, exhibition or practice organized by his or her Member Federation or a club which is a member of that Member Federation. FINA shall also recognize sanctions imposed by other sports (see DC 15 Mutual Recognition).]*

**DC 10.10.2** Violation of the Prohibition of Participation During *Ineligibility*.

Where a *Competitor* or other *Person* who has been declared *Ineligible* violates the prohibition against participation during *Ineligibility* described in DC 10.10.1, the results of such participation shall be *Disqualified* and the period of *Ineligibility* which was originally imposed shall start over again as of the date of the violation. The new period of *Ineligibility* may be reduced under DC 10.5.2 if the *Competitor* or other *Person* establishes he or she bears *No Significant Fault or Negligence* for violating the prohibition against participation. The determination of whether a *Competitor* or other *Person* has violated the prohibition against participation, and whether a reduction under DC 10.5.2 is appropriate, shall be made by FINA or the *Member Federation* whose results management led to the imposition of the initial period of *Ineligibility*. Where a *Competitor Support Personnel* or other *Person* substantially assists a *Competitor* in violating the prohibition against participation during *Ineligibility*, the FINA Executive may impose appropriate sanctions.

*[Comment to DC 10.10.2: If a Competitor or other Person is alleged to have violated the prohibition against participation during a period of Ineligibility, FINA or the Member Federation shall determine whether the Competitor or other Person violated the prohibition and, if so, whether the Competitor or other Person has established grounds for a reduction in the restarted period of Ineligibility under DC 10.5.2. Decisions rendered under this Article may be appealed pursuant to DC 13.2.]*

**DC 10.10.3** Withholding of Financial Support during *Ineligibility*.

In addition, for any anti-doping rule violation not involving a reduced sanction for Specified Substances as described in DC 10.4, the FINA Executive and its *Member Federations* shall withhold all sport-related financial support or other sport-related benefits received by such *Person*.

**DC 10.11 Reinstatement Testing.**

As a condition to regaining eligibility at the end of a specified period of *Ineligibility*, a *Competitor* must, during any period of *Provisional Suspension* or *Ineligibility*, make him or herself available for *Out-of-Competition Testing* by FINA, the applicable *Member Federation*, and any other *Anti-Doping Organization* having *Testing* jurisdiction, and must, if requested, provide current and accurate whereabouts information. If a *Competitor* subject to a period of *Ineligibility* retires from sport and is removed from *Out-of-Competition Testing* pools and later seeks reinstatement, the *Competitor* shall not be eligible for reinstatement until the *Competitor* has notified FINA and the applicable *Member Federation* and has been subject to *Out-of-Competition Testing* for a period of time equal to the longer of nine (9) months as provided in DC 5.5.2 or the period of *Ineligibility* remaining as of the date the *Competitor* had retired. During such remaining period of *Ineligibility*, a minimum of three tests must be conducted by the *Competitor's Member Federation* with at least three months between each test. The results of such tests shall be reported to FINA. In addition, immediately prior to the end of the period of *Ineligibility*, a *Competitor* must undergo *Testing* by FINA for the *Prohibited Substances* and *Prohibited Methods* for *Out-of-Competition Testing*. Once the period of a *Competitor's Ineligibility* has expired, and the *Competitor* has fulfilled the conditions of reinstatement, he/she will then become automatically re-eligible. No application by a *Competitor* or by his or her *Member Federation* will then be necessary.

**DC 10.12 Imposition of Financial Sanctions**

The FINA Executive or the *Member Federation* with results management responsibility may also impose financial sanctions up to \$50,000 on account of an anti-doping rule violation. However, no financial sanction may be considered a basis for reducing the period of *Ineligibility* or other sanction which would otherwise be applicable under the *Code*.

*[Comment to DC 10.12: For example, if a hearing panel were to find in a case that the cumulative effect of the sanction applicable under the Code and a financial sanction would result in too harsh a consequence, then the financial sanction, not the other Code sanctions (e.g., Ineligibility and loss of results), would give way.]*

**DC 11 CONSEQUENCES TO TEAMS**

**DC 11.1** Where any Anti-Doping Rule has been violated by a member of a relay team or a duet or team in synchronised swimming or in synchronised diving, the duet or team shall be Disqualified from the *Event*.

**DC 11.2** A water polo team, in which more than one player has committed a violation of these rules in connection with a *Competition* (other than a violation involving a

Specified Substance under DC 10.4), shall be Disqualified for the match(es) in the *Competition* in which those players took part, and the other team(s) shall be declared winner(s) with the score 5 - 0 unless the actual goal score was greater. Further sanction in regard to the team may be decided by FINA or the ruling body of the *Competition* in question. Where more than one team member has been notified of a possible anti-doping rule violation under DC 7 in connection with a *Competition*, the Team shall also be subject to *Target Testing* for the *Competition*, with the costs for such *Target Testing* to be paid by the Team's *Member Federation*.

## **DC 12 SANCTIONS AND COSTS ASSESSED AGAINST MEMBER FEDERATIONS AND OTHER PERSONS**

**DC 12.1** If four or more anti-doping rule violation are committed by *Competitors* in the same discipline affiliated to the same *Member Federation* within a period of twelve (12) months from the first offence and sanctioned according to DC 10.2 (except for anti-doping rule violations involving Specified Substances) or DC 10.3.2, the *Member Federation* shall be suspended in that discipline for twenty-four (24) months. A doping offence being under the jurisdiction of and reported to FINA by a *Member Federation* or its *National Anti-Doping Organisation* shall not be included under this rule.

**DC 12.2** *Member Federations* shall be obliged to reimburse FINA for all costs (including laboratory fees and travel) related to an anti-doping rule violation committed by a *Person* affiliated to that *Member Federation*.

**DC 12.3** *Member Federations* shall reimburse FINA for the cost of any interpreter which FINA is required to pay pursuant to DC 8.

**DC 12.4** *Member Federations* that have failed to make diligent efforts to keep FINA informed about where a *Competitor* can be met for *No Advance Notice Out-of-Competition Testing* may be fined by FINA in an amount up to one-thousand American dollars (USD 1'000.-) per *Competitor*.

**DC 12.5** Except for costs and attorneys fees which may be awarded by CAS, FINA and its representatives shall not be liable to a *Competitor* or *Member Federation* for any cost, damage or other loss resulting from actions taken by FINA under these Anti-Doping Rules.

**DC 12.6** The FINA Executive shall withhold some or all funding to a *Member Federation* upon a determination that the *Member Federation* is not substantially in compliance with the *Code*.

**DC 12.7** The FINA Executive may fine or sanction a *Member Federation* which fails to substantially comply with the reporting requirements of DC 14.

## **DC 13 APPEALS**

**DC 13.1** Decisions made under these Anti-Doping Rules may be appealed as set forth below in DC 13.2 through 13.4 or as otherwise provided in these Anti-Doping Rules. Such decisions shall remain in effect while under appeal unless the appellate body orders otherwise. Before an appeal is commenced, any post-decision review provided in these Anti-Doping Rules must be exhausted.



**DC 13.1.1** Where WADA has a right to appeal under DC 13 and no other party has appealed a final decision within FINA's or its *Member Federation's* process, WADA may appeal such decision directly to CAS without having to exhaust other remedies in FINA's or its *Member Federation's* process.

*[Comment to DC 13.1.1: Where a decision has been rendered before the final stage of an Anti-Doping Organization's process (for example, a first hearing) and no party elects to appeal that decision to the next level of the Anti-Doping Organization's process (e.g., the Managing Board), then WADA may bypass the remaining steps in the Anti-Doping Organization's internal process and appeal directly to CAS.]*

**DC 13.1.2** Where FINA has a right to appeal under DC 13 and no other party has appealed a final decision within the *Member Federation's* process, FINA may appeal such decision directly to CAS without having to exhaust other remedies in the *Member Federation's* process.

**DC 13.2** A decision that an anti-doping rule violation was committed, a decision imposing *Consequences* for an anti-doping rule violation, or a decision that no anti-doping rule violation was committed; a decision that an anti-doping rule violation proceeding cannot go forward for procedural reasons (including, for example, prescription); a decision under DC 10.10.2 (prohibition of participation during *Ineligibility*); a decision that FINA or its *Member Federation* lacks jurisdiction to rule on an alleged anti-doping rule violation or its *Consequences*, a decision by any *Member Federation* not to bring forward an *Adverse Analytical Finding* or an *Atypical Finding* as an anti-doping rule violation, or a decision not to go forward with an anti-doping rule violation after an investigation under DC 7.1.9; and a decision to impose a *Provisional Suspension* as a result of a *Provisional Hearing* or otherwise in violation of DC 7.1.2 may be appealed exclusively as provided in this DC 13.2. Notwithstanding any other provision herein, the only *Person* that may appeal from a *Provisional Suspension* is the *Competitor* or other *Person* upon whom the *Provisional Suspension* is imposed.

**DC 13.2.1** In cases arising from participation in an *International Competition* or in cases involving *International-Level Competitors*, the decision may be appealed exclusively to the Court of Arbitration for Sport ("CAS") in accordance with the provisions applicable before such court.

*[Comment to DC 13.2.1: CAS decisions are final and binding except for any review required by law applicable to the annulment or enforcement of arbitral awards.]*

**DC 13.2.2** In cases involving *Competitors* who do not have a right to appeal under DC 13.2.1, each *Member Federation* shall have in place an appeal procedure that respects the following principles: a timely hearing, a fair and impartial hearing body; the right to be represented by a counsel at the *Person's* expense; and a timely, written, reasoned decision. FINA's rights to appeal from hearing decisions by *Member Federations* are set forth in DC 13.2.3 below.

**DC 13.2.3** In cases under DC 13.2.1, the following parties shall have the right to appeal to CAS: (a) the *Competitor* or other *Person* who is the subject of the decision being appealed; (b) the other party to the case in which the decision was rendered; (c) FINA and any other *Anti-Doping Organization* under whose rules a sanction could have been imposed; (d) the International Olympic Committee or International Paralympic Committee, as applicable, where the decision may have an effect in relation to the Olympic Games, including decisions affecting eligibility for the Olympic Games or Paralympic Games, including decisions affecting eligibility for the Olympic Games or Paralympic Games; and (e) *WADA*. In cases under DC 13.2.2, and without prejudice to *WADA*'s and FINA's right to appeal directly to the CAS in accordance with DC 13.1.1 and DC 13.1.2, the parties having the right to appeal to the national-level reviewing body shall be as provided in the *Member Federation*'s rules but, at a minimum, shall include the following parties: (a) the *Competitor* or other *Person* who is the subject of the decision being appealed; (b) the other party to the case in which the decision was rendered; (c) FINA; and (d) *WADA*. For cases under Article 13.2.2, *WADA* and FINA shall also have the right to appeal to CAS with respect to the decision of the national-level reviewing body.

**DC 13.3** Where, in a particular case, FINA or its *Member Federations* fail to render a decision with respect to whether an anti-doping rule violation was committed within a reasonable deadline set by *WADA*, *WADA* may elect to appeal directly to CAS as if FINA or its *Member Federations* had rendered a decision finding no anti-doping rule violation. If the CAS hearing panel determines that an anti-doping rule violation was committed and that *WADA* acted reasonably in electing to appeal directly to CAS, then *WADA*'s costs and attorneys fees in prosecuting the appeal shall be reimbursed to *WADA* by FINA or its *Member Federations*.

FINA shall have the same right to file an appeal to CAS in cases in relation with proceedings conducted by *Members Federations*.

*[Comment to DC 13.3: Given the different circumstances of each anti-doping rule violation investigation and results management process, it is not feasible to establish a fixed time period for an Anti-Doping Organization to render a decision before WADA may intervene by appealing directly to CAS. Before taking such action, however, WADA will consult with the Anti-Doping Organization and give the Anti-Doping Organization an opportunity to explain why it has not yet rendered a decision.]*

**DC 13.4** Appeals from Decisions Granting or Denying a Therapeutic Use Exemption. Decisions by *WADA* reversing the grant or denial of a TUE exemption may be appealed exclusively to CAS by the *Competitor*, FINA, or *National Anti-Doping Organization* or other body designated by a *Member Federation*, which granted or denied the exemption. Decisions to deny therapeutic use exemptions, and which are not reversed by *WADA*, may be appealed by *International-Level Competitors* to CAS and by other *Competitors* to the national level reviewing body described in DC 13.2.2. If the national level reviewing body reverses the decision to deny a therapeutic use exemption, that decision may be appealed to CAS by FINA and *WADA*.

When FINA or a *Member Federation* fail to take action on a properly submitted ther-

apeutic use exemption application within a reasonable time, their failure to decide may be considered a denial for purposes of the appeal rights provided in this Rule.

### **DC 13.5 Appeal from Decisions Pursuant to DC 12.**

Decisions by FINA pursuant to DC 12 may be appealed exclusively to CAS.

**DC 13.6** The deadline to file an appeal to CAS shall be twenty-one (21) days from the date of receipt of the decision by the appealing party and FINA. The above notwithstanding, the following shall apply in connection with appeals filed by a party entitled to appeal but which was not a party to the proceedings having led to a decision subject to appeal:

- Within a deadline of ten (10) days from receipt of the decision, the party/ies entitled to appeal can request a copy of the full file on which such body relied, including the motivation of the decision and, if the proceedings took place in another language, a translation in one of FINA's official languages (English or French) of the decision and of the motivation, as well as of any document which is necessary to understand the content of the decision.

- Twenty-one days from the day of receipt of the full file including translations to the extent applicable.

If such request is raised within the above deadline, then a new appeal deadline will run for the concerned party from the day the copy of the file is received.

The above notwithstanding, the filing deadline for an appeal or intervention filed by WADA shall be the later of:

- (a) Twenty-one (21) days after the last day on which any other party in the case could have appealed, or

- (b) Twenty-one (21) days after WADA's receipt of the complete file relating to the decision.

Similarly, the filing deadline for an appeal by FINA shall be in any event the later of:

- Twenty-one days after the last day on which any other party (except WADA) could have appealed before a national reviewing body or the CAS; or

- Twenty-one days from the day of receipt of the full file as mentioned above.

*[Comment to DC 13: The object of the Code is to have anti-doping matters resolved through fair and transparent internal processes with a final appeal. Anti-doping decisions are made transparent in DC 14. Specified Persons and organizations, including WADA, are then given the opportunity to appeal those decisions. Note that the definition of interested Persons and organizations with a right to appeal under DC 13 does not include Competitors, or their federations, who might benefit from having another Competitor disqualified.]*

## **DC 14 MEMBER FEDERATIONS: INCORPORATION OF FINA RULES, REPORTING AND RECOGNITION**

**DC 14.1** All Member Federations shall comply with these Anti-Doping Rules. The

regulations of *Member Federations* shall indicate that all FINA Rules including Anti-Doping Rules shall be deemed as incorporated into and shall be directly applicable to and shall be agreed to and followed by *Competitors*, *Competitor Support Personnel*, coaches, physicians, trainers, managers, officials, medical or paramedical personnel, team leaders, and club and Federation representatives under the jurisdiction of the respective *Member Federations*.

**DC 14.2** All *Member Federations* shall include in their regulations the procedural rules necessary to effectively implement these FINA Anti-Doping Rules including in particular the determination of the *Person's* or body in charge of the application of the rules.

**DC 14.3** *Member Federations* shall report at the end of every quarter (March 31, June 30, September 30, and December 31) all results of *Doping Controls* within their jurisdiction to FINA sorted by *Competitor* and identifying each date on which the *Competitor* was tested, the entity conducting the test, and whether the test was in or out of *Competition*. FINA shall publish at three (3) month intervals a report of all tests conducted by FINA and by *Member Federations*, sorted by *Member Federation* and *Competitor* and containing the same information set forth above.

**DC 14.4** Every *Member Federation* shall report to FINA the times of all swimming performances, which fall within the top 50 FINA World Ranking lists of the previous year and the present year. The report shall be made to FINA within 60 days of the performance. Any *Member Federation* not reporting performances in accordance with this rule can be found to be in violation of rule DC 5.4.2 and therefore liable to sanctions to Rule C 12.

**DC 14.5** Every *Member Federation* shall report to FINA the scores of all diving performances, which fall within the top 20 FINA World Ranking lists of the previous year and the present year. The report shall be made to FINA within 60 days of the performance.

**DC 14.6** When a *Member Federation* has received an *Adverse Analytical Finding* on one of its *Competitors*, or has determined an apparent anti-doping rule violation has occurred under DC 7.1.9, it shall report the following information to FINA and WADA within fourteen (14) days of the process described in DC 7.1.2, 7.1.3 and 7.1.9: the *Competitor's* name, country, sport and discipline within the sport, whether the test was *In-Competition* or *Out-of-Competition*, the date of *Sample* collection and the analytical result reported by the laboratory. With respect to *Atypical Findings*, a *Member Federation* shall report the same information to FINA and WADA within fourteen (14) days after completion of its investigation as provided in DC 7.1.8 (except as otherwise provided in DC 7.1.8.1(b)) including whether the *Atypical Finding* will be brought forward as an *Adverse Analytical Finding*. The *Member Federation* shall also regularly update FINA and WADA on the status and findings of any review or proceedings conducted pursuant to DC 7 (Results Management), DC 8 (Right to a Fair Hearing) or DC 13 (Appeals), and, in any case in which the period of *Ineligibility* is eliminated under DC 10.5.1 (*No Fault or Negligence*) or reduced under DC 10.5.2 (*No Significant Fault or Negligence*), FINA and WADA shall be provided with a written reasoned decision explaining the basis for the elimination or reduction. Neither FINA nor WADA shall

disclose this information beyond those *Persons* within their organisations with a need to know until the *Member Federation* has made public disclosure or has failed to make public disclosure as required in DC 14.7 below.

**DC 14.7** The identity of *Competitors* whose *Samples* have resulted in *Adverse Analytical Findings*, or *Competitors* or other *Persons* who were alleged to have violated other anti-doping rules, shall not be publicly disclosed by FINA or a *Member Federation* until the imposition of a *Provisional Suspension* or it has been determined in a hearing in accordance with DC 8 that an anti-doping rule violation has occurred, or such hearing has been waived, or the assertion of an anti-doping rule violation has not been timely challenged.

**DC 14.8** No later than twenty (20) days after it has been determined in a hearing in accordance with DC 8 that an anti-doping rule violation has occurred, or such hearing has been waived, or the assertion of an anti-doping rule violation has not been timely challenged, the *Member Federation* responsible for results management must publicly report the disposition of the anti-doping matter including the sport, the anti-doping rule violated, the name of the *Athlete* or other *Person* committing the violation, the *Prohibited Substance* or *Prohibited Method* involved and the *Consequences* imposed. The same *Member Federation* must also publicly report within twenty (20) days appeal decisions concerning anti-doping rule violations. The *Member Federation* shall also, within ten (10) days, send all hearing and appeal decisions to FINA and WADA.

**DC 14.9** In any case where it is determined, after a hearing or appeal, that the *Competitor* or other *Person* did not commit an anti-doping rule violation, the decision may be disclosed publicly only with the consent of the *Competitor* or other *Person* who is the subject of the decision. The *Member Federation* with results management responsibility shall use reasonable efforts to obtain such consent, and if consent is obtained, shall publicly disclose the decision in its entirety or in such redacted form as the *Competitor* or other *Person* may approve.

**DC 14.10** Neither FINA nor any *Member Federation* or its officials shall publicly comment on the specific facts of a pending case (as opposed to general description of process and science) except in response to public comments attributed to the *Competitor*, other *Person* or their representatives.

**DC 14.11** Any decision of FINA or a *Member Federation* regarding a violation of these Rules shall be recognised by all *Member Federations*, which shall take all necessary action to render such results effective.

## DC 15 RECOGNITION OF DECISIONS BY OTHER ORGANISATIONS

**DC 15.1** Subject to the right to appeal provided in DC 13, the *Testing*, therapeutic use exemptions and hearing results or other final adjudications of any *Signatory* to the *Code* which are consistent with the *Code* and are within the *Signatory's* authority, shall be recognised and respected by FINA and its *Member Federations*. FINA and its *Member Federations* shall recognize the same actions of other bodies which have not accepted the *Code* if the rules of those bodies are otherwise consistent with the *Code*.

*[Comment to DC 15.1: There has in the past been some confusion in the interpretation of this Article with regard to therapeutic use exemptions. Unless provided otherwise by the rules of an International Federation or an agreement with an International Federation, National Anti-Doping Organizations do not have "authority" to grant therapeutic use exemptions to International-Level Athletes.]*

## **DC 16 STATUTE OF LIMITATIONS**

No action may be commenced under these Anti-Doping Rules against a *Competitor* or other *Person* for a violation of these Anti-Doping Rules unless such action is commenced within eight (8) years from the date the violation is asserted to have occurred.

## **DC 17 INTERPRETATION OF ANTI-DOPING RULES**

**DC 17.1** Except as provided in DC 17.4, these Anti-Doping Rules shall be interpreted as an independent and autonomous text and not by reference to existing law or statutes.

**DC 17.2** The headings used for the various Parts and Articles of these Anti-Doping Rules are for convenience only and shall not be deemed part of the substance of these Anti-Doping Rules or to affect in any way the language of the provisions to which they refer.

**DC 17.3** The INTRODUCTION and the APPENDIX I DEFINITIONS shall be considered integral parts of these Anti-Doping Rules.

**DC 17.4** These Anti-Doping Rules have been adopted in compliance with the applicable provisions of the *Code*. These Anti-Doping Rules shall be interpreted in a manner that is consistent with applicable provisions of the *Code*. The comments annotating various provisions of the *Code* shall, where applicable, be used to interpret these Anti-Doping Rules.

**DC 17.5** As provided in Article 24.5 of the *Code*, these amended Anti-Doping Rules shall not apply retrospectively to matters pending before January 1, 2009 (the "Effective Date"). However, anti-doping rule violations arising under prior Anti-Doping Rules will continue to count as "First violations" or "Second violations" for purposes of determining sanctions under DC 10 for subsequent violations under these amended Anti-Doping Rules.

**DC 17.6** These amended Anti-Doping Rules shall apply in full as of the Effective Date.

**DC 17.7** Non-Retroactive Unless Principle of Lex Mitior Applies.

With respect to any anti-doping rule violation case which is pending as of the Effective Date and any anti-doping rule violation case brought after the Effective Date based on an anti-doping rule violation which occurred prior to the Effective Date, the case shall be governed by the substantive anti-doping rules in effect at the time the alleged anti-doping rule violation occurred unless the panel hearing the case determines the principle of *lex mitior* appropriately applies under the circumstances of the case.

**DC 17.8** Application to Decisions Rendered Prior to Effective Date.

With respect to cases where a final decision finding an anti-doping rule violation has

been rendered prior to the Effective Date, but the *Competitor* or other *Person* is still serving the period of *Ineligibility* as of the Effective Date, the *Competitor* or other *Person* may apply to FINA or the *Member Federation* which had results management responsibility for the anti-doping rule violation to consider a reduction in the period of *Ineligibility* in light of the amendments to these Anti-Doping Rules. Such application must be made before the period of *Ineligibility* has expired. The decision rendered by FINA or the *Member Federation* may be appealed pursuant to DC 13.2. The amendments to these Anti-Doping Rules shall have no application to any anti-doping rule violation case where a final decision finding an anti-doping rule violation has been rendered and the period of *Ineligibility* has expired.

#### **DC 17.9** Application to Specific Pre-Effective Date Violations.

For purposes of applying DC 10.7.1, a pre-Effective Date anti-doping rule violation where the violation involved a substance which is categorized as a Specified Substance under these Anti-Doping Rules and the period of *Ineligibility* imposed was less than two (2) years, the pre-Effective Date violation shall be considered a Reduced Sanction (RS).

*[Comment to DC 17.9: Other than the situation described in DC 17.9, where a final decision finding an anti-doping rule violation has been rendered prior to the Effective Date and the period of Ineligibility imposed has been completely served, these amendments may not be used to re-characterize the prior violation.]*

### **APPENDIX 1 DEFINITIONS APPLICABLE TO DOPING CONTROL RULES**

**Adverse Analytical Finding:** A report from a laboratory or other approved *Testing* entity that identifies in a *Sample* the presence of a *Prohibited Substance* or its *Metabolites* or *Markers* (including elevated quantities of endogenous substances) or evidence of the Use of a *Prohibited Method*.

**Anti-Doping Organization:** A *Signatory* to the *Code* that is responsible for adopting rules for initiating, implementing or enforcing any part of the *Doping Control* process.

**Attempt:** Purposely engaging in conduct that constitutes a substantial step in a course of conduct planned to culminate in the commission of an anti-doping rule violation. Provided, however, there shall be no anti-doping rule violation based solely on an *Attempt* to commit a violation if the *Person* renounces the *Attempt* prior to it being discovered by a third party not involved in the *Attempt*.

**Atypical Finding:** A report from a laboratory or other WADA-approved entity which requires further investigation as provided by the *International Standard* for Laboratories or related Technical Documents prior to the determination of an *Adverse Analytical Finding*.

**Competitor:** Any *Person* who participates in sport at the international level (as defined by each International Federation), the national level (as defined by each *National Anti-Doping Organization*, including but not limited to those *Persons* in its *Registered Testing Pool*), and any other athlete in sport who is otherwise subject to the jurisdiction of any *Signatory* or other sports organization accepting the *Code*. All provisions of the *Code*,

including, for example, *Testing*, and therapeutic use exemptions must be applied to international and national-level athletes. Some *National Anti-Doping Organizations* may elect to test and apply anti-doping rules to recreational-level or masters athletes who are not current or potential national caliber athletes. *National Anti-Doping Organizations* are not required, however, to apply all aspects of the *Code* to such *Persons*. Specific national rules may be established for *Doping Control* for non-international-level or national-level athletes without being in conflict with the *Code*. Thus, a country could elect to test recreational-level athletes but not require therapeutic use exemptions or whereabouts information. In the same manner, a *Major Event Organization* holding an *Event* only for masters-level athletes could elect to test the athletes but not require advance therapeutic use exemptions or whereabouts information. For purposes of DC 2.8 (Administration or *Attempted Administration*) and for purposes of anti-doping information and education, any *Person* who participates in sport under the authority of any *Signatory*, government, or other sports organization accepting the *Code* is a *Competitor*.

*[Comment: This definition makes it clear that all international and national-caliber Competitors are subject to the anti-doping rules of the Code, with the precise definitions of international and national level sport to be set forth in the anti-doping rules of the International Federations and National Anti-Doping Organizations, respectively. At the national level, anti-doping rules adopted pursuant to the Code shall apply, at a minimum, to all persons on national teams and all persons qualified to compete in any national championship in any sport. That does not mean, however, that all such Competitors must be included in a National Anti-Doping Organization's Registered Testing Pool. The definition also allows each National Anti-Doping Organization, if it chooses to do so, to expand its anti-doping program beyond national-caliber athletes to competitors at lower levels of competition. Competitors at all levels of competition should receive the benefit of anti-doping information and education.]*

**Competitor Support Personnel:** Any coach, trainer, manager, agent, team staff, official, medical or paramedical *Personnel* working with or treating *Competitors* participating in or preparing for sports *Competition*.

**CAS:** The Court of Arbitration for Sport.

**Code:** The World Anti-Doping Code.

**Competition:** A series of individual *Events* conducted together under one ruling body. Also, the act of participating in an *Event*.

**Competition Period:** The time between the beginning of the opening ceremonies and the end of the closing ceremonies for a *Competition*.

**Consequences of Anti-Doping Rules Violations:** A *Competitor's* or other *Person's* violation of an anti-doping rule may result in one or more of the following: (a) *Disqualification* means the *Competitor's* results in a particular *Competition* or *Event* are invalidated, with all resulting consequences including forfeiture of any medals, points and prizes; (b) *Ineligibility* means the *Competitor* or other *Person* is barred for a specified period of time from participating in any *Competition* or other activity or funding as provided in Rule DC 10.10; and (c) *Provisional Suspension* means the *Competitor* or other *Person* is barred temporarily from participating in any *Competition* prior to the final decision at a hearing conducted under Rule DC 8 (Right to a Fair Hearing).



**Disqualification:** See *Consequences of Anti-Doping Rules Violations* above.

**Doping Control:** All steps and processes from test distribution planning through to ultimate disposition of any appeal including all steps and processes in between such as provision of whereabouts information, *Sample* collection and handling, laboratory analysis, therapeutic use exemptions, results management, and hearings.

**DCRB:** Doping Control Review Board.

**Event:** A single race, match, game or singular athletic contest.

**In-Competition:** For purposes of differentiating between *In-Competition* and *Out-of-Competition Testing*, an *In-Competition* test is a test where a *Competitor* is selected for *Testing* in connection with a specific *Competition*, which shall start with the beginning of opening ceremonies and conclude with the end of the closing ceremonies. Where a *Competitor* is not competing in the context of a *Competition*, *In-Competition* means the period commencing twelve hours before an *Event* in which the athlete is scheduled to participate through the end of such *Event* and the *sample* collection process related to such *Event*.

**Independent Observer Program:** A team of observers, under the supervision of WADA, who observe and may provide guidance on the *Doping Control* process at certain competitions and report on their observations.

**Ineligibility:** See *Consequences of Anti-Doping Rules Violations* above.

**International Competition:** A *Competition* where the International Olympic Committee, the International Paralympic Committee, FINA, a *Major Event Organization*, or another international sport organization is the ruling body for the *Competition* or appoints the technical officials for the *Competition*.

**International-Level Competitor:** *Competitors* designated by the FINA as being within its *Registered Testing Pool*.

**International Standard:** A standard adopted by WADA in support of the *Code*. Compliance with an *International Standard* (as opposed to another alternative standard, practice or procedure) shall be sufficient to conclude that the procedures addressed by the *International Standard* were performed properly. *International Standards* shall include any Technical Documents issued pursuant to the *International Standard*.

**Major Event Organizations:** This term refers to the continental Associations of National Olympic Committees and other international multi-sport organizations that function as the ruling body for any continental, regional or other *International Competition*.

**Marker:** A compound, group of compounds or biological parameters that indicates the *Use of a Prohibited Substance or Prohibited Method*.

**Member Federation:** A national or regional entity recognized by the FINA as the entity governing the FINA's sport in that nation or region.

**Metabolite:** Any substance produced by a biotransformation process.

**Minor:** A natural *Person* who has not reached the age of majority as established by the applicable laws of his or her country of residence.

**National Anti-Doping Organization:** The entity(ies) designated by each country as possessing the primary authority and responsibility to adopt and implement anti-doping rules, direct the collection of *Samples*, the management of test results, and the conduct of hearings, all at the national level. This includes an entity which may be designated by multiple countries to serve as regional *Anti-Doping Organization* for such countries. If this designation has not been made by the competent public authority(ies), the entity shall be the country's National Olympic Committee or its designee.

**National Competition:** A sport *Competition* involving international or national-level *Competitors* that is not an *International Competition*.

**National Olympic Committee:** The organization recognized by the International Olympic Committee. The term National Olympic Committee shall also include the National Sport Confederation in those countries where the National Sport Confederation assumes typical National Olympic Committee responsibilities in the anti-doping area.

**No Advance Notice:** A *Doping Control* which takes place with no advance warning to the *Competitor* and where the *Competitor* is continuously chaperoned from the moment of notification through *Sample* provision.

**No Fault or Negligence:** The *Competitor's* establishing that he or she did not know or suspect, and could not reasonably have known or suspected even with the exercise of utmost caution, that he or she had Used or been administered the *Prohibited Substance* or *Prohibited Method*.

**No Significant Fault or Negligence:** The *Competitor's* establishing that his or her fault or negligence, when viewed in the totality of the circumstances and taking into account the criteria for *No Fault or Negligence*, was not significant in relationship to the anti-doping rule violation.

**Out-of-Competition:** Any *Doping Control* which is not *In-Competition*.

**Participant:** Any *Competitor* or *Competitor Support Personnel*.

**Person:** A natural *Person* or an organization or other entity.

**Possession:** The actual, physical *Possession*, or the constructive *Possession* (which shall be found only if the *Person* has exclusive control over the *Prohibited Substance/Method* or the premises in which a *Prohibited Substance/Method* exists); provided, however, that if the *Person* does not have exclusive control over the *Prohibited Substance/Method* or the premises in which a *Prohibited Substance/Method* exists, constructive *Possession* shall only be found if the *Person* knew about the presence of the *Prohibited Substance/Method* and intended to exercise control over it. Provided, however, there shall be no anti-doping rule violation based solely on *Possession* if, prior to receiving notification of any kind that the *Person* has committed an anti-doping rule violation, the *Person* has taken concrete action demonstrating that the *Person* never intended to have *Possession* and has renounced *Possession* by explicitly declaring it to an *Anti-Doping Organization*. Notwithstanding anything to the contrary in this definition, the purchase (including by any electronic or other means) of a *Prohibited Substance* or *Prohibited Method* constitutes *Possession* by the *Person* who makes the purchase.

*[Comment: Under this definition, steroids found in a Competitor's car would constitute a violation unless the Competitor establishes that someone else used the car; in that event, the Anti-Doping Organization must establish that, even though the Competitor did not have exclusive control over the car, the Competitor knew about the steroids and intended to have control over the steroids. Similarly, in the example of steroids found in a home medicine cabinet under the joint control of a Competitor and spouse, the Anti-Doping Organization must establish that the Competitor knew the steroids were in the cabinet and that the Competitor intended to exercise control over the steroids.]*

**Prohibited List:** The List identifying the *Prohibited Substances* and *Prohibited Methods*.

**Prohibited Method:** Any method so described on the *Prohibited List*.

**Prohibited Substance:** Any substance so described on the *Prohibited List*.

**Provisional Hearing:** For purposes of DC 7.1.11, an expedited abbreviated hearing occurring prior to a hearing under DC 8 (Right to a Fair Hearing) that provides the *Competitor* with notice and an opportunity to be heard in either written or oral form.

**Provisional Suspension:** See *Consequences* above.

**Publicly disclose or Publicly Report:** To disseminate or distribute information to the general public or persons beyond those persons entitled to earlier notification in accordance with DC 14.

**Registered Testing Pool:** The pool of *Competitors*, established by FINA, that is subject to both *In-Competition* and *Out-of-Competition Testing*.

**Sample/Specimen:** Any biological material collected for the purposes of *Doping Control*.

*[Comment: It has sometimes been claimed that the collection of blood Samples violates the tenets of certain religious or cultural groups. It has been determined that there is no basis for any such claim.]*

**Signatories:** Those entities signing the *Code* and agreeing to comply with the *Code*, including the International Olympic Committee, International Federations, International Paralympic Committee, National Olympic Committees, National Paralympic Committees, Major Event Organizations, National Anti-Doping Organizations, and WADA.

**Substantial Assistance:** For purposes of DC 10.5.3, a *Person* providing *Substantial Assistance* must: (1) fully disclose in a signed written statement all information he or she possesses in relation to anti-doping rule violations, and (2) fully cooperate with the investigation and adjudication of any case related to that information, including, for example, presenting testimony at a hearing if requested to do so by an *Anti-Doping Organization* or hearing panel. Further, the information provided must be credible and must comprise an important part of any case which is initiated or, if no case is initiated, must have provided a sufficient basis on which a case could have been brought.

**Tampering:** Altering for an improper purpose or in an improper way; bringing improper influence to bear; interfering improperly; obstructing, misleading or engaging in any fraudulent conduct to alter results or prevent normal procedures from occurring; or providing fraudulent information to an *Anti-Doping Organization*.

**Target Testing:** Selection of *Competitors for Testing* where specific *Competitors* or groups of *Competitors* are selected on a non-random basis for *Testing* at a specified time.

**Testing:** The parts of the *Doping Control* process involving test distribution planning, *Sample* collection, *Sample* handling, and *Sample* transport to the laboratory.

**Trafficking:** Selling, giving, transporting, sending, delivering or distributing a *Prohibited Substance* or *Prohibited Method* (either physically or by any electronic or other means) by a *Competitor*, *Competitor Support Personnel* or any other *Person* subject to the jurisdiction of an *Anti-Doping Organization* to any third party; provided, however, this definition shall not include the actions of bona fide medical Personnel involving a *Prohibited Substance* used for genuine and legal therapeutic purposes or other acceptable justification, and shall not include actions involving *Prohibited Substances* which are not prohibited in *Out-of-Competition Testing* unless the circumstances as a whole demonstrate such *Prohibited Substances* are not intended for genuine and legal therapeutic purposes.

**UNESCO Convention:** The International Convention against Doping in Sport adopted by the 33rd session of the UNESCO General Conference on 19 October 2005 including any and all amendments adopted by the States Parties to the Convention and the Conference of Parties to the International Convention against Doping in Sport.

**Use:** The utilisation, application, ingestion, injection or consumption by any means whatsoever of any *Prohibited Substance* or *Prohibited Method*.

**WADA:** The World Anti-Doping Agency.

